



Yoga World Record

CERTIFICATE OF ACHIEVEMENT

This certificate is proudly presented to

Dr. Girish K V

for participating in the INTERNATIONAL MEDITATION DAY by Global Book of Yoga Records
held on 21 December 2025 from 11:00 AM to 11:30 AM, approved as a Yoga World Record Attempt for
“Most People Meditating Online.”

Your presence contributed to spreading Peace, Harmony & Global Unity

Austere Guru & Chairman
P.GANESH KUMAR



Vice - Chairwoman
R.KARPAGAVALLI

World Record Batch No: YW25RG100