Quantum Mechanics

1 General Definitions and Equations

- Hermitian: $M = M^{\dagger}$, represent observables
- Anti-Hermitian/skew-Hermitian: $M=-M^{\dagger}$
- Unitary: $M = M^{-1}$
- Orthonormality: $\int \psi_m^*(x)\psi_n(x)dx = \delta_{nm}$
- Normalization: $\int |\psi|^2 dx = 1$, ψ lives in Hilbert space
- Eigenstate ψ , eigenvalue a of operator \hat{A} : $\hat{A}\psi = a\psi$
 - Eigenstates are degenerate when they have the same eigenvalue
 - Eigenstates are orthogonal for non-degenerate eigenvalues
 - Measurement of observable gives eigenvalue
 - Can have simultaneous eigenstates of two operators if operators commute
- Boundary conditions on wavefunction: $\begin{cases} \psi & \text{continuous} \\ \frac{d\psi}{dx} & \text{continuous except when potential is infinite} \end{cases}$
- Probability: $|\Psi(x,t)|^2 dx = \begin{cases} \text{probability of finding particle} \\ \text{between } x \text{ and } (x+dx), \text{ at time t} \end{cases}$
 - To find most probable value, maximize probability
- Schrödinger equation: $i\hbar \frac{\partial \Psi}{\partial t} = H\Psi$
- $\bullet\,$ Time independent Schrödinger equation: $H\Psi=E\Psi$
- Time dependence of expectation value: $\frac{d\langle Q\rangle}{dt} = \frac{i}{\hbar}\langle [H, Q]\rangle + \left\langle \frac{\partial Q}{\partial t} \right\rangle$

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- Generalized uncertainty principle: $\sigma_A \sigma_B \ge \left| \frac{1}{2i} \langle [A, B] \rangle \right|^2$
- Heisenberg uncertainty principle: $\sigma_x \sigma_p \ge \frac{\hbar}{2}$

- Canonical commutator: $[x, p] = i\hbar, \quad \hat{p} = -i\hbar \frac{\partial}{\partial x}$
- Variance: $\sigma_j^2 = \langle (\Delta j)^2 \rangle = \langle j^2 \rangle \langle j \rangle^2$
- Expectation value of operator $\hat{A} = \langle \psi \mid \hat{A} \mid \psi \rangle$
- Energy of a photon: $E = h\nu$
- deBroglie wavelength of particle: $\lambda = \frac{h}{p}$
- Fermions: half integer spin, antisymmetric wave function
- Bosons: integer spin, symmetric wave function
- Commutator relation: [AB, C] = A[B, C] + [A, C]B

2 Infinite Square Well, Length L

- $V = \begin{cases} 0 & \text{if } 0 \le x \le L \\ \infty & \text{otherwise} \end{cases}$
- $\psi_n(x) = \sqrt{\frac{2}{L}} sin\left(\frac{n\pi x}{L}\right)$
- $\bullet \ E = \frac{n^2 \pi^2 \hbar^2}{2mL^2}$
- For non-infinite square well, sinusoidal function in center of well, exponential decay outside of well

3 The Harmonic Oscillator

$$V(x) = \frac{1}{2}m\omega^2 x^2$$

•
$$\psi_0(x) = A_0 e^{-\frac{m\omega}{2\hbar}x^2} = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-\frac{m\omega}{2\hbar}x^2}$$

•
$$\psi_n(x) = A_n \left(a^{\dagger} \right) e^{-\frac{m\omega}{2\hbar}x^2} = \frac{1}{\sqrt{2^n n!}} \left(\frac{m\omega}{\pi\hbar} \right)^{1/4} e^{-\frac{m\omega}{2\hbar}x^2} H_n \left(\sqrt{\frac{m\omega}{\hbar}} x \right)$$

- where H_n are the Hermite polynomials

•
$$E_n = \left(n + \frac{1}{2}\right)\hbar\omega$$

•
$$a^{\dagger}\psi_n = \sqrt{n+1} \ \psi_{n+1}$$
 $a\psi_n = \sqrt{n} \ \psi_{n-1}$

$$\bullet \ \psi_n = \frac{1}{\sqrt{n!}} \left(a^{\dagger} \right)^n \psi_0$$

•
$$a = \sqrt{\frac{m\omega}{2\hbar}} \left(\hat{x} + \frac{i}{m\omega} \hat{p} \right), \quad a^{\dagger} = \sqrt{\frac{m\omega}{2\hbar}} \left(\hat{x} - \frac{i}{m\omega} \hat{p} \right)$$

•
$$\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} \left(a + a^{\dagger} \right), \quad \hat{p} = i\sqrt{\frac{\hbar m\omega}{2}} \left(a^{\dagger} - a \right)$$

4 The Free Particle

- V(x) = 0 everywhere
- Wave packet: $\Psi(x,t) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \phi(k) e^{i\left(kx \frac{\hbar k^2}{2m}t\right)} dk$

•
$$\phi(k) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \Psi(x,0) e^{-ikx} dx$$

•
$$k \equiv \pm \frac{\sqrt{2mE}}{\hbar}$$
, with $\begin{cases} k > 0 \implies \text{traveling to the right} \\ k < 0 \implies \text{traveling to the left} \end{cases}$

• Group velocity:
$$v_{group} = \frac{d\omega}{dk}$$

• Phase velocity:
$$v_{phase} = \frac{\omega}{k}$$

5 The Hydrogen Atom

$$\bullet \ E_n = \frac{-13.6 \ eV}{n^2}$$

•
$$\psi_{100}(r,\theta,\phi) = \frac{1}{\sqrt{\pi a^3}} e^{-r/a}, \ a = 0.53 \times 10^{-10} m$$

• Selection rules for transitions:

$$-\Delta l = \pm 1, \quad \Delta m = \pm 1, 0$$

6 Angular Momentum

• Simultaneous eigenstates of L^2 and one component of \vec{L} (usually L_z) are spherical harmonics

$$-Y_{l}^{m}(\theta,\phi) = (-1)^{m} \sqrt{\frac{(2l+1)(l-|m|!)}{4\pi}} e^{im\phi} P_{l}^{m}(\cos\theta)$$

- $\bullet \ L^2 \ Y_l^m(\theta,\phi) = \hbar^2 l(l+1) \ Y_l^m(\theta,\phi)$
- $L_z Y_l^m(\theta, \phi) = \hbar m Y_l^m(\theta, \phi), \quad L_z = -i\hbar \frac{\partial}{\partial \phi}$
- Commutators: $[L_x, L_y] = i\hbar L_z, \quad [L_y, L_z] = i\hbar L_x, \quad [L_z, L_x] = i\hbar L_y$
- Raising and lowering operators: $L_{\pm} = L_x \pm iL_y$
- $L_{\pm} Y_l^m(\theta, \phi) = \hbar \sqrt{l(l+1) m(m \pm 1)} Y_l^{m\pm 1}(\theta, \phi)$

$7 \quad \text{Spin } 1/2$

- Pauli Matrices: $\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$, $\sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$, $\sigma_x = \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}$, $S_i = \frac{\hbar}{2}\sigma_i$
- Addition of two spin 1/2 particles: symmetric triplet and anti-symmetric singlet

$$-s = 1 \Rightarrow \begin{cases} |1 \ 1\rangle = |\uparrow\uparrow\rangle \\ |1 \ 0\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle) \\ |1 \ -1\rangle = |\downarrow\downarrow\rangle \end{cases}$$
$$-s = 0 \Rightarrow \begin{cases} |0 \ 0\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \end{cases}$$

8 Time-independent Perturbation Theory

- First order energy correction: $E_n^1 = \langle \psi_n^0 \mid H' \mid \psi_n^0 \rangle$
- First order wave function correction: $\psi_n^1 = \sum_{m \neq n} \frac{\langle \psi_m^0 \mid H' \mid \psi_n^0 \rangle}{(E_n^0 E_m^0)} \psi_m^0$
- Second order energy correction: $E_n^2 = \sum_{m \neq n} \frac{\left| \langle \psi_m^0 \mid H' \mid \psi_n^0 \rangle \right|^2}{E_n^0 E_m^0}$