

# **Stress Relief** **App - Flutter** **Task**



# Pages:

New User Page

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Authentication

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Login Page

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Home Page

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Breathing Exercise

Daily Quotes

---

Bubble Popping Game

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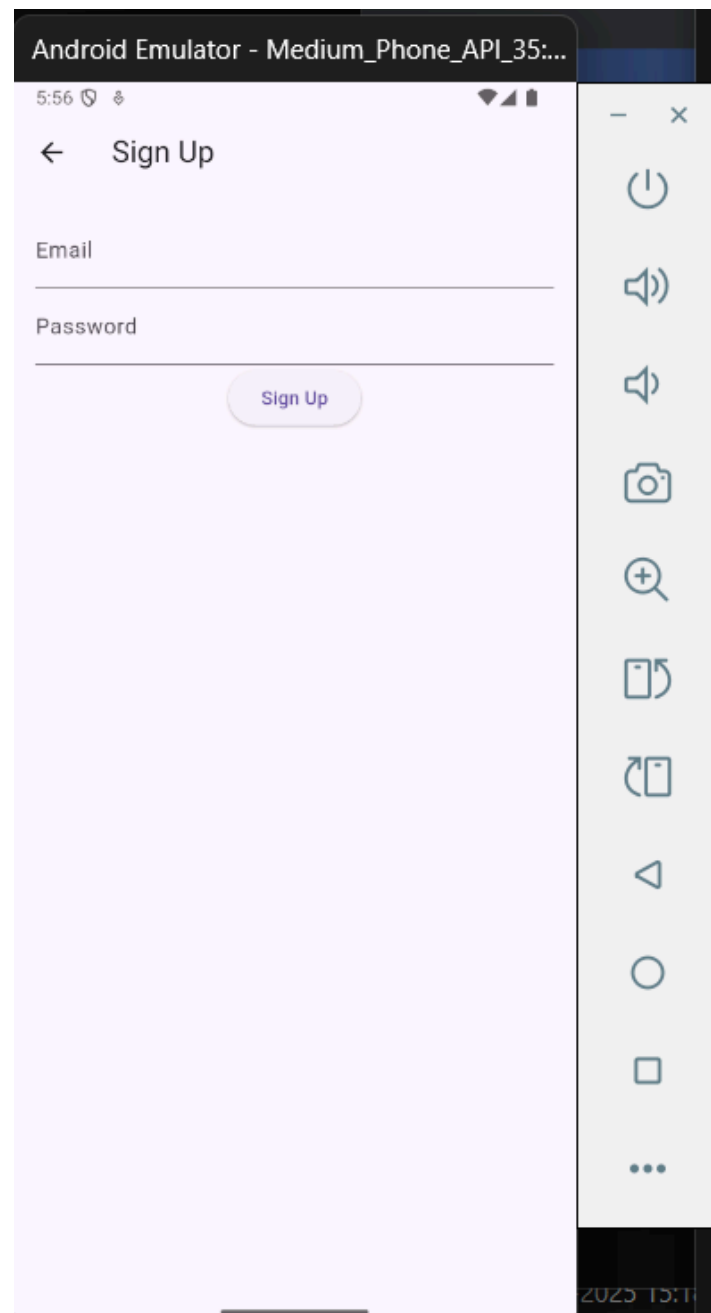
Get Help Form

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Firebase Database

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# New User Page:

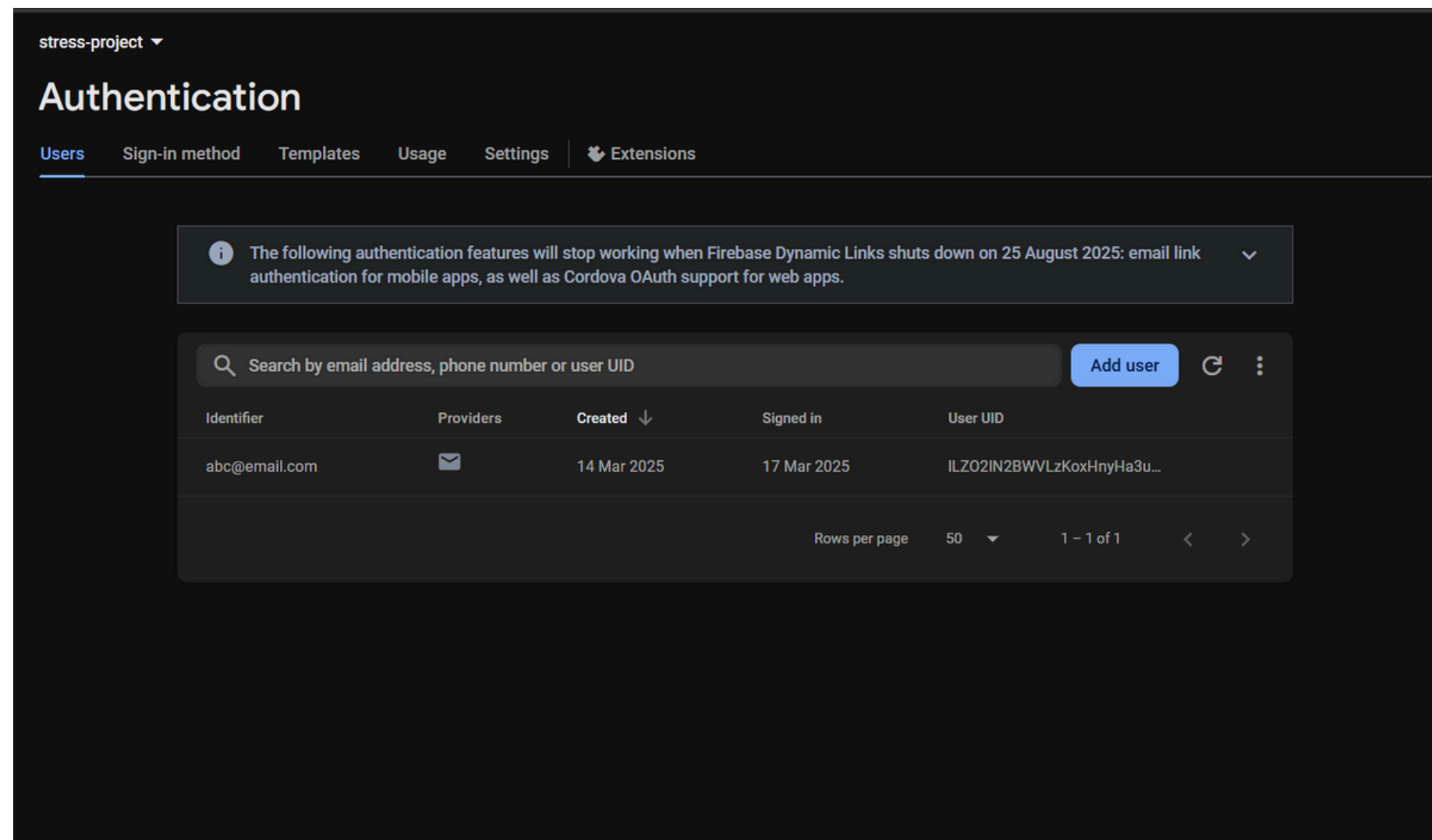


## Stress Relief App - New User Page:

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- In this page a new user is registering
- The data is stored in firebase authentication

# Authentication:

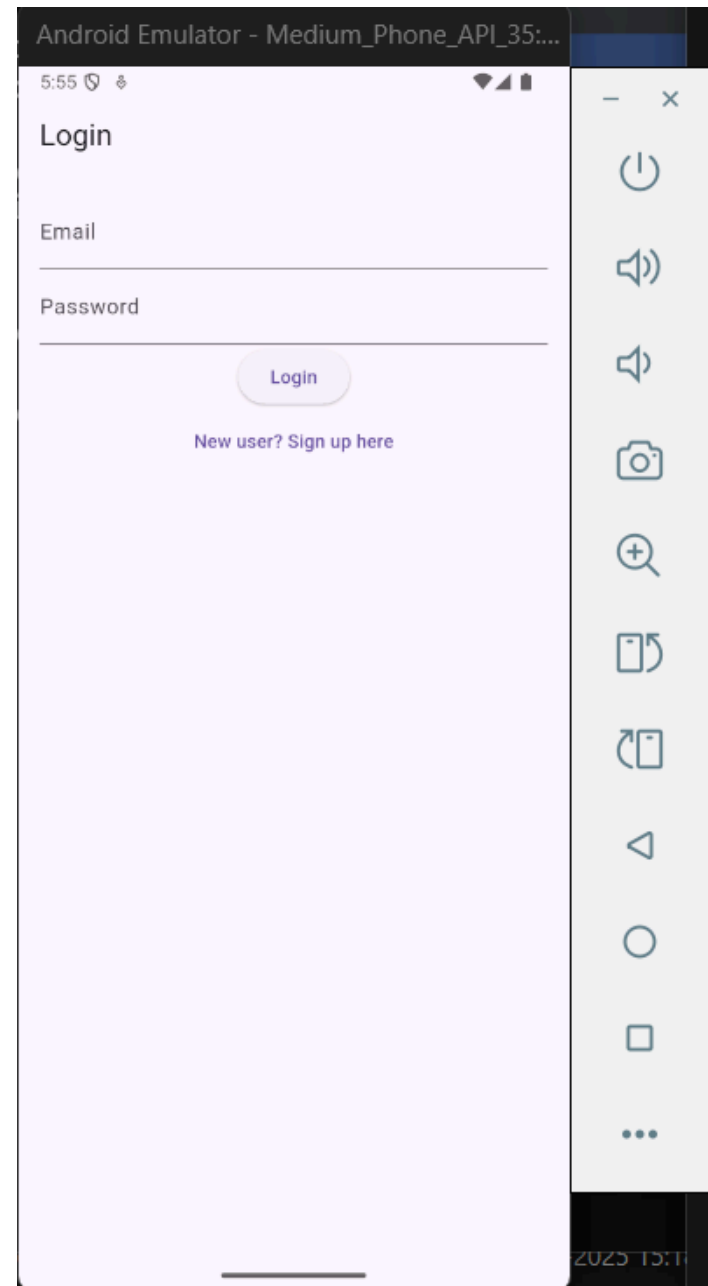


## Stress Relief App - Authentication:

- This is the firebase console where new user is store for authentication



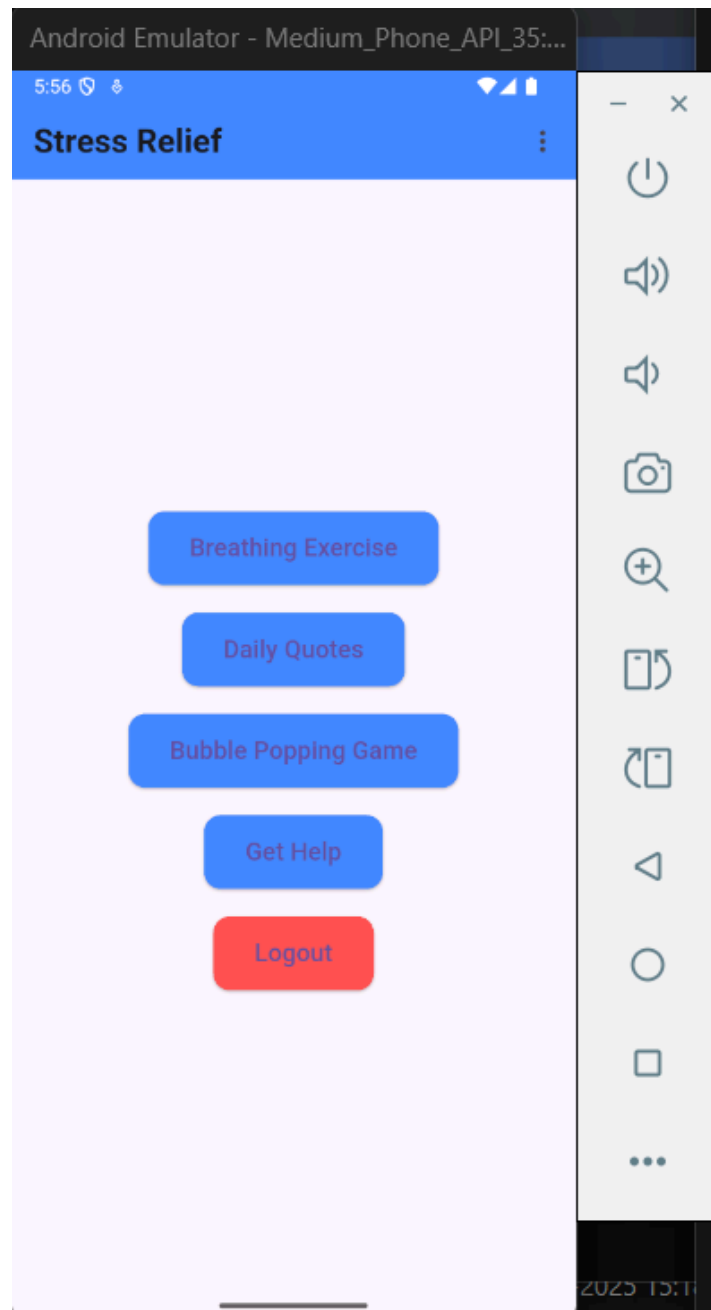
# Login Page:



## Stress Relief App - Login Page:

- This is the login page, after signing up, it comes to this page
- It verifies the user and logs into the application

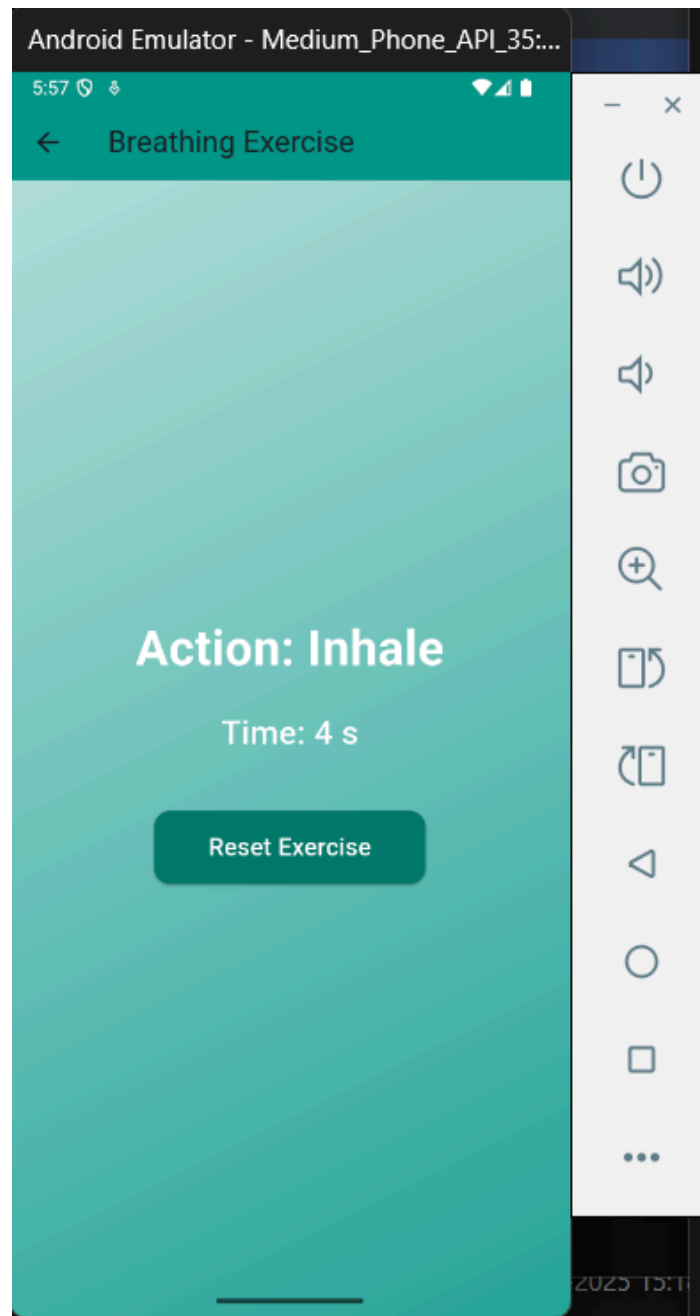
# Home Page:



## Stress Relief App - Home Page:

- This is the home page of the app
- Here the other page routing is done
- In the header language change option is present
- There is logout option at the bottom of the page

# Breathing Exercise Page:

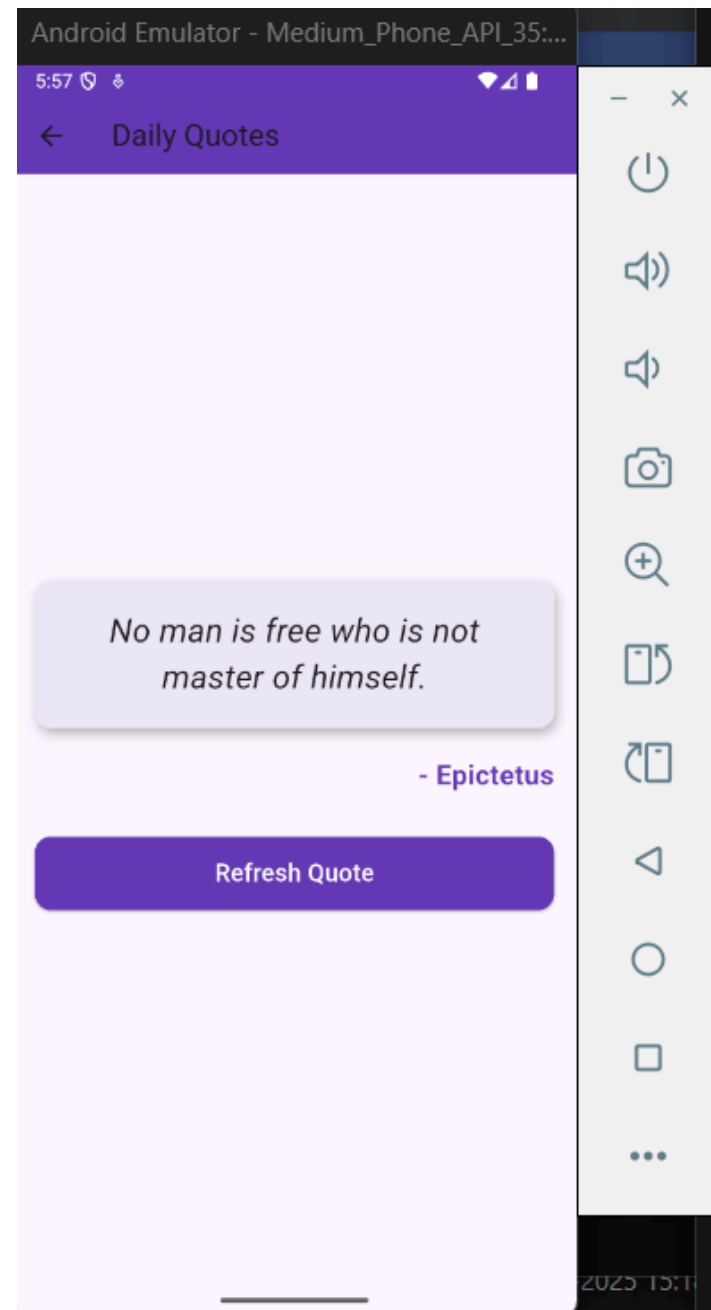


## Stress Relief App - Breathing Exercise Page:

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- In this page user can do breathing exercise repeatedly for 14 seconds

# Daily Quotes Page:

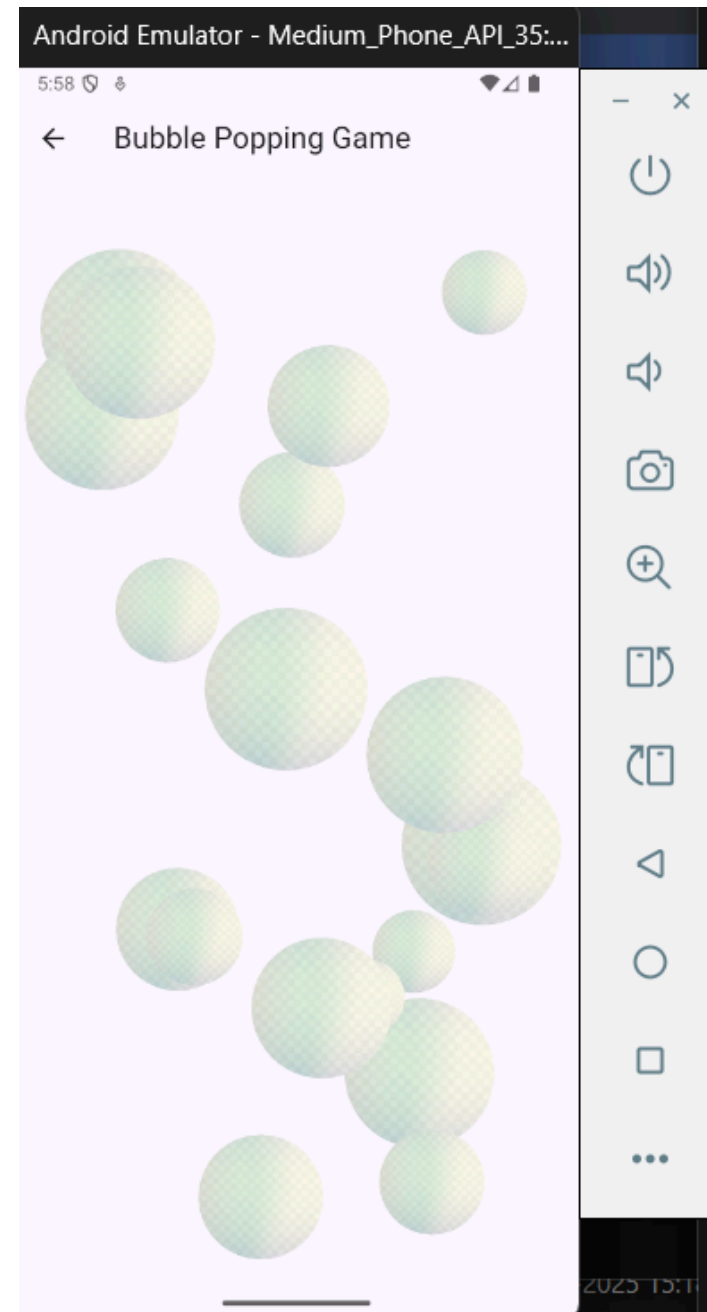


## Stress Relief App - Daily Quotes Page:

- In this page, motivational quotes are displayed every 15 seconds to relax the mind



# Bubble Game Page:

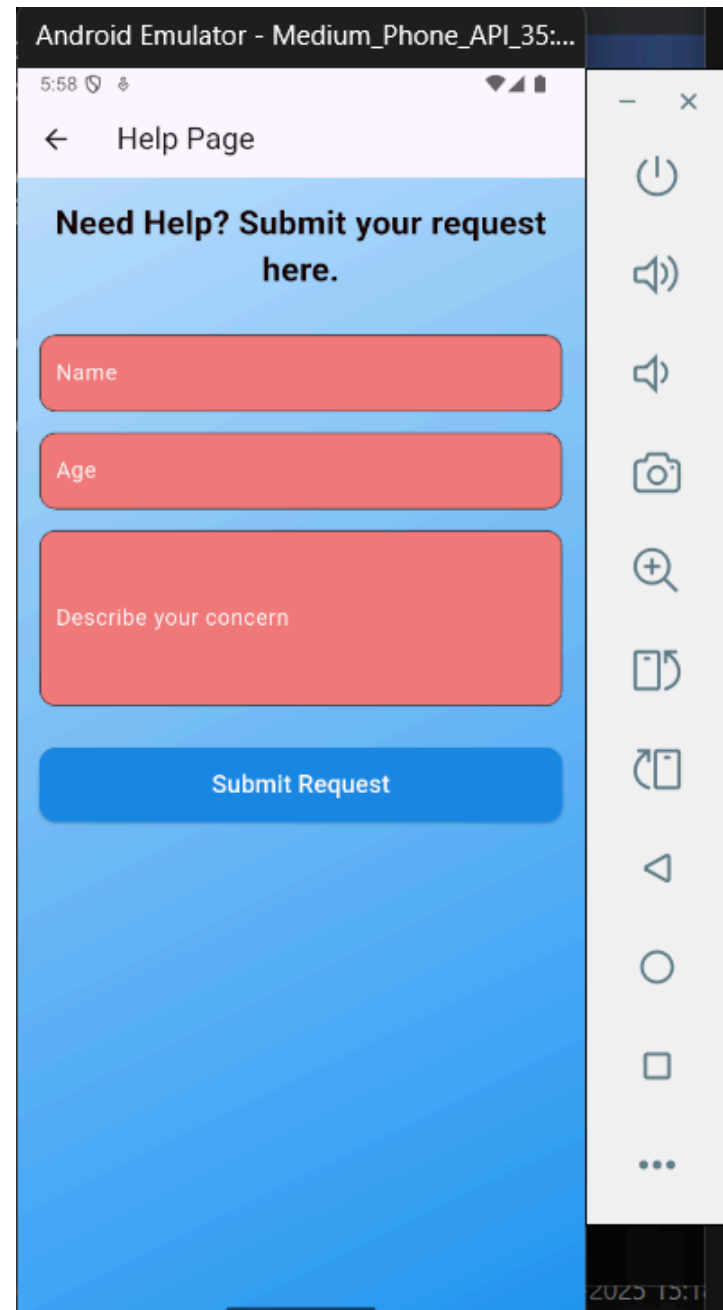


## Stress Relief App - Bubble Game Page:

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- When the user is stressed and want to relax, he can play this relaxing game of popping bubbles
- Here images are used

# Help Page:

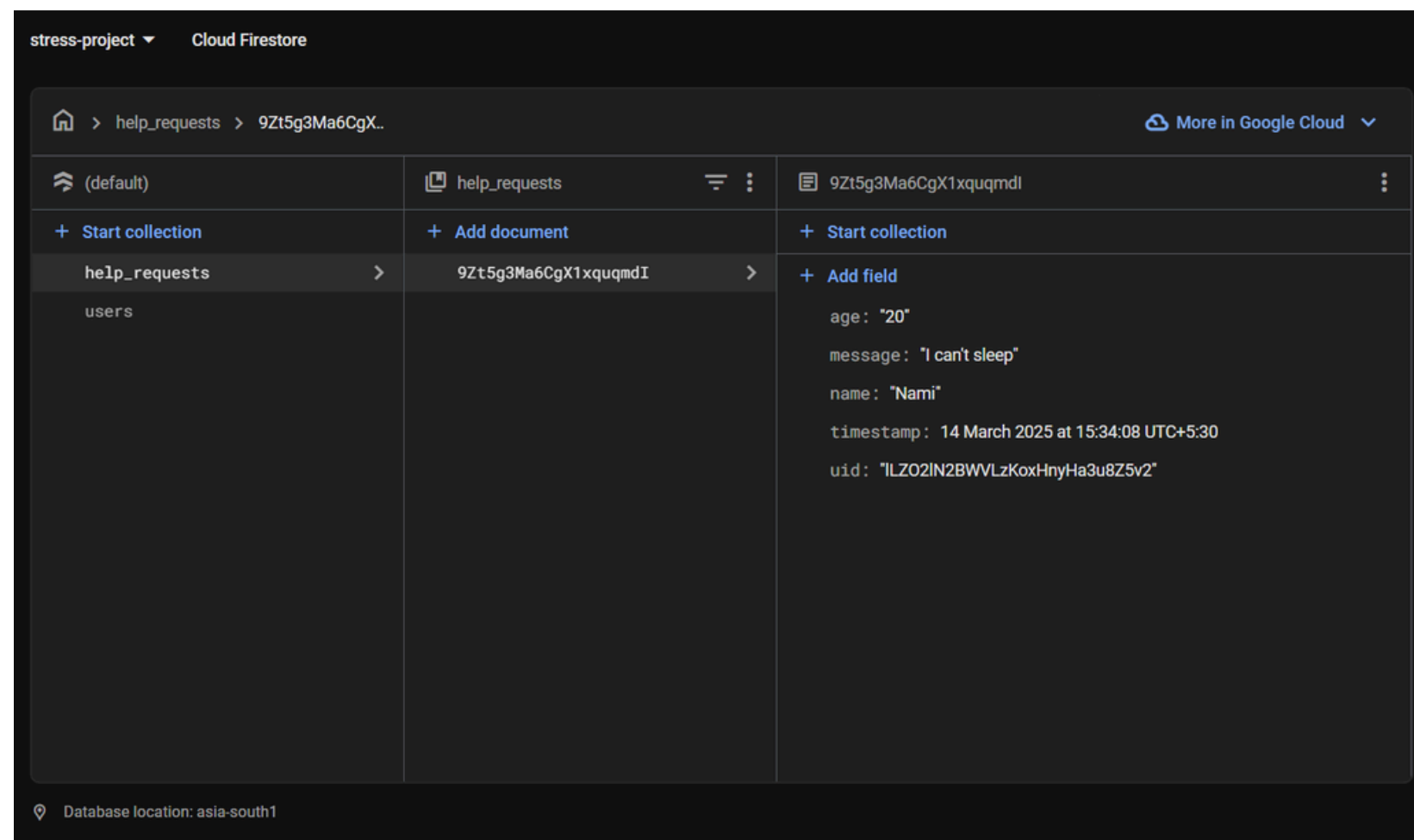


The screenshot shows an Android emulator window titled 'Android Emulator - Medium\_Phone\_API\_35:...' with a status bar at the top displaying '5:58' and various icons. The app's title bar is 'Help Page'. The main content area has a light blue background and contains the text 'Need Help? Submit your request here.' followed by three red input fields labeled 'Name', 'Age', and 'Describe your concern'. Below these fields is a blue button labeled 'Submit Request'. The right side of the emulator shows a vertical toolbar with icons for power, volume, camera, zoom, and other functions.

## Stress Relief App - Help Page:

- When the user wants specific help, they can fill the form
- The message is stored in the database
- And specific help can be arranged

# Database:



## Stress Relief App - Firebase Database:

- Here the form from help page is stored

**Thank  
You**