

# SAEE PATKAR

• to-be psychologist •

• +91 9004268880 • saeepatkar@gmail.com • Bangalore, India

## EDUCATION

2018-2020 • CHRIST (Deemed to be University), Bangalore, India  
MSc Psychology (Clinical)

2015-2018 • Ruia Autonomous College, Mumbai, India  
BA Psychology

## ACCOMPLISHMENTS

2019 • Qualified NET for AP in Psychology  
2018-2020 • Deanery Student Council (CHRIST)  
2018 • Core committee for developing UG Journal (Dr. Madhavi R. & Dr. Aparna Sahu)  
2017-2018 • Column Head (The Ruiaite Bulletin)  
2015-2017 • Student Council (Ruia)

## WORK EXPERIENCE

### Chemical Addiction Rehabilitation Education (Nov '19 - Feb '2020)

- Counselling patients at the center including individual, marital and family counselling
- Conducted weekly group sessions related to deaddiction and relapse prevention
- Administered assessments, wrote clinical and progress notes

### Lokmanya Tilak Municipal General Hospital (April '19 - May '19)

- Observed in-take of patients at the Psychiatry OPD
- Sessions observed included case-history, MSE, assessments, and counselling

### Medico-Pastoral Association (June '19 - Sept '19)

- Assisted resident-patients of chronic psychiatric disorders in the psycho-social rehabilitation program at the center
- Organized regular activities for the residents and special programs

### Aavishkar Center for Self-Enrichment (April'19 - May '19 & Oct '17 - Mar '18)

- Worked under the supervision of Dr. Nirmala Rao
- Conducted case-history, counselling sessions, regular workshops
- Administering personality and aptitude assessments
- Contributed to training programmes at the clinic

## SKILLS

Technical (SPSS, E-Prime, MS-Office)  
Teaching & Communication  
Planning, Organisation & Management  
Creative Writing & Embroidery

## COURSES & TRAINING

Introduction to Dream-work (2020)  
Cultural Competence & Evidence-Based Practices (2019)  
Psychoanalysis Study Group (2018)  
Cognitive Neuro-sciences Study Group (2018)  
Semi-projective Assessments (2017)