



SEMESTER-I (MAJOR PAPER)

Program / Class: Certificate

Subject: Psychology FM: 100 PM: 40 (End Sem:75 + 25)

Course Title: Foundation of Psychology

Course Code: MJ-PSY-01 Paper- I (theory) Credit: 4

No. of Lectures-Tutorials-Practical- (in hours per week): L-T-P: 6-0-0

Course outcome: The students will learn about the basic foundation of Psychology, biological processes and development of human behavior and their experiences which the subject matter of psychology. Students will also be aware about the basic concepts, models, theories, different perspectives and views and subsequently will learn how to apply them in practical life. It will also give the learner a clear understanding of the concepts like Perception, Attention, Motivation, Memory, and Intelligence.

TEACHING: AT A GLANCE

Unit	Topic	No. of Lectures
<i>I</i>	<i>Introduction</i>	<i>12</i>
<i>II</i>	<i>Perception</i>	<i>12</i>
<i>III</i>	<i>Learning and Motivation</i>	<i>12</i>
<i>IV</i>	<i>Memory</i>	<i>12</i>
<i>V</i>	<i>Intelligence</i>	<i>12</i>



MAJOR-01

FOUNDATIONS OF PSYCHOLOGY

Eight questions of equal value (i.e., 15 marks each) will be set, out of which four questions are to be answered. Question number one will be compulsory comprising 15 objective type questions covering the entire syllabus.

Time 3 Hours

Full Marks = 75

Unit 1: Introduction:

- (a) What is psychology?
- (b) Methods of psychology
- (c) Subfields of psychology
- (d) Psychology in modern India.

Unit 2: Perception:

- (a) Perceptual processing
- (b) Role of attention in perception
- (c) Perceptual organization
- (d) Perceptual sets
- (e) Perceptual constancies
- (f) Depth perception,
- (h) Illusions.

Unit 3: Learning and Motivation:

- (a) Learning concept.
- (b) Theories of learning. Thorndike, Pavlov, Tolman.
- (c) Motivation: Concept and types.
- (d) Role of motivation in learning.
- (f) Motivational conflicts.

Unit 4: Memory

- (a) Concept
- (b) Type of memory
- (c) Difference between LTM and STM

- (d) Forgetting: Nature and Causes.

Unit-5 Intelligence

- a. Definition
- b. Types of intelligence
- c. Theories of intelligence
 - Two - factor theory
 - Group factor
 - Multifactor theory
- d. Intelligence measurement
 - Binet test
 - Alexander battery Performance test

Readings List:

Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.

Chadha, N.K. and Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi. Pinnacle Learning,

Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology- New Delhi Pearson Education.

Passer, M.W. and Smith, R.E. (2010). Psychology: The science of mind and behaviour New Delhi: Tata McGraw-Hill.

Md. Suleman (2012): Adhunic samanya Manoogian. Patna: Motilal Banarsidas.

Sing, A. K (2012). Adhunic samanya monavigyan. Patna: Motilal Banaridas.

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