Present Perfect Continuous

Present Perfect Continuous - Introduction

Present perfect continuous is a combination of present perfect and present continuous.

It focuses on the action itself, rather than the result of the action.

See present perfect, which focuses more on the results.

- ►I've been reading the book you suggested.
- ►I've read the book you suggested.

Present Perfect Continuous - Usage

Present perfect is used for

- unfinished actions that are still happening in the present
- >temporary situations or habits
- received a section and a section with relevant results now

Present Perfect Continuous - Formation

Positive:

subject + have/has + been + verb+ing

I have been eating ice-cream.

Negative:

subject + have/has not + been + verb+ing

We haven't been eating ice-cream.

Question:

have/has + subject + been + verb+ing

Has she been eating ice-cream?

Negative question:

have/has not + subject + been + verb+ing

Hasn't he been eating ice-cream?

Present Perfect Continuous – Examples

unfinished actions that are still happening in the present

▶I've been living here for three years. (and still live here now)

➤I have been waiting for two hours. (and I'm still waiting!)

temporary situations or habits

► I have been jogging a lot recently. (I don't normally do this)

▶I've been reading that book you suggested. (Not quite finished)

actions that have recently finished, with relevant results now

➤It's been raining. (which is why I am wet)

▶ I've been studying late this week. (which is why I'm tired)