A SKEPTIC'S JOURNEY INTO THE WORLD OF YOGA ENLIGHTEN

*New artwork to come

synopsis Filmmaker Kate Churchill is determined to prove that yoga can transform anyone. Nick Rosen is skeptical but agrees to be her guinea pig. Together they circle the globe, encountering celebrity yogis, true believers, kooks and world-renowned gurus. Tensions run high as Nick's transformational progress lags and Kate's plan crumbles. Ultimately, what they find is not what they were looking for. **Features** B.K.S. lyengar, Pattabhi Jois, Norman Allen, Sharon Gannon, David Life, Gurmukh, Dharma Mitra, Cyndi Lee, Alan Finger, Rodney Yee, Beryl Bender Birch, Shyamdas, Diamond Dallas Page and many more!

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ENLIGHTEN UP!

A skeptic's entertaining journey into the world of yoga

- Follows a successful limited theatrical run (to rave reviews) in markets including NY and LA, with box office of \$250K.
- Timed to release on DVD for the holidays, ENLIGHTEN UP! offers a humorous yet sincere, indepth view of yoga, making it the perfect gift for the yoga enthusiast...or a skeptical friend.
- According to a 2008 survey by Yoga Journal, 15.8 million Americans practice yoga, with another 18.3 million "very interested" in starting the practice.
- Bonus material offers exclusive extended interviews with the most famed gurus practicing today, including Yogacharya B.K.S. Iyengar, named by *Time* as one of the 100 most influential people in the world.
- Grassroots marketing outreach will target yoga enthusiasts (offering exclusive clips of gurus) and promote through yoga studios nationwide.
- PR campaign will target yoga, new age, and politically progressive publications and sites (Yoga
 Journal, Mother Jones, Organic Style, etc.), and offer clips and DVD giveaways on blogs.

PRODUCT INFORMATION

DVD FEATURES: Deleted scenes, extended interviews with yoga gurus, short film about Norman Allen; photo gallery

SRP: \$26.95 U.S.
FORMAT: Single
PACKAGING: Single amaray
LENGTH: Approx. 82 mins + extras

GENRE: Documentary
YEAR: 2008

NOTES: n/a

LANGUAGE: English COLOR: Color WIDESCREEN: Yes AUDIO FORMAT: Stereo UNITS PER CARTON: 30

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