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What Got You Here Won't Get You There - Book Summary and Key Learnings

"What Got You Here Won't Get You There" by Marshall Goldsmith explores how successful people often develop behavioral blind spots that impede further advancement. The core message is that the very skills and habits that helped you succeed so far might be the exact things holding you back from reaching the next level.

Book Summary

Marshall Goldsmith, a renowned executive coach, identifies common interpersonal habits that successful people develop which ultimately become career-limiting factors. The book argues that at higher levels of leadership, success depends less on technical skills and more on how you interact with others. Goldsmith provides a methodical approach to identifying these behavioral issues through feedback, acknowledging them, apologizing for past mistakes, making visible changes, and following up to ensure improvement.

He outlines 20 specific workplace habits that hold people back and provides practical advice for overcoming them. The book emphasizes that small behavioral changes can lead to significant improvements in leadership effectiveness and career advancement. Goldsmith's methodology involves a structured feedback process, public commitment to change, and consistent follow-through to solidify new behaviors.

50 Key Learnings

- 1. Success can lead to overconfidence that blinds us to our flaws
- 2. The higher you go in an organization, the more your problems are behavioral
- 3. Technical skills become less important than people skills as you advance
- 4. The "superstition trap" connecting unrelated behaviors to success
- 5. Successful people tend to believe their success is due entirely to their own merits
- 6. The more successful we become, the more positive reinforcement we get
- 7. Feedback becomes less frequent and honest as you rise in status
- 8. Most successful people have excessive need for approval from others
- 9. Sometimes adding a new behavior is less important than stopping a negative one
- 10. The importance of "feedforward" asking for suggestions for the future rather than feedback about the past
- 11. The power of apologizing for past mistakes
- 12. Leaders are often unaware of how their actions affect others
- 13. The difference between winning too much (always needing to be right) and successful leadership
- 14. How adding too much value (improving others' ideas) diminishes engagement
- 15. The danger of passing judgment too quickly
- 16. How making destructive comments damages relationships
- 17. The negative impact of starting sentences with "no," "but," or "however"
- 18. The habit of telling others "that's great, but..." invalidates praise
- 19. How claiming credit that we don't deserve erodes trust
- 20. The problem with making excuses rather than accepting responsibility

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- 21. Clinging to the past prevents adaptation to present challenges
- 22. The habit of favoritism and its impact on team morale
- 23. Refusing to express regret damages relationships
- 24. The inability to celebrate others' successes limits leadership effectiveness
- 25. The necessity of listening fully rather than formulating responses
- 26. How failing to express gratitude diminishes loyalty
- 27. The negative impact of punishing the messenger
- 28. Taking credit for others' achievements destroys motivation
- 29. How an excessive need to show our intelligence makes others feel inferior
- 30. The importance of knowing when to stop talking
- 31. Not respecting the value of others' time sends negative messages
- 32. How failing to share information creates organizational silos
- 33. The negative impact of withholding deserved praise
- 34. The importance of "before and after" feedback to measure change
- 35. Changing behavior requires daily practice and reinforcement
- 36. Successful behavioral change often requires involving others
- 37. The "wheel of change" creating, preserving, eliminating, and accepting
- 38. The value of measuring improvement over time
- 39. How to gracefully accept negative feedback
- 40. The power of asking "How can I do better?"
- 41. Why publicly declaring your intention to change increases commitment
- 42. The importance of following up to ensure sustainable change
- 43. How behavioral change efforts fail without accountability
- 44. The value of structured feedback processes
- 45. How to separate perception from reality in feedback
- 46. The difference between understanding feedback and acting on it
- 47. Creating systems for ongoing behavioral improvement
- 48. How to overcome resistance to change in yourself
- 49. The impact of gratitude on relationships and leadership effectiveness
- 50. Why character flaws that are tolerated in skilled leaders become intolerable at higher levels

The book's ultimate message is that self-awareness, coupled with the willingness to change and follow through, can transform good leaders into exceptional ones by eliminating counterproductive behaviors.