# Miss. Ankita Guchait. QMHP. MBPsS

102, Tirupati Apartment, Nehru Rd., Vile Parle East, Mumbai 400057 ankitaguchait@gmail.com

#### Profile

Recent masters graduate from Kingston University London. Six years of experience in administrative, patient-centred care, clinical, and mental health settings. This has been demonstrated through several years of experience working in different settings including university's disability centre, oncological and surgical unit, drug and alcohol outpatient clinic, youth at risk programs, ADHD research lab, and pediatric neurology clinic. Looking for any opportunity that will help me step up in the next phase of my career.

## Affiliations & Credentials

QMHP, Qualified Mental Health Professional (USA) MBPsS, Member of the British Psychological Society QMHA, Qualified Mental Health Associate (USA)

Nov'19 to Present Nov'17 to Present Aug'17 to Present

# Experience:

Healthcare Assistant for Martin & Christabel Jacksons, UK

May '19 to Present

- Assisting their eldest daughter with personal and healthcare needs who has Rett syndrome.
- Engaging in all aspects of her personal care including feeding, toileting, showering and administering of medication.
- Interacting and communicating by using Tobii eye gaze device or PODD book.

# Student Support Worker at Equality Enterprises, UK

Sep '18 to Present

- Helping students with a physical disability getting round the university, assist with pushing their wheelchair and help with practicalities at mealtimes and at the start and the end of lessons.
- Supporting students with note-taking and scribing during lessons.
- Liaised with staff and other professionals.

#### Mental Health Associate at Lifeworks Northwest, USA

Oct '17 to Apr '18

- Administered oral medications, following physician's prescriptions and hospital procedures.
- Provided skills training, case management, and other services as outlined on a treatment plan.
- Encouraged and counselled clients to express their feelings and discuss what is happening in their lives, and helped them to develop insight into themselves and their relationships.
- Provided crisis intervention to clients experiencing difficulties.

#### Drug and Alcohol Service Administrator at CODA. USA

Apr '17 to Dec '17

- Answered phone calls and scheduled appointments with physicians and counsellors.
- Completed routine documentation and recorded unusual or concerning behaviours that should be addressed by the clinical team.
- Responded to client emergencies at night.
- Administered medications per established procedures, including accurately recording all medication activities in the medication record.

#### Healthcare Support Worker, Knight Cancer Institute, USA

Jan '15 to Jan '16

- Provided non-medical support to the unit.
- Supported the nursing staff and patients to promote the delivery of outstanding service to the patients, families, and guests.
- Learned about a wide variety of oncology diagnoses and treatments in inpatient care unite

## Research Assistant at Spina Bifida Clinic, USA

Aug '17 to Feb '18

- Tracked research outcome data on patients who have spina bifida.
- Entered and analysed data in the national registry software program.

#### Research Assistant at ADHD Research Lab, USA

Jun '16 to Aug '17

- Conducted cognitive, achievement, and physiological tests with children and their parents.
- Operated EEG and assisted MRI visits.
- Transcribed FMSS (Five Minute Speech Sample).

#### Other Roles:

•	Information Reviewer at Epilepsy Action UK	Mar '19 to Present
•	Ambassador at Epilepsy Society UK	Feb '19 to Present
•	Children's Champion at UNICEF, UK	Jan '19 to Present
•	Teaching Assistant at Portland State University, USA	Jan '17 to Mar '17
•	Residential Advocate at New Avenues for Youth, USA	Dec '17 to
	Αυς '18	

Urinalysis Technician at CODA Outpatient Clinic, USA

Dec '17 to Aug '18

#### **Education**

## MSc in Psychology, Kingston University London, UK

Sep '18- Jan '20

Modules: The person in psychology, Cognition and Biological Psychology, Neuropsychology and Neurorehabilitation, Methods and Statistics for MSc Psychology, Psychology Dissertation.

Grade: (UK: 2:1, Upper Second Class); (USA: 3.5 GPA)

## BSc in Psychology, Portland State University, USA

Sep '13 to Aug '17

Grade: (UK: First Class Honours); (USA: 3.7 GPA)

#### High School Diploma, Mithibai College of Science, Mumbai.

Jun'11 to May'13

Grade: 2nd Class Pass

#### Technical Skills:

- Transcription.
- EMIS, and EPIC.
- Microsoft office.
- Neuroimaging testing: EEG and MRI.
- Neurocognitive testing: (WISC, WIAT, WAIS, WRAT).

## Awards:

- The Kingston Award (November 2019).
- Change the World Model with United Nation Scholarship (October 2019)
- Academic Excellence Honor (Fall 2013- Winter 2017).
- Student Leadership Award (Summer 2014- Fall 2016).
- International Student Retention Scholarship (Winter 2015-Fall 2016).

References Available Upon Request