

Design and Evolution of a Triad Twisted String Actuator for Controlling a Two Degrees of Freedom Joint: Improving Performance and Investigating Active Transmission Adjustment

Damian Crosby, Joaquin Carrasco *Member, IEEE*, William Heath *Member, IEEE*, Lutong Li, and Andrew Weightman

Abstract—Actuated universal joints are used in a wide range of robotic applications, including mobile snake robots, snake-arm robots and robotic tails. Depending on the application and design constraints, these can use remote cable or fluid driven systems, or inline motors. In order to realise the benefits of inline actuation while keeping the system compact with a high power to weight ratio, an actuated universal joint (AUJ) was developed using an “antagonistic triad” of three twisted string actuators in our previous work. However, the design of this system had numerous drawbacks in its prototype form, namely a limited angle range, poor accuracy due to the angular feedback sensors used, and issues with string failure due to mechanical design choices. In this publication, we identify and address these challenges through design changes, and as a result angle range was increased from $\pm 14.50^\circ$ to $\pm 26.00^\circ$ for a single axis, and $\pm 6.00^\circ$ to $\pm 20.00^\circ$ for a dual axis movement.

Index Terms—Flexible Robots, Force Control, Tendon/Wire Mechanism, Twisted String Actuator.

I. INTRODUCTION

A CTUATED universal joint (AUJ) mechanisms are crucial in various robotic applications like confined space inspection with continuum robots, highly manoeuvrable snake robots, and biomimetic robot tails for stability. These mechanisms can either use inline actuators, which directly move the joint [1]–[3], or cable/fluid driven systems relying on a static “base” to house actuators or compressors [4]. Inline actuators necessitate high torque due to lifting the mass of subsequent sections, while systems with a static base require additional space, limiting their utility in mobile robots.

First developed by Würtz *et al.* [5] in 2010, the twisted string actuator (TSA) uses two or more strings between

D. Crosby, L. Li, and A. Weightman are with the Department of Mechanical, Aerospace and Civil Engineering, School of Engineering, Faculty of Science and Engineering, The University of Manchester, Manchester, United Kingdom.

J. Carrasco and W. Heath are with the Department of Electrical and Electronic Engineering, School of Engineering, Faculty of Science and Engineering, The University of Manchester, Manchester, United Kingdom.

two fixtures as a linear actuator. Rotating one fixture, typically with an electric motor, twists the strings into a helix, decreasing the distance between them. Given the unwound length l_u in meters, and the cross-section radius of the string r_s (or $r_s + r_c$ when there are more than two strings, where r_c is the radius of a tangentially constrained circle drawn between the strings) in meters, the actuator length in meters is given by

$$l_s(\theta_s) = \sqrt{l_u^2 - \theta_s^2 r_s^2}, \quad (1)$$

where θ_s is the motor angle in radians. TSA actuators have applications in hand orthoses, elbow joints, foldable robot arms, and more [6]–[8].

Alternative electric actuation systems, like leadscrews, require additional gearing for significant reduction increases, which results in larger and heavier actuators. In contrast, a TSA can achieve reduction increases by reducing string thickness or count, thus slightly reducing actuator mass [9]. While leadscrews can marginally increase reduction by decreasing thread lead [10], this approach faces challenges related to manufacturing tolerances and material limitations. Increasing screw radius also enlarges actuator size and mass similarly. Therefore, from a mechanical perspective, TSA holds an advantage over leadscrews by increasing reduction without adding mass.

One of TSAs main challenges is its reduction variation with motor angle, exhibiting an inverse nonlinear relationship [5], [9]. String compliance under high force conditions also requires consideration, which can be addressed through accurate modeling [11] or a robust control strategy that disregards compliance in the system model [5], [9]. Since TSA can only apply force in tension due to string flexibility, single DOF TSA actuator joints need a spring return mechanism, limiting actuator range as spring force increases with decreasing maximum TSA force [12]. A linear force return mechanism was developed to partially mitigate this issue, but the ideal solution involves using a second synchronized TSA actuator to achieve a matching antagonistic force profile [7], [13]–[15]. Thus, a 2 DOF

actuator can be realized without springs by adding a third TSA.

The use of TSAs as an actuator for AUJs remains an understudied area of research. Konda *et al.* [16] proposed a similar design using a flexible core with continuous curvature instead of a rigid universal joint, presenting an open-loop control solution for multi-axis control using only two TSAs at a time, albeit with a limited azimuthal axis range. In contrast, we demonstrate robust closed-loop control of an AUJ in both axes of motion, covering the full azimuthal range of $[0, 360]^\circ$, using three TSAs in an “antagonistic triad” configuration. This results in a light, compact AUJ design with potential improvements over existing inline actuation options.

In this publication, we extend our work in [17] by identifying shortcomings in the original prototype (hereafter referred to as such) and addressing them through design changes to create an “improved prototype” (hereafter referred to as such). We also conducted additional experiments to further characterise the mechanism, by examining the effect of additional follower mass and increased joint velocity. The main contributions of this work are as follows:

- Identification of improvements that could be made to the original prototype through design changes, and experimental results detailing the performance improvements realised as a consequence.
- Additional experiments conducted to further characterise the performance of the AUJ by the addition of additional mass to the follower and increasing joint velocity.
- An investigation into active transmission adjustment (ATA) which allows the mechanism to change specific performance characteristics in real time during operation.

In section II we give a brief summary of the design of the original prototype, in order to furnish the reader with enough information to understand the rest of the publication. More information can be found in [17]. In section III we identify each improvement we address through design alterations, explain the alterations made, and show the results that demonstrate the improved performance. In section IV we show the results of additional experiments to further characterise the mechanism. In section V we discuss the remaining limitations of the improved prototype, the concept behind ATA, and a distributed control proposal for multi-segment operation. Finally, section VI then summarises the publication and discusses future work.

II. ORIGINAL PROTOTYPE DESIGN SUMMARY

Because TSA can only operate in tension, a minimum of three TSA are required to operate an AUJ. These can be arranged into an “Antagonistic Triad” where adjusting the length of each TSA changes the orientation of the AUJ, in a similar fashion to other cable driven

robotic systems [4]. These lengths can be combined into a vector function

$$\lambda_1(\boldsymbol{\theta}) = \sqrt{a + 2l_1r \sin(\theta_2) \cos(\theta_1) + l_2^2}$$

$$\lambda_2(\boldsymbol{\theta}) = \sqrt{a + b + c - d}$$

$$\lambda_3(\boldsymbol{\theta}) = \sqrt{a - b - c + d}$$

where:

$$a = l_1^2 + 2l_1l_2 \cos(\theta_1) \cos(\theta_2)$$

$$b = \sqrt{3}l_1r \sin(\theta_1) - l_1r \sin(\theta_2) \cos(\theta_1) + l_2^2$$

$$c = \sqrt{3}l_2r \sin(\theta_1) \cos(\theta_2) - l_2r \sin(\theta_2)$$

$$d = \frac{\sqrt{3}r^2 \sin(\theta_1) \sin(\theta_2)}{2} - \frac{3r^2 \cos(\theta_1)}{2} - \frac{r^2 \cos(\theta_2)}{2} + 2r^2, \quad (2)$$

where $\Lambda(\boldsymbol{\theta}) = [\lambda_1(\boldsymbol{\theta}) \quad \lambda_2(\boldsymbol{\theta}) \quad \lambda_3(\boldsymbol{\theta})]$ is a vector function which outputs the magnitudes of each point pair, and therefore the lengths of each actuator, assuming both ends of each actuator can rotate freely on both x and y axes. Other coefficients are labelled in figure 1.

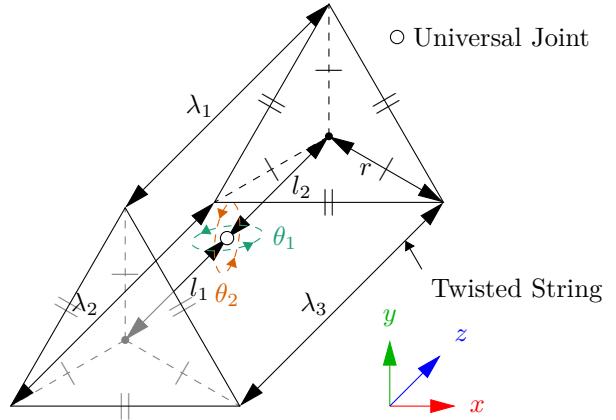


Fig. 1: Kinematic diagram of the antagonistic triad, where the universal joint rotation is defined by $\theta_{1,2}$ on the y and x axes respectively, and the actuator lengths are defined by $\lambda_{1,2,3}$ for the *top*, *left* and *right* strings, and r and $l_{1,2}$ define the anchor points of the strings.

After an investigation into a position based kinematic control system in the original prototype proved unsuccessful, a force based control system was developed, which uses the inverse dynamics of the AUJ to convert angular velocity from a PID controller into angular torque, which is then turned into force setpoints for each TSA using an optimising algorithm based on [18]. The control system is a four layer cascade design, joining an outer loop PID controller C_1 to an inverse dynamic control system C_2 [19], to the triad force controller C_3 in [18], to a proportional controller C_4 for each TSA. It uses feedback signals of the joint position and TSA force.

C_3 uses the *inverse force transformation* algorithm from [18] with the jacobian of (2) to select an optimal force vector from the desired joint torque. Here it is presented in an unexpanded and more general form,

$$\begin{aligned}
J_{\Lambda} &= \begin{bmatrix} \frac{\partial \lambda_1}{\partial \theta_1} & \frac{\partial \lambda_2}{\partial \theta_1} & \frac{\partial \lambda_3}{\partial \theta_1} \\ \frac{\partial \lambda_1}{\partial \theta_2} & \frac{\partial \lambda_2}{\partial \theta_2} & \frac{\partial \lambda_3}{\partial \theta_2} \end{bmatrix} \\
\gamma(i) &= -J_{\Lambda_{-i,*}}^{-\top} \left(J_{\Lambda_{i,*}}^{\top} f_{\min} + \tau \right) \quad (3) \\
F(\tau, \theta) &= \begin{bmatrix} f_{\min} & \gamma(2)_1 & \gamma(3)_1 \\ \gamma(1)_1 & f_{\min} & \gamma(3)_2 \\ \gamma(1)_2 & \gamma(2)_2 & f_{\min} \end{bmatrix}.
\end{aligned}$$

A force matrix F is created from the torque input τ , jacobian J_{Λ} from the vector function Λ as defined in equation 2, and minimum force constant f_{\min} . f_{ii} is equal to f_{\min} , while the other elements in the column are based on a calculation using $J_{\Lambda_{-i,*}}$ where $-i$ is a row removed from the matrix. Algorithm 1 is then used to create output force vector f , which minimises the net force on all TSA while producing the desired output torque on the universal joint.

Algorithm 1 Selects one column of F to be the output force vector f , where \top and \perp are boolean *true* and *false* respectively, and $f_{*,i}$ is the i th column of F .

```

1:  $s \leftarrow [\top \ \top \ \top]$ 
2: if  $f_{23} > f_{\min}$  then  $s_2 \leftarrow \perp$  else  $s_3 \leftarrow \perp$  end if
3: if  $f_{31} > f_{\min}$  then  $s_3 \leftarrow \perp$  else  $s_1 \leftarrow \perp$  end if
4: if  $f_{12} \geq f_{\min}$  then  $s_1 \leftarrow \perp$  else  $s_2 \leftarrow \perp$  end if
5: for  $i = 1$  to  $3$  do
6:   if  $s_i \rightarrow \top$  then  $f_{\text{set}} \leftarrow f_{*,i}$  end if
7: end for

```

Figure 2 shows a complete block diagram of the control system.

A. Original Prototype Limitations

After the experiments were conducted on the original prototype in [17], several shortcomings with the design were noted that reduced the performance of the system:

- **Limited AUJ Angle Range** - The AUJ angle tracking experiments in [17] only had a range of $\pm 14.50^\circ$ in a single axis, and $\pm 6.00^\circ$ for both axes. This was because one or more TSA would completely “unwind” near that limit and be unable to lengthen further. This limits the practicality of such a mechanism, for example a multi-segment design would have a very large minimum curvature. Increasing f_{\min} does increase the angle range marginally by increasing the TSA motor angle at $\theta = [0 \ 0]^\top$, which was proven experimentally. These experiments were able to achieve modest increases of $4.00^\circ N^{-1}$ for the positive (upper) limit of the universal joint roll θ_1 , and $-6.06^\circ N^{-1}$ for the negative (lower) limit, within the f_{\min} interval [3, 3.5]. However, further attempts to increase f_{\min} , or attempts to perform the same experiment on the pitch axis resulted in premature string failure. It was also clear to achieve significant increases in AUJ angle range, a different approach

would be needed that would require modifications to the design.

- **Poor AUJ Angle Measurement Accuracy** - The original prototype used a Bosch Sensortec BNO080 9 degree of freedom (DOF) inertial measurement unit (IMU) [20] to measure the AUJ orientation. The original plan was to use two IMUs, on the base and follower bodies, and the orientation would be calculated from the difference. However, the magnetometer measurements proved to be unreliable inside the laboratory, so only a single IMU was used and the base segment was orientated with the gravity vector parallel to the z axis. due to inconsistent magnetometer readings inside the laboratory, only one IMU was implemented, aligning the base body with gravity along the z axis. This allowed the AUJ orientation to be calculated from only the accelerometer readings, but meant the mechanism could only be controlled when orientated in the vertical axis. There was also an issue with the IMU resolution, which was only accurate to within $\pm 1.50^\circ$ [20]. A Savitsky-Golay filter was applied to the results in [17] for data presentation purposes and to more accurately represent the true AUJ angles at that point in time.

Also, to enable the mechanism to be controlled in any direction relative to gravity, a solution that can directly measure the mechanical angular displacement of the universal joint was required.

- **String Failures** - One reoccurring issue was the TSA strings breaking at high values of θ_s , which became more common after a number of twisting and untwisting cycles. Occasionally this was caused by a failure of limit monitoring within the control system ($f > 9$), but failure would also occur within normal operating conditions ($f \leq 9$).

III. METHODOLOGY

A. Original Prototype Improvements

- 1) *Increasing AUJ Angle Range*: The most effective modification to improve AUJ angle range is to reduce the value of r in (2). This decreases the stroke length required for each TSA to achieve the same AUJ angle range as shown by table I, which also reduces the TSA motor angle accordingly, allowing a greater AUJ angle to be reached before one or more TSA unwind. This can be done by using smaller motors, or by using the same size or larger motors with offset shafts connected by spur gears. Smaller motors were chosen, with a cross section of only 120.00 mm^2 compared to 227.00 mm^2 on the existing design. These were Guangdong Kingly Gear Co. Micro Metal Gearmotors (50:1) [21], were lighter than the existing motors, 18.00 g compared to 27.00 g , and the mechanism would be less complex. These motors have a much lower θ_{\max} than the existing motors of only 44.00 rad s^{-1} compared to $442.00 \text{ rad s}^{-1}$ [22], but since the original experiments limited the motor velocity to 10.00 rad s^{-1} to ensure mechanism stability, this is not a

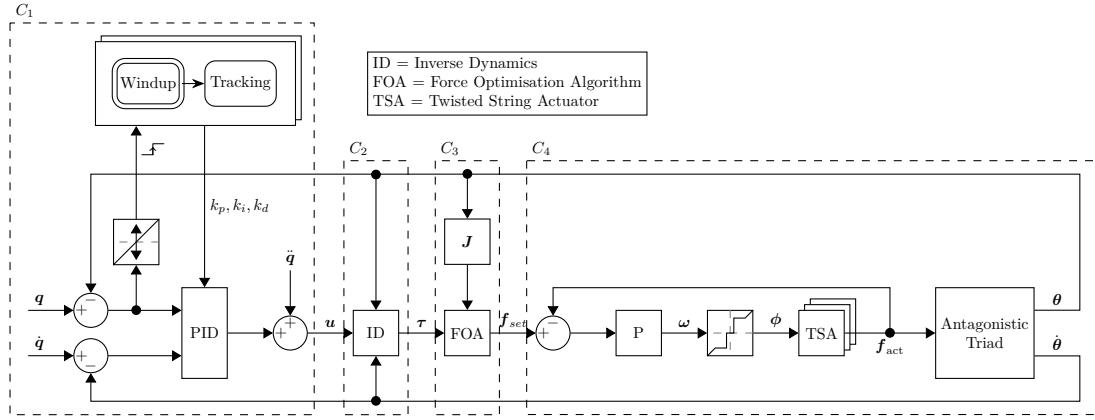


Fig. 2: Block diagram of the complete experimental control system, excluding the hardware velocity controllers for the motors. Dashed boxes correspond to the control layers $C_1 \dots 4$.

concern. This change of motors allowed r to be reduced from 13.00 mm to 7.25 mm.

TABLE I: Table of the minimum and maximum values of $\Lambda(\theta)$ at different values of r in the interval of $[-\frac{\pi}{2}, \frac{\pi}{2}]$.

r [mm]	$\lambda_1(\theta)$ [mm]		$\lambda_2(\theta)$ [mm]		$\lambda_3(\theta)$ [mm]	
	Min.	Max.	Min.	Max.	Min.	Max.
13.0	42.64	68.35	42.64	68.57	42.64	68.57
10.0	45.02	64.88	45.02	64.98	45.02	64.98
7.25	47.33	61.78	47.33	61.82	47.33	61.82

To achieve this reduction, additional design changes were necessary. The close proximity of the TSA strings made a central shaft impractical, unlike in the original prototype. Instead, a “hollow spider” arrangement was adopted for the universal joint, allowing the TSA strings to pass through its center, as shown in Figure 3. This modification also provided space for directly installing AUJ angle sensors onto the universal joint, as detailed in Section III-A2.

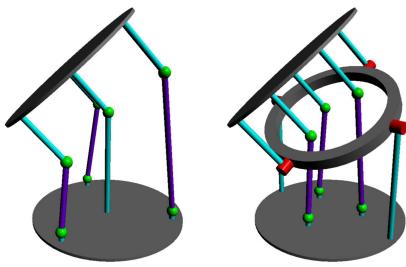


Fig. 3: An AUJ with a central universal joint, and one with a hollow spider. The hollow spider allows r to be decreased as space is no longer required for a central universal joint.

2) *Improving AUJ Angle Measurement Accuracy:* Two options were considered to address this issue: potentiometers and hall effect sensors. A potentiometer would link each universal joint spider axis to a resistive track, altering its resistance based on AUJ orientation and providing an analog voltage signal to the controller. Mechanical

stops would ensure the required AUJ angle range could be measured during assembly. Alternatively, a hall effect sensor would use a radially bipolar magnet on the shaft’s end with a hall effect sensor beneath it, providing analog voltage signal or digital data for the axial orientation of the magnet and, consequently, the shaft [23]. The potentiometer solution, chosen for its simplicity of control integration and integrated mechanical stops, would be simpler to integrate into the existing control system, requiring only an analog to digital converter (ADC) and a slope-intercept form for conversion to an AUJ angle. The Bourns PDB08, selected for its small size and internally threaded shaft, was chosen as the potentiometer [24]. Operating as a voltage divider at +5.00 V, the PDB08 would offer a resolution of approximately $40.00^\circ V^{-1}$. With the 12-bit resolution of the onboard ADC for myRIO analog inputs, this yields a theoretical resolution of approximately 0.05° compared to $\pm 1.50^\circ$ for the BNO080. The potentiometer’s sliding noise (maximum 100.00 mV) would reduce this during AUJ motion, partially mitigated with filtering. This improvement from the IMU was deemed significant enough for use in the latest prototype, validated through experimental testing, rendering further investigation of the hall effect sensor unnecessary.

3) *Preventing String Failure:* Analysis of the design revealed “pinch points” and “bite points”, where the string could deform or weaken due to contact with surfaces or sharp edges, as depicted in figure 4a. Removing these points by rounding off edges and using alternative string securing methods, such as tying it into a loop instead of using grub screws, eliminated potential sources of string damage, as shown in figure 4b. However, nylon monofilament, like the TSA string, is still prone to torsion fatigue, reducing its tensile strength. To address this, the SeaKnight BLADE 0.20 mm nylon monofilament was replaced with 0.20 mm Dyneema® polyfilament string, as used in [9]. Design changes to the string clamp facilitated easier installation of the polyfilament string, making it a practical option.

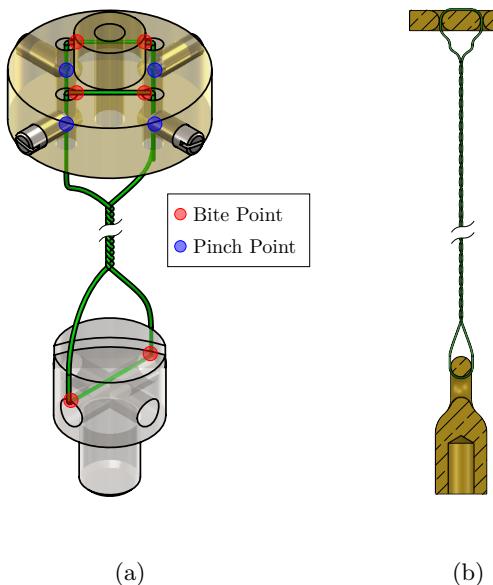


Fig. 4: (a) The original TSA string loop between the string clamp and capstan bolt, with “pinch” and “bite” points indicated, where premature string failure may occur. (b) Section view of the new TSA string loop showing how the pinch and bite points have been eliminated.

4) Final Design of Improved Prototype: Figure 5 presents an annotated schematic of the improved prototype. The load cells remained unchanged from the original prototype, while alterations were made to the universal joints below them. The hollow spider was connected to the base and follower bodies using machine precision bearings and bushings to ensure smooth motion. Regarding the control system, the Faulhaber MCDC3002 motor controllers [25] were replaced with a single Pimoroni Motor 2040, capable of handling up to four Micro Metal Gearsmotors with Micro Metal Motor Encoders attached. Programming was done with a velocity controller similar to the one provided in the pimoroni-pico library. Furthermore, the deadband compensation threshold was reduced to $\pm 0.50 \text{ rad s}^{-1}$ due to the smaller deadband region of the motors, while the motor velocity limit of 10.00 rad s^{-1} remained unchanged.

TABLE II: Model coefficients for the latest prototype.

Coeff.	Value	Coeff.	Value
l_1	55.00 mm	f_{min}	3.00 N
l_2	0.00 mm	r_s	200.00 μm
r	7.25 mm	m	61.60 g
l_u	55.00 mm	$\dot{\theta}_{s,\max}$	44.00 rad s^{-1}
τ_{\max}	0.04 N m	ρ	[0.00 0.00 3.05] mm
Coeff.	Value		
I	$\begin{bmatrix} 2.80 \times 10^{-5} & 0.00 & 0.00 \\ 0.00 & 2.60 \times 10^{-5} & 0.00 \\ 0.00 & 0.00 & 5.00 \times 10^{-6} \end{bmatrix} \text{ kg m}^{-2}$		

TABLE III: PID gains used for the experiment.

Gain	Value	
	Windup	Tracking
k_p	2.00×10^5	8.00×10^5
k_i	3500.00	3500.00
k_d	0.00	50.00
k_{ps}	5.00	5.00

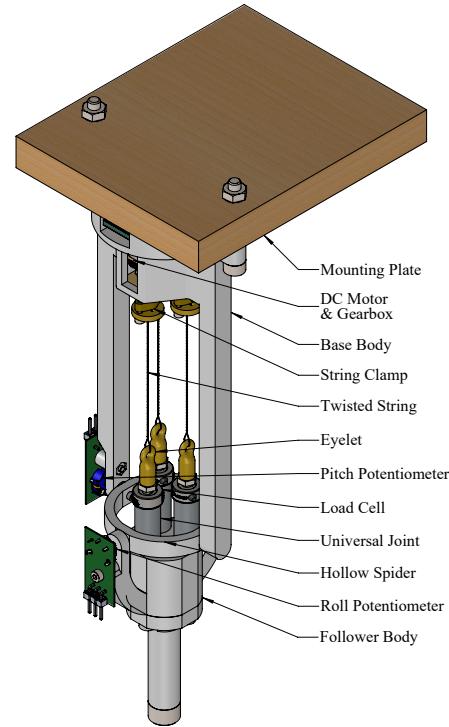


Fig. 5: Schematic of the latest prototype with labelled components.

B. Experimental Comparison of Improved Prototype to Original Prototype

In order to validate and quantify the efficacy of the improvements we made, we conducted two experiments, one to measure the increase in AUJ angle range and another to measure the AUJ angle measurement accuracy. We also did not observe any string failure during normal operation ($f \leq 9$), which demonstrated the efficacy of the improvements made to address that issue. Table IV shows a summary of the effects of our improvements to the mechanism.

1) AUJ Angle Range: To evaluate the expanded AUJ angle range, we replicated the setpoint tracking experiments from [17]. Figure 6 illustrates the tracking response in both the pitch and roll axes. Mechanical limitations restricted the AUJ angle range to $\pm 26.00^\circ$. This constraint resulted from the hollow spider colliding with the TSA universal joints in the pitch axis and with the follower body in the roll axis. For the dual-axis trajectory, the angle range was further constrained to $\pm 20.00^\circ$ due to a load cell

TABLE IV: Summary of all the performance improvements and the measurements used to quantify them.

Improvement	Measurement	Results	
		Original	Improved
Increasing AUJ angle range	Maximum AUJ angle	$\pm 14.50^\circ$	$\pm 26.00^\circ$
Improving AUJ angle measurement accuracy	Minimum step change in AUJ angle measurement.	0.21°	0.11°
Preventing string failure	String failed when $f \leq 9?$	✓	✗

TABLE V: Table of all the follower mass configurations, with the parameters for follower mass m and follower COM z offset ρ_3 .

Config.	m [g]	ρ_3 [mm]	I [kg m $^{-2}$]	Image
No Mass	61.60	3.05	diag $\left(\begin{bmatrix} 2.80 \times 10^{-5} \\ 2.60 \times 10^{-5} \\ 5.00 \times 10^{-6} \end{bmatrix}^\top\right)$	
+20 g	81.29	15.74	diag $\left(\begin{bmatrix} 6.90 \times 10^{-5} \\ 6.80 \times 10^{-5} \\ 7.00 \times 10^{-6} \end{bmatrix}^\top\right)$	
+50 g	111.10	26.39	diag $\left(\begin{bmatrix} 1.06 \times 10^{-4} \\ 1.05 \times 10^{-4} \\ 1.10 \times 10^{-5} \end{bmatrix}^\top\right)$	
+80 g	140.35	32.44	diag $\left(\begin{bmatrix} 1.29 \times 10^{-4} \\ 1.27 \times 10^{-4} \\ 1.20 \times 10^{-5} \end{bmatrix}^\top\right)$	

exceeding a safety limit of 9.00 N (with the load cell full scale being 9.80 N [26]).

2) *AUJ Angle Measurement Accuracy:* Figure 7 shows the difference between the BNO080 IMU and PDB08 potentiometer when the AUJ is at rest. The minimum measured change in value was 0.21° for the BNO080 and 0.11° for the PDB08, a significant increase in measured accuracy.

IV. ADDITIONAL EXPERIMENTAL RESULTS

A. The Effect of Follower Mass on AUJ Angle Tracking

For a multi-segment design, analyzing the AUJ performance with a non-negligible follower mass is crucial. This addition alters the system dynamics, affecting the inverse dynamic calculations in the control system, as illustrated in table V. In figure 8, the response for a roll trajectory with varying follower body masses (20.00 g, 50.00 g, and 80.00 g) is depicted. Due to load cell safety limit of 9.00 N,

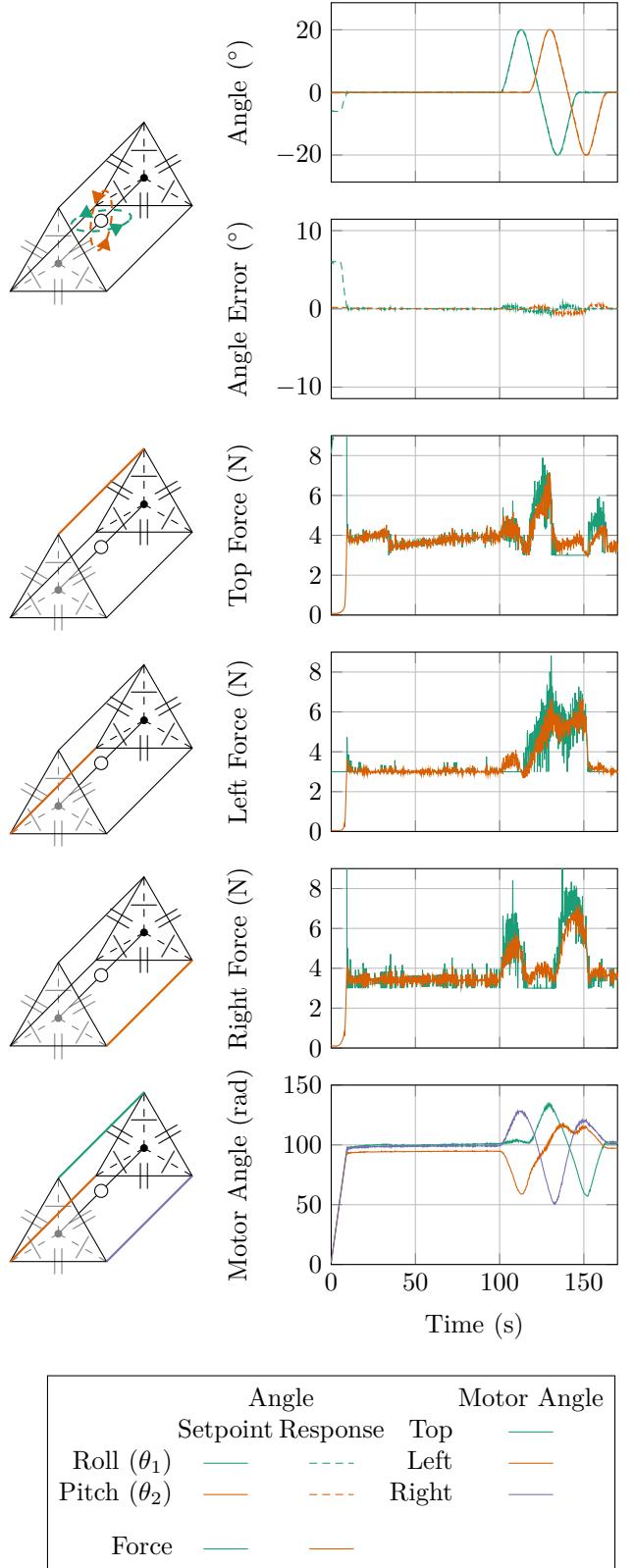


Fig. 6: Plots of the response for both axes θ_1 and θ_2 . Plots include AUJ orientation, forces at the top, left and right TSA, and the motor positions.

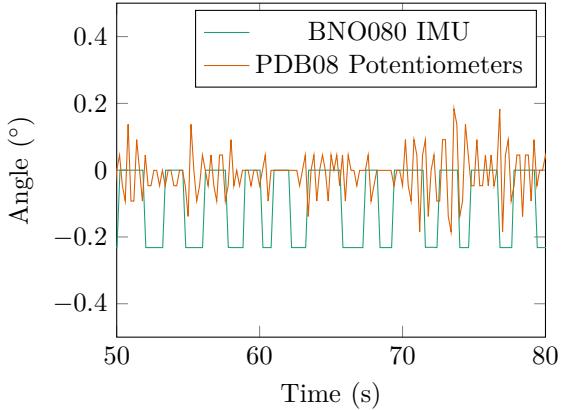


Fig. 7: Comparison of the roll (θ_1) angle signal from the BNO080 IMU and PDB08 potentiometer when the AUJ is at rest at setpoint $\theta = [0 \ 0]$.

TABLE VI: Trapezoidal trajectory sequence parameters.

Cycle	Max./Min. Angle [rad]	Max. Velocity [rad s ⁻¹]	Acceleration [rad s ⁻²]
1	0.40	0.40	1.00×10^{-2}
2	0.40	0.44	1.10×10^{-2}
3	0.40	0.48	1.21×10^{-2}
4	0.40	0.53	1.33×10^{-2}

larger masses could not be tested. Initially, setting k_p to the value in table II failed to achieve a steady state except for the “No Mass” configuration. By reducing k_p to 8000 in weighted configurations, a steady state was achieved with a maximum tracking error of 0.85° , similar to initial experiments. However, for the “No Mass” configuration, setting k_p to 8000 resulted in a poor tracking error of 3.06° , contrasting with the 0.76° maximum tracking error obtained with k_p from table II. In future implementations, gain scheduling could optimize k_p selection for a given follower mass, minimizing tracking error while ensuring a steady state.

B. The Effect of AUJ Angular Velocity on AUJ Angle Tracking

To assess the AUJ performance at higher angular velocities, we repeated the experiments from section III-B1, but for each single axis. Using a trapezoidal “chirp” signal, we reduced the angle range to $\pm 23.00^\circ$ to prevent overshoot. Each cycle increased the maximum angular velocity by $\omega_0 + (2(n-1)\omega_0)$ and the angular acceleration by $\alpha_0 + (16(n-1)\alpha_0)$, where n is the cycle number and ω_0 and α_0 are initial values. Four cycles were executed, with the maximum velocity and acceleration values detailed in table VI. Figure 9 displays the experiment results, demonstrating a slight increase in tracking error with rising maximum angular velocity and acceleration. However, the pitch experiment could not be completed due to the load cell force exceeding the safety limit of 9.00 N, as evident in the figure.

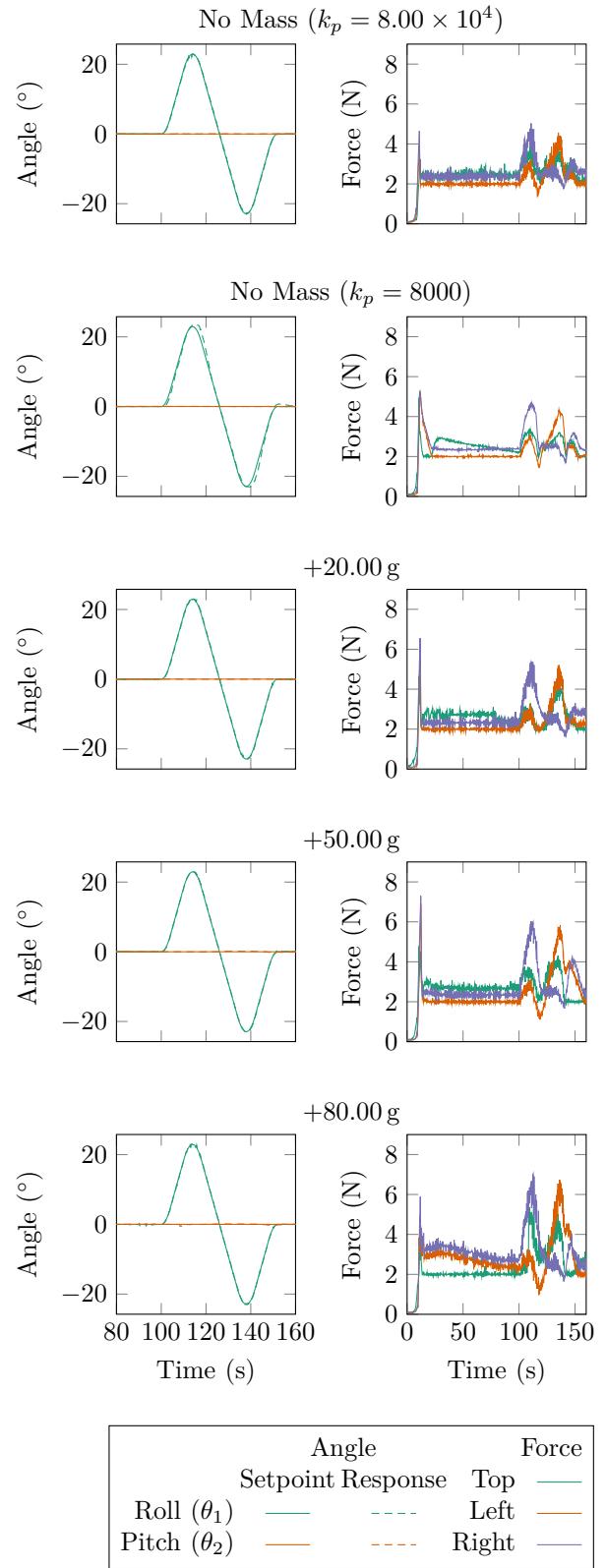


Fig. 8: AUJ roll tracking with increasing follower mass from table V, plus with no mass at $k_p = 8000$ and $k_p = 8.00 \times 10^4$.

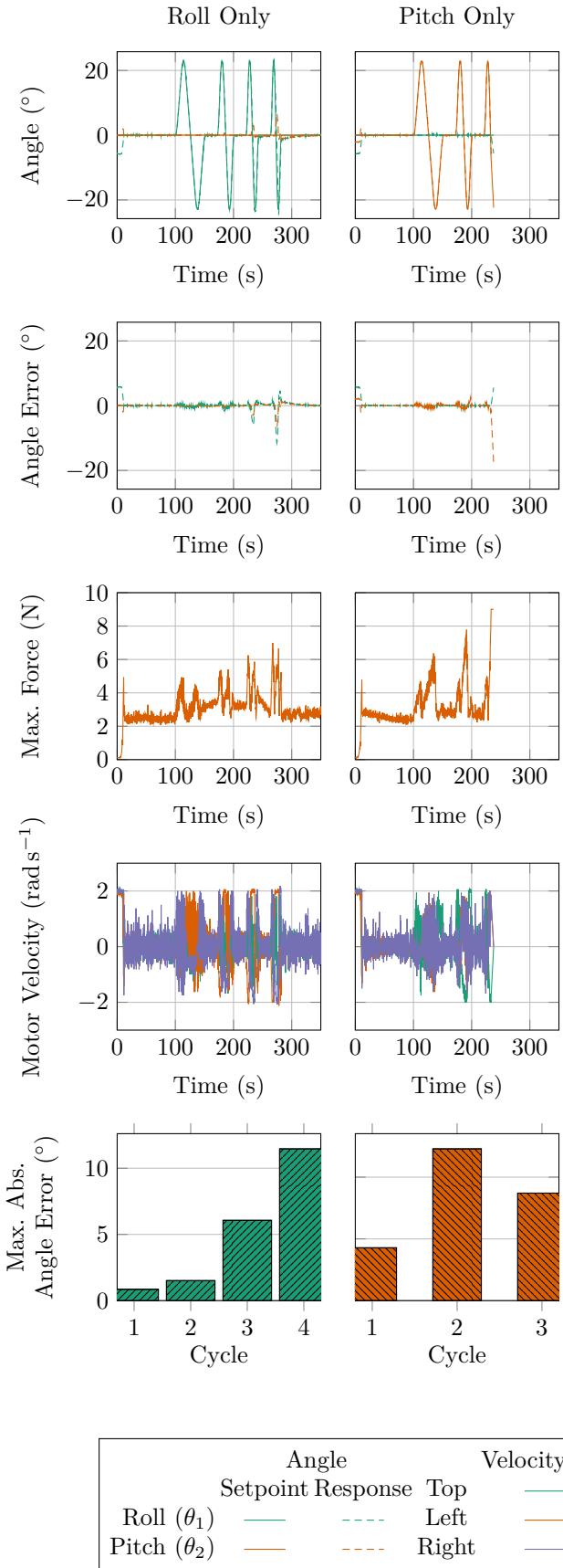


Fig. 9: Results of the trapezoidal velocity trajectory from table VI for both AUJ pitch and roll trajectories, including the maximum absolute angle error for each cycle.

V. DISCUSSION

A. Active Transmission Adjustment (ATA)

The TSA mechanism exhibits a non-linear transmission ratio dependent on θ_s (see Figure 10). This leads to an inverse relationship between the maximum stroke velocity \dot{p}_{\max} and maximum tensile force f_{\max} as θ_s increases. Using the jacobian from [11], f_{\max} and \dot{p}_{\max} are found as

$$\begin{aligned} \mathcal{J} &= \frac{\theta_s r_s^2}{l_u - p} \\ \mathcal{J}^{-1} &= \frac{l_u - p}{\theta_s r_s^2} \\ f_{\max} &= \mathcal{J}^{-1} \tau_{\max} \\ \dot{p}_{\max} &= \mathcal{J} \dot{\theta} s_{\max}. \end{aligned} \quad (4)$$

Thus, increasing θ_s decreases f_{\max} and increases \dot{p}_{\max} for the same stroke p , with a greater effect if p increases. Adjusting f_{\min} requires increasing the minimum value of θ_s for each TSA. This real-time alteration of f_{\min} can modify TSA and AUJ performance during operation, allowing for maximum joint torque to be increased at the expense of joint velocity, or vice versa.

It may be noticed that $\lim_{\theta_s \rightarrow 0} f_{\max} = \infty$, which is a consequence of assuming infinite material stiffness for the strings, which is not possible outside simulation. This poses a challenge for real-world high force applications, as discussed in [11].

Experiments were conducted to verify this concept by executing the same AUJ trajectory with increasing values of f_{\min} . However, due to motor properties like gearbox backlash and PWM control nature, it was not possible to determine this relationship. Future work could explore better analysis methods or consider using brushless DC motors to validate this experimentally.

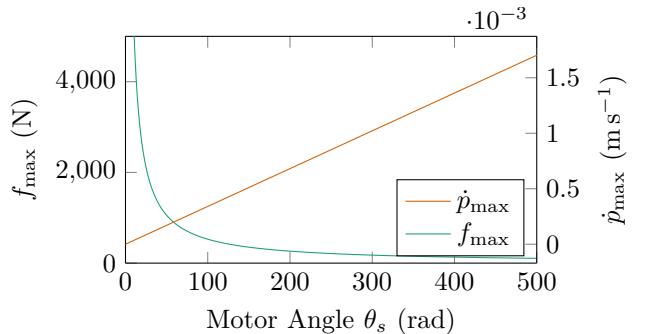


Fig. 10: By adjusting f_{\min} , the transmission ratio of the TSA can be altered. Reducing f_{\min} increases the maximum TSA force f_{\max} while reducing the maximum TSA stroke velocity \dot{p}_{\max} . Conversely, increasing f_{\min} reduces f_{\max} and increases \dot{p}_{\max} . This can be used to actively modify the dynamic properties of the AUJ during operation. In this graph, $p = 0$.

B. Dynamics Gravity Vector

In the experiments, \mathbf{g} was assumed parallel to the z axis $[0 \ 0 \ -9.81]$ due to the vertical orientation of

the mechanism. To function in other orientations, an IMU would be necessary to compute the gravity vector, incorporating gyroscopes to counter motion-generated forces.

C. Load Cell Limitation

As noted in sections III-B1, IV-A and IV-B, the load on each TSA being limited to 9.00 N meant that the AUJ angle range was limited with an increased follower mass, increased velocity, and in dual axis operation. Using load cells with a larger full scale would increase the AUJ angle range in all cases.

D. Multi-Segment Design

In a multi-segment setup, individual embedded control systems within each segment could receive AUJ angle position setpoints from a central controller. This setup enables the execution of complex trajectories while minimizing wiring complexity through shared power and communication buses, fostering a modular design.

VI. CONCLUSION

This publication examines an existing prototype of an actuated universal joint with twisted string actuator to pinpoint enhancements and address limitations. Three key design improvements were identified and tested, resulting in an expanded AUJ angle range from $\pm 14.50^\circ$ to $\pm 26.00^\circ$, increased AUJ measurement accuracy from 0.21° to 0.11° , and zero recorded string failures under normal conditions. Additionally, the impact of added follower mass on AUJ performance was assessed to simulate multi-segment operation. Future efforts will focus on resolving remaining limitations, including installing load cells with larger full scales, developing a distributed control system for multi-segment operation, and exploring effective methods for measuring motor current under pulse width modulation (PWM) control or using brushless DC motors for accurate ATA assessment.

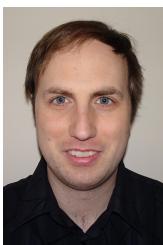
VII. ACKNOWLEDGEMENT

This work was supported by a UKRI EPSRC Doctoral Training Partnership [1957210], and by the UKRI Strength in Place Fund [84646 (AMPI)]. The lead author also wishes to thank Dr. Dmitriy Makhnovskiy for his assistance in preliminary research for this publication.

REFERENCES

- [1] A. Rezaei, Y. Shekofteh, M. Kamrani, A. Fallah, and F. Barazandeh, “Design and control of a snake robot according to snake anatomy,” in *2008 International Conference on Computer and Communication Engineering*, IEEE, 2008, pp. 191–194.
- [2] T. Baba, Y. Kameyama, T. Kamegawa, and A. Gofuku, “A snake robot propelling inside of a pipe with helical rolling motion,” in *Proceedings of SICE Annual Conference 2010*, IEEE, 2010, pp. 2319–2325.
- [3] C. Wright, A. Buchan, B. Brown, *et al.*, “Design and architecture of the unified modular snake robot,” in *2012 IEEE international conference on robotics and automation*, IEEE, 2012, pp. 4347–4354.
- [4] G. Qin, Y. Cheng, A. Ji, *et al.*, “Research on the cable-driven endoscopic manipulator for fusion reactors,” *Nuclear Engineering and Technology*, 2023.
- [5] T. Würtz, C. May, B. Holz, C. Natale, G. Palli, and C. Melchiorri, “The twisted string actuation system: Modeling and control,” in *2010 IEEE/ASME International Conference on Advanced Intelligent Mechatronics*, Jul. 2010, pp. 1215–1220. DOI: 10.1109/AIM.2010.5695720.
- [6] P. Muehlbauer, M. Schimbera, K. Stewart, and P. P. Pott, “Twisted string actuation for an active modular hand orthosis,” in *ACTUATOR; International Conference and Exhibition on New Actuator Systems and Applications 2021*, VDE, 2021, pp. 1–4.
- [7] J. Park, J.-i. Park, H.-T. Seo, Y. Liu, K.-S. Kim, and S. Kim, “Control of tendon-driven (twisted-string actuator) robotic joint with adaptive variable-radius pulley,” in *2020 20th International Conference on Control, Automation and Systems (ICCAS)*, IEEE, 2020, pp. 1096–1098.
- [8] B. Suthar and S. Jung, “Design and feasibility analysis of a foldable robot arm for drones using a twisted string actuator: Frad-tsa,” *IEEE Robotics and Automation Letters*, vol. 6, no. 3, pp. 5769–5775, 2021. DOI: 10.1109/LRA.2021.3084890.
- [9] G. Palli, C. Natale, C. May, C. Melchiorri, and T. Wurtz, “Modeling and control of the twisted string actuation system,” *IEEE/ASME Transactions on Mechatronics*, vol. 18, no. 2, pp. 664–673, 2012.
- [10] R. Budynas and J. Nisbett, *Shigley’s Mechanical Engineering Design* (McGraw-Hill series in mechanical engineering). McGraw-Hill, 2011, pp. 416–417, ISBN: 9780071328401.
- [11] S. Nedelchev, I. Gaponov, and J. Ryu, “Accurate dynamic modeling of twisted string actuators accounting for string compliance and friction,” *IEEE Robotics and Automation Letters*, vol. 5, no. 2, pp. 3438–3443, 2020. DOI: 10.1109/LRA.2020.2970651.
- [12] M. Usman, B. Suthar, H. Seong, E. Hawkes, I. Gaponov, and J.-H. Ryu, “Passive returning mechanism for twisted string actuators,” in *2017 IEEE International Conference on Robotics and Automation (ICRA)*, IEEE, 2017, pp. 3714–3719.
- [13] D. Popov, I. Gaponov, and J.-H. Ryu, “Bidirectional elbow exoskeleton based on twisted-string actuators,” in *2013 IEEE/RSJ International Conference on Intelligent Robots and Systems*, IEEE, 2013, pp. 5853–5858.
- [14] J. Park, J. H. Kim, K.-S. Kim, and S. Kim, “Design and control of antagonistic robot joint with twisted string actuators,” in *2016 13th International Conference on Ubiquitous Robots and Ambient Intelligence (URAI)*, IEEE, 2016, pp. 563–565.

- [15] D. Lee, D. H. Kim, C. H. Che, J. B. In, and D. Shin, "Highly durable bidirectional joint with twisted string actuators and variable radius pulley," *IEEE/ASME Transactions on Mechatronics*, vol. 25, no. 1, pp. 360–370, 2019.
- [16] R. Konda, D. Bombara, E. Chow, and J. Zhang, "Kinematic modeling and open-loop control of a twisted string actuator-driven soft robotic manipulator," *Journal of Mechanisms and Robotics*, pp. 1–18, 2023.
- [17] D. Crosby, J. Carrasco, W. Heath, and A. Weightman, "A novel triad twisted string actuator for controlling a two degrees of freedom joint: Design and experimental validation," in *2022 International Conference on Robotics and Automation (ICRA)*, IEEE, 2022, pp. 11388–11394.
- [18] F. Dessen, "Coordinating control of a two degrees of freedom universal joint structure driven by three servos," in *Proceedings. 1986 IEEE International Conference on Robotics and Automation*, vol. 3, Apr. 1986, pp. 817–822. doi: 10.1109/ROBOT.1986.1087559.
- [19] M. W. Spong, S. Hutchinson, and M. Vidyasagar, *Robot modeling and control*. John Wiley & Sons, 2020.
- [20] *Bno080 data sheet*, 1.3, Hillcrest Laboratories, Inc., Oct. 2017.
- [21] *Jl-12fn20-50-06420*, Guangdong Kingly Gear Co.
- [22] *Dc micromotors - precious metal commutation*, Dr. Fritz Fauhaber GmbH & Co. KG, Feb. 2020.
- [23] K. Bienczyk, "Angle measurement using a miniature hall effect position sensor," in *2009 2nd International Students Conference on Electrodynamics and Mechatronics*, IEEE, 2009, pp. 21–22.
- [24] *Pdb08 - 8 mm micro rotary potentiometer*, Bourns, Mar. 2021.
- [25] *Motion controllers - series mc当地 3002 s*, 6th ed., Dr. Fritz Fauhaber GmbH & Co. KG, Nov. 2018.
- [26] *Lcm100 miniature in line load cell*, FUTEK Advanced Sensor Technology Inc.



Dr. Damian J. Crosby is a Post Doctoral Research Associate in the Department of Mechanical, Aerospace and Civil Engineering, University of Manchester, U.K. He received a B.Sc. in Special Effects Development from The University of Bolton, U.K., in 2010, and a M.Res. in Robotics from The University of Plymouth, U.K., in 2012. He worked as a Research Technician in robotic laser welding at The University of Manchester from 2013 to 2017, and then completed his PhD at the same university in 2023, developing a robotic tail for improved robot balance when carrying a payload. He has worked on robotic research in the fields of nuclear energy and advanced manufacturing.



Dr. Joaquin Carrasco is a Lecturer at the Department of Electrical and Electronic Engineering, University of Manchester, UK. He was born in Abarn, Spain, in 1978. He received the B.Sc. degree in physics and the Ph.D. degree in control engineering from the University of Murcia, Murcia, Spain, in 2004 and 2009, respectively. From 2009 to 2010, he was with the Institute of Measurement and Automatic Control, Leibniz Universitt Hannover, Hannover, Germany. From 2010 to 2011, he was a Research Associate at the Control Systems Centre, School of Electrical and Electronic Engineering, University of Manchester, UK.



Prof. William P. Heath is Chair of Feedback and Control in the Department of Electrical and Electronic Engineering, University of Manchester, U.K. He received the B.A. and M.A. degrees in mathematics from Cambridge University, U.K., in 1987 and 1991, and the M.Sc. and Ph.D. degrees in systems and control from the University of Manchester Institute of Science and Technology, U.K., in 1989 and 1992, respectively. He was with Lucas Automotive from 1995 to 1998 and was a Research Academic at the University of Newcastle, Australia from 1998 to 2004. His research interests include absolute stability, multiplier theory, constrained control, and system identification.



Dr. Lutong Li is a Post Doctoral Research Associate in the Department of Mechanical, Aerospace and Civil Engineering, University of Manchester, U.K. She received a B.Eng. in Mechanical Engineering in Beijing Technology and Business University, China in 2017, and a M.Sc. in Mechanical Engineering Design from The University of Manchester, U.K. in 2018. She completed her PhD at the same university in 2023, design and developing a home-based rehabilitation robot for stroke survivors. She works on robotics research in the field of healthcare and industry.



Prof. Andrew Weightman graduated in 2006 with a PhD in Mechanical Engineering from the University of Leeds. Whilst at the University of Leeds he developed rehabilitation robotic technology for improving upper limb function in adults and children with neurological impairment which was successfully utilised in homes, schools and clinical settings. In 2013 he moved to the University of Manchester, Department of Mechanical, Aerospace and Civil Engineering as a Lecturer in Medical Mechatronics. Prof. Weightman has research interests in biomimetic mobile robotics, rehabilitation robotics, robotics for nuclear decommissioning and collaborative robotics.