

Cardiac Assessment Report

Generated on: 20/9/2025 | Session ID: session_002

Key Body Vitals

Overall Health Score

17 %

Poor

Heart Rate

66 bpm

Normal

Blood Pressure

110/75 mmHg

Normal

Oxygen Saturation

95 %

Normal

Respiratory Rate

19 breaths/min

Normal

Cardiovascular Endurance

Jog Test Time

N/A seconds

Max Heart Rate

191 bpm

Heart Rate Reserve

125 bpm

Target Heart Rate Range

< 90

Body Composition

BMI

9.51

*Underweight***Body Fat Percentage**

-0.90 %

Lean Mass

20.18 kg

Fat Mass

-0.18 kg

Basal Metabolic Rate

995.39 kcal

Report generated automatically by Assessment Management System

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