



Study on Medical Expenses in Singapore

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Medical Expenses : FACTS AND STATS

- Healthcare costs are rapidly rising as Singapore population ages.
- Inflation rate for Singapore's average annual healthcare was 2.4 per cent between 2011 and 2018.
- It is predicted that healthcare costs would increase more rapidly in Singapore.
- The total budget for the Ministry of Health (MOH) was increased to \$10 billion in 2018, double than of 2010, which was \$4 billion.

3 Perspective of Medical Expenses



Demographics

How demographics such as PR Status and Ethnicity are related to medical expenses.

Physical Characteristic

How BMI, gender, age plays a role in medical expenses.

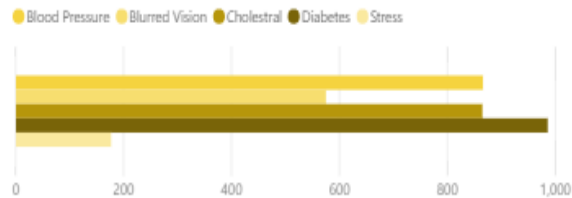
Medical History

How medical history and symptoms affect medical costs

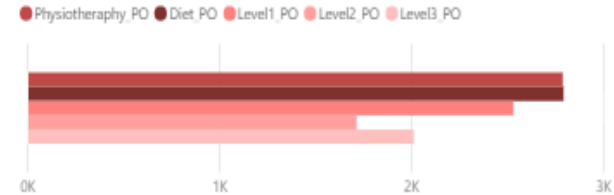
Medical History



Count of Patients by Medical History



Count of Patients by Pre Ops Medication

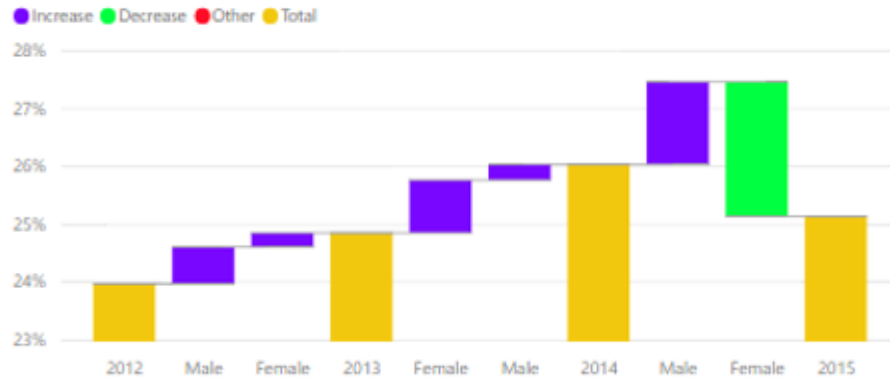


- Diabetes, Cholestral and Blood Pressure patients prone to major health issues at old age. Food habits is the reason behind this.
- Diet, Physiotherapy and Level 1 PO, suggests that without proper diagnosis these 3 pre ops are being suggested to patients. Proper diagnosis would have avoided this.

Physical Characteristics

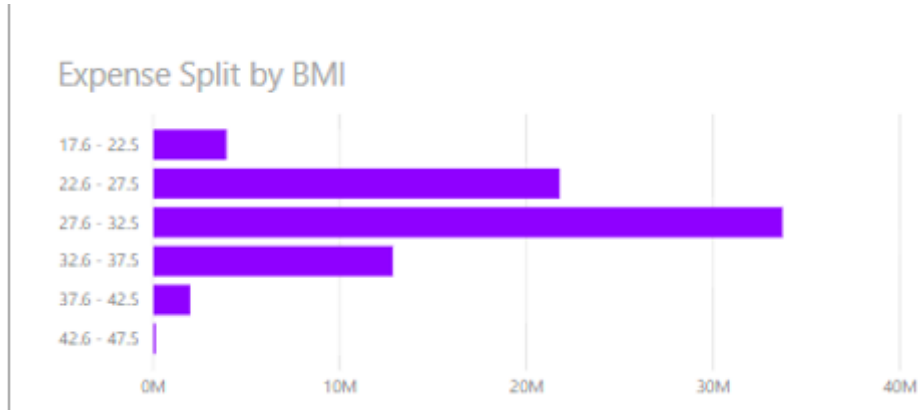


YoY Expense Split by Gender



- The amount incurred has been a constant rise for the male.
- There is a sharp fall in the year 2014 for the female.

Physical Characteristics

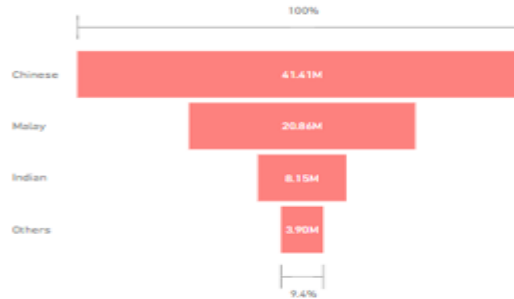


- More than 50% of the sample belonged to either Overweight or Obesity category.

Demographics



Bill Amount by Race



- It seemed that the Malay group had relatively high medical expenses. The reason we put them ahead of the Chinese is due to the fact that they are not even 25% of the Chinese population

Insights and Action Points



- People who have diabetes, cholesterol and BP should be identified at an early age and given a suitable diet plan to follow.
- Proper early diagnosis should be deployed to prescribe a suitable pre op medication to patients.
- Obesity is a condition mainly due to food habits and lifestyle. Government should pro actively educate people on unhealthy foods and importance of daily exercise.
- It is also found that Malay people have contributed more in medical expense. This is primarily due to their food habits.