



Education

St.thomas School

12th standard - PCB

Amity University

BA hons applied psychology

2014 - 2017

Tata institute of social sciences

Masters in Applied Psychology (Counseling)

Masters in Counseling psychology

2018 - 2020

Work experience

Dr.Deepali Batra

Internship

June 2016 - July 2016

Worked as an intern in the clinic and got experience with children with learning disability and other issues

Way forward

Counselor

2017 - 2020

Working as an EAP counsellor for an on call counselling service named NUSI sahara and other projects.

Aspiring minds

Content developer

2017 - 2017

Worked as an content development intern wherein I had to develop questions and research material for employability testing

Udhavi

Intern

2018 - 2019

Udhavi works with the elderly population in Chennai, they work with elderly and providing them support and friendship by having regular visits to their homes. I worked with them for 7months, visited many people at their homes and provided support, counselling, recreational activities etc.

The Banyan

Intern

2019 - 2019

Worked with men with severe mental illness who are homeless. I worked with men suffering from Schizophrenia, Bipolar, Intellectual disability, and Depression. Worked on their self care, communication, social interactions and functioning.

Performed assessments and took case histories and MSE's.

Skills

Listening and communication skills

Patience

Empathy

Workplace counselor - on call brief counseling for various clients of the company.Performed psychological assessments.Maintained patient information.Maintained patient and treatment documentation