"As I considered the words I would say to you, I recognize a simple truth: It just isn't easy saying goodbye," Ferguson wrote. ". Today we celebrate a different type of moment, one that marks the completion of a journey versus the start of one. Look for the 28 year old to go the one year prove it deal route again for less money that he made this season because he caught only 20 passes for 240 yards and one touchdown in nine games.Runner Up: Tyler Eifert (TE) Bengals; Eddie Lacy (RB) SeahawksBest Contract Year Extension (for a team)Technically, Thielen didn't sign a contract extension. Nonetheless, he qualifies for this category because he was scheduled to make $2.746 million in 2017 on his restricted free agent tender before signing a four year, $19.246 million year deal where he gave up three unrestricted free agency years for $16.5 million. These unrestricted years can be worth as much as $25.8 million with outstanding performance during the contract thanks to base salary escalators and incentives.Thielen has taken his game to a different level this season after a breakout 2016 campaign in which he caught 68 passes for 967 yards with five touchdowns.

He's had at least seven targets in each of the past three games (at least six in all but one game this year), including brian parker jersey *a team high eight targets last week. Marqise Lee and Allen Hurns don't look fully healthy, leaving Westbrook as Jacksonville's top option. A huge game is unlikely, but against a Pittsburgh defense that's allowed 12 touchdowns to WRs since Week 10, Westbrook can pay off..*

Once among the most dominant relievers in baseball (1.86 ERA, 3.9 K/BB ratio from 2011 14), Holland is expected chris bordelon jersey *to enter a wide open battle for the closer's role with Ottavino,* ben braden jersey *McGee and Dunn during Spring Training. Though the right hander was merely average in '15 (3.83 ERA, 1.9 K/BB ratio) before missing all of '16 while recovering from Tommy John surgery, he will warrant mixed league consideration because of his impressive pre injury track record. Expectations should be kept in check,* hoodies *however, as the Rockies have had a pitcher exceed 31 saves just three times in the 24 year history of the franchise (none since '09)..*

A variation of the ace is known as the spread formation. It utilizes four wide receivers and no tight ends. In the NFL, this formation was the basis of the run and shoot offense that was popular rontez miles

jersey *in the 1980s with teams such as the Detroit Lions and the Houston Oilers but has since fallen out of favor as a primary offensive philosophy.*