

Meet Sehgal  
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There are many ways to care for the needy, depending on their specific needs. Here are some common types:

**Direct assistance:** This involves providing basic necessities like food, shelter, clothing, and medical care. Soup kitchens, homeless shelters, and food banks are all examples of organizations that provide direct assistance.

**Financial assistance:** This can come in the form of one-time grants or ongoing support, such as subsidized housing or utility assistance. Charities and government programs often offer financial aid.

**Educational assistance:** This could

involve providing scholarships, tutoring or educational resources to help people improve their job skills or get a diploma. Literacy programs and after-school programs are good examples.

**Advocacy:** This involves speaking out on behalf of the needy and working to change policies or systems that perpetuate poverty and inequality. Social justice organizations and human rights groups are advocacy groups.

**Mentorship:** This involves providing guidance, support, and encouragement to help people reach their full potential. Mentoring programs can connect young people with positive role models or provide career guidance.

The benefits of caring for the needy are numerous. It can

Strengthen communities: By helping those in need, we create stronger and more caring communities where everyone feels supported.

Reduce poverty: By providing resources and opportunities, we can help people lift themselves out of poverty and achieve greater self-sufficiency.

Improve public health: By addressing basic needs like food and shelter, we can improve the overall health and well-being of a community.