## **Assessment Report**

**Overall Health Score: 80** 

**Heart Rate (in Key Body Vitals): 75** 

**Blood Pressure Systolic: 124** 

**Blood Pressure Diastolic: 82** 

Cardiovascular Endurance (in Fitness Levels): 10

BMI (in Body Composition): 33.145

Stress Level: --

Posture: --