

KEY TAKEAWAYS

CHAPTER TITLE

Excel Basics: Getting Started

VIDEO TITLE

Introduction to Tables

Benefits of using Tables in Excel:

- 1 Named Ranges allow calculations using descriptive names rather than cell references.
- 2 Formulas will be automatically applied to new rows.
- 3 Additional features such as slicers, automatic totals, and filters are available.
- 4 Table headers remain visible when scrolling down, which is useful for large tables.