Day 05 Notes

✏ Key Takeaway	Loops(for,while,do....while),Break,Continue
🗓 Learning Date	@June 26, 2025
🧊 Module	**Module 1: JavaScript Fundamentals**
⟳ Status	Done
✓ Topic	✅ **Day 5:** Loops (for, while, do-while) & Iteration Techniques
🔗 Video Link	https://www.youtube.com/watch?v=MDR43-2GvtA

Loops - for

For loop: A for loop is best used when we know exactly how many times we need to run a block of code.

Loops - while

A while loop runs as long as a given condition is true. It's best when you don't know in advance how many iterations are needed.

Loops - do....while

A `do-while` loop is **a control flow statement that executes a block of code at least once, and then repeatedly executes the block as long as a given boolean condition remains true.**