



# Protocol- Gausa Theraphy



## Guasha Therapy for Abdominal Distention

### Head:

Holographic point-areas - the posterior one-third of the vertex region of the forehead, bilateral region 2 bilateral to the forehead.

### Back:

Governor Vessel - Dazhui (GV14) to Mingmen (GV4).  
Bladder Meridian - bilateral Geshu (B18) to Weishu (B21).  
Dachangshu (B25) to Xiaochangshu (B27).

### Abdomen:

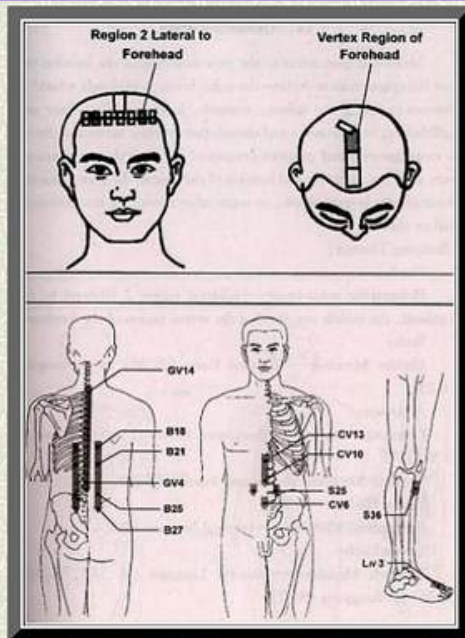
Conception Vessel - Shangwan (CV13) to Xiawan (CV10) and Qihai (CV6).  
Stomach Meridian - bilateral Tianshu (S25).

### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).  
Liver Meridian - bilateral Taichong (Liv3).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Abdominal Pain

### Head:

Holographic point-areas - bilateral region 2 bilateral to the forehead, the middle one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Pishu (B20) to Daohangshu (B25).

### Abdomen:

Conception Vessel - Zhongwan (CV12) to Guanyuan (CV4).

Stomach Meridian - bilateral Tianshu (S25).

### Upper Limb:

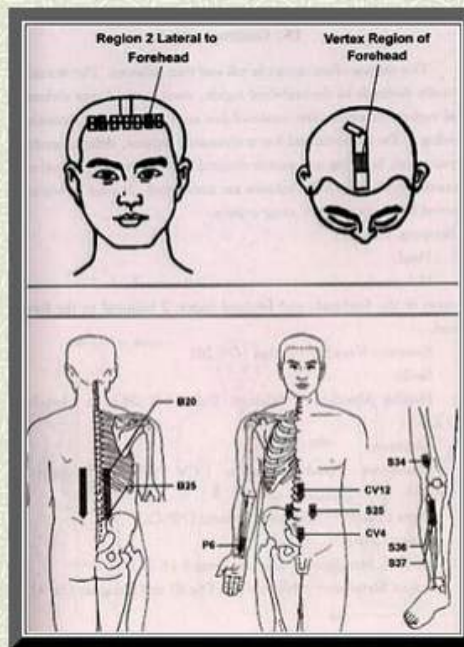
Pericardium Meridian - bilateral Neiguan (P6).

### Lower Limb:

Stomach Meridian - bilateral Liangqiu (S34), Zusanli (S36) to Shangjuxu (S37).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Anemia

### Head:

Holographic point-areas – bilateral region 2 bilateral to the forehead, the posterior one-third of the vertex region of the forehead.

### Back:

Bladder Meridian – bilateral Geshu (B17), Pishu (B20) and Shenshu (B23).

### Abdomen:

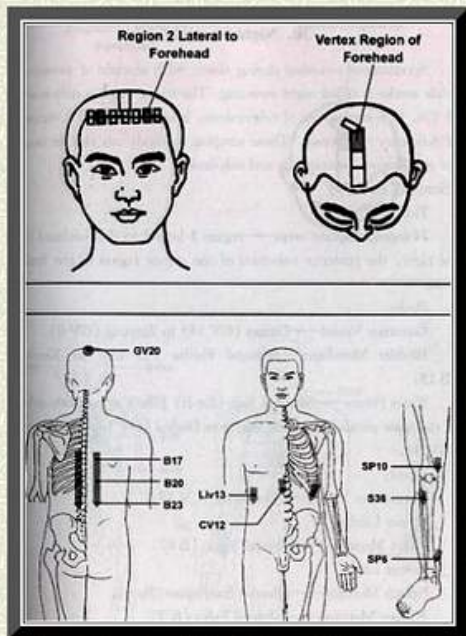
Liver Meridian – bilateral Zhangmen (Liv13).  
Conception Vessel – Zhongwan (CV12).

### Lower Limb:

Stomach Meridian – bilateral Zusanli (S36).  
Spleen Meridian – bilateral Xuehai (Sp10), Sanyinjiao (Sp6).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Angina Pectoris

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right.

### Back:

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).  
Bladder Meridian - bilateral Jueyinshu (B14) to Xinshu (B15).  
Shentang (B44).

### Chest:

Conception Vessel - Tiantu (CV22) to Danzhong (CV7), Jueque (GV14).

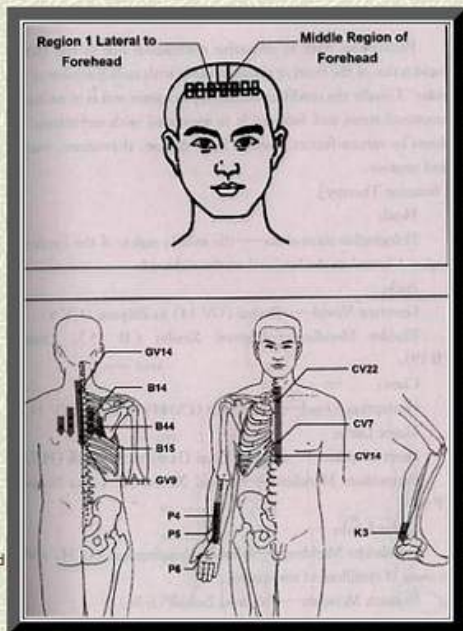
### Upper Limb:

Pericardium Meridian - bilateral Ximen (P4), Jianshi (P5), Neiguan (P6).

### Lower Limb:

Kidney Meridian - bilateral Taixi (K3).

During an attack of angina pectoris scraping should be applied mainly at Zhiyang (GV9), bilateral Xinshu (B15), Danzhong (CV7) and bilateral Neiguan (P6).



# Protocol- Gausa Theraphy



## Guasha Therapy for Ankylosing Spondylitis

### Head:

Holographic point-areas - the region of vertex and occiput, the vertex region of the forehead.

### Back:

Governor Vessel - Dazhui (GV14) to Yaoshu (GV2).

Bladder Meridian - bilateral Dazhu (B11) to Baihuanshu (B30).

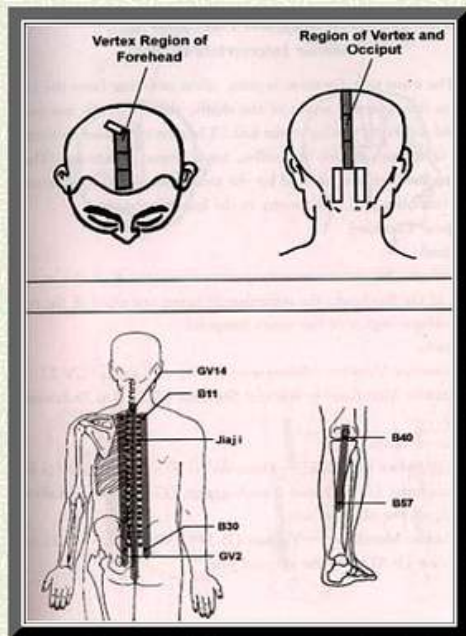
Extra Points - bilateral Jiaji (Ex-B).

### Lower Limb:

Bladder Meridian - bilateral Weizhong (B40) to Chengshan (B57).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Aphasia-Windstroke Sequela

### Head:

Holographic point-areas – the middle region of the forehead, the posterior one-third of the vertex region of the forehead, the contralateral lower one-third of the anterior oblique region of vertex-temporal.

Governor Vessel – Fengfu (GV16) to Yamen (GV15).

Conception Vessel – Lianquan (CV23), Tiantu (CV22).

### Upper Limb:

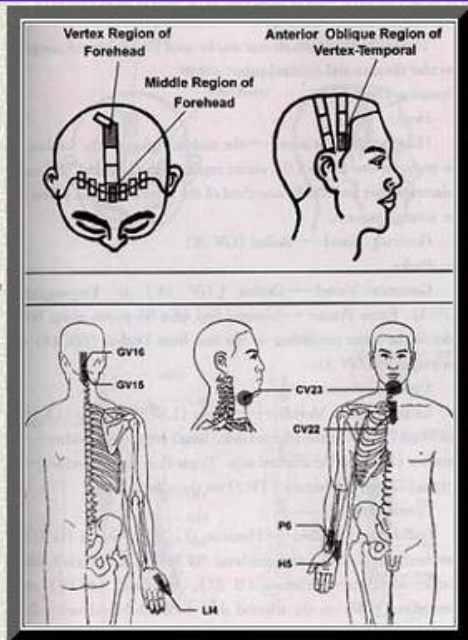
Pericardium Meridian – bilateral Neiguan (P6).

Heart Meridian – bilateral Tongli (H5).

Large Intestine Meridian – bilateral Hegu (LI4).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Aphonia

### Head:

Holographic point-areas - the middle region of the forehead and bilateral region 1 bilateral to the forehead.

Governor Vessel - Yamen (GV15) to Dazhui (GV14).

Conception Vessel - Lianquan (CV23) and Tiantu (CV22).

Stomach Meridian - bilateral Renying (S9).

Large Intestine Meridian - bilateral Tianding (LI17).

### Upper Limb:

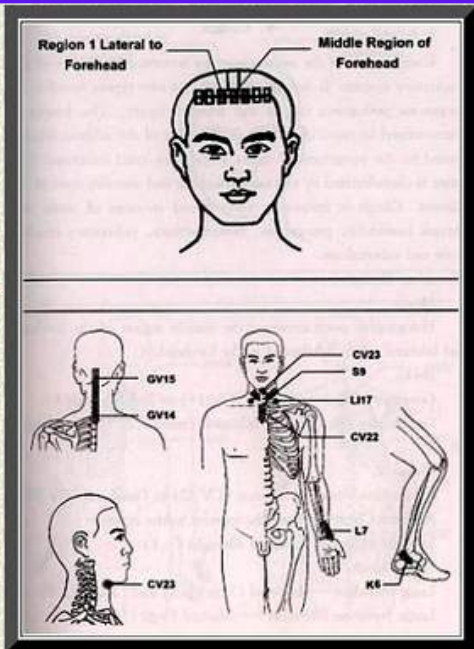
Lung Meridian - bilateral Lieque (L7).

### Lower Limb:

Kidney Meridian - bilateral Zhaohai (K6).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Asthma

### Head:

Holographic point-areas - the middle region of the forehead, bilateral region 1 lateral to the forehead, and the anterior one-third of the vertex region of the forehead.

### Back:

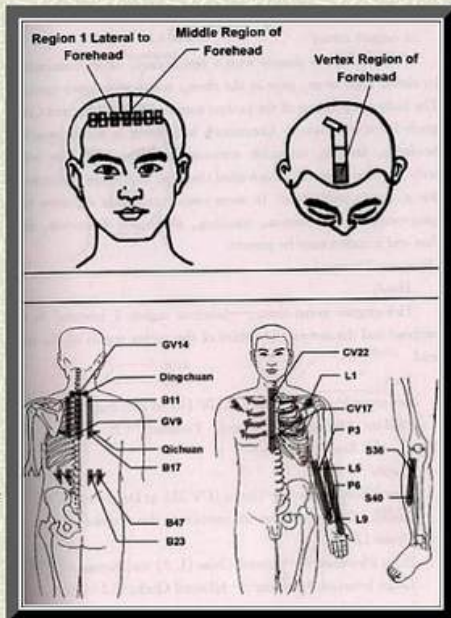
Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).  
Bladder Meridian - bilateral Dazhu (B11) to Geshu (B17).  
Extra Points - bilateral Dingchuan (NP-HN) and Qichuan (NP-HN).  
Bladder Meridian - bilateral Zhishi (B47) and Shenshu (B23) for supplementary scraping.

### Chest:

Conception Vessel - Tiantu (CV22) to Danzhong (GV17).  
Anterior Chest - from the interior to the exterior.  
Lung Meridian - bilateral Zhongfu (L1).

### Upper Limb:

Pericardium Meridian - bilateral Quze (P3) forward to the tip of the middle finger via Neiguan (P6).  
Lung Meridian (added when the condition is accompanied by a cough) - bilateral Gize (L5) and Taiyuan (L9).  
Stomach Meridian (added in the case of abundant sputum) - bilateral Zusanli (S36) to Fenglong (S40).



# Protocol- Gausa Theraphy



## Guasha Therapy for Aura of Windstroke

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, the posterior one-third of the vertex region of the forehead, the contralateral anterior oblique region of the vertex-temporal, Governor Vessel - Baihui (GV20), Stomach Meridian - bilateral Touwei (S8), Gallbladder Meridian - bilateral Fengchi (GB20), Extra Points - bilateral Taiyang (Ex-HN).

### Back:

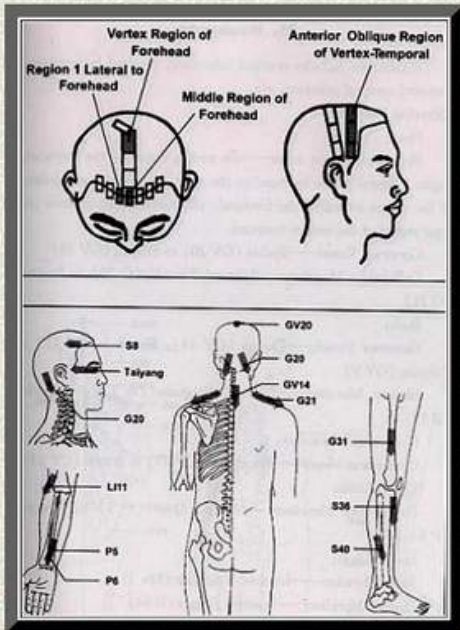
Governor Vessel - Dazhui (GV14), Gallbladder Meridian - bilateral Jianjing (GB21).

### Upper Limb:

Large Intestine Meridian - bilateral Quchi (LI11), on the affected side, Pericardium Meridian - Jianshi (P5) to Neiguan (P6) on the affected side.

### Lower Limb:

Gallbladder Meridian - bilateral Fengshi (GB31) on the affected side, Stomach Meridian - bilateral Zusanli (S36) and Fenglong (S40) on the affected side.



# Protocol- Gausa Theraphy



## Guasha Therapy for Cervical Spondylosis

### Head:

Holographic point-areas – the superior one-third of the region of vertex and occiput, the contralateral posterior oblique region of vertex.

### Neck and Shoulder:

Governor Vessel – Fengfu (GV16) to Shenhu (GV12).

Gallbladder Meridian – bilateral Fengchi (GB20) to Jianjing (GB21).

Bladder Meridian – bilateral Tianzhu (BL10) to Dazhu (BL11).

### Back:

Small Intestine Meridian – bilateral Tianzong (SI11).

### Upper Limb:

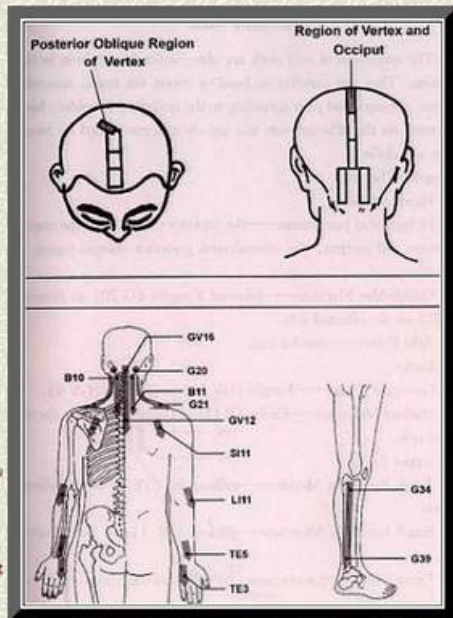
Large Intestine Meridian – bilateral Quchi (LI11).

Triple Energizer Meridian – bilateral Waiguan (TE5) and Zhongzhu (TE3).

Ashi Points – the loci manifesting pain.

### Lower Limb:

Gallbladder Meridian – bilateral Yanglingquan (GB34) to Xuanzhong (GB39).



# Protocol- Gausa Therapy



## Guasha Therapy for Cholecystitis and Cholelithiasis

### Head:

Holographic point-areas - region 2 bilateral to the forehead, the middle one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Ganshu (B18) to Weishu (B21).

### Abdomen:

Conception Vessel - Shangwan (CV13) to Zhongwan (CV12).

Liver Meridian - right Qimen (Liv14) and Zhangmen (Liv13).

### Lower Limb:

Gallbladder Meridian - right Yanglingquan (GB34) and Yangfu (GB38).

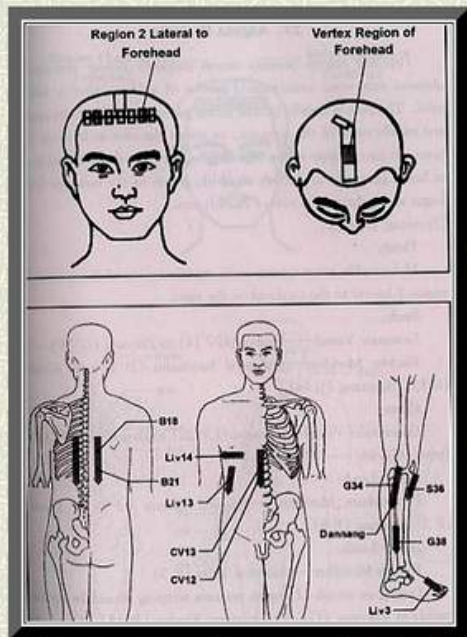
Stomach Meridian - bilateral Zusanli (ST36).

Extra Meridian - bilateral Dannang (NP-LE).

Liver Meridian - bilateral Taichong (Liv3).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Common Cold

### Head:

Holographic point-areas – the middle region of the forehead,  
and bilateral region 1 lateral to the forehead.  
Governor Vessel – Baihui (GV20) to Yamen (GV15).  
Gallbladder Meridian – bilateral Fengchi (GB20).  
Large Intestine Meridian – bilateral Yingxiang (LI20).

### Back:

Governor Vessel – Dazhui (GV14) to Zhiyang (GV9).

### Chest:

Lung Meridian – bilateral Zhongfu (LU1).

### Upper Limb:

Large Intestine Meridian – bilateral Quchi (LI11) and Hegu (LU4).

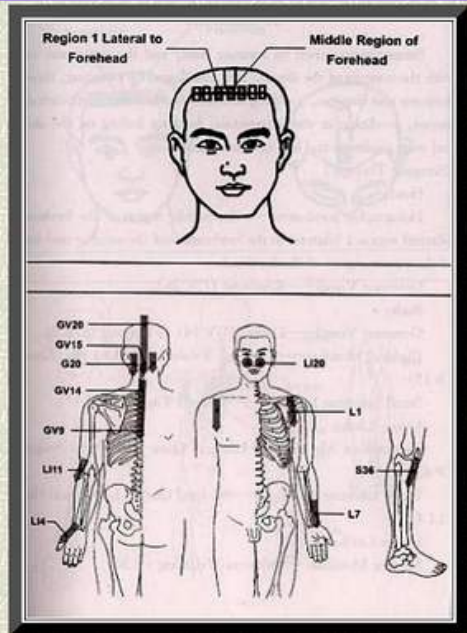
Lung Meridian – bilateral Lieque (LU7).

### Lower Limb:

Stomach Meridian – bilateral Zusanli (ST36).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Constipation

### Head:

Holographic point-areas – the middle one-third of the vertex region of the forehead, the posterior one-third of the vertex region of the forehead.

### Back:

Bladder Meridian – bilateral Dachangshu (B25).

### Abdomen:

Spleen Meridian – bilateral Fujie (Sp14).

Stomach Meridian – bilateral Tianshu (S25).

### Upper Limb:

Triple Energizer Meridian – bilateral Zhigou (TE6).

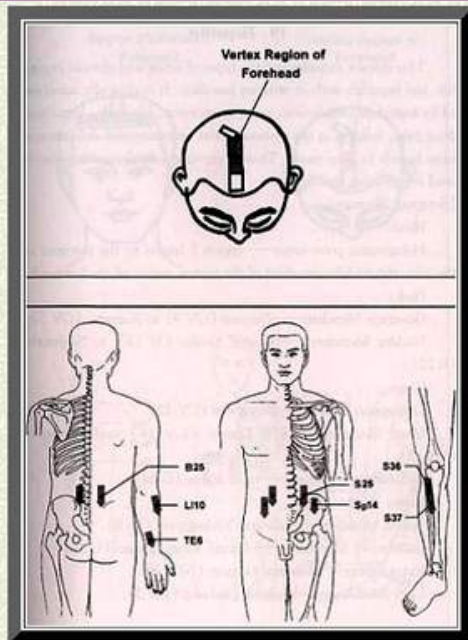
Large Intestine Meridian – bilateral Shousanli (LI10).

### Lower Limb:

Stomach Meridian – bilateral Zusanli (S36) to Shangjuxu (S37).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Cough

### Head:

Holographic point-areas – the middle region of the forehead and bilateral region 1 bilateral to the forehead.

### Back:

Governor Vessel – Dazhui (GV14) to Zhiyang (GV9).  
Gallbladder Meridian – bilateral Dazhu (B11) to Feishu (B13).

### Chest:

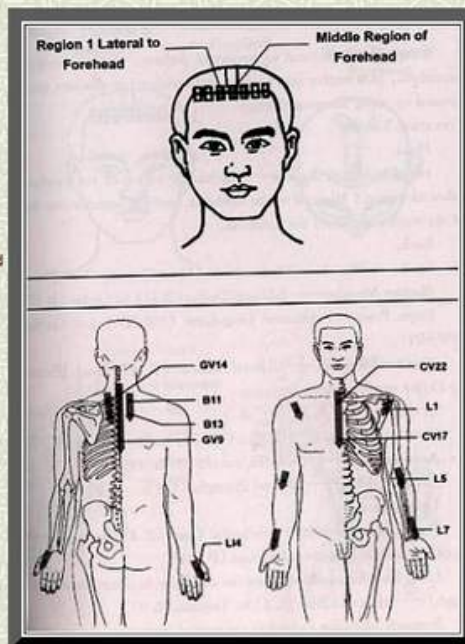
Conception Vessel – Tiantu (CV22) to Danzhong (CV17).  
Anterior Chest – from the interior to the exterior.  
Lung Meridian – bilateral Zhongfu (L1).

### Upper Limb:

Lung Meridian – bilateral Chize (L5) and Lieque (L7).  
Large Intestine Meridian – bilateral Hegu (LI4).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Diabetes Mellitus

### Head:

Holographic point-areas - bilateral region 3 lateral to the forehead, the anterior one-third and posterior one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Yishu (NP-B), Pishu (B20) to Shenshu (B23), Yanggang (B48) to Yishe (B49).

### Abdomen:

Conception Vessel - Zhongwan (CV12) to Qihai (CV6).

### Upper Limb:

Triple Energizer Meridian - bilateral Yangchi (TE4).

### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).

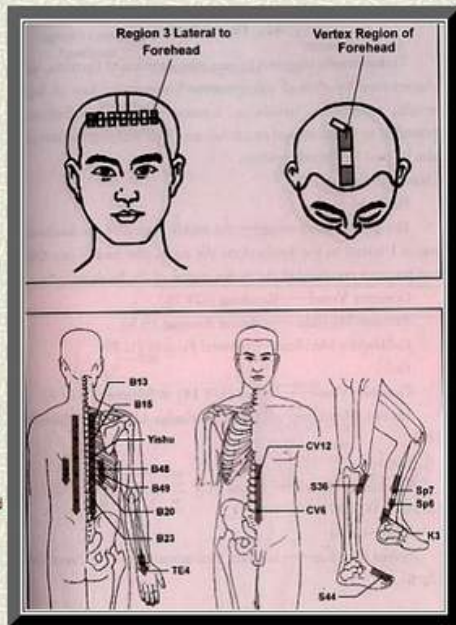
Spleen Meridian - bilateral Sanyinjiao (Sp6).

Bladder Meridian - bilateral Feishu (B13) to Xinshu (B15) (added for polydipsia).

Stomach Meridian - bilateral Neiting (S44) (added for polydipsia).

Spleen Meridian - bilateral Lougu (Sp7) (added for polydipsia).

Kidney Meridian - bilateral Taixi (K3) (added for polydipsia).





# Protocol- Gausa Theraphy



## Guasha Therapy for Diarrhea

### Head:

Holographic point-areas - bilateral region 2 bilateral to the forehead, the posterior one-third on the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Pishu (B20) to Dachangshu (B25).

### Abdomen:

Conception Vessel - Zhongwan (CV12) to Qihai (CV6).

Stomach Meridian - bilateral Tianshu (S25).

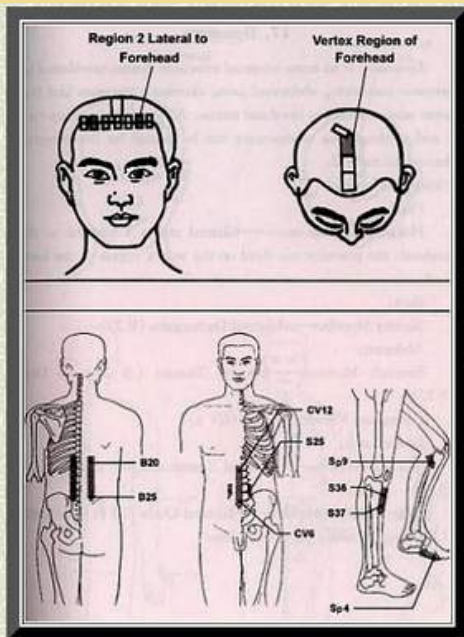
### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36) to Shangjuxu (S37).

Spleen Meridian - bilateral Yinlingquan (Sp9), Gongsun (Sp4).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Dysentery

### Head:

Holographic point-areas - bilateral region 3 bilateral to the forehead, the posterior one-third on the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Dachangshu (B25).

### Abdomen:

Conception Vessel - Qihai (CV6).

Stomach Meridian - bilateral Tianshu (S25) to Daju (S27).

### Lower Limb:

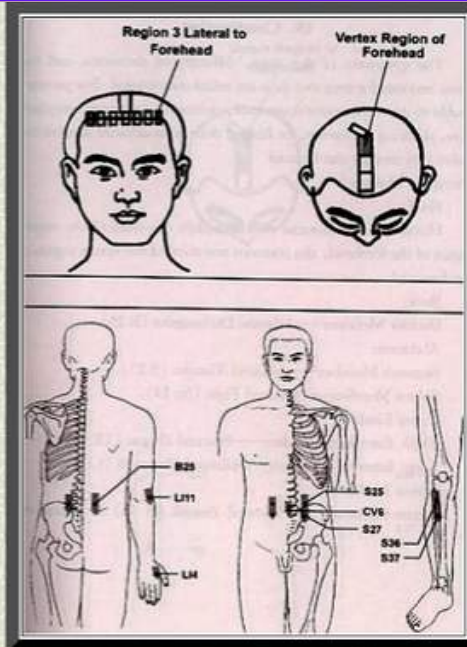
Stomach Meridian - bilateral Zusanli (S36) to Shangjuxu (S37).

### Upper Limb:

Large Intestine Meridian - bilateral Quchi (LI11) and Hegu (LI4) may be added for cases of fever.

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# Protocol- Gausa Theraphy



## Guasha Therapy for Edema

### Head:

Holographic point-areas – the posterior one-third of the vertex region of the forehead, region 2 lateral to the forehead on the right, bilateral region 3 lateral to the forehead and the lower one-third of the region of vertex and occiput.

### Back:

Bladder Meridian – bilateral Feishu (B13), Sanjiaoshu (B22) to Pangguangshu (B28).

### Abdomen:

Conception Vessel – Shuifen (CV9) to Guanyuan (CV4).

Kidney Meridian – bilateral Huangshu (K16) to Dahe (K12).

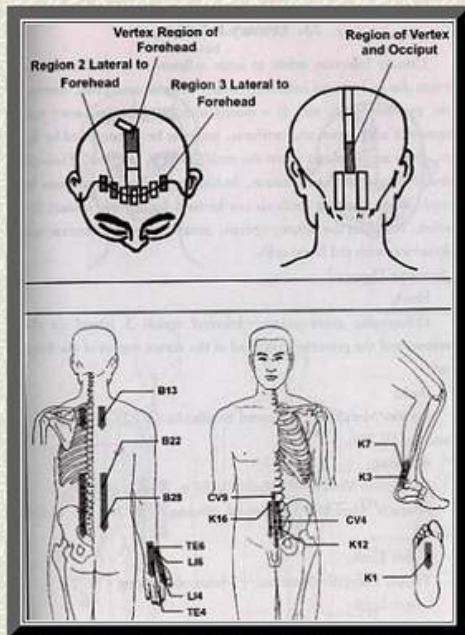
### Upper Limb:

Large Intestine Meridian – bilateral Pianli (LI6) to Hegu (LI4), added for cases with facial edema occurring first.

Tripple Energizer Meridian – bilateral Zhigou (TE6) to Yangchi (TE4).

### Lower Limb:

Kidney Meridian – bilateral Fuliu (K7) to Taixi (K3), Yongquan (K1), added for cases in which lower limb edema occurs first.



# Protocol- Gausa Theraphy



## Guasha Therapy for Epigastric Pain

### Head:

Holographic point-areas - bilateral region 2 bilateral to the forehead, the middle one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Danshu (B19), Pishu (B20) and Weishu (B21).

### Abdomen:

Conception Vessel - Shangwan (CV13) and Zhongwan (CV12).

### Upper Limb:

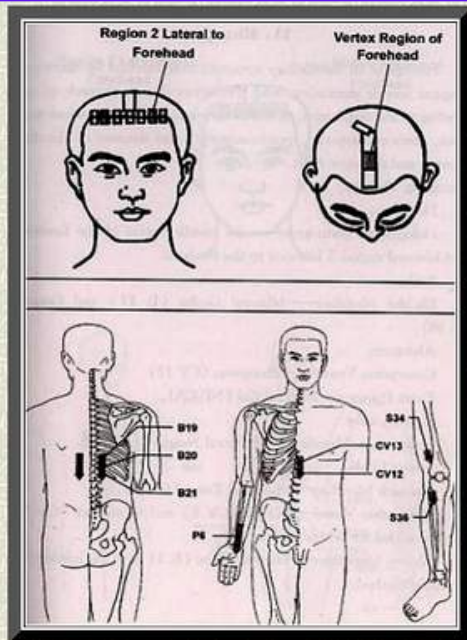
Pericardium Meridian - bilateral Neiguan (P6).

### Lower Limb:

Stomach Meridian - bilateral Liangqiu (S34) and Zusanli (S36).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Epilepsy

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, the posterior one-third of the vertex region of the forehead, adding bilateral anterior oblique region of the vertex-temporal during seizures; Governor Vessel - Renzhong (GV26), Baihui (GV20) to Fengfu (GV16).

### Back:

Governor Vessel - Dazhui (GV14) to Shenzhu (GV12).  
Bladder Meridian - bilateral Xinshu (B15) to Ganshu (B18).  
Extra Point - Yaoqi (Ex-B).

### Chest:

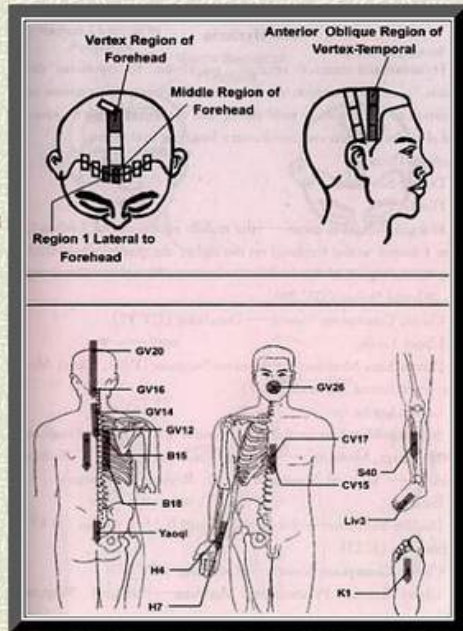
Conception Vessel - Danzhong (CV17) to Jiuwei (CV15).

### Upper Limb:

Heart Meridian - bilateral Lingdao (H4) to Shenmen (H7).

### Lower Limb:

Stomach Meridian - bilateral Fenglong (S40).  
Liver Meridian - bilateral Taichong (Liv3).  
Kidney Meridian - bilateral Yongquan (K1).



# Protocol- Gausa Theraphy



## Guasha Therapy for Facial Paralysis

### Head:

Holographic point-areas - the middle region of the forehead, bilateral lower one-third of the anterior oblique region of the vertex-temporal.

Extra Points - Taiyang (Ex-HN) and Qianzheng (NP-HN) on the affected side.

Gallbladder Meridian - Yangbai (G14) and Fengchi (G20) on the affected side.

Large Intestine Meridian - Yingxiang (LI20) on the affected side.

Triple Energizer Meridian - Yifeng (TE17) on the affected side.

Stomach Meridian - Dicang (S5) to Jiache (S6) on the affected side.

### Upper Limb:

Large Intestine Meridian - contralateral Hegu (L4).

Small Intestine Meridian - contralateral Yanglao (S4).

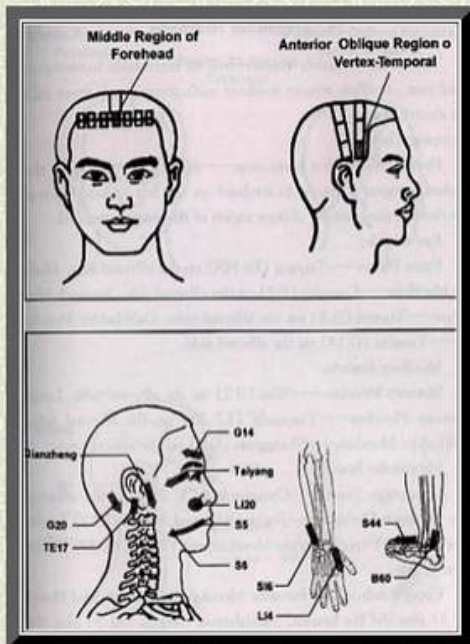
### Lower Limb:

Bladder Intestine Meridian - contralateral Kunlun (B60).

Stomach Intestine Meridian - contralateral Neiting (S44).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Fever

### Head:

Holographic point-areas - the middle region of the forehead, bilateral region 1 lateral to the forehead.  
Gallbladder meridian - bilateral Fengchi (GB20).

### Back:

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).  
Bladder Meridian - bilateral Dazhu (BL1) to Feishu (BL13).

### Upper Limb::

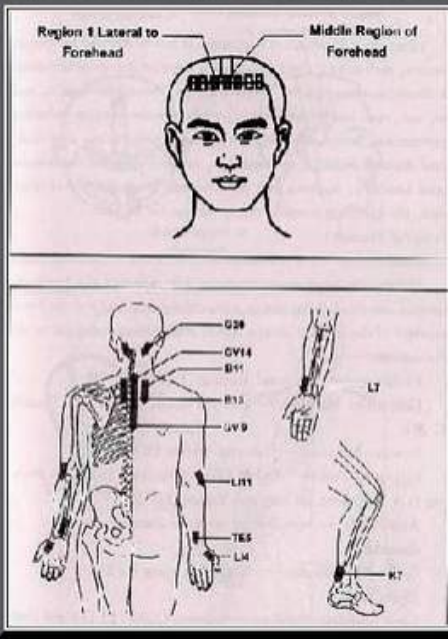
Large Intestine Meridian - bilateral Quchi (LI11) and Hegu (LI4).  
Triple Energizer Meridian - bilateral Waiguan (TE5).  
Lung Meridian - bilateral Leique (L7).

### Lower Limb:

Kidney Meridian - bilateral Fuliu (K7).

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# Protocol- Gausa Therapy



## Guasha Therapy for Gastropstosis

### Head:

Holographic point-areas - the middle one-third of the vertex region of the forehead, and bilateral region 2 bilateral to the forehead.

Governor Vessel - Baihui (GV20).

### Back:

Bladder Meridian - bilateral Pishu (B20) to Shenshu (B23).

### Abdomen:

Conception Vessel - Xiawan (CV10) to Shangwan (CV13).

Extra Points - bilateral Weishang (NP-Ga).

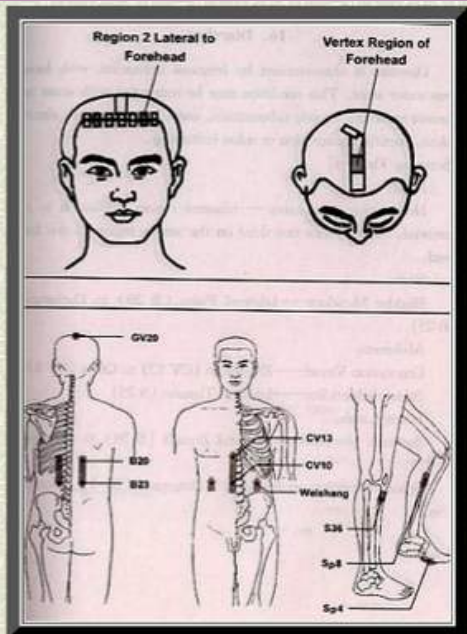
### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).

Spleen Meridian - bilateral Diji (Sp8) and Gongsun (Sp4).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Globus Hystericus

### Head:

Holographic point-areas - the middle region of the forehead, region 2 lateral to the forehead on the left, the middle one-third of the vertex region of the forehead.

### Neck and Shoulder:

Governor Vessel - Fengfu (GV16) to Dazhui (GV14).  
Stomach Meridian - bilateral Renying (S9) to Qishe (S11).  
Gallbladder Meridian - bilateral Fengchi (GB20) to Jianjing (GB21).

### Chest:

Conception Vessel - Danzhong (CV17) to Jiuwei (CV15).

### Upper Limb:

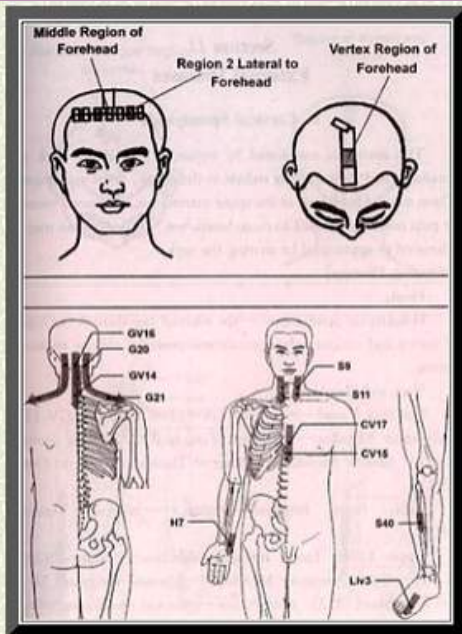
Heart Meridian - bilateral Shenmen (H7).

### Lower Limb:

Stomach Meridian - bilateral Fenglong (S40).  
Liver Meridian - bilateral Taichong (Liv3).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Headache

### Head:

Holographic point-areas - the middle region of the forehead, posterior one-third of the vertex region of the forehead and the lower one-third of the anterior oblique region of the vertex-temporal on the affected side.

Extra points - bilateral Taiyang (Ex-HN).

Gallbladder Meridian - bilateral Qubin (G7) and Fengchi (G20).

Stomach Meridian - bilateral Touwei (S8).

Governor Vessel - Baihui (GV20), from Baihui to Shenting (GV24) above the ears and Yamen (GV15).

Ashi Points can be added for severe headaches.

### Shoulder:

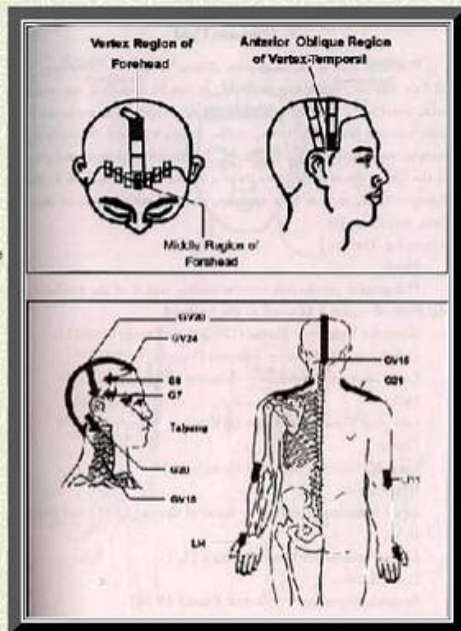
Gallbladder Meridian - bilateral Jianjing (G21).

### Upper Limb:

Large Intestine Meridian - bilateral Quochi (LI11) and Hegu (LI4).

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# Protocol- Gausa Theraphy



## Guasha Therapy for

## Hemiplegia-Windstroke Sequela

### Head:

Holographic point-areas - the middle region of the forehead, the posterior one-third of the vertex region of the forehead, the contralateral upper and middle one-third of the anterior oblique region of the vertex-temporal.  
Governor Vessel - Baihui (GV20).

### Back:

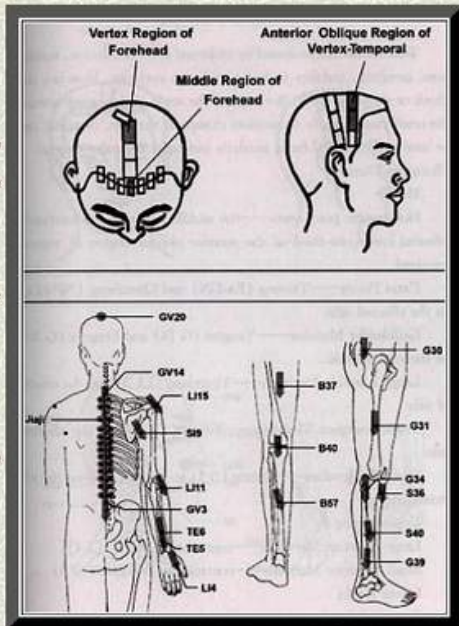
Governor Vessel - Dazhui (GV14) to Yaoyangguan (GV3).  
Extra Points - bilateral Jiaji (Ex-B) points along both sides of the spine paralleling to the line from Dazhui (GV14) to Yaoyangguan (GV3).

### Upper Limb:

Large Intestine Meridian - Jianyu (LI15), Quchi (LI11) and Hegu (LI4) on the affected side.  
Small Intestine Meridian - Jianzhen (SI9) on the affected side.  
Triple Energizer Meridian - Zhigou (TE6) to Waiguan (TE5) on the affected side.

### Lower Limb:

Gallbladder Meridian - Huangtiao (GB30), Fengshi (GB31), Yanglingquan (GB34) and Xuanzhong (GB39) on the affected side.  
Bladder Meridian - Yinmen (BL37), Weizhong (BL40) and Chengshan (BL57) on the affected side.  
Stomach Meridian - Zusanli (ST36) and Fenglong (ST40) on the affected side.



# Protocol- Gausa Theraphy



## Guasha Therapy for

## Hepatitis

### Head:

Holographic point-areas - region 2 lateral to the forehead on the left, the middle one-third of the vertex region of the forehead.

### Back:

Governor Meridian - Zhiyang (GV9) to Xuanshu (GV5).  
Bladder Meridian - bilateral Geshu (B17) to Sanjiaoshu (B22).

### Chest:

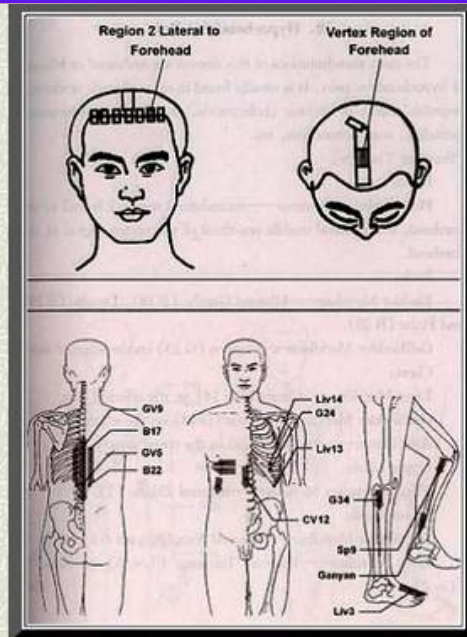
Conception Vessel - Zhongwan (CV12).  
Liver Meridian - right Qimen (Liv14) and Zhangmen (Liv13).  
Gallbladder Meridian - right Riyue (G24).

### Lower Limb:

Spleen Meridian - bilateral Yinlingquan (Sp9).  
Gallbladder Meridian - bilateral Yanglingquan (G34).  
Extra Points - bilateral Ganyan (NP-LE).  
Liver Meridian - bilateral Taichong (Liv3).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Hiccups

### Head:

Holographic point-areas - the middle region of the forehead and bilateral region 2 bilateral to the forehead.

### Back:

Bladder Meridian - bilateral Geshu (B17) and Geguan (B46).

### Abdomen:

Conception Vessel - Zhongwan (CV12).

Extra Points - bilateral Eni (NP-CA).

### Upper Limb:

Pericardium Meridian - bilateral Neiguan (P6).

### Lower Limb:

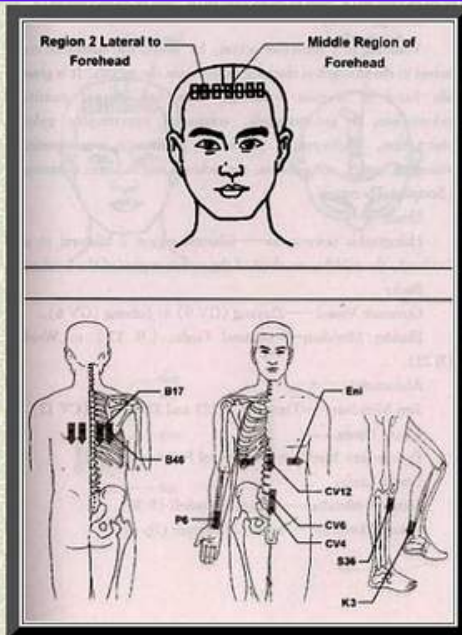
Stomach Meridian - bilateral Zusanli (S36).

Conception Vessel - Qihai (CV6) and Guanyuan (CV4) may be added for severe cases.

Kidney Meridian - bilateral Taixi (K3) with the reinforcing scraping method.

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# Protocol- Gausa Theraphy



## Guasha Therapy for Hypertension

### Head and Neck:

Holographic point-areas – the middle region of the forehead, the posterior one-third of the vertex region of the forehead, region 2 lateral to the forehead on the left, region 1 lateral to the forehead on the right.

Governor Vessel – Baihui (GV20) to Fengfu (GV16).

Gallbladder Meridian – bilateral Toulinqi (G15) to Fengchi (G20), Jianjing (G21).

Extra Points – bilateral Taiyang (Ex-HN), Xueyadian (Ex-B).

### Back:

Governor Vessel – Dazhui (GV14) to Changqiang (GV1).

Bladder Meridian – bilateral Feishu (B13), Xinshu (B15).

### Upper Limb:

Large Intestine Meridian – bilateral Quochi (LI11).

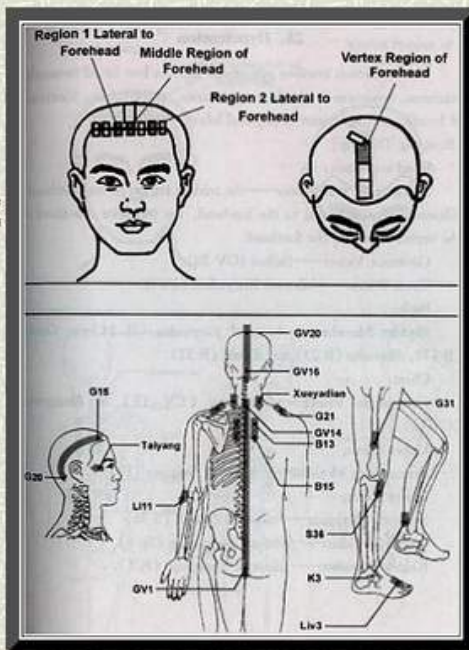
### Lower Limb:

Gallbladder Meridian – bilateral Fengshi (G31).

Stomach Meridian – bilateral Zusanli (S36).

Liver Meridian – bilateral Taichong (Liv3).

Kidney Meridian – bilateral Taichong (K3).



# Protocol- Gausa Theraphy



## Guasha Therapy for Hypochondriac Pain

### Head:

Holographic point-areas – contralateral region 2 lateral to the forehead, contralateral middle one-third of the vertex region of the forehead.

### Back:

Bladder Meridian – bilateral Ganshu (B18), Danshu (B19) and Pishu (B20).

Gallbladder Meridian – Jingmen (G25) on the affected side.

### Chest:

Liver Meridian – Qimen (Liv14) on the affected side.

Gallbladder Meridian – Riyue (G24) on the affected side.

Ashi Points – the painful loci at the costal regions.

### Upper Limb:

Triple Energizer Meridian – bilateral Zhigou (TE6).

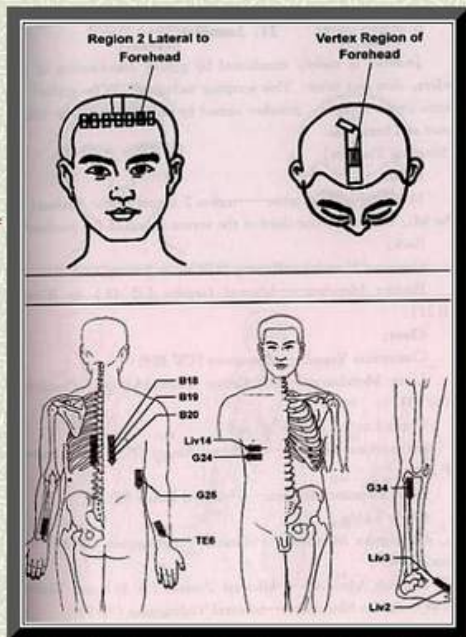
### Lower Limb:

Gallbladder Meridian – bilateral Yanglingquan (G34).

Liver Meridian – bilateral Taichong (Liv3) to Xingjian (Liv2).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Hypotension

### Head and Neck:

Holographic point-areas - the middle region of the forehead, bilateral region 1 lateral to the forehead, the posterior one-third of the vertex region of the forehead.

Governor Vessel - Baihui (GV20).

Extra Points - bilateral Xueyadian (Ex-B).

### Back:

Bladder Meridian - bilateral Jueyinshu (B14) to Geshu (B17), Shenshu (B23) and Zhishi (B52).

### Chest:

Conception Vessel - Danzhong (CV17) to Zhongwan (CV12).

### Upper Limb:

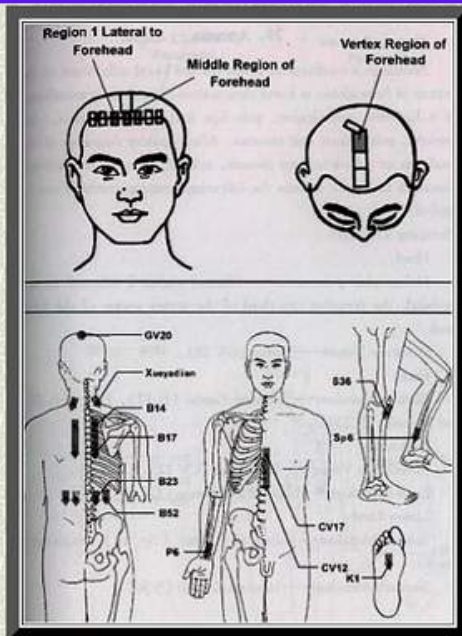
Pericardium Meridian - bilateral Neiguan (P6).

### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).

Spleen Meridian - bilateral Sanyinjiao (Sp6).

Kidney Meridian - bilateral Yongquan (K1).



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# Protocol- Gausa Theraphy

## Hysteria

### During Seizures:

#### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, the posterior one-third of the vertex region of the forehead.  
Governor Vessel - Renzhong (GV26) and Baihui (GV20).

#### Chest:

Conception Vessel - Danzhong (CV17).

#### Upper Limb:

Pericardium Meridian - bilateral Neiguan (P6).

Heart Meridian - bilateral Shenmen (H7).

#### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36) and Fenglong (S40).

Liver Meridian - bilateral Taichong (Liv3).

Kidney Meridian - bilateral Yongquan (K1).

### Regualr Treatments:

#### Back:

Bladder Meridian - bilateral Xinshu (B15), Geshu (B17) and Shenshu (B23).

#### Chest:

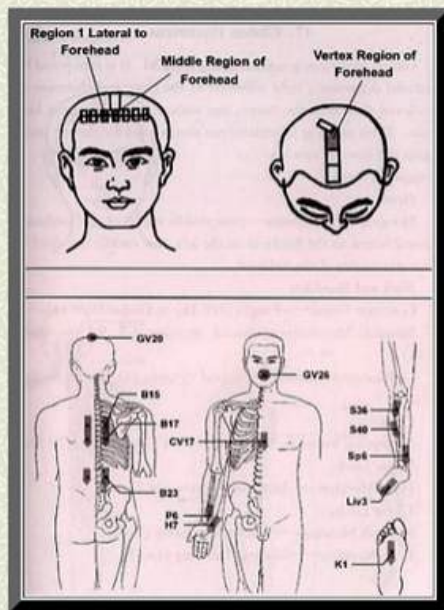
Conception Vessel - Danzhong (CV17).

#### Upper Limb:

Pericardium Meridian - bilateral Neiguan (P6).

#### Lower Limb:

Spleen Meridian - bilateral Sanyinjiao (Sp6).



# Protocol- Gausa Theraphy



## Guasha Therapy for Insomnia and Dream Disturbance

### Head and Neck:

Holographic point-areas - region 1 lateral to the forehead on the right side, the posterior one-third of the vertex region of the forehead, bilateral lower one-third of the posterior oblique region of vertex-temporal.

Gallbladder Meridian - bilateral Fengshi (G20).

Extra Points - Sishencong (Ex-HN), bilateral Anmian (NP-HN).

### Back:

Bladder Meridian - bilateral Xinshu (B15), Pishu (B20) and Shenshu (B23).

### Upper Limb:

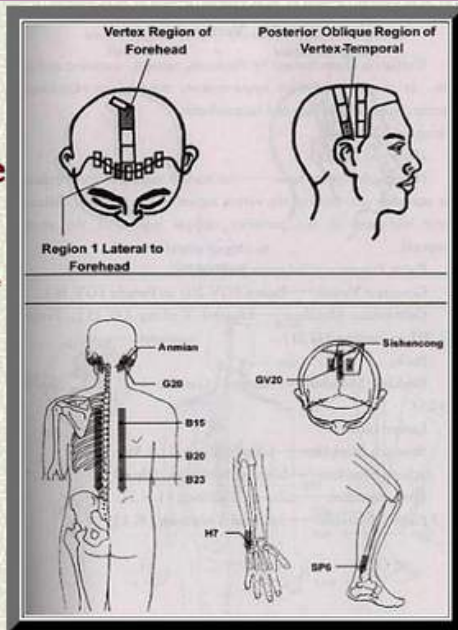
Heart Meridian - bilateral Shenmen (H7).

### Lower Limb:

Spleen Meridian - bilateral Sanyinjiao (Sp6).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Jaundice

### Head:

Holographic point-areas - region 2 lateral to the forehead on the left, the middle one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Ganshu (B18) to Weishu (B21).  
Governor Vessel - Zhiyang (GV9) to Jizhong (GV6).

### Chest:

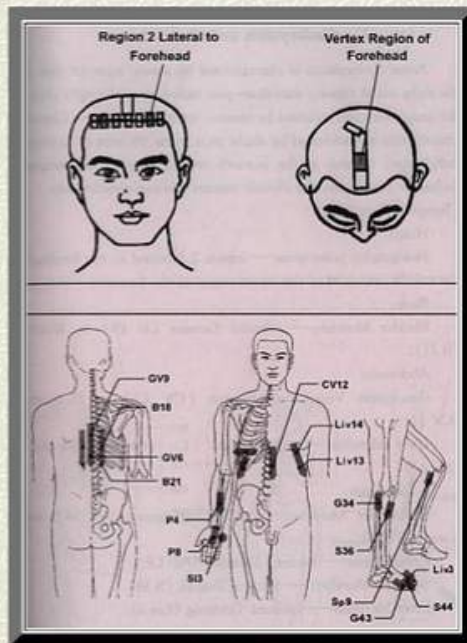
Liver Meridian - right Qimen (Liv14) and Zhongmen (Liv13).  
Conception Vessel - Zhongwan (CV12).

### Upper Limb:

Pericardium Meridian - bilateral Ximen (P4) and Laogong (P3).  
Small Intestine Meridian - bilateral Houxi (SI3).

### Lower Limb:

Gallbladder Meridian - bilateral Yanglingquan (GB34) and Xiaxi (GB43).  
Stomach Meridian - bilateral Zusanli (S36) and Neiting (S44).  
Spleen Meridian - bilateral Yinglingquan (Sp9).  
Liver Meridian - bilateral Taichong (Liv3).



# Protocol- Gausa Theraphy



## Guasha Therapy for Manic Schizophrenia

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, the posterior one-third of the vertex region of the forehead.

Governor Vessel - Renzhong (GV26). Baihui (GV20) to Fengfu (GV16). Yamen (GV15).

Extra Point - Sishencong (Ex-HN).

### Back:

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).

Bladder Meridian - bilateral Jueyinshu (B14) to Danshu (B19).

### Upper Limb:

Large Intestine Meridian - bilateral Yangxi (LI5) to Hegu (LI4).

Pericardium Meridian - bilateral Laogong (P3).

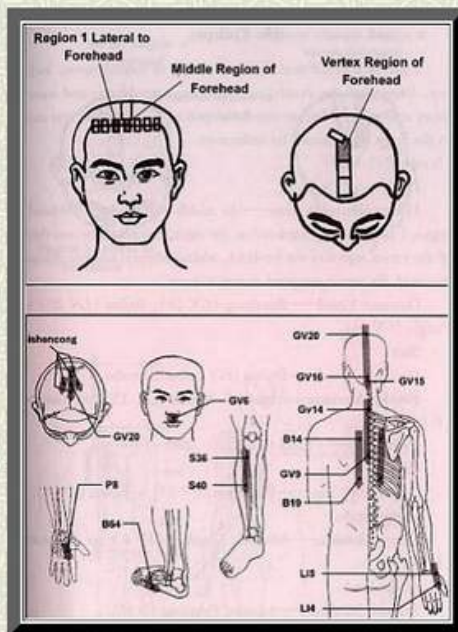
### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36) to Fenglong (S40).

Bladder Meridian - bilateral Jinggu (B64).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Nephritis

### Head:

Holographic point-areas - the anterior one-third and posterior one-third of the vertex region of the forehead, region 2 lateral to the forehead on the right.

### Back:

Bladder Meridian - bilateral Sanjiaoshu (B22) to Pangguangshu (B28).

Governor Vessel - Mingmen (GV4).

### Abdomen:

Conception Vessel - Shuifen (CV9) to Zhongji (CV3).

Kidney Meridian - bilateral Huangshu (K16) to Dahe (K12).

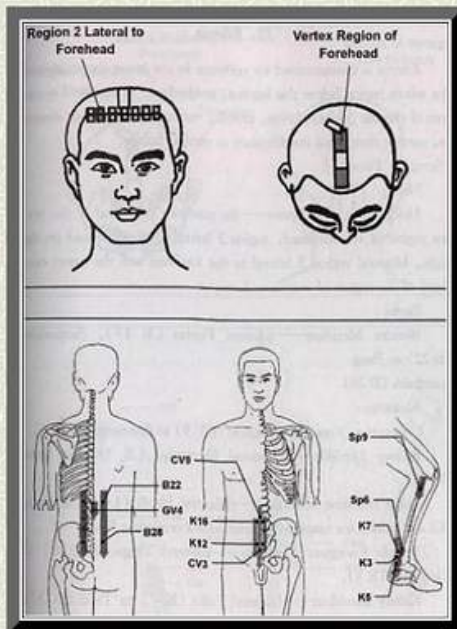
### Lower Limb:

Spleen Meridian - bilateral Yinlingquan (Sp9) and Sanyinjiao (Sp6).

Kidney Meridian - bilateral Fuliu (K7), Taixi (K3) and Shuiquan (K5).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Neurasthenia

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, region 2 lateral to the forehead on the left, and the posterior one-third of the vertex region of the forehead.

Governor Vessel - Baihui (GV20), Shangxing (GV23) to Shenting (GV24).

Extra Point - Yintang (Ex-HN).

### Back:

Bladder Meridian - bilateral Xinsu (B15) to Pishu (B20).

### Chest:

Conception Vessel - Danzhong (GV17).

Stomach Meridian - bilateral Rugen (S18).

### Upper Limb:

Pericardium Meridian - bilateral Neiguan (P6) to Daling (P7).

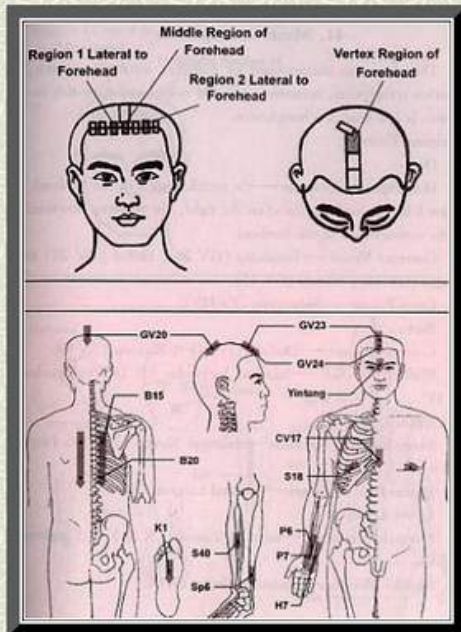
Heart Meridian - bilateral Shenmen (H7).

### Lower Limb:

Spleen Meridian - bilateral Sanyinjiao (Sp6).

Stomach Meridian - bilateral Fenglong (S40).

Kidney Meridian - bilateral Yongquan (K1).



# Protocol- Gausa Theraphy



## Guasha Therapy for Night Sweating

### Head:

Holographic point-areas - region 1 lateral to the forehead on the right, the posterior one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Feishu (B13) to Xinshu (B15).

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).

Extra Points - bilateral Jiaji (Ex-B) points along both sides of the spine paralleling to the line from Dazhui (GV14) to Zhiyang (GV9).

### Chest:

Conception Vessel - Danzhong (CV17).

### Upper Limb:

Heart Meridian - bilateral Yinxi (B6).

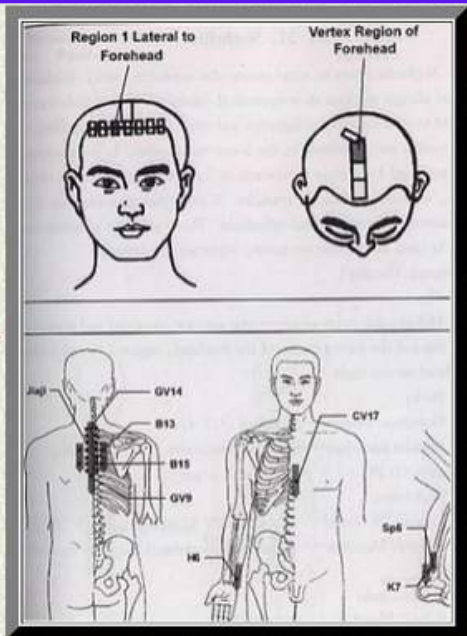
### Lower Limb:

Spleen Meridian - bilateral Sanyinjiao (Sp6).

Kidney Meridian - bilateral Fuli (K7).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Palpitations

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right.

### Back:

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).  
Bladder Meridian - bilateral Xinshu (B15). Danshu (B19).

### Chest:

Conception Vessel - Danzhong (CV17) to Juque (CV14).

### Upper Limb:

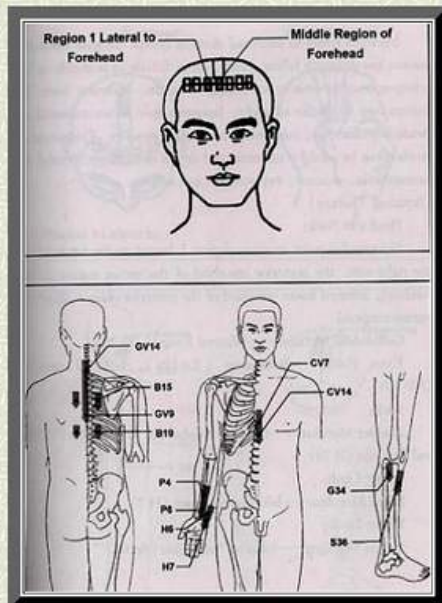
Heart Meridian - bilateral Yinxi (H6) to Shenmen (H7).  
Pericardium Meridian - bilateral Ximen (P4) to Neiguan (P6).

### Lower Limb:

Gallbladder Meridian - bilateral Yanglingquan (GB34) added in cases of symptom of restlessness.  
Stomach Meridian - bilateral Zusanli (S36).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Parkinson's Disease

### Head:

Holographic point-areas – the middle region of the forehead, the posterior one-third of the vertex region of the forehead, the contralateral middle one-third of the anterior oblique region of the vertex-temporal, region 3 bilateral to the forehead.

### Neck and Back:

Governor Vessel – Fengfu (GV16) to Shenzhu (GV12).  
Gallbladder Meridian – bilateral Fengchi (GB20) to Jianjing (GB21).

### Upper Limb:

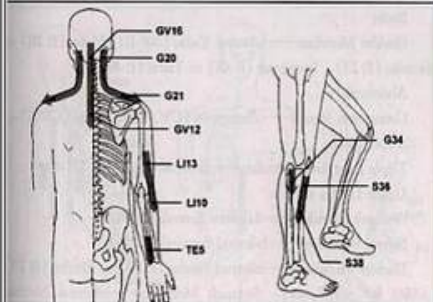
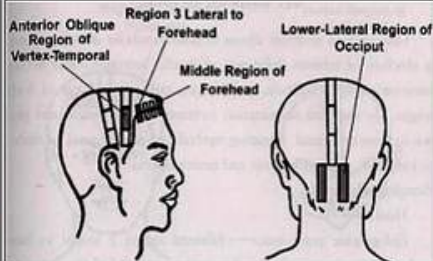
Large Intestine Meridian – Shouwuli (LI13) to Shousanli (LI10) on the affected side.  
Triple Energizer Meridian – Waiguan (TE5) on the affected side.

### Lower Limb:

Gallbladder Meridian – Yanglingquan (GB34) on the affected side.  
Stomach Meridian – Zusanli (ST36) and Tiaokou (ST38) on the affected side.

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# Protocol- Gausa Theraphy



## Guasha Therapy for Pneumonia

### Head:

Holographic point-areas - bilateral region 1 bilateral to the forehead and the anterior one-third of the vertex region of the forehead.

### Back:

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).  
Bladder Meridian - bilateral Fengmen (B12), Feishu (B13), and Xinshu (B15).

### Chest:

Conception Vessel - Tiantu (CV22) to Danzhong (CV17).  
Anterior Chest - from the interior to the exterior.

### Upper Limb:

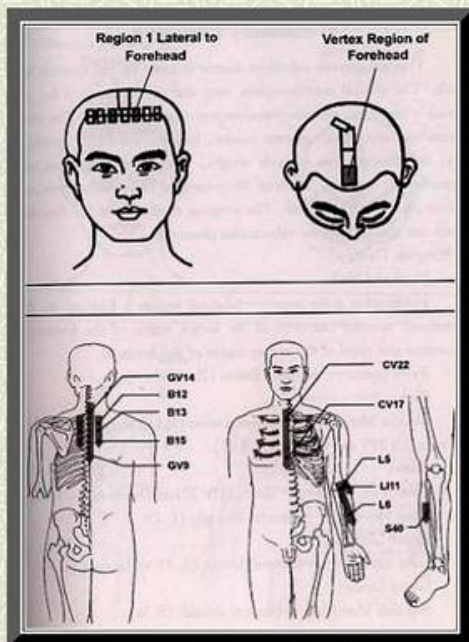
Lung Meridian - bilateral Chize (L5) and Kongzui (L6).  
Large Intestine Meridian - bilateral Quchi (LI11).

### Lower Limb:

Stomach Meridian - bilateral Fenglong (S40).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Pulmonary Tuberculosis

### Head:

Holographic point-areas - bilateral region 1 bilateral to the forehead, anterior one-third of the vertex region of the forehead, posterior one-third of the vertex region of the forehead.

Extra points - bilateral Bailao (Ex-HN).

### Back:

Bladder Meridian - bilateral Dazhu (B11) to Feishu (B13), Weishu (B21) and Gaohuang (B43).

### Chest:

Conception Vessle - Tiantu (CV22) to Danzhong (GV17).

Lung Meridian - bilateral Zhongfu (L1).

### Upper Limb:

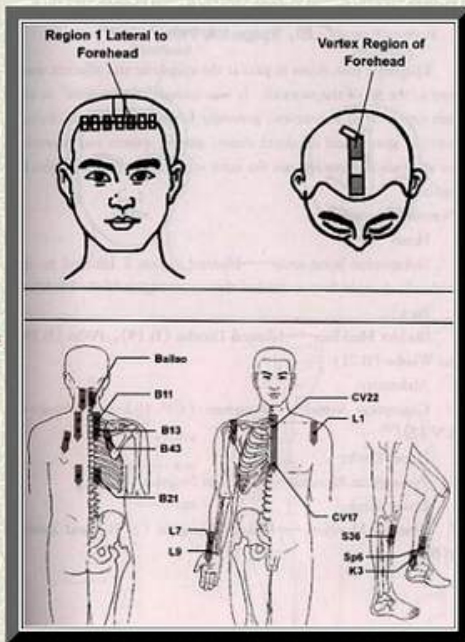
Lung Meridian - bilateral Lieque (L7) to Taiyuan (L9).

### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).

Spleen Meridian - bilateral Sanyinjiao (Sp6).

Kidney Meridian - bilateral Taixi (K3).



# Protocol- Gausa Theraphy



## Guasha Therapy for Rheumathritis

### Head:

Holographic point-areas - anterior one-third of the vertex region of the forehead, posterior one-third of the vertex region of the forehead, contralateral anterior oblique region of the vertex-temporal or contralateral posterior oblique region of the vertex-temporal.

### Back:

Governor Vessel - Dazhui (GV14) to Yaoshu (GV2).  
Bladder Meridian - bilateral Geshu (B17) to Shenshu (B23).

### Abdomen:

Conception Vessel - Guanyuan (CV4).

### Lower Limb:

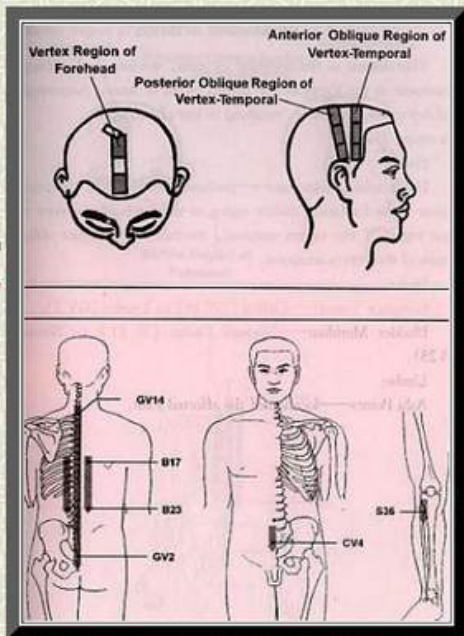
Stomach Meridian - bilateral Zusanli (S36).

### Limbs:

Ashi Points - location of the affected joint.

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# Protocol- Gausa Theraphy



## Guasha Therapy for Rheumatoid Arthritis

### Head:

Holographic point-areas - posterior one-third of the vertex region of the forehead, middle region of the forehead, anterior oblique region of the vertex-temporal, contralateral posterior oblique region of the vertex-temporal.

### Back:

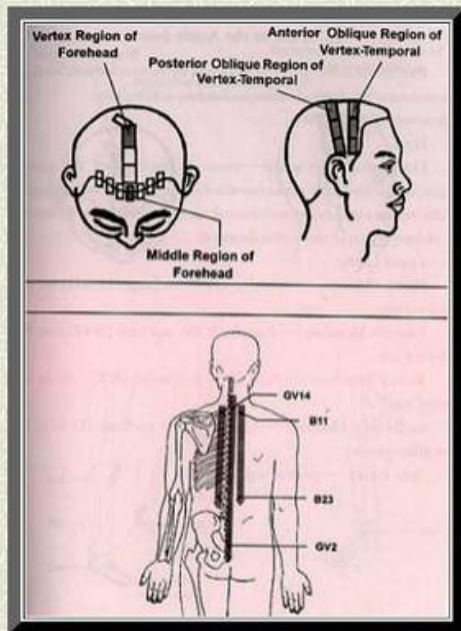
Governor Vessel - Dazhui (GV14) to Yaoshu (GV2).  
Bladder Meridian - bilateral Dazhui (B11) to Shenshu (B23).

### Limbs:

Ashi Points - location of the affected joint.

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# Protocol- Gausa Theraphy



## Guasha Therapy for Stiff Neck

### Head and Neck:

Holographic point-areas – the superior one-third of the region of vertex and occiput, the contralateral posterior oblique region of vertex.

Gallbladder Meridian – bilateral Fengchi (G20) to Jianjing (G21) on the affected side.

Ashi Points – painful loci.

### Back:

Governor vessel – Fengfu (GV16) to Zhiyang (GV9).

Bladder Meridian – Dazhu (B11) to Geshu (B17) on the affected side.

### Upper Limb:

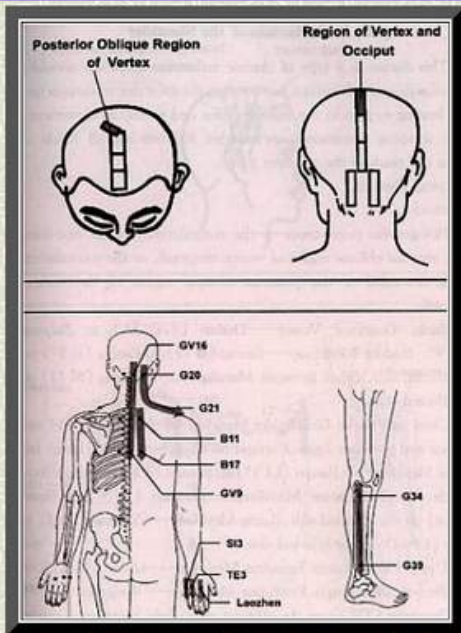
Triple Energizer Meridian – Zhongzhu (TE3) on the affected side.

Small Intestine Meridian – Houxi (SI3) on the affected side.

Extra Point – Laozhenxue (NP-UE) on the affected side.

### Lower Limb:

Gallbladder Meridian – Yanglingquan (G34) to Xuanzhong (G39) on the affected side.



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# Protocol- Gausa Theraphy



## Guasha Therapy for Sunstroke

### Head:

Holographic point-areas - the middle region of the forehead, bilateral region 1 bilateral to the forehead, and the anterior one-third of the vertex region of the forehead.

Governor Vessel - Renzhong (GV26).

### Back:

Governor Vessel - Dazhui (GV14) to Zhiyang (GV9).

Bladder Meridian - bilateral Feishu (B13) to Xinshu (B15).

Small Intestine Meridian - bilateral Tianzong (SI11).

### Upper Limb:

Pericardium Meridian - bilateral Quze (P3) to Neiguan (P6).

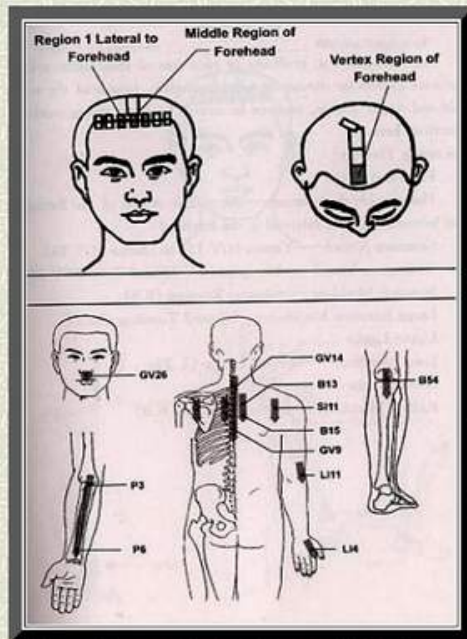
Large Intestine Meridian - bilateral Quchi (LI11) and Hegu (LI4).

### Lower Limb:

Bladder Meridian - bilateral Weizhong (BL54).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Tennis Elbow

### Head:

Holographic point-areas - the contralateral middle one-third of the anterior oblique region of vertex-temporal, or the contralateral middle one-third of the posterior oblique region of vertex-temporal.

### Upper Limb:

Large Intestine Meridian - Zhouliao (LI12) on the affected side.

Lung Meridian - Chize (L5) on the affected side.

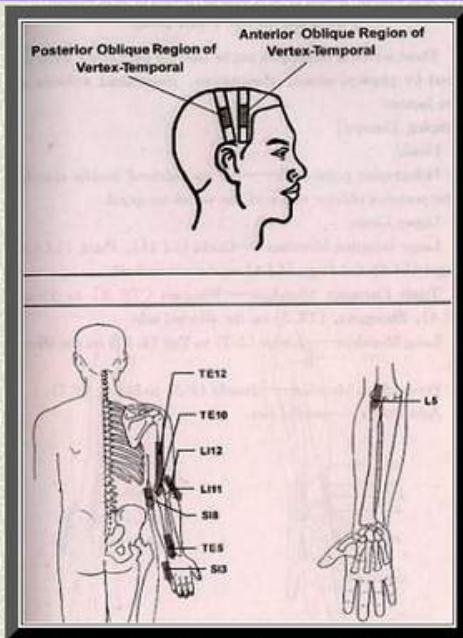
Triple Energizer Meridian - Xiaoluo (TE12) to Tianjing (TE10).

Waiguan (TE5), on the affected side.

Small Intestine Meridian - Xiaohai (SI8) and Houxi (SI3) on the affected side.

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# Protocol- Gausa Theraphy



## Guasha Therapy for Thyroidism

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, the middle one-third and posterior one-third of the vertex region of the forehead.

Governor Vessel - Renzhong (GV26).

Stomach Meridian - bilateral Renying (S9).

Gallbladder Meridian - bilateral Fengchi (GB20).

### Back:

Governor Vessel - Dazhui (GV14) to Mingmen (GV4).

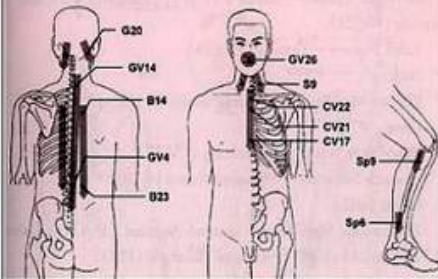
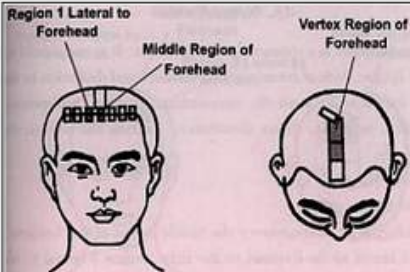
Bladder Meridian - bilateral Jueyinshu (B14) to Shenshu (B23).

### Chest:

Conception Vessel - Tiantu (CV22), Xuanji (CV21) to Danzhong (GV17).

### Lower Limb:

Spleen Meridian - bilateral Yinlingquan (Sp9) to Sanyinjiao (Sp6).



# Protocol- Gausa Theraphy

## Trigeminal Neuralgia

### Head:

Holographic point-areas - the middle region of the forehead, region 2 lateral to forehead on the left, bilateral lower one-third of the posterior oblique region of the vertex-temporal.

### Eye Branch:

Extra Points - Taiyang (Ex-HN) on the affected side.  
Bladder Meridian - Guanzhu (B2) on the affected side.  
Stomach Meridian - Touwei (S8) on the affected side.  
Gallbladder Meridian - Yangbai (G14) on the affected side.

### Maxillary Branch:

Stomach Meridian - Sibai (S2) on the affected side.  
Large Intestine Meridian - Yingxiang (LI20) on the affected side.  
Gallbladder Meridian - Shangquan (G3) on the affected side.

### Mandibular Branch:

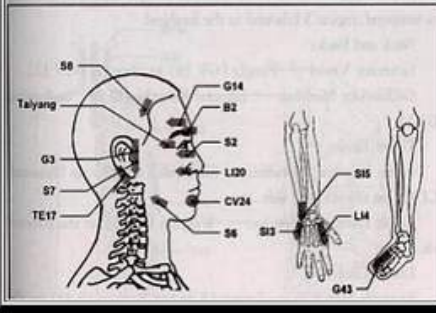
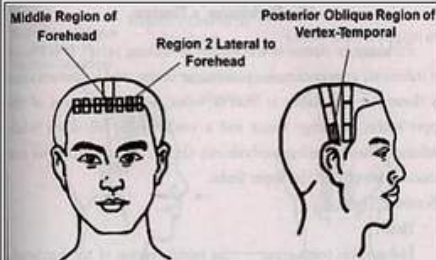
Conception Vessel - Chengjiang (CV24) on the affected side.  
Stomach Meridian - Jiache (S6) and Xiguan (S7) on the affected side.  
Triple Energizer Meridian - Yifeng (TE17) on the affected side.

### Upper Limb:

Small Intestine Meridian - contralateral Houxi (SI3) plus the eye branch, contralateral Yanggu (SI5) plus the maxillary branch.

### Lower Limb:

Gallbladder Meridian - contralateral Xiaxi (G43) plus the mandibular branch.



# Protocol- Gausa Theraphy



## Guasha Therapy for Urinary Infection

### Head:

Holographic point-areas - region 3 lateral to the forehead and the posterior one-third of the vertex region of the forehead.

### Back:

Bladder Meridian - bilateral Sanjiaoshu (B22) to Pangguangshu (B28).

### Abdomen:

Conception Vessel - Qihai (CV6) to Zhongji (CV3).

Stomach Meridian - bilateral Shuidao (S28) to Guilai (S29).

### Upper Limb:

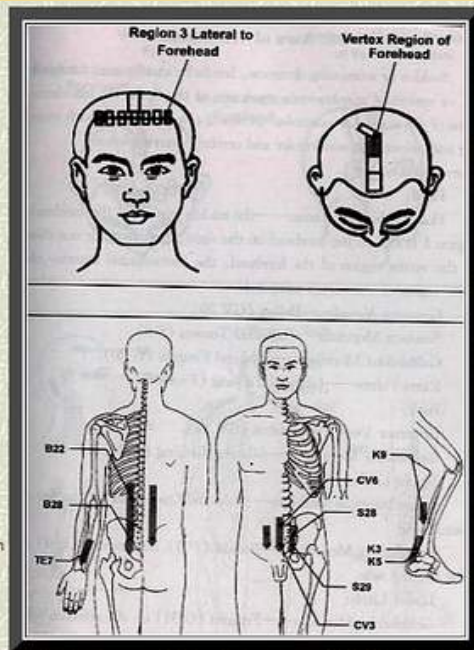
Tripple Energizer Meridian - bilateral Huizong (TE7).

### Lower Limb:

Kidney Meridian - bilateral Zhubin (K9), Taixi (K3) and Shuiquan (K5).

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# Protocol- Gausa Theraphy



## Guasha Therapy for

## Vertigo

### Head and Neck:

Holographic point-areas - the middle region of the forehead, the posterior one-third of the vertex region of the forehead, bilateral lower one-third of the posterior oblique region of the verte-temporal.

Extra Points - Sishencong (Ex-HN).

Governor Vessel - Baihui (GV20) to Fengfu (GV16).

Gallbladder Meridian - bilateral Toulunqi (G15), Fengchi (G20) to Jianjing (G21).

### Back:

Bladder Meridian - bilateral Ganshu (B18), Shenshu (B23).

### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).

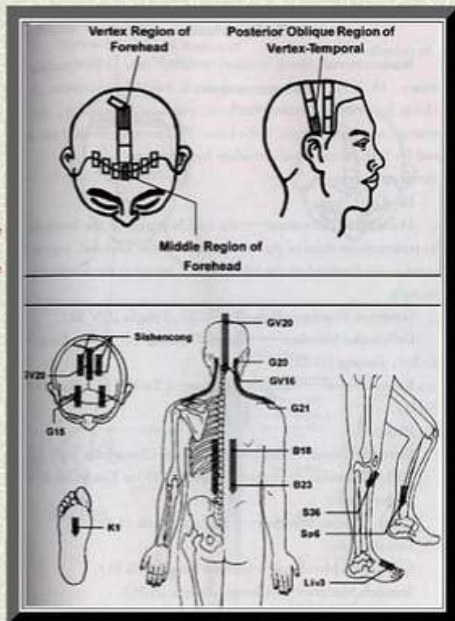
Spleen Meridian - bilateral Sanyinjiao (Sp6).

Liver Meridian - bilateral Taichong (Liv3).

Kidney Meridian - bilateral Yongquan (K1).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Vomiting

### Head:

Holographic point-areas - bilateral region 2 bilateral to the forehead, the middle one-third of the vertex region of the forehead.

### Back:

Governor Vessel - Zhiyang (GV9) to Jizhong (GV6).  
Bladder Meridian - bilateral Geshu (B17) and Weishu (B21).

### Chest & Abdomen:

Ren Meridian - Tiantu (CV22) and Zhongwan (CV12).

### Upper Limb:

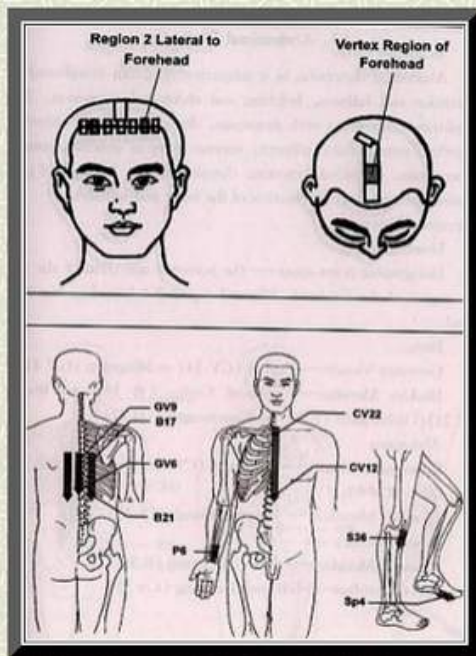
Pericardium Meridian - bilateral Neiguan (P6).

### Lower Limb:

Stomach Meridian - bilateral Zusanli (S36).  
Spleen Meridian - bilateral Gongsun (Sp4).

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# Protocol- Gausa Theraphy



## Guasha Therapy for Windstroke

### Head:

Holographic point-areas - the middle region of the forehead, region 1 lateral to the forehead on the right, the posterior one-third of the vertex region of the forehead, the contralateral anterior oblique region of the vertex-temporal.  
Governor Vessel - Baihui (GV20) to Fengfu (GV16).  
Gallbladder Meridian - bilateral Fengchi (GB20) to Jianjing (GB21).

### Back:

Governor Vessel - Dazhui (GV14), Shendao (GV11) to Zhiyang (GV9).  
Bladder Meridian - bilateral Fengmen (BL12) to Xinshu (BL15).

### Chest and Abdomen:

Conception Vessel - Danzhong (CV17) to Jiuwei (CV15).

### Upper Limb:

Pericardium Meridian - bilateral Quze (PC3) to Neiguan (PC6).

### Lower Limb:

Liver Meridian - bilateral Taichong (LV3).  
Bladder Meridian - bilateral Jingu (BL64).  
Stomach Meridian - bilateral Fenglong (ST40).

