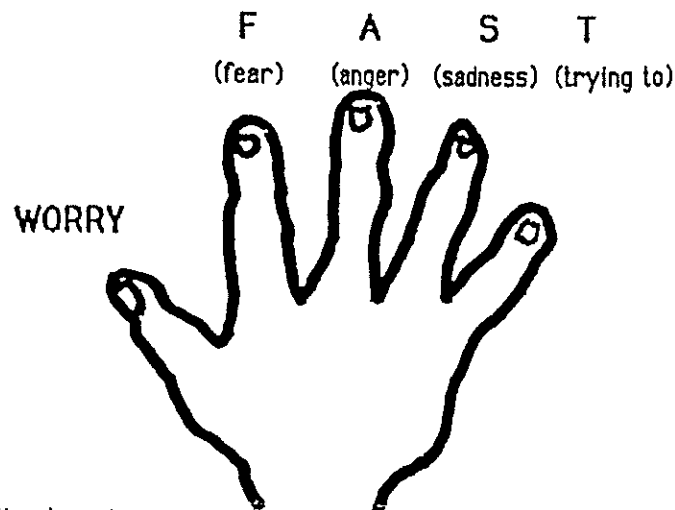


Holding finger/thumb will harmonize the emotion associated with it while helping & supporting the functions listed at the bottom.

THUMB AND FINGERS

Each thumb and finger helps 144,000 functions.

TAKE AWAY WORRY F A S T !



THUMB - The Leader - take away daily wear and tear, fatigue, release worry and tension, help lung, breast, respiratory, restore acidity, help stomach, lung, fever, regulate pulse, revive consciousness

INDEX - help all foot disorders: athlete's foot, dry scaly feet, callouses, help nails, teeth, bones, leukemia, blood imbalances, help heal broken bones (50% faster), kidney, muscles, bones, marrow, hearing, aging, help to accept responsibility for self, large intestine, nausea, eyes

MIDDLE - helps eye muscles, prevention of emaciation, fountain of youth, harmony of acid and alkaline, helps liver, lungs, large intestine, helps arms, elbows, diaphragm

RING - energizes all organs, energy for total being, helps gall bladder, lung, small intestine, veins to heart, liver, kidney, swallowing, ringing in ears, high altitude, harmony on earth plane level

LITTLE - fountain of youth, balances alkalinity, helps bladder, small intestine, spleen, heart, veins to teeth, throat, thyroid