

AFTER VISIT SUMMARY

Rakesh Kukatla MRN: 8082383

 Adjustment reaction  6/6/2023 - 6/8/2023  UHS Binghamton General Hospital

Instructions



No changes were made to your medications.

No Smoking

Avoid all types of tobacco. Maintain a smoke-free environment. Ask your doctor or the New York State Smoker's Quit Line (866-NY-QUITS) for assistance in quitting smoking.

Mental Health Emergencies

Notify your health care provider if you have any thoughts to hurt yourself or others, or if your condition worsens.

If your health care provider is not available, call:

Mental Health Hotline: BGH CPEP (607) 762-2302 or (800) 451-0560

Drug/Alcohol Issues: UHS New Horizons (607) 762-2257



Other instructions

Call 911 if you have active thoughts of harm to yourself or others, if you have made a suicide attempt or if you experience severe medical problems.

Call your doctor, therapist, or the crisis hotline if you experience increased depression, feelings of hopelessness, disorganized thinking or increased agitation.

Difficulty breathing, headache, or visual disturbances

Normal activity as tolerated

Persistent dizziness or light headedness

Persistent nausea or vomiting

Return to previous diet

Severe uncontrolled pain

What's Next

You currently have no upcoming appointments scheduled.

Medication List

You have not been prescribed any medications.

Admitting Diagnoses

Admitting Diagnosis: Adjustment Disorder With Mixed Disturbance of Emotions and Conduct

Reason For Admission

Reason for psychiatric admission

Patient was brought to hospital by BCSO after release from jail. Patient was arrested for one night, refused to talk, was released and transported to hospital.

Discharge Diagnosis

Your primary diagnosis was: Adjustment Disorder With Mixed Disturbance of Emotions and Conduct

Pending Labs and Tests

pending labs/tests

Question: Pending Labs/Tests? Answer: None

Noteworthy Tests and Procedures Performed

Noteworthy Testing/Procedures performed during admission

Question: Noteworthy testing and procedures? Answer: None

Advanced Directives or Surrogate Decision Maker Documented

Does the patient have a Healthcare Proxy, Medical Advanced Directive or Psychiatric Advanced Directives? Yes

If Yes, what type? Patient does not have advanced directives

Healthcare Proxy/Surrogate Decision Maker Name: Refuses

Healthcare Proxy/Surrogate Decision Maker Phone: Refuses

If the patient does not have a Healthcare Proxy **or both** Medical **and** Psychiatric Advanced Directives, has information been provided to the patient (**for all 3 types**)? Yes

Reason for not appointing a Healthcare Proxy? Patient refused

Reason for not filling out a Medical Advance Directive? Patient refused

Reason for not filling out a Psychiatric Advance Directive? Patient refused

DME Orders (From admission, onward)

None

Discharge Vitals

Flowsheet Row	Most Recent Value
<u>Discharge Vitals</u>	
BP	159/108 !
Temp	36.7 °C (98 °F)
Temp src	Oral
Pulse	89
Resp	16
SpO2	98 %

Stanley-Brown Safety Plan

Creation Date: 6/8/23

Last Update Date: 6/8/23

Step 1: Warning signs:

Warning Signs

Patient declined

Step 2: Internal coping strategies – Things I can do to take my mind off my problems without contacting another person:
Strategies

Patient declined

Step 3: People and social settings that provide distraction:

Name	Contact Information
Sucha Kukatla	312-593-7609

Step 4: People whom I can ask for help during a crisis:

No contacts identified

Step 5: Professionals or agencies I can contact during a crisis:

Local Emergency Department	Emergency Department Address	Emergency Department Phone
CPEP	607-762-2302	

Suicide Prevention Lifeline Phone: Call or Text 988

Crisis Text Line: Text HOME to 741741

Step 6: Making the environment safer (plan for lethal means safety):

Did not identify any lethal methods

Optional: What is most important to me and worth living for?:

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UHS MyChart

View your After Visit Summary and more online at <https://mychart.nyuhs.org/MyChart/>.