

Creating the Symptoms/Causes Page

This page will contain the major symptoms and causes/risk factors of Alopecia Areata. I will include all the necessary information about how to know if you have Alopecia, what causes it, and what the short-term and long-term effects are. I plan to have two sections of text on this page, one for the symptoms and one for the causes. I also plan to use bullet points for each fact, to make the page look more organized. At the bottom of the page, I plan to put small “list” icon in the middle to make it look more visually appealing.

To access this portion of the website, the user can click the “Symptoms and Causes” navigation button at the top of the site.

```
<section class="page-section" id="symptoms">
  <div class="container px-4 px-lg-5">
    <h2 class="text-center mt-0">Symptoms and Causes</h2>
    <hr class="divider" />
    <div class="row gx-4 gx-lg-5">
      <div class="col-lg">
        <div class="mt-5 text-center">
          <h3 class="h4 mb-2">Symptoms</h3>
          <ul class="text-muted mb-0">
            <li>Small patches of hair on your scalp falling rapidly, creating numerous bald spots.</li>
            <br/>
            <li>Losing significantly more hair than normal in a short period of time. The average hair loss is
about 50-200 hair strands per day.</li>
            <br/>
            <li>Losing more hair during cold temperatures, or in dry environments.</li>
            <br/>
            <li>Mainly losing hair on the top of your scalp, slower on the sides of the head.</li>
            <br/>
            <li>Fingernails or toenails become slightly brittle or easy to break, sometimes, break on their
own.</li>
            <br/>
            <li>Feel a slight itch or burn when the hair patches are about to fall.</li>
          </ul>
        </div>
      </div>
    </div>
  </div>
  <div class="col-lg">
```

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<div class="mt-5 text-center">
  <h3 class="h4 mb-2">Causes & Risk Factors</h3>
  <ul class="text-muted mb-0">
    <li>Since Alopecia is an autoimmune disease, generally the main cause is genetics and hormones. This means there is a higher chance of contracting it if one of your family members had it at some point.</li>
    <br/>
    <li>Poor nutrition and lack of vitamins is another major cause to severe Alopecia Areata. This is because compared to a stronger immune system, a poor immune system will attack more healthy cells in the body.</li>
    <br/>
    <li>High levels of stress can increase the rate at which Alopecia spreads in the body, making it more severe. This is because it causes your hair to thin overtime, mostly due to the mental state that your body is in.</li>
    <br/>
    <li>Alopecia will increase exponentially, meaning the more you see that your hair is falling, the faster your chance of going bald is. Fortunately, patients on <a class="hyperlink" href="#portfolio">treatment</a> have drastically decreased hair loss compared to patients with no treatment.</li>
  </ul>
</div>
</div>
</div>
<div class="text-center">
  
</div>
</div>
</section>

```

This code is stored in the “symptoms” sections of the website, meaning all the changes will be made there. First, I create the subtitle and the divider to introduce the page. Then, I make a section on the left side of the page, with all the symptoms in bullet points. After creating all the points, I do the same thing on the left side, this time, with the causes and risk factors. Then, at the bottom of the page, I add a small image in the middle (the dimensions of the image can be adjusted by editing the image from where it is located).

Symptoms and Causes

Symptoms

- Small patches of hair on your scalp falling rapidly, creating numerous bald spots.
- Losing significantly more hair than normal in a short period of time. The average hair loss is about 50-200 hair strands per day.
- Losing more hair during cold temperatures, or in dry environments.
- Mainly losing hair on the top of your scalp, slower on the sides of the head.
- Fingernails or toenails become slightly brittle or easy to break, sometimes, break on their own.
- Feel a slight itch or burn when the hair patches are about to fall.

Causes & Risk Factors

- Since Alopecia is an autoimmune disease, generally the main cause is genetics and hormones. This means there is a higher chance of contracting it if one of your family members had it at some point.
- Poor nutrition and lack of vitamins is another major cause to severe Alopecia Areata. This is because compared to a stronger immune system, a poor immune system will attack more healthy cells in the body.
- High levels of stress can increase the rate at which Alopecia spreads in the body, making it more severe. This is because it causes your hair to thin overtime, mostly due to the mental state that your body is in.
- Alopecia will increase exponentially, meaning the more you see that your hair is falling, the faster your chance of going bald is. Fortunately, patients on **treatment** have drastically decreased hair loss compared to patients with no treatment.



Output:

If the user clicks the “treatment” on the text, it will redirect them to the “Treatment” page.