

## Executive health checks – test panel and consultation components

Insurance-backed/ HCLT Funded executive health check package				
Test panel		Package 1 [Employees & Dependents < 40 Years]	Package 2 [Employees > 40 Years]	Package 3 [Dependents > 40 Years]
Hemogram	CBC	✓	✓	✓
	Blood Group	✓	✓	✓
Lipid Profile	Total Cholesterol	✓	✓	✓
	Triglyceride	✓	✓	✓
	Direct LDL	✓	✓	✓
	HDL cholesterol	✓	✓	✓
	VLDL	✓	✓	✓
	LDL/HDL Ratio,	✓	✓	✓
	Cholesterol Total / HDL Ratio	✓	✓	✓
Kidney Profile	Creatinine	✓	✓	✓
	BUN	✓	✓	✓
	Uric Acid	✓	✓	✓
Diabetes Screening	Fasting Blood Sugar	✓	✓	✓
	HbA1C	✓	✓	✓
Liver Function Test	SGPT	✓	✓	✓
	SGOT	✓	✓	✓
	Bilirubin total	✓	✓	✓
	Bilirubin Indirect		✓	✓
	Alkaline Phosphate		✓	✓
	Total Protein		✓	✓
	Albumin Globulin A:G Ratio		✓	✓
Bone & Joint Health	VITAMIN D		✓	✓
	S. Calcium		✓	✓
Thyroid Profile	TSH	✓	✓	✓
	FT3		✓	✓
	FT4		✓	✓
Urine Profile	Urinalysis	✓	✓	✓
Cancer Screening	PSA for males / PAP smear for females		✓	✓

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Components	Package 1 [Employees & Dependents < 40 Years]	Package 2 [Employees > 40 Years]	Package 3 [Dependents > 40 Years]
Test panel ( <i>as detailed on the left hand side table</i> )	✓	✓	✓
Electrocardiography	✓	✓	✓
Chest X-ray			✓
Eye Check Up	✓	✓	✓
Tread mill test/ 2D Echo		✓	✓
General physician consultation	✓		
Internal medicine specialist consultation		✓	✓
Dental consultation	✓	✓	✓
Gynae consultation (Females only)		✓	✓
Dietician consultation			✓