



MULTI-DISCIPLINARY

SUB: INTRODUCTION TO PSYCHOLOGY

FOR: UG SEM-I/II/III

Full Marks: 75 Time: 3hrs Credit: 3

Unit-1;

a. Define Psychology.

- b. Methods of Psychology: Observation, Experimental and Survey
- c. Scope of Psychology
- d. Psychology in Modern India

Unit-2: Perception

- a. Nature of Perception
- b. Role of Attention in Perception
- c. Perceptual Sets
- d. Depth Perception
- e. Perceptual Constancies
- f. Illusion and Hallucination

Unit-3: Learning and Motivation

- a. Learning Concept
- b. Role of Motivation in Learning
- c. Methods of Learning
- d. Theories of learning: Trial & Error, Conditioning, and Insight
- e. Motivation Concept, Types, Need-Drive-Incentive formula

Unit-4: Memory and Forgetting

- a. Concept of Memory
- b. Types of Memory
- c. Difference between LTM and STM
- d. Forgetting: Nature and Causes

Unit-5: Intelligence and Personality

- a. Definition of Intelligence
- b. Types of Intelligence
- c. Theories of Intelligence: Two-factor theory and Group factor theory
- a. Definition of Personality
- b. Trait and Types of Personality
- c. Determinates of Personality

Readings List:

Baron, R. and Misra, G. (2013). Psychology. New Delhi: Pearson.

Chadha, N.K. and Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi. Pinnacle Learning,

Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology- New Delhi Pearson Education.

Passer, M.W. and Smith, R.E. (2010). Psychology: The science of mind and behaviour New Delhi: Tata McGraw-Hill.

Md. Suleman (2012): Adhunic samanya Manougyan. Patna: Motilal Banarsidas.

Sing, A. K (2012). Adhunic samanya monavigyan. Patna: Motilal Banaridas.