stage efficiency =
$$\eta_s = \frac{\textit{Work done by the rotor}}{\textit{Isentropic enthalpy drop}}$$
 (23.1)

$$\eta_{s} = \frac{\dot{m}U\Delta V_{w}}{\dot{m}(\Delta H)_{isen}} = \frac{\dot{m}U\Delta V_{w}}{\dot{m}\left(\frac{V_{1}^{2}}{2}\right)} \cdot \frac{\dot{m}(V_{1}^{2}/2)}{\dot{m}(\Delta H)_{isen}}$$
(23.2)

or,

or,
$$\eta_s = \eta_b \times \eta_n$$
 $[\eta_n = Nozzle efficiency]$ (23.3)

Optimum blade speed of a single stage turbine

$$\begin{split} \Delta V_{w} &= V_{r1}\cos\beta_{1} + V_{r2}\cos\beta_{2} \\ &= V_{r1}\cos\beta_{1} + \left(1 + \frac{V_{r2}}{V_{r1}} \cdot \frac{\cos\beta_{2}}{\cos\beta_{1}}\right) \\ &= (V_{1}\cos\alpha_{1} - U) + (1 + kc) \end{split} \tag{23.4}$$

where, $k = (V_{r2}/V_{r1}) = \text{friction coefficient}$

$$c = (\cos \beta_2 / \cos \beta_1)$$

$$\eta_b = \frac{2U\Delta V_w}{{V_1^2}} = 2\frac{U}{V_1} \left(\cos\alpha_1 - \frac{U}{V_1}\right)(1+kc)$$

$$\rho = \frac{U}{V_1} = \\ \text{Blade speed} = \text{Blade speed ratio (23.5)}$$

Fluid velocity at the blade inlet

 η_b is maximum when $\frac{d\eta_b}{d\rho} = 0$ also $\frac{d^2\eta_b}{d\rho} = -4(1+kc)$

or,
$$\frac{d}{d\rho} \{2(\rho\cos\alpha_1 - \rho^2)(1+kc)\} = 0$$
 or,
$$\rho = \frac{\cos\alpha_1}{2}$$
 (23.6)

 α_1 is of the order of 18 $\!^0$ to 22 $\!^0$

Now,
$$(\rho)_{opt} = \left(\frac{U}{V_1}\right)_{opt} = \frac{\cos \alpha_1}{2}$$
 (For single stage impulse turbine)

... The maximum value of blade efficiency

$$(\eta_b)_{\text{max}} = 2(\rho\cos\alpha_1 - \rho^2)(1+kc)$$

$$=\frac{\cos^2\alpha_1}{2}(1+kc) \tag{23.7}$$

For equiangular blades,

$$(\eta_b)_{\text{max}} = \frac{\cos^2 \alpha_1}{2} (1+k)$$
 (23.8)

If the friction over blade surface is neglected

$$(\eta_b)_{\text{max}} = \cos^2 \alpha_1 \tag{23.9}$$