

Kirti C. Mishra
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SUMMARY OF QUALIFICATION

- Obtained a Master of Arts in Clinical Psychology
- Obtained various experiences through collaboration with various Foundations and Hospitals
- Proficient in Handling Situations and Working people suffering from Disabilities
- Experience in Counseling and Mentoring in various Schools
- Knowledgeable in course work such as Cognitive, Psychotherapy, Personality, Research Methods, Multicultural, Evolutionary, Psychopathology, Advance Skills, CBT & REBT, Change Management, Experimental Psychology, and Neuropsychology.

EDUCATION

Master of Arts in Clinical Psychology
Mumbai University – India, Mumbai
R. D National College
Department of Applied psychology
Cumulative GPA: 7.45/10

August 2019

Bachelor of Arts
Mumbai University – India, Mumbai
Bhavans College (First Two Years)
I Y College (Final Year)
Department of Arts
Cumulative GPA: 5.6/10

May 2017

EXPERIENCE

Elder companionship, Mumbai, India
At Aaji care

October 2019– present

- We provide unique elder care homes to address need of respite care, post operative care, dementia care and ortho-neuro rehabilitation.
- It helps them to relearn new things and enjoy their time with new activities.

A Dissertation Submitted To The University Of Mumbai
Under The Guidance of Dr. Milan Balakrishnan and Co-Guide Ms. Anjali Talreja

January- April 2019

- “HOOKUP MOTIVATION IN YOUNG ADULTS” forms my own contribution to the research work carried out under the guidance of Dr. Milan Balakrishnan consultant psychiatrist at the R.D. & S.H. National College & S.W.A. Science College, University of Mumbai.
- The research study was done to understand the differences between the motivation for hookup in online users and non-users of online dating applications.
- The mean of online users are high compare to non-users of an online dating application. Therefore the hypothesis was accepted

Internship at Thane Mental hospital, Thane, India

October 2108 – December 2018

As a clinical psychologist

- Internship at the hospital was clinically orientated, interaction with psychological clients, understanding the case history and conducting psychological tests to understanding the severity of the condition and making clinical interventions.
- Psychological test like MCMI, MMPI-2, and Rorschach inkblot test, TAT, etc.

Mentor and Counselor

Feb 2018 – April 2018

At We for You School, Yes I Can Foundation, Mumbai, India

- Collaboration with We for You School was a learning experience.
- The students were from the lower economic background who wanted eager to learn and grow.
- I conducted various presentations on mental health awareness, child sexual abuse, etc. for students, teachers, and parents. And also conducted a psychological test on children to detect in weather they fall on any psychological disorder.
- Interacted with parents and teachers and explained to them how they can find out if their child is going through some mental stressor.

Social Worker and Treasurer

July 2015 - present

UFGC (United For Greater Cause) India, Mumbai, India

- Collaboration with UFGC India has been a wonderful experience learning how a small thing can change someone's life.
- Understanding how grateful I'm to be a part of the organization that works for the well fare of people and spreads happiness.
- Starting with a will to do good for society to become an organization, we have learned how small initiative can help and make a difference in society.
- As a member and treasurer of the organization we have carried out various an initiative like visiting orphanages, distributing food to the homeless people, providing school supplies to kids, distributing blankets in cold winter, planting trees for the environment, beach cleaning, organizing inter-college elocution competition, medical camps, providing toys to children on Christmas Eve, and scholarship programs, many more.

SKILLS

Laboratory Skills: Millon Clinical Multiaxial Inventory (MCMI), Hamilton Anxiety rating scale, VSMS, SAPS, SANS, Wechsler intelligence scale, Minnesota Multiphasic Personality Inventory (MMPI), Thematic apperception test (TAT), Children's Apperception Test (CAT), Rorschach inkblot test.

Programs: MS OFFICE, SPSS.

Professional Skills: Good Communication, Organized Thoughts, Good Time Keeper, Team Worker

Hobbies: Travelling and Exploring new Places, Cooking, and Baking, Arts and Crafts

Languages: English (Proficient), Hindi (Proficient), Marathi (Proficient)

CERTIFICATION

Transactional Analysis

January 2015

Remedial Teaching

October 2014

Intensive Clinical Training in Psychotherapy

November 2018

Metaphor art therapy

August 2019

SELECTED WORKSHOPS/SYMPOSIUMS/CONFERENCES

Expressive art therapy, India, Mumbai	2019
Colloquium Millennial, India, Mumbai	2019
The Modern Approach in Psycho-neurotic issues & Lifestyle Disorder, India, Mumbai	2019
1 st Annual Conference of Global Society for Digital Psychology, India, Mumbai	2017
Annual Teaching & Learning Symposium, India, Mumbai	2017
22 nd International Conference on Social Science & Humanities (ICSSH), Indonesia, Bali	2017
1 st Annual TISS: NHI Conference on Child Development and Neurodevelopment Disorders India, Mumbai	2017
Bombay psychology association: Pieces to Peace: Conflict and its Resolution India, Mumbai	2017
Emerging Trends in Human Capital Development: New Perspectives and Practices, India, Mumbai	2016
College Education for Women in 21 st Century: Opportunities and Challenges, India, Mumbai	2016
26 th Annual Conference of the National Academy of Psychology (NAOP), India, IIT Chennai	2016
Child Sexual Abuse: Prevention and Intervention, India, Mumbai	2016
Asian Reincarnation and Theosophical Seminar, India, Mumbai	2015

PUBLICATIONS

Kirti C. Mishra, and Vaishali Parmar, “Anxiety and Self-Esteem among Adolescent and Young Adulthood”, PEOPLE: International Journal of Social Sciences (ISSN 2454-5899), Global Research & Development Services (GRDS). (September 2017).