

TOPIC OF THE DAY



The quote of the day was by Marcus Garvey and it says If you have no confidence in yourself, you are twice defeated in the race of life. What I get from this is with confidence you can go way farther in life. If you don't have confidence in yourself it's going to weigh you down.

[self confidence](#)

TOPIC OF THE DAY



The topic of the day was how do you respect yourself. I think respecting yourself is very important because If you respect yourself you will become a better and more successful person. Respecting yourself would look like you not putting yourself down or being negative.

[respecting yourself](#)