

John Seabrook
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EDUCATION:

- TCI-COLLEGE OF TECHNOLOGY, New York, NY 2012-2013
 - Associates Degree in HVAC
 - Associates Degree in Construction Management

SKILLS & RESPONSIBILITY

- Years of experience in construction management managing multiple projects
- Ensure that all protocols are implemented to create a safe project environment.
- Ability to read, understand and interpret contract documents, drawings, specifications, scopes of work, and project schedules.
- Personal commitment to safety, integrity, and continual professional development.
- District Council Carpenters
- Familiarity with NYC Code
- Works effectively in a fast-paced environment anticipating what is coming next and prepare
- Decisive, work well under pressure, particularly when faced with unexpected challenges
- Thrive in environments with tight deadlines and multiple tasks occurring at the same time
- Ability to analyze data, problem solve, and multi-task handling all RFIs and RFPs, submittals, and shop drawings.
- Strong interpersonal skills, executive presence, and dedicated team player.
- Coordination of Trades

CERTIFICATIONS:

- OSHA 62-hour SST

• RECENT EXPERIENCE

• Alchemy development 2012 - 2022

- Construction Manager
- Coordinate with all vendors on the project
- Meet with owners' representatives
- Ensure all safety procedures are being met daily
- Resolve all issues with the GC on site

• Big Apple Construction 2007 - 2012

- Project Manager
- Support office staff with any change orders or RFIs
- Weekly progress meetings with all trades
- Ensure that all MEPs are being followed to the letter

• Project

- **300 west 122** is a 14-story 172 apartment building that was completed in 2019. My role as a construction manager involved every aspect of the project from contract negotiations to manpower and equipment. I met weekly with the owners, architects, and vendors. We insured that the project was structured in a way to deal with field conditions as fast as possible. The coordination of field activities was essential in keeping the project moving forward.
- **Commercial Restaurants** I have done more than 100 projects from McDonald's to Panera bread. It is a very fast project turnover which involves a lot of moving parts. There are HVAC, electrical, plumbing tiles, and architects and project managers. My background and experience have prepared me to have the knowledge to deal with any situations ns that might arise.