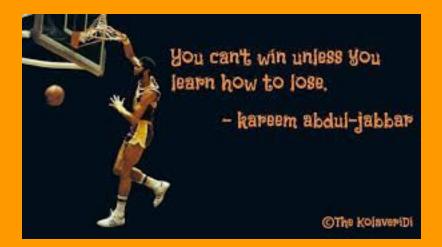
## QUOTE OF THE DAY



What Kareem is saying is that you need to lose to learn how to win. Winning doesn't come easily you have to teach yourself how to do it. Most sport teams that are good now weren't always good they usually have gone on losing streaks. For example the warriors weren't always good they had like 3-4 losing seasons before they became good.

Kareem Adbul Jabbar

## TOPIC OF THE DAY

## Evolution of the nba

The NBA has changed alot since it was first invented in 1946. For example the league back then was more physical and tough, now it's a little softer and less physical. I like the older league with players like Jordan, Magic, Bird, Hakeem, and Karl Malone.

**Evolution of the NBA**