

Weeks 7 and 8

# The Good Life and When Technology and Humanity Cross

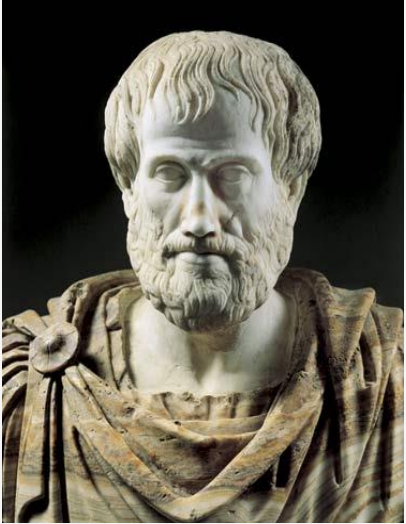
Science, Technology, and Society (STS)



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## *Previously on Human Person Flourishing...*

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**Happiness** is the meaning and purpose of life, the whole aim and end of human existence. (Aristotle)



If I take death into my life, acknowledge it, and face it squarely, I will free myself from the anxiety of death and the pettiness of life – and only then will I be free to become myself. (Martin Heidegger)

# The **Good** Life

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Name a **person** who is living a *good life*.

**Why** do you say that he or she is living a *good life*?



# The **Good Life** According to Other Countries



## TOP 5 FACTORS FOR A GOOD LIFE

Average across 17 countries



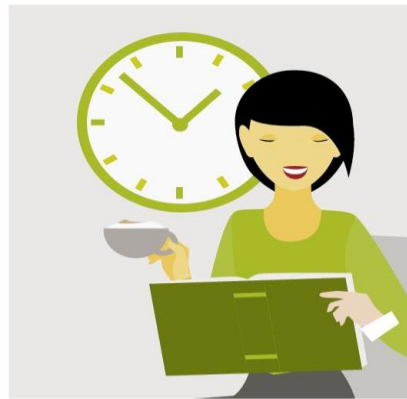
78%

Good health



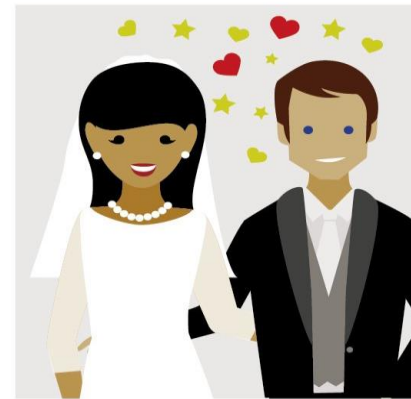
70%

Financial security



64%

Free time/leisure time



60%

A happy marriage



57%

Travel for leisure

Source: GfK survey among 23,000 Internet users (ages 15+) in 17 countries – multiple answers possible – rounded

International average is weighted based on the size of each country proportional to the other countries

Question: When you think of the Good Life – the life you'd like to have, which of the things on this list, if any, are part of that Good Life as far as you, personally, are concerned?

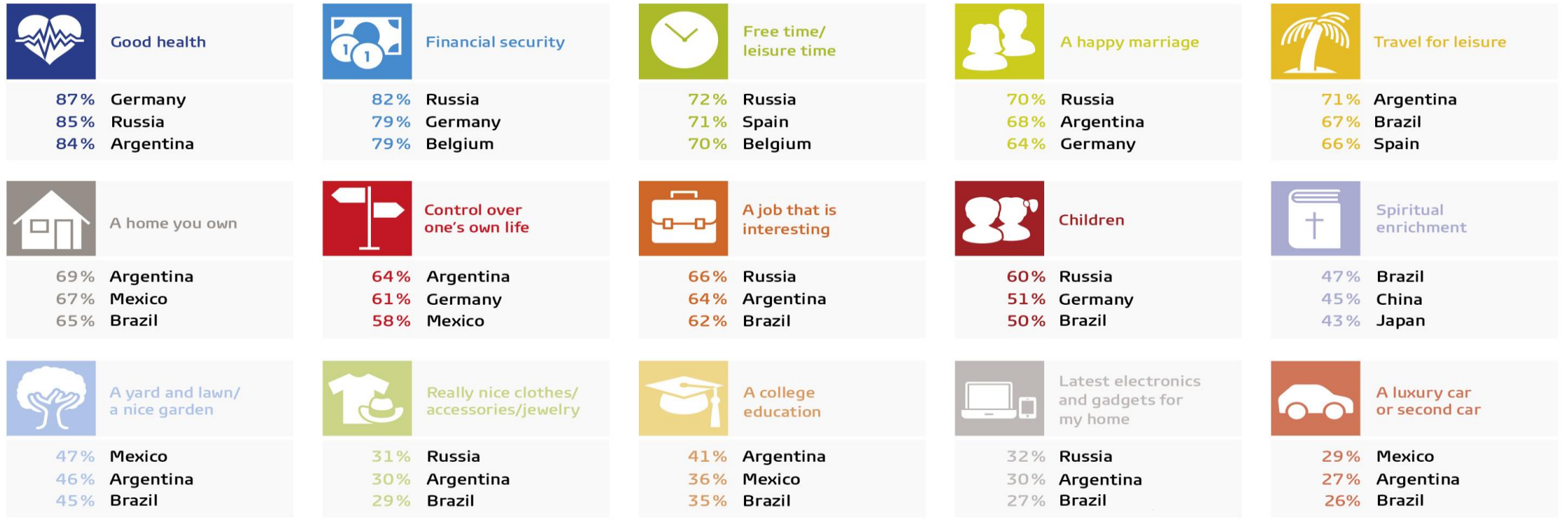
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# The **Good Life** According to Other Countries



## FACTORS FOR A GOOD LIFE

Top 3 countries per factor



Source: GfK survey among 23,000 Internet users (ages 15+) in 17 countries – multiple answers possible – rounded

Question: When you think of the Good Life – the life you'd like to have, which of the things on this list, if any, are part of that Good Life as far as you, personally, are concerned?



# The **Good Life** According to **Filipinos**

## The Life We Want

### Matatag

- ☒ Family is together
- ☒ Time with friends
- ☒ Work-life balance
- ☒ Strong sense of community (volunteer opportunities)

### Maginhawa

- ☒ Free from hunger and poverty
- ☒ Secure home ownership
- ☒ Good transport
- ☒ Travel and vacation

### Panatag

- ☒ Enough resources for day-to-day needs and unexpected expenses
- ☒ Peace and security
- ☒ Long and healthy life
- ☒ Comfortable retirement



# What is a Good Life?

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**Carl Rogers**, American Psychologist

1902 - 1987

“The **good life** is a **process**, not a state of being. It is a **direction**, not a destination.”

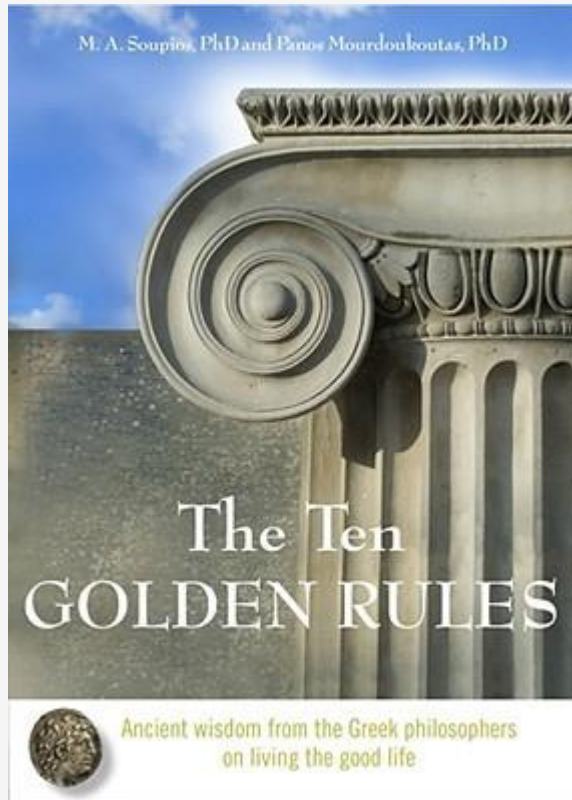


**Steve Mueller**, American Author and Blogger (*Planet of Success*)

“Good life refers to a (desirable) state that is primarily characterized by a **high standard of living** or the **adherence to ethical and moral laws**... As such, the term can both be understood as the quest for wealth, material possession or luxuries and the quest to create a **worthwhile, honest and meaningful existence**.”

# Living the Good Life

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## **Ten Golden Rules** on Living the **Good Life**

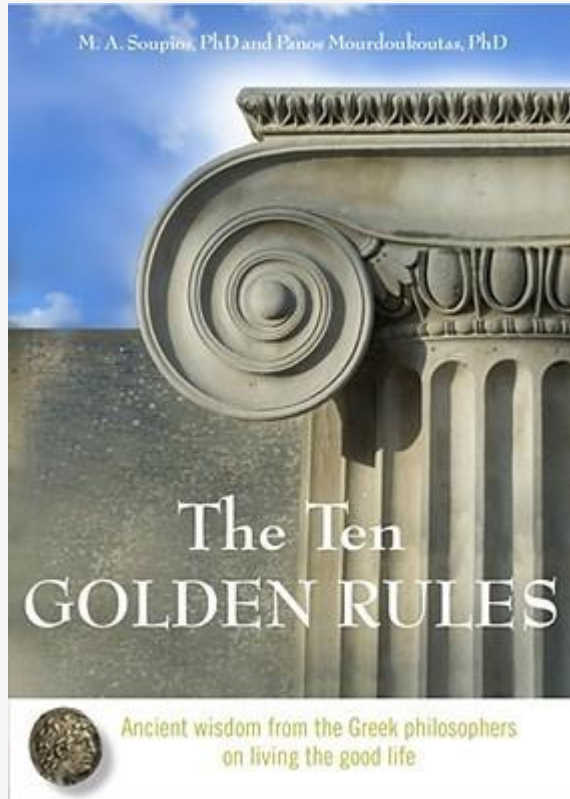
Michael Soupios, PhD and Panos Mourdoukoutas, PhD

- 1** Examine life, engage life with vengeance; always search for new pleasures and new destinies with your mind.
- 2** Worry only about the things that are in your control, the things that can be influenced and changed by your actions, not about the things that are beyond your capacity to direct or alter.
- 3** Treasure friendship, the reciprocal attachment that fills the need for affiliation.
- 4** Experience true pleasure.



# Living the Good Life

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## **Ten Golden Rules** on Living the **Good Life**

Michael Soupios, PhD and Panos Mourdoukoutas, PhD

- 5** Master yourself.
- 6** Avoid excess.
- 7** Be a responsible human being.
- 8** Don't be a prosperous fool.
- 9** Don't do evil to others.
- 10** Kindness towards others tends to be rewarded.

# Schools of Thought in Living the Good Life

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## Materialism

- Democritus and Leucippus
- **Matter** is what makes attain happiness
- **Material wealth** is the primary source of the meaning of existence



# Schools of Thought in Living the Good Life

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## Hedonism

- Epicurus
- Life is about obtaining and indulging in **pleasure** because life is limited and does not buy the notion of afterlife
- *‘Eat, drink, and be merry, for tomorrow we die.’*



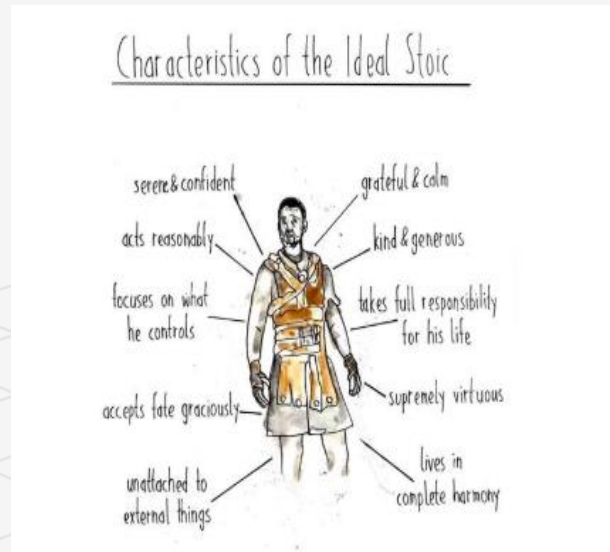


# Schools of Thought in Living the Good Life

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## Stoicism

- Epicurus
- One must learn to distance oneself and be apathetic
- Some things are not within our control



# Schools of Thought in Living the Good Life

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## Theism

- Ultimate basis of happiness:  
**communion with God**
- Most people find the meaning of their lives using God as the fulcrum of their existence.





# Schools of Thought in Living the Good Life

## Humanism

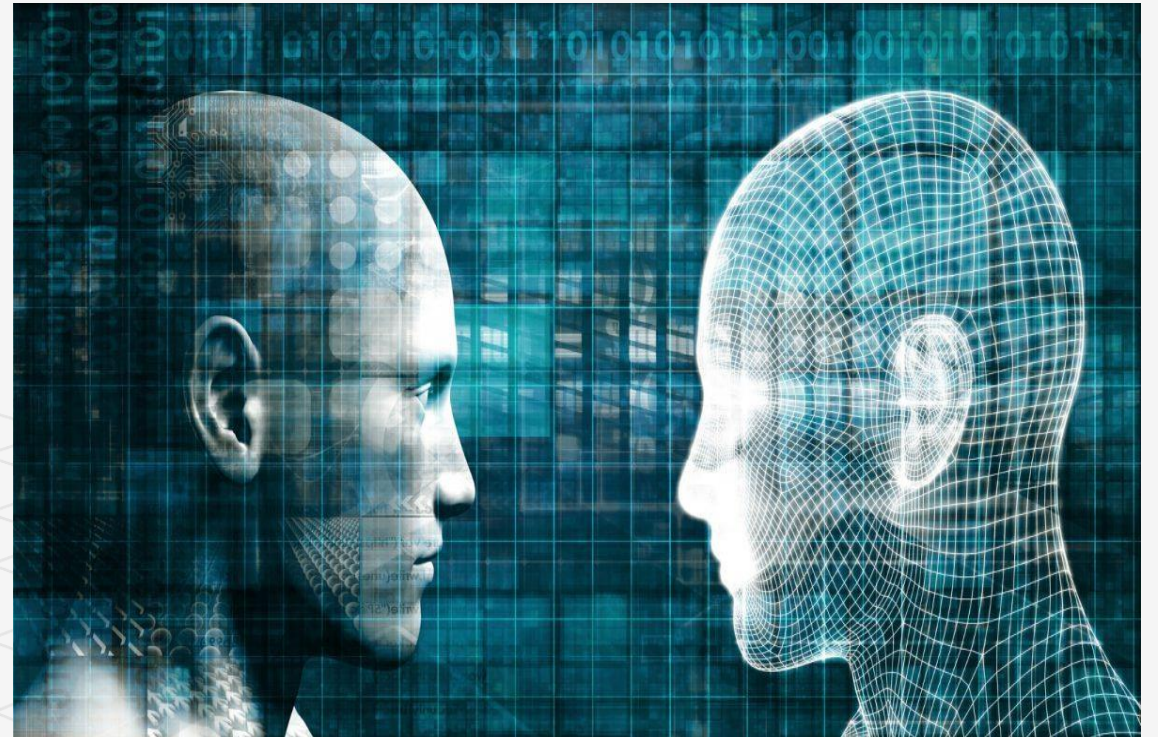
- Freedom of man to carve his own destiny and to legislate his laws, free from the shackles of God to monitor and control
- Man is the captain of his own ship
- Not merely as stewards of the creation but as individuals who are in control of themselves and the world outside them



# When Technology and Humanity Cross

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**Humanity** (Latin *humanitas*, "human nature, kindness") is the human race, which includes everyone on Earth; the qualities that make us human, such as the ability to love and have compassion, be creative, and not be a robot or alien. (Vocabulary.com)





# When Technology and Humanity Cross

## Weapons

### TECHNOLOGY



### HUMANITY



**BLOODY VICTIM.** State police and SWAT team members carry a bloody shooting victim out of Virginia Tech's Norris Hall in the aftermath of the worst mass shooting in America's history. Photograph by Alan Kim-The Roanoke Times

# When Technology and Humanity Cross

## Genetic Engineering, Cloning, Gene Modification

### TECHNOLOGY



### HUMANITY





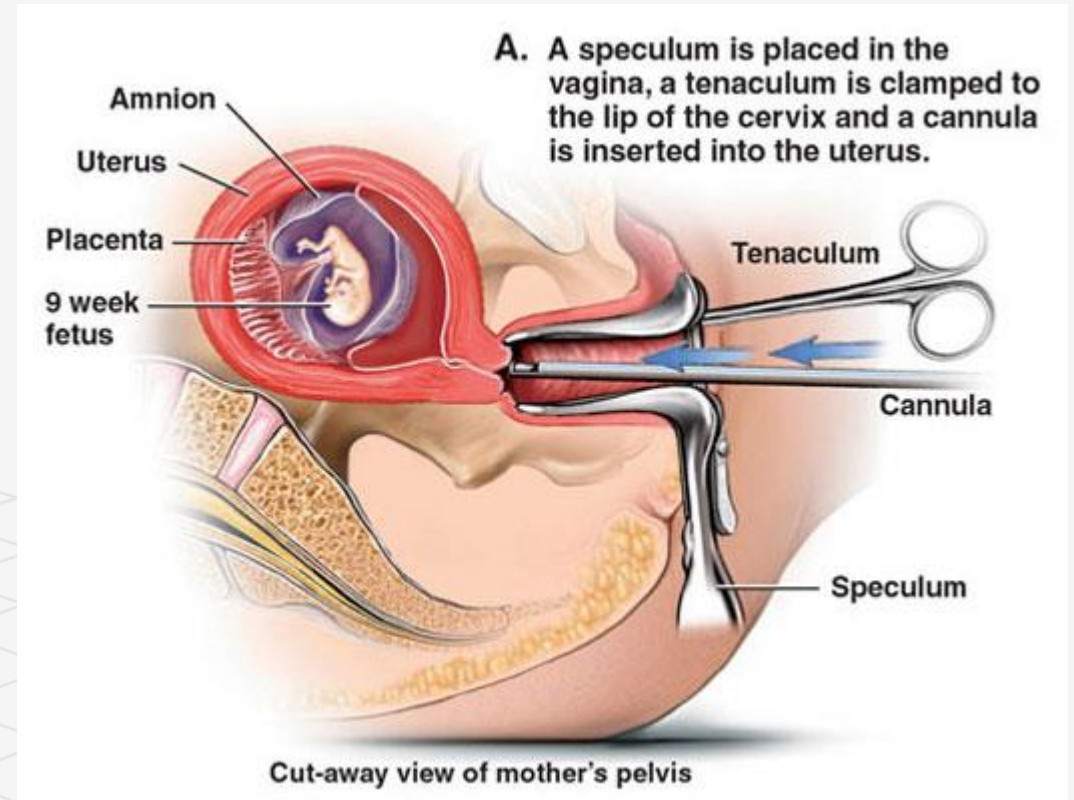
# When Technology and Humanity Cross

## Medical Procedures

### TECHNOLOGY



### HUMANITY





# When Technology and Humanity Cross

## Entertainment Software

### TECHNOLOGY



### HUMANITY



# When Technology and Humanity Cross

## Robotics

### TECHNOLOGY



### HUMANITY







MAY ROBOT NA GALING SA JAPAN NA  
MAGALING MANGHULI NG  
MAGNANAKAW

ANG ROBOT AY DINALA SA SPAIN,  
NAKAHULI SIYA NG SAMPUNG  
MAGNANAKAW SA LOOB NG 15 MINUTO

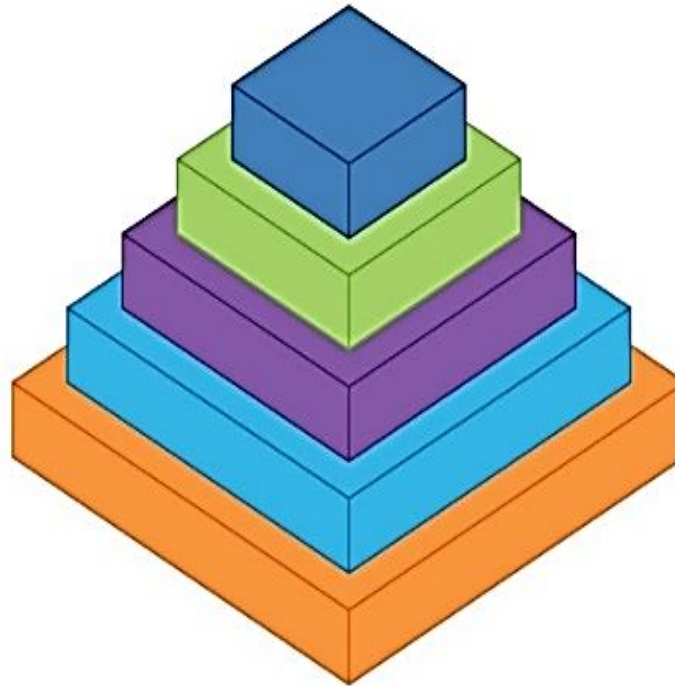
TAPOS NILIPAT ITO SA AMERICA, NAHULI  
NYA ANG 40 NA MAGNANAKAW SA LOOB  
NG 30 MINUTO (SA SOBRANG GALING NG  
ROBOT .. TINEST ITO SA PILIPINAS )

PAGKALIPAT SA PILIPINAS.. WALA PANG  
DALAWANG MINUTO

NINAKAW NA ANG ROBOT!

## Maslow's hierarchy of needs (and how mobile meets it)

Many prominent mobile categories can be aligned against Abraham Maslow's hierarchy of human needs.



It has become appallingly obvious that our

**TECHNOLOGY**

— *has exceeded our* —

**HUMANITY**



*Albert Einstein via Gecko&Fly*



# Questions?

**Thank you for listening to your instructor!**

