

# A QUANTITATIVE STUDY FOR THE CLASSIFICATION OF ANXIETY, STRESS AND DEPRESSION

## Group: 4

Team Line-Up:

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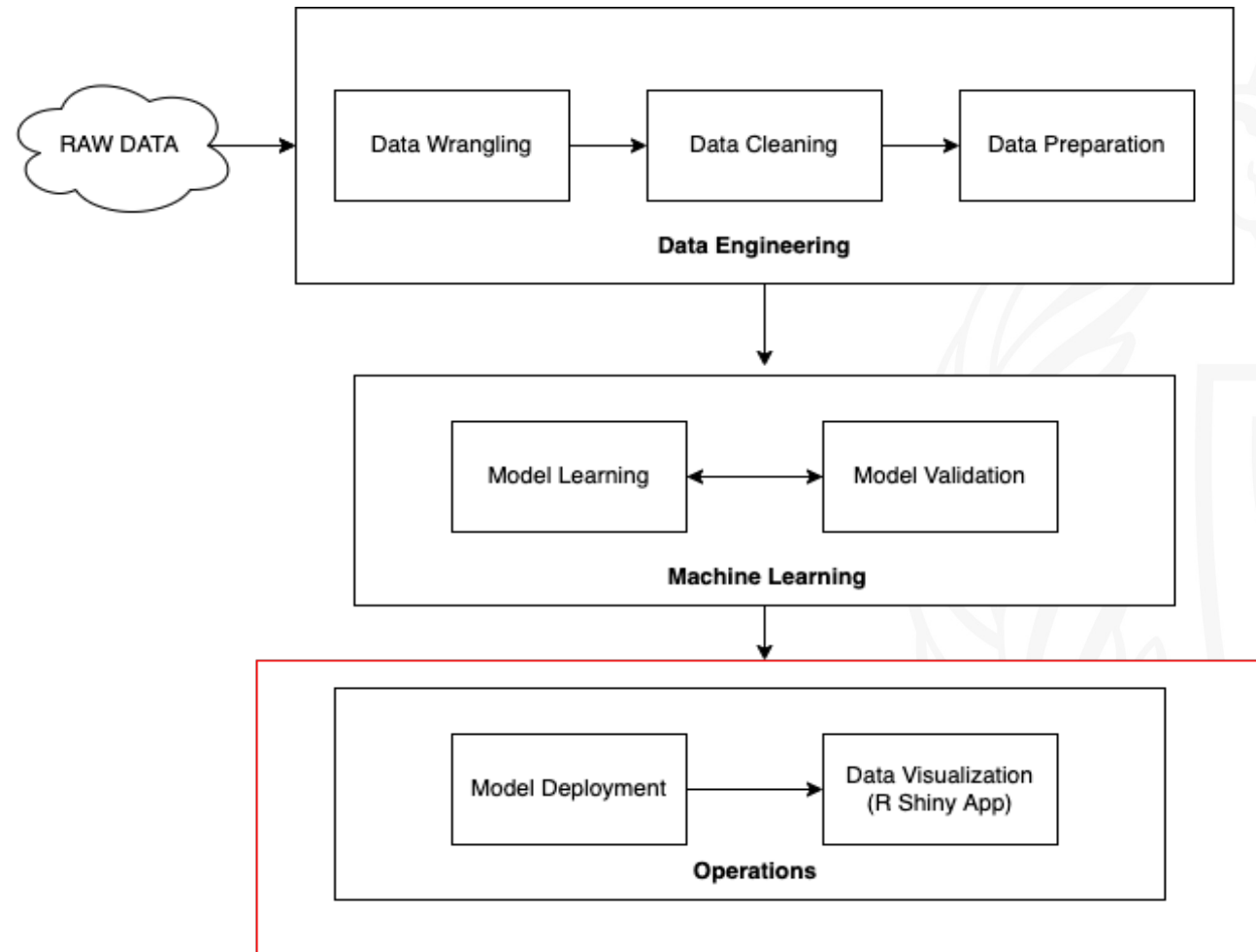


# PHASE-3 DISCUSSIONS

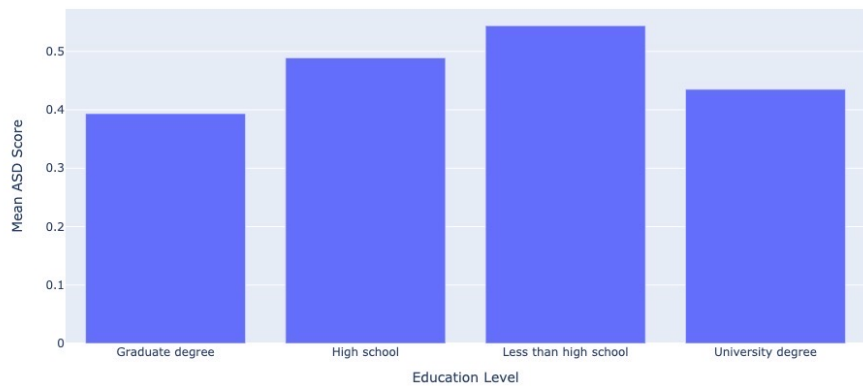
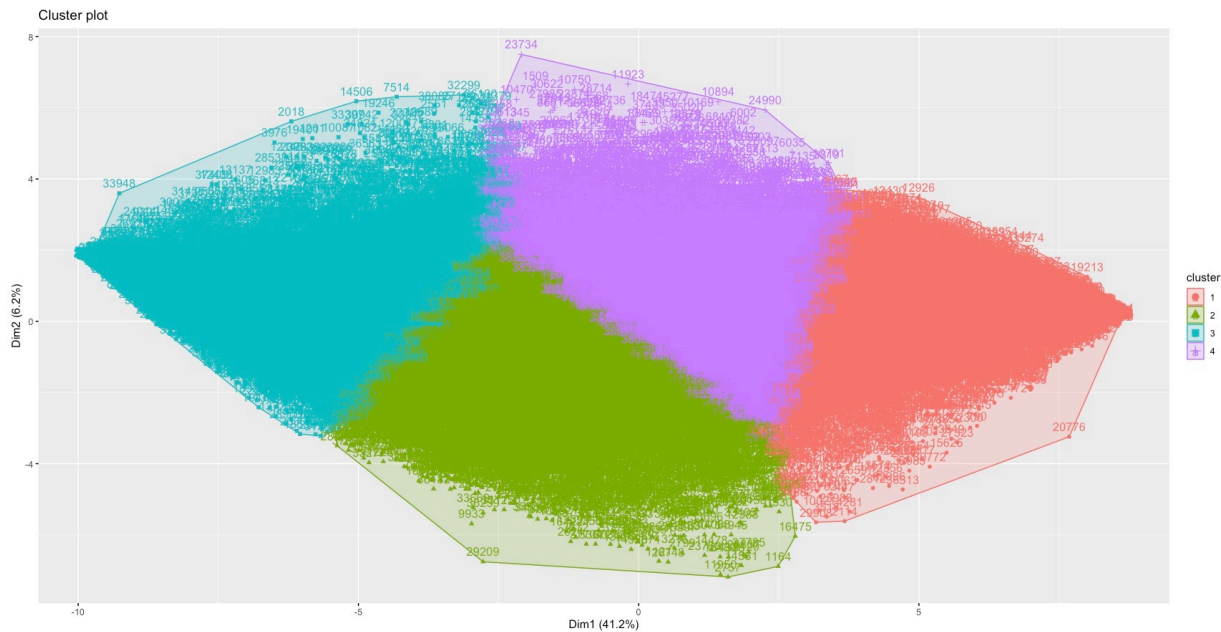
- 1) Project Pipeline
- 2) K – Means Model from Phase - 2
- 3) Feature Importance Using Random Forest
- 4) The Questions Picked
- 5) R Shiny Use Case
- 6) Demonstration
- 7) Conclusion and Challenges



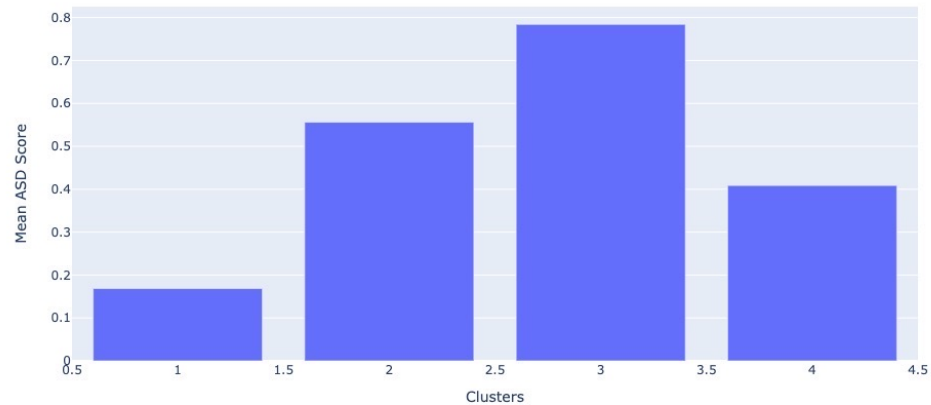
## Project Pipeline



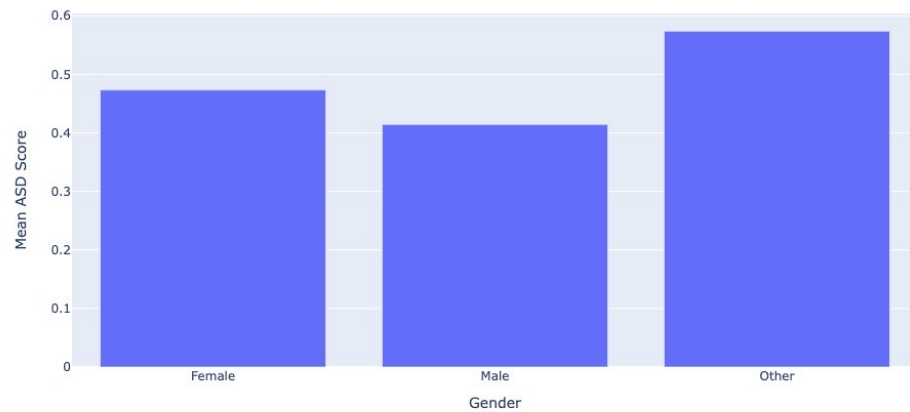
# K – Means Model from Phase - 2



Distribution of Stress Levels among different clusters



Distribution of Stress Levels on the basis of Gender



# Feature Importance Using Random Forest

1. Used Random Forest Regression to predict the ASD score.
2. Selected top 10 features i.e., questions among 42 to train K-Means Model.
3. Top 10 questions selected covered 89% of variance in the data.
4.  $R^2$  (with 42 questions) – (Train: .90; Test: .89)
5.  $R^2$  (with 10 questions) – (Train: .87; Test: .86)

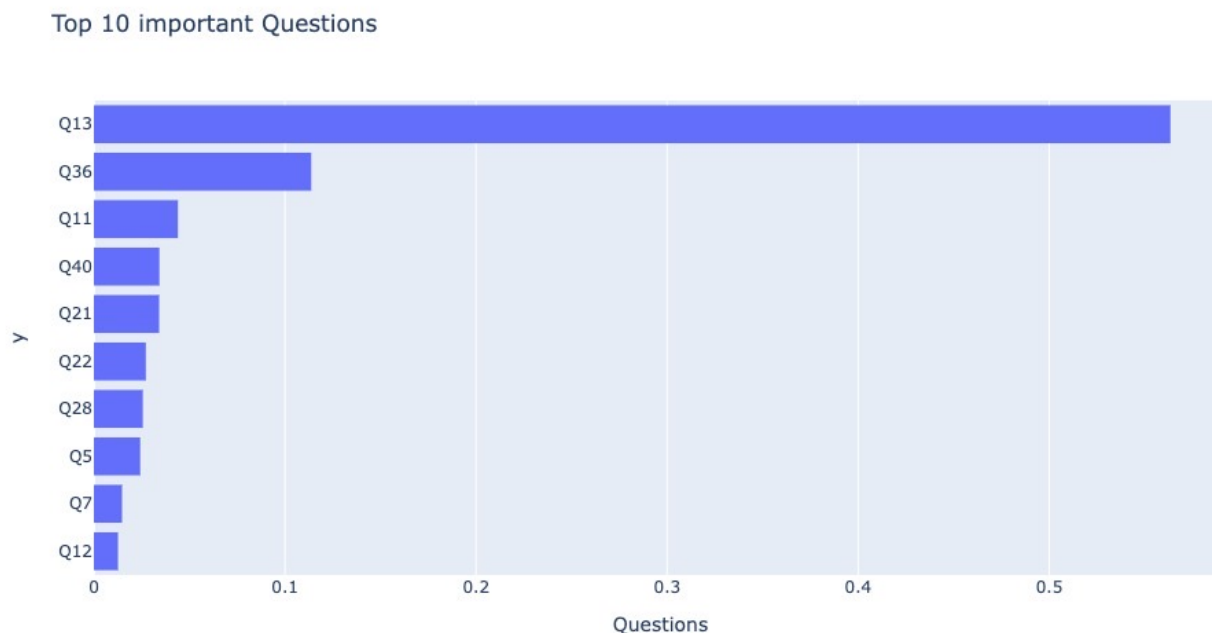


Fig: Top 10 Important Questions

# WHAT ???





## The Questions Picked

1. I just couldn't seem to get going.
2. I had a feeling of shakiness (e.g., legs going to give way).
3. I felt that I was using a lot of nervous energy.
4. I felt sad and depressed.
- 5. I found myself getting upset rather easily. – (Q13 from previous slide)**
6. I felt that life wasn't worthwhile.
7. I found it hard to wind down.
8. I felt I was close to panic.
9. I felt terrified.
10. I was worried about situations in which I might panic and make a fool of myself.



## R Shiny APP Use Case



Really Sad Face



Sad Face



Really Happy Face



Happy Face

Please input how much you agree with the statement, 1 being not at all and 4 being completely agree:

I just couldn't seem to get going.

1 4

I had a feeling of shakiness (eg, legs going to give way).

1 4

I felt that I was using a lot of nervous energy.

1 4

I felt sad and depressed.

1 4

I found myself getting upset rather easily.

1 4

I felt that life wasn't worthwhile.

1 4

I found it hard to wind down.

1 4

I felt I was close to panic.

1 4

I felt terrified.

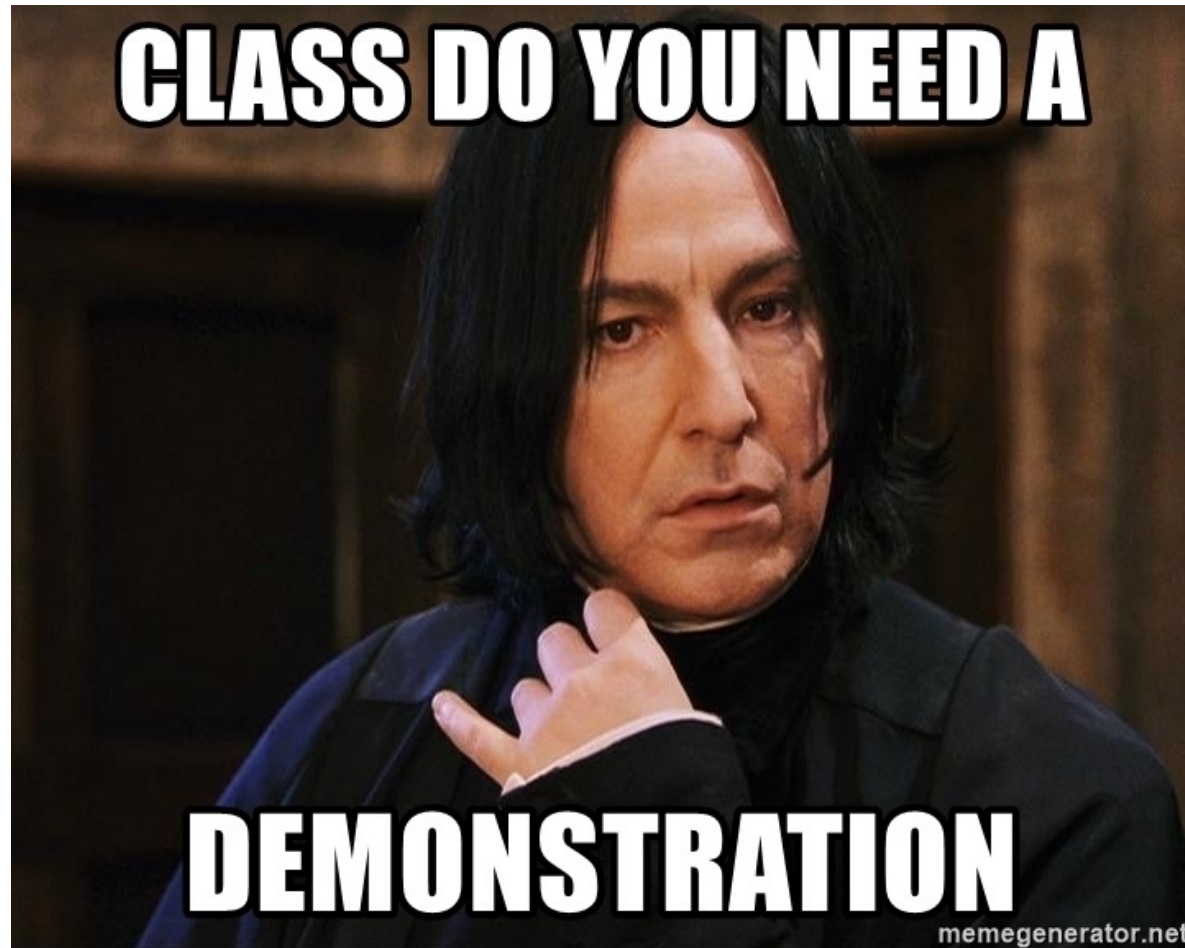
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I was worried about situations in which I might panic and make a fool of myself.

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User Input Question Slider





## Conclusion and Future Scope

- 1) Using ASD score as a metric in the everyday working scenario in organizations.
- 2) The R Shiny Dashboard classifies a person's mood accurately.
- 3) In the mental health department, psychiatrists can use the classification of an individual based on the observation from the app and treat an individual and use the model analysis to work on a particular behavior of an individual.

## Challenges

- 1) Cannot totally rely on data. (For ex., a person's mental state can change on a given day).
- 2) Lack of clinical data to verify clusters obtained.
- 3) Lack of terminology for the ASD Score.