

# METABOLIC INTELLIGENCE

The Future of AI-Driven Nutrition

*Prepared for: Innovation Series 2026*

## 1. The Problem: Generic Nutrition is Broken

- One-Size-Fits-All Failure: Traditional diets ignore unique gut biomes.
- Information Overload: Users are overwhelmed by conflicting health trends.
- The Friction Gap: Manual logging leads to a 90% abandonment rate.

## 2. The Solution: Predictive Intelligence

An AI Agent that doesn't just track, but anticipates and executes.

Analyze: Real-time metabolic tracking via wearables.

Advise: Generative AI meal plans tailored to glucose and mood.

Act: Integrated shopping through Agentic Commerce.

### 3. The Metabolic Engine

Our AI utilizes advanced BMR (Basal Metabolic Rate) calculations synced with real-time biometric data:

```
BMR = 10 * weight(kg) + 6.25 * height(cm) - 5 * age(y) + s
```

(s = +5 for males, -161 for females)

## 4. Business Model & Revenue

Tier	Features	Price
Freemium	Basic Logging	\$0
Pro Agent	Bio-sync & AI Chef	\$14.99/mo
Medical	Clinical Reports	\$49.99/mo