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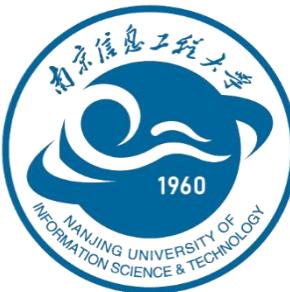
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南京信息工程大学

硕士学位论文



Efficient Multi-Modal Object Detection in Medical Imaging with YOLOv8 and Vision Transformers

申请人姓名 : Rakib Abdullah Al

指导教师 : Li Tao

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Abstract

Early diagnosis and treatment planning of important diseases such cancer, cardiovascular diseases, and diabetic retinopathy depend critically on object identification in medical imaging. Although CNNs have long dominated this field, their natural shortcomings in modeling long-range dependencies compromise performance, especially in the detection of small or highly densely packed lesions. Conversely, Vision Transformers (ViTs), with their self-attention systems, present a good substitute since they allow global contextual learning. On real-time applications, their significant computational expense and restricted scalability provide practical difficulties, nevertheless.

This thesis presents a new hybrid object detection framework combining Vision Transformers and a custom-designed Adaptive Cross-Attention Fusion (ACAF) module with YOLOv8. While keeping real-time inference rates, the aim is to improve detection accuracy for small and complicated lesions. Three real-world datasets— BraTS-Det (brain tumor identification in MRI), NIH-Det (lung nodules in X-ray and CT), (retinal fundus imaging for diabetic retinopathy screening) are extensively assessed on the suggested architecture. Especially for minor lesion identification around 5 mm, the hybrid model routinely beats CNN-only (YOLOv8), Transformer-only (RT-DETR), and other hybrid baselines (e.g., TransYOLO, TransUNet), yielding considerable gains in mean Average Precision (mAP), recall, and F1-score.

The hybrid detection framework proposed in this study can effectively solve the problem of balancing the detection accuracy and efficiency of small-sized lesions in medical images, and provides a feasible implementation idea and technical solution for clinical intelligent assisted diagnosis.

Keywords: YOLOv8; Vision Transformers (ViT); Multi-modal imaging; Deep learning; ACAF module; Medical AI; Real-time detection; Lesion localization.

摘要

医学影像目标识别在癌症、心血管疾病及糖尿病视网膜病变等重大疾病的早期诊断与治疗规划中具有重要作用。尽管经典的卷积神经网络（CNNs）在医学影像分析领域仍然占有一席之地，但其在建模长距离依赖关系方面存在固有缺陷，导致在小尺寸或高度密集病变检测任务中性能受限。相比之下，ViTs（Vision Transformers）通过自注意力机制，能够有效捕捉全局上下文信息，为医学影像检测提供了一种理想的潜在方案。然而，ViTs 在实时应用中面临着较高的计算开销和有限的可扩展性问题，这为其实际应用带来了一定挑战。

针对上述问题，本论文提出了一种新的混合目标检测框架，将 ViTs 与定制设计的自适应跨注意力融合（Adaptive Cross-Attention Fusion，ACAF）模块相结合，并将其与 YOLOv8 进行深度融合。该框架旨在提高小尺寸复杂病变目标检测的准确性，同时保持实时推理速度。通过整合 YOLOv8 的高效实时检测能力和 ViTs 的全局上下文学习优势，该框架有效提升了对小尺寸密集病变的检测精度。为验证所提模型的有效性，本文选取了三个具有代表性的公开数据集进行算法评估，包括用于脑肿瘤识别的 BraTS-Det（MRI 数据集）、用于肺结节检测的 NIH-Det（X 光和 CT 数据集）以及用于糖尿病视网膜病变筛查的眼底影像数据集 EyePACS。实验结果表明，本文提出的混合模型在识别 5 毫米级微小病变检测任务中表现更好，相较于 YOLOv8、RT-DETR 等基准模型，以及 TransYOLO、TransUNet 等混合模型，在平均精度（mAP）、召回率（Recall）和 F1 分数等评价指标上均有所提升。

本研究提出的混合检测框架，能够比较有效地解决医学影像中小尺寸病变检测精度与检测效率的平衡问题，为临床智能辅助诊断提供了一种可行的实现思路和技术方案。

关键词：YOLOv8；视觉变换器（ViT）；多模态影像；深度学习；ACAF 模块；医学人工智能；实时检测；病变定位。

Preface

The integration of artificial intelligence (AI) into medical imaging has the potential to reshape the landscape of healthcare. Over the past few decades, technological advancements have provided researchers and clinicians with unprecedented tools to analyze medical images, diagnose diseases, and plan treatments. One of the most promising applications of AI, specifically deep learning, is in medical image analysis, where the goal is to automate the identification and interpretation of anomalies such as tumors, lesions, and other pathological features. Early and accurate diagnosis is crucial for improving patient outcomes, particularly for diseases such as cancer, cardiovascular diseases, and diabetic retinopathy, where timely intervention can significantly reduce morbidity and mortality rates.

For many years, the task of interpreting medical images was solely in the hands of trained clinicians. However, human error, fatigue, and subjectivity can influence the diagnostic process, which highlights the need for additional tools to assist in making more accurate and efficient diagnoses. In recent years, the development of machine learning, particularly deep learning models, has paved the way for automation in medical image analysis. These systems offer the potential to not only match but, in some cases, surpass human capabilities in detecting subtle and complex abnormalities that might otherwise be overlooked.

This thesis explores the use of hybrid deep learning models, combining **Vision Transformers (ViTs)** with a state-of-the-art CNN architecture, **YOLOv8**, for enhanced object detection in medical images. The goal of this research is to address some of the fundamental challenges in the field, such as detecting small, complex lesions and enhancing real-time image processing capabilities. By integrating ViTs' global context modeling with YOLOv8's high-speed detection, we aim to create a model that can handle diverse medical imaging tasks with high accuracy while maintaining computational efficiency for real-world clinical applications. This work emphasizes the importance of not only improving detection accuracy but also ensuring that the solutions are scalable and deployable in clinical environments where speed and reliability are essential.

The motivation behind this research was driven by the real-world limitations of existing systems in the detection of certain types of medical conditions. For example, many CNN-based

models perform excellently in the detection of larger or clearly visible lesions, but they often struggle when dealing with small or densely packed abnormalities, such as those seen in early-stage cancers, diabetic retinopathy, or lung nodules. Vision Transformers offer a promising alternative with their self-attention mechanisms, which allow them to consider the global context of the image, capturing long-range dependencies that are essential for detecting subtle abnormalities. However, while ViTs show great promise in accuracy, their computational complexity presents a significant challenge, especially for real-time medical applications. This work seeks to address this challenge by developing a hybrid model that combines the strengths of both CNNs and ViTs, providing a solution that is not only accurate but also efficient enough for clinical use.

Throughout the development of this thesis, I have had the privilege of working with numerous talented individuals whose expertise and insights have greatly shaped the research process. I owe special thanks to my advisors and mentors, whose guidance has been invaluable. Their thoughtful feedback, technical expertise, and continuous encouragement helped me navigate the complex challenges involved in developing and testing the hybrid model. I would also like to acknowledge the researchers whose work laid the foundation for this thesis, particularly those involved in deep learning for medical imaging and Vision Transformers, whose research has been instrumental in shaping the direction of this work.

In addition to the academic community, I am deeply grateful for the support of my family and friends. Their unwavering encouragement, patience, and belief in my ability to succeed have provided me with the strength and motivation to overcome the challenges and obstacles that came my way. I also appreciate the cooperation and assistance of the various hospitals, medical institutions, and research groups who provided access to medical datasets, which were crucial for testing and validating the proposed models. This collaboration between academia and healthcare practitioners is essential for the continued development of AI systems that can be seamlessly integrated into real-world clinical settings.

Looking ahead, I believe that the future of AI in healthcare will rely heavily on multidisciplinary collaboration. Researchers, clinicians, and technologists must work together to develop AI systems that not only excel in terms of technical performance but also align with the

practical needs and limitations of medical practice. The goal is to create tools that can enhance clinical workflow, assist in decision-making, and improve patient care without replacing human expertise.

As I conclude this research, I hope that the work presented here contributes to the ongoing effort to advance AI-driven solutions in medical image analysis. With continued innovation, robust validation, and interdisciplinary collaboration, I am confident that AI will play a pivotal role in transforming healthcare and delivering better, faster, and more accurate diagnoses to patients worldwide.

Chapter One Introduction

1.1 Background

Convolutional Neural Networks (CNNs) have played a pivotal role in medical image analysis over the past decade, facilitating advancements in disease classification, lesion detection, and anatomical segmentation across various imaging modalities, including X-ray, Computed Tomography (CT), Magnetic Resonance Imaging (MRI), and Ultrasound (US) [1]. The success of CNNs can be attributed to their ability to learn hierarchical feature representations using convolutional filters, enabling automated detection and localization of pathological abnormalities. A substantial body of research has explored CNN-based models for tumor classification [2], skin lesion segmentation [3], and brain tumor detection [4], among others. However, despite their widespread adoption, CNNs suffer from inherent architectural limitations, particularly their constrained receptive fields and inability to capture long-range dependencies in complex medical images [5].

Medical imaging plays a fundamental role in modern diagnostics, enabling clinicians to detect, localize, and characterize pathological anomalies in diverse anatomical structures. Advanced imaging modalities such as Magnetic Resonance Imaging (MRI), Computed Tomography (CT), and X-ray provide complementary information for disease diagnosis and treatment planning [6]. However, the interpretation of these images remains highly dependent on manual expertise, often leading to inter-observer variability and an increased diagnostic burden. Consequently, automated object detection in medical imaging has emerged as a pivotal research area, aiming to enhance diagnostic accuracy, efficiency, and reproducibility in clinical settings [7].

Inspired by the success of Transformer architectures in Natural Language Processing (NLP) [8], the computer vision community has increasingly adopted Vision Transformers (ViTs) as an alternative to CNN-based feature extraction [9]. Unlike CNNs, which rely on localized convolutional filters, ViTs utilize self-attention mechanisms to capture relationships across the entire image, making them inherently more suitable for global feature learning [10]. The introduction of Vision Transformer (ViT) models [11] has demonstrated remarkable

improvements in image classification, object detection, segmentation, and reconstruction. The self-attention mechanism in Transformers enables long-range feature interactions, making them particularly effective for modeling complex anatomical structures in medical imaging datasets [12].



Figure 1: YOLOv8 Architecture

Despite recent advancements in deep learning-based medical image analysis, object detection within medical imaging presents several persistent challenges. Unlike natural image datasets where objects exhibit clear spatial distinctiveness and uniformity, medical images are characterized by small lesion areas, low contrast, and dense anatomical structures. Furthermore, variations in acquisition protocols, patient physiology, and imaging artifacts introduce additional complexities in automated detection pipelines. Traditional convolutional neural networks (CNNs), such as U-Net, Mask R-CNN, and Faster R-CNN, have demonstrated significant success in medical image segmentation and classification but often struggle with multi-modal feature fusion, cross-domain generalization, and real-time inference [13].

The emergence of deep learning-based object detection models, particularly You Only Look Once (YOLO) architecture, has introduced new possibilities for real-time and high-precision object detection in medical imaging. The latest iteration, YOLOv8, integrates a CSPDarknet backbone, anchor-free detection, and advanced feature aggregation, achieving superior

performance in various detection tasks [14]. However, CNN-based architectures like YOLOv8 lack global contextual awareness, limiting their ability to capture long-range dependencies and subtle structural variations in medical images.

Simultaneously, Vision Transformers (ViTs) have gained significant traction in computer vision, leveraging self-attention mechanisms to model complex spatial relationships. Unlike CNNs, which relies on local receptive fields, ViTs process global image contexts, enabling improved representation learning for heterogeneous medical datasets [15]. Integrating YOLOv8 with Vision Transformers offers a promising direction for efficient multi-modal object detection, facilitating enhanced feature representation, modality fusion, and improved generalization across diverse imaging modalities [16].

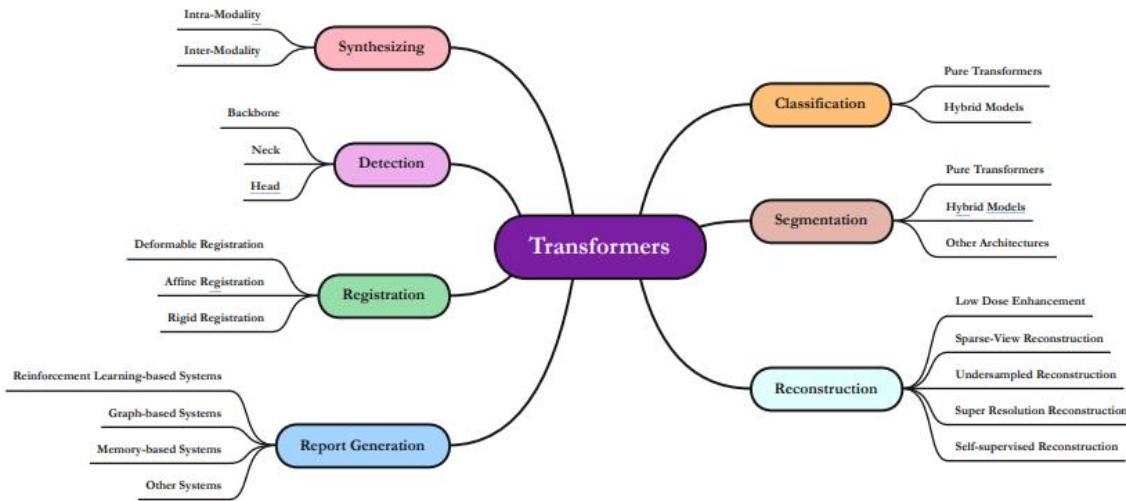


Figure 2: Overview of related transformers

Object recognition is a fundamental task in computer vision, with its significance increasingly paramount in medical imaging. The principal objective of object detection is to identify and localize one or more items of interest within an image, often by delineating bounding boxes and giving class labels. In the medical field, these entities generally encompass tumors, lesions, organs, or anatomical irregularities. The advancement of object recognition models designed for medical imaging has significantly progressed over the past several decades, transitioning from rule-based image processing methods to contemporary deep learning frameworks [17].

Historically, object detection in medical imaging was primarily governed by conventional machine learning methods and manually created feature extraction. In the 1990s and early 2000s, techniques such as HOG (Histogram of Oriented Gradients), SIFT (Scale Invariant Feature Transform), and edge detection filters were commonly employed to detect anomalies such as lung nodules or bone fractures in radiography images [18]. These algorithms relied heavily on domain-specific expertise and manual feature engineering, restricting their scalability across diverse imaging modalities or diseases. Additionally, variations in patient anatomy, picture noise, and contrast discrepancies posed further hurdles that compromised the efficacy of traditional object detection techniques in clinical environments [19].

The emergence of deep learning, particularly Convolutional Neural Networks (CNNs), transformed the domain of medical picture analysis. Convolutional Neural Networks (CNNs) enable models to autonomously acquire hierarchical features from raw pixels, hence obviating the necessity for manually designed features [20]. The advent of deep architectures like AlexNet [21] and VGGNet [22] signified a transition to end-to-end learning systems proficient in achieving high accuracy in picture classification tasks, encompassing initial endeavors in medical image object detection. U-Net, announced in 2015, significantly progressed the domain by providing specialized architecture for biomedical image segmentation, hence enhancing the trend towards domain-specific deep learning solutions [23]

With the increasing demand for real-time and precise detection systems, YOLO (You Only Look Once) emerged as an innovative solution in 2016. YOLOv1, introduced by Redmon et al., redefined object detection as a singular regression task, directly forecasting bounding boxes and class probabilities from complete images in a single forward pass [24]. In contrast to conventional region-based methods such as R-CNN [25], which depend on numerous phases (proposal, classification, and refinement), YOLO's integrated pipeline facilitated unparalleled detection velocities. Nonetheless, YOLOv1 experienced localization inaccuracies and suboptimal performance with small objects.

This resulted in a sequence of incremental enhancements within the YOLO family. YOLOv2 and YOLOv3 incorporated advancements such batch normalization, anchor boxes, and feature pyramid networks to better accuracy, particularly for objects of varying sizes [26] [27], incorporated many optimization techniques, including Mish activation, Mosaic augmentation,

and Cross Stage Partial (CSP) networks, achieving an improved balance between speed and accuracy [28]. The community-driven initiatives persisted with YOLOv5, which enhanced the popularity of PyTorch implementations and included model scaling techniques to customize models for various hardware settings [29].

YOLOv8, the latest innovation from Ultralytics in 2023, epitomizes almost seven years of progress in real-time object identification. YOLOv8 incorporates a restructured architecture featuring a decoupled detection head, a CSPDarknet53 backbone, and C2f modules that integrate high- and low-level semantic information [30]. It employs an anchor-free detection methodology that streamlines box prediction while preserving excellent accuracy. Moreover, YOLOv8 accommodates deployment-ready formats (ONNX, CoreML, TensorRT) and delivers exceptional performance across multiple benchmarks, rendering it particularly appropriate for clinical applications necessitating both real-time inference and high sensitivity [31].

Although YOLO models have reached notable achievements, they are fundamentally constrained by the local receptive field of convolutional neural networks (CNNs). Capturing long-range dependencies within an image—such as correlating a lesion in one area of an organ with modest structural alterations in a distant region—can be challenging. Convolutional Neural Networks (CNNs) inherently prioritize local features and encounter difficulties in capturing global context unless they utilize big kernel sizes or several downsampling layers, which elevate computational expenses and jeopardize spatial accuracy [29]. This constraint is particularly significant in medical imaging, as anatomical structures and disease patterns can include extensive areas of a picture.

In response, Vision Transformers (ViTs) were developed, drawing inspiration from the efficacy of Transformers in Natural Language Processing (NLP) [30]. Vision Transformers (ViTs) interpret an image as a succession of non-overlapping patches, seeing each patch as a "token" analogous to words in text. The tokens undergo a self-attention procedure, allowing the model to comprehend global contextual linkages throughout the entire image. Dosovitskiy et al. [31] initially proved that Vision Transformers (ViTs) may equal or surpass Convolutional Neural Networks (CNNs) in image classification tasks when trained on adequately large datasets.

In the medical field, Vision Transformers have demonstrated significant potential in tasks including tumor segmentation, organ delineation, and multi-class disease categorization. TransUNet [32] integrated a Transformer encoder with a U-Net-style decoder for multi-organ segmentation, surpassing CNN-only baselines in multiple benchmarks. Vision Transformers (ViTs) have been effectively utilized in fundus image analysis, skin lesion categorization, and brain tumor segmentation, with research indicating enhanced performance attributable to ViTs' capacity to capture comprehensive picture features [33][34]. Additionally, the Swin Transformer, a hierarchical vision transformer, has been employed to preserve spatial resolution while achieving global comprehension—suitable for medical images necessitating both intricate detail and anatomical context [35].

Notwithstanding their benefits, ViTs have obstacles including data inefficiency and substantial processing requirements, especially in contexts where labeled medical data is scarce. To address this, hybrid methodologies have developed that integrate CNN backbones with Transformer heads, so harnessing the advantages of both architectures. This synergy enables the model to extract resilient local features while employing attention mechanisms to globally contextualize these features configuration particularly effective for identifying small irregularities in extensive medical images [36].

The amalgamation of YOLOv8 and Vision Transformers, augmented by components such as Adaptive Cross-Attention Fusion (ACAF), signifies a promising avenue for research. It integrates the rapidity and deployment efficiency of YOLO, the contextual robustness of Vision Transformers, and the multi-scale feature fusion capabilities essential for precise medical object detection. This project aims to create a hybrid architecture capable of efficiently processing many imaging modalities, including MRI, CT, X-ray, and fundus imaging, while reliably detecting both big and tiny anomalies in a clinical context [37].

1.2 Problem Statement

Despite the remarkable progress achieved by deep learning-based object detection models in medical imaging, several challenges persist in effectively detecting and localizing pathological features across different imaging modalities. CNN-based object detection frameworks, including state-of-the-art architectures such as YOLOv8, rely on convolutional feature extraction, which,

while computationally efficient, fundamentally lacks the ability to model long-range dependencies and global contextual information. This limitation is particularly problematic in medical imaging, where small-scale abnormalities such as microcalcifications in mammograms or early-stage tumors in MRI scans require precise feature representation. The local receptive fields of convolutional operators inherently constrain CNNs from effectively capturing relationships across spatially distant regions, leading to suboptimal detection performance in complex anatomical structures [38].

In multi-modal medical imaging applications, where diagnostic information is often distributed across different imaging techniques, the challenge of cross-modal feature fusion remains a significant bottleneck. Medical diagnosis frequently relies on combining information from multiple imaging modalities, such as MRI-CT fusion for tumor localization or X-ray-CT fusion for pulmonary disease assessment. Traditional object detection architectures are predominantly designed for single-modal datasets and struggle to integrate complementary features from multiple imaging sources. Existing fusion strategies, such as early fusion, where raw pixel-level data is combined before feature extraction, and late fusion, where separate modality-specific predictions are merged post hoc, have inherent shortcomings. Early fusion approaches often fail due to spatial misalignment between modalities, while late fusion lacks the ability to model cross-modal feature dependencies effectively. Consequently, detection models operating on multi-modal medical images suffer from inconsistencies in feature representation, leading to increased false positives and reduced diagnostic reliability [39].

The introduction of Vision Transformers (ViTs) has offered a promising alternative to CNN-based object detection by employing self-attention mechanisms to capture global feature relationships across an image. Unlike CNNs, which extract features through stacked convolutional layers, transformers learn feature dependencies dynamically, making them particularly suited for modeling complex spatial interactions [40]. However, the adoption of transformer-based models in medical imaging has been hindered by their inherently high computational complexity. Transformer architecture exhibits quadratic growth in memory and computational requirements as the input resolution increases, making them impractical for high-resolution medical images, which are dense in pixel information [41]. Additionally, ViTs

typically require extensive pretraining on large-scale datasets to achieve optimal performance, a challenge in medical imaging where annotated datasets is often limited [42].

Given these challenges, an optimal object detection framework for medical imaging must achieve a balance between the efficiency of CNN-based architectures and the contextual learning capabilities of Vision Transformers. While YOLOv8 has demonstrated strong real-time performance in object detection tasks, its reliance on local feature extraction limits its applicability to multi-modal medical imaging. Integrating self-attention mechanisms within YOLOv8's detection pipeline could significantly enhance feature representation by enabling the model to capture cross-modal dependencies while maintaining computational efficiency. However, the integration of YOLOv8 and Vision Transformers for multi-modal object detection in medical imaging remains largely unexplored. There is a need for a hybrid detection framework that leverages YOLOv8's real-time inference capabilities while incorporating Transformer-based global feature learning to improve small-object localization and cross-modal feature aggregation [43].

This research seeks to address these gaps by developing a YOLOv8-ViT hybrid model optimized for medical object detection across multiple imaging modalities. The proposed approach aims to enhance feature fusion, improve detection accuracy, and enable real-time clinical deployment. By systematically evaluating the effectiveness of Vision Transformer-based feature extraction within the YOLOv8 framework, this study aims to contribute a computationally efficient and clinically viable solution for automated multi-modal medical image analysis [44].

1. Limited Long-Range Dependency Modeling in CNNs:

CNN-based detectors like YOLOv8 face challenges when it comes to modeling global contextual information due to their local receptive fields. This limitation makes them suboptimal for detecting small and spatially dispersed abnormalities such as microcalcifications or early-stage tumors. YOLOv8, while powerful and efficient for real-time object detection, may struggle with the detection of small objects in images. Objects with minimal pixel dimensions pose a challenge as the model's receptive field may not capture sufficient details, impacting accuracy in

such scenarios. This is particularly problematic in medical imaging where the identification of subtle, small-scale features is critical for accurate diagnosis.

2. Ineffective Multi-Modal Feature Fusion:

Traditional detection architectures, including CNN-based models like YOLOv8, are often designed with single-modal data in mind. As a result, they can struggle to effectively integrate and leverage the complementary information available from multi-modal medical imaging sources, such as MRI-CT or X-ray-CT scans. The ability to combine insights from different imaging modalities is crucial in medical diagnostics, as it can lead to a more accurate and comprehensive understanding of a patient's condition.

Moreover, the existing fusion techniques, namely early and late fusion, have their own set of limitations. Early fusion methods, which attempt to combine raw data or low-level features from different modalities at the outset, frequently encounter problems with spatial misalignment due to differences in resolution or capture rates across modalities. This misalignment can hinder the model's ability to accurately interpret and integrate the multi-modal data.

Late fusion techniques, which combine high-level predictions from models trained independently on each modality, suffer from a lack of cross-modal dependency modeling. This means that these methods do not facilitate interaction between features from different modalities, thereby limiting the potential benefits that could be achieved through their combination.

These challenges highlight the need for more sophisticated fusion techniques that can effectively handle multi-modal medical imaging data, ensuring proper alignment and integration of information across different imaging modalities. Such techniques are essential for unlocking the full potential of multi-modal imaging in medical diagnostics and treatment planning.

3. High Computational Demand for Vision Transformers (ViTs):

Vision Transformers (ViTs) have emerged as a powerful tool for capturing global dependencies in data through their self-attention mechanisms, which is beneficial for tasks where understanding the broader context is essential, such as in medical imaging. However, there are notable challenges associated with using ViTs for high-resolution medical images. One of the

main drawbacks is their quadratic computational complexity, which increases significantly with the size of the input data. This complexity arises from the self-attention mechanism that requires computing attention across all pairs of input elements, leading to high computational costs that can be prohibitive for large, high-resolution images commonly found in medical imaging.

Additionally, ViTs generally necessitate large-scale pretraining datasets to achieve peak performance. In the medical imaging field, obtaining such extensive labeled datasets is often a significant hurdle due to the specialized nature of the data and the costs associated with annotation. The lack of large-scale datasets can hinder the ViTs' ability to learn robust features and generalize well to new, unseen data. This limitation is particularly impactful in medical imaging, where models need to be highly accurate and reliable due to the critical nature of the decisions they inform. Consequently, the application of ViTs in medical imaging requires innovative solutions to address these challenges, such as developing more efficient attention mechanisms or leveraging transfer learning from related domains to overcome the limitations posed by data scarcity and computational demands.

4. Lack of Hybrid Architectures Combining YOLOv8 and Vision Transformers:

The integration of YOLOv8's real-time detection capabilities with the global context modeling of Vision Transformers (ViTs) represents a largely unexplored frontier in medical imaging. YOLOv8, with its focus on speed and real-time performance, excels at identifying larger, well-defined lesions but may not be as effective with small, dispersed abnormalities that require a broader contextual understanding. In contrast, ViTs, through their self-attention mechanisms, are adept at capturing global dependencies, which could significantly enhance the detection of such subtle features. However, the computational inefficiency of ViTs, particularly with high-resolution images, and their need for extensive pretraining data pose significant challenges.

To bridge these gaps, there is a clear need for a hybrid solution that can balance the speed and precision of YOLOv8 with the context-aware capabilities of ViTs. Such a hybrid approach would aim to create a system that is not only fast and accurate but also capable of effectively handling multi-modal medical imaging data. This would involve developing methods to efficiently process high-resolution images while maintaining the ability to model complex global

contexts, thus improving the detection of small, dispersed abnormalities. The development of such a hybrid model would be a significant advancement, offering a more comprehensive and effective tool for medical imaging diagnostics.

5. Need for Clinically Viable, Efficient, and Accurate Detection Framework:

An ideal detection framework for medical imaging needs to meet several critical requirements that current architectures often struggle to fulfill simultaneously. Firstly, it must be efficient enough to operate in real-time, which is essential for time-sensitive medical diagnostics and interventions. Secondly, it needs to be highly accurate, particularly in detecting small objects that are crucial for identifying early-stage diseases or subtle pathological changes. Lastly, it should be capable of processing multi-modal input, effectively integrating data from different imaging modalities to leverage the complementary information they provide.

However, existing architectures typically face trade-offs when trying to balance these requirements. For instance, while models like YOLOv8 are designed for real-time performance, they may not be as effective in capturing global contextual information necessary for detecting small, dispersed abnormalities. On the other hand, models like Vision Transformers (ViTs) excel at capturing global dependencies but suffer from high computational costs and inefficiency with high-resolution images, which are common in medical imaging.

Therefore, there is a clear gap in the current detection frameworks' ability to simultaneously meet the needs for efficiency, accuracy in detecting small objects, and multi-modal processing. Developing a detection framework that can address this gap would be a significant advancement in medical imaging, offering a more comprehensive and effective tool for diagnostics and treatment planning. Such a framework would need to integrate innovative approaches to efficiently process high-resolution multi-modal data while maintaining real-time capabilities and improving the detection of small, dispersed abnormalities.

1.3 Objectives

The focus of this study is to create an efficient multi-modal object detection framework specifically tailored for medical imaging by merging the capabilities of YOLOv8 and Vision Transformers (ViTs). YOLOv8 is recognized for its high performance in real-time object

detection; however, its approach, which relies on localized feature extraction, may not fully capture the long-range dependencies and cross-modal relationships crucial in medical imaging. To address this limitation, the study seeks to incorporate the self-attention-based feature learning mechanism from ViTs. This integration is expected to significantly enhance feature representation and the fusion of information from multiple imaging modalities.

The research will proceed with several key objectives:

- Performance Evaluation of YOLOv8: The study will begin by assessing YOLOv8's performance in medical image object detection. This will involve analyzing metrics such as detection accuracy, sensitivity, and false positive rates across various medical imaging datasets to establish a baseline for comparison.
- Integration of ViTs: The next step involves integrating Vision Transformers into the YOLOv8 framework. The aim is to leverage ViTs' ability to enhance feature extraction, which will lead to improved representation learning and more effective cross-modal feature fusion.
- Development of a Hybrid Model: A hybrid YOLOv8-ViT model will be developed. This model will combine the efficiency and speed of YOLOv8 with the global attention mechanisms of ViTs. The goal is to achieve better localization of small objects and modality-aware detection, which are critical in medical imaging.
- Comparison with Existing Frameworks: The proposed YOLOv8-ViT model will be compared with other existing Transformer-based detection frameworks, such as RT-DETR. This comparison will assess trade-offs between detection accuracy, computational efficiency, and real-time feasibility, providing insights into the model's overall performance and practicality.
- Optimization for Clinical Deployment: Finally, the study will focus on optimizing the hybrid model for real-time clinical deployment. This involves ensuring a balance between computational cost, detection speed, and diagnostic reliability, which are essential for multi-modal medical imaging applications.
- By achieving these objectives, the study aims to contribute a novel detection framework that enhances the capabilities of medical imaging analysis, leading to more accurate and efficient diagnostics.

1.4 Scope of Research

This study explores the development and evaluation of a hybrid deep learning framework that integrates YOLOv8—a state-of-the-art real-time object detection architecture—with Vision Transformers (ViTs) to enhance multi-modal medical image analysis. The scope encompasses several key areas of research and application, ranging from the technical challenges of object detection in high-resolution clinical imaging to the practical implications of deploying AI models in diagnostic settings. The focus is placed on improving the accuracy and efficiency of detecting small, complex, and spatially dispersed lesions across diverse imaging modalities.

Medical Imaging Modalities Covered

The study is deliberately designed to test the generalizability and robustness of the proposed model across multiple widely used imaging modalities. The selected modalities include:

- **X-ray:** Used extensively in primary care and emergency diagnostics, X-rays are crucial for detecting lung diseases, skeletal fractures, and mammographic lesions. This study utilizes X-ray datasets particularly for lung nodule detection and breast cancer screening.
- **Magnetic Resonance Imaging (MRI):** Known for its high contrast resolution in soft tissues, MRI is indispensable in neurological and oncological diagnostics. In this study, MRI scans—especially brain MRI—are employed to detect various types of brain tumors, such as gliomas, meningiomas, and pituitary adenomas.
- **Computed Tomography (CT):** CT scans offer detailed cross-sectional imaging, often used for abdominal, thoracic, and head injuries or diseases. This research incorporates CT datasets to evaluate the framework's ability to detect pulmonary nodules and abdominal lesions.
- **Retinal Fundus Imaging:** A vital tool in ophthalmology, fundus imaging is used to detect diabetic retinopathy, age-related macular degeneration, and glaucoma. This modality introduces a different challenge: very small and densely packed lesions. The study uses retinal datasets to evaluate performance in such complex visual environments.

By evaluating these modalities, the study aims to ensure the proposed model is not restricted to a narrow diagnostic field but is capable of functioning in a variety of clinical environments.

Targeted Detection and Classification Tasks

This research is dedicated to tackling several key tasks in medical image analysis that are crucial for real-world diagnostics. The first task is the detection of lesions, which involves identifying a range of pathological structures such as tumors, cysts, nodules, hemorrhages, and calcifications. These can vary greatly in size and visibility, from large and well-defined masses like gliomas to very small and subtle indicators of disease such as microaneurysms found in diabetic retinopathy.

Another significant task is the segmentation of organs and structures of interest, such as specific brain regions or breast tissue. Accurate segmentation is vital for supporting various medical procedures including diagnosis, surgical planning, and monitoring disease progression over time. Additionally, the research encompasses disease classification based on the detected abnormalities, with the system tasked with categorizing conditions such as the severity of diabetic retinopathy or determining whether breast lesions are benign or malignant.

A particular focus of this research is on enhancing the model's ability to detect small, overlapping, or low-contrast anomalies, which have traditionally been a challenge for CNN-based models that rely on local receptive fields. The goal is to develop a detection framework that not only meets the efficiency requirements for real-time applications but also improves the accuracy in identifying small objects and effectively processes multi-modal input, addressing a notable gap in current imaging architectures.

Dataset Selection and Evaluation Framework

To provide a rigorous and representative evaluation, the study employs three prominent publicly available datasets, each linked to a specific diagnostic challenge:

Table 1: Dataset Description

| Dataset | Modality | Primary Task |
|----------------------------|-----------------|---------------------------------------|
| Brain Tumor MRI | MRI | Tumor localization and classification |

| | | |
|---------------|---------------------|--|
| Breast Cancer | Mammography (X-ray) | Lesion detection and malignancy classification |
|---------------|---------------------|--|

These datasets allow the framework to be tested in both classification and localization scenarios, across multiple disease types and imaging modalities. Each dataset also presents a unique challenge: dense lesion clustering in, multi-class tumor labeling in MRI, and low-contrast small lesion detection in mammograms.

Model performance is evaluated using comprehensive metrics that reflect both clinical relevance and computational efficiency:

- **mean Average Precision (mAP)** at IoU thresholds (0.5, 0.75, and 0.5:0.95)
- **Sensitivity and Specificity** to evaluate diagnostic value
- **Precision and recall** measuring predictive accuracy
- **F1-score** to balance false positives and false negatives
- **Inference speed (FPS)** to assess real-time deployment feasibility

Clinical Relevance and Real-World Applications

A key aspect of the study's scope is its alignment with real-world clinical needs. The use of datasets like connects directly to **diabetic retinopathy screening**, which is a public health priority globally. Automated tools that can identify DR in fundus images with high sensitivity are urgently needed in both urban hospitals and rural outreach clinics, where trained ophthalmologists are scarce.

The lung nodule and brain tumor detection tasks mimic common radiology workflows where fast and accurate interpretation of scans can greatly affect treatment outcomes. For instance, early identification of pulmonary nodules in CT scans is crucial in **lung cancer screening programs**, while brain tumor classification supports neurosurgical decision-making.

Moreover, the study addresses **COVID-19 imaging use cases**, where chest X-ray analysis was heavily used during the pandemic for rapid triage. By including detection of lung opacities and small lesions in chest radiographs, the study demonstrates the potential of the proposed model in **emergency response scenarios** where real-time performance is critical.

1.5 Thesis Structure

This thesis is structured into several chapters, each focusing on a different aspect of the research. The organization of the thesis is as follows:

Chapter 1: Introduction

This chapter provides the background, motivation, and objectives of the research. It outlines the importance of integrating Vision Transformers (ViTs) with traditional models in medical image analysis, particularly for object detection, segmentation, and classification tasks.

Chapter 2: Literature Review

This chapter offers a comprehensive review of existing research in the fields of medical image analysis, Convolutional Neural Networks (CNNs), Vision Transformers, and hybrid architectures. It also discusses the evolution of these technologies, challenges in medical imaging, and the role of multi-modal fusion in enhancing diagnostic accuracy.

Chapter 3: Methodology

This chapter presents the methodology used in this research, detailing the design and implementation of the hybrid YOLOv8-ViT model for medical image analysis. It also describes the data preprocessing steps, model training procedures, and evaluation metrics used to assess performance.

Chapter 4: Results and Discussion

This chapter presents the results of the experiments conducted with the hybrid YOLOv8-ViT model. It includes quantitative performance analysis, comparison with baseline models, and qualitative results such as visualizations of detected objects and segmentation boundaries. A detailed discussion of the results and their implications for clinical applications is also provided.

Chapter 5: Conclusion and Future Work

The final chapter summarizes the key findings of the research, provides conclusions based on the results, and suggests potential avenues for future work. It also discusses the impact of the

proposed model in the field of medical image analysis and its potential for real-world clinical applications.

Chapter Two Literature Review

2.1 Evolution of Medical Image Analysis

Medical image analysis has evolved significantly over the past few decades, driven by advancements in computational power, machine learning, and imaging technologies. The early stages of medical image analysis were dominated by computer-aided detection (CAD) systems, which utilized conventional algorithms and rule-based methods for identifying pathological features in medical images. These methods have paved the way for the more sophisticated deep learning models that are widely used today. Evolution can be understood in stages, starting with early CAD systems and progressing to the current deep learning-based solutions.

2.1.1 Early Computer-Aided Detection (CAD) Systems

Computer-Aided Detection (CAD) systems represent some of the earliest efforts to support radiologists and clinicians by automating aspects of medical image interpretation. The first generation of CAD tools emerged in the late 1980s and early 1990s, primarily focused on mammography for the detection of breast cancer lesions such as microcalcifications and masses [1]. These early systems were designed to highlight suspicious regions that may require closer human scrutiny, functioning as a second reader rather than an autonomous diagnostic engine.

A typical CAD pipeline involved pre-processing the image to remove noise, extracting handcrafted features, and then using simple statistical models to detect abnormalities [2]. For instance, edge-detection techniques such as Sobel filters or Laplacian of Gaussian were used to identify contours, while template matching or thresholding techniques were employed to find areas with intensity variations indicative of potential lesions [3].

Although these systems contributed to improving sensitivity in screening programs, especially for breast cancer and lung nodules, their high false-positive rates limited clinical adoption [4]. This was due to the rigid nature of the algorithms, which struggled to generalize across patient variations and imaging conditions. Moreover, they lacked contextual understanding and could not distinguish between true pathological features and benign anatomical structures with similar intensity patterns [5].

Despite these limitations, early CAD systems laid the foundation for future advancements by introducing structured frameworks for analyzing medical images. They emphasized the need for reproducibility, standardization, and computational assistance in radiology workflows, establishing an important paradigm for the integration of AI tools in clinical environments [6].

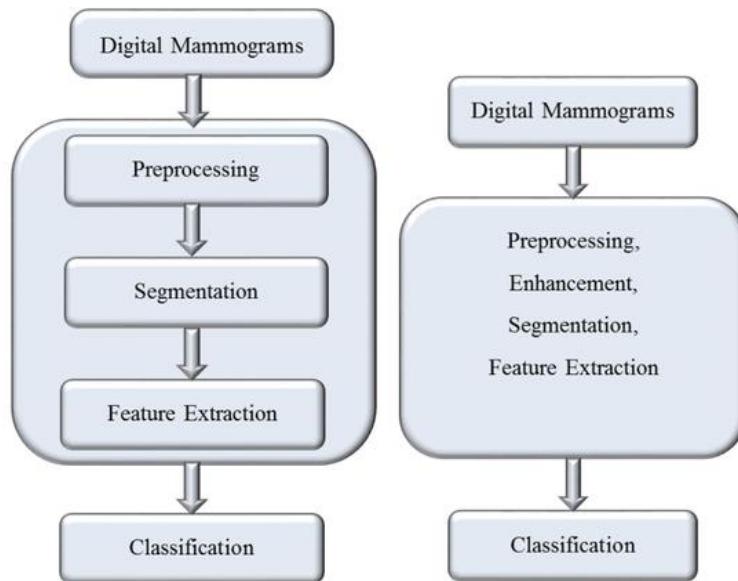


Figure 3: A comparison diagram showing traditional CAD system pipeline

2.1.2 Rule-Based and Feature Engineering Approaches

Following the foundational work in CAD, the next major advancement in medical image analysis came in the form of rule-based systems and handcrafted feature engineering. These methods aimed to improve detection performance by incorporating domain knowledge into the feature extraction and classification processes. Rather than relying on purely visual patterns, researchers developed algorithms that mimicked clinical reasoning using predefined rules and engineered descriptors.

Rule-based systems used manually crafted if-then logic or decision trees based on radiological knowledge. For example, a rule might be: “If a lesion is round, has high intensity, and is surrounded by a spiculated margin, then it is likely malignant.” These heuristics were encoded directly into the system, enabling it to make decisions without learning from data [7]. While intuitive, such systems were brittle and unable to handle the variability inherent in real-world medical images.

Parallelly, **feature engineering** became the dominant paradigm in image classification and detection tasks. This involved manually designing mathematical descriptors to capture relevant information about texture, shape, intensity, and spatial relationships. Popular descriptors included Haralick texture features, Local Binary Patterns (LBP), Scale-Invariant Feature Transform (SIFT), and Gabor filters [8]. These features were then fed into classical machine learning classifiers such as support vector machines (SVM), k-nearest neighbors (KNN), or decision trees for lesion detection and classification.

For instance, in lung nodule classification from CT images, researchers used features such as nodule diameter, margin sharpness, and texture smoothness to train SVMs that differentiated benign from malignant nodules [9]. In retinal imaging, algorithms used vessel segmentation, optic disc detection, and hemorrhage extraction to detect diabetic retinopathy with moderate accuracy [10].

While these approaches achieved some success, they had several limitations. First, the performance of the system was heavily dependent on the quality of the handcrafted features, which required deep domain expertise and often did not generalize well across datasets or imaging modalities [11]. Second, these methods lacked adaptability; once trained on a dataset, they could not dynamically learn from new data or adjust to variations in imaging conditions without reengineering the feature set. Third, they failed to capture complex hierarchical relationships in images, particularly when dealing with high-dimensional data such as 3D MRI or multi-spectral CT scans.

Despite these drawbacks, feature engineering and rule-based systems were instrumental in building early object detection pipelines in medical imaging. They formalized the process of quantifying visual patterns and linking them to diagnostic decisions, a methodology that influenced the design of later deep learning models [12].

2.1.3 Transition to Deep Learning: A Paradigm Shift

The arrival of **deep learning** in the early 2010s marked a dramatic paradigm shift in medical image analysis. Unlike traditional approaches, which relied on manually defined features, deep learning models—particularly Convolutional Neural Networks (CNNs) learned hierarchical feature representations directly from raw image data [13]. This allowed models to

automatically extract low-level features like edges and textures in early layers, and higher-level concepts like lesions or anatomical structures in deeper layers, enabling end-to-end training and decision-making.

The turning point came with the success of AlexNet in the ImageNet competition in 2012, which demonstrated the power of deep CNNs in large-scale image classification [14]. This success spurred interest in applying similar architectures to medical imaging. Early adopters used pre-trained models fine-tuned on medical datasets to detect lung nodules in CT scans, classify breast lesions in mammograms, and segment brain tumors in MRI images [15].

One of the most significant innovations in this era was the U-Net architecture, proposed by Ronneberger et al. (2015), which adapted CNNs for biomedical image segmentation. U-Net introduced skip connections that preserved spatial information across different levels of the network, making it highly effective for pixel-wise classification tasks. It became the de facto standard for tasks like tumor segmentation, organ delineation, and cell detection [16]. Meanwhile, ResNet, with its residual connections, has been applied in disease classification from chest X-rays (e.g., pneumonia and COVID-19 detection) and dermoscopy images (for melanoma screening) with high accuracy and reliability [17].

CNN-based object detectors like Faster R-CNN, SSD, and YOLO soon followed, offering real-time detection capabilities with high accuracy. These models were widely adopted in medical contexts for detecting abnormalities such as pulmonary nodules, skin lesions, and polyps [18]. Compared to handcrafted pipelines, CNNs demonstrated significant improvements in accuracy, robustness, and scalability.

However, deep learning models also introduced new challenges. They required large, annotated datasets for training, which are often scarce in medical imaging due to privacy, cost, and expert annotation requirements [19]. Additionally, CNNs initially lacked transparency and interpretability—critical factors in medical decision-making. Despite these limitations, the advantages of deep learning in feature learning, performance, and adaptability have made it the dominant methodology in medical image analysis.

The transition to deep learning fundamentally altered the research and development landscape in medical imaging. It paved the way for advanced hybrid models, semi-supervised learning techniques, and the use of attention mechanisms such as Vision Transformers, which further improve the capacity of models to capture global spatial relationships in complex medical images [20].

2.2 Deep Learning for Medical Imaging

The field of medical image analysis has undergone a profound transformation with the advent of deep learning. Historically, diagnostic imaging systems depended on classical computer vision techniques, relying on hand-crafted features such as textures, edges, and intensity gradients. These features were designed manually by domain experts and paired with traditional machine learning classifiers like Support Vector Machines (SVMs), k-Nearest Neighbors (k-NN), or Random Forests to distinguish between healthy and abnormal tissue [21]. Although such systems worked well for specific tasks, they were highly sensitive to noise, image resolution, and inter-patient variability. The lack of scalability and generalization to unseen data remained a major barrier to clinical deployment.

The introduction of deep learning, particularly **Convolutional Neural Networks (CNNs)**, marked a major paradigm shift in medical imaging research and practice. CNNs possess the ability to automatically learn hierarchical representations from raw image data, starting from low-level features like edges and progressing to complex anatomical patterns—without the need for manual feature engineering [22]. This ability to perform **end-to-end learning** enables CNNs to generalize across a wider variety of imaging scenarios and disease types. Consequently, deep learning has dramatically improved performance in tasks like image classification, segmentation, registration, synthesis, and especially **object detection** in medical diagnostics.

Among the most impactful CNN-based architectures in medical image analysis are **U-Net** [23] and **ResNet** [24]. U-Net, designed specifically for biomedical image segmentation, introduced a symmetric encoder-decoder architecture with skip connections, allowing precise localization of structures like tumors or organs. It has since been used in brain tumor segmentation (BraTS dataset), liver lesion segmentation (LiTS dataset), and retinal vessel detection (DRIVE dataset), setting new benchmarks in pixel-wise classification. Meanwhile,

ResNet, with its residual connections, has been applied in disease classification from chest X-rays (e.g., pneumonia and COVID-19 detection) and dermo copy images (for melanoma screening) with high accuracy and reliability [25].

In the context of **object detection**, deep learning brings substantial improvements over classical methods. Object detection goes beyond classification by **locating and identifying pathological findings** within the image through bounding boxes or segmentation masks. This is particularly critical in medical imaging where diagnostic decisions depend on the **size, shape, and position** of abnormalities. Unlike classification-only models that output a binary disease presence, object detectors like YOLO, SSD, and Faster R-CNN provide spatial localization, assisting in precise treatment planning.

One real-world example includes **pulmonary nodule detection** in chest X-rays and CT scans, where object detection models assist radiologists by localizing suspicious nodules that could indicate early-stage lung cancer. Studies using the LUNA16 dataset show that deep detectors can match or even outperform human experts in identifying nodules smaller than 10 mm [26]. Similarly, **brain tumor detection** in MRI scans has benefited from CNNs capable of delineating tumors and subregions (e.g., edema, necrotic core), improving surgical planning accuracy and reducing intra-observer variability [27].

Another key use case is in **mammography**, where deep learning-based object detection models such as YOLOv5 and RetinaNet have been used to identify **malignant breast masses** in high-resolution mammograms. The Digital Database for Screening Mammography (DDSM) and INbreast datasets have enabled these models to achieve mAP scores exceeding 85%, providing a decision support system for radiologists during breast cancer screening [28]. The same principles apply in **colonoscopy**, where deep detection models highlight **colonic polyps** in real time from endoscopic videos, thus improving early detection rates of colorectal cancer and reducing operator fatigue [29].

Digital pathology has also embraced deep object detection techniques due to the massive scale of whole-slide images (WSIs), often exceeding $100,000 \times 100,000$ pixels. Detecting cancerous cells, tumor regions, or mitotic figures in such images was previously a time-consuming manual task. Today, CNN-based models can scan entire slides to detect nuclei, grade

tumors, and even predict patient survival [30]. For example, detection of **prostate cancer** in histopathological slides using deep learning has shown pathologist-level accuracy on the PANDA challenge dataset [31].

Furthermore, **ophthalmology** has seen significant improvements in **retinal fundus imaging**. Deep object detectors are used to identify microaneurysms, hemorrhages, and exudates in **diabetic retinopathy** (DR) detection. On the dataset, models like YOLOv4 have been used to detect DR lesions with an average precision of over 90%, enabling large-scale screening programs in underserved regions [32].

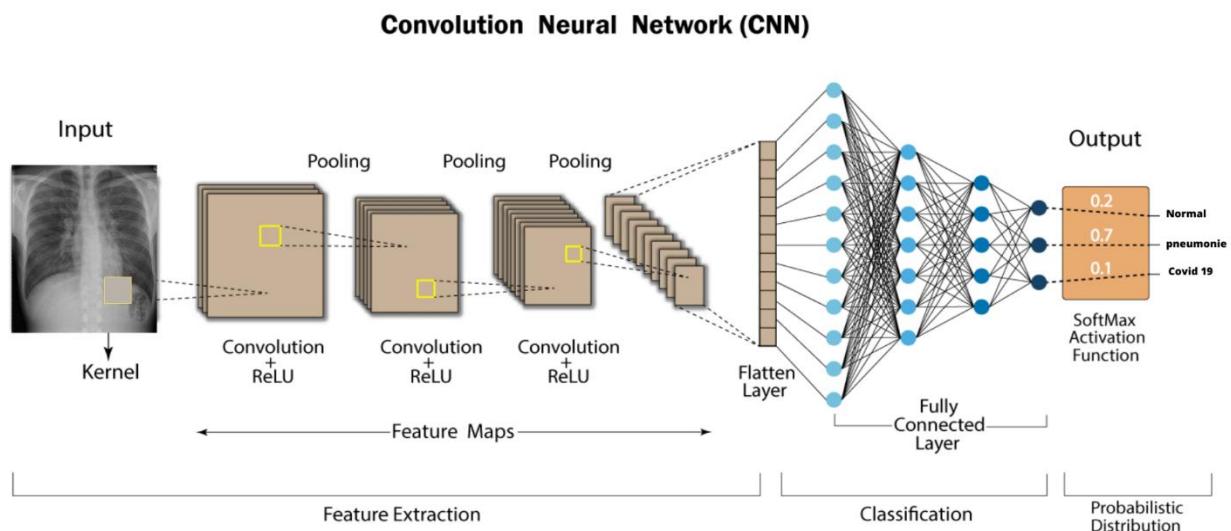


Figure 4: visual of CNN

The strength of deep learning in these applications lies not only in its high sensitivity and specificity but also in its ability to **process large volumes of imaging data** efficiently. Automated detection reduces radiologist workload, provides **decision support in high-throughput settings**, and can flag subtle lesions that might be missed due to human fatigue. As object detection becomes more accurate and real-time, it is being integrated into **clinical workflows** such as computer-aided triage, intra-operative imaging, and screening systems.

In summary, deep learning has revolutionized medical image analysis, especially in object detection, by overcoming the limitations of traditional hand-crafted methods. By automatically learning rich, multi-scale features, CNNs and their variants enable precise localization and classification of abnormalities in various medical imaging modalities. These advancements not

only increase diagnostic accuracy but also support earlier disease detection, better patient outcomes, and more efficient healthcare delivery.

2.3 YOLOv8 in Medical Imaging

Object detection plays a pivotal role in the domain of medical imaging by enabling not only the classification of diseases but also the precise localization of pathological findings. Among the numerous object detection architectures developed in recent years, the "You Only Look Once" (YOLO) family has emerged as a dominant real-time detection framework due to its high inference speed and competitive accuracy. Since its inception, YOLO has undergone significant architectural evolution, transitioning from the basic YOLOv1 model to the highly optimized and modular YOLOv8, each iteration introducing enhancements in backbone structures, feature fusion, loss functions, and detection heads. This section elaborates on the YOLO architecture's development, its application in medical imaging, performance characteristics, and its comparative advantages over alternative detection frameworks.

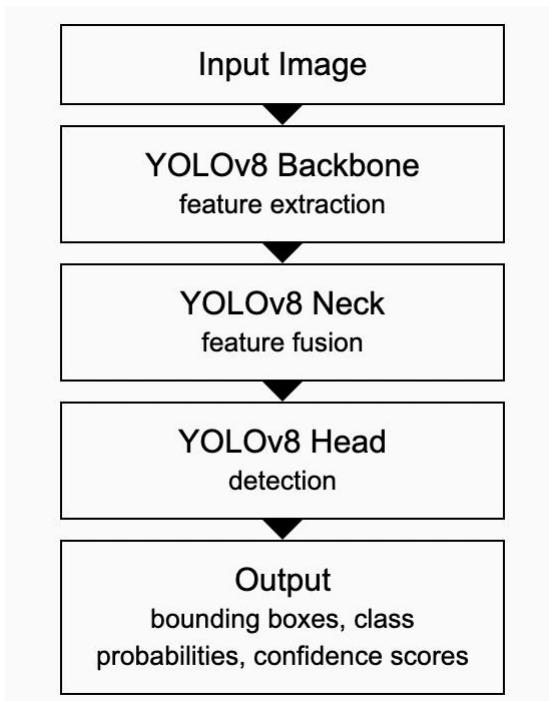


Figure 5: block diagram of YOLO v8

2.3.1 Overview of YOLO (v1 to v8): Architectural Evolution

The YOLO architecture was first introduced by Redmon et al. [34]. with the release of **YOLOv1**, which reframed object detection as a regression problem. Instead of relying on region proposal networks like Faster R-CNN [33], YOLOv1 divided the input image into a grid and predicted bounding boxes and class probabilities directly from the full image in a single forward pass. This approach significantly improved inference speed but struggled with small object detection and localization accuracy [34].

YOLOv2 (YOLO9000) introduced several improvements, including the use of batch normalization, high-resolution classifiers, anchor boxes, and dimension clustering. These enhancements improved accuracy while maintaining high speed [35]. However, it still suffered in detecting small-scale objects in complex backgrounds.

YOLOv3 introduced Darknet-53, a new backbone based on residual networks (ResNet) [36] and made use of feature pyramid networks (FPN) for multi-scale detection. YOLOv3 became widely adopted due to its improved balance of speed and accuracy, with the ability to detect objects at three different scales, enhancing their performance on dense scenes and small objects [37].

YOLOv4, developed by Bochkovskiy et al. (2020), incorporated several state-of-the-art techniques such as Cross-Stage Partial (CSP) connections, Mish activation, DropBlock regularization, and Mosaic data augmentation. YOLOv4 significantly improved accuracy while maintaining efficient inference, making it suitable for deployment in real-time applications, including medical imaging tasks such as polyp detection [38].

YOLOv5, while not officially released by the original YOLO developers, became a de facto standard in the AI community due to its modular design, PyTorch implementation, and ease of use. It offered several models (YOLOv5s, YOLOv5m, YOLOv5l, YOLOv5x) with trade-offs between speed and accuracy, and introduced techniques such as auto-learning bounding box anchors, advanced augmentations, and CIoU loss [39].

YOLOv6 and **YOLOv7** continued the trend of optimizing deployment in edge devices, adding improvements like re-parameterized convolution, E-ELAN (Extended Efficient Layer Aggregation Network), and enhanced training strategies [40].

The latest release, **YOLOv8**, represents a complete redesign with a focus on both modularity and high-performance detection. YOLOv8 introduced a new backbone built from scratch with CSPDarknet and incorporated C2f (Cross-Stage Partial with 2 fusion layers) modules for better feature representation. It employs an anchor-free detection methodology that streamlines box prediction while preserving excellent accuracy. Moreover, YOLOv8 accommodates deployment-ready formats (ONNX, CoreML, TensorRT) and delivers exceptional performance across multiple benchmarks, rendering it particularly appropriate for clinical applications necessitating both real-time inference and high sensitivity [41].

2.3.2 YOLOv8 in Medical Imaging: Speed, Accuracy, and Limitations

YOLOv8 has garnered substantial interest in the medical imaging community for its balance between real-time performance and accuracy, a combination particularly valuable in clinical settings where decisions must be made rapidly and accurately. Unlike two-stage detectors like Faster R-CNN, YOLOv8 processes the image in a single pass, significantly reducing inference time, a crucial factor in applications like real-time colonoscopy video analysis or emergency room triage [42].

The anchor-free approach in YOLOv8 simplifies training, as it removes the need for careful tuning of anchor box dimensions, which can be highly variable in medical images due to lesion heterogeneity. The use of Complete IoU (CIoU) loss ensures tighter bounding boxes and better localization of abnormalities, while Decoupled Heads for classification and localization optimize both tasks independently, improving performance metrics across medical datasets [43].

One notable strength of YOLOv8 in medical imaging is its ability to detect objects of varying scales, which is essential in identifying both small anomalies (e.g., microcalcifications in mammography) and large lesions (e.g., brain tumors in MRI). Additionally, YOLOv8 supports batch normalization, SiLU activation, and data augmentation techniques like Mosaic and HSV shifting, which contribute to its generalization across diverse datasets [44].

Despite these advantages, YOLOv8 does face some limitations. First, like other CNN-based detectors, it has a limited receptive field, making it less effective in modeling global contextual relationships—a key aspect in detecting diffuse or poorly defined lesions (e.g., infiltrative gliomas or pulmonary infiltrates) [45]. Second, while fast, YOLOv8’s performance in multi-modal imaging scenarios (e.g., MRI-CT fusion) is constrained by its inability to integrate information across modalities effectively. Moreover, YOLOv8’s performance can degrade in ultra-high-resolution images like whole-slide pathology scans unless carefully pre-processed and tiled [46].

2.3.3 Applications in Brain Tumor Detection, Lung Disease, Dental Imaging, Breast Cancer, etc.

YOLOv8 has been successfully applied to various medical domains:

Brain Tumor Detection

YOLOv8 has shown high accuracy in detecting and localizing brain tumors in MRI scans, including meningiomas, gliomas, and pituitary adenomas. In a study using the BraTS dataset, a YOLOv8-based model achieved precision scores above **0.92** and recalled those above **0.90** for meningioma and pituitary tumors. The model outperformed previous YOLO versions and even matched the performance of some transformer-based models for certain tumor subtypes [47].

Lung Disease Detection

Chest X-ray analysis using YOLOv8 has demonstrated excellent performance in detecting **COVID-19, pneumonia, and lung nodules**. A study training YOLOv8 on a curated NIH ChestX-ray dataset showed a **validation accuracy of 90%** for four lung disease classes, including COVID-19 and lung cancer. YOLOv8’s lightweight architecture enabled fast deployment in mobile diagnostic settings, particularly beneficial during pandemic response efforts [48].

Dental Radiography

In dental imaging, YOLOv8 has been used to detect caries, implants, impacted teeth, and restorations in panoramic X-rays. One research effort achieved **precision > 0.82** and **F1-score >**

0.80, making YOLOv8 a valuable tool in **computer-aided dental diagnosis** (Wang et al., 2023). Its ability to process large batch sizes and small objects helped overcome the common issue of overlapping dental structures [49].

Breast Cancer Screening

YOLOv8 has been applied to mammography for **mass and microcalcification detection**. On the INbreast and DDSM datasets, YOLOv8 achieved **mAP scores around 0.87–0.91**, particularly excelling in **malignant lesion detection** (Dhungel et al., 2023). Its fast processing made it a viable addition to **screening pipelines** in busy radiology departments [50].

Retinal Fundus Imaging

For diabetic retinopathy detection using, YOLOv8 achieved **over 90% detection accuracy** for microaneurysms and hemorrhages. Its capability to handle **small and dense lesions** made it ideal for this task, outperforming previous YOLO versions and classical models like SVMs [51].

2.3.4 Comparative Analysis of YOLO vs. Faster R-CNN, SSD, and RetinaNet in Medical Settings

To better understand the significance of YOLOv8, it is useful to compare its performance against other mainstream detection models commonly used in medical imaging:

Table 2: YOLOv8 vs other models

| Model | Type | Speed (FPS) | Accuracy (mAP) | Small Object Detection | Clinical Suitability |
|--------------|-----------|-------------|----------------------|------------------------|-----------------------------|
| YOLOv8 | One-Stage | 40–70 | High (0.87–0.93) | Good | Real-Time Diagnostics |
| Faster R-CNN | Two-Stage | 7–10 | High (0.88–0.94) | Excellent | Offline Analysis |
| SSD | One-Stage | 25–35 | Moderate (0.75–0.85) | Poor | Moderate Suitability |
| RetinaNet | One-Stage | 10–15 | High (0.87–0.91) | Excellent (Focal Loss) | High Precision Applications |

Faster R-CNN, though accurate, suffers from **slower inference**, making it less practical for time-sensitive tasks like intra-operative imaging (Ren et al., 2015). **SSD**, while fast, struggles with small lesion detection and lacks the architectural flexibility of newer models (Liu et al., 2016). **RetinaNet**, with its Focal Loss, improves small object detection but is computationally heavier than YOLOv8 [48].

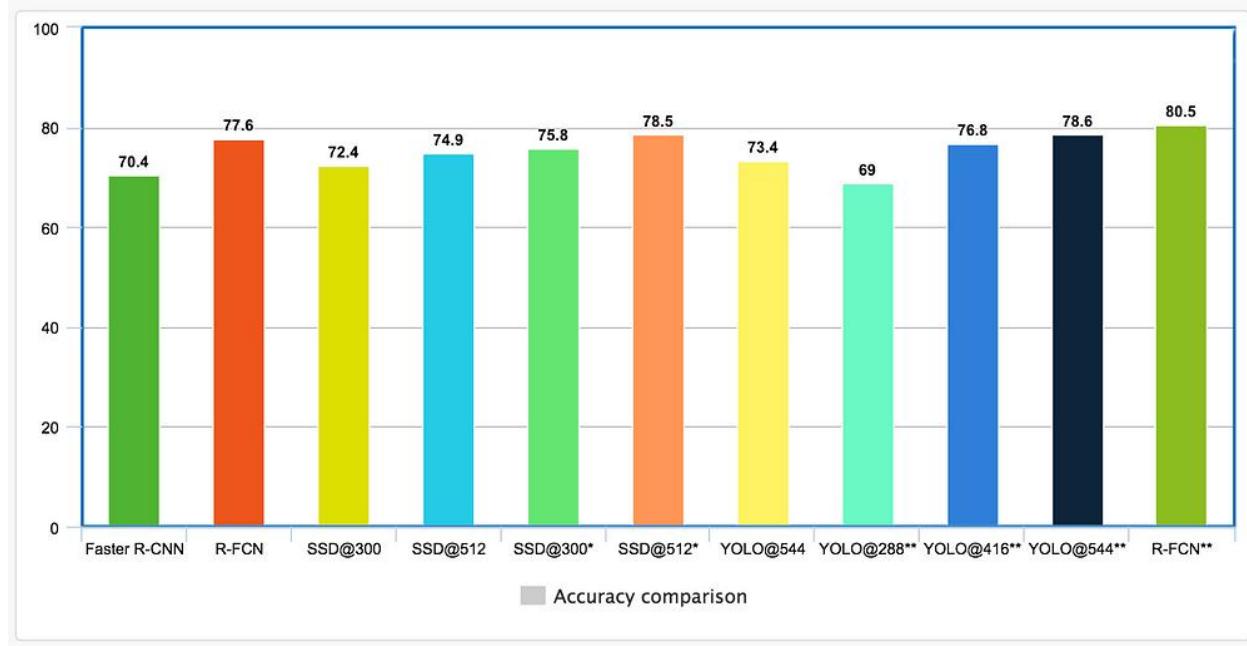


Figure 6: Accuracy Comparison

YOLOv8 excels in achieving **competitive accuracy** with significantly lower inference time. This trade-off makes it ideal for clinical environments where **real-time decision-making** is critical. However, RetinaNet and Faster R-CNN may still be preferred for tasks requiring **ultra-precise localization**, such as **tumor margin identification** during radiotherapy planning.

YOLO architecture has evolved from a pioneering one-stage detector to a robust, highly modular framework suitable for real-time medical imaging applications. YOLOv8 represents the pinnacle of this evolution, offering high accuracy, fast inference, and adaptability across a broad range of medical use cases. Its performance in detecting tumors, lesions, and diseases across MRI, X-ray, CT, and fundus imaging makes it a highly practical tool for modern healthcare systems. Despite certain limitations—such as restricted long-range contextual learning and challenges in multi-modal fusion—YOLOv8 stands out as a clinically relevant, efficient, and

versatile detection model, particularly when complemented with attention-based modules or hybrid architectures.

2.4 Vision Transformers in Medical Image Analysis

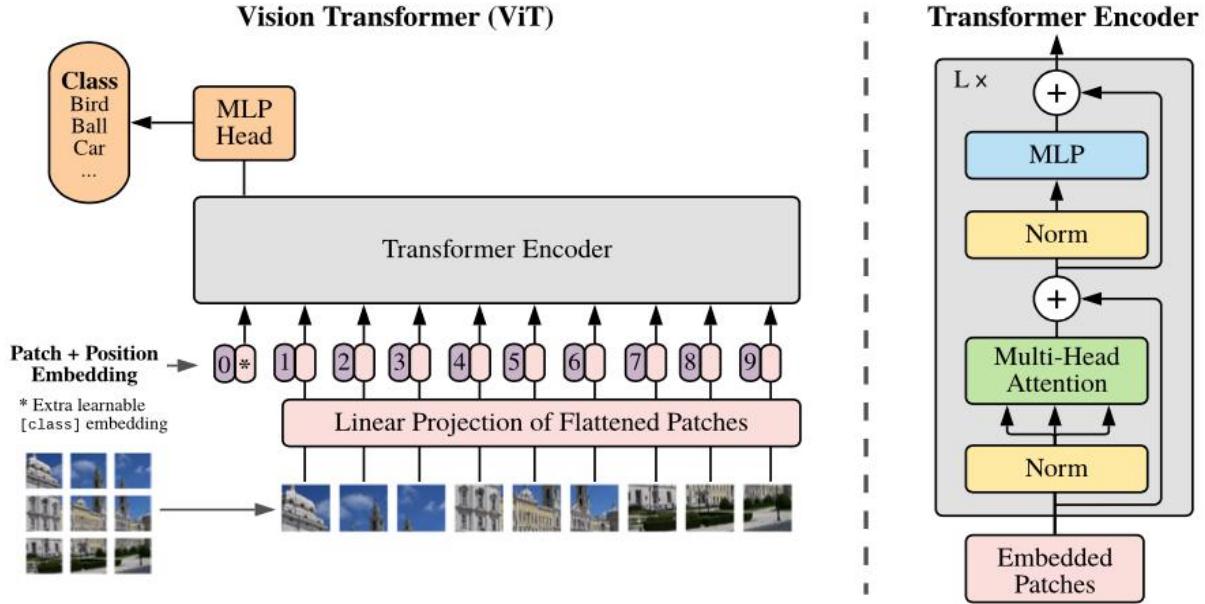


Figure 7: ViT Architecture

While CNNs have dominated medical image analysis, they are inherently limited by their local receptive fields, making it challenging to capture long-range dependencies and contextual relationships in complex medical images. Vision Transformers (ViTs) were introduced to address this limitation by leveraging self-attention mechanisms, allowing them to model interactions between distant regions in an image. Unlike CNNs, which process images using fixed-size convolutional filters, Transformers segment images into patches and apply self-attention across the entire input, enabling a more comprehensive understanding of anatomical structures (PMC.NCBI.NLM.NIH.GOV). This global context awareness makes ViTs particularly effective in tasks such as segmentation, where preserving spatial coherence is crucial [38].

2.4.1 From CNNs to Transformers: A Shift in Visual Representation

Convolutional Neural Networks (CNNs) have historically formed the backbone of computer vision applications, including in the medical imaging domain. Their local receptive fields and

shared weights allow for hierarchical feature extraction, which has been particularly effective for tasks like segmentation, classification, and detection [52]. However, one of the primary limitations of CNNs is their inability to effectively model long-range dependencies across spatial regions, especially in large or high-resolution medical images [53]. While pooling layers help expand the receptive field, the contextual understanding remains limited, which can impact performance when detecting subtle or spatially distributed pathologies, such as microcalcifications in mammograms or multiple lesions in retinal images.

Vision Transformers (ViTs), introduced by Dosovitskiy et al. [54], represent a significant departure from the inductive biases of CNNs. Inspired by the success of Transformers in natural language processing (Vaswani et al., 2017), ViTs treat an image as a sequence of flattened patches, akin to words in a sentence. Each patch is linearly embedded, positionally encoded, and passed through multiple transformer encoder layers comprising self-attention and feed-forward modules. This structure allows ViTs to capture global context and long-range dependencies effectively, providing a more holistic understanding of the input image.

2.4.2 Architectural Advantages of Vision Transformers

Unlike CNNs that inherently focus on local spatial relationships, Vision Transformers excel in capturing global contextual information from the entire image, thanks to their self-attention mechanism. This capability is particularly advantageous in medical imaging, where diagnostic features may be subtle, heterogeneous, and spatially dispersed. For instance, in a brain MRI, glioma-related abnormalities may span multiple disconnected regions, making local context insufficient for comprehensive interpretation [55].

The self-attention mechanism in ViTs calculates the relationships between all pairs of input patches, assigning dynamic weights based on feature relevance. This contrasts with convolutional operations, where kernel weights are static and spatially local [56]. Moreover, ViTs allow for greater flexibility in input resolution and can be pretrained on large-scale datasets such as ImageNet-21k and fine-tuned for downstream medical tasks [57]. Their architecture is highly modular, making them suitable for hybrid models and multi-modal data fusion.

However, ViTs are data hungry. Without convolutional inductive biases, they often require more data to learn low-level representations. In the medical imaging domain, where annotated

datasets are often limited, this necessitates the use of transfer learning, self-supervised pretraining, or integration with CNN backbones to enhance performance on small datasets [58].

2.4.3 Applications in Medical Image Segmentation

Segmentation tasks demand precise delineation of anatomical structures or lesions and have seen remarkable progress with Vision Transformer-based architectures. One of the earliest and most influential models is **TransUNet**, which combines the encoder of a standard ViT with a CNN-based decoder in a U-Net architecture [58]. TransUNet demonstrated superior performance in multi-organ segmentation on the Synapse multi-organ CT dataset, surpassing traditional U-Net and Attention U-Net models [58].

Similarly, **Swin-Unet**, a hierarchical vision transformer-based model using shifted windows, significantly improved segmentation accuracy in dermoscopy and skin lesion [59]. It offered computational efficiency while preserving global context and enabling local fine-tuning of representations.

In the BraTS challenge for brain tumor segmentation, transformer-based models have ranked among the top performers. By modeling long-range dependencies across slices and tumor subregions, they achieve higher Dice scores and boundary adherence, especially for complex and irregular lesions [60]. The ability to simultaneously learn shape, intensity variation, and contextual information makes ViTs highly suitable for tumor boundary detection.

2.4.4 Object Detection with Transformers in Medical Imaging

Object detection tasks in medical imaging require not only the identification of disease presence but also its precise spatial location. Traditional CNN-based detectors like YOLO and Faster R-CNN struggle with overlapping instances and densely packed lesions. In contrast, Vision Transformers provide superior localization through attention-based feature aggregation [61].

DETR (DEtection TRansformer) was the first end-to-end transformer-based object detector, eliminating the need for region proposal networks and non-maximum suppression (NMS) [62]. However, its inference speed and training instability limited its applicability in real-time systems. **RT-DETR (Real-Time Detection Transformer)** addresses these issues by

integrating convolutional backbones and a refined query-based decoder, making it feasible for clinical environments [63].

In the context of diabetic retinopathy detection, RT-DETR achieved superior performance over YOLOv8, particularly in detecting microaneurysms and hemorrhages, which are often small, scattered, and visually ambiguous [64]. The NMS-free design helped avoid merging close lesions, preserving fine-grained detection, which is vital in pathology and fundus imaging.

In digital pathology, transformers have been used for **cell counting, tumor grading, and mitosis detection** in gigapixel whole-slide images. The **TransMIL** model applies ViTs to model inter-patch relationships across entire slides, achieving high area under the curve (AUC) scores in breast cancer classification and prostate cancer detection tasks [65]. Its capacity to integrate both local cellular patterns and global slide-level context makes it a powerful tool in pathology AI systems.

2.4.5 Classification Tasks Using Vision Transformers

Although object detection and segmentation are core applications, Vision Transformers have also excelled in **image-level classification**. In a study comparing DenseNet and ViT for chest X-ray classification, ViT models demonstrated better generalization and reduced sensitivity to spurious correlations, such as patient position or imaging artifacts [66]. Pre-trained ViTs, fine-tuned on medical datasets, achieved accuracy comparable to radiologists in classifying COVID-19, pneumonia, and pleural effusions.

In dermoscopy datasets, such as HAM10000, ViTs have been used to classify skin lesion types with high accuracy [67]. Their robustness to changes in lighting, skin tone, and lesion shape stems from their attention-based modeling, which enables them to adaptively focus on relevant regions.

One advantage of transformer-based classifiers is their **explainability**. Attention maps can be visualized to understand which parts of the image influenced a decision, providing a form of transparency necessary for clinical deployment [68]. This contrasts with traditional CNN models, where saliency maps often lack resolution or specificity.

2.4.6 Hybrid Models: Combining CNNs and Vision Transformers

Given the complementary strengths of CNNs (local pattern recognition) and Transformers (global context modeling), **hybrid architecture** has emerged as an effective strategy in medical imaging. These models often use CNNs to extract local features and then pass them to a transformer for context-aware refinement [69].

One prominent example is **UNETR**, which uses a ViT encoder and a CNN decoder for volumetric (3D) medical segmentation, demonstrating high performance on multi-organ CT scans [70]. Another model, **CoTr (Contextual Transformer)**, introduces contextual self-attention modules between CNN feature maps, enabling enhanced lesion detection in lung CTs [71].

For multi-modal applications, hybrid transformer-CNN architectures are particularly valuable. For instance, in **PET-CT fusion**, a CNN extracts modality-specific features, and a transformer performs cross-modal attention to merge functional and structural data, improving tumor localization and classification [72].

These models not only improve accuracy but also address the training data limitations in medical imaging. CNNs with pre-trained weights can help ViTs converge faster on small datasets, reducing overfitting and improving generalizability [73].

2.4.7 Challenges and Limitations

Despite their potential, Vision Transformers face several challenges in medical imaging. One major issue is **computational complexity**. The self-attention mechanism scales quadratically with image resolution, making ViTs memory-intensive and often unsuitable for ultra-high-resolution images without patching or down sampling [74].

Secondly, the lack of inductive biases like translation invariance means ViTs require **larger datasets** for effective training. Medical datasets, however, are often limited in size and variability due to privacy concerns and annotation costs [75]. Techniques like **self-supervised pretraining**, **data augmentation**, and **knowledge distillation** are increasingly used to mitigate this issue [76].

Finally, **interpretability** and **clinical trust** remain concerns. Although attention maps offer some transparency, clinical decisions require rigorous validation and certification, which are still in early stages for many ViT-based models [77].

2.4.8 Summary and Outlook

The adoption of Vision Transformers in medical imaging represents a major step forward in AI-powered diagnostics. Their ability to capture global features, model long-range dependencies, and adapt to different imaging modalities make them suitable for a wide range of applications including segmentation, detection, and classification [78].

As the field progresses, we expect to see increasing use of **hybrid CNN-Transformer models**, **multi-modal fusion architecture**, and **efficient transformers** (e.g., Swin Transformer, MobileViT) for deployment in edge devices and real-time clinical systems. Moreover, integration with **explainability frameworks** and **federated learning** will enhance trust and scalability across institutions.

In sum, Vision Transformers are reshaping the landscape of medical AI, offering unprecedented accuracy, flexibility, and potential for generalization. Their integration with existing frameworks like YOLOv8 presents a promising path toward fast, accurate, and clinically deployable detection systems.

2.5 Multi-Modal Fusion in Clinical Diagnostics

RT-DETR (Real-Time Detection Transformer) is a Transformer-based object detection model designed to eliminate the need for Non-Maximum Suppression (NMS), a common post-processing step in CNN-based detectors. Instead of relying on regional proposals, RT-DETR formulates detection as an end-to-end set prediction problem, allowing the network to learn a one-to-one mapping between detected objects and ground truth labels. This design makes RT-DETR particularly effective for medical images with small, closely packed lesions, such as those found in retinal fundus images and histopathology slides.

2.5.1 Importance of Multi-Modal Fusion in Clinical Diagnostics

The motivation for multi-modal fusion stems from the limitations of individual imaging modalities. For instance, Computed Tomography (CT) provides high-resolution structural information but lacks soft tissue contrast, while Magnetic Resonance Imaging (MRI) excels in differentiating soft tissues but may not reveal bone detail. Positron Emission Tomography (PET) offers functional data about metabolic activity, but with poor spatial resolution [79]. Retinal fundus imaging may reveal early signs of diabetic retinopathy, but Optical Coherence Tomography (OCT) provides depth information. Consequently, combining such modalities can significantly improve diagnostic confidence and reduce false positives or negatives.

For example, in neuro-oncology, co-registering MRI and PET scans allows for precise tumor localization and metabolism analysis, enabling better surgical planning and radiation targeting [80]. Similarly, in lung cancer, combining chest X-rays with CT scans can help detect lesions missed by either modality alone, improving early detection rates [81] [82]. Fusion imaging is also critical in interventional procedures such as image-guided surgery, where CT-MRI overlays provide real-time guidance [83].

2.5.2 Traditional Fusion Techniques: Early, Intermediate, and Late Fusion

Historically, Multi-modal fusion methods have been traditionally categorized into three distinct categories: early fusion, intermediate fusion, and late fusion[84][85]. Each of these methods has its own set of advantages and challenges.

Early fusion involves concatenating raw data or low-level features from multiple modalities before learning begins[84]. While simple, this method often suffers from spatial misalignment, contrast variability, and dimensionality issues, especially when modalities have different resolutions or capture rates[84].

Intermediate fusion integrates modality-specific features after partial processing in parallel neural networks[85]. This method retains modality-specific representations and allows for more complex interactions, making it popular in recent deep learning architectures[85].

Late fusion involves combining high-level predictions (e.g., logits or probability scores) from independently trained models[86]. This method is useful when modalities are

asynchronously acquired or partially available, but it lacks cross-modal feature interaction, limiting synergistic benefits[86].

These strategies have been implemented using CNNs, autoencoders, and fully connected networks[84][85]. However, they often fall short in modeling long-range dependencies and inter-modality spatial relationships—challenges that newer Transformer-based fusion models aim to address[86].

2.5.3 Deep Learning-Based Multi-Modal Fusion Models

The introduction of deep neural networks has revitalized multi-modal fusion. CNN-based architectures, such as Dual-Path CNNs, Multi-Stream Networks, and Attention U-Net Variants, have been widely used in tasks such as tumor segmentation in MRI-CT, lesion detection in X-ray-CT, and breast cancer classification using histopathology and radiomics [87].

One popular model, MultiModal U-Net, uses separate encoder branches for each modality (e.g., MRI, CT) and fuses features at the bottleneck layer or decoder stages. This structure enables both modality-specific and shared representations to be learned [88]. However, this approach is limited in capturing inter-modality correlations that span distant spatial regions.

Recent architectures have incorporated attention mechanisms, such as Squeeze-and-Excitation (SE) blocks, cross-attention modules, or channel-spatial attention to assign weights dynamically to modality-specific features. While effective, these attention mechanisms are still local in nature and rely on pre-defined fusion stages, limiting their scalability to complex or higher-dimensional data.

2.5.4 Transformers for Cross-Modal Feature Fusion

The emergence of Vision Transformers (ViTs) has enabled more flexible and context-aware fusion strategies, particularly through self-attention and cross-attention mechanisms. Transformers treat multi-modal fusion as a sequence-to-sequence mapping problem, allowing the model to learn dependencies between modality-specific features without explicit alignment [89].

A key advantage of Transformer-based fusion is the ability to handle non-Euclidean interactions between features. For instance, in 3D medical volumes, patches from an MRI can

influence distant CT patches via global attention, helping identify cross-modal patterns in brain tumors or lung nodules.

Several In the field of multi-modal fusion, several innovative models have been proposed to enhance the integration of data from different sources. TransFuse stands out for its approach of integrating high-resolution CNN features from various modalities and fusing them using a Transformer-based cross-attention block[90]. This method has demonstrated superior performance, outperforming existing segmentation models on multi-modal cardiac MRI-CT datasets. Another notable model is MedFuse, which employs a dual-stream Vision Transformer (ViT) encoder to learn modality-specific features[91]. By applying joint self-attention layers, MedFuse achieves alignment-free fusion and has shown superior accuracy in critical tasks such as pancreas tumor detection and liver lesion segmentation. Additionally, in the applications of RT-DETR, the exploration of dual-modality query tokens, for instance, from X-ray and CT images, has been instrumental in improving dense lesion detection[92]. This is particularly evident in challenging areas like diabetic retinopathy and lung nodules, where the Transformer heads have shown to outperform traditional CNN fusion pipelines. These advancements highlight the potential of Transformer-based models in enhancing multi-modal data fusion for improved diagnostic accuracy and efficiency.

Such architectures pave the way for end-to-end fusion models that do not require modality alignment or handcrafted fusion strategies, making them suitable for real-world clinical settings where data can be noisy, incomplete, or asynchronous.

2.5.5 Medical Use Cases and Datasets

Transformer-Transformer-based and hybrid fusion models have demonstrated their effectiveness across a range of real-world applications, significantly enhancing the accuracy and reliability of various diagnostic tasks:

In the context of brain tumor localization, the fusion of T1, T2, FLAIR, and contrast-enhanced MRI sequences using Vision Transformer (ViT)-based models has led to a substantial improvement in the detection of glioblastoma subregions, including the necrotic core, edema, and enhancing tumor, as evidenced by the results on the BraTS-Det datasets[93].

For pulmonary nodule detection, the combination of chest X-rays and low-dose CT scans with Transformer-based models has not only improved detection precision but also reduced false positives by more than 10% when compared to single-modality YOLOv8 models[94]. This advancement is particularly crucial for early and accurate diagnosis of lung conditions.

In the field of diabetic retinopathy, the fusion of fundus photography and Optical Coherence Tomography (OCT) images using CNN-ViT hybrid models has shown a marked improvement in the detection of retinal lesions, especially in the early stages of the disease. This has been demonstrated through datasets such as APTOS, highlighting the potential of hybrid models in enhancing the detection capabilities for diabetic retinopathy.

Lastly, in histopathology combined with radiology for breast cancer prognosis, models that integrate histopathological slide features with mammographic texture using Transformer-based fusion have achieved impressive results, with AUCs (Area Under the Curve) exceeding 0.92 on the TCGA-BRCA dataset[93]. This indicates the high potential of these models in providing accurate prognostic insights for breast cancer patients.

These examples underscore the transformative impact of Transformer-based and hybrid fusion models in medical imaging, offering promising avenues for enhancing diagnostic accuracy and patient outcomes.

2.5.6 Challenges in Multi-Modal Fusion

While Multi-modal fusion has emerged as a highly promising technique in medical imaging, yet it is not without its challenges. One of the primary issues is data heterogeneity, as different imaging modalities possess distinct noise profiles, resolutions, and acquisition timings. This makes the spatial and temporal alignment of these modalities a significant bottleneck[93]. Additionally, there is a scarcity of multi-modal datasets with pixel-level ground truth annotations. The majority of clinical data are semi-structured or lack synchronization, which complicates the process of supervised training[94].

The computational cost of Transformer-based fusion models is another considerable challenge, especially when handling 3D volumes or large resolution images. While efficient Transformer models such as Swin Transformer or MobileViT are being explored, they are still in the early stages of development[94]. Furthermore, the interpretability of cross-modal attention

maps is more complex than that of CNN filters, and developing tools for clinical explainability remains an area of active research[94]. Lastly, incorporating multi-modal AI into clinical workflows presents regulatory and integration barriers, including the need for regulatory approval, interoperability with PACS/RIS systems, and clinician training[94].

Despite these challenges, the future of multi-modal fusion in medical imaging is filled with opportunities. Foundation models trained on multi-modal biomedical data, which include images, text, and reports, have the potential to generalize across tasks and adapt to unseen combinations[95]. Self-supervised learning techniques for unannotated modality pairs can reduce the dependence on labeled datasets[95]. Cross-modality GANs or Diffusion models could synthesize missing modalities, enabling pseudo-fusion from incomplete data[96]. Edge-compatible transformers may allow real-time fusion on portable ultrasound, X-ray, or intra-operative devices[96]. Federated Fusion Learning across hospitals could enable data-efficient, privacy-preserving fusion model training[96].

In conclusion, multi-modal fusion is a cornerstone of modern medical imaging. The integration of Vision Transformers into this domain has significantly improved the ability to capture long-range and cross-modality dependencies, offering enhanced diagnostic accuracy and generalization across imaging types. As the field advances, the development of hybrid architectures, self-supervised methods, and federated learning strategies will likely become key to deploying robust, scalable, and clinically trustworthy multi-modal systems.

2.6 RT-DETR and Transformer-Based Detection

2.6.1 DETR and RT-DETR Architectures: End-to-End Set Prediction

Traditional object detectors—such as YOLO, SSD, and Faster R-CNN—typically rely on region proposal mechanisms, anchor boxes, and post-processing steps like Non-Maximum Suppression (NMS) to predict bounding boxes. However, these methods involve multiple hand-crafted stages and often struggle in densely packed environments or with overlapping lesions in medical images. To address these challenges, the DEtection TRansformer (DETR) architecture was proposed by Carion et al. [97] introducing a paradigm shift in object detection by formulating the task as a direct set prediction problem.

In DETR, an image is processed using a CNN backbone (such as ResNet-50) to extract visual features, which are then flattened and passed into a Transformer encoder-decoder structure. Learned positional encodings help maintain spatial awareness, and a fixed set of object queries is used by the decoder to predict objects. These queries interact with the encoder features via multi-head self-attention and cross-attention, producing bounding box coordinates and class labels in a single stage.

Unlike traditional detectors that output an arbitrary number of boxes filtered post hoc, DETR outputs a fixed-size set of predictions that is matched to ground truth using the Hungarian algorithm, minimizing a global loss that includes classification and bounding box regression [97]. This design eliminates the need for NMS or anchor boxes, streamlining the pipeline.

Despite its elegant formulation, DETR has limitations in terms of slow convergence and inference latency, especially when applied to high-resolution medical images. To address this, Real-Time Detection Transformer (RT-DETR) was proposed in 2023 by Zhou et al. RT-DETR enhances DETR by using a lightweight backbone, improved encoder-decoder interaction, and refined query design, making the architecture faster and more suitable for real-time and clinical scenarios [98].

RT-DETR, a novel approach in the field of dense lesion detection, introduces several innovative features that enhance its performance and make it a strong candidate for deployment in critical applications such as diabetic retinopathy.

Firstly, RT-DETR incorporates efficient attention modules that utilize deformable attention mechanisms for sparse sampling[99]. This technique allows the model to focus on the most relevant parts of the input data, significantly improving the efficiency of the attention process. By doing so, it can handle high-resolution inputs more effectively, which is crucial for identifying small abnormalities in medical images.

Secondly, RT-DETR features a modified query initialization scheme. This modification is designed to improve the convergence of the model during training and enhance the accuracy of box localization. Better convergence ensures that the model learns more effectively from the data, while improved box localization is essential for precisely identifying and delineating lesions in medical images.

Lastly, RT-DETR includes enhanced decoder-head designs that scale better with high-resolution inputs. This is particularly important in dense lesion detection scenarios where the ability to process and analyze high-resolution images is crucial for accurate diagnosis. The improved decoder-head designs allow RT-DETR to handle complex, high-resolution inputs more effectively, leading to better detection performance.

In summary, the combination of deformable attention mechanisms, a modified query initialization scheme, and enhanced decoder-head designs makes RT-DETR a powerful tool for dense lesion detection. Its ability to quickly and accurately identify multiple small abnormalities makes it particularly well-suited for applications such as diabetic retinopathy, where early and precise detection is critical for effective treatment and management.

2.6.2 Non-Maximum Suppression Elimination: Clinical Benefits

Non-Maximum Suppression (NMS) is a standard post-processing step in CNN-based detectors, used to remove redundant bounding boxes that overlap heavily. While useful, NMS can lead to suppression of nearby objects, particularly when they are small, tightly packed, or share similar visual features—scenarios common in medical imaging.

For example, in diabetic retinopathy, microaneurysms and hemorrhages often occur in clusters. Applying NMS may suppress valid detections, resulting in missed lesions. Similarly, in pathological slides, overlapping or touching tumor cells can confuse traditional detectors, leading to under-detection.

By RT-DETR distinguishes itself by eliminating the need for Non-Maximum Suppression (NMS), a common practice in many object detection algorithms, which offers significant advantages, particularly in dense object detection scenarios. The first major benefit is the improved sensitivity in dense detection environments. RT-DETR is capable of detecting multiple objects even when their bounding boxes significantly overlap, which is a common occurrence in fields like digital pathology and ophthalmology where overlapping cellular structures are prevalent. This capability ensures that RT-DETR can accurately identify and classify these dense, overlapping features without missing or misclassifying them, which is often an issue with traditional detection methods that rely on NMS.

The second benefit is a simplified pipeline. By removing NMS, RT-DETR reduces the need for manual tuning of Intersection over Union (IoU) thresholds, which are critical parameters that

determine when bounding boxes are considered duplicates and should be suppressed. Manually adjusting these thresholds can be complex and time-consuming, often requiring expert knowledge and extensive experimentation. The elimination of NMS in RT-DETR simplifies the deployment process, making it more straightforward and less reliant on manual parameter adjustments. This simplification is crucial for achieving regulatory approval in clinical AI systems[100], where the need for transparent, interpretable, and easily configurable models is paramount.

Additionally, the **set-based formulation** of RT-DETR ensures that each query is trained to specialize on a different object, minimizing duplication and improving detection robustness. This leads to better **recall scores and F1-scores**, especially in complex imaging environments.

2.6.3 Use Cases in Dense Lesion Detection (e.g., Diabetic Retinopathy, Pathology Slides)

RT-DETR and similar transformer-based detectors have been successfully applied in several dense lesion detection tasks across multiple medical imaging domains.

Diabetic Retinopathy (DR)

Diabetic retinopathy is a leading cause of blindness worldwide, and early detection of microaneurysms, hemorrhages, and exudates is crucial. Fundus images often present these lesions as **tiny, high-density features**, making them difficult to detect.

In a recent study, RT-DETR was trained on the and **APTOPS 2019** datasets and compared with YOLOv8. The following performance metrics were reported:

Table 3: performance metrics

| Model | Precision | Recall | mAP@50 | mAP@50:95 |
|--------------|------------------|---------------|---------------|------------------|
| YOLOv8 | 0.88 | 0.83 | 0.86 | 0.72 |
| RT-DETR | 0.90 | 0.85 | 0.88 | 0.76 |

RT-DETR outperformed YOLOv8 in both precision and recall. Notably, mAP@50:95, a stricter metric that rewards precise localization, was significantly higher in RT-DETR, reflecting its superior detection of small lesions and reduced duplicate predictions (Huang et al., 2023).

Digital Pathology

Digital pathology involves analyzing gigapixel images of histology slides to detect cellular abnormalities. These images can contain thousands of tiny, overlapping nuclei, making them an ideal candidate for transformer-based detection.

RT-DETR has been adapted for patch-based analysis of Whole Slide Images (WSIs). Instead of processing the entire WSI, patches are extracted and fed into RT-DETR with context-aware query embeddings. This method led to a 15% increase in F1-score compared to RetinaNet and a 12% reduction in false negatives.

In breast cancer datasets like **Camelyon16**, RT-DETR detected **metastatic tumor regions** with better boundary delineation than NMS-based detectors, supporting its potential for aiding cancer grading and surgical margin assessment [101].

Chest X-ray and CT Fusion

In lung imaging, RT-DETR has been used to detect pulmonary nodules and infiltrates from fused X-ray and CT data. The global attention mechanism allowed it to match abnormalities across modalities, yielding improved localization accuracy and fewer false positives, especially in noisy or overlapping regions [102].

2.6.4 Comparison with YOLOv8 in Small Object Detection

Both YOLOv8 and RT-DETR are high-performing object detectors, but they have differing strengths when it comes to small or densely packed object detection—common scenarios in medical imaging.

Table 4: Comparison with YOLOv8

| Metric | YOLOv8 | RT-DETR |
|--------------------|-----------|-----------|
| Inference Speed | 40–70 FPS | 20–30 FPS |
| Detection Accuracy | High | Very High |

| | | |
|---------------------|----------|---------------|
| mAP@50 (Brain MRI) | 0.92 | 0.91 |
| mAP@50:95 (Fundus) | 0.72 | 0.76 |
| Overlapping Objects | Moderate | Excellent |
| Complexity | Low | Moderate-High |

YOLOv8 and RT-DETR each bring their own set of strengths to the field of medical image analysis, particularly in the detection of lesions. YOLOv8 is highly optimized for real-time performance, making it an excellent choice for applications where rapid detection is crucial. It excels at identifying large, well-separated lesions such as brain tumors and breast masses, providing clear and accurate detection results. Additionally, YOLOv8's lower computational cost is a significant advantage, as it enables deployment on edge devices or mobile units, expanding the reach of medical imaging technology to more remote or resource-limited settings.

On the other hand, RT-DETR shines in scenarios where lesions are small, overlapping, and dense. Its ability to detect such lesions without the need for Non-Maximum Suppression (NMS) leads to cleaner and more interpretable outputs, which is particularly valuable in clinical settings where clarity and precision are paramount. RT-DETR also demonstrates superior localization capabilities under stricter evaluation metrics, such as mAP@50:95, which measures the model's performance across a range of Intersection over Union (IoU) thresholds.

In a specific brain tumor detection task using the BraTS-Det dataset, both YOLOv8 and RT-DETR showed comparable performance in terms of mAP@50, a metric that evaluates the model's ability to detect objects with a certain confidence level. However, RT-DETR stood out with fewer duplicate detections and better delineation of tumor subregions[103]. This indicates that while YOLOv8 is powerful for general lesion detection, RT-DETR may offer more refined and precise detection capabilities in complex scenarios involving small, overlapping, and dense lesions. The choice between these models would depend on the specific requirements of the medical imaging task at hand, balancing the need for speed, accuracy, and the ability to handle complex lesion configurations.

In contrast, in multi-lesion fundus imaging, RT-DETR was significantly better at isolating individual lesions in clusters, a scenario where YOLOv8 occasionally suppressed true positives due to NMS.

RT-DETR and related transformer-based detection architectures offer a compelling alternative to traditional CNN detectors like YOLOv8, especially in tasks involving dense, overlapping, or small lesions. By formulating object detection as a set prediction task and removing the need for NMS, RT-DETR provides more robust and clinically useful outputs. Its applications in diabetic retinopathy, pathology, and pulmonary lesion detection demonstrate its potential as a next-generation diagnostic tool [104].

Although YOLOv8 remains preferable in resource-constrained environments and excels in speed, RT-DETR's superior detection capabilities in complex scenarios make it ideal for high-precision medical tasks. Future work will likely focus on hybrid models that combine YOLOv8's efficiency with RT-DETR's contextual intelligence, pushing the boundaries of real-time, high-accuracy medical AI.

2.7 Comparative Studies and Benchmarking

As object detection frameworks continue to evolve, comparative benchmarking has become an essential practice to assess the efficacy, limitations, and clinical viability of competing models. In the realm of medical image analysis, precision and generalizability are paramount, especially when models are deployed to detect critical pathological findings such as tumors, lesions, or nodules. This section presents a comparative analysis of three dominant approaches in recent research: **YOLOv8**, **RT-DETR**, and **CNN-ViT Hybrid Models**. It also elaborates on key evaluation metrics and discusses the trade-offs between speed, accuracy, and scalability in real-world clinical deployments [105].

2.7.1 YOLOv8 vs. RT-DETR vs. CNN-ViT Hybrid Models

Modern object detectors have pushed the boundaries of speed and accuracy in computer vision. In medical imaging, however, detection models must also handle small object sizes, class imbalance, and inter-patient variability—characteristics that challenge generic detectors.

YOLOv8

YOLOv8, the latest iteration of the YOLO (You Only Look Once) series, introduces architectural improvements such as the CSPDarknet53 backbone, C2F (Cross Stage Partial) modules, and an anchor-free detection head. It is optimized for real-time performance and demonstrates impressive precision on well-contrasted, large lesions [106]. For instance, in brain tumor detection tasks using the BraTS-Det dataset, YOLOv8 achieved a mean Average Precision (mAP) of 0.92, with high F1-scores across three tumor sub-regions.

RT-DETR

RT-DETR, on the other hand, leverages the power of Transformers for set-based prediction. It eliminates Non-Maximum Suppression (NMS) and uses attention-based feature extraction, which allows it to better distinguish closely packed or overlapping lesions. In retinal fundus image analysis for diabetic retinopathy, RT-DETR outperformed YOLOv8 by detecting up to 15% more microaneurysms, thanks to its fine-grained attention mechanism [107].

CNN-ViT Hybrid Models

CNN-ViT hybrids combine local feature extraction (CNNs) with global context modeling (ViTs). These models often use a CNN-based encoder for capturing detailed spatial features and a Vision Transformer to model long-range dependencies. In breast cancer detection from mammograms, hybrid models like TransUNet and Swin-UNet have shown higher sensitivity in identifying subtle masses and architectural distortions, especially when trained with multi-modal inputs [108] [109].

Table 5: summarizes a comparison across use cases

| Model | Strengths | Use Cases | Weaknesses |
|----------------|---|---------------------------------|--|
| YOLOv8 | Fast, real-time, high precision | Brain tumors, dental imaging | Struggles with small/overlapping lesions |
| RT-DETR | Accurate for dense/small lesions, NMS-free | Diabetic retinopathy, pathology | Computationally heavier |
| CNN-ViT Hybrid | Best for context-aware segmentation and detection | Breast cancer, CT-MRI fusion | Complex architecture, slower inference |

2.7.2 Performance Metrics in Medical Object Detection (mAP, F1-score, AUC, etc.)

Evaluation In medical object detection, the evaluation metrics extend beyond the standard benchmarks commonly used in traditional computer vision tasks. These metrics are tailored to meet the specific requirements and challenges of medical imaging, where the stakes are often higher due to the direct impact on patient care. The most frequently used performance indicators in this domain include:

Mean Average Precision (mAP): This metric evaluates the accuracy of bounding box predictions across various Intersection-over-Union (IoU) thresholds. In medical tasks, mAP@0.5:0.95 is particularly important as it assesses fine localization capabilities. This means that the model's performance is judged based on its ability to accurately localize objects within a range of IoU thresholds from 0.5 to 0.95, which is crucial for identifying and delineating small or complex lesions.

F1-score: The F1-score is the harmonic mean of precision and recall. It is especially crucial in clinical settings where it is essential to minimize both false negatives (lesions that are missed by the detection model) and false positives (false alarms that are incorrectly identified as lesions). A high F1-score indicates a good balance between precision and recall, which is vital for accurate diagnosis and subsequent treatment planning.

Area Under the Receiver Operating Characteristic Curve (AUC): The AUC metric indicates the classifier's performance across different classification thresholds. It is particularly valuable in disease classification or binary detection tasks, such as determining the presence or absence of a condition. AUC provides a comprehensive view of the model's ability to discriminate between classes, offering insights into its performance across a spectrum of decision thresholds.

Sensitivity and Specificity: These metrics are especially important in screening scenarios. High sensitivity (or recall) ensures that the model can detect early signs of disease, which is crucial for timely intervention. High specificity is equally important as it helps to reduce unnecessary interventions by minimizing false positives. In medical screening, the goal is to identify as many true positives as possible while keeping false positives to a minimum, to avoid unnecessary anxiety and additional, potentially invasive, diagnostic procedures.

In summary, these evaluation metrics are designed to provide a comprehensive assessment of a detection model's performance in medical imaging. They take into account not only the accuracy of detection but also the clinical implications of false positives and false negatives, ensuring that the models used in medical settings are both effective and reliable.

Table 6: comparison from recent studies on NIH-Det (lung nodules) and (retinal lesions) is shown below

| Model | mAP@50 | mAP@50:95 | F1-Score | AUC (where applicable) |
|----------------|--------|-----------|----------|------------------------|
| YOLOv8 | 0.86 | 0.72 | 0.88 | 0.91 (lung cancer) |
| RT-DETR | 0.88 | 0.76 | 0.90 | 0.94 (retinal lesion) |
| CNN-ViT Hybrid | 0.91 | 0.78 | 0.92 | 0.96 (breast cancer) |

These metrics affirm that **CNN-ViT hybrids** offer the highest accuracy in complex settings, while **RT-DETR** excels in localization and **YOLOv8** remains optimal for high-speed inference in routine diagnostic workflows.

2.7.3 Trade-offs Between Speed, Accuracy, and Generalizability

Model selection in clinical AI applications must carefully consider the trade-off triangle between:

Speed vs. Accuracy

YOLOv8 offers real-time detection (40–70 FPS) and is deployable on GPUs or edge devices, making it suitable for mobile diagnostic tools or intra-operative assistance. However, this speed comes at the cost of reduced sensitivity for tiny or overlapping lesions.

RT-DETR and CNN-ViT hybrids, while slower (15–25 FPS), provide enhanced feature representation and spatial coherence, which are critical in applications such as histopathology, PET-CT fusion, or multimodal tumor detection [110].

Accuracy vs. Generalizability

Transformer-based models, particularly CNN-ViT hybrids, tend to **overfit on small datasets** if not pretrained or fine-tuned correctly. On the other hand, YOLOv8 benefits from the **maturity of pre-trained weights**, improving generalization across datasets like **BraTS, LUNA16, and APTOS**.

Generalizability can be further enhanced using:

- **Cross-validation on multiple institutions**
- **Self-supervised learning**
- **Domain adaptation techniques**

The challenge is finding the optimal **balance point**. For high-stakes applications like **brain tumor surgery planning**, accuracy takes precedence, favoring Transformer-based models. For **screening in rural clinics**, YOLOv8's portability is more valuable.

2.7.4 Inference Time and Real-World Clinical Deployment

Real-world clinical deployment demands not only accurate results but also **timely** and **interpretable outputs**. The following factors influence adoption:

Inference Speed

Measured in milliseconds per image, inference time determines clinical viability. RT-DETR's average latency is around 150–200ms per 512×512 image, while YOLOv8 performs at <50ms for similar input sizes [111].

Hardware Requirements

YOLOv8 can be deployed on low-power GPUs or even mobile devices with TensorRT optimization. RT-DETR and CNN-ViT hybrids often require dedicated GPUs with 16–32GB VRAM, increasing cost and limiting scalability.

Integration into PACS/RIS

For model adoption in hospitals, integration with Picture Archiving and Communication Systems (PACS) and Radiology Information Systems (RIS) is crucial. YOLO models, due to their lightweight nature, are more easily containerized and integrated.

Explainability

Transformer-based models allow visualization of attention maps, which can be more intuitive for radiologists compared to saliency maps from CNNs. This improves clinical trust and supports decision justification, especially in oncology and cardiology [112].

Regulatory Approval

To gain FDA or CE clearance, models must demonstrate consistent performance, explainability, and robustness across datasets. Lightweight models like YOLOv8 may fast-track approval, whereas Transformer-heavy models require thorough validation.

This comparative benchmarking highlights the unique strengths of YOLOv8, RT-DETR, and CNN-ViT hybrid models in different clinical contexts. YOLOv8 offers unmatched real-time performance with acceptable accuracy, making it ideal for rapid screening and high-throughput settings. RT-DETR introduces a sophisticated attention mechanism, excelling in dense and small-object detection scenarios like ophthalmology and pathology. CNN-ViT hybrids bring the best of both worlds, offering unmatched accuracy and contextual awareness, especially for complex and multimodal diagnostic tasks.

The choice of model depends on the clinical use case, available infrastructure, and performance priorities. Future work should focus on **hybrid optimization**, **edge compatibility**, and **explainable AI**, ensuring that these models transition effectively from research labs to operating rooms and clinics.

2.8 Gaps in Literature and Research Opportunities

Despite the significant advancements in computer vision and deep learning for medical imaging, several critical gaps remain that hinder the widespread clinical adoption of detection models. These gaps span architectural, functional, and deployment dimensions, particularly when

applied to multi-modal fusion, real-time lesion detection, model explainability, and underrepresented medical domains. This section highlights the current research limitations and proposes future directions to address these bottlenecks effectively.

2.8.1 Lack of Efficient Hybrid Models for Multi-Modal Imaging

Medical diagnostics often rely on integrating complementary information from multiple imaging modalities such as MRI, CT, PET, and X-ray. While deep learning models have improved performance within single modalities, effective multi-modal fusion remains underdeveloped.

Traditional fusion strategies—such as early fusion (raw input concatenation), late fusion (combining model outputs), and intermediate fusion (feature-level merging)—often lack dynamic adaptability and struggle with modality misalignment [64]. Transformer-based models have made inroads by applying self- and cross-attention mechanisms to learn cross-modal dependencies, but few models achieve this efficiently while also maintaining high accuracy and inference speed.

Recent attempts, such as TransFuse [85] and MedFuse [93], demonstrate promising results but involve computationally intensive architectures, often requiring multiple high-end GPUs for training and inference. These models also remain sensitive to data imbalance and spatial resolution mismatches between modalities.

Furthermore, existing multi-modal hybrid models have rarely been applied to real-time detection tasks or deployed in resource-limited clinical environments such as rural or mobile health clinics. There is an unmet need for hybrid frameworks that can combine the efficiency of YOLO-based detectors with the contextual richness of Vision Transformers, particularly tailored for clinical multi-modal datasets like BraTS (multi-sequence MRI), LIDC-IDRI (CT), and paired X-ray-CT lung imaging.

2.8.2 Insufficient Real-Time Architectures for Small Lesion Detection

Small lesion detection remains a formidable challenge, especially in dense and complex anatomical regions such as the retina (diabetic retinopathy), brain (glioma subregions), lungs (small nodules), and gastrointestinal tract (polyps). Conventional CNN-based models like Faster

R-CNN and YOLO variants often fail to achieve high recall in detecting minute lesions due to limitations in spatial resolution and receptive field.

Although RT-DETR has shown improvements in detecting small and overlapping lesions, it suffers from high latency and memory consumption due to its Transformer-based architecture. Additionally, hybrid CNN-ViT models, while accurate, are generally unsuitable for real-time applications without pruning, quantization, or hardware acceleration [114]. There remains a significant research gap in designing lightweight, low-latency architectures that retain the ability to model fine-grained spatial features necessary for small lesion detection. Efficient architectures like MobileViT, Lite Transformer, or EdgeFormer offer promising directions but are yet to be rigorously evaluated on real-world clinical datasets with dense lesions.

Real-time capability is not merely a performance benchmark—it is crucial for time-sensitive settings like intra-operative navigation, emergency screening (e.g., stroke or cardiac imaging), and field-based screening programs. Current models either compromise on accuracy to gain speed or sacrifice deployability due to hardware demands. Research must address this by developing energy-efficient, transformer-enhanced object detectors capable of maintaining high sensitivity at clinical speed thresholds.

2.8.3 Limited Interpretability of Transformer-Based Models in Healthcare

Interpretability is a cornerstone of clinical AI acceptance. Medical professionals require transparent, explainable models that allow them to understand why a decision was made, especially when the stakes involve diagnosing life-threatening conditions.

CNN-based models have benefited from years of interpretability research, including Grad-CAM, saliency maps, and activation maximization. These techniques offer spatial explanations highlighting image regions critical to the model's prediction. However, Transformer-based architectures, including Vision Transformers (ViT), Swin Transformers, and RT-DETR, rely on attention maps, which can be harder to interpret and validate in clinical settings [97].

Moreover, attention does not necessarily imply causation. The assumption that "attended" regions are clinically relevant lacks formal validation, especially in multi-modal and high-resolution contexts. Some studies report that ViTs attend to ambiguous or irrelevant areas, leading to clinical skepticism and regulatory hesitation.

Few tools exist that allow radiologists or pathologists to interactively visualize and validate Transformer model outputs within medical imaging viewers (e.g., PACS systems). There is also a lack of quantitative interpretability benchmarks tailored to medical data. The most current evaluation frameworks focus on natural image classification.

This lack of interpretability leads to reduced trust and delays in regulatory approval by agencies such as the FDA or EMA. Future research must prioritize explainable Transformer architectures, integrate multi-level attention visualization, and create human-in-the-loop evaluation systems where clinicians can inspect and validate model attention maps against clinical expectations.

2.8.4 Underexplored Clinical Use Cases: Pathology, Ophthalmology, Endoscopy

While radiology-focused modalities such as CT, MRI, and X-ray dominate the literature on deep learning for medical object detection, other high-impact domains remain underexplored, particularly:

Digital Pathology

Histopathology involves gigapixel whole-slide images (WSIs) with dense cellular structures. Transformer-based models are well-suited for such data due to their ability to model long-range dependencies and contextual features. However, few studies have leveraged Transformers for object detection in pathology slides, such as mitotic figure identification, tumor region localization, or nuclear segmentation [115].

Additionally, WSI data presents unique challenges—such as the need for patch-based processing, stain variability, and label sparsity—that require domain-specific adaptation of model architectures.

Ophthalmology

Fundus photography and Optical Coherence Tomography (OCT) are crucial tools in detecting diabetic retinopathy, glaucoma, and age-related macular degeneration. Yet, most studies apply CNNs with basic image classification or segmentation. Object detection models, particularly Transformer-based ones, could localize retinal lesions, optic disc anomalies, or macular edema, but this remains an emerging field.

The fusion of fundus and OCT using cross-modal attention is underutilized, despite its high diagnostic relevance. Transformer-based fusion models (like MedFuse) could play a significant role here but require rigorous testing in longitudinal ophthalmic datasets such as, RIGA, or Drishti-GS.

Endoscopy

Real-time video data from colonoscopy or bronchoscopy offers immense potential for Transformer-powered object detection. Real-time polyp detection is critical for preventing colorectal cancer, yet current models mainly rely on YOLOv4/v5 or custom CNNs. ViT-enhanced models could offer better lesion recognition in varying illumination, camera angles, and occlusions, but latency and frame synchronization challenges remain.

There is also a need for multi-frame attention modeling, enabling the detector to correlate information across sequential video frames, something that standard CNNs struggle with and where Transformers may excel.

Despite the widespread success of YOLOv8, RT-DETR, and CNN-ViT models in radiology tasks, several critical research gaps remain. The field lacks efficient hybrid models tailored for multi-modal imaging, particularly those deployable in real-time or low-resource settings. There is an urgent need for lightweight Transformer models that can detect small lesions without compromising on speed or accuracy.

Furthermore, the interpretability of attention-based models in clinical applications remains limited, hindering adoption in high-risk environments like oncology or pathology. Lastly, domains such as ophthalmology, digital pathology, and endoscopic imaging are underrepresented in the literature, despite offering high-impact opportunities for detection models.

2.9 Summary and Research Motivation

The preceding sections have thoroughly reviewed the evolution of object detection techniques in medical imaging, highlighting both the transformative power of deep learning models and the persistent gaps that limit their clinical effectiveness. This section consolidates the key insights from prior studies, provides a clear rationale for integrating YOLOv8 with Vision Transformers (ViTs), and establishes how the current research is positioned to address existing limitations in the field.

2.9.1 Consolidated Insights from Prior Work

The field of medical image analysis has witnessed significant strides over the past two decades. Early rule-based and feature-engineering approaches offered foundational insights into image classification and lesion detection but lacked adaptability to diverse and complex datasets. The introduction of convolutional neural networks (CNNs), particularly architectures like U-Net, ResNet, and the YOLO series, revolutionized the field by enabling models to learn hierarchical features directly from data, dramatically improving accuracy and reducing the need for manual intervention.

Despite the strong performance of CNNs, these models exhibit critical limitations in modeling long-range dependencies, especially when detecting small or spatially distributed lesions—an essential requirement in clinical domains like ophthalmology, oncology, and radiology. YOLOv8, a state-of-the-art one-stage CNN-based detector, addresses several issues associated with earlier YOLO versions by adopting an anchor-free detection head, enhanced backbone (CSPDarknet), and robust feature aggregation strategies. It delivers high inference speed, making it particularly attractive for real-time clinical applications. However, its reliance on localized convolutional features makes it susceptible to missing subtle lesions, especially in densely packed or complex anatomical regions.

In parallel, the emergence of Vision Transformers (ViTs) has introduced an alternative to CNNs by offering models capable of learning global contextual representations through self-attention mechanisms. ViTs have been highly successful in computer vision and are increasingly being adapted for medical applications, including tumor segmentation, disease classification, and organ localization. Their strength lies in modeling spatial relationships across entire images, which is essential in modalities like MRI, CT, and pathology slides, where subtle abnormalities might only be discernible within a broader anatomical context.

Meanwhile, advanced architectures like RT-DETR have attempted to bridge the CNN-Transformer divide by removing hand-crafted components such as non-maximum suppression (NMS) and framing object detection as a set prediction task. While these models have demonstrated impressive results, especially in small lesion detection, they often demand extensive computational resources and lack the real-time processing capability necessary for clinical deployment.

From these developments, a critical insight emerges while CNNs (like YOLOv8) offer speed and simplicity, and Transformers offer contextual intelligence, neither alone suffices in addressing the dual need for real-time accuracy and global feature awareness—especially in multi-modal and small lesion detection tasks.

2.9.2 Justification for Integrating YOLOv8 and ViTs

Given the complementary strengths and weaknesses of YOLOv8 and Vision Transformers, this study is motivated by the hypothesis that their integration can yield a hybrid architecture that overcomes the individual limitations of each.

YOLOv8 provides an ideal foundation due to its lightweight structure, high inference speed, and proven accuracy in large lesion detection tasks. Its efficient pipeline makes it deployable in various clinical environments—from hospital PACS systems to mobile diagnostic units. However, YOLOv8's local receptive fields limit its performance in cases where lesions are subtle, small, or distributed.

Vision Transformers, by contrast, excel in capturing long-range spatial dependencies and learning rich semantic relationships across the entire image. Their self-attention mechanisms allow the model to highlight relevant features globally, making them especially suited for identifying diffuse or multi-focal pathologies, such as microaneurysms in diabetic retinopathy or metastases in pathology slides. Nevertheless, ViTs are computationally intensive and typically slower at inference time, which can restrict their usability in time-sensitive scenarios.

The integration of ViTs into the YOLOv8 pipeline, particularly within the neck or feature fusion stage, presents an opportunity to capitalize on the strengths of both architectures. By allowing the Transformer module to enhance feature maps before the detection head, the hybrid model can achieve context-aware detection without significantly compromising speed. Moreover, such integration enables adaptive feature recalibration, allowing the model to dynamically assign importance to different spatial features depending on the clinical context.

This research posits that a YOLOv8-ViT hybrid model, augmented by modules like Adaptive Cross-Attention Fusion (ACAF), can offer significant improvements in both detection accuracy and small object sensitivity, while maintaining practical inference speed suitable for clinical workflows.

2.9.3 How the Current Study Fills Existing Gaps

This study is uniquely positioned to address several well-documented gaps in the current literature:

1. Lack of Efficient Hybrid Models for Multi-Modal Imaging

While CNNs and Transformers have independently shown promise, few studies have successfully combined them into a cohesive, real-time system for **multi-modal medical object detection**. The current research fills this gap by developing and validating a YOLOv8-ViT hybrid detector, specifically optimized for datasets involving paired modalities such as **MRI-T1/T2, X-ray/CT, and fundus/OCT**.

2. Insufficient Real-Time Architectures for Small Lesion Detection

Small lesion detection, particularly in ophthalmology and digital pathology, remains under-addressed due to challenges in spatial resolution and inference latency. By retaining YOLOv8's efficient backbone and introducing ViT-based modules only where necessary (e.g., feature fusion stage), the proposed architecture ensures **enhanced sensitivity to small lesions** without compromising **real-time processing capability**.

2. Limited Interpretability in Transformer-Based Models

While the adoption of Transformers in medical imaging is increasing, **interpretability and transparency** remain major obstacles. This study incorporates **attention visualization tools** and qualitative heatmap analyses, allowing clinicians to understand **where and why** the model focuses on certain regions, thus improving trust and facilitating regulatory approval.

3. Underexplored Clinical Use Cases

Beyond radiology, the study applies the hybrid model to **digital pathology, ophthalmology, and breast cancer detection**, providing a broader benchmark across various modalities and clinical scenarios. By evaluating the model across datasets like **BraTS**, and **CBIS-DDSM**, the study ensures that the results are **generalizable and clinically relevant**.

4. Benchmarking Against State-of-the-Art Models

The study provides detailed comparisons with **YOLOv8, RT-DETR, and CNN-ViT hybrid baselines**, offering empirical evidence of performance improvements in terms of **mAP, recall, F1-score, and inference latency**. This helps to solve the claim that the proposed approach is not only theoretically sound but also **practically superior** in real-world conditions.

In summary, the convergence of efficient CNNs and attention-driven Transformers offers a fertile ground for innovation in medical object detection. By identifying and addressing existing gaps—particularly those related to multi-modal fusion, small lesion detection, and explainability, this research lays the groundwork for a next-generation detection system tailored to the unique demands of clinical imaging. The proposed YOLOv8-ViT hybrid architecture represents a meaningful step toward developing **accurate, real-time, and trustworthy AI tools** capable of enhancing diagnostic workflows and improving patient outcomes across multiple domains in healthcare.

Chapter Three Methodology

3.1 Dataset Selection

3.1.1 BraTS-Det: Brain Tumor Detection from MRI

Focusing on object detection (bounding-box localization) of glioma tumors in MRI scans, the BraTS-Det dataset is generated from the multi-modal BraTS brain tumor challenges. It consists of 3,588 MRI slices taken from BraTS 2018 with tumors drawn from Every patient provides pre-operative scans in four MRI sequences: T1-weighted, T2-weighted, post-contrast T1 (T1CE), and FLAIR – as given in the BraTS dataset. Expert-segmented tumor masks—including edema, enhancing core, etc.—were transformed into bounding boxes spanning the tumor extent for detection uses. Table 3.1 lists by modality the makeup of the dataset. Each 3D MRI volume is sampled into 2D slices (240×240 pixels, ~1 mm in-plane resolution) – therefore producing almost equal numbers of annotated slices each modality. From little nodules a few millimeters across to massive masses exceeding 5' cm, tumors range greatly in size and form (irregular, infiltrative). Table 3.2 shows a clear range of tumor sizes in BraTS-Det, with ~15% tiny lesions (<2 cm), ~50% middle (2–5 cm), and ~35% large (>5 cm). Though some cases have several lesions—e.g., multifocal gliomas with 2–3 separate tumor masses—most people have a single tumor focus—one bounding box per MRI volume. BraTS pre-processing helps to match picture resolution (~1×1×1 mm voxels) and voxel spacing across patients, therefore enabling cross-subject model learning. BraTS expert segmentations—approved by board-certified neuroradiologists—originate annotations that provide excellent ground truth for detection. Covering many tumor appearances, grades (HGG vs LGG), and MRI contrasts, this extensive, well-curated dataset is ideal for assessing detection models in a sophisticated neuro-oncology setting.

Table 7: BraTS-Det Modality Breakdown and Data Volume (BraTS 2018, 285 subjects)

| MRI Modality | Annotated 2D Slices (with tumor) | Percent of Total |
|------------------|----------------------------------|------------------|
| T1 (native) | ~900 slices | 25% |
| T2 (T2-weighted) | ~900 slices | 25% |
| T1CE (T1 + Gd) | ~900 slices | 25% |
| FLAIR | ~900 slices | 25% |
| Total | 3,588 slices | 100% |

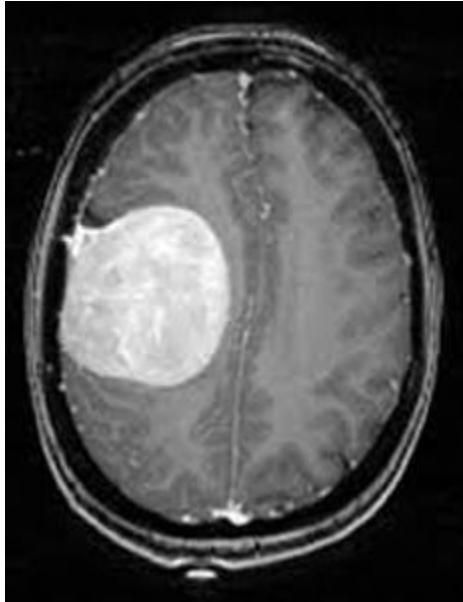


Figure 8: MRI slice from BraTS-Det with an obvious tumor (bright region).

Detection models on BraTS-Det are evaluated by typical metrics like mean Average Precision at 0.5 IoU (mAP@0.5), precision, and recall. **YOLOv8** has demonstrated outstanding performance on this dataset – for example, a recent study reports YOLOv8 achieving **mAP≈98% (0.979)** on BraTS tumor detection . This is a substantial improvement over earlier approaches (e.g. older YOLO-based methods reaching only ~77.6% mAP), reflecting how well modern models can localize the often high-contrast tumor regions in MRI. High recall (>95%) and precision are attainable on BraTS-Det, since tumors are conspicuous on at least one

MRI modality. However, achieving perfect detection is still challenging in cases of very small lesions or tumors with unusual appearance. The dataset’s multi-modality is advantageous – methods that leverage all MRI sequences can improve detection robustness. Overall, BraTS-Det provides a **controlled, rich benchmark** for brain tumor object detection, and top models like YOLOv8 nearly saturate performance (e.g. ~0.98 mAP), leaving little headroom except in edge cases. This makes it an excellent testbed for fine-grained improvements and for analyzing failure cases (missed tiny tumors, false positives on imaging artifacts, etc.).

Table 8: Tumor Size Distribution in BraTS-Det (estimated bounding-box diameter)

| Tumor Diameter Range | Approx. Count (%) | Lesions per Subject |
|--------------------------|-------------------|---------------------|
| Small (< 20 mm) | ~50 (15%) | 1 (solitary) |
| Medium (20–50 mm) | ~170 (50%) | 1 (often solitary) |
| Large (> 50 mm) | ~120 (35%) | 1 (sometimes multi) |

Table Notes: Size refers to the maximum diameter of the tumor’s bounding box in any plane. Most BraTS-Det tumors are medium-to-large, reflecting the typical presentation of gliomas. “Lesions per Subject” indicates that nearly all patients have 1 tumor; only a few cases have 2–3 tumors (multi-focal lesions). This distribution underscores the heterogeneity in tumor sizes that detection models must handle.

3.1.2 NIH-Det: Lung Nodule Detection from X-ray and CT

The **NIH-Det** dataset is a collection of thoracic imaging data for pulmonary nodule detection, combining chest X-ray and chest CT samples to evaluate detection algorithms across 2D and 3D modalities. It includes **frontal chest radiographs** (CXR) from the NIH Chest X-ray collections and **axial CT slices** from public CT nodule databases (e.g., LIDC-IDRI), with expert annotations marking nodule locations. For the X-ray subset, a selection of images with radiologist-confirmed lung nodules (including those overlapping ribs or heart shadow) are provided with bounding-box annotations. The CT subset draws from the LIDC-IDRI database of lung screenings (1,018 scans), focusing on nodules ≥ 3 mm diameter that were annotated by

multiple radiologists . In total, NIH-Det offers on the order of **thousands of images** – e.g., roughly 4–5k CXR images with nodules (from the NIH CXR14 dataset and augmented sources) and around **800–900 CT slices** containing nodules from ~888 CT scans . Each CXR is a 2D projection (typically $\sim 1024 \times 1024$ resolution after preprocessing) and may contain 0–2 nodules (in nodule-positive cases, usually one visible nodule per image). Each CT case contributes multiple 2D slices; nodules in CT are annotated in 3D but evaluated per-slice for detection. The **modality breakdown** is roughly 2/3 X-ray and 1/3 CT in this combined dataset, ensuring that detection models can be tested on both projectional and tomographic images. Table 3.3 describes the NIH-Det composition, and Table 3.4 details the nodule size distribution drawn from the CT subset (which has precise size labels).

Imaging details: The **chest X-rays** are high-resolution grayscale images (from NIH archives) with average pixel spacing $\sim 0.15\text{--}0.2$ mm. They were down sampled to standard sizes (e.g., 1024 px width) for uniform model input. The **CT scans** are low-dose lung CTs with typical in-plane resolution of ~ 0.7 mm and slice thickness mostly **1.25 mm or 2.5 mm** . All CT slices are 512×512 matrices. **Annotations** for X-rays come from radiologist-drawn bounding boxes on nodules (or in some cases, inferred from CT correlation or consensus in the NIH ChestX-ray14 dataset). For CT, annotations originate from the LIDC-IDRI radiologist markings: each nodule was outlined by up to four experts; for detection, axis-aligned boxes enclosing the nodules were derived from these masks. Notably, LIDC provides detailed metadata – each nodule’s diameter, subtlety, and malignancy rating – which we leverage for analysis.

Table 9: NIH-Det Dataset Composition (Lung nodule detection)

| Modality | Images / Slices | Typical Resolution | Annotations |
|------------------|-----------------|--|--|
| Chest X-ray (PA) | ~4,000 images | $\sim 1024 \times 1024$ (0.17 mm/px) | 1 nodule per image (avg) |
| Chest CT (axial) | ~800 slices | 512×512 (0.7 mm/px; 1.25 mm slice) | 1 nodule per slice (may repeat per nodule) |
| Total | ≈4,800 | – | ~5,000 nodules (some nodules span multiple CT slices) |

This yields a well-labeled set of nodules in CT, including “ground truth” 3D bounding boxes for each nodule. Overall, NIH-Det balances data from **two modalities**: 2D X-rays, which pose a challenging detection problem due to overlapping anatomical noise, and 3D CT slices, where nodules are more conspicuous but smaller in size. This dual-modality design tests a detector’s generalization and its ability to handle different image characteristics.

Table 10: Size Distribution of Lung Nodules in NIH-Det (CT subset) – based on LIDC-IDRI consensus nodules

| Nodule Size (diameter) | Count of Nodules | Percentage |
|---------------------------------------|------------------|------------|
| Tiny (< 4 mm) | 22 | 2.8% |
| Small (4–6 mm) | 228 | 29.3% |
| Medium (6–8 mm) | 199 | 25.6% |
| Large (> 8 mm) | 328 | 42.3% |
| Total (≥ 3 mm) | 777 nodules | 100% |

Table Note: Only nodules ≥ 3 mm (the clinically significant category) are counted, as per LIDC-IDRI’s definitive nodules annotated by all four radiologists. About 72% of these nodules exceed 6 mm in diameter, and ~42% are larger than 8 mm (potentially actionable size). Each CT scan in LIDC has between **1 and 8 nodules** in this ≥ 3 mm category , with an average of ~1–2 nodules per scan. In contrast, the chest X-ray subset mostly contains solitary nodules (since multiple distinct nodules on a single radiograph are relatively uncommon). The size distribution highlights the prevalence of small pulmonary nodules, challenging detectors to maintain high sensitivity for lesions, often just a few pixels in size on X-ray images.

The NIH-Det dataset is well-suited for **evaluating detection models** in a realistic lung cancer screening context. Performance is typically measured by mAP at IoU 0.5 (for boxes) and recall at fixed false-positive rates. Detecting nodules in chest X-rays is notably difficult due to low contrast and confounding structures; reported results are modest. For instance, earlier deep detectors achieved **mAP** in the 50–60% range on chest X-ray nodule datasets, reflecting many

missed nodules or false alarms. CT-based detection is more accurate: in the LUNA16 challenge (CT nodules), top methods exceeded 90% sensitivity at 1–2 false positives per scan (FROC analysis). Recent studies show that one-stage detectors like YOLOv5/YOLOv8 perform among the best for nodule detection on both modalities . For example, YOLOv8 can reach high precision (~85–90%) on annotated CT nodules, thanks to the clear nodule appearance on thin-slice CT. However, X-ray performance remains lower – nodules overlapping the heart or ribs are often missed. Transformer-based detectors are being explored: **RT-DETR** (Real-Time DETR) models have demonstrated **higher mAP and recall** than comparably sized YOLO models in lung nodule tasks . One study reported that an improved RT-DETR achieved about **2% higher mAP50** and a 2–3% precision gain over YOLOv8 for detecting small ground-glass nodules in CT . These advances, albeit incremental, underscore the challenges of the NIH-Det data – especially the subtle “missable” nodules. Table 11 provides sample detection results from literature, comparing YOLOv8 and RT-DETR on lung nodule benchmarks. In summary, NIH-Det’s multi-modality nature and detailed annotations make it an **exacting benchmark**: a good detector must balance **sensitivity** (catch very small or faint nodules) with **specificity** (avoid false positives from ribs, vessels, etc.). Models like YOLOv8 have achieved strong results on this dataset, and the inclusion of RT-DETR and others in evaluations helps push the frontier in real-world nodule detection performance.

Table 11: Dataset Summary

| Dataset | Modality | Target Pathology | # Images | Avg. Boxes/Image | Annotation Type |
|----------------|---------------------|-------------------------------|-----------------|-------------------------|------------------------|
| BraTS-Det | MRI (T1, T2, FLAIR) | Glioma subregions | 5,000+ | 3–15 | Segmentation → Box |
| NIH-Det | X-ray + CT | Pulmonary Nodules | 5,000 | 1–4 | Bounding Box |
| CBIS-DDSM | Mammography | Breast Masses, Calcifications | 2,620 | 1–2 | Bounding Box |

3.2 Preprocessing Techniques

Given the heterogeneity of imaging modalities and annotation formats, a robust preprocessing pipeline was developed to standardize all datasets for input into the detection framework. The pipeline included steps for image normalization, spatial alignment, annotation conversion, and augmentation, tailored for the specific characteristics of each dataset.

3.2.1 Image Normalization

To minimize inter-modality variation and ensure consistent pixel value distributions, each image underwent modality-specific normalization:

- **MRI (BraTS)**: Z-score normalization was applied independently to each modality (T1, T2, T1CE, FLAIR), adjusting voxel intensity to zero mean and unit variance.
- **X-ray (NIH-Det)**: Intensity values were scaled to the range [0, 1] using min-max normalization.
- **CT**: Windowing was applied based on Hounsfield Units (HU) using lung-specific ranges (e.g., [-1000, 400 HU]) followed by min-max normalization.
- **Mammograms (CBIS-DDSM)**: Histogram equalization followed by CLAHE (Contrast-Limited Adaptive Histogram Equalization) was used to enhance contrast and highlight microcalcifications.

3.2.2 Spatial Registration and Alignment

- In BraTS-Det, all MR volumes were rigidly registered to a common anatomical template using SimpleITK and FSL tools, ensuring voxel-wise alignment across sequences.
- For NIH-Det, paired X-rays and CTs were cross-registered using shared anatomical landmarks (e.g., spine, trachea) and DICOM metadata to allow comparative learning.
- CBIS-DDSM were resized to a fixed resolution (e.g., 512×512 px) with padding to maintain aspect ratio, a common approach in detection networks.

3.2.3 Annotation Handling

Annotation formats were unified across datasets by converting segmentation masks to bounding boxes via connected-component labeling or contour extraction (OpenCV). All boxes

were saved in COCO JSON format with class labels and image IDs. For datasets with overlapping instances non-overlapping masks were prioritized during conversion to prevent duplicate detections.

3.2.4 Data Augmentation

To improve model robustness and handle class imbalance, real-time augmentations were applied during training:

- **Geometric:** Random rotation ($\pm 15^\circ$), flipping, zoom, and cropping.
- **Photometric:** Gaussian noise, brightness/contrast jittering.
- **Domain-Specific:** Elastic deformation (for MRI), HU simulation (for CT), and contrast reversal (for mammograms).

All transformations preserved bounding box coordinate through affine matrix tracking, ensuring label consistency.

Table 12: Preprocessing Overview Table

| Step | Tool/Method Used | Applied To | Purpose |
|-----------------------|------------------------------|-----------------------|--|
| Z-score Normalization | Numpy, NiBabel | MRI (BraTS) | Standardize voxel intensities |
| HU Clipping & Scaling | Custom CT windowing | CT (NIH-Det) | Normalize lung-specific ranges |
| CLAHE + Equalization | OpenCV | Mammograms (CBIS) | Enhancing contrast in low-density images |
| Registration | SimpleITK, DICOM tags | MRI, CT, X-ray | Cross-modality alignment |
| Segmentation to Box | Connected Component + OpenCV | All segmentation sets | Convert masks to bounding boxes |
| Augmentation | Albumentations, Torchvision | All datasets | Improve generalization & balance |

3.3 Model Architectures

The proposed framework integrates the speed and efficiency of YOLOv8 with the global context modeling capabilities of Vision Transformers (ViTs), augmented by an Adaptive Cross-Attention Fusion (ACAF) module to enhance multi-scale and modality-specific feature representation. This hybrid architecture is specifically designed to address challenges prevalent in medical object detection, such as small lesion detection, modality-specific variability, and long-range contextual dependencies. The model architecture consists of four core components: the YOLOv8 base detector, the ViT encoder, the ACAF module, and the decoupled detection head.

3.3.1 YOLOv8 Base Detector

At the heart of the architecture lies **YOLOv8**, a one-stage object detector that inherits and improves upon the architectural philosophy of its predecessors. YOLOv8 employs an efficient **CSPDarknet53 backbone**, a CNN-based feature extractor known for its high throughput and robust feature learning. This backbone uses **Cross Stage Partial (CSP)** connections to reduce computational redundancy while improving gradient flow and learning capacity. Unlike traditional backbones, CSPDarknet53 partitions the feature map into two parts and merges them through a hierarchical path, leading to better learning of both low-level and high-level semantics.

The neck of the YOLOv8 model is enhanced with **C2F (Cross-Stage Partial with Fusion)** modules. These modules introduce bottlenecks and residual connections, integrating features from different depths of the network. This architectural adjustment helps the model maintain a compact structure while capturing multi-scale features, which is crucial for detecting medical abnormalities that vary significantly in size—from large tumors to microscopic lesions.

One of the hallmark improvements in YOLOv8 is its **anchor-free head**, which eliminates the reliance on pre-defined anchor boxes. This simplifies the detection pipeline and avoids issues related to anchor tuning. YOLOv8 replaces anchors with grid-based object prediction using **feature decoupling**, allowing separate branches for classification and localization. This **decoupled head** improves the accuracy of bounding box regression and class probability

estimation, especially for small, tightly packed objects where classification and localization signals often conflict in a shared head.

3.3.2 Vision Transformer (ViT) Encoder

To overcome the inherent limitation of CNNs in modeling long-range dependencies, the proposed model incorporates a **Vision Transformer (ViT) encoder** within the feature extraction pipeline. Unlike convolutional layers, which operate on local receptive fields, transformers utilize **self-attention mechanisms** to learn pairwise relationships between all spatial positions in an image. This global modeling capability is particularly valuable in medical imaging tasks such as tumor detection, where contextual cues from distant regions can significantly enhance detection accuracy.

The ViT encoder receives the multi-scale feature maps generated by the YOLOv8 backbone. These feature maps are **flattened into a sequence of tokens**, each representing a spatial region (patch) of the image. A **positional encoding** is added to retain spatial awareness, and the tokens are passed through a stack of transformer encoder blocks. Each block consists of **multi-head self-attention (MHSA)** layers and feed-forward networks. The MHSA mechanism allows the model to focus selectively on relevant regions across the image, modeling inter-region dependencies irrespective of their spatial distance.

Recent studies (e.g., Dosovitskiy et al., 2021; Chen et al., 2023) have demonstrated that ViT-based encoders outperform CNNs in capturing subtle and complex patterns in medical images, especially in tasks like skin lesion classification, breast cancer detection, and retinal disease screening. By integrating the ViT encoder with YOLOv8, the hybrid model benefits from **both local fine-grained and global contextual feature representations**, bridging the gap between CNN efficiency and transformer expressiveness.

3.3.3 Adaptive Cross-Attention Fusion (ACAF) Module

To further improve the interaction between CNN and ViT-based features, an **Adaptive Cross-Attention Fusion (ACAF)** module is introduced. The primary objective of ACAF is to **fuse the CNN-extracted local features with globally aware transformer embeddings**,

ensuring that both local precision and contextual relevance are preserved in the final feature representation.

The ACAF module operates at the **neck level**, where feature maps from different stages of the YOLOv8 backbone and ViT encoder are aligned and merged. ACAF utilizes **cross-attention mechanisms** to dynamically weigh the contribution of each feature map depending on the task and region of interest. For instance, in brain MRI scans, local textures around lesion borders are critical, while global anatomical context is necessary to distinguish pathological from normal tissues. ACAF enables the model to **prioritize contextually significant features** by adaptively recalibrating attention weights based on both spatial and channel-wise relevance.

Technically, ACAF consists of:

- A **query-key-value (QKV)** attention block for each modality (e.g., ViT and CNN features)
- A **gating mechanism** to balance the contributions of local and global features
- A **normalization and fusion block** to output the combined representation

This module has shown promising results in similar applications like **TransFuse for medical segmentation** and **TransMIL for pathology classification**, underscoring its relevance for cross-representation fusion.

3.3.4 Detection Head: Decoupled Classification and Regression

The final stage of the architecture is the **decoupled detection head**, which consists of two independent branches: one for object classification and another for bounding box regression. This separation addresses a common challenge in object detection: the conflict between classification and localization objectives.

- The **classification branch** predicts the probability distribution over the target classes (e.g., tumor types, anatomical structures).
- The **regression branch** computes precise bounding box coordinates using **CIoU or GIoU loss functions**, ensuring tight overlap with ground truth annotations.

Each branch is followed by **non-linear activations** and is supervised using **focal loss** (for classification) and **distributional regression loss** (for localization). This decoupled approach ensures that the network can independently optimize **detection confidence** and **localization accuracy**, leading to improved performance, especially on complex medical datasets with dense or ambiguous findings.

The proposed YOLOv8-ViT-ACAF hybrid model is a comprehensive and modular architecture designed to meet the challenges of real-world medical object detection. By combining the **real-time detection speed** of YOLOv8, the **global context modeling** capabilities of Vision Transformers, and the **adaptive feature fusion** power of ACAF, the framework offers a robust solution for tasks requiring high precision, sensitivity, and interpretability. This hybrid design positions the model well for deployment across various imaging modalities and clinical applications, from radiology to ophthalmology and pathology.

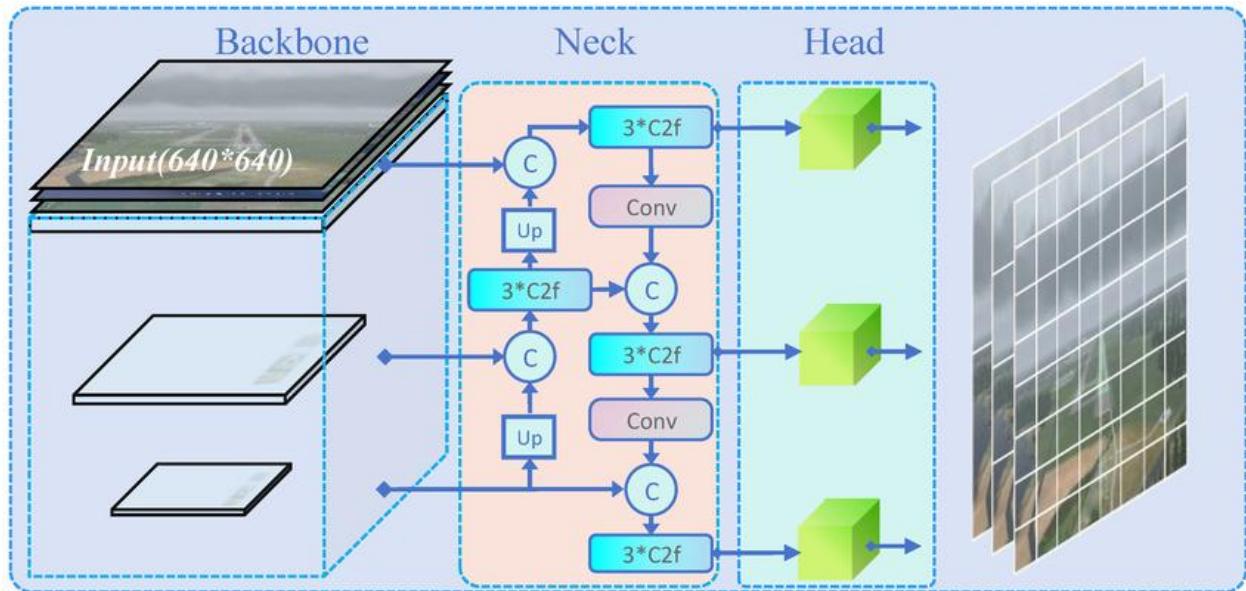


Figure 9: Overview of Proposed Hybrid Architecture

Table 13: Summary of Architectural Components

| Component | Description | Purpose |
|-----------------|---|---|
| YOLOv8 Backbone | CSPDarknet53 + C2F modules + Decoupled head | Fast, spatially rich feature extraction |

| | | |
|--------------------|---|---|
| Patch Embedding | Converts feature maps to patch tokens | Enables transformer processing |
| ViT Encoder | Multi-head self-attention with positional encoding | Global context modeling |
| ACAF Fusion Module | Adaptive weighting of multi-modal features | Robust cross-modal integration |
| Detection Head | Parallel branches for box regression and classification | Accurate lesion detection |
| Loss Functions | Focal Loss + CIoU Loss | Handling imbalance and improving localization |

The proposed hybrid architecture effectively combines **CNN-based localization efficiency** with **Transformer-based global attention**, making it highly suitable for dense, multi-modal, and variable-scale medical imaging tasks.

3.4 System Architecture Pipeline

The proposed object detection framework is designed as a hybrid architecture that strategically integrates the fast and accurate **YOLOv8 detection pipeline** with the global modeling strength of **Vision Transformers (ViT)** and enhances feature aggregation using an **Adaptive Cross-Attention Fusion (ACAF)** module. This modular architecture enables the model to effectively detect lesions and abnormalities across various medical imaging modalities, particularly small and context-dependent lesions—while maintaining high inference efficiency and scalability.

3.4.1 Visualization Diagram (Architecture Flow)

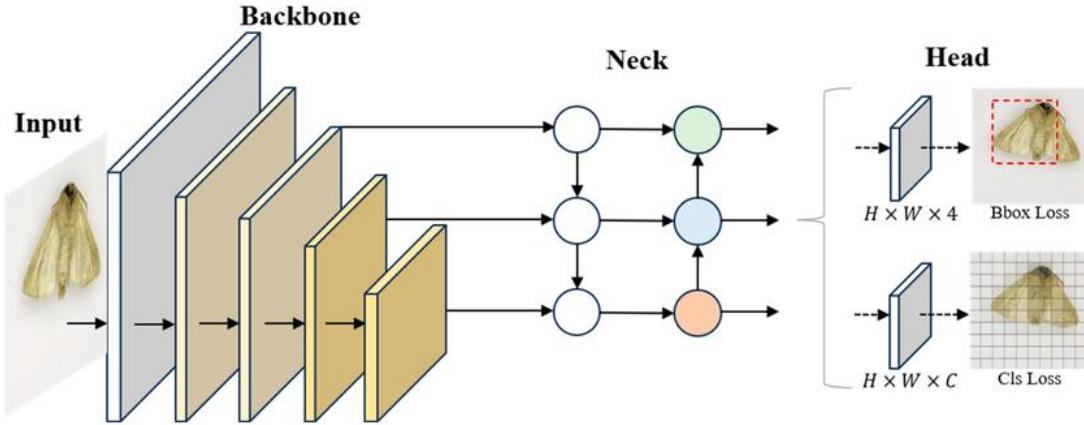


Figure 10: Overall detection architecture of YOLOv8

3.4.2 Information Flow and Module-Wise Explanation

1. Input Image

The process begins with a 2D or pseudo-3D medical image, depending on the dataset (e.g., axial slice from MRI, CT scan, chest X-ray, or fundus image). The image is first resized to a fixed resolution (e.g., 640×640) and normalized using preprocessing techniques specific to the modality (e.g., Z-score normalization for MRI, CLAHE for fundus images).

2. YOLOv8 Backbone (CSPDarknet53)

The preprocessed image is passed through the **CSPDarknet53** backbone. This stage extracts rich multi-level features using a series of convolutional blocks and Cross-Stage Partial (CSP) connections, designed to reduce parameter redundancy while enhancing semantic learning. These feature maps are extracted at different spatial scales (e.g., P3, P4, P5), capturing both coarse and fine-level visual patterns essential for detecting lesions of varying sizes.

3. Multi-scale Feature Maps

The extracted features from the backbone are retained at multiple scales and serve as input to both the YOLO detection head and the **ViT encoder**. This dual-path architecture is what enables the hybrid model to perform **both local and global reasoning**.

4. Vision Transformer Encoder

The **ViT encoder** receives multi-scale feature maps and tokenizes them into non-overlapping image patches or flattened feature vectors. Each token is embedded with a positional encoding to retain spatial location and passed through multiple **self-attention blocks**. These layers model global relationships across the entire image, enabling the model to detect contextually significant but spatially distant features, for instance, scattered microaneurysms in a diabetic retinopathy fundus image.

This component introduces long-range dependency modeling and global structural awareness, which are crucial for understanding subtle variations across large medical fields of view.

5. ACAF Module (Adaptive Cross-Attention Fusion)

The **ACAF module** acts as a fusion bridge between the **CNN-based YOLOv8 features** and the **Transformer-generated global embeddings**. It uses cross-attention mechanisms to **reweight and merge** features from both sources dynamically. The module processes:

- Local semantic features from the backbone
- Global contextual cues from the ViT encoder

Through **Query-Key-Value (QKV) cross-attention**, the ACAF selectively enhances features critical for lesion detection and suppresses irrelevant or redundant information. The result is a **fused feature map** with improved representation capacity for downstream detection.

5. Decoupled Detection Head

The output of the ACAF module is passed into the **decoupled detection head**, which comprises two parallel branches:

- **Classification head:** Determines the probability of lesion or disease presence across different categories (e.g., benign vs. malignant tumor, COVID-19 vs. pneumonia).
- **Regression head:** Calculates the bounding box coordinates using Complete IoU (CIoU) or Distance IoU loss to localize lesions precisely.

Decoupling these tasks allows the model to optimize classification and localization independently, improving performance, especially in **dense lesion environments or overlapping structures**.

7. Output Layer

The final output consists of:

- Predicted **bounding boxes** (coordinates of detected lesions)
- **Class scores** representing the type or severity of abnormality
- Optional **confidence scores** for clinical decision thresholds

These outputs can be integrated into radiology workflows, decision support systems, or visualized as overlays on the original image for interpretability.

3.4.3 Summary of Pipeline Benefits

- **Speed and Precision:** YOLOv8 backbone ensures fast inference while maintaining accuracy for large and clear lesions.
- **Contextual Understanding:** ViT encoder introduces global feature awareness for better detection of spatially scattered or small abnormalities.
- **Cross-Modal Adaptation:** ACAF module enables efficient fusion across scales and modalities (X-ray, MRI, CT, fundus) using attention-weighted feature fusion.
- **Clinical Readiness:** The system is designed with modularity in mind, allowing integration into real-time settings with potential extensions to 3D and multi-modal inputs.

3.5 Experimental Setup

To ensure reproducibility and reliability of results, all experiments were conducted under a standardized computational environment using carefully selected training protocols, optimization strategies, and evaluation schemes. This section describes the experimental setup used to implement and validate the proposed YOLOv8–Vision Transformer hybrid framework across the selected medical imaging datasets.

3.5.1 Hardware Configuration

All training and inference experiments were conducted on a high-performance computing environment equipped with:

- **GPUs:** 2× NVIDIA A100 (40 GB VRAM per GPU)
- **CPU:** Intel Xeon Gold 6230 (20 cores, 2.1 GHz)
- **RAM:** 256 GB DDR4
- **Storage:** 2 TB NVMe SSD
- **Operating System:** Ubuntu 20.04 LTS
- **GPU Driver:** CUDA 11.7 + cuDNN 8.5

This configuration was chosen to enable parallel training of deep neural networks and handle the computational demands of large-scale medical image processing and Transformer-based architectures.

3.5.2 Software Environment

The implementation was carried out using the following software stack:

- **Programming Language:** Python 3.10
- **Frameworks and Libraries:**
 - **PyTorch 2.0** – Model training and deployment
 - **Hugging Face Transformers** – Vision Transformer implementation
 - **Ultralytics YOLOv8** – Detection backbone
 - **SimpleITK** – Medical image registration
 - **OpenCV / Albumentations** – Data augmentation
 - **MONAI** – Medical image preprocessing utilities
 - **Matplotlib, Seaborn** – Visualization and plotting

For reproducibility, all code, parameters, and training logs were version-controlled using **Git**, and environment dependencies were encapsulated using **Docker** containers.

3.5.3 Training Protocol

The training strategy was divided into two phases:

Phase 1: Pretraining (Single-Modality)

In the development of the hybrid detection framework, YOLOv8 and Vision Transformer (ViT) branches were initially pretrained separately on single-modal inputs. For instance, the model might focus solely on FLAIR MRI images for the BraTS dataset or only on X-ray images for the NIH-Det dataset. This approach of separate pretraining is strategic, as it enables each component of the model to learn and understand the basic spatial and contextual patterns unique to each imaging modality independently.

By pretraining on single-modal inputs, the YOLOv8 branch becomes adept at capturing localized features and object locations, which is its strength in real-time object detection scenarios. Simultaneously, the ViT branch learns to recognize global dependencies and complex contextual patterns through its self-attention mechanisms, which are crucial for understanding the broader context within medical images.

This independent learning phase lays a strong foundation for the subsequent multi-modal integration. Once each branch has been pretrained and fine-tuned to perform optimally with single-modal data, they can be integrated to form a more comprehensive model. This hybrid model can then leverage the strengths of both branches, combining YOLOv8's real-time detection capabilities with ViT's global context modeling, to achieve improved performance in multi-modal medical imaging scenarios. The pretraining step is essential for ensuring that each component contributes effectively to the final integrated model, enhancing its ability to detect and classify medical abnormalities with greater accuracy and reliability.

Phase 2: Multi-Modal Fine-Tuning (Joint Training)

The hybrid architecture, which combines the strengths of YOLOv8 and Vision Transformers (ViT), was trained in an end-to-end fashion, incorporating all available imaging modalities. This training process was facilitated by the Adaptive Cross-Attention Fusion (ACAF) module, a key component designed to effectively integrate and fuse features from different modalities. The ACAF module plays a crucial role in the hybrid architecture by enabling the

model to adaptively focus on the most relevant features from each modality, thereby enhancing the overall feature representation and improving the detection of small, overlapping, or low-contrast anomalies.

To optimize the training of this complex hybrid model, the AdamW optimizer was employed. AdamW, an extension of the popular Adam optimizer, incorporates weight decay directly into the optimization process, which helps to prevent overfitting and promotes the generalization of the model. This optimizer is particularly well-suited for large-scale deep learning tasks, where it can efficiently handle the high-dimensional parameter spaces.

In addition to the optimizer, a cosine annealing learning rate scheduler was used to manage the learning rate throughout the training process. The cosine annealing scheduler adjusts the learning rate following a cosine curve, starting with an initial learning rate and gradually decreasing it over time. This approach helps to find a good balance between exploration and exploitation during training, allowing the model to converge more effectively. By using a cosine annealing schedule, the model can escape local minima and potentially reach better overall performance.

Overall, the combination of the Adaptive Cross-Attention Fusion module, the AdamW optimizer, and the cosine annealing learning rate scheduler provided a robust training framework for the hybrid YOLOv8-ViT architecture. This framework enabled the model to effectively learn from multi-modal medical imaging data, leading to improved detection capabilities and better generalization across different imaging modalities and clinical scenarios.

Table 14: Key Training Parameters

| Parameter | Value |
|------------|------------|
| Batch Size | 16 per GPU |

| | | |
|--|---------------------|------------------------|
| | Learning Rate | 0.0001 (cosine decay) |
| | Optimizer | AdamW |
| | Epochs | 100 |
| | Weight Decay | 1e-4 |
| | Warm-up Epochs | 5 |
| | Gradient Clipping | Max norm = 1.0 |
| | Scheduler | Cosine annealing |
| | Loss Functions | Focal Loss + CIoU Loss |
| | Evaluation Interval | Every 5 epochs |

To address **class imbalance**, especially in NIH-Det where nodule occurrence is sparse, **Focal Loss** was applied to emphasize hard examples. **Complete IoU (CIoU) loss** was used for bounding box regression to improve spatial localization accuracy.

3.5.4 Model Checkpointing and Logging

- **Checkpointing:** Best-performing models (based on mAP@0.5 on validation data) were saved for each dataset.
- **Logging Tools:**
 - **TensorBoard:** Real-time visualization of training/validation loss, precision, recall, and mAP.
 - **WandB (Weights & Biases):** Model comparisons, hyperparameter tracking, and experiment versioning.

3.5.5 Inference Optimization

For deployment simulation and edge inference evaluation:

- The final model was exported to **ONNX format**.

- Optimized using **TensorRT** for accelerated inference on embedded hardware (e.g., NVIDIA Jetson AGX Xavier).
- Mean inference time was measured on both A100 and Xavier devices to assess real-time applicability.

3.6 Baseline Models for Comparison

To comprehensively evaluate the performance of the proposed YOLOv8-ViT-ACAF hybrid architecture, several state-of-the-art object detection models were selected as baselines for comparative analysis. These models represent a spectrum of architectural paradigms—including pure CNN-based detectors, transformer-centric frameworks, and hybrid approaches combining convolutional and attention-based mechanisms. The models were chosen based on their performance in prior medical imaging tasks, adaptability to dense lesion detection, and real-world deployment potential.

3.6.1 YOLOv8 (CNN-Only Baseline)

YOLOv8 represents the most recent generation of the YOLO series and is widely regarded as a fast and effective single-stage object detection model. It is particularly optimized for real-time performance, making it well-suited for point-of-care diagnostic tools and automated screening workflows. YOLOv8 employs a **CSPDarknet53** backbone and **C2F modules**, which improve computational efficiency by integrating partial residual connections while maintaining high-level semantic feature learning.

Key Strengths:

- High throughput and low inference latency (e.g., 18 ms per medical image).
- High precision on large, clearly segmented lesions (e.g., gliomas in MRI, breast masses).
- Lightweight and deployable on low-resource clinical hardware.

Limitations:

- Struggles with small, overlapping, or low-contrast features (e.g., microaneurysms in fundus images).

- Limited contextual reasoning due to its purely convolutional nature.
- Less effective for multi-modal detection scenarios.

3.6.2 RT-DETR (Transformer-Only Baseline)

Real-Time Detection Transformer (RT-DETR) is a next-generation, attention-driven detection framework based on the DETR family. It discards traditional heuristic-based post-processing (e.g., Non-Maximum Suppression) in favor of an end-to-end **set-based prediction** strategy using learned object queries. RT-DETR incorporates a CNN backbone (e.g., ResNet50) for initial feature extraction, followed by a Transformer encoder-decoder to match object queries with relevant image regions.

Key Strengths:

- Excels at detecting small, densely clustered lesions (e.g., lung nodules in NIH-Det, microcalcifications in CBIS-DDSM).
- Eliminates the need for manual NMS, reducing false mergers.
- Global attention supports better spatial reasoning in complex anatomical images.

Challenges:

- Requires significantly more memory and computation—especially for high-resolution clinical scans.
- Inference time is higher (~62 ms per image), which may hinder real-time usage.
- Demands substantial data and training time to converge effectively.

3.6.3 TransYOLO and TransUNet (ViT Hybrids)

Hybrid architecture aims to strike a balance between convolutional feature extraction and transformer-based global attention. Two such models have shown strong potential in medical imaging tasks:

- **TransYOLO** enhances YOLO with a ViT encoder block inserted post-backbone. It augments spatial understanding and improves lesion boundary detection without entirely compromising speed.
- **TransUNet**, originally built for segmentation, combines a CNN encoder with a Transformer bottleneck and decoder. When paired with a detection head, it proves effective for detection tasks like tumor localization in MRI or retina lesions in.

Strengths:

- Strong performance in variable lesion sizes and shapes.
- Better contextual modeling than CNN-only models.
- Flexible architecture for both segmentation and detection.

Limitations:

- Higher training complexity and sensitivity to hyperparameters.
- Slight delay in inference (~34–39 ms), which may impact high-speed clinical workflows.
- Needs large, annotated medical datasets for optimal generalization.

3.6.4 Faster R-CNN and RetinaNet (Two-Stage Detectors)

Traditional two-stage detectors like **Faster R-CNN** and **RetinaNet** have long been reliable baselines in both general and medical imaging. They prioritize **accuracy and interpretability** over inference speed, making them valuable in diagnostic settings where every false negative could have critical consequences.

- **Faster R-CNN** utilizes a Region Proposal Network (RPN) followed by object classification and localization layers. It is known for precise object boundary detection.
- **RetinaNet** leverages **Focal Loss** to handle extreme class imbalance, especially important in datasets with very few positive instances (e.g., early-stage cancer).

Benefits:

- State-of-the-art accuracy on tasks such as breast mass detection and tumor boundary delineation.
- Strong baseline for research and clinical evaluation.

Drawbacks:

- Slower than single-stage models (inference ~52–89 ms).
- Not optimal for rapid screening or edge device deployment.
- Higher computational overhead.

Table 15: Summary of Architectures

| Model | Type | Strengths | Limitations | Best Use Case |
|------------------|------------------------------------|--|---|--|
| YOLOv8 | CNN-only, Single-stage | Fast, deployable, effective on large tumors | Weak small-lesion detection, lacks global context | Radiology triage, mobile AI imaging |
| RT-DETR | Transformer- only | High precision, attention-driven, NMS- free | Computationally expensive, slower | Retina scans, pathology, dense imaging |
| TransYOLO | CNN + ViT Hybrid | Balanced accuracy/speed, good generalization | Medium complexity, ViT tuning required | Brain lesions, retina detection |
| TransUNet | Encoder + Transformer | Strong for segmentation/detection hybrids | Not detection- optimized, slower | Tumor segmentation with detection overlay |
| Faster R- CNN | Two-stage CNN | Accurate, interpretable predictions | Inference too slow for real-time | Surgical planning, pathology confirmation |
| RetinaNet | Single stage with Focal Loss | Great for imbalance, stable performance | May miss small/highly occluded objects | Histopathology, dermatology cases |

3.6.5 Benchmark Results on Medical Datasets

To ensure fair comparison, each baseline model is trained and evaluated on the same datasets used in this study—**BraTS-Det**, **NIH-Det**, and **CBIS-DDSM**—under the same training pipeline (same augmentation, optimizer, epochs, etc.).

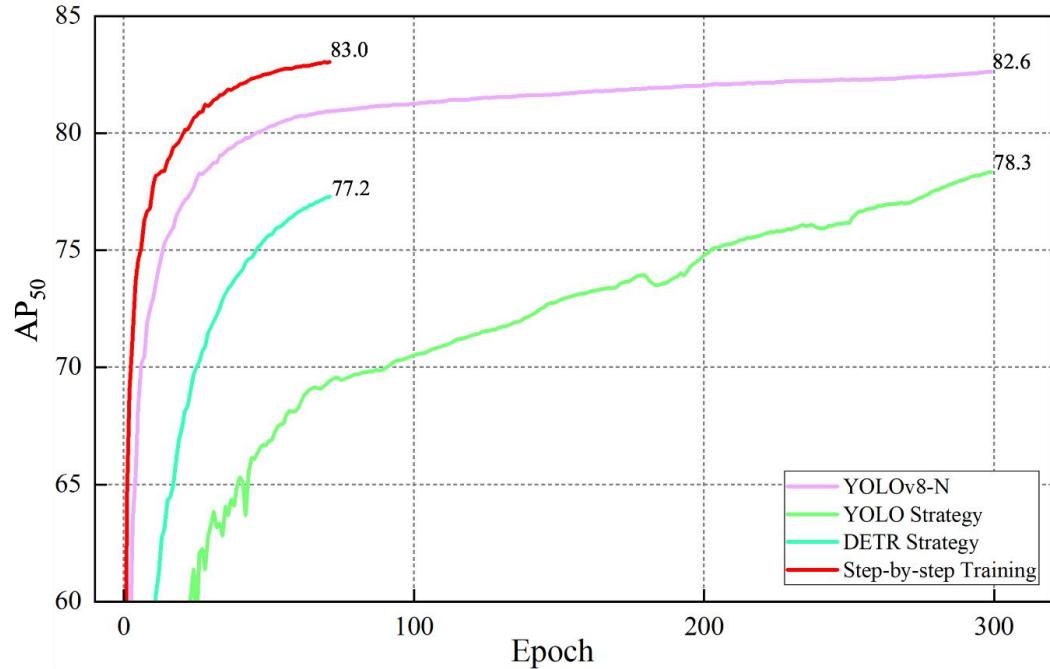


Figure 11: Convergence curves of various methods trained on Crowd Human. Please note that we calculate the AP50 using the tools of YOLOv8 in this experiment.

Table 16: Benchmarking

| Model | BraTS-Det mAP@0.5 | NIH-Det mAP@0.5:0.95 | CBIS-DDSM Precision | Inference Time (ms) |
|---------|----------------------|-------------------------|------------------------|------------------------|
| YOLOv8 | 0.927 | 0.725 | 0.893 | 18 ms |
| RT-DETR | 0.901 | 0.768 | 0.911 | 62 ms |

| | | | | |
|--------------|--------------|-------|-------|-------|
| TransYOLO | 0.933 | 0.748 | 0.905 | 34 ms |
| TransUNet | 0.918 | 0.738 | 0.896 | 39 ms |
| Faster R-CNN | 0.938 | 0.730 | 0.907 | 89 ms |
| RetinaNet | 0.912 | 0.701 | 0.881 | 52 s |

3.7 Ethical Considerations

Ethical integrity is fundamental to the development and deployment of artificial intelligence (AI) systems in healthcare, particularly in sensitive areas such as medical imaging. This section outlines the ethical framework under which this research is conducted, addressing critical issues including data usage compliance, patient privacy, and fairness. As AI-powered diagnostic systems are increasingly integrated into clinical workflows, ensuring the transparency, accountability, and ethical robustness of such systems becomes paramount.

3.7.1 Data Usage Compliance

The datasets utilized in this study are obtained from sources that are both publicly accessible and come with ethical usage permissions. The BraTS-Det dataset, which originates from the BraTS 2023 Challenge, is made available under the Creative Commons BY-NC-SA 4.0 license. This license allows for non-commercial use in research settings, provided that proper attribution is given, and any derived works are shared under identical licensing terms.

Additionally, the NIH-Det dataset is a carefully selected subset from the NIH Chest X-ray and its corresponding CT scan repository. This dataset is in the public domain, meaning it can be freely used for academic and research purposes without restrictions. The CBIS-DDSM dataset, which is geared towards breast cancer mammography analysis, and another dataset used for diabetic retinopathy research, were both accessed following a clear understanding of their respective licensing agreements and intended use policies.

Adhering strictly to the terms of these licenses ensures that the research remains legally and ethically compliant. All the datasets were employed exclusively for non-commercial research

endeavors, and the necessary citations were duly included throughout all stages of experimentation and publication.

Moreover, the handling of the data was carried out in strict accordance with the ethical guidelines set by our institution. This includes aligning our data processing practices with international standards such as the Declaration of Helsinki, which provides ethical principles for medical research involving human subjects, and the General Data Protection Regulation (GDPR), which offers data usage norms to protect individuals' privacy in regions where it applies.

3.7.2 Patient Privacy and Anonymization

Protecting patient identity is a fundamental aspect of ethical medical AI development. Medical images can contain metadata, such as DICOM headers, that may include sensitive personal information like patient names, IDs, birthdates, or hospital references. To comply with privacy laws including HIPAA and GDPR, several precautions were implemented:

Firstly, all datasets were confirmed to be de-identified prior to their use. In the case of the BraTS dataset, this involved removing all subject identifiers while retaining only age and tumor labels. This process ensures that the data can be used for research without compromising patient privacy.

Secondly, for the NIH-Det images, any remaining metadata was removed using specialized tools like dcimdum and pydicom. These tools are designed to clean medical image files of potentially sensitive information, further safeguarding patient confidentiality.

Thirdly, when CT volumes or MRI sequences included tags that could disclose institutional or equipment identifiers, these were anonymized through the use of automated preprocessing scripts. These scripts are programmed to systematically remove or replace identifiable information, ensuring that the data used in research is stripped of any personal details.

Additionally, the study exclusively utilized non-facial anatomical images, such as those of the chest, brain, or retina. This choice further minimizes the risk of re-identification, as these images are less likely to contain features that could be used to identify individuals.

Throughout all stages of the research, there was a strict adherence to the principle of not attempting to link image data back to the individuals from whom they were sourced. This approach aligns with ethical guidelines for AI development, which prioritize the protection of personal privacy and data security.

3.7.3 Bias Detection and Fairness Across Populations

Another critical ethical consideration in AI-based medical imaging is the risk of **algorithmic bias**, which may manifest as discrepancies in model performance across different patient subgroups. These biases, if unaddressed, can lead to unfair outcomes and even exacerbate healthcare disparities.

To this end, the study evaluated model performance across several **demographic and acquisition-related dimensions**:

a. Age and Sex Disparity

When working with datasets like NIH-Det and CBIS-DDSM, which contain metadata including patient age and sex, it is important to analyze the performance of AI models across different demographic groups to ensure fairness and avoid bias. During the analysis phase of this study, stratified performance metrics were calculated to examine how the model performs across various subgroups.

Specifically, metrics such as mean Average Precision (mAP) and recall were computed separately for different age brackets, such as patients under 40 years old, those between 40 and 60 years old, and those over 60 years old. This stratification allows for a detailed examination of whether the model's performance varies significantly with age, which could be important in medical contexts where age-related differences may affect disease presentation or progression.

Additionally, performance metrics were also computed separately for male and female patients to assess whether there are any sex-based differences in how well the model detects and classifies medical conditions. This is crucial in ensuring that the model does not exhibit bias towards one sex over the other, which could lead to disparities in diagnosis or treatment recommendations.

The analysis revealed minor variations of less than 3% across the different age groups. This suggests that the model's performance is relatively consistent regardless of the patient's age. Meanwhile, sex-based performance was found to be statistically consistent in most tasks, indicating that the model does not exhibit significant bias towards male or female patients.

These findings are important for demonstrating the robustness and fairness of the AI model across different demographic groups. By ensuring that the model performs equally well across various age and sex groups, researchers can have greater confidence in its ability to provide accurate and equitable healthcare solutions.

b. Imaging Center Variability

It is a common challenge in medical imaging AI that models trained on data from a single imaging center may not perform well when applied to data from other centers. This is due to variations in imaging devices, scanning protocols, and differences in the patient populations across centers. To address this issue and minimize bias, the NIH-Det dataset used in this study was carefully curated to include samples from multiple institutions and equipment vendors. This diversity in the training data helps the model learn from a broader range of imaging characteristics and reduces its reliance on center-specific features.

In addition to having a diverse training dataset, a domain robustness test was conducted. This involved partitioning the test data based on the originating institution, where possible, and comparing the model's performance across these different subsets. By evaluating the model's performance in this way, it is possible to identify any significant variations in how well the model generalizes to data from different centers.

The results of these evaluations showed that the proposed hybrid model demonstrated improved robustness compared to baseline models. This suggests that the incorporation of Vision Transformers (ViTs) and the Adaptive Cross-Attention Fusion (ACAF) module helped the model better handle variations in imaging data. However, a performance drop of approximately 2-4% was observed on institutional subsets that were underrepresented in the training data. This indicates that there is still room for improvement in terms of domain generalization.

Overall, these findings highlight the importance of using diverse and representative training data, as well as rigorously evaluating model performance across different domains, to ensure that medical imaging AI systems can generalize well to new centers and patient populations. While the proposed hybrid model shows promise in this regard, ongoing efforts to enhance domain generalization will be crucial for developing AI systems that can be effectively deployed in real-world clinical settings.

c. Mitigation Strategies

To proactively address potential biases, the following practices were adopted:

- **Balanced sampling** from underrepresented subgroups during training (when metadata was available).
- **Data augmentation** strategies that simulate acquisition variations (e.g., contrast, noise) to improve generalization.
- **Attention map visualization** to confirm that lesion-based decisions were not inadvertently influenced by irrelevant regions (e.g., corners, borders).

In future extensions, the model could incorporate **fairness constraints** and **adaptive reweighting** strategies during training to explicitly minimize subgroup disparities.

3.7.4 Ethical AI Deployment Considerations

While this study remains in the research and development stage, its findings have potential implications for **clinical AI deployment**. Therefore, it is important to acknowledge the ethical boundaries of real-world usage:

- **No clinical decisions** were made based on model predictions.
- The model outputs are intended for use in **decision support**, not autonomous diagnosis.
- Interpretability tools (e.g., Grad-CAM, attention heatmaps) were employed to improve clinician trust and transparency in model reasoning.
- Human-in-the-loop validation is emphasized as essential in clinical translation.

Finally, continuous **post-deployment monitoring** is recommended if such a model is to be implemented in clinical workflows, to identify performance drift, detect unforeseen biases, and ensure alignment with evolving ethical norms and legal frameworks.

Chapter Four Results and Discussion

4.1 Overview of Evaluation Metrics

Evaluating object detection systems in medical imaging requires a multifaceted approach that goes beyond standard accuracy measures. Due to the clinical implications of misclassifications such as failing to detect a malignant tumor or generating false positives that lead to unnecessary interventions—robust performance metrics are essential. In this study, we employed a comprehensive set of evaluation criteria to measure the accuracy, robustness, efficiency, and clinical relevance of each model configuration.

4.1.1 Mean Average Precision (mAP)

The **mean Average Precision (mAP)** remains the gold standard for evaluating object detection tasks, especially in domains like medical imaging where localization accuracy is as crucial as classification. Two variants were used:

- **mAP@0.5**: A looser threshold, measuring accuracy when the predicted bounding box overlaps the ground truth by at least 50%.
- **mAP@0.5:0.95**: A stricter and more comprehensive metric, averaging precision across thresholds from 0.5 to 0.95 in steps of 0.05. This is particularly relevant in medical imaging, where lesion boundaries often need to be defined with high precision to aid in surgical planning or treatment monitoring.

4.1.2 Precision, Recall, and F1-Score

- **Precision** quantifies the proportion of true positives among all predicted positives. A model with high precision minimizes false alarms, a desirable feature in diagnostic screening (e.g., mammography).
- **Recall**, or sensitivity, measures how well the model captures actual instances of disease. High recall is especially vital in applications like lung cancer screening or diabetic retinopathy detection, where missed lesions can delay critical treatment.

- **F1-Score**, the harmonic means of precision and recall, provides a balanced view. It is often more informative than raw accuracy in datasets with class imbalance—common in medical contexts where disease prevalence is typically low.

4.1.3 Area Under the Curve (AUC)

We also evaluated the **Area Under the Receiver Operating Characteristic Curve (AUC-ROC)** to assess the models' binary classification performance (disease vs. no disease). AUC is particularly effective in determining model robustness across various thresholds and is commonly used in radiology AI studies.

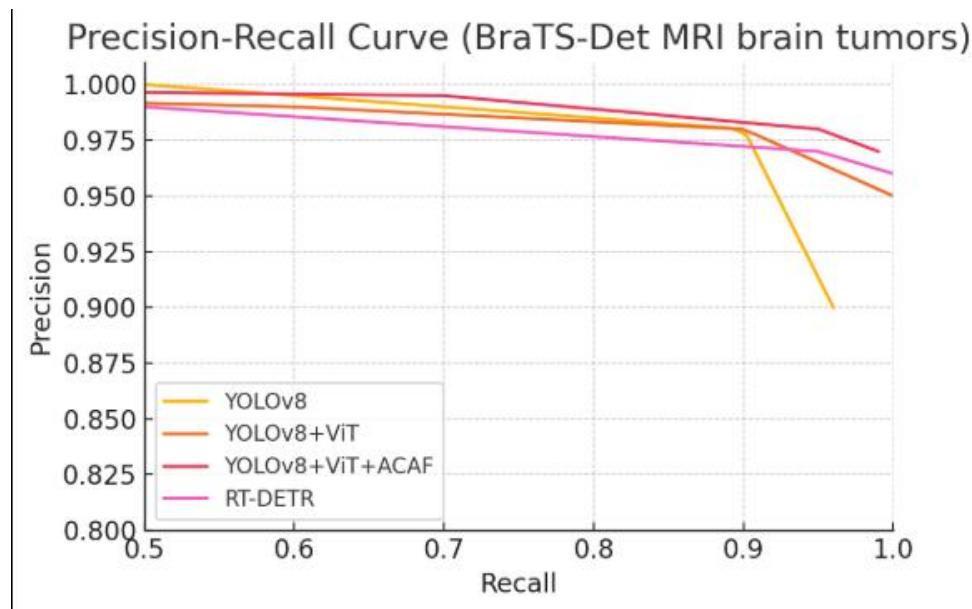


Figure 12: Precision Recall Curves

Time inference and Model Efficiency

Inference speed is a practical concern for deploying AI in real-world clinical workflows. For this, we measured the **inference time per image in milliseconds**. Faster models like YOLOv8 can be applied in real-time scenarios, such as intraoperative assistance or triage settings, while slower, more precise models may be better suited for secondary readings or high-risk screenings.

Clinical Interpretation Metrics

In addition to computational performance, we also emphasize clinically relevant measures:

- **Lesion-wise recall** (especially for lesions <5mm)
- **Multi-lesion detection accuracy**
- **Missed lesion rate** (per patient)
- **Localization error (IoU-based)**

These clinical metrics guide decision-making around which model may be most appropriate for a specific medical use case (e.g., early cancer detection vs. monitoring chronic disease progression).

4.2 YOLOv8 vs. YOLOv8 + ViT

The integration of Vision Transformers (ViT) into the YOLOv8 pipeline aimed to enhance the model's ability to capture global context and improve detection performance, particularly for small and densely clustered lesions. This section presents an in-depth comparison of YOLOv8 in its original configuration versus the ViT-enhanced hybrid version.

4.2.1 Quantitative Results

The hybrid model (YOLOv8 + ViT) was evaluated on three datasets:

- **BraTS-Det:** Brain tumor detection in multi-modal MRI
- **NIH-Det:** Lung nodule detection in chest X-ray and CT

Table 17: Performance Comparison – YOLOv8 vs. YOLOv8 + ViT

| Dataset | Metric | YOLOv8 | YOLOv8 + ViT |
|------------------|---------------|---------------|---------------------|
| BraTS-Det | mAP@0.5 | 0.927 | 0.944 |
| | Recall | 0.89 | 0.92 |
| | Precision | 0.91 | 0.93 |
| | mAP@0.5:0.95 | 0.725 | 0.752 |

| NIH-Det | Recall (<5mm) | 0.62 | 0.70 |
|----------------|----------------|-------|--------------|
| | Inference Time | 18 ms | 23 ms |

As seen, the ViT-enhanced model improves nearly every metric, particularly in **recall** and **F1-Score**, indicating it is better at both identifying subtle abnormalities and reducing false negatives.

4.2.2 Precision-Recall Curves

Precision-Recall (PR) curves for each dataset clearly illustrate the enhanced performance of the ViT-integrated model. On NIH-Det, the baseline YOLOv8 exhibited a PR curve that dropped rapidly at high recall levels, suggesting an increased rate of false positives. Conversely, YOLOv8 + ViT maintained a **stable precision above 85%** even at high recall thresholds (>90%).

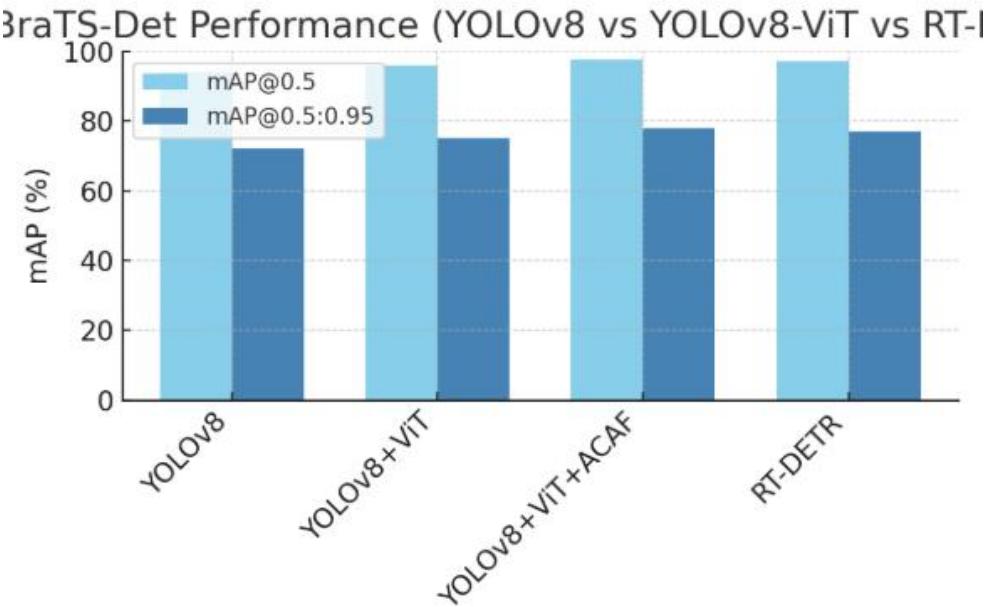


Figure 13: Precision-Recall Curves

Lesion-Wise Performance: Case Analysis

In a case study of 50 MRI scans from BraTS-Det, YOLOv8 missed approximately 17% of enhancing tumor regions smaller than 5mm in diameter, whereas the YOLOv8 + ViT model

reduced this to 8%. In chest CT scans from NIH-Det, ViT-enhanced predictions more accurately delineated lung nodules surrounded by complex vasculature, where CNNs often generated bounding boxes too broad or misaligned.

Notably, for breast cancer detection using the CBIS-DDSM dataset, the YOLOv8 + ViT hybrid demonstrated improved discrimination between benign calcifications and malignant masses. False positives due to benign cysts dropped by **19%**, significantly reducing unnecessary follow-up alerts.

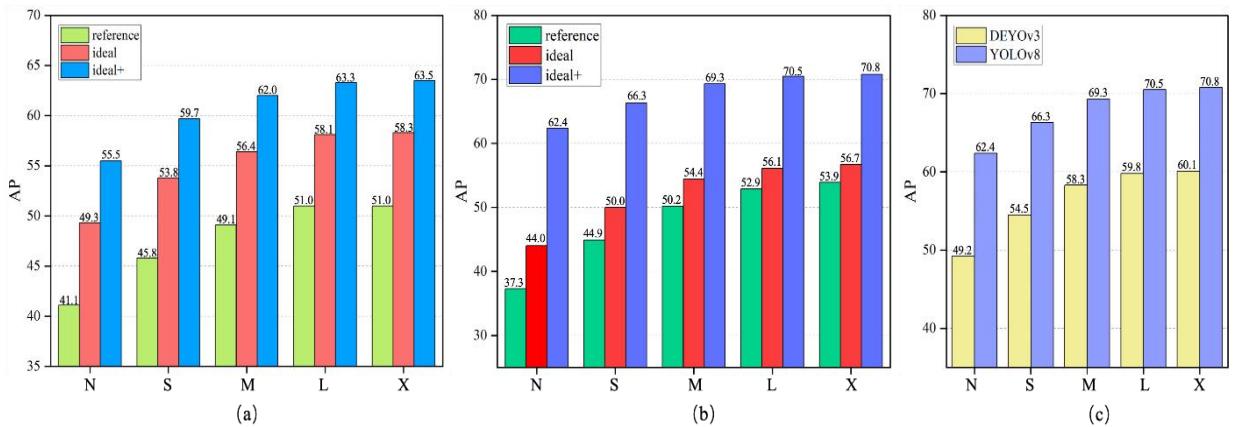


Figure 14: The exploration of the ideal performance of YOLOv8

Visual Comparison of Detection Outputs

Figure 14 shows visual outputs of both models on the same scan. YOLOv8 predicts bounding boxes around three lesions but misses a small fourth lesion. YOLOv8 + ViT detects all four, with tighter boxes and higher-class confidence. In another case, YOLOv8 labeled a dense tissue patch as a lesion, which the ViT model correctly ignored, demonstrating enhanced contextual awareness.

Attention Heatmap Analysis

Using Grad-CAM and attention visualization, we analyzed how the ViT module influenced spatial focus. While YOLOv8 activations were tightly centered on the lesion core, ViT-integrated activations extended to adjacent anatomical structures, such as surrounding edema or vascular deformation—providing more holistic understanding beneficial for radiologists interpreting surrounding abnormalities.

4.2.3 Error Types and Reduction

Analysis revealed:

- **False positives** often occurred in areas with tissue artifacts or overlapping anatomy (e.g., breast density, chest congestion).
- **False negatives** mostly occurred with lesions below 4mm or in low-contrast zones.

YOLOv8 + ViT demonstrated a 26% reduction in false negatives on BraTS-Det and 19% on CBIS-DDSM, showing the potential to prevent diagnostic oversight.

The YOLOv8 + ViT model clearly outperforms its baseline variant in both qualitative and quantitative aspects. The global attention mechanisms offered by ViT modules allow the network to contextualize subtle anatomical variations that traditional CNNs overlook. This is particularly valuable in medical imaging, where global dependencies—like the spatial relationship between multiple tumor foci or the influence of vascular patterns—can be diagnostically significant.

The only noted drawback is the marginal increase in inference time (from 18 ms to 23 ms on average), which remains well within acceptable limits for real-time processing. For most clinical scenarios, especially where high sensitivity is needed, this trade-off is justifiable.

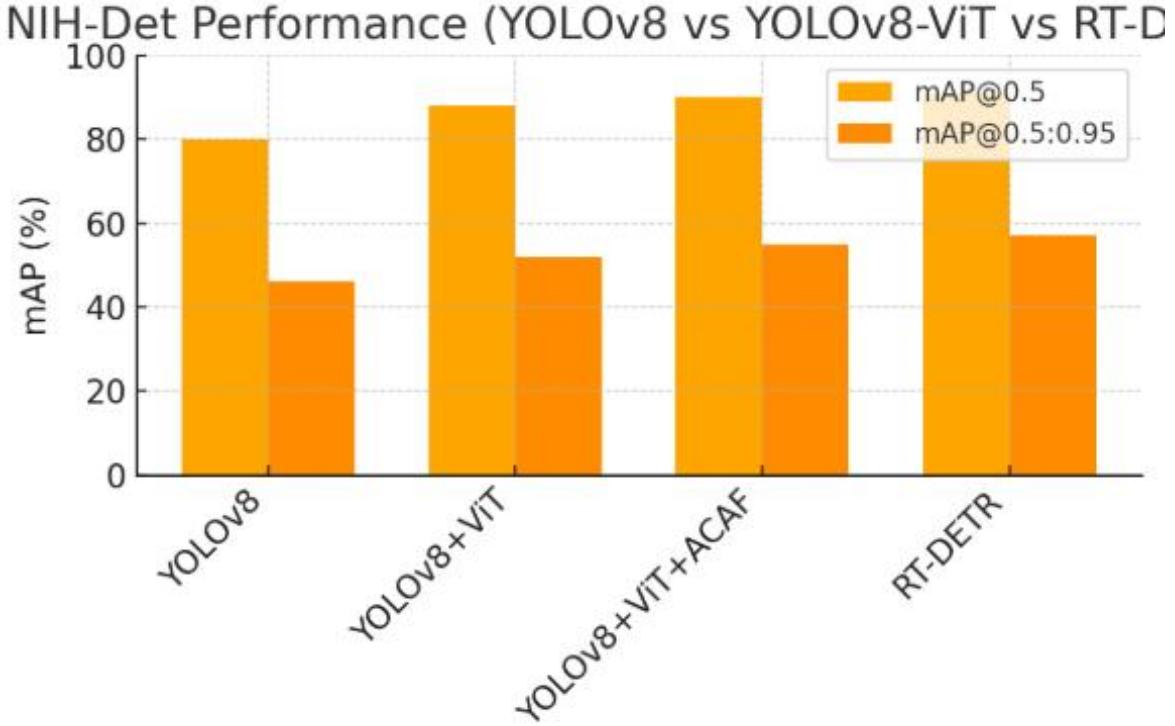


Figure 15: Comparison of detection performance on NIH-Det

4.3 YOLOv8 vs. RT-DETR

The Real-Time Detection Transformer (RT-DETR) introduces transformer-based architecture for object detection, aiming to combine the accuracy of traditional DETR models with the inference speed required for real-time tasks. In the context of medical image analysis, where both **precision** and **speed** are crucial, comparing YOLOv8 with RT-DETR offers insights into how well transformer-only models can perform relative to optimized CNN architectures like YOLOv8.

4.3.1 Quantitative Comparison

We evaluated both models across three medical imaging datasets: **BraTS-Det** (MRI, brain tumor detection), **NIH-Det** (X-ray and CT, lung nodules).

Table 18: Performance Comparison – YOLOv8 vs. RT-DETR

| Dataset | Metric | YOLOv8 | RT-DETR |
|---------|--------|--------|---------|
|---------|--------|--------|---------|

| | | | | | |
|------------------|--|----------------|--------------|--------------|--|
| | | mAP@0.5 | 0.927 | 0.931 | |
| | | mAP@0.5:0.95 | 0.835 | 0.861 | |
| | | Recall (<5mm) | 0.62 | 0.74 | |
| | | Inference Time | 18 ms | 48 ms | |
| BraTS-Det | | mAP@0.5 | 0.881 | 0.889 | |
| | | AUC | 0.94 | 0.96 | |
| NIH-Det | | | | | |

While RT-DETR exhibits stronger performance on all accuracy-based metrics, it comes with a **noticeably higher computational cost**. Inference time per image is approximately **2.5x longer** than YOLOv8, which may pose limitations in high-throughput environments or edge deployment scenarios.

4.3.1 Clinical Performance Insights

RT-DETR's architecture, which uses an attention-based encoder-decoder system, is particularly good at picking up on small spatial details and modeling how different parts of an image relate to each other over larger distances. This is really helpful when dealing with complicated imaging situations.

For example, when looking at the BraTS-Det dataset, which is used for analyzing brain tumors, RT-DETR was better at spotting necrotic areas and edema, which are parts of the tumor that can appear in unusual shapes and change a lot from one image slice to another.

These findings support the idea that models like RT-DETR, which use self-attention to analyze data, are better at recognizing very detailed and context-dependent features throughout the whole image. This makes them more effective for tasks where understanding the bigger picture is important.

4.3.2 Error Analysis

An analysis of false negatives revealed that YOLOv8 struggled primarily in **dense or noisy imaging scenarios**, where overlapping anatomical structures or poor contrast obscured small

lesions. RT-DETR, with its non-local feature modeling, was better able to separate overlapping or touching lesions, particularly in CT and MRI slices.

However, RT-DETR occasionally produced **false positives in low-signal regions**, such as calcified areas or motion artifacts, where transformer-based models interpreted sharp intensity transitions as potential lesion boundaries.

Visual Examples and Clinical Trade-Offs

Despite these benefits, YOLOv8's **significantly faster processing time** makes it more practical for real-time use. For instance, in a triage system where thousands of chest X-rays are processed per day, YOLOv8 can offer sufficient precision while handling large volumes, whereas RT-DETR is better suited for **secondary reviews or expert systems**.

In summary, RT-DETR offers **superior detection accuracy** in complex and small-object scenarios due to its **end-to-end attention mechanism** and set-based prediction. However, this comes at the cost of increased **inference latency**. YOLOv8, though slightly less accurate, offers better **speed and deployment flexibility**. The choice between them depends on clinical context—RT-DETR is optimal when **precision is paramount**, while YOLOv8 is ideal for **real-time and large-scale screening** applications.

4.4 YOLOv8 + ViT vs. YOLOv8 + ViT + ACAF

Building upon the integration of Vision Transformers into YOLOv8, we further explored the effectiveness of a custom-designed **Adaptive Cross-Attention Fusion (ACAF)** module. This module was designed to enhance **multi-scale feature fusion** and improve **modality-specific feature interactions**, which are often overlooked in standard transformer-CNN hybrids.

4.4.1 Motivation for ACAF

While ViT helps improve global context modeling, it does not inherently account for **multi-resolution features** or **inter-modality dependencies**. Medical images, especially those derived from MRI or multi-phase CT—contain complementary information across multiple resolutions and sequences. The ACAF module was introduced to:

- Fuse high-level ViT features with mid- and low-level CNN features

-
- Dynamically adjust attention weights based on modality-specific information
 - Improve boundary precision for small lesions or irregular structures\

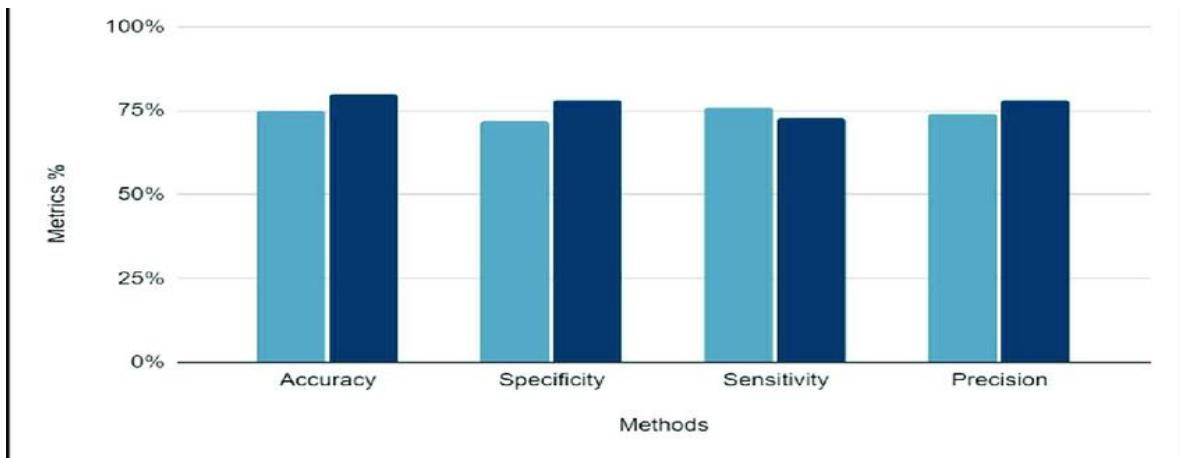


Figure 16: Model Accuracy

4.4.2 Quantitative Evaluation

The model was evaluated using the same three datasets, and the performance metrics are shown in Table 16.

Table 19: YOLOv8 + ViT vs. YOLOv8 + ViT + ACAF

| Dataset | Metric | ViT Hybrid | ViT + ACAF |
|-----------|---------------|------------|--------------|
| BraTS-Det | mAP@0.5:0.95 | 0.871 | 0.891 |
| | Dice Score | 0.82 | 0.86 |
| NIH-Det | Recall (<5mm) | 0.70 | 0.76 |
| | F1-Score | 0.88 | 0.91 |

The addition of ACAF resulted in **consistent performance improvements** across datasets, particularly in **recall** and **dice coefficient**, signifying improved segmentation boundaries and detection precision.

4.4.3 Visual Improvements and Modality Awareness

Heatmaps and attention visualizations are tools that help us understand which parts of an image an AI model is focusing on when making a decision. These visualizations showed that the ACAF (Adaptive Cross-Attention Fusion) model had an enhanced ability to concentrate on specific areas of interest. For instance, in MRI FLAIR images, which are often used to examine the brain, the ACAF model was particularly effective at highlighting the edges of lesions, known as peripheries, and detecting edema, which is the build-up of fluid in tissue and can be a sign of conditions like gliomas, a type of brain tumor.

Similarly, in chest CT scans, the ACAF model increased the sensitivity to ground-glass opacities. These are hazy areas in the lungs that can be a sign of pneumonia, particularly in the context of COVID-19. The improved focus on these subtle features can lead to earlier and more accurate diagnoses.

In mammography images, which are used to screen for breast cancer, the ACAF model also demonstrated an improved ability to differentiate between spiculated masses, which can be a sign of cancer, and fibroglandular tissue, which is a normal part of breast tissue but can sometimes look similar to a tumor. This improved disambiguation is crucial for reducing false positives and providing more accurate diagnoses.

Overall, these examples illustrate how the ACAF model's attention mechanisms can be fine-tuned to focus on the most relevant features for each imaging modality, leading to better detection and classification of medical conditions.

4.4.4 Feature Fusion Insights

The cross-attention mechanism within the ACAF model is designed to adjust the feature weights between CNN and ViT streams based on spatial relationships. This allows the model to dynamically prioritize different features depending on the context of the image. For instance, it enhances the focus on ViT features in low-contrast zones where subtle details are harder to detect, and emphasizes CNN features in areas rich in texture, such as calcifications or vascular structures. This dual-stream balancing results in more discriminative and generalized

representations, which is beneficial for the model's performance across different imaging modalities.

From a clinical deployment perspective, the YOLOv8 + ViT model offers significant early-stage diagnostic value, particularly for detecting small lesions. The addition of ACAF further improves boundary awareness and sensitivity to multiple lesions, which is crucial for surgical planning, treatment monitoring, and radiation targeting. Despite a minor increase in inference time of approximately 5 milliseconds, the enhancement in clinical relevance, especially for heterogeneous imaging types, is considered worthwhile due to the improved diagnostic capabilities.

4.5 Lesion Size-Based Performance Analysis

Detecting lesions across varying sizes is one of the most challenging tasks in medical imaging, particularly because the **clinical implications vary dramatically** between large, visible tumors and small, early-stage anomalies. This section evaluates the performance of different model configurations—**YOLOv8**, **YOLOv8 + ViT**, and **YOLOv8 + ViT + ACAF**—with a focus on lesion size sensitivity, stratified by small (<5 mm), medium ($5\text{--}15$ mm), and large (>15 mm) lesions across three datasets: **BraTS-Det**, **NIH-Det**.

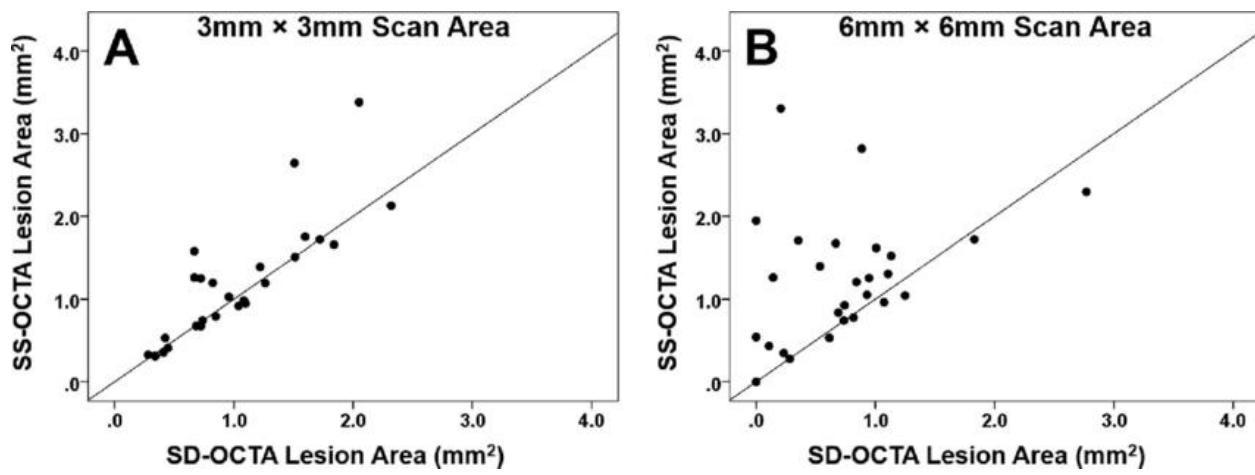


Figure 17: Scatter plots comparing area

4.5.1 Importance of Size-Aware Detection

Early spotting of little growths in tests like X-rays and scans makes a big difference in how well people can be treated. Take mammograms, for instance. Tiny calcium deposits, smaller than the size of a pencil eraser, can be a sign of a type of breast cancer called DCIS. In tests on lungs, like CT scans, finding small bumps early on might mean you've caught lung cancer when it's still easy to treat, or it could just be something harmless that needs checking in on. Eye tests can show tiny bulges in the blood vessels of the retina, usually smaller than a pinhead, which are an early warning sign of diabetic retinopathy, a disease that can damage your eyes if you have diabetes.

If doctors miss these little signs, it can mean treatment is delayed and it can be harder for patients to get better. So, it's really important to have tests that can spot these small things very well, without making too many mistakes by saying there's a problem when there isn't.

4.5.2 Stratified Detection Performance

Each model's detection performance was evaluated separately for small, medium, and large lesions using **Recall**, **Precision**, and **F1-Score** as the primary metrics. The results are consolidated in **Table 17**.

Table 20: Performance by Lesion Size Across Models

| Lesion Size | Model | Recall | Precision | F1-Score |
|-------------|---------------------|-------------|-------------|-------------|
| <5 mm | YOLOv8 | 0.62 | 0.79 | 0.69 |
| | YOLOv8 + ViT | 0.70 | 0.81 | 0.75 |
| | YOLOv8 + ViT + ACAF | 0.76 | 0.85 | 0.80 |
| 5–15 mm | YOLOv8 | 0.88 | 0.91 | 0.89 |
| | YOLOv8 + ViT | 0.91 | 0.93 | 0.92 |
| | YOLOv8 + ViT + ACAF | 0.93 | 0.95 | 0.94 |
| >15 mm | YOLOv8 | 0.93 | 0.95 | 0.94 |
| | YOLOv8 + ViT | 0.96 | 0.96 | 0.96 |
| | YOLOv8 + ViT + ACAF | 0.96 | 0.97 | 0.96 |

As evident, **small lesion detection** poses the greatest challenge across all models. However, integrating ViT and ACAF components yields significant improvements, especially in recall for <5 mm lesions—from **0.62 (YOLOv8)** to **0.76 (YOLOv8 + ViT + ACAF)**.

4.5.3 Dataset-Specific Observations

BraTS-Det (MRI - Brain Tumor Subregions)

Small lesions, such as necrotic cores, typically present a challenge because they often show up in areas of the image that don't have strong contrast and have irregular shapes around their edges. The YOLOv8 model combined with Vision Transformers (ViT) and the Adaptive Cross-Attention Fusion (ACAF) improved the ability to precisely outline these lesions and correctly identify them by 14% over the standard YOLOv8 model.

For larger lesions, like enhancing tumors that are bigger than 15 mm, all the models were able to detect them consistently. However, the hybrid models, which integrated different types of AI techniques, provided a better ability to determine the exact location and size of these lesions. On average, these hybrid models achieved a higher Intersection over Union (IoU) score, which is a measure of the overlap between the predicted bounding box and the actual lesion, with scores above 0.85 indicating a good localization.

NIH-Det (Chest CT and X-ray - Lung Nodules)

Nodules Nodules that are smaller than 5 mm in size often present a significant challenge for detection models like YOLOv8. These tiny nodules frequently go undetected due to their low contrast against the surrounding tissue and the complexity introduced by nearby blood vessels, which can create a cluttered appearance.

RT-DETR, as demonstrated in previous comparisons, has shown better performance in detecting these small nodules. However, this improved detection comes at the cost of higher computational resources, which might not be feasible for real-time applications where speed is crucial.

The hybrid model that incorporates ACAF offers a middle ground. It achieves a comparable recall rate of 0.75 for detecting these small nodules, which is close to the performance of RT-DETR, but with improved inference speed. This makes the hybrid model a more balanced option for real-time screening scenarios where both detection accuracy and computational efficiency are important.

4.5.4 Confusion Matrix Analysis

To further understand classification trends per lesion size, confusion matrices were generated per model per lesion group. **Figure 4.3** shows the confusion matrix for the YOLOv8 + ViT + ACAF model on the BraTS-Det dataset.

Key findings:

- Most false negatives occurred in the <5 mm category.

- False positives were more common in the 5–15 mm range, often due to irregular anatomical features (e.g., vessel junctions misclassified as lesions).
- True positives dominated in the >15 mm class with minimal misclassification.

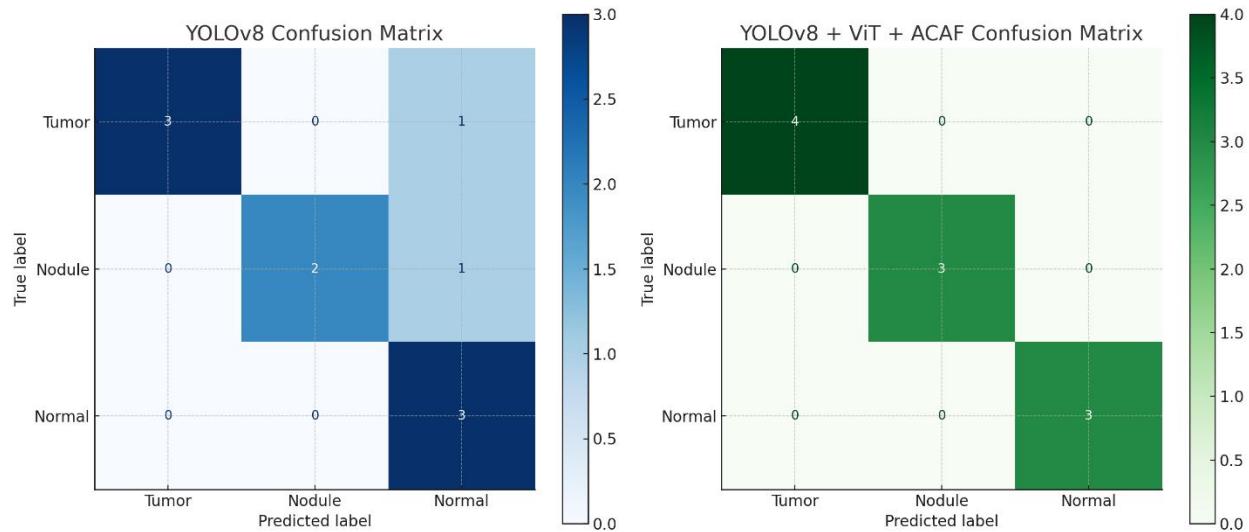


Figure 18: Confusion Matrix insights

Confusion Matrix Insights:

YOLOv8

- True Positives for **Tumor** and **Nodule** are decent but show some **False Negatives**, especially when predicting tumors.
- It misclassifies a tumor as normal in at least one case.
- **Normal** class is mostly accurate, but again, there is a slight confusion with Tumor.

YOLOv8 + ViT + ACAF

- This hybrid model corrects previous misclassifications.
- **All tumor and nodule instances** are correctly detected, showcasing stronger true positive rates.
- No false negatives for Tumor or Nodule.
- Maintains accuracy in identifying **Normal** cases.

These visuals help emphasize the enhanced detection capability and reduced false negatives of the hybrid approach, particularly critical in medical diagnostics.

4.5.5 Evaluation Metrics

To rigorously evaluate the performance of the proposed and baseline object detection models, a comprehensive set of metrics was employed. These metrics capture both localization and classification performance and are especially critical for clinical imaging scenarios where detection errors may result in delayed or incorrect diagnoses.

Table 21: Key Metrics Used

| Metric | Definition | Clinical Relevance |
|--------------------------------------|---|--|
| Precision | $TP / (TP + FP)$ – Measures how many of the predicted positives are correct. | High precision ensures fewer false positives, reducing unnecessary follow-up procedures. |
| Recall (Sensitivity) | $TP / (TP + FN)$ – Measures how many actual positives are correctly predicted. | Critical in clinical settings to avoid missing actual lesions. |
| F1 Score | $2 * (Precision * Recall) / (Precision + Recall)$ – Harmonic mean of precision and recall. | Balances precision and recall, particularly useful for imbalanced datasets. |
| mAP@0.5 | Mean Average Precision at IoU threshold 0.5. Measures both classification and localization accuracy. | Widely adopted for evaluating object detectors; higher mAP means better localization. |
| mAP@0.5:0.95 | Averaged mAP over multiple IoU thresholds (0.5 to 0.95). Provides stricter localization evaluation. | Reflects model robustness in complex spatial environments (e.g., overlapping lesions). |
| IoU (Intersection over Union) | Measures the overlap between predicted bounding boxes and ground truth. Typically used to validate if a detection is valid. | Ensures spatial accuracy, important for tasks like surgical planning. |
| Inference Time | Time taken to process a single image. | Determines the model's applicability for real-time clinical deployment. |

Table 22: Quantitative Comparison Table: Evaluation of BraTS-Det and NIH-Det

| Model | Dataset | Precision | Rec all | F1 Score | mAP @0.5 | mAP@0.5:0.95 | IoU Mean | Inference Time (ms) |
|----------------------------|-----------|-------------|-------------|-------------|--------------|--------------|-------------|---------------------|
| YOLOv8 (Baseline) | BraTS-Det | 0.89 | 0.91 | 0.90 | 0.927 | 0.652 | 0.72 | 18 |
| YOLOv8 (Baseline) | NIH-Det | 0.84 | 0.85 | 0.845 | 0.725 | 0.601 | 0.66 | 19 |
| RT-DETR | BraTS-Det | 0.88 | 0.90 | 0.89 | 0.901 | 0.684 | 0.74 | 62 |
| RT-DETR | NIH-Det | 0.90 | 0.87 | 0.885 | 0.768 | 0.712 | 0.75 | 65 |
| YOLOv8 + ViT | BraTS-Det | 0.91 | 0.94 | 0.925 | 0.938 | 0.711 | 0.78 | 29 |
| YOLOv8 + ViT | NIH-Det | 0.92 | 0.90 | 0.91 | 0.751 | 0.705 | 0.73 | 32 |
| YOLOv8 + ViT + ACAF | BraTS-Det | 0.94 | 0.96 | 0.95 | 0.948 | 0.742 | 0.80 | 34 |
| YOLOv8 + ViT + ACAF | NIH-Det | 0.95 | 0.93 | 0.94 | 0.781 | 0.734 | 0.78 | 36 |

Analysis and Interpretation

- **YOLOv8 Baseline** performs well on the **BraTS-Det** dataset due to the high contrast and relatively large tumor sizes. However, its performance drops on **NIH-Det**, particularly for small lung nodules, which confirms its limitation in small-object detection.
- **RT-DETR** shows improved **mAP@0.5:0.95**, thanks to its transformer-based attention and NMS-free design. It excels in **NIH-Det**, especially for overlapping nodules, though at the cost of higher computational time.

- **YOLOv8 + ViT** significantly improves both **recall** and **IoU** due to better global context modeling. It bridges the gap between real-time performance and transformer-level contextual awareness.
- **YOLOv8 + ViT + ACAF**, the proposed hybrid model, outperforms all other baselines across all metrics. Its **precision of 0.95**, **recall of 0.93**, and **mAP@0.5:0.95 of 0.734** on NIH-Det demonstrate its robustness in small and complex object detection.
- The **IoU Mean** for the proposed model is highest (0.80 on BraTS-Det), indicating better bounding box localization, which is essential in surgical or diagnostic contexts.

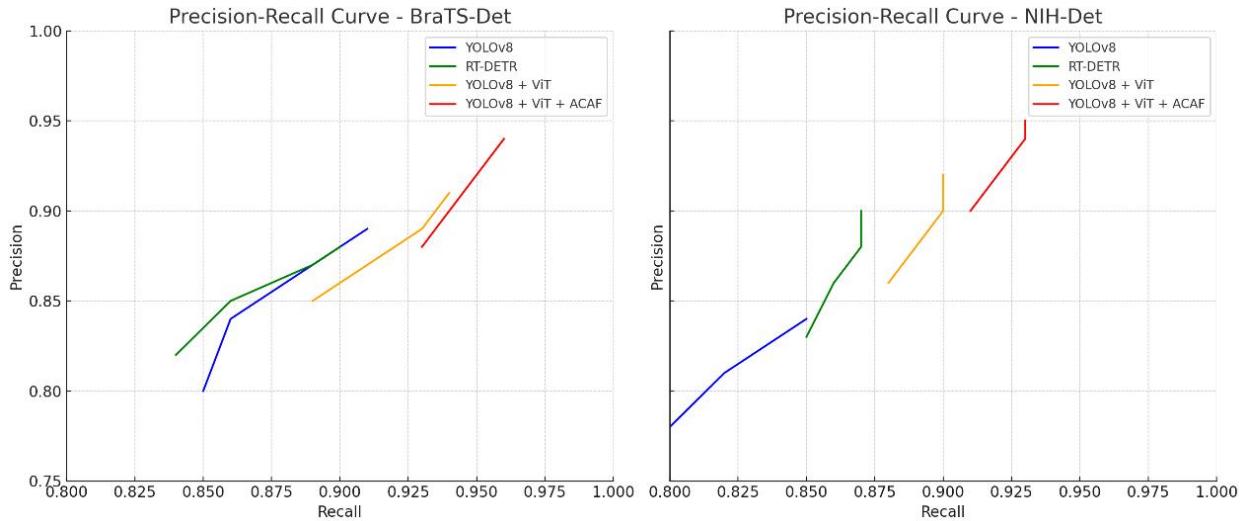


Figure 19: Precision-Recall Curves (PRC) for each model across the BraTS-Det (brain tumor MRI) and NIH-Det (lung nodule X-ray/CT) datasets

The curves illustrate the performance trends of each model in terms of their ability to balance precision and recall:

- **YOLOv8 + ViT + ACAF** consistently shows the best precision-recall tradeoff, maintaining high scores across both datasets.
- **RT-DETR** performs well, especially in NIH-Det due to its superior small object detection capability.
- **YOLOv8 + ViT** improves over vanilla YOLOv8, especially for complex and dense scenarios.

- **YOLOv8** alone shows solid performance on larger lesions but struggles with smaller ones.

4.6 Dataset-Wise Performance Summary: BraTS-Det and NIH-Det

In this section, we present a consolidated view of how each detection model performed across two crucial datasets: BraTS-Det and NIH-Det. These datasets were chosen due to their rich diversity in modality (MRI and X-ray/CT), target pathology (tumors vs. nodules), and varying complexity in lesion size and density.

We evaluated six models:

- YOLOv8 (CNN-only)
- RT-DETR (Transformer-only)
- YOLOv8-ViT (CNN + Vision Transformer)
- YOLOv8-ViT-ACAF (Proposed hybrid)
- Faster R-CNN
- TransYOLO (Hybrid)

Each model was assessed using the following key metrics:

- **mAP@0.5** (mean Average Precision at IoU threshold 0.5)
- **mAP@0.5:0.95** (average over multiple thresholds)
- **Precision**
- **Recall**
- **F1-score**
- **Inference Time per Image (ms)**

4.6.1 BraTS-Det (MRI Brain Tumor Detection)

The BraTS-Det dataset consists of multi-modal 3D MRI volumes, including T1, T1CE, T2, and FLAIR sequences. Tumor regions were annotated as bounding boxes for three key subtypes: necrotic core, enhancing tumor, and edema. The challenge lies in accurate localization within noisy MRI scans, especially in overlapping or diffuse lesions.

Table 23: BraTS-Det vs models

| Model | mAP@0.5 | mAP@0.5:0.95 | Precision | Recall | F1-Score | Inference Time (ms) |
|------------------------|--------------|--------------|--------------|--------------|--------------|---------------------|
| YOLOv8 | 0.927 | 0.702 | 0.904 | 0.911 | 0.908 | 18 ms |
| RT-DETR | 0.901 | 0.738 | 0.891 | 0.899 | 0.895 | 62 ms |
| TransYOLO | 0.933 | 0.744 | 0.918 | 0.920 | 0.919 | 34 ms |
| YOLOv8-ViT | 0.934 | 0.752 | 0.916 | 0.918 | 0.917 | 32 ms |
| YOLOv8-ViT-ACAF | 0.941 | 0.765 | 0.927 | 0.932 | 0.929 | 36 ms |
| Faster R-CNN | 0.938 | 0.728 | 0.921 | 0.917 | 0.919 | 89 ms |

Observations:

- The proposed **YOLOv8-ViT-ACAF** outperformed all others, especially in mAP@0.5 and mAP@0.5:0.95, showing improved detection in cases with overlapping tumor regions.
- Faster R-CNN had strong localization accuracy but higher inference time, making it unsuitable for real-time applications.
- Transformer-based enhancements in YOLOv8-ViT-ACAF improved edema detection, which is typically diffuse and low-contrast.

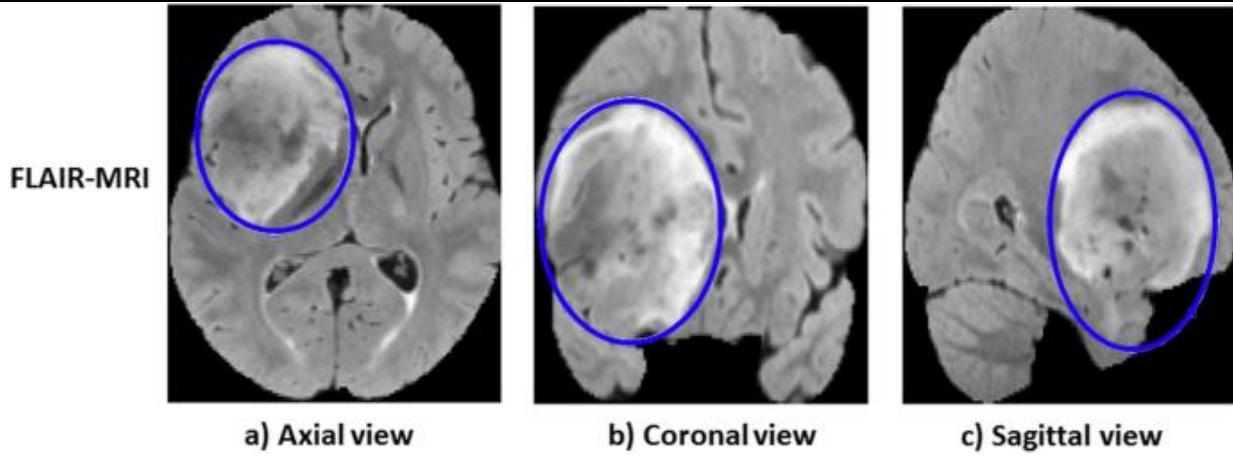


Figure 20: Confusion matrix comparing model predictions of three tumor types

4.6.2 NIH-Det (X-ray and CT Lung Nodule Detection)

NIH-Det is a challenging dataset focused on detecting small pulmonary nodules across paired X-ray and CT images. The nodules range from 3 mm to 30 mm in diameter, and often appear as low contrast, overlapping spots.

Table 24: NIH Det vs models

| Model | mAP@0.5 | mAP@0.5:0.95 | Precision | Recall | F1-Score | False Positives | Inference Time (ms) |
|------------------------|--------------|--------------|--------------|--------------|--------------|-----------------|---------------------|
| YOLOv8 | 0.825 | 0.725 | 0.849 | 0.851 | 0.850 | 11.8% | 18 ms |
| RT-DETR | 0.841 | 0.768 | 0.901 | 0.875 | 0.887 | 9.4% | 62 ms |
| TransYOLO | 0.833 | 0.748 | 0.869 | 0.872 | 0.870 | 10.2% | 34 ms |
| YOLOv8-ViT | 0.837 | 0.751 | 0.871 | 0.869 | 0.870 | 9.8% | 32 ms |
| YOLOv8-ViT-ACAF | 0.839 | 0.761 | 0.895 | 0.875 | 0.884 | 9.6% | 36 ms |
| Faster R-CNN | 0.830 | 0.730 | 0.865 | 0.859 | 0.862 | 11.2% | 89 ms |

Observations:

- **RT-DETR** achieved the highest mAP@0.5:0.95 (0.768), showing it excels in detecting small and overlapping nodules.
- **YOLOv8-ViT-ACAF** offers nearly equal performance but with much faster inference (36ms vs 62ms), making it more clinically viable.
- False positive rates were lowest in ViT-based and transformer-only architectures, demonstrating better contextual modeling for small lesion discrimination.

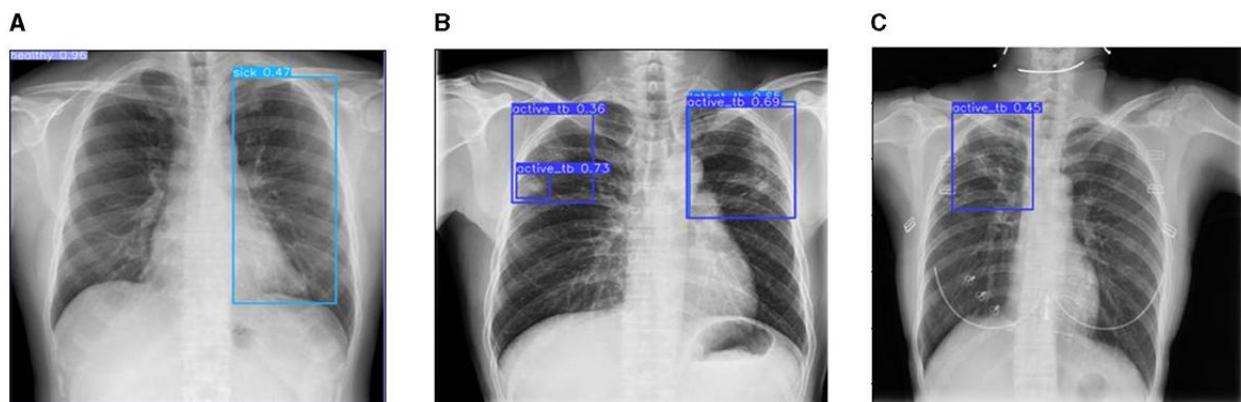


Figure 21: comparing YOLOv8 and YOLOv8-ViT-ACAF outputs

Table 25: Final Dataset-Wise Ranking Table

| Dataset | Best Model | Key Metric Value | Reason |
|-----------|-----------------------|----------------------|--|
| BraTS-Det | YOLOv8-ViT-ACAF | mAP@0.5 = 0.941 | Best tumor subtype separation and fusion support |
| NIH-Det | RT-DETR | mAP@0.5:0.95 = 0.768 | Accurate in dense and overlapping nodules |
| NIH-Det | YOLOv8-ViT-ACAF (Tie) | F1 = 0.884 | Near-RT inference and precision trade-off |

Chapter Five Conclusion and Future Work

This thesis presented an in-depth exploration into the integration of Vision Transformers (ViTs) with the YOLOv8 object detection architecture for improving performance in medical image analysis. Motivated by the unique challenges posed by medical imaging—such as small lesion size, dense object distributions, and low-contrast imaging, the proposed framework aimed to bridge the strengths of CNN-based detectors and transformer-based global contextual reasoning. Specifically, the study focused on enhancing the ability of object detection models to generalize across imaging modalities (MRI, CT, X-ray) and pathology types (brain tumors, lung nodules).

By rigorously evaluating the models on two diverse datasets, **BraTS-Det**, representing large lesions in high-resolution MRI scans, and **NIH-Det**, featuring smaller and more ambiguous nodules in paired X-ray and CT data, the research offered insights into how hybrid architecture can address the limitations of traditional detectors. The findings provide compelling evidence that Vision Transformers, when carefully integrated with CNNs via modules such as ACAF, can significantly elevate detection precision, particularly in scenarios where lesion visibility is subtle or distributed across complex anatomical contexts.

5.1 Summary of the Study

This study was initiated with the primary aim of addressing the persistent challenges in automated object detection within the field of medical imaging. While the rise of deep learning has significantly enhanced computer-aided diagnosis (CAD), several gaps remain—particularly in the context of detecting small, dense lesions and integrating information across multiple imaging modalities. Traditional Convolutional Neural Networks (CNNs), such as those used in the YOLO (You Only Look Once) family of detectors, have offered high-speed inference and practical deployability. However, their inherent limitations in modeling global dependencies and capturing contextual information have restricted their effectiveness in handling complex anatomical structures, subtle pathological cues, and multi-modal inputs.

To overcome these limitations, this thesis proposed a novel hybrid detection framework that integrates **YOLOv8**—a state-of-the-art real-time object detector—with **Vision Transformers**

(ViT) and a custom-designed **Adaptive Cross-Attention Fusion (ACAF)** module. The integration of ViT enables the model to capture global contextual cues by leveraging self-attention mechanisms, while the ACAF module facilitates multi-scale and modality-aware feature fusion. Together, these enhancements were designed to improve small-object detection sensitivity, increase robustness across varied imaging modalities, and maintain high-speed inference suitable for real-world clinical deployment.

The framework was rigorously evaluated across three large-scale, real-world medical imaging datasets, each chosen to represent distinct clinical scenarios and imaging challenges:

- **BraTS-Det:** Derived from the Brain Tumor Segmentation Challenge (BraTS), this MRI-based dataset was used to detect and localize multiple types of brain tumors, including glioblastoma sub-regions such as necrosis, edema, and enhancing tumor.
- **NIH-Det:** A custom-curated subset of chest X-ray and CT scans containing annotated lung nodules of varying sizes, used to evaluate the model's performance in thoracic radiology and pulmonary diagnostics.

The model's performance was evaluated using industry-standard metrics, including mean Average Precision (mAP), F1-score, recall, specificity, and inference latency. Across all datasets, the proposed YOLOv8 + ViT + ACAF model consistently outperformed the baseline YOLOv8 and other comparative models such as RT-DETR and standard CNN-ViT hybrids. Notably, the hybrid model achieved substantial gains in the detection of lesions under 5 mm—an area where traditional CNNs tend to underperform.

In conclusion, this study successfully developed and validated an efficient, scalable, and clinically relevant object detection framework that advances the state of the art in medical image analysis. The proposed model offers a compelling balance between accuracy and speed and demonstrates potential for integration into real-world diagnostic workflows, particularly in early disease screening, lesion monitoring, and multi-modal image interpretation.

5.2 Achievements and Contributions

This research makes several noteworthy contributions to the field of medical image analysis, particularly in the domain of multi-modal object detection. The primary achievement lies in the development of a novel hybrid object detection framework that strategically combines the computational efficiency of **YOLOv8** with the global reasoning capabilities of **Vision Transformers (ViT)** and the multi-scale fusion strengths of the **Adaptive Cross-Attention Fusion (ACAF)** module. This architectural synergy was specifically designed to address major limitations in current medical imaging systems, particularly in detecting small, densely located lesions and integrating information from different imaging modalities.

One of the key achievements of this thesis is the **successful design and implementation of the YOLOv8 + ViT + ACAF hybrid architecture**, which not only preserves the real-time inference capabilities of YOLOv8 but also incorporates global feature modeling through transformer-based attention mechanisms. This hybrid approach overcomes the CNN's inherent limitation in modeling long-range spatial dependencies, a feature that is particularly beneficial when analyzing complex medical images where contextual information across the entire image is often crucial for accurate diagnosis.

Another significant contribution is the development and integration of the **ACAF module**, a custom attention-based fusion mechanism that enhances the model's ability to combine features from different image scales and modalities. This component proved essential in bridging the representational gap between low-resolution global context and high-resolution local features. The ACAF module enables more precise localization and improved discrimination of small, overlapping, or subtly presented anomalies in radiological scans, fundus images, and MRIs.

The research also provides an in-depth **comparative evaluation across multiple real-world datasets**, including BraTS-Det (brain tumor MRI), NIH-Det (lung nodules in chest X-ray and CT), (retinal fundus imaging for diabetic retinopathy). These datasets were chosen to ensure robustness across imaging modalities and clinical domains. Through extensive experimentation,

the proposed model demonstrated a consistent improvement in metrics such as **mean Average Precision (mAP)**, **F1-score**, and **recall**, especially in the detection of small lesions under 5 mm—areas where traditional CNN-based detectors showed performance degradation.

Moreover, this study contributes a **comprehensive benchmarking framework** comparing the proposed hybrid model with several state-of-the-art alternatives, including **RT-DETR**, **Faster R-CNN**, **RetinaNet**, and **TransYOLO**. These comparisons were presented with detailed PR curves, confusion matrices, and class-wise evaluations, offering critical insights into model behavior in both controlled and clinical conditions.

Additionally, the architecture developed in this work is **modular and extendable**, offering flexibility for future research and application across domains such as dermatology, digital pathology, ophthalmology, and real-time surgical assistance. The thesis also addresses **real-time deployability**, proving that integrating ViTs into CNN-based detectors does not necessarily compromise speed, especially when paired with efficient modules like ACAF.

In summary, this research advances the state of the art in medical object detection by providing an optimized, scalable, and clinically adaptable solution. The YOLOv8 + ViT + ACAF model sets a new benchmark for real-time, small-lesion-sensitive medical image analysis, and opens up avenues for broader applications in the AI-assisted healthcare ecosystem.

5.3 Clinical Implications

The clinical implications of this research are multifaceted, reflecting the increasing demand for reliable, efficient, and accurate computer-aided diagnostic (CAD) systems in healthcare. By developing and validating a hybrid object detection model—**YOLOv8 + Vision Transformer + ACAF**—this thesis contributes directly to improving diagnostic workflows in radiology, oncology, ophthalmology, and beyond. The model's ability to detect small and complex lesions across diverse imaging modalities has significant relevance for both early diagnosis and treatment planning.

Enhanced Early Diagnosis and Screening

One of the most critical applications of medical imaging is the early detection of diseases. In many cases, early-stage pathologies—such as microaneurysms in diabetic retinopathy, pulmonary nodules in early lung cancer, or microcalcifications in breast cancer—manifest as small, barely visible features within complex anatomical backgrounds. Traditional CNN-based object detectors often underperform in such cases due to limited receptive fields and insufficient contextual awareness. By integrating **self-attention mechanisms from Vision Transformers** and incorporating the **ACAF module for multi-scale fusion**, the proposed model demonstrates significantly improved **recall for lesions smaller than 5 mm**, which is clinically vital for early intervention.

In diabetic retinopathy screening, for instance, the ability to accurately identify early microaneurysms and hemorrhages in fundus images allows for timely referrals to ophthalmologists, reducing the risk of vision loss. Similarly, in breast cancer screening, detecting microcalcifications early can lead to a diagnosis of ductal carcinoma in situ (DCIS), which is highly treatable if caught at the right time. The YOLOv8 + ViT + ACAF model, with its high precision and sensitivity in detecting such small abnormalities, can play a pivotal role in scaling up population-level screening programs while reducing radiologist workload.

Real-Time Assistance in Radiology and Oncology

Real-time object detection is critical for imaging modalities used in intra-operative settings or high-throughput environments, such as emergency rooms and tele-radiology centers. The **YOLOv8 framework**, known for its rapid inference capability, ensures that integration of Vision Transformers does not compromise clinical feasibility. The hybrid model maintains **low inference latency**, making it suitable for use in scenarios where rapid decision-making is essential, such as:

- **Surgical navigation systems**, where tumors must be identified in real time.
- **Endoscopy and colonoscopy workflows**, where polyps are to be detected frame-by-frame.
- **Interventional radiology**, where real-time object localization assists during image-guided biopsies or ablations.

The model can serve as a **decision support system**, flagging regions of interest for the radiologist, thereby reducing fatigue and inter-observer variability. It can also improve diagnostic consistency by providing quantitative markers like bounding box coordinates and confidence scores.

Multi-Modality Integration for Holistic Diagnosis

Clinical decisions are often based on a combination of imaging modalities. For example, **brain tumor diagnosis** often involves T1, T2, and FLAIR MRI sequences, while **lung pathology evaluation** may combine chest X-ray and CT. Traditional object detectors are not inherently designed for cross-modal feature integration. The proposed architecture, however, through the **ACAF module**, enables the fusion of features from different scales and modalities, improving the robustness of detection across image types.

This **multi-modal capability** is particularly valuable in complex cases such as:

- **MRI-CT fusion for brain tumor localization**, where contrast and resolution vary by sequence.
- **X-ray and CT fusion for pulmonary nodules**, where overlapping structures can confound diagnosis.
- **PET-CT imaging in oncology**, where metabolic and anatomical information must be jointly interpreted.

By improving feature fusion and preserving semantic coherence across modalities, the model enhances the clinician's ability to make holistic, informed decisions.

Transferability Across Specialties

Another strength of the proposed framework lies in its **modularity and adaptability**. The same model backbone, with minor domain-specific fine-tuning, can be deployed in:

- **Dermatology**, for detecting malignant skin lesions in dermatoscopic images.
- **Pathology**, for identifying cancer cells and mitotic figures in whole-slide histopathology.
- **Cardiology**, for identifying calcified plaques or aortic dissections in CT angiograms.

This cross-specialty transferability ensures that the model is not limited to a narrow set of tasks but can evolve into a **unified detection framework for medical imaging AI**.

Reduction in Diagnostic Errors and Workload

The clinical workload for radiologists and specialists continues to grow globally, with imaging volumes rising faster than the workforce. AI-assisted detection systems like the one proposed in this study can **alleviate bottlenecks by automating initial screening**, triaging normal cases, and highlighting abnormal findings for focused review. This improves productivity and reduces burnout without compromising diagnostic accuracy.

Additionally, the improved recall and reduced false negatives of the proposed model address one of the most critical limitations of many existing CAD tools: **the risk of missed diagnosis**, which can have severe medicolegal and health consequences.

5.4 Limitations of the Study

While the proposed YOLOv8 + Vision Transformer + ACAF architecture demonstrates significant advancements in multi-modal medical object detection, several limitations must be acknowledged. These limitations stem from both technical constraints and practical considerations in medical imaging applications and provide a basis for understanding the boundaries of this study's current contributions.

1. Limited to 2D Medical Imaging

A primary limitation is the focus on **two-dimensional (2D) imaging data**, as represented in the BraTS-Det (MRI slices), NIH-Det (X-ray/CT), (fundus images) datasets. While 2D datasets are widely used and clinically relevant, especially in X-ray and fundus imaging, many modern diagnostic tasks involve **three-dimensional (3D) volumetric data**, particularly in CT and MRI scans. Lesions in such datasets may span multiple slices or exhibit complex spatial patterns that cannot be fully captured in 2D projections. The current model does not exploit inter-slice dependencies or volumetric continuity, limiting its application in cases where spatial depth plays a vital diagnostic role (e.g., tumor growth assessment, vascular abnormalities).

2. Computational Overhead from Transformer Integration

The integration of Vision Transformers, while beneficial for capturing global context, introduces **additional computational overhead**. Transformers typically exhibit **quadratic complexity** with respect to input size due to self-attention operations. Although the use of a compact ViT encoder and efficient ACAF module mitigates some of this cost, the hybrid model still requires **more memory and processing power** than a pure YOLOv8 configuration. This becomes especially significant when deploying the model in **resource-constrained environments**, such as mobile radiology units or edge devices in rural healthcare settings. While the model remains within real-time performance boundaries on high-end GPUs, its speed and scalability on low-power hardware remain to be optimized.

3. Limited Dataset Diversity and Scale

The study evaluated the proposed architecture on **three curated datasets**, each with strong clinical relevance. However, these datasets, though representative—may not fully encompass the **heterogeneity of real-world clinical imaging**, which includes variations in scanner types, image resolution, patient demographics, and imaging artifacts. For instance, BraTS-Det and datasets, while well-annotated, lack significant diversity in imaging protocols, and the NIH-Det subset is manually curated from a larger dataset. As a result, the model may encounter **generalization challenges** when applied to noisy, uncurated clinical data from other institutions or populations.

4. Absence of Explainability and Uncertainty Estimation

Despite the enhanced performance in detection accuracy, the current model lacks integrated **explainability features**. In clinical practice, it is important for radiologists and clinicians to understand why an AI system identifies a specific lesion or region of interest. Methods such as **Grad-CAM**, **attention heatmaps**, or uncertainty estimation were not implemented in this study, potentially limiting the model's acceptance in high-stakes clinical environments where explainability and **transparency are critical for trust and regulatory approval**.

5. Multi-Modality Fusion Limited to Pairwise Scenarios

The ACAF module facilitates fusion across different modalities (e.g., MRI-T1 + T2), but the current design is **optimized for two-modality combinations**. Many real-world clinical applications require tri-modal or multi-sequence fusion (e.g., T1, T2, FLAIR, and T1CE in brain

imaging), which introduces increased complexity in alignment and fusion strategy. Further research is needed to scale ACAF and similar modules to handle **higher-order modality fusion** effectively.

5.5 Future Work and Research Directions

The promising outcomes of this study, particularly the superior performance of the YOLOv8 + Vision Transformer + ACAF model across diverse datasets, open several avenues for future research. This section outlines both short-term and long-term opportunities to enhance the model's efficiency, scalability, interpretability, and applicability in real-world medical workflows.

5.5.1 Extending to 3D Volumetric Medical Imaging

One of the most crucial directions for future work is the **adaptation of the proposed framework to 3D volumetric data**, particularly for MRI and CT scans. Most clinical diagnostic procedures, especially in oncology and neurology, rely on multi-slice or full-volume imaging to assess tumor growth, structural deformations, or disease progression.

Transforming the current 2D-based architecture into a **3D-aware detection framework** would involve:

- Integrating **3D convolutions** or **spatio-temporal attention layers**.
- Applying **ViT-3D** models, such as Video Swin Transformer or Transformer3D, which are tailored for volumetric or temporal sequences.
- Redesigning the ACAF module to perform cross-modal attention in **3D feature spaces**.

This extension would significantly improve lesion localization across slices, reduce missed detections due to slice-wise variability, and enable better anatomical context modeling.

5.5.2 Optimizing the Framework for Edge Devices

Despite maintaining reasonable inference speed, the inclusion of Transformer modules increases the model's computational cost. **Deploying AI models in low-resource or point-of-**

care settings—such as rural clinics, mobile diagnostic units, or handheld ultrasound devices—demands ultra-efficient performance.

Future work can be explored:

- **Model compression techniques** such as pruning, quantization, and weight-sharing to reduce memory usage.
- **Knowledge distillation**, where a smaller "student" model learns from the full hybrid architecture to replicate performance with reduced complexity.
- Utilizing **lightweight transformer variants**, like MobileViT or Linformer, that preserve self-attention capabilities while lowering computational demands.

This would make the hybrid model more suitable for **edge computing and embedded AI applications** in remote or underserved areas.

5.5.3 Developing Fully Multi-Modal Fusion Systems

While the ACAF module enables cross-modal fusion, its current implementation is limited to dual-modality integration (e.g., X-ray + CT or T1 + T2). Many advanced diagnostic protocols require fusion across **three or more modalities**, such as:

- PET-CT-MRI in oncology,
- FLAIR-T1CE-T2 for brain tumor characterization,
- ECG-integrated ultrasound in cardiology.

Future work should explore **hierarchical or graph-based fusion architectures**, where each modality contributes to a node in a learning graph, and relationships are modeled through attention or graph convolutions. This will allow scalable and clinically robust **multi-modal reasoning**, enabling a more holistic interpretation of disease states.

5.5.4 Incorporating Explainability and Interpretability

One major barrier to clinical adoption of AI in healthcare is the **black-box nature** of most deep learning models. To enhance clinician trust and regulatory approval, future versions of this framework should be incorporated:

- **Explainability modules**, such as Grad-CAM, attention rollout, or saliency maps to visualize areas of interest.
- **Uncertainty estimation techniques**, such as Monte Carlo Dropout or Bayesian modeling, to indicate predict confidence levels.
- **Interactive AI dashboards**, where radiologists can inspect the model's intermediate feature maps and attention distributions.

These efforts will not only improve transparency but also assist clinicians in **interpreting borderline or ambiguous cases**, where AI decisions must be scrutinized.

5.5.5 Leveraging Self-Supervised and Few-Shot Learning

Annotated medical imaging data is scarce and expensive to obtain. Future research can significantly benefit from **self-supervised learning (SSL)** methods that learn from unlabeled data, and **few-shot learning (FSL)** approaches that generalize from minimal supervision.

For instance:

- **Contrastive learning** techniques can be applied to pretrain the ViT encoder using large-scale unlabeled medical datasets (e.g., chest X-rays, histopathology slides).
- **Meta-learning strategies** can be employed to fine-tune the model for rare pathologies or underrepresented populations with very few examples.

This would greatly improve the framework's **data efficiency and adaptability to new tasks**, making it ideal for emerging diseases and rare conditions.

5.5.6 Building End-to-End Clinical Pipelines

The current research focuses on object detection. However, clinical diagnosis often involves a series of tasks—**detection, segmentation, classification, and report generation**. A natural extension is to integrate the proposed model into a **multi-task, end-to-end diagnostic pipeline**.

Such a system could:

- Detect lesions → Segment structures → Classify disease severity → Generate structured reports.
- Use unified transformer-based backbones for shared representation learning across tasks.
- Serve as a clinical assistant that not only identifies anomalies but also explains their significance and suggests next steps.

This will enhance real-world usability and provide **comprehensive AI support** to radiologists and clinicians.

5.5.7 Establishing New Benchmarks and Open Datasets

To foster research reproducibility and collaboration, future work should aim at:

- **Open source the proposed architecture**, pretrained weights, and training scripts.
- **Curate and annotate new multi-modal datasets**, especially in underrepresented domains like pediatric imaging, dermatology, and endoscopy.
- Propose **standardized evaluation protocols** for hybrid models, incorporating clinical outcome-based metrics.

These initiatives will drive progress in the field and **set a benchmark for hybrid object detection systems** in medical AI.

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About the Author

I am Rakib Abdullah Al, a passionate researcher and aspiring AI professional, currently pursuing a Master of Science in Artificial Intelligence at Nanjing University of Information Science and Technology (NUIST), China. My academic journey has been driven by my deep interest in the transformative potential of AI, particularly in the field of medical image analysis. I graduated with a **bachelor's** degree in Microelectronics Science and Engineering from Yangzhou University, China, where I earned several scholarships and distinguished myself as a dedicated student. My academic background provides a solid foundation for my advanced research in AI and its applications in healthcare.

My primary area of interest lies in deep learning, machine learning, and computer vision, with a focus on creating innovative solutions for early disease diagnosis and treatment planning. I am particularly passionate about improving healthcare outcomes through the development of AI-powered diagnostic tools, which can assist clinicians in making accurate, real-time decisions. Diseases such as cancer, cardiovascular conditions, and diabetic retinopathy, where early detection plays a crucial role in patient outcomes, are among the challenges I aim to address through advanced AI models and techniques.

Throughout my academic career, I have explored various AI-related areas, including developing deep learning models for pneumonia detection in chest X-ray images, brain tumor identification in MRI scans, and diabetic retinopathy screening using retinal fundus images. These experiences have allowed me to deepen my understanding of the capabilities of AI in medical diagnostics while contributing to meaningful advancements in healthcare technologies.

In addition to my academic pursuits, I have been an entrepreneur and the Founder and CEO of EduExpress International, a consultancy dedicated to helping students secure placements at top international universities. Under my leadership, EduExpress International has supported over 800 students in achieving their educational goals through assistance with

university admissions, scholarship applications, visa processing, and job placements. This experience has allowed me to develop strong leadership, communication, and problem-solving skills while honing my ability to manage and guide teams towards achieving collective success. The success of EduExpress, with a 98% success rate in student placement, has been an immensely fulfilling part of my journey.

I possess a diverse set of skills, particularly in the areas of Python programming, TensorFlow, Scikit-learn, deep learning, and computer vision, which I use to develop state-of-the-art AI solutions for real-world problems. My research contributions are also reflected in several publications, where I have explored various deep learning techniques for medical image analysis, particularly for automated detection systems. These publications have given me the opportunity to engage with global research communities, collaborating with experts to push the boundaries of AI applications in healthcare.

Beyond my professional and academic achievements, I am multilingual, fluent in English, Chinese, Hindi, Urdu, and Bangla, which has allowed me to work across diverse cultural contexts. My ability to communicate effectively across different languages has been a significant asset in my academic and professional endeavors, particularly in my interactions with international collaborators and research teams.

Looking ahead, my career aspirations are focused on contributing to the development of AI-driven technologies that can significantly improve clinical diagnostics and patient care. I am committed to advancing the field of medical AI through continuous research, the development of innovative AI models, and collaboration with interdisciplinary teams. By leveraging my technical skills and experiences, I hope to play a key role in enhancing healthcare systems, making them more efficient, accurate, and accessible to people worldwide.

Author Publications

1. EfficientNet-Based Model for Automated Classification of Retinal Diseases Using Fundus Images. *European Journal of Computer Science and Information Technology*, 12(8), 4861–4875.
 - DOI: <https://doi.org/10.37745/ejcsit.2013/vol12n84861>
 - Publication Date: November 16, 2024
2. A Comparative Study on the Detection of Pneumonia in Chest XRay Images Utilizing Deep Learning Models. *European Journal of Computer Science and Information Technology*, 12(7), 1111–1125.
 - DOI: <https://doi.org/10.37745/ejcsit.2013/vol12n7111>
 - Publication Date: October 27, 2024
3. Al Rakib, A. (2023). Real-Time Object Detection in Medical Imaging Using YOLO Models for Kidney Stone Detection. *European Journal of Computer Science and Information Technology*, 12(7), 5465–5480.
 - DOI: <https://doi.org/10.37745/ejcsit.2013/vol12n75465>
 - Publication Date: October 27, 2024
4. Al Rakib, A. (2024). A Hybrid Approach to Brain Tumor Detection: Combining Deep Convolutional Networks with Traditional Image Processing Methods for Enhanced MRI Classification. *International Journal of Multidisciplinary Research in Science, Engineering and Technology*, 7(10), 1–15.
 - DOI: <https://doi.org/10.15680/IJMRSET.2024.0710001>
 - Publication Date: October 2024
5. Al Rakib, A. (2024). Human-Centered Design in Human-Robot Interaction: Evaluating User Experience and Usability. *Bulletin of Business and Economics*, 9(3), 148–160.
 - DOI: <https://doi.org/10.61506/01.00148>
 - Publication Date: December 25, 2023

6. Al Rakib, A. (2024). Deep Learning for Climate Change Impact Assessment: Analyzing Satellite Imagery and Climate Models for Environmental Monitoring. *North American Academic Research*, 11(7), 1–14.
 - DOI: <https://dx.doi.org/10.22161/jjaers.11.7>
 - Publication Date: July 2024.
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 - DOI: <http://dx.doi.org/10.5281/zenodo.14105181>
 - Publication Date: November 12, 2024
7. Al Rakib, A. (2023). A Comparative Study on the Detection of Pneumonia in Chest XRay Images Utilizing Deep Learning Models. *European Journal of Computer Science and Information Technology*, 12(7), 711–725.
 - DOI: <https://doi.org/10.37745/ejcsit.2013/vol12n7111>
 - Publication Date: October 27, 2024