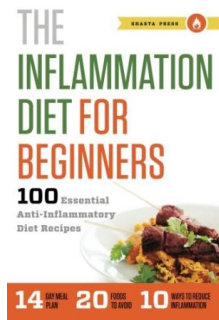


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## INFLAMMATION DIET FOR BEGINNERS: 100 ESSENTIAL ANTI-INFLAMMATORY DIET RECIPES



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