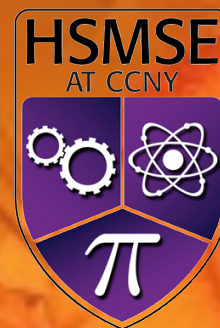




# HSMSE Key Club

240 Convent Ave, New York, NY 10031

Phone : (212) 281-6490



## October 2014

Created By : Sayef Iqbal

### October Issue!



#### I. Service Spotlights —

A. Breast Cancer Walk.....	2
B. Zombie Run 1.....	3
C. Zombie Run 2.....	4
C. Meals on Heals.....	4

#### II. Upcoming Events.....5

Credits—Board.....	5
--------------------	---

# Breast Cancer Walk



## Niki Konforti, Key Club Member

On October 19, 2014 the Breast Cancer Walk was held in Central Park in New York City. Volunteers were stationed throughout the entire walk through the park, which stretched over several miles. Members of the HSMSE Key Club were mainly stationed from 100th to 70th street inside and along the park, Central Park West.

The morning was spent setting up the tented stations where volunteers got their uniforms (bright orange shirts) and set up the food and water for the walkers. Once the walkers began to come, the volunteers spread out throughout the path, and encouraged people by cheering. We were able to encourage almost all of the walkers, which proved a harder task once they were in the 3-4 mile range.

In the late morning, we additionally went to the water station in the 80s and would pick up large crates of water and distribute them back to the walkers several blocks away from the station, who were all very grateful to be getting water. After the walk was over, we still would continue to cheer for anyone who was clearly supporting breast cancer awareness, usually indicated by wearing bright pink.



# ZOMBIE RUN!!!!



## Jacqueline Abraham, Key Club Member/ Treasurer

On October 25, 2014 we attended The Zombie Run as volunteers throughout the course acting as obstacles, rather the zombies coming to infect them. Once we arrived we began our process, undergoing the full zombie transformation. Through three stages of makeup, we came out with blood splattered all over our clothes with gashes and wounds to match. We also helped gather the check-in bags that were to be given to the runners as they got to the event.

As the race was headed to start in 20 minutes the zombies were gathered to adhere to instructions on how to be a proper zombie and ways in which to infect the runners as they ran along. We were instructed to walk and act like zombies meaning slow pace, as well as dead looking and while doing this we had to pull off their "lives" (belts similar to what one wears in flag football). The runners lives were their flags, and were able to purchase more lives or flags by donating money to kids battling brain injuries or disorders at the Kennedy Krieger Institute.

Once the volunteers had finished their shifts as the undead we had collected a total of around 100 lives, therefore leaving some of the living as zombies as well. All this while raising awareness for brain disease along with it, in the spirit of the key club way of life.

# ZOMBIE RUN!!!!

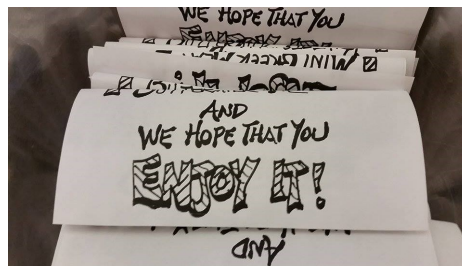


## Joy Aun, Key Club Member

On October 25th, 2014, the Zombie Run took place at Aviator, in Brooklyn, New York. The Zombie Run worked alongside the Kennedy Krieger Institute, whose sole focus is on problems affecting a child's developing brain. They have been able to help children battling brain injuries and disorders. All money raised by the run was given to the charity to further research and care for children in need.

At the event, volunteers from the LaGuardia Key Club, the HSMSE Key Club, and Clifford Young, met to help set up for the event sponsored by the Kennedy Krieger Institute. The event was split up into three sections of volunteering shifts, each spanning about 3-4 hours long. Volunteers in the "Zombie Task Force" helped give out water to runners, assisted on the setting up of the courses, and dressed up as zombies for the run. We were all to inform runners about Kennedy Krieger Institute, find familiar faces, and communicate with other Key Clubbers. The event was a great experience for all who attended, for we were given the option to put on "zombie makeup" and raise awareness about a lesser known organization.

# Meals On Heals



## Rebecca Mikofsky , Key Club Member

Meals on Heels is a weekly event where key clubbers prepare food alongside church members. It takes place at Fifth Avenue Presbyterian church and the food is hand delivered to the neighborhood elderly and home bound. We work to chop, grate, slice, and then cleanup. The church members individually decorate and write names on the delivery bag. The whole program is very personal and very fun. Every week there is a guest chef that rotates, including our own graduate from the class of 2014, Anik Golder. It is from 9:30 to 12:30 or one depending on whether or not you want to deliver, every week. It is very interesting and since it is every week you have a chance to come anytime!

### Upcoming Events

St. Jude's Walk - November 22nd

Jingle Bell Run: - December 6th

5k Fundraiser for Arthritis.

November Divisional - November 7h

**ELIMINATE**

maternal/neonatal tetanus



supported by **KEY CLUB**

### BOARD 2014 – 2015

JASON BADDOO

Club President

SOFIE CORNELIS

Vice President

KACIE LUO

Secretary

JACQUEILINE ABRAHAM

Treasurer

SAYEF IQBAL

Editor

ANAND KARMAKER

Webmaster

Sayef Iqbal

Editor

Contributors :

Niki Konforti, Joy Aun, Jacqueline Abraham, Muhammad Hasan, and Rebecca Mikofsky

*Please feel free to send in your Articles for the November Newsletter.*

