

FATEMA VAKHARIA

Counseling Psychologist

Mumbai, Maharashtra
fatemavakharia@gmail.com
7977404781

Counselling Psychologist seeking a position in which my knowledge and experience can be used to help people recover and regain their health and career development
Extremely caring and compassionate towards people from all walks of life Experience in counselling of people of all ages
Knowledge of all techniques and strategies of counselling.
Understanding that what works for one may not work for others.
Communication skills, both orally and written.
Organised and thorough in all reports and analyses
Ability to work with others, such as doctors, families, or other psychologists
Management skills
Willing to relocate to: Dadar, Mumbai, Maharashtra - Worli, Mumbai, Maharashtra - Fort, Mumbai, Maharashtra

WORK EXPERIENCE

Counsellor

Ngo - Mumbai, Maharashtra
2016 to 2018

I was working as Senior Counsellor and Did various Psychological test.
I Collected , organized and analyzed information about individuals through records, tests, interviews and professional sources, to appraise their interests, aptitudes, abilities and personality characteristics, for vocational educational planning and emotional development .I worked as a Mediator between various Schools and my department.
Have experience working with Mumbai University DLLE department for Personality and Career Development of Students.
Worked with Personality Development Trainer.

Management of workshops and personality development seminar

NGO - Mumbai, Maharashtra
Conducted various DMIT introduction and Group Counselling Workshop .
Managed Personality Development Seminar For students

Psychology Counsellor

SIES School - Mumbai, Maharashtra
Completed my Internship at SIES School for 3 months under certified Counselor and performed various Psychotherapies such as CBT, REBT, Person centered therapy.

EDUCATION

BA, PGDC. in Counselling and Psychotherapies,

Mumbai University - Mumbai, Maharashtra

SKILLS / IT SKILLS

Communication, Counselling, Management, leadership, Creative, Empathy

AWARDS / ACHIEVEMENTS

PSYCHOLOGY TRAINING

> Complete Various Training Offered By Different PSYCHOLOGY DEPARTMENT.

> Won Award in Creativity.

CAREER CHARTS AND MEDICAL GROUP PRESENTATION

> Won Second Place In Career Fair at College.

> Achieved First Place on MENTAL ILLNESS Group Presentation.

CERTIFICATIONS AND LICENSES

Dermatoglyphics Multiple Intelligence Test

Present

Dermatoglyphics Multiple Intelligence Test (DMIT) is based on understanding from Neuroscience, Genetics, Dermatoglyphics, Psychology and Embryology. Use to measure IQ and various interest area Using in the field of School college and educational institutions. Human resource management. Children memory Enhancements Programs. Career Guidance and Career Counseling

Post Graduation diploma in Counselling and Psychotherapies

Present

THERAPIES I know,

1] Psychoanalysis and Pschodynamic Therapy

2] Behavioral Therapy

3] CBT

4] REBT

5] Family Therapy

6] Group Therapy

7] Play Therapy{ for kids }

CANCER PAITENTS AID ASSOCIATION

December 2019 to Present

Completed My Training in PYSCHO-ONCOLOGY from Cancer Patient Aid Association

NGO, NON-PROFIT / STUDENT ORGANIZATIONS

Hisbul-Huda Trust

Present

- > Volunteer of this Trust as a Career Guidance Counselor.
- > Worked on Food waste Campaign.

PROJECTS / PAPERS PRESENTED

Research Project On EFFECTS OF PARENTING STYLES

ADDITIONAL INFORMATION

Seeking an opportunity to, utilize my talents and My Aim to help people, and communicating for a purpose through An Organisation . Obtaining a chance to work with experience people , learn and grow , also take the responsible position in a leading organization. Along with I am doing Post Graduate Programmes in Special education and Counselling.