

## market basket

### service

\_\_\_ pkg 15 g blue bags  
\_\_\_ pkg 33 g blue bags

### dairy & eggs

\_\_\_ pkg butter substitute  
\_\_\_ con skyr

### meat

\_\_\_ lbs stock bones

### condiments

\_\_\_ can anchovies  
\_\_\_ btl clam juice  
\_\_\_ btl fish sauce  
\_\_\_ can herring  
\_\_\_ btl pickles  
\_\_\_ btl white vinegar

### baking

\_\_\_ pkg 70% baking chocolate  
\_\_\_ btl almond extract  
\_\_\_ bag almond meal  
\_\_\_ pkg baking cocoa  
\_\_\_ bag better for bread flour  
\_\_\_ bag brown rice flour  
\_\_\_ bag chocolate chips  
\_\_\_ bag corn meal  
\_\_\_ bag corn polenta  
\_\_\_ btl corn starch  
\_\_\_ bag erythritol and stevia  
\_\_\_ box fine sea salt  
\_\_\_ bag flax seed meal  
\_\_\_ box ginger tea bags  
\_\_\_ btl jam

\_\_\_ box kosher salt  
\_\_\_ box lemon tea bags  
\_\_\_ box mint tea bags  
\_\_\_ btl molasses  
\_\_\_ can pumpkin  
\_\_\_ bag rolled oats  
\_\_\_ box sleepy time tea bags  
\_\_\_ bag sweetened coconut  
\_\_\_ box tapioca  
\_\_\_ bag tapioca flour  
\_\_\_ pkg unsweetened baking chocolate  
\_\_\_ bag white rice flour

### pasta

\_\_\_ box lasagna noodles  
\_\_\_ btl marinara

### pharmacy

\_\_\_ bag whey powder

### paper

\_\_\_ box kleenex  
\_\_\_ pkg napkins  
\_\_\_ 12p toilet paper

### wraps

\_\_\_ box parchment paper  
\_\_\_ box parchment paper  
\_\_\_ box plastic wrap  
\_\_\_ box sandwich bags  
\_\_\_ box storage bags  
\_\_\_ pkg tall kitchen bags  
\_\_\_ box thick aluminum foil  
\_\_\_ box thin aluminum foil  
\_\_\_ box waxed paper

### cleaning

\_\_\_ btl ammonia  
\_\_\_ can bar keepers friend (liquid)  
\_\_\_ can bar keepers friend (powder)  
\_\_\_ btl bleach  
\_\_\_ can bon ami  
\_\_\_ btl castile soap  
\_\_\_ jug dishwashing detergent  
\_\_\_ box dishwashing tabs  
\_\_\_ btl ivory snow  
\_\_\_ btl laundry detergent  
\_\_\_ btl murphy's oil soap  
\_\_\_ pkg oxyclean  
\_\_\_ box sos pads  
\_\_\_ btl stain remover

### water

\_\_\_ jug distilled water  
\_\_\_ jug distilled water  
\_\_\_ 8p flavored seltzer  
\_\_\_ 12p plain seltzer

## freezer

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\_\_\_\_ bag collards (frozen)  
\_\_\_\_ bag okra (frozen)

## fruits & vegetables

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\_\_\_\_ egg plant  
\_\_\_\_ fresh ginger  
\_\_\_\_ leafy greens  
\_\_\_\_ bch parsley  
\_\_\_\_ red cabbage  
\_\_\_\_ savoy cabbage  
\_\_\_\_ pkg spinach  
\_\_\_\_ bag spinach (frozen)  
\_\_\_\_ squash  
\_\_\_\_ zucchini