

Review

A Review of Automated Techniques for Assisting the Early Detection of Alzheimer's Disease with a Focus on EEG

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Abstract. In this paper, we review state-of-the-art approaches that apply signal processing (SP) and machine learning (ML) to automate the detection of Alzheimer's disease (AD) and its prodromal stages. In the first part of the document, we describe the economic and social implications of the disease, traditional diagnosis techniques, and the fundamentals of automated AD detection. Then, we present electroencephalography (EEG) as an appropriate alternative for the early detection of AD, owing to its reduced cost, portability, and non-invasiveness. We also describe the main time and frequency domain EEG features that are employed in AD detection. Subsequently, we examine some of the main studies of the last decade that aim to provide an automatic detection of AD and its previous stages by means of SP and ML. In these studies, brain data was acquired using multiple medical techniques such as magnetic resonance imaging, positron emission tomography, and EEG. The main aspects of each approach, namely feature extraction, classification model, validation approach, and performance metrics, are compiled and discussed. Lastly, a set of conclusions and recommendations for future research on AD automatic detection are drawn in the final section of the paper.

Keywords: Alzheimer's disease, early diagnosis, electroencephalography, machine learning

INTRODUCTION

Alzheimer's disease (AD) is an irreversible neurodegenerative disorder that disrupts cognitive functions and eventually leads to death [1]. More than one hundred years after the first case of AD was reported, its etiology remains unknown and a definitive diagnosis can only be established upon analysis of the brain at autopsy [2].

According to the latest World Alzheimer Report, published in 2018, more than 50 million people live with dementia [3], and 60% of those cases correspond to AD. The widespread prevalence of AD and its terminal prognosis represent a heavy economic burden for healthcare and social systems. Indeed, AD is the third most expensive disorder in the United States after cancer and coronary heart disease [4]. However, this cost is not equally distributed worldwide, as in 2010 it was estimated that low, middle, and high income countries accounted for 1%, 10%, and 89% of the global costs, but 14%, 40%, and 46% of the prevalence [5].

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Table 1

Comparison of the medical techniques described in the Introduction section

Technique	Invasive	Costly	Accessibility
MRI	No	Yes	Low
SPECT	Yes	Yes	Low
PET	Yes	Yes	Low
EEG	No	No	High
MEG	No	Yes	Low

EEG monitors the electrical activity in the brain cortex via electrodes placed on the scalp [20, 21]. Alternatively, MEG registers the magnetic fields generated by small currents during postsynaptic potentials using a magnetometer covering the skull [22]. Compared to medical imaging techniques, EEG and MEG provide higher temporal resolution, and conversely to EEG, MEG is not affected by distortion, conductivity changes, or attenuation due to human tissues, as it registers primary electrical activity. However, MEG is a more **expensive** and **less accessible** technique compared to EEG.

Table 1 summarizes the main aspects of the detection techniques that we described in this subsection. The results yielded by these techniques rely on time consuming tasks, such as semi quantitative analysis and visual inspection [23]. As a consequence, many studies have taken advantage of SP and ML to develop intelligent models to detect AD and its prodromal stages from clinical trials. These models are appropriate to assist clinicians in the challenging task of early AD detection.

Signal processing and machine learning for AD

Recently, AD detection has been approached as a supervised classification problem through SP and ML. In this kind of task, a model is trained to discriminate brain data from different cohorts (usually controls, MCI, and AD). Data may be presented as a cluster of images (MRI, SPECT, PET, etc.), signals (MEG and EEG), or biomarkers. Before model training, features are extracted from brain data through a process known as feature extraction. Ideally, these features should be independent and discriminative to facilitate classification. Depending upon the acquisition technique, different SP techniques are applied to extract features from brain data. **In the case of medical imaging techniques, images are typically segmented into voxels and features are extracted from them** [24, 25]. With respect to **neurophysiology**

techniques, **features like complexity, coherence, or spectral power are usually extracted from the time and frequency domains**. Once feature extraction is completed, training is the subsequent stage in model development. In this process, the classifier learns patterns from the extracted features to obtain generalization capabilities to discriminate unseen data. After training, the performance of the classifier is evaluated through multiple metrics such as accuracy, sensibility, and sensitivity. In the context of AD, multiple classifiers have been successfully applied to discriminate AD data collected through several acquisition techniques. For instance, support vector machines (SVM) [24] and convolutional neural networks [26] have been used to classify subjects into healthy controls (HC), MCI, and AD patients from MRI scans. Similarly, principal component analysis and artificial neural networks [23, 27] have been utilized for the discrimination of those cohorts from SPECT data. Additionally, other studies have addressed the classification of AD cohorts from MEG [28, 29] and EEG data [30–32], and the suitability of these techniques to assist clinical diagnosis has been already demonstrated [33].

In the following section we disclose the most widespread EEG features and processing techniques for AD detection.

EEG PROCESSING FOR AD DETECTION

The suitability of EEG for AD detection is based on its reduced cost, notable accessibility, and non-invasiveness compared to other techniques. Investigations in this field aim to obtain features that correlate with the effects that AD creates in the electrical activity of the brain. **These effects include EEG slowing, loss of synchronization, and complexity reduction**. For a comprehensive review of the EEG abnormalities caused by AD, refer to [34]. To extract these features, **EEG is processed in the time and the frequency domains**. Moreover, authors like Ieracitano et al. have stressed the relevance of combining multi-domain features to enhance the discrimination performance of the classifiers [35]. Other authors, like Cassani et al. have evidenced the substantial impact of artifact removal algorithms in EEG-based AD diagnosis. Thereby, in [36] the authors proved that wavelet enhanced independent component analysis outperformed other automated artifact removal algorithms in AD early detection. Over the next two subsections we report some of the most frequent EEG analysis techniques used in AD detection.

Time domain analysis

In this subsection we describe the most extended EEG time domain features for AD detection.

Event-related potentials (ERP)

ERP are electric potentials elicited in the brain as a response to an auditory or visual stimulus. ERP have been utilized to study the morphological differences between AD cohorts, since the potentials in MCI and AD exhibit higher latency and smaller amplitude compared to HC [37]. For this purpose, multiple studies have assessed different cognitive functions like memory [38, 39], oddball recognition [32, 40], and perception [41] for the detection of patients at different stages of AD.

Complexity

Brain activity in MCI and AD patients has lower complexity and irregularity compared to HC [42,43]. Multiple metrics have been used in literature to assess EEG complexity. Most of them are computed from nonlinear analysis, and include Lempel-Ziv complexity, fuzzy entropy, Tsallis entropy, Higuchi fractal dimension, and mutual information [44–46].

Frequency domain analysis

The frequency domain represents the principal source of EEG features for AD detection. Frequency analysis is based on power spectral density, a measure of the power content of a signal with respect to the frequency. In [47], Cassani et al. recommend the use of power spectral density features as baseline. In this subsection we report the most widespread EEG spectral features for AD research.

Coherence

This metric evaluates the synchrony between two signals. More formally, coherence refers to the normalized covariance of two signals in the spectral domain. In the case of EEG, this metric is usually estimated between pairs of electrodes, and quantifies the functional connectivity of the brain. A high coherence represents high synchrony, what indicates strong functional connectivity between brain areas [30]. In literature, authors have reported an increase of coherence in delta and theta rhythms, and a decrease in alpha and beta rhythms in MCI and AD [30, 48]. Other measures of synchrony that have been successfully used to discriminate MCI subjects include the correlation coefficient, Granger causality, and stochastic event synchrony [49].

Relative power

This metric quantifies the proportion of power that is contained in an EEG sub band, compared to the total power of the signal [50]. Studies on relative power have revealed a slowing of brain electrical activity in MCI and AD patients compared to healthy aged [51]. This means that the relative power in the fast rhythms (alpha and beta) decreases, while the relative power in the slow rhythms (delta and theta) increases [7, 37, 52, 53]. Rhythms are typically utilized to analyze the EEG in a particular sub band via filtering, since the activity in each of the different frequency bands is particularly relevant to certain cognitive mechanisms [54–58].

Fourier transform

This transform is used to decompose a time signal into a sum of sines and cosines of different frequencies and infinite length. The Fourier transform has been widely applied in literature [59, 60]. Nonetheless, since EEG is a non-stationary signal, the frequency content of brain activity changes continuously. This implies that the spectral content of the EEG cannot be tracked by the Fourier transform, as the sines and cosines used in this transform are infinite length. Conversely, the wavelet transform represents a suitable alternative to address this issue. This transform decomposes a signal into the combination of functions (wavelets) of finite length and different frequencies. Thus, this technique allows the assessment of the spectral content of the EEG over time. This kind of analysis is also generalized in AD literature [35, 59, 61].

Amplitude modulation

This methodology combines temporal and frequency analysis. To do so, the EEG is filtered in the sub bands of interest and the temporal envelope of each signal is estimated. Then, the temporal dynamics of the envelopes are quantified by performing a second filtering into the modulation sub bands. Amplitude modulation represents an alternative to traditional nonlinear and frequency analysis. This analysis has been validated in the discrimination of AD and healthy cohorts, as well as the characterization of AD severity [62, 63]. Additionally, other studies have presented the changes in the envelope of the slow rhythms as potential indicators for early diagnosis [62].

Lastly, despite the reliability for AD detection of the features outlined in this subsection, authors like Durongbhan et al. have evidenced the potential of

time-frequency-based features (such as the continuous wavelet transform) to improve the results yielded by frequency-based features [64]. Additionally, other authors have recommended the use of **both time and frequency** metrics to enrich the feature space [45, 65, 66].

DISCUSSION ON RECENT APPROACHES

In this section, we discuss some of the main studies of the last decade that aimed to automatically discriminate AD cohorts through SP and ML.

We summarized the main features of these proposals in Table 2. In particular, *Source* refers to the brain data acquisition technique (for MEG and EEG, the number of channels is indicated in brackets). *Cohorts* represents the different groups of subjects that were considered. *Protocol* describes the procedure followed by the subjects during data acquisition. *Features* stands for the features used to develop the classification model. If reported, feature selection method is also indicated in brackets in this column. *Model* refers to the classifier utilized to discriminate the cohorts. *Validation* indicates the model assessment technique. Finally, *Performance* reports the evaluation of the classifier in terms of accuracy, sensitivity, specificity, or area under receiver operating curve (AUC). We did not include other unusual performance metrics in the table to preserve the homogeneity of the report. Formulae for accuracy, sensitivity, and specificity are provided in equations 1–3, where TP, TN, FP, and FN stand for True Positives, True Negatives, False Positives, and False Negatives, respectively. Over the next paragraphs, we compare the works in Table 2 in terms of these features.

$$A(\text{accuracy}) =$$

$$(TP + TN) / (TP + FP + TN + FN) \quad (1)$$

$$R(\text{sensitivity}) = TP / (TP + FN) \quad (2)$$

$$S(\text{specificity}) = TN / (TN + FP) \quad (3)$$

The studies that we compiled in Table 2 assessed AD detection through predominant clinical trials, including medical imaging (MRI, SPECT, and PET), and neurophysiology techniques (MEG and EEG). Regarding medical imaging, MRI-based studies are more extended in literature than those based on SPECT and PET. This may be due to the invasiveness of the latter techniques compared to MRI. Likewise,

in the case of neurophysiology approaches, studies using EEG are more widespread than those using MEG. In this case, the lower cost and higher accessibility of EEG may be the reason behind.

With respect to cohorts, the most common classification problem among the works in Table 2 considered three cohorts: HC, MCI, and AD. This problem has been typically split into two binary classification problems: HC versus MCI and HC versus AD [24, 67, 68]. However, it has also been addressed as a multiclass problem [26, 69]. Less extended approaches considered MCI versus AD [70] and subjective cognitive impairment versus AD [71]. Alternatively, in [72] and [73], the authors trained a model based on data from HC and AD subjects, and then they evaluated it for stable MCI and progressive MCI discrimination. This type of approach is explained in detail in [74]. In this context, note that we have split Table 2 into two parts based on the classification problem addressed by the studies. In Table 2A, we have gathered studies that reported at least one of the two main classification problems in AD literature (HC versus MCI and HC versus AD). Alternatively, in Table 2B, we have included works that studied the classification of other AD cohorts (indicated in brackets under *Performance* column), and works that approached the discrimination of HC, MCI, and AD as a multiclass classification problem.

With respect to the protocol followed, electrophysiology techniques are more flexible than medical imaging techniques, since the latter require the patient to remain completely still. For instance, different authors have recorded MEG [28] and EEG [40, 77] while the participants completed diverse cognitive tests. Likewise, in [40], the authors studied the differences in audio ERP of healthy aging people and MCI subjects. However, the majority of MEG and EEG studies in Table 2 reported data acquisition during resting state protocol. Through this protocol acquisitions become simpler and less stressing for the participant. For an extensive review about resting state EEG for AD detection, refer to [47].

In the case of electrophysiology studies, electrical setup is an additional important aspect. While most of MEG studies reported in Table 2 used more than 300 channels, all EEG studies except [76] used 32 channels or less. Indeed, the number of channels was reduced below 10 in the case of [35, 40–42, 64, 66]. In this respect, the selection of a particular reference montage in EEG approaches strongly influences the performance of a classifier. In [77], the authors assessed the performance of five different

Table 2

Summary of some of the main AD automated detection approaches over the past decade. In Table 2A, we included works that addressed at least one of the two main AD classification problems in literature (HC versus MCI and HC versus AD). We included two *Performance* columns, one for each of these two problems. In Table 2B, we gathered the works that analyzed a different classification task (in those cases only a *Performance* column is reported, and the specific task is indicated in brackets in that column). The studies that analyzed the HC versus MCI versus AD multiclass problem are also included in Table 2B. A, R, S, and AUC, stand for accuracy, sensitivity, specificity, and area under the receiver operating curve, respectively.

Table 2A

Studies that addressed the HC versus MCI and the HC versus AD classification tasks

Study	Source	Cohorts	Protocol	Features (feature selection)	Model	Validation	Performance (HC versus MCI)	Performance (HC versus AD)
López et al. [23] (2011)	PET	HC: 52 MCI: 114 AD: 53	-	Voxel data (LDA and PCA)	SVM, ANN	LOO CV	A = 79.52 R = 93.86 S = 48.08	A = 89.52 R = 86.68 S = 85.72
Górriz et al. [90] (2011)	SPECT	NOR: 43 AD: 30	-	Gaussian Mixture Model	SVM	k-fold CV	-	A = 84.51 R = 76.67 S = 90.24
Trambaiolli et al. [31] (2011)	EEG (19)	HC: 19 AD: 16	Resting state	Coherence and spectral peaks (Weka tool)	SVM	Non-cross validation	-	A = 79.9 R = 83.2 S = 76.4
Padilla et al. [91] (2012)	SPECT	NOR: 41 AD: 56	-	Voxel data (Non-Negative Matrix Factorization)	SVM	LOO CV	-	A = 91.42 R = 90.56 S = 92.30
Segovia et al. [92] (2013)	SPECT	HC: 41 AD: 56	-	Partial Least Squares (Out-Of-Bag Error)	SVM	LOO CV	-	A = 91.75 R = 92.68 S = 91.07
McBride et al. [93] (2013)	EEG(32)	Not reported	Resting state	EEG reconstruction scores (LOO CV)	SVM	LOO CV	A = 90.3 R = 87.5 S = 93.3	A = 90.6 R = 88.2 S = 93.3
Aghajani et al. [76] (2013)	EEG (128)	HC: 17 AD: 17	Resting state	PSD (Singular Value Decomposition)	SVM	LOO CV	-	A = 84.4 R = 75 S = 93.7
Liu et al. [83] (2014)	MRI, PET	HC: 77 MCI: 169 AD: 65	-	MRI volumes and PET patterns (alteration of the number of neurons)	DNN	k-fold CV	A = 76.92 R = 74.29 S = 78.13	A = 91.4
Fiscon et al. [59] (2014)	EEG (19)	HC: 14 MCI: 37 AD: 49	Resting state	FFT	Decision tree	LOO CV	A = 90 R = 90 S = 87	A = 87.76 R = 88.57 S = 87.22
McBride et al. [65] (2014)	EEG (32)	HC: 15 MCI: 16 AD: 17	Resting state	Spectral and complexity parameters (LOO CV)	SVM	LOO CV	A = 96.8 R = 93.8 S = 100	A = 96.9 R = 100 S = 93.3
Munteanu et al. [67] (2015)	MRI	HC: 99 MCI: 94 AD: 67	-	Voxel volumes (Filtering)	ANN, Forest	k-fold CV	AUC = 0.81	AUC = 0.89
Khedher et al. [24] (2015) ^a	MRI	HC: 229 MCI: 401 AD: 188	-	Voxel gray and white matter (Voxel selection)	SVM	k-fold CV	A = 81.89 R = 82.16 S = 81.62	A = 88.49 R = 91.27 S = 85.11

Moradi et al. [73] (2015)	MRI	HC: 231 AD: 200	-	Voxel data (ElasticNet)	SVM, LDS	k-fold CV	-	A = 81.7 R = 86.7 S = 73.6
Wang et al. [30] (2015)	EEG (16)	HC: 14AD: 14	Resting state	PSD and coherence (PCA)	Cluster analysis	None	-	A = 91.4 R = 100 S = 82.9
Maestú et al. [29] (2015)	MEG (306)	NC: 82 MCI: 102	Resting state	Connectivity via Mutual Information (Clinical Data Partitioning)	Multiple classifiers	Bootstrap	A = 83 R = 100 S = 69	-
Morabito et al. [68] (2016)	EEG (19)	HC: 23 MCI: 56 AD: 63	Resting state	Skewness, mean and std in three frequency bands	CNN	k-fold CV	A = 85 R = 84 S = 81	A = 85 R = 85 S = 82
Amezquita et al. [28] (2016)	MEG (148)	HC: 19 MCI: 18	Sternberg test	Permutation entropy (One-way ANOVA)	EPNN	CV	A = 98.4	-
Cassani et al. [42] (2017)	EEG (7)	HC: 24 AD: 35	Resting state	Spectral power, coherence, amplitude modulation (L1 norm)	SVM	LOSO CV	-	A = 69.5 R = 71.4 S = 66.6
Trambaiolli et al. [85] (2017)	EEG (19)	HC: 12 AD: 22	Resting state	Spectral peaks in the main EEG spectral bands (Filtered Subset Evaluator)	SVM	LOSO CV	-	A = 91.18 R = 90.91 S = 91.67
Kulkarni et al. [61] (2017)	EEG (16)	HC: 50 AD: 50	Resting state	Relative Power, WT and complexity	SVM	LOSO CV	-	A = 96
Tong et al. [72] (2017)	MRI	HC: 229 AD: 191	-	Voxel intensities (ElasticNet)	SVM, RF	k-fold CV	A = 80.7 R = 86.7 S = 72.6	A = 73 R = 73 S = 46
Dimitriadis et al. [80] (2018)	MEG (306)	HC: 30 MCI: 24	Resting state	Functional connectivity (MRMR)	SVM	k-fold CV	A = 98	-
Ruiz-Gómez et al. [45] (2018)	EEG (19)	HC: 37 MCI: 37 AD: 37	Resting state	Spectral and nonlinear features (Fast Correlation Based Filter)	MLP, QDA, LDA	LOSO CV	A = 78.43 R = 82.35 S = 70.59	A = 98.05 R = 97.99 S = 98.21
Fiscon et al. [60] (2018)	EEG (19)	HC: 23 MCI: 37 AD: 49	Resting state	Fourier transform and WT	Decision Trees	LOO CV	A = 91.7 R = 91.7 S = 91.5	A = 83.3 R = 83.3 S = 78.0
Mazaheri et al. [75] (2018)	EEG (19–32)	HC: 11 MCI: 25	Language task	Oscillatory changes	SVM	LOO CV	R = 0.80 S = 0.95	-
Khatun et al. [40] (2019)	EEG (1)	HC: 15 MCI: 8	Audio ERP	Temporal and amplitude of the ERP (Random Forest)	SVM	LOO CV	A = 87.9 R = 84.8 S = 95	-
Durongbhan et al. [64] (2019)	EEG (1)	HC: 20 AD: 20	Resting state	FT and WT	KNN	k-fold CV	-	A = 99.2
Ieracitano et al. [35] (2020)	EEG (10)	HC: 63 MCI: 63 AD: 63	Resting state	Continuous WT and BiSpectrum	MLP	k-fold CV	A = 96.24 R = 95.86	A = 96.95 R = 94.91

Table 2B
Studies that addressed the classification of other AD cohorts or considered a 3-label multiclass problem

Study	Source	Cohorts	Protocol	Features (feature selection)	Model	Validation	Performance
Chapman et al. [41] (2011)	EEG (1)	sMCI: 28 pMCI: 15	Number letter test	ERP components (PCA)	Discriminant analysis	LOO CV	(sMCI versus pMCI) A = 79 R = 80 S = 79
Podgorelec et al. [66] (2012)	EEG (2)	No AD: 12% AD: 88%	Not reported	Time and frequency domain parameters (tree-based method)	Evolutionary algorithm	k-fold CV	(No AD versus AD) A = 86.05 R = 88.89 S = 71.43
Poil et al. [86] (2013)	EEG (21)	sMCI: 39 pMCI: 25	Resting state	Neurophysiological Biomarker Toolbox (Student's t test and GA)	Logistic regression and GA	Half split CV	(sMCI versus pMCI) R = 88 S = 82
Li et al. [84] (2015)	MRI, PET, CSF	HC: 52 MCI: 99 AD: 51	-	Multi-domain features (PCA and Lasso)	DNN with dropout	k-fold CV	(HC versus MCI versus AD) A = 77.4
Buscema et al. [94] (2015)	EEG (19)	HC: 99 MCI: 46 AD: 127	Resting state	Spatial invariants via MS-ROM (TWIST algorithm)	Multiple classifiers	TWIST algorithm	(HC versus MCI versus AD) A = 98.27 R = 98.29 S = 98.21
Farooq et al. [26] (2017) ^a	MRI	HC>1000 MCI>1000 AD>1000	-	Voxel gray matter (None)	DNN	Not reported	(HC versus MCI versus AD) A = 98 R = 94–99 S = 94–99
Nanni et al. [69] (2018) ^b	MRI	HC: 100 MCI: 200 AD: 100	-	Physical measurements (Fischer score)	SVM	k-fold CV	(HC versus MCI versus AD) A = 0.57
Houmani et al. [71] (2018)	EEG (30)	SCI: 22 pAD: 49	Resting state	Epoch based entropy and bump models (Orthogonal Forward Regression)	SVM	LOSO CV	(SCI versus possible AD) A = 91.6 R = 87.8 S = 100
Lu et al. [95] (2018)	PET	sMCI: 409 pMCI: 112	-	Metabolism features in regions of interest (None)	DNN	k-fold CV	(sMCI versus pMCI) A = 81.55 R = 73.33 S = 83.83
Pusil et al. [79] (2019)	MEG (306)	sMCI: 27 pMCI: 27	Resting state	ROI connectivity (centroid selection)	SVM	k-fold CV	(sMCI versus pMCI) A = 100 R = 100 S = 100

Puñil et al. [78] (2019)	MEG (306)	sMCI: 27 pMCI: 27 HC: 27	Resting state	Connectivity, temporal lobe volume and test scores (None)	Logistic regression	LOO CV	(sMCI versus pMCI versus HC) A = 96.2 R = 92.6 S = 100
Amezquita et al. [70] (2019)	EEG (19)	MCI: 37 AD: 37	Resting state	Fractal dimension and Hurst exponent (one-way ANOVA)	EPNN	Random subject selection	(MCI versus AD) A = 90.3 R = 92.1 S = 87.9

^aThese studies analyzed images from an image database, thus the figures reported in the table refer to images in each cohort. ^bThis work utilized a database that stored data from four classes (HC, non-converters MCI, converters MCI and AD) thus, for the sake of clarity, the two MCI categories have been collapsed in the table. AD, Alzheimer's disease; ANN, artificial neural networks; AUC, area under receiver operating curve; CNN, convolutional neural networks; CSF, cerebrospinal fluid; CV, cross validation; DNN, deep neural networks; EEG, electroencephalography; EPNN, enhanced probabilistic neural network; ERP, event-related potentials; FFT, fast Fourier transform; GA, genetic algorithm; HC, healthy controls; k-fold CV, k-fold cross-validation; KNN, K-nearest neighbors; LDA, linear discriminant analysis; LDS, low density separation; LOO CV, leave-one-out cross-validation; LOSO CV, leave-one-subject-out cross-validation; MCI, mild cognitive impairment; MEG, magnetoencephalography; MLP, multi-layer perceptron; MRI, magnetic resonance imaging; MRM, minimum redundancy maximum relevance; MS-ROM, multi scale ranked organizing maps; NC, normal control; NOR, normal; pAD, possible Alzheimer's disease; PCA, principal component analysis; PET, positron emission tomography; pMCI, progressive mild cognitive impairment; PSD, power spectral density; QDA, quadratic discriminant analysis; RF, random forest; ROI, region of interest; SCL, subjective cognitive impairment; sMCI, stable mild cognitive impairment; SPECT, single photon emission computed tomography; SVM, support vector machine; WT, wavelet transform.

EEG montages in the discrimination of HC versus AD patients from spectral features. The results yielded a better classification performance for the Counterpart Bipolar montage, what evidences the importance of electrode montage selection.

Regarding feature extraction, in **MEG and EEG** works, the most recurrent features include spectral **power, coherence** [30, 31, 42, 45, 65, 76], and **connectivity** [29, 78–80], as it has been proved that neural networks in AD patients tend to be less complex and efficient [81, 82]. Conversely, in medical imaging studies, investigators tend to extract information from image voxels. Alternatively, other works in this field have combined multiple techniques to obtain multi-domain features [67, 83, 84]. In this context, feature selection is appropriate to avoid overfitting, what becomes especially relevant in medical imaging studies, where authors typically extract a high number of features through image processing. Likewise, as evidenced by Trambaiolli et al. in [85], feature selection plays an important role in EEG-based studies. In this work, the authors demonstrated that the right choice of the **feature selection** method removed up to **82%** of the EEG spectral features and increased the accuracy of the classifier more than 17%.

In relation to model selection, **SVM** was the most recurrent classifier among those studies in Table 2 that addressed a binary discrimination of AD cohorts. In the case of multiclass classification studies, more complex classifiers like ensemble methods and deep networks have been tested with diverse results [26, 35, 69].

Regarding model validation, the studies gathered in this section used mainly three validation approaches: leave-one-subject-out cross-validation (LOSO CV), k-fold cross-validation (k-fold CV), and leave-one-out cross-validation (LOO CV). In this respect, it is mandatory to prevent the models from using highly correlated data for development and evaluation, as this would introduce a positive bias in the predictions. LOSO CV (covered in [42, 45, 61, 71, 85]) overcomes this issue by ensuring that the information from one subject is utilized only in the training or the test set. This is not feasible in LOO CV, as the data from a subject is included in both sets. With regard to k-fold CV, a proper experimental design is required to prevent data leakage. Considering this, we deem **LOSO CV** as the most straightforward and clear model validation approach for AD classification.

The last aspect that we considered in Table 2 is performance. Most of the works collected disclosed accuracy, sensitivity, and specificity. Other works

only reported accuracy [28, 69, 80, 84]. However, accuracy does not assess the rates of false positives and false negatives, that are particularly important in clinical-related classification problems. In all, performance report is consistent over the works that we collected, as only [28, 35, 61, 67, 69, 75, 80, 84, 86] did not provide accuracy, sensitivity, and specificity jointly. Moreover, it is important to acknowledge the dependency of metrics like accuracy and AUC with group balance [87], an issue that can be confronted via additional metrics like precision-recall curves, sensitivity, and specificity. With regard to performance results, the heterogeneity of the studies gathered in Table 2 hinder comparisons; however, accuracy, sensitivity, and specificity are generally much higher than random choice (in most cases above 80% for binary classification problems). The fact that many different classifiers achieved similar performance demonstrates the widespread knowledge that classifiers are generally not as important as the quality of the features. Hence, developing discriminative features that enable the detection of AD in its early stages acquires paramount importance.

In terms of data availability, many of the medical imaging studies gathered in Table 2 reported the use of a public database to obtain brain data. The use of public medical imaging databases like ADNI or OASIS [88] is a common practice in AD literature (see [89] for a detailed report about querying and organization of AD data). On the other hand, in EEG studies, due to the high accessibility of this technique, researchers generally acquire their own data.

To sum up, in general the proposals compiled in this section yielded positive results in terms of AD cohort discrimination. The studies achieved similar performance using different medical techniques, namely MRI, SPECT, PET, MEG, and EEG. In MEG and EEG studies, some cognitive tasks were monitored, but resting state was the most recurrent protocol during data acquisition. Regarding feature extraction, multiple approaches were conducted based on the source of the brain data. With respect to classification, SVM was the most extended classifier for binary classification, and we concluded that LOSO CV is the most suitable validation alternative based on its intrinsic capability to avoid data leakage.

Lastly, after discussing the works in Table 2, it is notable that the performance of AD classifiers based on EEG data can equal or even outperform the performance of approaches based on medical imaging. Moreover, imaging-based studies rely on image processing techniques for feature extraction, that are

computationally demanding compared to EEG signal processing techniques. In addition, EEG time resolution is higher relative to medical imaging, what enables investigators to study dynamical changes in brain activity. EEG is also non-invasive and far more accessible and inexpensive than medical imaging and MEG. These aspects are crucial, since as stated in the introduction of this work, AD prevalence increases every year, especially in developing countries that lack awareness and technological means. Therefore, a reliable, inexpensive, and non-invasive AD diagnosis technique is required. In this context, EEG represents an appropriate technique to support clinicians in AD detection.

CONCLUSION

In this survey, we discussed state-of-the-art approaches to assist the diagnosis of AD. The works compiled in this paper used diverse medical techniques to acquire brain activity, and feature extraction to derive features from it. In these works, authors trained automated models to discriminate between AD cohorts. The three main cohorts considered in the studies that we reviewed were HC, MCI, and AD subjects. With regard to the classifiers, even though all the approaches that were discussed could discriminate between AD groups with reliable performance, SVM was the most extended alternative. However, the heterogeneity of the disease, along with the discrepancies in the validation approach among the studies, make classification results difficult to compare. In respect to model validation, we consider that LOSO CV is the most suitable approach, since it does not require a particular experimental design to avoid data leakage. Regarding the suitability for assisting the early diagnosis of AD, we believe EEG is the most appropriate technique, since it is unexpensive, highly available, and non-invasive. Its accessibility facilitates the performance of longitudinal studies to monitor the evolution of AD, and it also allows the acquisition of brain data during the performance of cognitive tasks. Regarding electrode setup, authors should consider comparing different EEG montages, since the right choice of the electrode configuration could enhance the discrimination performance of the classifiers [77]. Despite resting state was the most frequent protocol for EEG recording, different cognitive tasks should be studied, as they may provide insights on how AD affects certain cognitive areas. Since AD is expected to affect a large part of the

population in the following years, especially in low-income countries that lack medical resources, EEG represents a suitable technique to assist clinical professionals on early diagnosis. For this purpose, we believe that **future studies should prioritize the study of new features that support the early detection of AD.**

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