

true
iron

TRUE IRON GYM EQUIPMENTS

true
iron



**SCAN FOR
WEBSITE**



TRUE IRON

At True Iron, we're passionate about empowering every individual and gym owner with cutting-edge fitness equipment that fuels results. From durable treadmills and high-performance cycle machines to strength-training gear and accessories, we provide only the best – designed for performance, safety, and reliability.

Founded in 2024, our mission is simple: to make fitness accessible and effective for everyone. Whether you're building a home gym or managing a commercial fitness center, our expert team is here to guide you with honest advice and top-tier support.

Join thousands of happy customers who trust us for their fitness journey. Your goals are our motivation – and we're here to help you achieve them.

true
iron

TREADMILLS



TREADMILL MARATHON

Treadmill Marathon - Product Specifications

Product Name: Treadmill Marathon

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL RUN R

Treadmill Marathon - Product Specifications

Product Name: Treadmill RUN R

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL JCT 700

Treadmill Marathon - Product Specifications

Product Name: Treadmill JCT 700

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL JCT 800

Treadmill Marathon - Product Specifications

Product Name: Treadmill JCT 800

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL m8

Treadmill Marathon - Product Specifications

Product Name: Treadmill m8

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL RUN X

Treadmill Marathon - Product Specifications

Product Name: Treadmill RUN X

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL RACELINE

Treadmill Marathon - Product Specifications

Product Name: Treadmill RACELINE

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



CURVE TRADMILL DRAXFIT SPT1000BC

Treadmill Marathon - Product Specifications

Product Name: Treadmill SPT1000BC

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC

UPRIGHT BIKES



UPRIGHT BIKE JUB 9

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike UBT5000MC

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE DX6U

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike DX6U

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE 6XC7

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike 6XC7

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE DA6U

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike DA6U

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE D8

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike D8

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

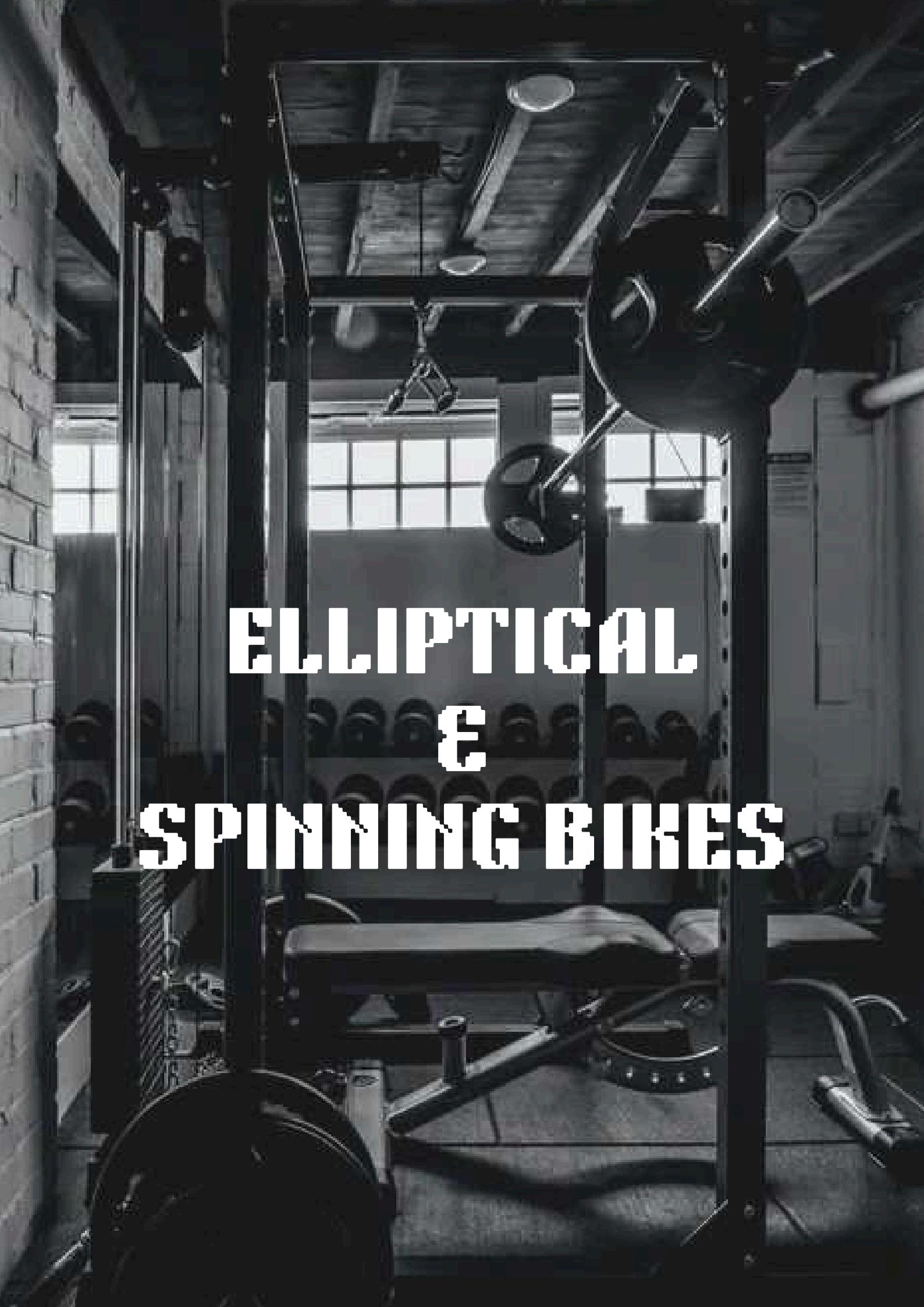
Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



ELLIPTICAL & SPINNING BIKES



ELLIPTICAL JEP9

Upright Bike Marathon - Product Specifications

Product Name: ELLIPTICAL JEP9

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



SPINNING BIKE BS 5

Upright Bike Marathon - Product Specifications

Product Name: SPINNING BIKE BS 5

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKES



RECUMBENT BIKE DA6R

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike DA6R

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE DX6R

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike DX6R

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKES TBR9000

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike TBR9000

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE R8

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike R8

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE JRB 9

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike JRB 9

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC

**CHEST
LOAD ONE
CABLE TYPE**



ISOLATERAL CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATERAL CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL DECLINE PRESS - LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



VERTICAL CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: VERTICAL CHEST MACHINE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL CHEST PRESS

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL INCLINE CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



PEC/REAR FLIES

Cable Chest Machine - Product Specifications

Product Name: PEC/REAR FLIES

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



FLAT CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: FLAT CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



MULTI PRESS

Cable Chest Machine - Product Specifications

Product Name: CHEST MULTI PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



INCLINE CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: INCLINE CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



PEC AND REAR FLIES

Cable Chest Machine - Product Specifications

Product Name: PEC AND REAR FLIES

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL PRESS

Cable Chest Machine - Product Specifications

Product Name: VERTICAL PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL PRESS

Cable Chest Machine - Product Specifications

Product Name: PEC FLIES CONCENTRATE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL PRESS

Cable Chest Machine - Product Specifications

Product Name: PEC FLIES CONCENTRATE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



DUAL AXIS DECLINE PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: DUAL AXIS DECLINE PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



FLAT PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: FLAT PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATERAL PEC DEC FLIES LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL PEC DEC LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATERAL INCLINE PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLLATERAL INCLINE PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLLATERAL INCLINE PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLLATERAL INCLINE PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



DUAL AXIS INCLINE PRESS

Chest Plate Loaded Machine - Product Specifications

Product Name: DUAL AXIS INCLINE PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required

**BACK
LOAD ON
€
CABLE MACHINES**



LAT PULLDOWN SINGLE PULLEY

Cable Back Machine - Product Specifications

Product Name: LAT PULLDOWN SINGLE PULLEY

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



ASSISTED DIP CHIN MACHINE

Cable Back Machine - Product Specifications

Product Name: ASSISTED DIP CHIN MACHINE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



LONG PULL ROW - DUAL PULLEY

Cable Back Machine - Product Specifications

Product Name: LONG PULL ROW DUAL PULLEY

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



LONG PULL ROW SINGLE PULLEY

Cable Back Machine - Product Specifications

Product Name: LONG PULL ROW SINGLE PULLEY

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



DUAL LAT PULL DOWN

Cable Back Machine - Product Specifications

Product Name: DUAL ALT PULL DOWN

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



SEATED ROW MACHINE

Cable Back Machine - Product Specifications

Product Name: SEATED ROW MACHINE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



ISOLATERAL HIGH ROW

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL HIGH ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ISOLATERAL PULL DOWN

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL PULL DOWN

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ISOLATERAL D.Y ROW

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL D.Y ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



REVERSE FRONT LAT PULL DOWN

Plate Loaded Back Machine - Product Specifications

Product Name: REVERSE FRONT LAT PULL DOWN

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



PULL OVER

Plate Loaded Back Machine - Product Specifications

Product Name: PULL OVER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MID ROW

Plate Loaded Back Machine - Product Specifications

Product Name: MID ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



LOW ROW

Plate Loaded Back Machine - Product Specifications

Product Name: LOW ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



INCLINE T BAR

Plate Loaded Back Machine - Product Specifications

Product Name: INCLINE T BAR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MULTI ANGLED T BAR

Plate Loaded Back Machine - Product Specifications

Product Name: MULTI ANGLED T BAR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ISOLATERAL ROW

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



SHOULDER PRESS 2

Shoulder Plate Loaded Machine - Product Specifications

Product Name: SHOULDER PRESS 2

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



MULTI LINEAR BENCH

Shoulder Plate Loaded Machine - Product Specifications

Product Name: MULTI LINEAR BENCH

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATED SEATED LATERAL RAISE

Shoulder Plate Loaded Machine - Product Specifications

Product Name: ISOLATED SEATED LATERAL RAISE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



SHRUGS/DEADLIFT

Shoulder Plate Loaded Machine - Product Specifications

Product Name: SHRUGS/DEADLIFT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



SEATED/STANDING SHRUGS

Shoulder Plate Loaded Machine - Product Specifications

Product Name: SEATED/STANDING SHRUGS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

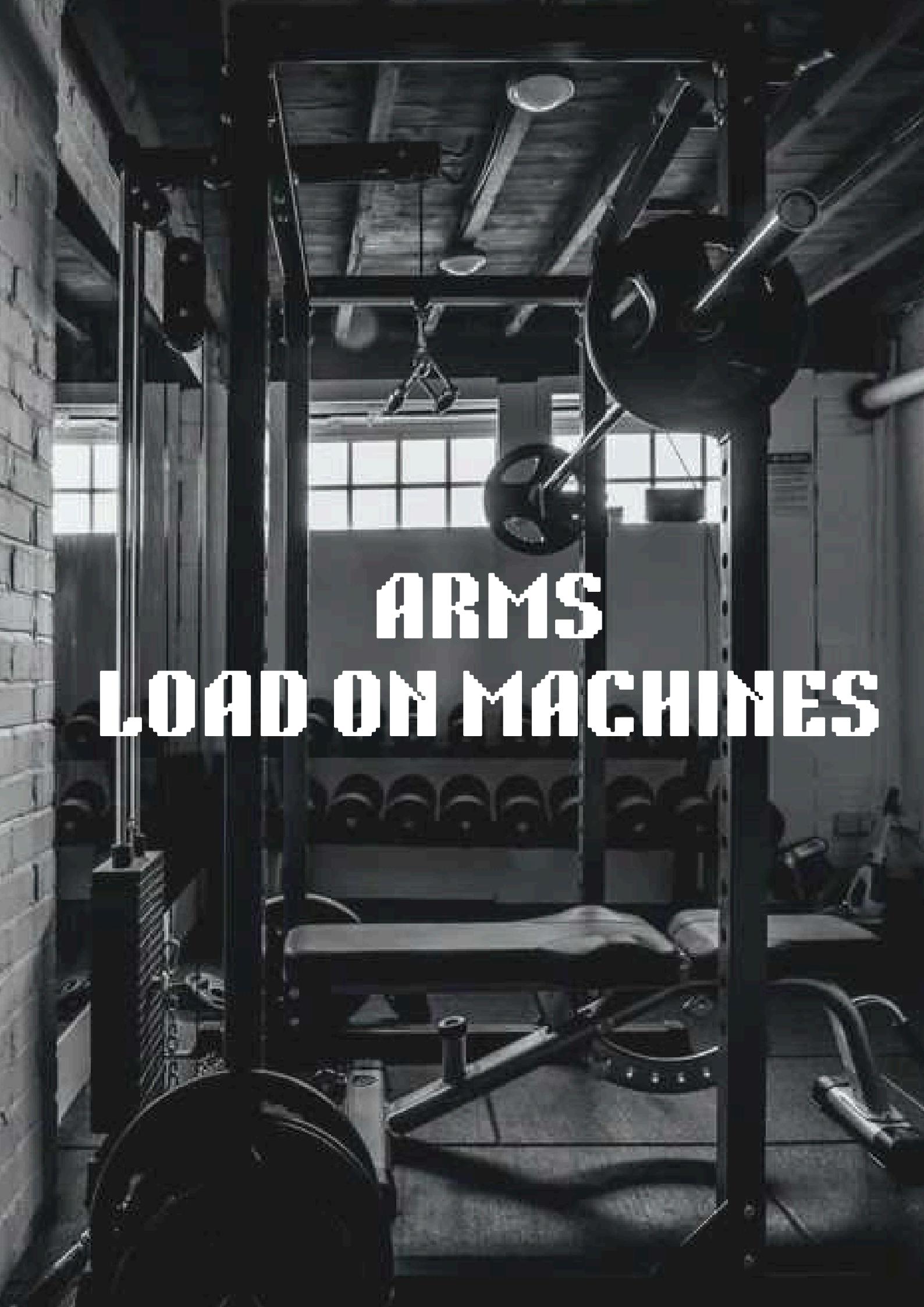
Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



**ARMS
LOAD ON MACHINES**



TRICEP DIP PLATE LOADED

Arms Plate Loaded Machine - Product Specifications

Product Name: TRICEP DIP PLATE LOADED

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



ARM CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: ARM CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



ISOLATERAL BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



INCLINE TRICEP EXTENSION

Arms Plate Loaded Machine - Product Specifications

Product Name: INCLINE TRICEP EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



INCLINE BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: INCLINE BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



LEG



ISOLATERAL LEG PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SEATED TIBIA TRAINER

Leg Plate Loaded Machine - Product Specifications

Product Name: SEATED TIBIA TRAINER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STRENGTH CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: STRENGTH CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



BELT SQUAT

Leg Plate Loaded Machine - Product Specifications

Product Name: BELT SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SEATED CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: SEATED CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STANDING ABDUCTOR

Leg Plate Loaded Machine - Product Specifications

Product Name: STANDING ABDUCTOR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



HIP THRUST PLATE LOADED

Leg Plate Loaded Machine - Product Specifications

Product Name: HIP THRUST PLATE LOADED

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ISOLATERAL LEG EXTENSION

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



45° Leg Press

Leg Plate Loaded Machine - Product Specifications

Product Name: 45° Leg Press

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ISOLATERAL STANDING LEG CURL

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL STANDING LEG CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ISOLATERAL LEG CURL

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL LEG CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



HACK SQUAT

Leg Plate Loaded Machine - Product Specifications

Product Name: HACK SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



VERTICAL LEG PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: VERTICAL LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG PRESS/HACK SQUAT COMBO

Leg Plate Loaded Machine - Product Specifications

Product Name: LEG PRESS/HACK SQUAT COMBO

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LYING VERTICAL PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: LYING VERTICAL PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SEATED CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: SEATED CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



TIBIA TRAINER

Leg Plate Loaded Machine - Product Specifications

Product Name: TIBIA TRAINER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ANGLED CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: ANGLED CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



HIP THRUST

Leg Plate Loaded Machine - Product Specifications

Product Name: HIP THRUST

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



POWER SQUAT

Leg Plate Loaded Machine - Product Specifications

Product Name: POWER SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



POWER SQUAT 1

Leg Plate Loaded Machine - Product Specifications

Product Name: POWER SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



POWER SQUAT 3

Leg Plate Loaded Machine - Product Specifications

Product Name: POWER SQUAT 3

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LATERAL RAISE

Product Name: LATERAL RAISE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

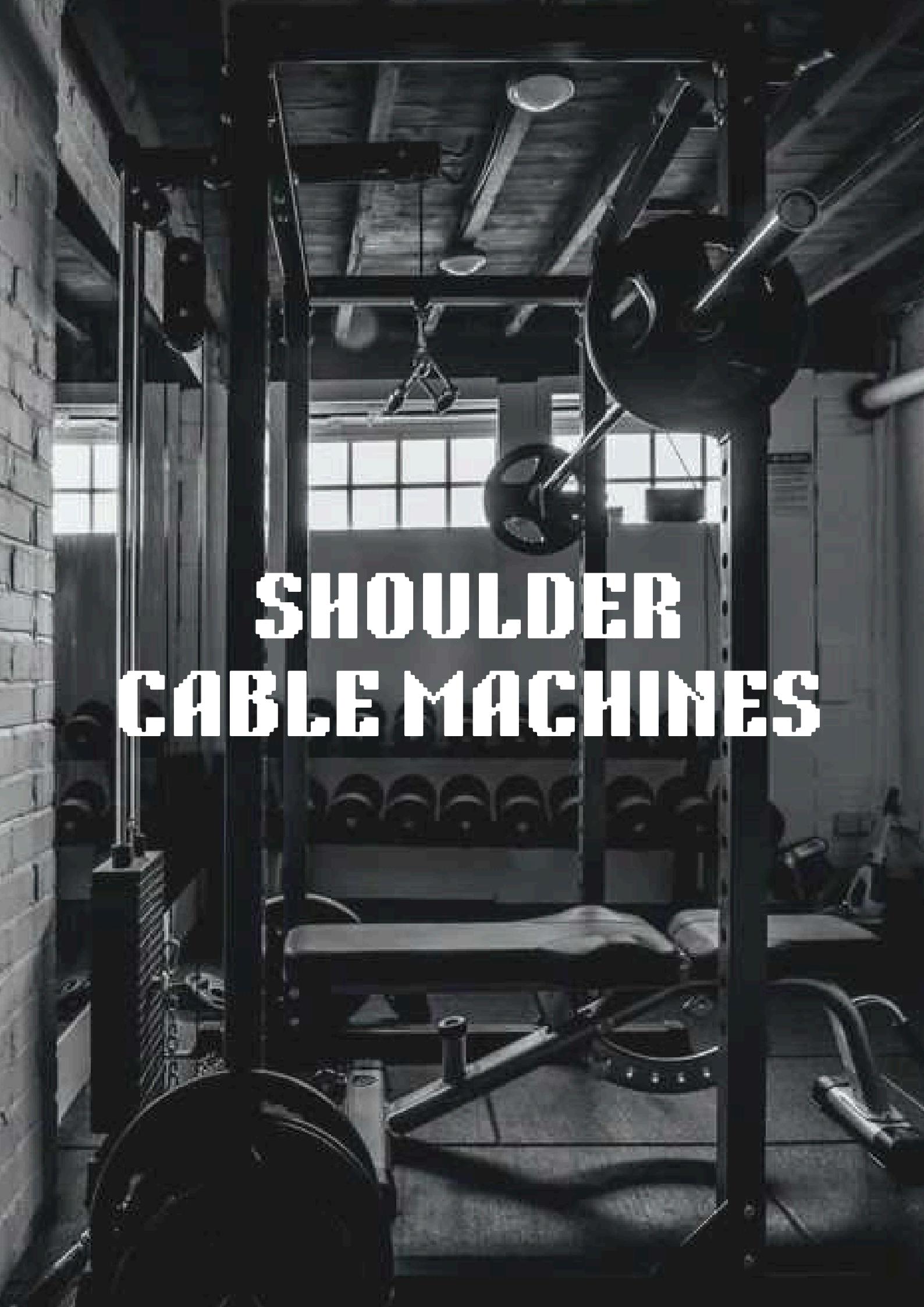
Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SHOULDER CABLE MACHINES



INCLINE SHOULDER PRESS

Product Name: INCLINE SHOULDER PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SHOULDER PRESS

Product Name: SHOULDER PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SHOULDER PRESS

Product Name: SHOULDER PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SEATED TRICEP DIP

Arms Plate Loaded Machine - Product Specifications

Product Name: SEATED TRICEP DIP

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



WRIST CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: WRIST CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



ACCESSORIES

true
iron



DUAL CONNECTOR EZ BAR
SKU: GYM-COM-097



DUAL CONNECTOR
STRAIGHT BAR
SKU: GYM-COM-098



DUAL CONNECTOR
STRAIGHT BAR
SKU: GYM-COM-099

CONNECTOR PLATE
SKU: GYM-COM-100



CURVED D HANDLE SMALL
SKU: GYM-COM-101



MAG ROWING HANDLE
SMALL
SKU: GYM-COM-102



MAG ROWING HANDLE
MEDIUM
SKU: GYM-COM-103



MAG ROWING HANDLE
LARGE
SKU: GYM-COM-104



LAT PULL DOWN STRAIGHT
HANDLE
SKU: GYM-COM-105



STRAIGHT D HANDLE
SMALL
SKU: GYM-COM-106



STRAIGHT D HANDLE
LARGE
SKU: GYM-COM-107



SQUARE HANDLE
SKU: GYM-COM-108



D ROWING HANDLE
SKU: GYM-COM-109



CURVE D HANDLE
SKU: GYM-COM-110



TRICEP ROPE
SKU: GYM-COM-111



ROWING HANDLE
SKU: GYM-COM-112



STRAP HANDLE
SKU: GYM-COM-113



RESISTANCE BAND
SKU: GYM-COM-114



V TRICEP HANDLE
SKU: GYM-COM-115



EZ CURL HANDLE
SKU: GYM-COM-116



STRAIGHT HANDLE BIG

SKU: GYM-COM-117



STRAIGHT HANDLE SMALL

SKU: GYM-COM-118



SIGLE ROPE HANDLE

SKU: GYM-COM-119



TRICEP ROPE MEDIUM

SKU: GYM-COM-120



BATTLE ROPE HIGH
QUALITY
SKU: GYM-COM-121



SKIPPING ROPE
SKU: GYM-COM-122



PLATES
SKU: GYM-COM-123



KETTLE BELLS
SKU: GYM-COM-124



STRAP HANDLE SET
SKU: GYM-COM-125



TRICEP V HANDLE
SKU: GYM-COM-126



LAT PULL DOWN BAR
LARGE
SKU: GYM-COM-127



FLOOR/GYM MAT
SKU: GYM-COM-128



DUMBBELL

SKU: GYM-COM-129

WEIGHTED BAR

SKU: GYM-COM-130



DUMBELLS

DUMBELLS - Product Specifications

Product Name: DUMBELL

Category: Strength

Subcategory: WEIGHTED DUMBELLS

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): depends on weight

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



DUMBBELLS

DUMBBELLS - Product Specifications

Product Name: DUMBELL

Category: Strength

Subcategory: WEIGHTED DUMBBELLS

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): depends on weight

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

SKG

Technical Specifications

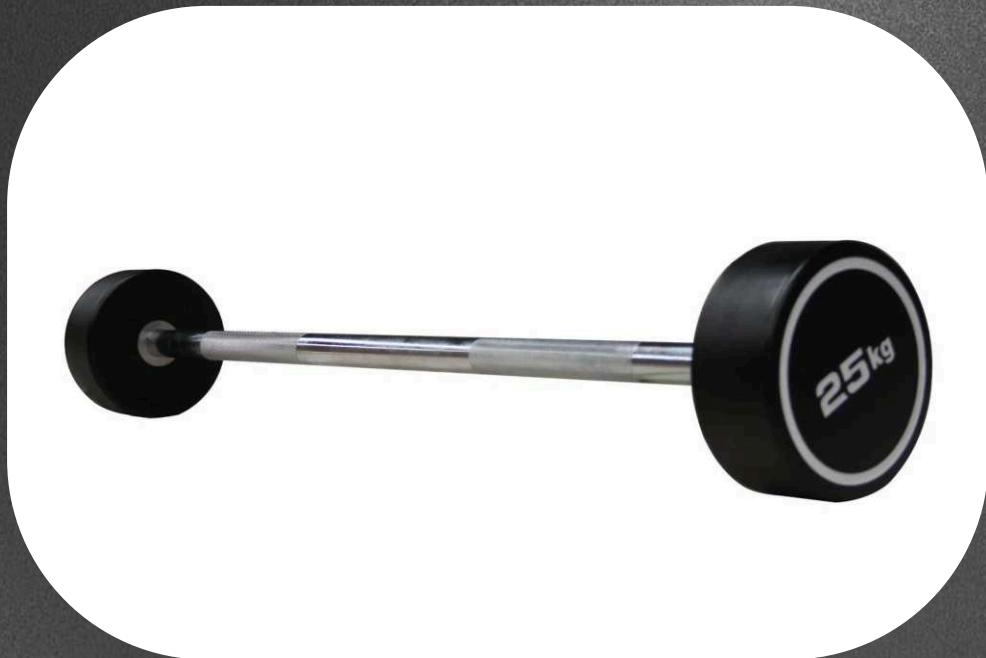
Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



WEIGHTED BARS

WEIGHTED BARS - Product Specifications

Product Name: WEIGHTED BARS

Category: Strength

Subcategory: WEIGHTED DUMBBELLS

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): depends on weight

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



LINEAR ROW MACHINE

Plate Loaded Back Machine - Product Specifications

Product Name: LINEAR ROW MACHINE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ABDOMINAL MACHINE

ABDOMINAL CABLE LOADED - Product Specifications

Product Name: ABDOMINAL CABLE LOADED

Category: Strength

Subcategory: CABLE LOADED Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

Technical Specifications

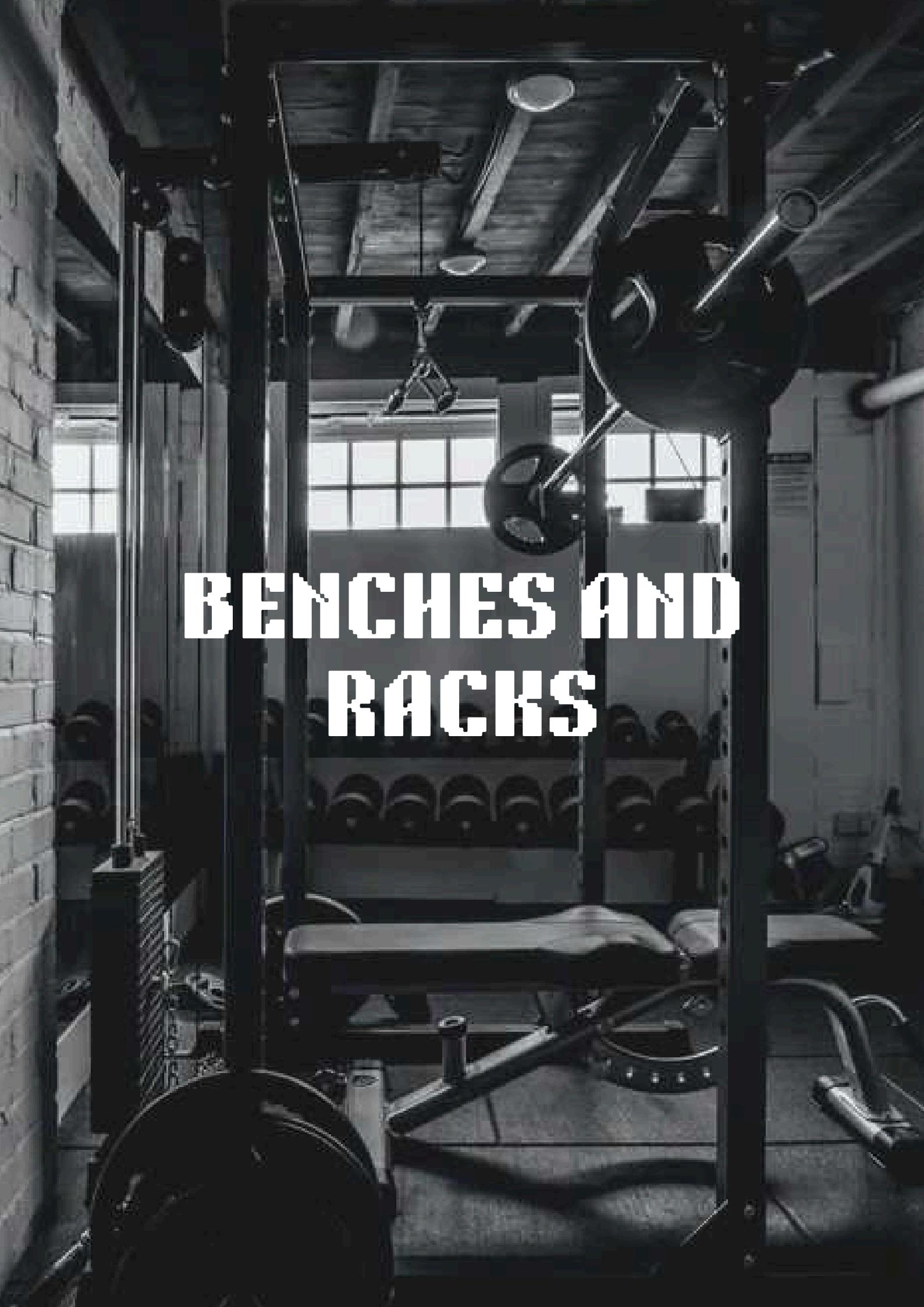
Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



BENCHES AND RACKS



7 HORN VERTICAL PLATE
TREE
SKU: GYM-COM-136



WEIGHT LIFTING
PLATFORM LARGE
SKU: GYM-COM-137



WEIGHT LIFTING
PLATFORM SMALL
SKU: GYM-COM-138



SQUAT RACK ADJUSTABLE
SKU: GYM-COM-139



STANDING PREACHER
BENCH CURL
SKU: GYM-COM-140



POWER CAGE
SKU: GYM-COM-141



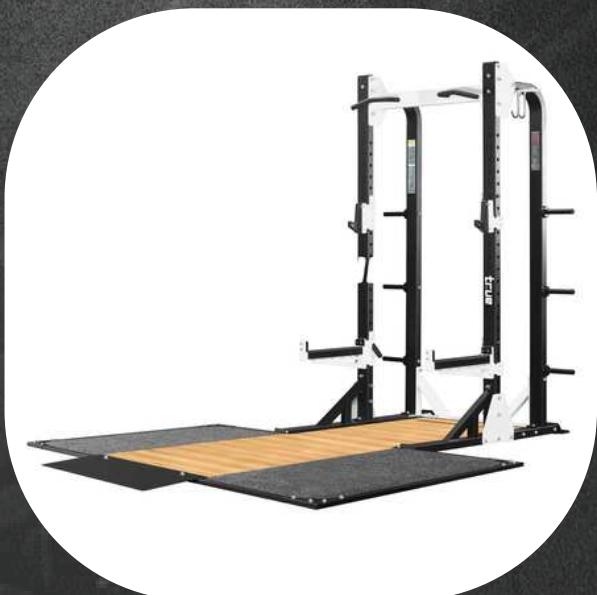
TOP ACCESSORIES RACK
SKU: GYM-COM-142



FUNCTIONAL MAX
SKU: GYM-COM-143



OLYMPIC FLAT BENCH
SKU: GYM-COM-144



HALF RACK WITH
PLATFORM
SKU: GYM-COM-145



VERTICAL DUMBBELL
RACK
SKU: GYM-COM-146



DUMBBELL RACK THREE
TIER
SKU: GYM-COM-147



DUMBBELL RACK TWIN TIER

SKU: GYM-COM-148



BARBELL RACK 6 HOLES

SKU: GYM-COM-149



BEAUTY BELL RACK

SKU: GYM-COM-150



ADDRESS

BRANCH:

18, NSE BOSE NAGAR, PUTHAPEDU, PORUR,
CHENNAI -600116

HEAD QUARTERS:

30, LOHA MARKET MAIN ROAD, NEAR DCP
OFFICE, NEW SILAMPUR PHASE III, NEW
SEELAMPUR, SHAHDARA, DELHI - 110053

PHONE: 9840856456