

NEHA CHAURASIA

Counselling Psychologist

Mumbai, Maharashtra

nehachaurasia135@gmail.com

0842 486 5265

I am looking forward for a responsible position in the FIELD OF COUNSELING PSYCHOLOGY wherein I am able to hone up my counseling skills, learn and function effectively and at the same time meet the Institute's objectives while exceeding expectation.

#readytowork



WORK EXPERIENCE

Counselling Psychologist

Our Lady Of Salvation High School - Dadar, Mumbai, Maharashtra

August 2019 to Present

1. One on one Counselling Session
2. Parental counselling
3. Group Counselling
4. Teacher counselling session
5. L.D. Screening and other Projective test
6. Remedial Training
7. Report Making and Documentation

Counselling Psychologist

We For You NGO - Dadar, Mumbai, Maharashtra

August 2019 to Present

1. Individual Counselling sessions
2. Group counselling sessions
3. Profile Making
4. Documentation

Counsellor

Institute for Exceptional Students - Mumbai, Maharashtra

December 2018 to April 2019

1. Individual Counseling sessions for various behavioral, academic and emotional problems were taken.
2. Group Counseling sessions were taken
3. Parental counseling sessions were taken.
4. Various psychological testing done.
5. Practical application of the theoretical knowledge gained and learnt skills in counseling sessions.
6. Regular report making.
7. Life skills sessions were conducted.

8. Workshops on various topics like Cyber safety, Depression, Exam stress, Bullying and aggression, etc were taken.
9. Vocational guidance was provided.

Counsellor

Smt. M.M.P. Shah Womens' College for Commerce and Arts. - Mumbai, Maharashtra

July 2018 to December 2018

1. Individual counselling sessions with college and school students for behavioral, academic and emotional problems.
2. Group counselling sessions
3. Parental counselling sessions
4. Life Skills classes taken
5. Workshops on various
6. Urban Outreach workshop
7. Vocational Guidance provided
8. Psychological testing done
9. Regular report making and documentation



EDUCATION

Masters of Arts (Hons) in Counseling Psychology

Smt. Maniben M.P. Shah Women's College of Arts and Commerce, SNDT University. - Mumbai, Maharashtra

2017 to 2019

Bachelor's in Psychology

K.C. College, Mumbai University - Mumbai, Maharashtra

2014 to 2017

Higher Secondary(12th Pass)

K.C. College, Mumbai University - Mumbai, Maharashtra

2012 to 2014

Secondary(10th Pass)

Bai Ruttanbai F.D. Panday Girls' High School, Maharashtra Boards - Mumbai, Maharashtra

April 2012



SKILLS / IT SKILLS

- **Ms PowerPoint, Ms Excel, Ms Word.**



----- AWARDS / ACHIEVEMENTS -----

2nd Prize Quiz Competition in Psychfest of M.D. College

2017



----- CERTIFICATIONS AND LICENSES -----

Post Graduate Diploma in Sports Psychology from GRIT

2018 to 2019

Basic Skills in Counselling and Psychological Assessment

2018 to 2019



----- NGO, NON-PROFIT / STUDENT ORGANIZATIONS -----

We For You

August 2019 to Present

1. Volunteering as a Counseling Psychologist.
2. Visit once a week.
3. Counseling for the under-privileged students.