

supplies

fridge

1 lettuce
1 bag arugula
1 bag flax seed meal
1 pkg miso
2 btl pickles
1 red cabbage
1 savoy cabbage
3 egg plant
4 dzn eggs
2 leafy greens
1 melon
3 oranges

3 zucchini
1 bag carrots
1 bag celery
1 bch parsley
3 lbs apples
1 box blueberries
3 lbs pears
1 box raspberries
1 box strawberries
3 avocados
1 pkg bacon
1 pkg breakfast sausage
1 pkg brie
1 box feta

6 lemons
6 limes
8 oz parmesan
2 cans beer
2 cans guinness
1 btl capers
1 btl dijon mustard
1 btl fish sauce
1 btl grainy mustard
1 btl mayonnaise
1 btl soy sauce
1 btl mirin
1 box wine
1 box salted butter

1 btl maple syrup
1 ctn almond milk
2 qts milk
2 con skyr
2 con skyr
1 ctn walnut milk
1 btl almond butter
1 btl jam
1 btl peanut butter
1 bag chia seeds

tall cabinet

1 bag better for bread flour
d bag whole wheat flour
1 bag all purpose flour (soft white)
1 bag brown sugar
1 bag cane sugar

tea and coffee cabinet

1 box chemex filters
1 lbs assam
1 lbs ceylon
1 bag coffee dark roast
1 bag coffee light roast
16 oz genmaicha
16 oz keemun
16 oz oolong
8 oz pu erh
16 oz sencha
1 box ginger tea bags
1 box lemon tea bags

1 can matcha mix
1 box mint tea bags
1 box sleepy time tea bags
1 box hot chocolate mix

cooking cabinet

1 bag corn meal
1 bag erythritol and stevia
1 box fine sea salt
1 box kosher salt
1 bag steel cut oats
1 bag whey powder
1 btl almond extract
1 btl apple cider vinegar
1 btl avocado oil
1 pkg baking powder
1 pkg baking soda
1 btl balsamic vinegar

1 btl coconut oil
1 btl corn starch
1 fresh garlic
1 btl honey
1 btl italian evoo
1 btl molasses
1 btl red wine vinegar
1 btl rice vinegar
16 oz sesame seeds
1 btl spanish evoo
1 box tapioca
1 btl vanilla extract
1 btl worcestershire sauce
1 btl yeast

1 bag grits

cooking drawer

1 box parchment paper
1 box plastic wrap
1 box sandwich bags
1 box storage bags
1 box thin aluminum foil
1 box waxed paper

trash cabinet

1 pkg 15 g blue bags
1 pkg 33 g blue bags

sink cabinet

1	can	bar keepers friend (liquid)
1	can	bar keepers friend (powder)
1	can	bon ami
1	jug	dishwashing detergent
1	box	dishwashing tabs
1	box	sos pads
1	bt1	veggie wash

bathroom closet

2	12p	toilet paper
1	pkg	aleppo soap
1	bt1	conditioner
1	pkg	floss
1	bt1	head & shoulders shampoo
1	pkg	picks
1	box	q-tips
1	pkg	razor blades
1	box	saline packets
1	tub	shaving cream
1	bt1	isopropyl alcohol
1	bt1	peroxide

1	bt1	vanicream cream
1	bt1	vanicream lotion

snack station

1	bar	chocolate bars
1	box	chocolate candies
1	box	dried fruit
2	bag	peanuts
2	bag	raw almonds
2	bag	raw brazil nuts
2	bag	raw pecans
2	bag	walnuts

basement stair landing

2	pkg	70% baking chocolate
1	pkg	baking cocoa
2	bag	chocolate chips
1	box	lasagna noodles
1	pkg	unsweetened baking chocolate
1	bt1	vanilla extract
1	bag	corn polenta
1	bag	flaked coconut
1	bag	flax seed meal
1	bag	puffed wheat
1	bag	raw pumpkin seeds
1	bag	raw sunflower seeds

1	bag	rolled oats
2	pkg	baking powder
1	pkg	baking soda
1	bag	bread crumbs
1	bt1	capers
1	bt1	corn starch
1	pkg	dried milk
1	box	fine sea salt
1	bt1	green salsa
1	bt1	honey
1	bt1	jam
1	box	kosher salt
1	bt1	molasses
2	bt1	pickles

1	bag	almond meal
1	bag	brown rice flour
1	bag	corn meal
1	bag	sweetened coconut
1	bag	tapioca flour
1	bag	white rice flour
2	can	black beans
2	can	coconut cream
4	can	diced & fire rstd tomatoes
1		fresh garlic
2	can	garbanzo beans
2	bt1	marinara
4	can	no salt diced tomatoes
2	can	pumpkin

2	can	tomato paste
2	can	whole plum tomatoes
2	bt1	almond butter
1	can	anchovies
1	bt1	apple cider vinegar
1	bt1	avocado oil
1	bt1	balsamic vinegar
1	bt1	clam juice
1	bt1	coconut oil
1	bt1	dijon mustard
1	bt1	grainy mustard
4	can	herring
1	bt1	italian evoo
1	bt1	mayonnaise

1	bt1	mirin
2	bt1	peanut butter
1	bt1	red wine vinegar
1	bt1	rice vinegar
4	can	sardines
1	bt1	spanish evoo
1	bt1	white vinegar
1	bt1	worcestershire sauce
1	box	beef broth
1	box	chicken broth
2	8p	flavored seltzer
2	12p	plain seltzer
1	can	sesame seed oil
1	bt1	soy sauce

1	box	vegetable broth
1	bag	wild rice
1	12p	beer
1	12p	guinness
6	box	kleenex
6	box	parchment paper
1	box	plastic wrap
1	box	sandwich bags
1	box	thick aluminum foil
1	box	thin aluminum foil
1	box	waxed paper
1	box	wine
1	pkg	napkins
1	box	storage bags

3	lbs	potatoes
3	lbs	red onions
3		squash
3	lbs	sweet potatoes
3	lbs	yellow onions
1	bag	brown sugar
1	bag	cane sugar
1	bag	powdered sugar

basement shelves

1	lbs	assam
1	lbs	ceylon
1	box	chemex filters
1	box	ginger tea bags
16	oz	keemum
1	box	lemon tea bags
1	can	matcha mix
1	box	mint tea bags
16	oz	sencha
1	box	sleepy time tea bags
1	ctn	almond milk
1	box	beef broth

1 box chicken broth
6 box kleenex
1 pkg napkins
2 btl pickles
1 box vegetable broth
1 ctn walnut milk
1 can anchovies
1 btl avocado oil
2 can black beans
1 btl clam juice
2 can coconut cream
4 can diced & fire rstd tomatoes
1 btl dijon mustard
1 box fine sea salt

2 can garbanzo beans
1 btl grainy mustard
1 btl green salsa
4 can herring
1 btl italian evoo
1 box kosher salt
2 btl marinara
4 can no salt diced tomatoes
2 can pumpkin
1 btl red wine vinegar
1 btl rice vinegar
4 can sardines
1 btl soy sauce
1 btl spanish evoo

2 can tomato paste
2 can whole plum tomatoes
2 btl almond butter
1 btl almond extract
1 bag brown sugar
1 bar chocolate bars
1 box chocolate candies
2 bag chocolate chips
1 bag demerara cane sugar
1 box dried fruit
1 bag erythritol and stevia
1 bag flaked coconut
1 bag grits
1 btl honey

1 btl jam
2 btl peanut butter
1 bag powdered sugar
1 bag puffed wheat
1 bag raw pumpkin seeds
1 bag raw sunflower seeds
1 bag rolled oats
1 bag steel cut oats
1 bag sweetened coconut
1 bag all purpose flour (soft white)
1 bag almond meal
2 pkg baking powder
1 pkg baking soda
1 bag better for bread flour

1 bag brown rice flour
1 btl corn starch
1 pkg dried milk
2 8p flavored seltzer
2 12p plain seltzer
1 bag tapioca flour
1 bag whey powder
1 bag white rice flour
1 bag whole wheat flour
1 btl yeast
1 pkg 15 g blue bags
1 pkg 33 g blue bags
1 btl ammonia
1 can bar keepers friend (liquid)

1 can bar keepers friend (powder)
1 btl bleach
1 can bon ami
1 btl castile soap
1 jug dishwashing detergent
1 box dishwashing tabs
1 btl ivory snow
1 btl laundry detergent
1 btl murphy's oil soap
1 pkg oxyclean
1 btl sanitizer
1 box sos pads
1 btl stain remover
1 btl veggie wash

1 btl wool wash
6 jug distilled water

freezer

3 lbs beef roast
3 lbs chicken breast
3 lbs chicken thighs
3 lbs extra lean turkey
3 lbs fish
3 lbs ground beef
3 lbs ground pork
3 lbs italian sausage
3 lbs pork roast
2 lbs pork tenderloin
3 lbs stock bones
3 lbs turkey thighs

1 bag blue berries (frozen)
1 pkg butter substitute
16 ozs cheddar (for grating)
1 bag cherries (frozen)
2 bag collards (frozen)
1 fresh ginger
16 oz gruyere (for grating)
16 oz mozzarella (for grating)
2 bag okra (frozen)
16 oz parmesan (grated)
2 bag raw almonds
2 bag raw pecans
2 box salted butter
1 pkg spinach

2 bag spinach (frozen)
1 bag strawberries (frozen)
16 oz swiss (for grating)
2 box unsalted butter

laundry

1 btl ammonia
1 btl bleach
1 btl ivory snow
1 btl laundry detergent
1 pkg oxyclean
1 btl peroxide
1 btl stain remover
1 btl wool wash

bathroom cabinet

1 pkg aleppo soap
1 btl conditioner
1 jug distilled water
1 pkg floss
1 btl head & shoulders shampoo
1 btl isopropyl alcohol
1 btl peroxide
1 pkg picks
1 box q-tips
1 pkg razor blades
1 box saline packets
1 tub shaving cream

1	btl	vanicream cream
1	btl	vanicream lotion