

10 PRINCIPLES OF REAL SUCCESS ~ CA. Sumat Singhal

Take a look at the rear view mirror of your life to see if you have lived a life of happiness. One way to do this is to write down the moments in your life that were happy for you and whether that lifestyle continues today.

I herby share 10 principles they always inspire me and coming out of negative thoughts easily. So lets begin:

Principle # 1 : See Value In All Things

It's really not that difficult to apply more gratitude to your life. It's about the little things- the things that make you happy, the things that you take for granted, and the people who make you smile. You've heard the

"Who does not thank for little will not thank for much." ~ Estonian Proverb

phrase, "Life used to be so simple." It still is... you just have to open your eyes. And, the difference between an optimist and a pessimist, is that the optimist simply has gratitude.

Principle # 2 : See Greatness In All People

Greatness is that compassion which stems from inside people. I truly believe it is the responsibility of each of us to inspire others to succeed and perform at their best, and encourage the breeding of leaders. The art of enabling, empowering and motivating people with whom one may interact is

True leaders realize that they cannot make someone great, but that they can motivate and lead others to find and use their own potential to be great!

intangible and difficult, but necessary in 'making a positive difference' in the world today.

Principle # 3 : See Goodness Of All Hearts



The value of compassion teaches us to be understanding and sensitive to the emotions or feelings of the different persons around us. Moreover, with compassion we also develop the values of kindness, respect and understanding. For, a compassionate heart can truly heal the wounds and ease the pains of grief and sadness.

Principle #4: See Opportunity In All Situations



Opportunities come to those who create them through their choices and actions. There is no such thing as sitting around and waiting for opportunities to show up in your life. Quite frankly, if you can't even make one thing happen in your life, how would

The future belongs to those who seize the day.

you handle an opportunity that showed up at your door unannounced?

Principle # 5 : See Solution In All Obstacles

Tell yourself you have the solution and that wonderful powerful creation that is your subconscious will start working away behind the scenes to help you come up with various ideas. They may not all be the solution you want, but its like following a trail through the forest. One trail leads to another, to another, to another until you are out of the forest, looking at a waterfall.



Once you have managed a few of your smaller problems successfully, you will be ready to take on bigger ones with energy, drive and determination. You will notice that your problems are turning into challenges.

Principle # 6: See Learning In All Setbacks

Be open with your mind, eyes and ears. The lessons are there for you to understand and do better next time. Think about what you have done

All setbacks are your teacher, get knowledge from them

right, what you can do better and what you should stop doing. That is one of the easiest w ays to analyze how to learn from failure. One side point, in cases like these I dislike to use the word failure. Setback is my preferred word.

Principle # 7 : See Experience In All Actions



Okay, so you may not have much experience, but as you do things and fail and learn, you'll gain experience. But, by doing you'll make mistakes, figure out what works and be on the road to success. Just take note of what you've done and keep at it and you'll one day realize that you are starting to get it.

Principle #8: See Benefit In All Words

If you are anxious about a situation and a friend tells you "Don't worry, everything will turn out alright." So, in essence, you must be conscious of the meaning of the words you speak, be aware of the resounding effect these words have, discipline yourself to listen to a higher percentage of positive words than negative words.



Principle # 9 : See Wisdom In All Thoughts



Darkness cannot drive out darkness; only light can do that. Choose the bright side of thoughts to guide you the direction.

We all learn something new everyday. For most of us learning something new everyday is completely by accident and sometimes we are even surprised. Often pearls of wisdom flow from some of the most unexpected places. That means you can be taught an important even life changing information from even the bum on living on the street.

Principle # 10 : See Happiness In All Moments

Happy people want others to be happy as well, it makes the world a better place and the health value is simply incredible. Just as a smiling add years to your life because of the chemical process taking place, being happy means we smile, laugh and in general look at life through a different set of lenses, rose-colored if you will.



You have the opportunity to do these things every single day – to make the necessary changes and slowly become the person you want to be. You just have to decide to do it. Decide that today is the day. Lets no negativity be it CORONA down you.

Say it: "This is going to be my day!"
