## A probability-free proof of an explicit Croot-Łaba-Sisask Lemma

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December 14, 2022

#### Abstract

File Croot-Laba-Sisask-Lemma-02.tex This note proposes a proof free of probabilistic language of the famous Croot-Łaba-Sisask Lemma. In between, we do the same for the Khintchine and Marcinkiewicz-Zygmund inequalities and explicitate the implied constants.

## 1 Introduction

We propose a proof free of probabilistic language of (a variant of) [2, Lemma 3.2] by E. Croot, I. Laba and O. Sisask, which we now state. We follow their notation and in particular, when z is a complex number,  $z^{\circ}$  is defined to be z/|z| when  $z \neq 0$ , and to be 0 when z = 0.

**Theorem 1.1.** Let  $(X, \mu)$  be a probability space and  $p \ge 2$ . Given a function f in the form

{CLS}

$$f = \sum_{k \le K} \lambda_k g_k$$

where  $(g_k)_k$  is a collection of measurable functions on X of  $L^p(\mu)$ -norm at most 1. Let  $\varepsilon > 0$ . There exists an L-tuple  $(k_1, \dots, k_\ell) \in \{1, \dots, K\}^L$  of length  $L \leq 20p/\varepsilon^2$  such that

$$\int_{X} \left| \frac{f(x)}{\|\lambda\|_{1}} - \frac{1}{L} \sum_{\ell \leq L} \lambda_{k_{\ell}}^{\circ} g_{k_{\ell}}(x) \right|^{p} d\mu \leqslant \varepsilon^{p},$$

where  $\|\lambda\|_1 = \sum_{k \leq K} |\lambda_k|$ .

This theorem has its origin in the paper [3] by E. Croot and O. Sisask. We refer to the paper [6] by L. Pierce for much deeper background on the Khintchine and Marcinkiewicz-Zygmund inequalities.

<sup>[2]</sup> E. Croot, I. Laba, and O. Sisask, 2013, "Arithmetic progressions in sumsets and  $L^p$ -almost-periodicity".

<sup>[3]</sup> E. Croot and O. Sisask, 2010, "A probabilistic technique for finding almost-periods of convolutions".

 $<sup>[6]\;</sup>$  L. B. Pierce, 2021, "On superorthogonality".

## 2 An upper explicit Khintchine Inequality

**Theorem 2.1.** We have, when  $p \ge 1$ ,

$$(1/2^N) \sum_{(\varepsilon_n) \in \{\pm 1\}^N} \left| \sum_{n \le N} c_n \varepsilon_n \right|^p \le p^{p/2} \left( \sum_{n \le N} |c_n|^2 \right)^{p/2}.$$

{KI}

This is only half of the Khintchine Inequality and in a special context, but this will be enough for us. We followed [1, Chapter 10, Theorem 1, page 354] by Y.S. Show and H. Teicher.

*Proof.* Let us start with  $p = 2k \ge 2$ , so that we may open the inner sum and get

$$2^{N}S(2k) = \sum_{(\varepsilon_{n})\in\{\pm 1\}^{N}} \left| \sum_{n\leqslant N} c_{n}\varepsilon_{n} \right|^{p}$$

$$= \sum_{\substack{s_{1}+s_{2}+\dots+s_{N}=2k,\\s_{n}\geqslant 0}} {2k \choose s_{1},s_{2},\dots,s_{N}} \prod_{1\leqslant n\leqslant N} c_{n}^{s_{n}} \sum_{(\varepsilon_{n})\in\{\pm 1\}^{N}} \prod_{n\leqslant N} \varepsilon_{n}^{s_{n}}$$

by the multinomial theorem. The inner summand vanishes as soon as some  $s_n$  is odd, whence, by letting  $2t_n = s_n$ , we get

$$2^{N}S(2k) = \sum_{\substack{t_{1}+t_{2}+\dots+t_{N}=k, \\ t_{n}\geqslant 0}} {2k \choose 2t_{1}, 2t_{2}, \dots, 2t_{N}} \prod_{n\leqslant N} (c_{n}^{2})^{t_{n}}$$

$$\leqslant C \sum_{\substack{t_{1}+t_{2}+\dots+t_{N}=k, \\ t_{n}\geqslant 0}} {k \choose t_{1}, t_{2}, \dots, t_{N}} \prod_{n\leqslant N} (c_{n}^{2})^{t_{n}} = C \left(\sum_{n\leqslant N} c_{n}^{2}\right)^{k}$$

where

$$\begin{split} C &= \max \binom{2k}{2t_1, 2t_2, \cdots, 2t_N} \binom{k}{t_1, t_2, \cdots, t_N}^{-1} \\ &\leqslant \max \frac{2k(2k-1) \cdots (k+1)}{\prod_j 2t_j (2t_j-1) \cdots (t_j+1)} \\ &\leqslant \max \frac{k^k}{2^{t_1+\cdots+t_k}} \leqslant (k/2)^k. \end{split}$$

As S(p) is increasing, we simply choose  $k = \lceil p/2 \rceil$ . This gives us  $2k \ge p+2$  and thus

$$(k/2)^k \le (p+2)^{1+p/2} \le (30 p)^{p/2}$$

This concludes the main part of the proof, except for the constant 30. We will not continue the proof but simply refer to the paper [5] by U. Haagerup who shows that best constant is (be careful: the abstract of this paper misses a closing parenthesis for the value of  $B_p$ , but the value of  $B_p$  displayed in the

<sup>[1]</sup> Y. S. Chow and H. Teicher, 1997, Probability theory.

<sup>[5]</sup> U. Haagerup, 1981, "The best constants in the Khintchine inequality".

middle of page 232 misses a square root-sign around the  $\pi$ , as an inspection of the proof at the end the paper rapidly reveals)

$$\begin{cases} 1 & \text{when } 0$$

We readily check that this implies that the constant 1 rather than 30 is admissible.  $\Box$ 

# 3 An upper explicit Marcinkiewicz-Zygmund Inequality

**Theorem 3.1.** Let  $(X, \mu)$  be a probability space. When  $p \ge 1$ , let  $(f_n)_{n \le N}$  be a system of functions such that  $\int_X f_n(x) d\mu = 0$ . We have

$$\int_{(x_n) \in X^N} \left| \sum_{1 \le n \le N} f_n(x_n) \right|^p d(x_n)$$

$$\le (4p)^{p/2} \int_{(x_n) \in X^N} \left( \sum_{1 \le n \le N} |f_n(x_n)|^2 \right)^{p/2} d(x_n).$$

The power of this inequality is that the implied constant do not depend on N, the effect of some orthogonality. Again, this is only half of the Marcinkiewicz-Zygmund Inequality and in a special context, but this will be enough for us. We followed [1, Chapter 10, Theorem 2, page 356] by Y.S. Show and H. Teicher. The relevant constant is the subject of [7] by Y.-F. R and H.-Y. Liang (their value is slightly worse than ours) and [4] by D. Ferger, where the best constant is determined provided the  $f_n$ 's are "symmetric".

*Proof.* We first notice that, since  $\int_0^1 f_n(x)dx = 0$ , we may introduce a symmetrization through

$$\sum_{n \leq N} f_n(x_{2n-1}) = -\int_{(x_{2n}) \in X^N} \sum_{n \leq 2N} (-1)^n f_{\lceil n/2 \rceil}(x_n) d(x_{2n}).$$

Jensen's inequality gives us that

$$\int_{(x_{2n-1})\in X^N} \left| \int_{(x_{2n})\in X^N} \sum_{n\leqslant 2N} (-1)^n f_{\lceil n/2\rceil}(x_n) d(x_{2n}) \right|^p d(x_{2n-1}) \\
\leqslant \int_{(x_{2n-1})\in X^N} \int_{(x_{2n})\in X^N} \left| \sum_{n\leqslant 2N} (-1)^n f_{\lceil n/2\rceil}(x_n) \right|^p d(x_{2n}) d(x_{2n-1}) \\$$

from which we deduce that the  $L^p$ -norm of the symmetrization controls the one of the initial sum:

$$\int_{(x_{2n-1})\in X^N} \left| \sum_{n\leqslant N} f_n(x_{2n-1}) \right|^p d(x_{2n-1}) \leqslant \int_{(x_n)\in X^{2N}} \left| \sum_{n\leqslant 2N} (-1)^n f_{\lceil n/2\rceil}(x_n) \right|^p d(x_n).$$

<sup>[7]</sup> Y.-F. Ren and H.-Y. Liang, 2001, "On the best constant in Marcinkiewicz-Zygmund inequality".

<sup>[4]</sup> D. Ferger, 2014, "Optimal constants in the Marcinkiewicz-Zygmund inequalities".

We next introduce Rademacher's system by noticing that, by successively exchanging  $x_{2n-1}$  and  $x_{2n}$ , have

$$(1/2^{N}) \sum_{(\varepsilon_{n})\in\{\pm 1\}^{N}} \int_{(x_{n})\in X^{2N}} \left| \sum_{n\leq 2N} \varepsilon_{\lceil n/2\rceil} (-1)^{n} f_{\lceil n/2\rceil}(x_{n}) \right|^{p} d(x_{n})$$

$$= \int_{(x_{n})\in X^{2N}} \left| \sum_{n\leq 2N} (-1)^{n} f_{\lceil n/2\rceil}(x_{n}) \right|^{p} d(x_{n}).$$

We may now remove the symmetrization since:

$$\begin{split} &\int_{(x_n)\in X^{2N}} \left| \sum_{n\leqslant 2N} \varepsilon_{\lceil n/2\rceil} (-1)^n f_{\lceil n/2\rceil}(x_n) \right|^p d(x_n) \\ &\leqslant \int_{(x_n)\in X^{2N}} 2^{p-1} \left( \left| \sum_{n\leqslant N} \varepsilon_n f_n(x_{2n}) \right|^p \right| + \sum_{n\leqslant N} \varepsilon_n f_n(x_{2n-1}) \right|^p \right) d(x_n) \\ &\leqslant 2^p \int_{(x_{2n})\in X^N} \left| \sum_{n\leqslant N} \varepsilon_n f_n(x_{2n}) \right|^p d(x_{2n}). \end{split}$$

The Khintchine Inequality from Theorem 2.1 now gives us that

$$(1/2^N) \sum_{(\varepsilon_n) \in \{+1\}^N} \left| \sum_{n \le N} \varepsilon_n f_n(x_{2n}) \right|^p \le p^{p/2} \left( \sum_{n \le N} |f_n(x_{2n})|^2 \right)^{p/2}.$$

The proof is then complete. Concerning the constant 4 in the Theorem, the paper [7] by Y.-F. Ren and H.-Y. Liang gives the upper bound 9/2, which is worse than the above one.

#### 4 Proof of Theorem 1.1

*Proof.* We define  $\Omega = \{1, \dots, K\}$  which we equip with the probability measure defined by  $\nu(\{k\}) = |\lambda_k|/\|\lambda\|_1$ . Given a positive integer L, we consider the family of functions  $\varphi_\ell$ , for  $\ell \leq L$  given by

$$\begin{array}{cccc} \varphi_{\ell}: \Omega^L \times X & \to & \mathbb{C} \\ ((u_h)_{h \leqslant L}, x) & \mapsto & \lambda_{u_{\ell}}^{\circ} g_{u_{\ell}}(x) \end{array}$$

so that

$$\int_{\Omega^L} \varphi_{\ell}((u_h)_{h \leqslant L}, x) d\nu = \sum_{k \in \Omega} \frac{|\lambda_k|}{\|\lambda\|_1} \lambda_k^{\circ} g_k(x) = \frac{f}{\|\lambda\|_1} = f_0$$

say. We aim at showing that  $(1/L) \sum_{\ell \leqslant L} \varphi_{\ell}((u_h)_{h \leqslant L}, x)$  closely approximates  $f_0$  for most values of  $(u_h)_{h \leqslant L}$ . Selecting one such value gives qualitatively our result. To do so, we write

$$\begin{split} \int_{\Omega^L} \int_X \left| \frac{1}{L} \sum_{\ell \leqslant L} \varphi_\ell((u_h)_{h \leqslant L}, x) - f_0 \right|^p d((u_h)_{h \leqslant L}) dx \\ &= \frac{1}{L^p} \int_{\Omega^L} \int_X \left| \sum_{\ell \leqslant L} \left( \varphi_\ell((u_h)_{h \leqslant L}, x) - f_0 \right) \right|^p d((u_h)_{h \leqslant L}) dx. \end{split}$$

<sup>[7]</sup> Y.-F. Ren and H.-Y. Liang, 2001, "On the best constant in Marcinkiewicz-Zygmund inequality".

We apply the Marcinkiewicz-Zygmung Inequality, i.e. Theorem 3.1, to this latter expression, getting

$$\int_{\Omega^{L}} \int_{X} \left| \frac{1}{L} \sum_{\ell \leqslant L} \varphi_{\ell}((u_{h})_{h \leqslant L}, x) - f_{0} \right|^{p} d((u_{h})_{h \leqslant L}) dx 
\leqslant \frac{(4p)^{p/2}}{L^{p/2}} \int_{\Omega^{L}} \int_{X} \left| \frac{1}{L} \sum_{\ell \leqslant L} \left| \varphi_{\ell}((u_{h})_{h \leqslant L}, x) - f_{0} \right|^{2} \right|^{p/2} d((u_{h})_{h \leqslant L}) dx 
\leqslant \frac{(4p)^{p/2}}{L^{p/2}} \int_{X} \int_{\Omega^{L}} \left| \frac{1}{L} \sum_{\ell \leqslant L} \left| \varphi_{1}((u_{h})_{h \leqslant L}, x) - f_{0} \right|^{2} \right|^{p/2} d((u_{h})_{h \leqslant L}) dx.$$

The end is straightforward:

$$\int_{\Omega^{L}} \int_{X} \left| \frac{1}{L} \sum_{\ell \leqslant L} \varphi_{\ell}((u_{h})_{h \leqslant L}, x) - f_{0} \right|^{p} d((u_{h})_{h \leqslant L}) dx$$

$$\leqslant \frac{(4p)^{p/2}}{L^{p/2}} \int_{X} \int_{\Omega^{L}} \left| \varphi_{1}((u_{h})_{h \leqslant L}, x) - f_{0} \right|^{p} d((u_{h})_{h \leqslant L}) dx.$$

Concerning the relevant p-norms, we make the following observations:

$$\int_{X} \int_{\Omega^{L}} \left| \varphi_{1}((u_{h})_{h \leqslant L}, x) \right|^{p} d((u_{h})_{h \leqslant L}) dx$$

$$= \int_{\Omega^{L}} \left( \int_{X} \left| \varphi_{1}((u_{h})_{h \leqslant L}, x) \right|^{p} dx \right) d((u_{h})_{h \leqslant L}) \leqslant 1,$$

on the one side while on the other side, by the triangle inequality, we have

$$||f_0||_p \leqslant \sum_{k \leqslant K} \frac{|\lambda_k|}{||\lambda||_1} ||g_k||_p \leqslant 1.$$

Therefore

$$\left( \int_{\Omega^L} \int_X \left| \frac{1}{L} \sum_{\ell \leqslant L} \varphi_{\ell}((u_h)_{h \leqslant L}, x) - f_0 \right|^p d((u_h)_{h \leqslant L}) dx \right)^{1/p}$$

$$\leqslant \frac{(4p)^{1/2}}{L^{1/2}} (1+1) = \sqrt{16p/L}.$$

We deduce from this inequality that the set of  $(u_h)_{h \leq L}$  for which

$$\int_{X} \left| \frac{1}{L} \sum_{\ell \leq L} \varphi_{\ell}((u_{h})_{h \leq L}, x) - f_{0} \right|^{p} dx > \varepsilon^{p}$$

has measure at most  $\sqrt{16p/(\varepsilon^2L)}$  which is strictly less than 1 by our assumption on L. The theorem follows readily.

## References

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