



Complete Living in Balance Collection, Core Program: Revised and Updated for DSM-5, Moving from a Life of Addiction to a Life of Recovery (Mixed media product)

By Jeffrey A. Hoffman, Mim J. Landry, Barry D. Caudill

Hazelden Information & Educational Services, United States, 2016. Mixed media product. Condition: New. Language: English. Brand new Book. Updated to meet DMS-5 classifications, this flexible program includes the Core Curriculum, the Recovery Management Sessions, and the Cooccurring Disorders Sessions. Living in Balance draws from cognitive-behavioural, experiential, and Twelve Step approaches. Sessions can be easily customised for specific client populations or treatment tracks. Sessions 1-12 comprise the core of the program and address basic issues commonly faced by clients in early recovery. Twenty-five supplemental sessions (Sessions 13-37) include in-depth, focused topics that are easily customisable for different client populations. Also available are ten Living in Balance with Co-occurring Disorders sessions (Sessions 38-47) that integrate a client's mental health disorder into their addiction treatment program and help to bring their life into balance. All client materials are reproducible and provided on a CD-ROM, allowing you to print and use only what you need. The CD-ROM contains clinical studies, session handouts and role plays. Also included with the Core Program is an audio CD of relaxation and visualisation exercises with soothing narration and music to help clients release tension, breathe deeply, and relax fully. This unique component has been completely revised and re-mastered...



Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

-- Cheyanne Barrows

The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- Hank Powlowski

Other Kindle Books



Unlock: Unlock Level 4 Listening, Speaking & Critical Thinking Student's Book, Mob App and Online Workbook w/ Downloadable Audio and Video (Mixed media product)

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2019. Mixed media product. Condition: New. 2nd Revised edition. Language: English. Brand new Book. Get your students thinking critically. A six-level skills-based English course. Unlock Listening, Speaking & Critical Thinking is a six-level, research-informed, academic-light English course...



Experimental Enquiry Concerning the Natural Powers of Wind and Water to Turn Mills and Other Machines Depending on a Circular Motion. (Paperback)

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...



Experimental Enquiry Concerning the Natural Powers of Wind and Water to Turn Mills and Other Machines Depending on a Circular Motion and an Examination of the Quantity and Proportion of Mechanic Power Necessary

Gale Ecco, Print Editions, United States, 2010. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. The 18th century was a wealth of knowledge, exploration and rapidly growing technology and expanding record-keeping made possible by advances in the...



Ventures: Ventures Level 1 Value Pack (Student's Book with Audio CD and Workbook with Audio CD) (Mixed media product)

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2013. Mixed media product. Condition: New. 2nd Revised edition. Language: English. Brand new Book. Ventures 2nd Edition is a six-level, standards-based ESL series for adult-education ESL. The Ventures 2nd Edition Level 1 Value Pack allows you to...



Genuine new book Essentials of Leadership: Principles and Practice (4th Edition) (U.S.) Shiliboge. (U.S.(Chinese Edition)

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2012-05-01 Pages: 280 Publisher: Welcome to Our Publishing House of Electronics Industry. service and quality to your satisfaction. please...



Unlock: Unlock Level 4 Listening and Speaking Skills Teacher's Book with DVD (Mixed media product)

CAMBRIDGE UNIVERSITY PRESS, United Kingdom, 2015. Mixed media product. Condition: New. Teachers Guide. Language: English. Brand new Book. Unlock is a five-level academic skills course that combines carefully scaffolded exercises, a comprehensive approach to critical thinking and motivating video. The Listening and...