

Abdominal pain / ill**Created by** Rob Snitzer **on** 2008-11-24 06:09 **for** Rob Snitzer**Event Type:** Injury Acute **Event Status:** Inactive **Games Lost:** 0**Event Date:** 2008-11-23 **Event Time:** 16:00 **Days Lost:** 1**Injury and Medical Clearance Date:**

	Date & Time	Time Zone
Injury Date	2008-11-23 03:00PM	Central Time
Reported Date		
Medical Clearance Date	2008-11-25 09:00AM	Eastern Time

Venue: Other **Session:** Practice **Period:****Location On Ice:****Against Board Or Glass Or Sills:** No**Equipment Related:** No**Mechanism of Injury:**

Insidious onset, possibly related to heavy abdominal workout.

Surgery:**Did Injury Require Surgery?** No**Diagnosis:****Created By** Rob Snitzer **on** 2008-11-26 10:34:57PM

Side	Body Region	Description	SMDCS	ICD9	Re-injury	Event Name
N/A	Abdomen	Abdominal pain / illness -Misc	AB0051	789.0	No	

Diagnosis History:**Created By** Rob Snitzer **on** 2008-11-26 10:33:48PM

Side	Body Region	Description	SMDCS	ICD9	Re-injury	Event Name
Right	Abdomen	Rectus Abdominus strain	AB1107	847.2	No	

Diagnosis Verified by Doctor: Yes**Text Diagnosis:****Diagnosis Verified by Doctor:** Yes**Exhibit 25 Forms:**

Exhibit 25 Type	Created Date	Signed By	Signed By	Signed By
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Historical Log

Therapist Note	2008-11-23	Rob Snitzer
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Created by Rob Snitzer **on** 2008-11-24 06:17 **for** Rob Snitzer.

Date:
11/23/2008

EMS

Micro-Current	Cycle Time: :	Duty Cycle:
Wave Form:	Frequency: :60-80	Time: 30:00

ICE

15 min

Subjective:
Feeling of pain all over abdomen. Somewhat stronger on right side, upper and lower quadrants.

Objective:
Jonathan presents with abdominal pain. He denies any nausea, vomiting or bowel issues. He admits to regular bowel movements on each of the previous 4 days. Denies feeling sick and has a temperature of 97.7 Jonathan does relate to me that he did a very hard core/abdominal workout several days before and has been feeling his abdominals getting a little more sore on each of the previous two or three days. Jonathan denies being hit in the abdomen in any of the previous two games.

Assessment:
Sit-up from the supine position does cause some discomfort, double leg, oblique situps are negative. Resisted hip flexion with knee flexed and extended are also negative for pain. palpation does cause pain along the lateral border of the rectus abdominus of the right side. The left side is somewhat sore but not as tender as the right. Does not complain of any rebound tenderness.

Plan:
Watchful waiting over the next day or so. Evaluate his condition upon returning to Grand Rapids and have him examined if he is no better.

Attached Files

Name	Size	Create Time
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Therapist Note	2008-11-25	Rob Snitzer
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Created by Rob Snitzer **on** 2008-11-25 13:33 **for** Rob Snitzer.

Date:
11/25/2008

ICE

15 min

Subjective:
No Complaints

Objective:
Jonathan comes in this morning feeling much better. He skated full practice today, and did not request any treatment.

Assessment:

Plan:

Attached Files

Name	Size	Create Time
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Doctors Note **2008-11-26** **Rob Snitzer**

Created by Rob Snitzer **on** 2008-11-26 22:32 **for** Rob Snitzer.

Date:

11/26/2008

Subjective:**Objective:****Assessment:****Plan:****Related Exhibits25**

Event/PPME	Exhibit25 Type	Created Date	CreatedBy
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Attached Files

Name	Size	Create Time
Ericsson Non specific abdominal pain 11-26-08.pdf	279.841KB	2008-11-26 22:32

Therapist Note **2008-11-26** **Rob Snitzer**

Created by Rob Snitzer **on** 2008-11-26 11:53 **for** Rob Snitzer.

Date:

11/26/2008

Subjective:

No Complaints

Objective:

Jonathan comes in this morning feeling much better. He skated full practice today, and did not request any treatment.

Assessment:**Plan:****Attached Files**

Name	Size	Create Time
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Therapist Note **2008-11-27** **Rob Snitzer****Created by** Rob Snitzer **on** 2008-11-28 11:01 **for** Rob Snitzer.**Date:**

11/27/2008

Subjective:

No Complaints

Objective:

No Treatment Requested today.

Assessment:**Plan:****Attached Files**

Name	Size	Create Time
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Therapist Note **2008-11-28** **Rob Snitzer****Created by** Rob Snitzer **on** 2008-11-28 11:01 **for** Rob Snitzer.**Date:**

11/28/2008

Subjective:

No Complaints

Objective:

No Treatment Requested today.

Assessment:**Plan:****Attached Files**

Name	Size	Create Time
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Therapist Note **2008-11-30** **Rob Snitzer****Created by** Rob Snitzer **on** 2008-12-02 10:44 **for** Rob Snitzer.**Date:**

11/30/2008

Subjective:

No Complaints

Objective:

Jonathan has not had any complaints about his abdominal pain in the past two or three days. I will close this case and re-visit it should the need arise.

Assessment:**Plan:**

Attached Files

Name	Size	Create Time