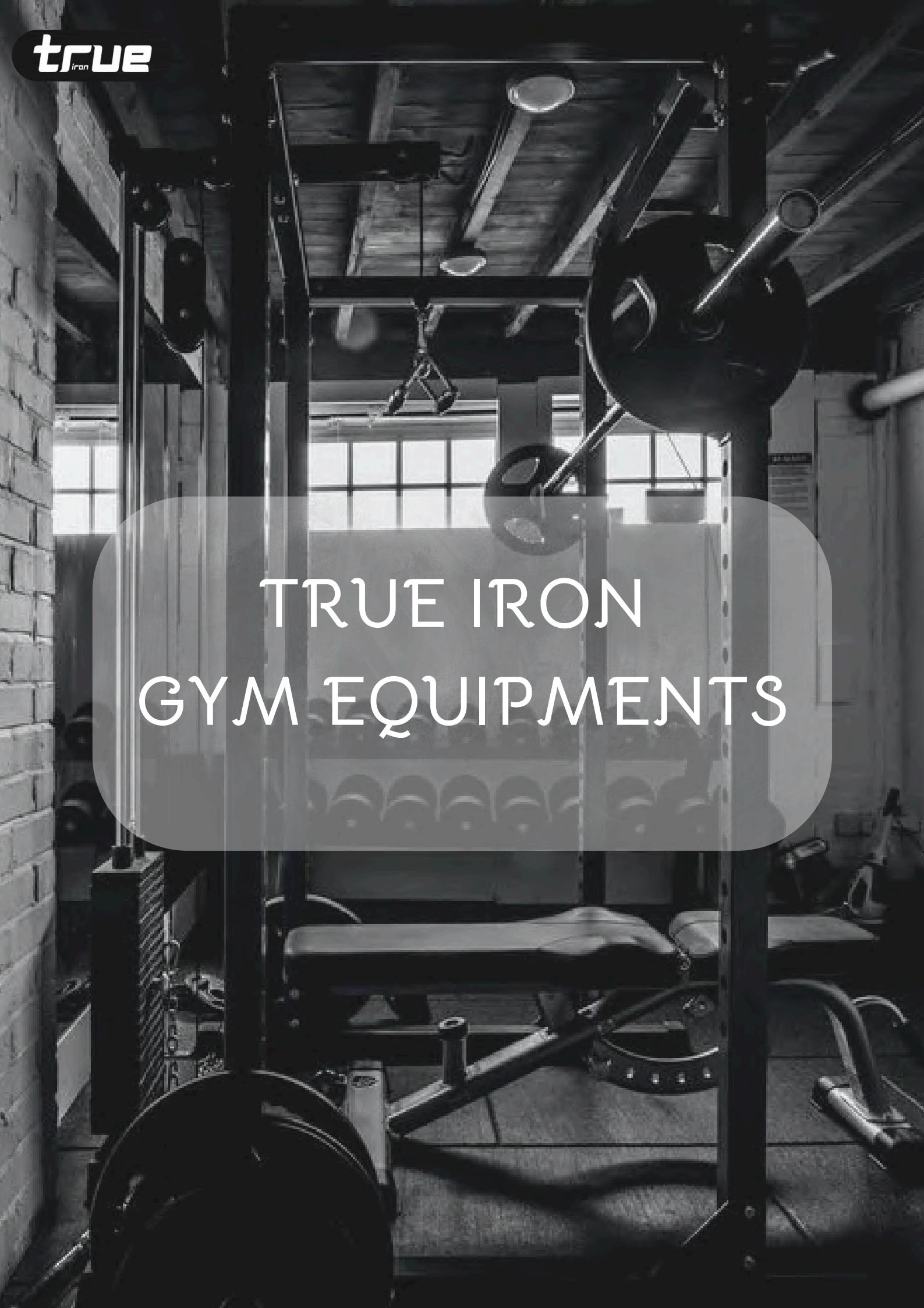


true
iron



TRUE IRON GYM EQUIPMENTS

true
iron



SCAN FOR
WEBSITE



TRUE IRON

At True Iron, we're passionate about empowering every individual and gym owner with cutting-edge fitness equipment that fuels results. From durable treadmills and high-performance cycle machines to strength-training gear and accessories, we provide only the best – designed for performance, safety, and reliability.

Founded in 2024, our mission is simple: to make fitness accessible and effective for everyone. Whether you're building a home gym or managing a commercial fitness center, our expert team is here to guide you with honest advice and top-tier support.

Join thousands of happy customers who trust us for their fitness journey. Your goals are our motivation – and we're here to help you achieve them.

true
iron



CARDIO



TREADMILL MARATHON

Treadmill Marathon - Product Specifications

Product Name: Treadmill Marathon

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL RUN R

Treadmill Marathon - Product Specifications

Product Name: Treadmill RUN R

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL JCT 700

Treadmill Marathon - Product Specifications

Product Name: Treadmill JCT 700

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL JCT 800

Treadmill Marathon - Product Specifications

Product Name: Treadmill JCT 800

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL m8

Treadmill Marathon - Product Specifications

Product Name: Treadmill m8

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL RUN X

Treadmill Marathon - Product Specifications

Product Name: Treadmill RUN X

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



TREADMILL RACELINE

Treadmill Marathon - Product Specifications

Product Name: Treadmill RACELINE

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



CURVE TRADMILL DRAXFIT SPT1000BC

Treadmill Marathon - Product Specifications

Product Name: Treadmill SPT1000BC

Category: Cardio

Subcategory: Treadmills

Display: 9" LCD with blue backlight

Features: Speed & incline adjustments, multiple workout programs

Dimensions (L×W×H): 86 × 38 × 63 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: DC Motor

Continuous Duty HP: 3.0 HP

Peak Duty HP: 6.0 HP

Speed Range: 0.8 – 18 km/h

Incline Range: 0% to 15% (Auto incline)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE JUB 9

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike UBT5000MC

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE DX6U

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike DX6U

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE 6XC7

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike 6XC7

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE DA6U

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike DA6U

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



UPRIGHT BIKE D8

Upright Bike Marathon - Product Specifications

Product Name: Upright Bike D8

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



ELLIPTICAL JEP9

Upright Bike Marathon - Product Specifications

Product Name: ELLIPTICAL JEP9

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



SPINNING BIKE BS 5

Upright Bike Marathon - Product Specifications

Product Name: SPINNING BIKE BS 5

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE DA6R

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike DA6R

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE DX6R

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike DX6R

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKES TBR9000

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike TBR9000

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE R8

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike R8

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



RECUMBENT BIKE JRB 9

Recumbent Bike DA6R - Product Specifications

Product Name: Recumbent Bike JRB 9

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



SKI MACHINE

SKI MACHINE - Product Specifications

Product Name: SKI MACHINE

Category: Cardio

Subcategory: Recumbent Bikes

Display: 15.6" LCD with Android OS and Screen Mirroring

Features: WIFI, HDMI, Bluetooth, Digital TV coaxial cable support

Dimensions (L×W×H): 67 × 23 × 55 inches

Target Muscles: Thighs, Quadriceps, Hamstrings, Calves, Glutes

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable

Peak Duty HP: Not applicable

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed reclined design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling (if applicable; otherwise remove)

Power Supply: 220V, 50-60Hz AC



ELLIPTICAL S1

ELLIPTICAL S1 - Product Specifications

Product Name: ELLIPTICAL JEP9

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



ELLIPTICAL S2

ELLIPTICAL S2 - Product Specifications

Product Name: ELLIPTICAL S2

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



SPINNING BIKE BS 6

Upright Bike Marathon - Product Specifications

Product Name: SPINNING BIKE BS 6

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



SPINNING BIKE BS 7

Upright Bike Marathon - Product Specifications

Product Name: SPINNING BIKE BS 6

Category: Cardio

Subcategory: Upright Bikes

Display: 9" LCD with blue backlight

Features: Resistance & seat adjustments, multiple workout programs

Dimensions (L×W×H): 44 × 23 × 58 inches

Target Muscles: Quadriceps, Hamstrings, Calves, Glutes, Hip Flexors

Motor & Technical Specifications

Motor Type: Magnetic resistance system

Continuous Duty HP: Not applicable (manual/magnetic resistance)

Peak Duty HP: Not applicable (manual/magnetic resistance)

Speed Range: User-controlled pedaling resistance

Incline Range: Not applicable (fixed upright design)

Drive System: Belt-driven system

Cooling System: Internal fan cooling

Power Supply: 220V, 50-60Hz AC



STAIR MASTER V1

Stair Master V1 – Product Specifications

Product Name: Stair Master V1

Category: Cardio

Subcategory: Stair Type

Display: 10" Touchscreen LCD with real-time performance tracking

Features: Variable step height, programmable workouts, heart rate monitoring, and safety stop sensor

Dimensions (L×W×H): 58 × 34 × 78 inches

Target Muscles: Glutes, Quadriceps, Hamstrings, Calves, Hip Flexors, Core

Motor & Technical Specifications

Motor Type: Self-powered alternator system

Continuous Duty HP: Not applicable (self-generating)

Peak Duty HP: Not applicable (self-generating)

Speed Range: 20 to 180 steps per minute

Incline Range: Not applicable (fixed vertical motion)

Drive System: Chain and belt hybrid for smooth and quiet operation

Cooling System: Built-in ventilation fan for motor and user comfort

Power Supply: Self-powered / Optional 110–240V AC for console



STAIR MASTER V2

Stair Climber Pro SMX 500 – Product Specifications

Product Name: Stair Master V1

Category: Cardio

Subcategory: Stair Type

Display: 10" Touchscreen LCD with real-time performance tracking

Features: Variable step height, programmable workouts, heart rate monitoring, and safety stop sensor

Dimensions (L×W×H): 58 × 34 × 78 inches

Target Muscles: Glutes, Quadriceps, Hamstrings, Calves, Hip Flexors, Core

Motor & Technical Specifications

Motor Type: Self-powered alternator system

Continuous Duty HP: Not applicable (self-generating)

Peak Duty HP: Not applicable (self-generating)

Speed Range: 20 to 180 steps per minute

Incline Range: Not applicable (fixed vertical motion)

Drive System: Chain and belt hybrid for smooth and quiet operation

Cooling System: Built-in ventilation fan for motor and user comfort

Power Supply: Self-powered / Optional 110–240V AC for console



AIR ROWER V1

Air Rower – Product Specifications

Product Name: Commercial Air Rower

Category: Cardio

Subcategory: Rowers

Display: Large LCD console with real-time data (Time, Distance, Calories, Strokes/min, Heart Rate, Watts)

Technical Specifications:

- Resistance Type: Air (fan-based)
- Resistance Levels: Infinite (based on effort)
- Drive System: Nickel-plated steel chain or belt drive
- Max User Weight: 150 kg (330 lbs)
- Power Source: Self-powered (batteries for display)
- Frame Material: High-grade aluminum & steel
- Seat Height: 14–20 inches (depending on model)



AIR ROWER V2

Air Rower – Product Specifications

Product Name: Commercial Air Rower

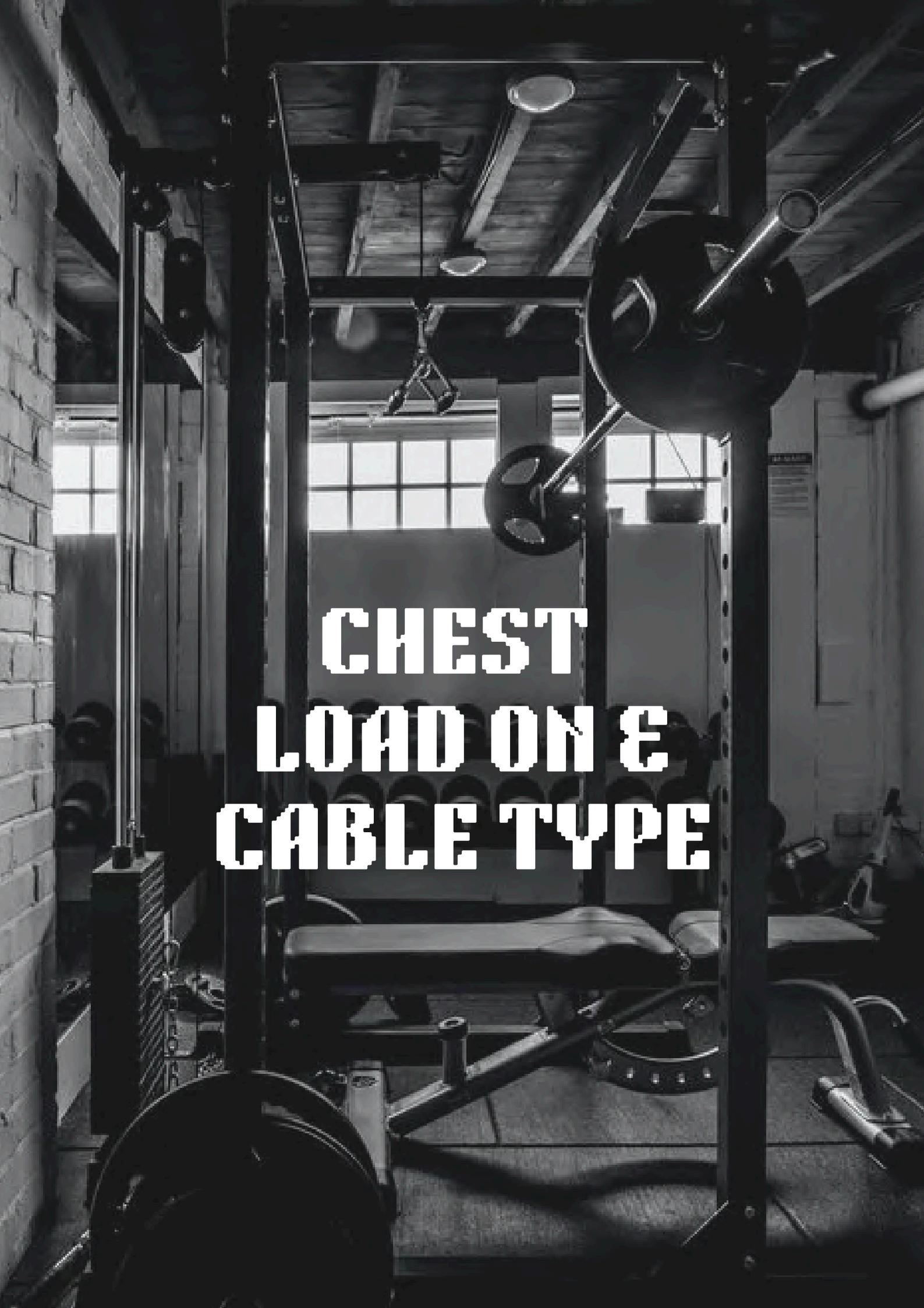
Category: Cardio

Subcategory: Rowers

Display: Large LCD console with real-time data (Time, Distance, Calories, Strokes/min, Heart Rate, Watts)

Technical Specifications:

- Resistance Type: Air (fan-based)
- Resistance Levels: Infinite (based on effort)
- Drive System: Nickel-plated steel chain or belt drive
- Max User Weight: 150 kg (330 lbs)
- Power Source: Self-powered (batteries for display)
- Frame Material: High-grade aluminum & steel
- Seat Height: 14–20 inches (depending on model)



**CHEST
LOAD ON E
CABLE TYPE**



ISOLATERAL CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATERAL CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL DECLINE PRESS - LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



VERTICAL CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: VERTICAL CHEST MACHINE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL CHEST PRESS

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL INCLINE CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



PEC/REAR FLIES

Cable Chest Machine - Product Specifications

Product Name: PEC/REAR FLIES

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



FLAT CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: FLAT CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



MULTI PRESS

Cable Chest Machine - Product Specifications

Product Name: CHEST MULTI PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



INCLINE CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: INCLINE CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



PEC AND REAR FLIES

Cable Chest Machine - Product Specifications

Product Name: PEC AND REAR FLIES

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL PRESS

Cable Chest Machine - Product Specifications

Product Name: VERTICAL PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL PRESS

Cable Chest Machine - Product Specifications

Product Name: PEC FLIES CONCENTRATE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



VERTICAL PRESS

Cable Chest Machine - Product Specifications

Product Name: PEC FLIES CONCENTRATE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



DUAL AXIS DECLINE PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: DUAL AXIS DECLINE PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



FLAT PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: FLAT PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATERAL PEC DEC FLIES LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL PEC DEC LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATERAL INCLINE PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLLATERAL INCLINE PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLLATERAL INCLINE PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: ISOLLATERAL INCLINE PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



DUAL AXIS INCLINE PRESS

Chest Plate Loaded Machine - Product Specifications

Product Name: DUAL AXIS INCLINE PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



CHEST PRESS LOAD ON

Chest Plate Loaded Machine - Product Specifications

Product Name: DUAL PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



INCLINE CHEST PRESS

Chest Plate Loaded Machine - Product Specifications

Product Name: INCLINE CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



WIDE CHEST PRESS

Chest Plate Loaded Machine - Product Specifications

Product Name: WIDE CHEST PRESS LOAD ON TYPE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, ergonomic seat and backrest, adjustable starting position

Dimensions (L×W×H): 68 × 55 × 60 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and start position adjustable

Drive System: Lever and cam-based mechanism with plate loading pegs

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



SEATED CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: SEATED CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



INCLINE CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: INCLINE CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



INCLINE CHEST PRESS

Cable Chest Machine - Product Specifications

Product Name: INCLINE CHEST PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-grip handles, smooth-glide weight stack system

Dimensions (L×W×H): 96 × 38 × 86 inches

Target Muscles: Pectoralis Major (Upper, Middle & Lower Chest), Anterior Deltoids, Biceps, Triceps

Technical Specifications

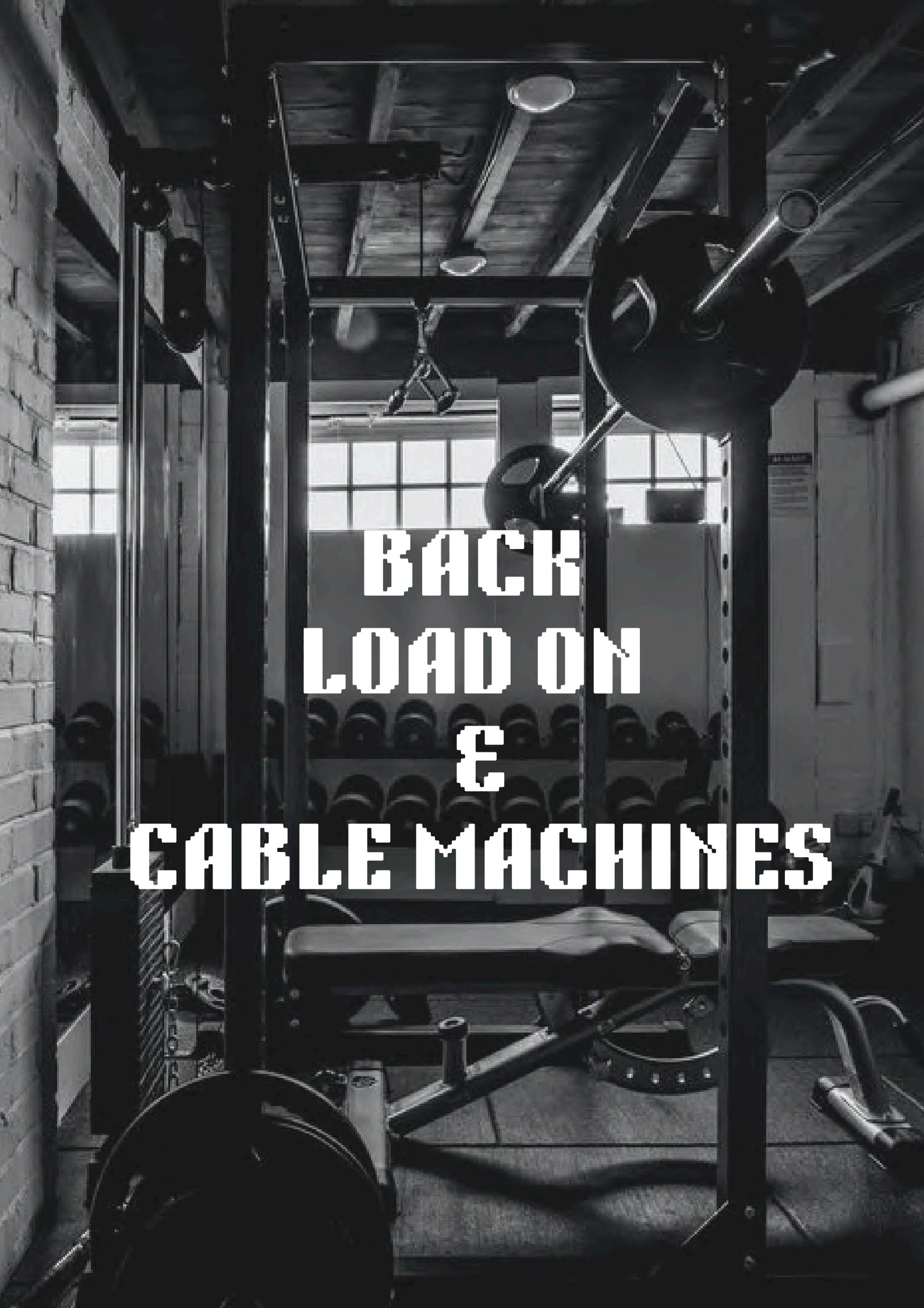
Resistance Type: Weight stack with cable pulley system

Adjustment Options: Pulley height and handle position adjustable

Drive System: High-tension cable system with sealed pulleys

Frame Construction: Reinforced steel frame with anti-rust powder coating

Power Supply: Not required



A black and white photograph of a gym interior. In the foreground, a cable machine is visible, with its cables and pulleys running across the frame. Behind it, a row of weight plates sits on a rack. In the background, there are more gym equipment and a window with multiple panes. The lighting is dramatic, creating strong shadows and highlights.

**BACK
LOAD ON
€
CABLE MACHINES**



LAT PULLDOWN SINGLE PULLEY

Cable Back Machine - Product Specifications

Product Name: LAT PULLDOWN SINGLE PULLEY

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



ASSISTED DIP CHIN MACHINE

Cable Back Machine - Product Specifications

Product Name: ASSISTED DIP CHIN MACHINE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



LONG PULL ROW - DUAL PULLEY

Cable Back Machine - Product Specifications

Product Name: LONG PULL ROW DUAL PULLEY

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



LONG PULL ROW SINGLE PULLEY

Cable Back Machine - Product Specifications

Product Name: LONG PULL ROW SINGLE PULLEY

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



DUAL LAT PULL DOWN

Cable Back Machine - Product Specifications

Product Name: DUAL ALT PULL DOWN

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



SEATED ROW MACHINE

Cable Back Machine - Product Specifications

Product Name: SEATED ROW MACHINE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: High pulley system, adjustable thigh pad, smooth weight stack operation

Dimensions (L×W×H): 70 × 45 × 84 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Biceps

Technical Specifications

Resistance Type: Weight stack with cable pulley system

Adjustment Options: Thigh support height adjustable

Drive System: High-tensile steel cable system with sealed pulleys

Frame Construction: Heavy-gauge steel with corrosion-resistant finish

Power Supply: Not required



ISOLATERAL HIGH ROW

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL HIGH ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ISOLATERAL PULL DOWN

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL PULL DOWN

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ISOLATERAL D.Y ROW

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL D.Y ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



REVERSE FRONT LAT PULL DOWN

Plate Loaded Back Machine - Product Specifications

Product Name: REVERSE FRONT LAT PULL DOWN

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



PULL OVER

Plate Loaded Back Machine - Product Specifications

Product Name: PULL OVER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MID ROW

Plate Loaded Back Machine - Product Specifications

Product Name: MID ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



LOW ROW

Plate Loaded Back Machine - Product Specifications

Product Name: LOW ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



INCLINE T BAR

Plate Loaded Back Machine - Product Specifications

Product Name: INCLINE T BAR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MULTI ANGLED T BAR

Plate Loaded Back Machine - Product Specifications

Product Name: MULTI ANGLED T BAR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ISOLATERAL ROW

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



SHOULDER PRESS 2

Shoulder Plate Loaded Machine - Product Specifications

Product Name: SHOULDER PRESS 2

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



MULTI LINEAR BENCH

Shoulder Plate Loaded Machine - Product Specifications

Product Name: MULTI LINEAR BENCH

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ISOLATED SEATED LATERAL RAISE

Shoulder Plate Loaded Machine - Product Specifications

Product Name: ISOLATED SEATED LATERAL RAISE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



SHRUGS/DEADLIFT

Shoulder Plate Loaded Machine - Product Specifications

Product Name: SHRUGS/DEADLIFT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



SEATED/STANDING SHRUGS

Shoulder Plate Loaded Machine - Product Specifications

Product Name: SEATED/STANDING SHRUGS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



LAT PULL DOWN

LAT PULL DOWN Loaded Machine - Product Specifications

Product Name: LAT PULL DOWN

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



LOW ROW

LOW ROW Loaded Machine - Product Specifications

Product Name: LOW ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



ROW MACHINE

ROW Loaded Machine - Product Specifications

Product Name: ROW MACHINE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

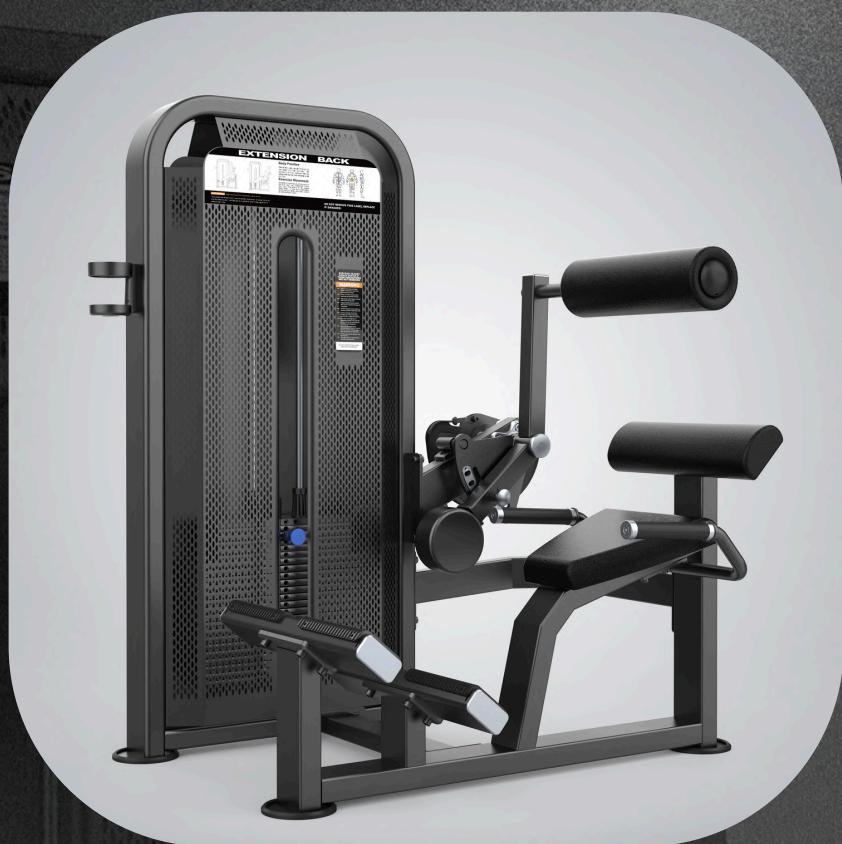
Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



BACK EXTENSION

BACK EXTENSION - Product Specifications

Product Name: BACK EXTENSION

Category: Strength

Subcategory: CABLE Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



DIP CHIN ASSIST

DIP CHIN ASSIST- Product Specifications

Product Name: DIP CHIN ASSIST

Category: Strength

Subcategory: CABLE Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



BACK ROW MACHINE

BACK ROW MACHINE- Product Specifications

Product Name: BACK ROW MACHINE

Category: Strength

Subcategory: CABLE Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



LONG PULL ROW PULLEY TYPE

LONG PULL ROW PULLEY TYPE- Product Specifications

Product Name: LONG PULL ROW PULLEY TYPE

Category: Strength

Subcategory: CABLE Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required



VERTICAL ROW

VERTICAL ROW- Product Specifications

Product Name: VERTICAL ROW

Category: Strength

Subcategory: CABLE Loaded Machines

Display: Not applicable

Features: Independent arm movement, adjustable seat, angled backrest for optimal shoulder alignment

Dimensions (L×W×H): 66 × 50 × 60 inches

Target Muscles: Deltoids (Anterior, Medial), Trapezius, Triceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and starting position adjustable

Drive System: Lever-based pressing system with plate loading arms

Frame Construction: Heavy-duty steel frame with powder-coated finish

Power Supply: Not required

**ARMS
LOAD ON MACHINES**



TRICEP DIP PLATE LOADED

Arms Plate Loaded Machine - Product Specifications

Product Name: TRICEP DIP PLATE LOADED

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



ARM CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: ARM CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



ISOLATERAL BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



INCLINE TRICEP EXTENSION

Arms Plate Loaded Machine - Product Specifications

Product Name: INCLINE TRICEP EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



INCLINE BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: INCLINE BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



INCLINE BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: INCLINE BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



SEATED TRICEP DIP

SEATED TRICEP DIP - Product Specifications

Product Name: SEATED TRICEP DIP

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



SEATED TRICEP DIP

SEATED TRICEP DIP - Product Specifications

Product Name: SEATED TRICEP DIP

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



BICEP CURLS

BICEP CURLS - Product Specifications

Product Name: BICEP CURLS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



CAMPER CURL AND TRICEPS

CAMPER CURL AND TRICEPS - Product Specifications

Product Name: CAMPER CURL AND TRICEPS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

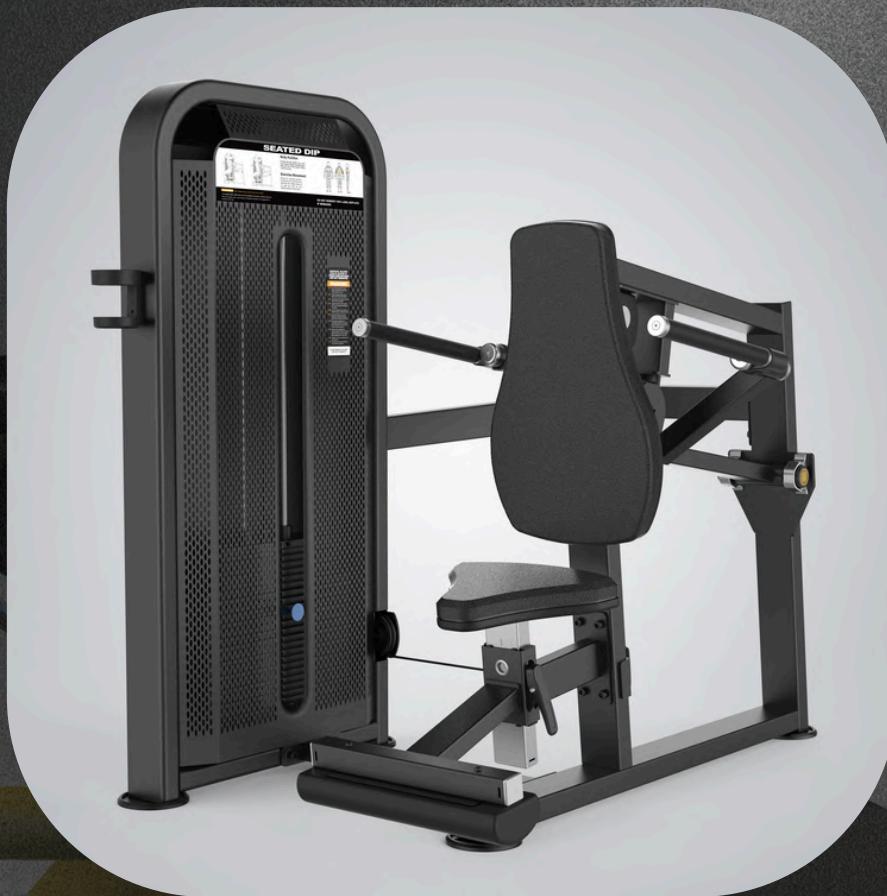
Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



SEATED TRICEP DIP

SEATED TRICEP DIP - Product Specifications

Product Name: SEATED TRICEP DIP

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



LEG



ISOLATERAL LEG PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SEATED TIBIA TRAINER

Leg Plate Loaded Machine - Product Specifications

Product Name: SEATED TIBIA TRAINER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STRENGTH CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: STRENGTH CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



BELT SQUAT

Leg Plate Loaded Machine - Product Specifications

Product Name: BELT SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SEATED CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: SEATED CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STANDING ABDUCTOR

Leg Plate Loaded Machine - Product Specifications

Product Name: STANDING ABDUCTOR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



HIP THRUST PLATE LOADED

Leg Plate Loaded Machine - Product Specifications

Product Name: HIP THRUST PLATE LOADED

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ISOLATERAL LEG EXTENSION

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



45° Leg Press

Leg Plate Loaded Machine - Product Specifications

Product Name: 45° Leg Press

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ISOLATERAL STANDING LEG CURL

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL STANDING LEG CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ISOLATERAL LEG CURL

Leg Plate Loaded Machine - Product Specifications

Product Name: ISOLATERAL LEG CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



HACK SQUAT

Leg Plate Loaded Machine - Product Specifications

Product Name: HACK SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



VERTICAL LEG PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: VERTICAL LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG PRESS/HACK SQUAT COMBO

Leg Plate Loaded Machine - Product Specifications

Product Name: LEG PRESS/HACK SQUAT COMBO

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LYING VERTICAL PRESS

Leg Plate Loaded Machine - Product Specifications

Product Name: LYING VERTICAL PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SEATED CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: SEATED CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



TIBIA TRAINER

Leg Plate Loaded Machine - Product Specifications

Product Name: TIBIA TRAINER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



ANGLED CALF

Leg Plate Loaded Machine - Product Specifications

Product Name: ANGLED CALF

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



HIP THRUST

Leg Plate Loaded Machine - Product Specifications

Product Name: HIP THRUST

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



POWER SQUAT

Leg Plate Loaded Machine - Product Specifications

Product Name: POWER SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



POWER SQUAT 1

Leg Plate Loaded Machine - Product Specifications

Product Name: POWER SQUAT

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STANDING ABDUCTOR

STANDING ABDUCTOR - Product Specifications

Product Name: STANDING ABDUCTOR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STANDING ABDUCTOR

STANDING ABDUCTOR - Product Specifications

Product Name: STANDING ABDUCTOR

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG PRESS

LEG PRESS - Product Specifications

Product Name: LEG PRESS

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



CALF MACHINE

CALF MACHINE - Product Specifications

Product Name: CALF MACHINE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



STANDING LEG CURL

STANDING LEG CURL- Product Specifications

Product Name: STANDING LEG CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG EXTENSION

LEG EXTENSION Product Specifications

Product Name: LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

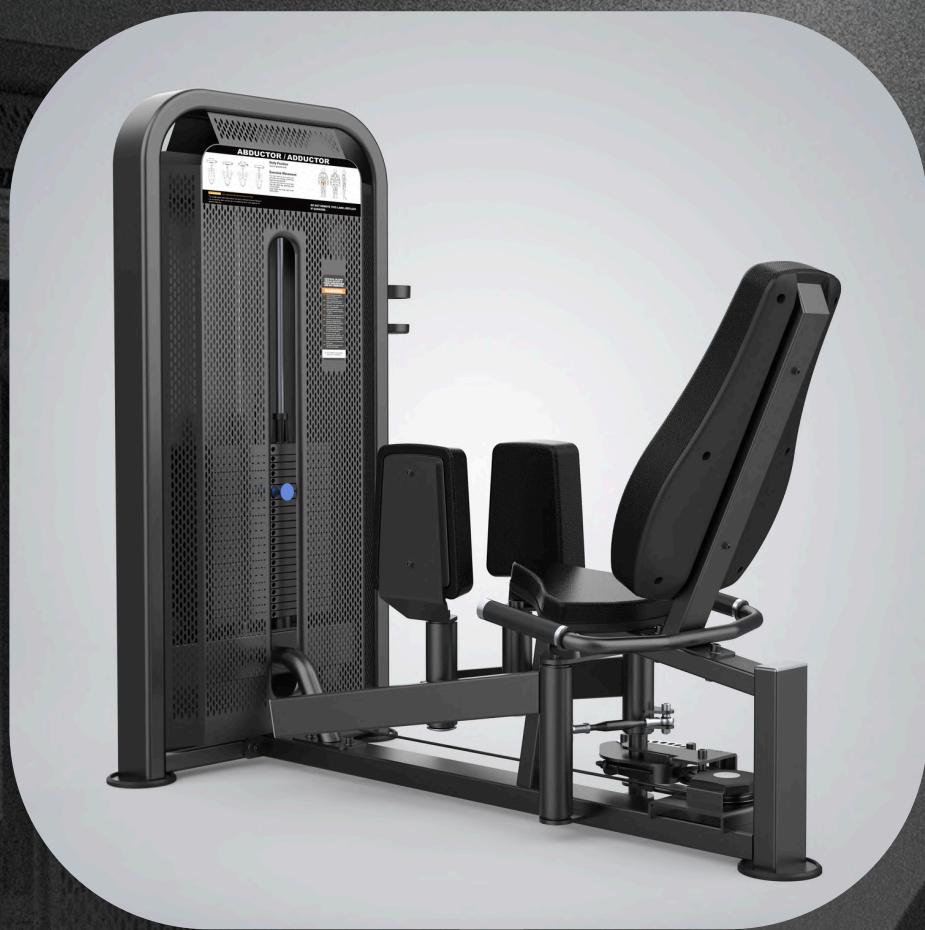
Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG EXTENSION

LEG EXTENSION Product Specifications

Product Name: LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

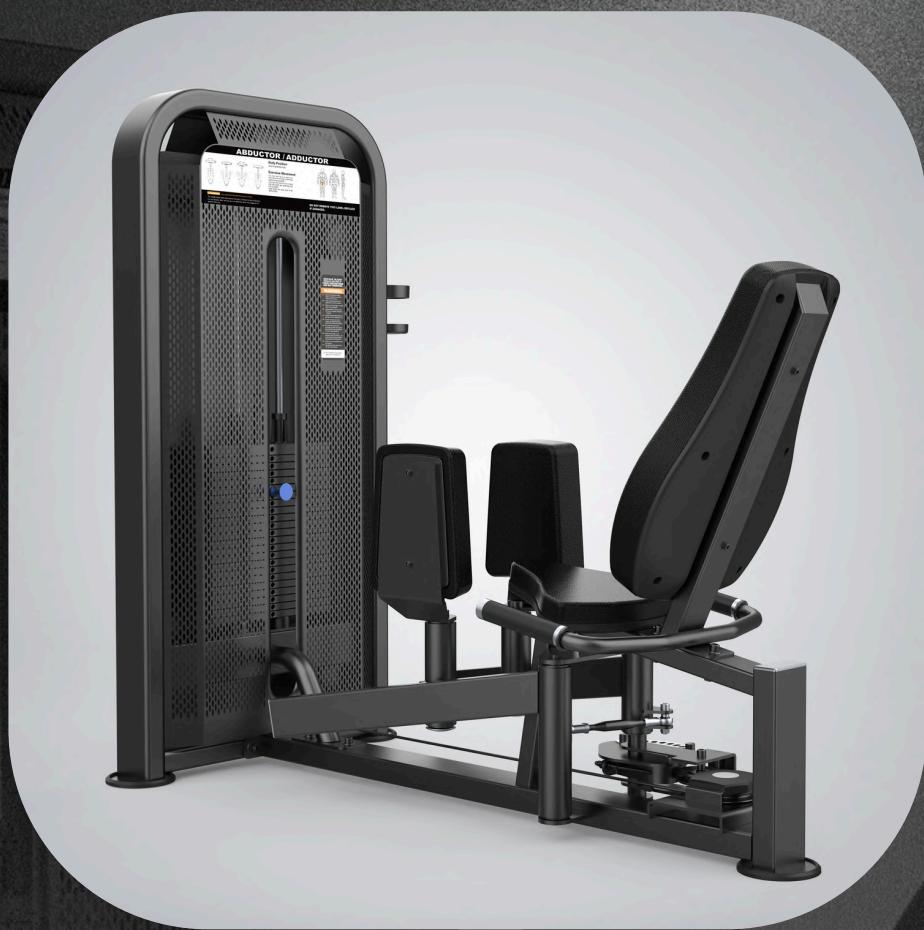
Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG EXTENSION

LEG EXTENSION Product Specifications

Product Name: LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG EXTENSION

LEG EXTENSION Product Specifications

Product Name: LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

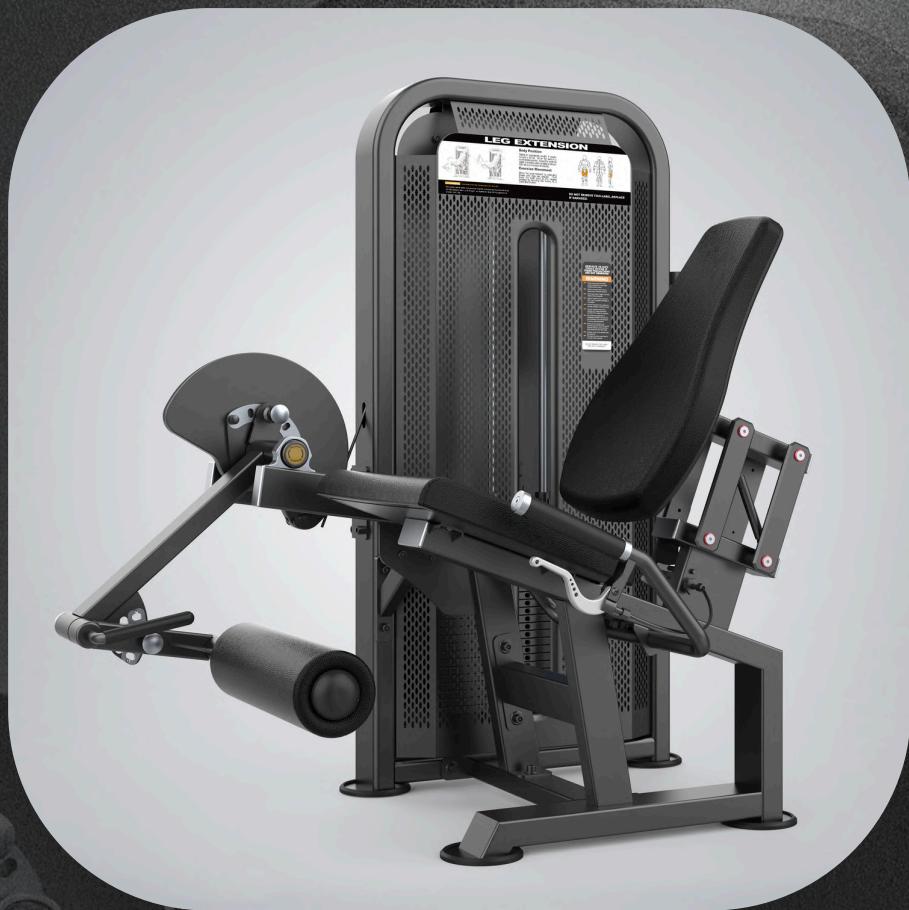
Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG EXTENSION

LEG EXTENSION Product Specifications

Product Name: LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

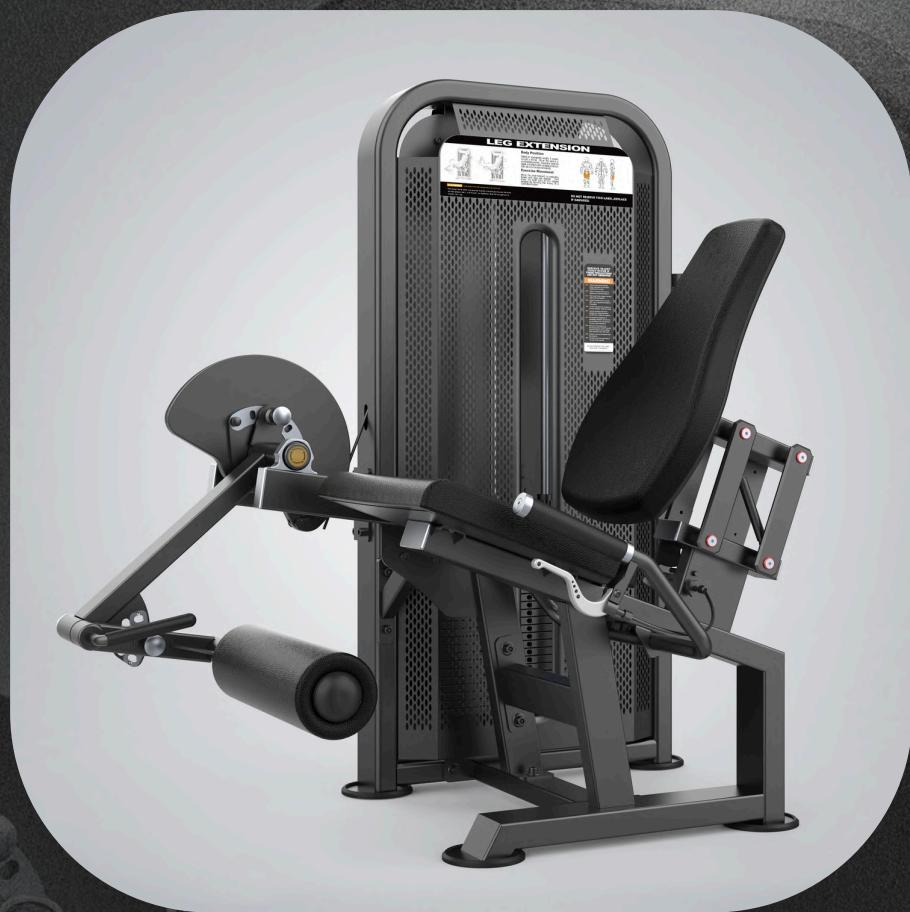
Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



LEG EXTENSION

LEG EXTENSION Product Specifications

Product Name: LEG EXTENSION

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



POWER SQUAT 3

Leg Plate Loaded Machine - Product Specifications

Product Name: POWER SQUAT 3

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design (leg press and hack squat), adjustable backrest and footplate angles, heavy-duty sled system

Dimensions (L×W×H): 85 × 42 × 60 inches

Target Muscles: Quadriceps, Hamstrings, Glutes, Calves

Technical Specifications

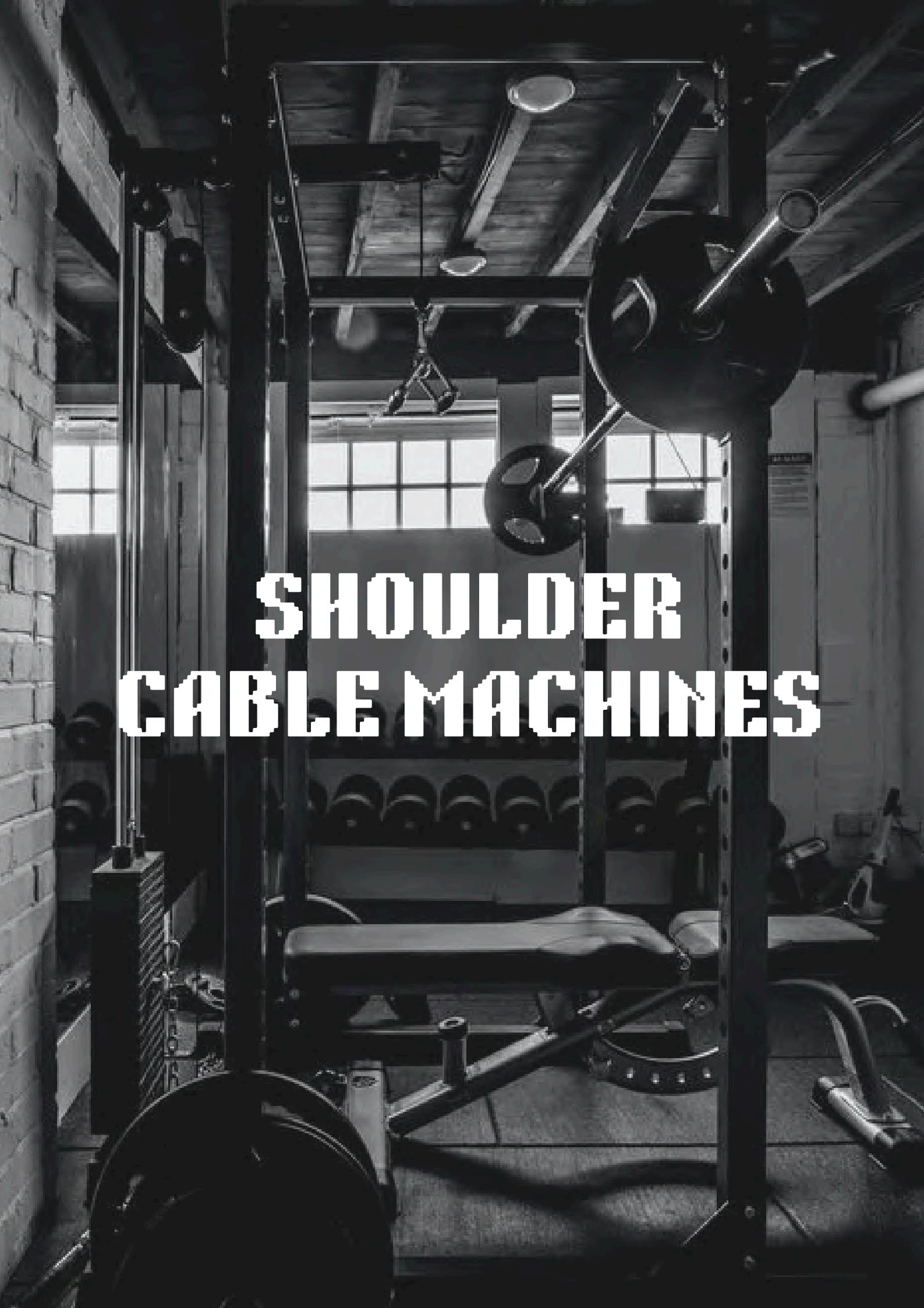
Resistance Type: Manual plate-loaded system

Adjustment Options: Backrest angle, footplate position, and shoulder pad height adjustable

Drive System: Linear bearing sled with guide rods and plate pegs

Frame Construction: Reinforced steel frame with anti-rust powder-coated finish

Power Supply: Not required



SHOULDER CABLE MACHINES



LATERAL RAISE

Product Name: LATERAL RAISE

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



INCLINE SHOULDER PRESS

Product Name: INCLINE SHOULDER PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SHOULDER PRESS

Product Name: SHOULDER PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SHOULDER PRESS

Product Name: SHOULDER PRESS

Category: Strength

Subcategory: Cable Machines

Display: Not applicable

Features: Dual adjustable pulleys, multi-angle shoulder movement support, rotatable handles for front, lateral, and rear delt exercises

Dimensions (L×W×H): 72 × 36 × 82 inches

Target Muscles: Deltoids (Anterior, Medial, Posterior), Trapezius, Supraspinatus

Technical Specifications

Resistance Type: Weight stack with high-tension cable system

Adjustment Options: Pulley height and handle angle adjustable

Drive System: Smooth pulley and cable mechanism with sealed bearing system

Frame Construction: Heavy-duty steel frame with electrostatic powder coating

Power Supply: Not required



SEATED TRICEP DIP

Arms Plate Loaded Machine - Product Specifications

Product Name: SEATED TRICEP DIP

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



WRIST CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: WRIST CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



BICEP CURL

Arms Plate Loaded Machine - Product Specifications

Product Name: BICEP CURL

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): 50 × 40 × 48 inches

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



ACCESSORIES



DUAL CONNECTOR EZ BAR
SKU: GYM-COM-097



DUAL CONNECTOR
STRAIGHT BAR
SKU: GYM-COM-098



DUAL CONNECTOR
STRAIGHT BAR
SKU: GYM-COM-099

CONNECTOR PLATE
SKU: GYM-COM-100

true
iron



CURVED D HANDLE SMALL

SKU: GYM-COM-101



MAG ROWING HANDLE

SMALL

SKU: GYM-COM-102



MAG ROWING HANDLE

MEDIUM

SKU: GYM-COM-103



MAG ROWING HANDLE

LARGE

SKU: GYM-COM-104



LAT PULL DOWN STRAIGHT
HANDLE
SKU: GYM-COM-105



STRAIGHT D HANDLE
SMALL
SKU: GYM-COM-106



STRAIGHT D HANDLE
LARGE
SKU: GYM-COM-107



SQUARE HANDLE
SKU: GYM-COM-108



D ROWING HANDLE
SKU: GYM-COM-109



CURVE D HANDLE
SKU: GYM-COM-110



TRICEP ROPE
SKU: GYM-COM-111



ROWING HANDLE
SKU: GYM-COM-112



STRAP HANDLE
SKU: GYM-COM-113



RESISTANCE BAND
SKU: GYM-COM-114



V TRICEP HANDLE
SKU: GYM-COM-115



EZ CURL HANDLE
SKU: GYM-COM-116



STRAIGHT HANDLE BIG

SKU: GYM-COM-117



STRAIGHT HANDLE SMALL

SKU: GYM-COM-118



SIGLE ROPE HANDLE

SKU: GYM-COM-119



TRICEP ROPE MEDIUM

SKU: GYM-COM-120



BATTLE ROPE HIGH
QUALITY
SKU: GYM-COM-121



SKIPPING ROPE
SKU: GYM-COM-122



PLATES
SKU: GYM-COM-123



KETTLE BELLS
SKU: GYM-COM-124



STRAP HANDLE SET
SKU: GYM-COM-125



TRICEP V HANDLE
SKU: GYM-COM-126



LAT PULL DOWN BAR
LARGE
SKU: GYM-COM-127



FLOOR/GYM MAT
SKU: GYM-COM-128



DUMBBELL

SKU: GYM-COM-129

WEIGHTED BAR

SKU: GYM-COM-130



DUMBELLS

DUMBELLS - Product Specifications

Product Name: DUMBELL

Category: Strength

Subcategory: WEIGHTED DUMBELLS

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): depends on weight

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



DUMBELLS

DUMBELLS - Product Specifications

Product Name: DUMBELL

Category: Strength

Subcategory: WEIGHTED DUMBELLS

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): depends on weight

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

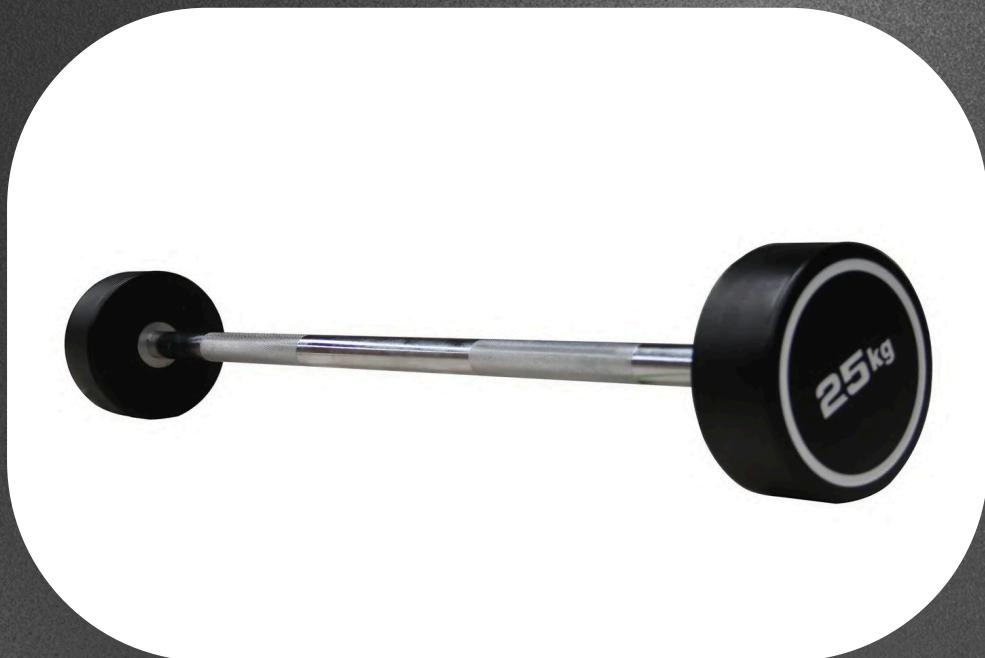
Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



WEIGHTED BARS

WEIGHTED BARS - Product Specifications

Product Name: WEIGHTED BARS

Category: Strength

Subcategory: WEIGHTED DUMBBELLS

Display: Not applicable

Features: Dual-function design for curls and extensions, ergonomic arm pad, adjustable seat height

Dimensions (L×W×H): depends on weight

Target Muscles: Biceps Brachii, Brachialis, Triceps Brachii

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height and pivot position adjustable

Drive System: Rotational lever system with plate loading arms

Frame Construction: Heavy-duty steel tubing with powder-coated finish

Power Supply: Not required



LINEAR ROW MACHINE

Plate Loaded Back Machine - Product Specifications

Product Name: LINEAR ROW MACHINE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ABDOMINAL MACHINE

ABDOMINAL CABLE LOADED - Product Specifications

Product Name: ABDOMINAL CABLE LOADED

Category: Strength

Subcategory: CABLE LOADED Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

Technical Specifications

Resistance Type: Manual plate-loaded system

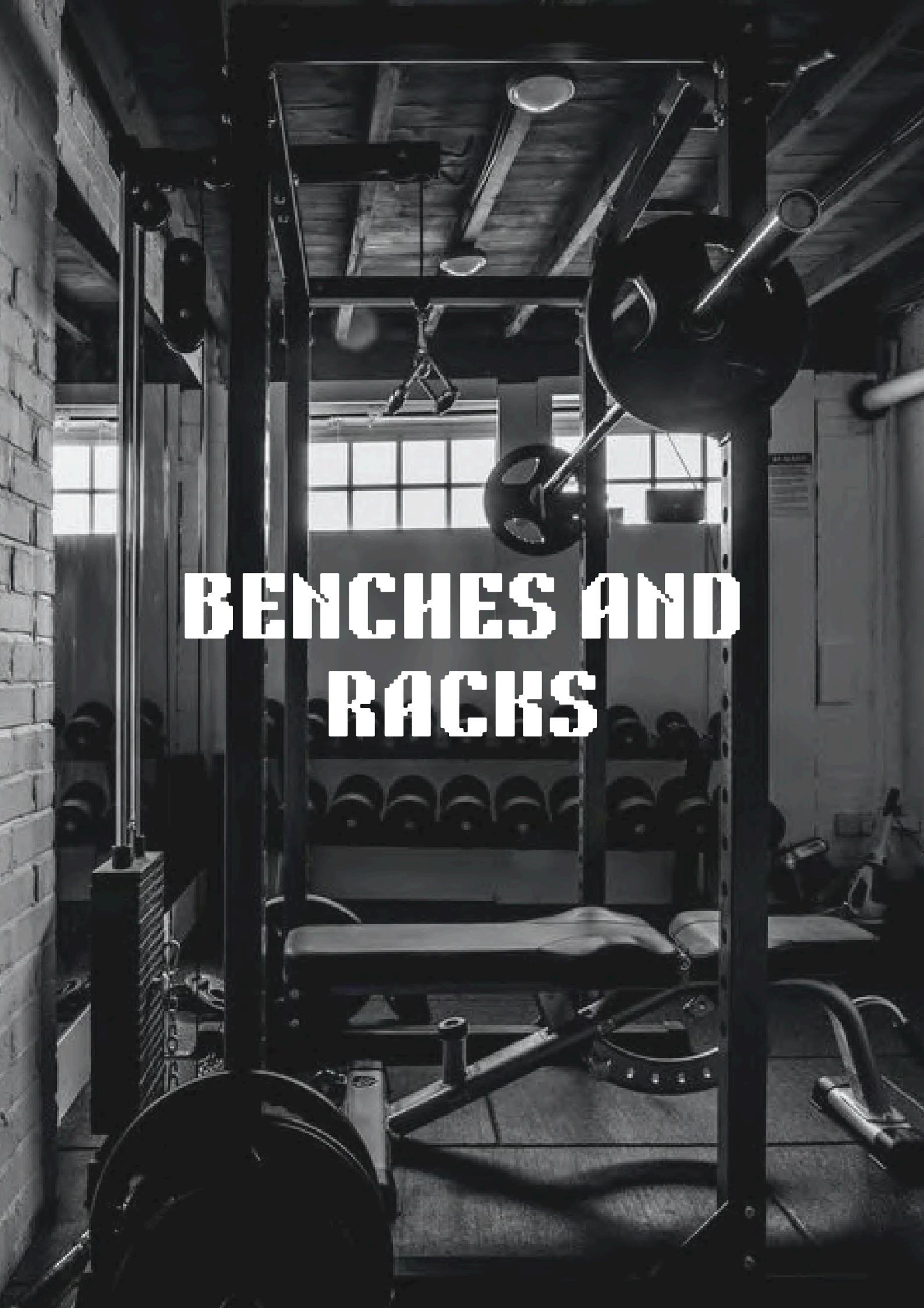
Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required

10LBS	5KGS
20LBS	10KGS
30LBS	15KGS
40LBS	20KGS
50LBS	25KGS
60LBS	30KGS
70LBS	35KGS
80LBS	40KGS
90LBS	45KGS
100LBS	50KGS
110LBS	55KGS
120LBS	60KGS
130LBS	65KGS
140LBS	70KGS
150LBS	75KGS
160LBS	80KGS
170LBS	85KGS
180LBS	90KGS
190LBS	95KGS
200LBS	100KGS



BENCHES AND RACKS



7 HORN VERTICAL PLATE
TREE
SKU: GYM-COM-136



WEIGHT LIFTING
PLATFORM LARGE
SKU: GYM-COM-137



WEIGHT LIFTING
PLATFORM SMALL
SKU: GYM-COM-138



SQUAT RACK ADJUSTABLE
SKU: GYM-COM-139

true
iron



STANDING PREACHER
BENCH CURL
SKU: GYM-COM-140



POWER CAGE
SKU: GYM-COM-141



TOP ACCESSORIES RACK
SKU: GYM-COM-142



FUNCTIONAL MAX
SKU: GYM-COM-143



OLYMPIC FLAT BENCH
SKU: GYM-COM-144



HALF RACK WITH
PLATFORM
SKU: GYM-COM-145



VERTICAL DUMBBELL
RACK
SKU: GYM-COM-146



DUMBBELL RACK THREE
TIER
SKU: GYM-COM-147

true
iron



DUMBBELL RACK TWIN TIER

SKU: GYM-COM-148



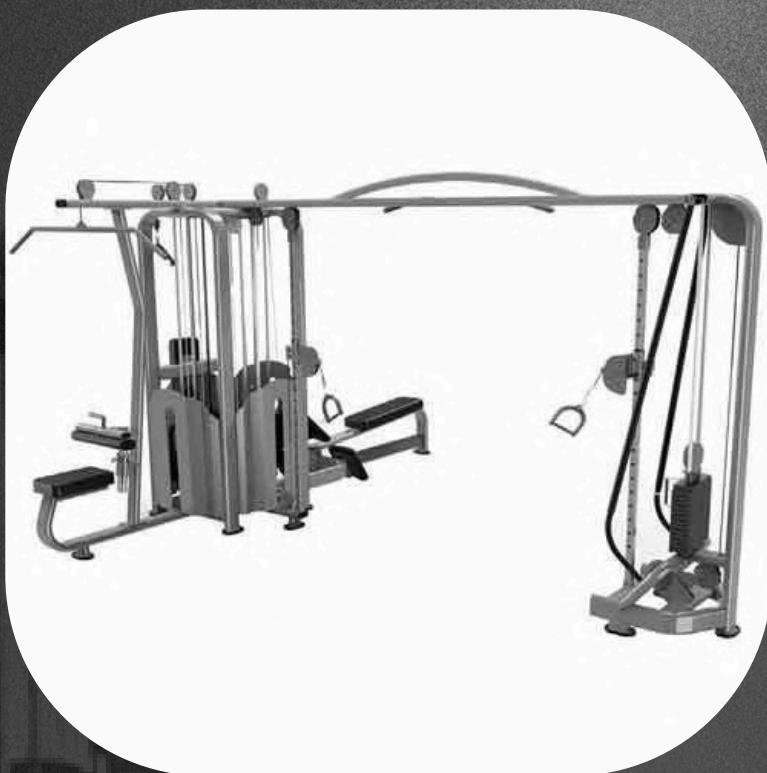
BARBELL RACK 6 HOLES

SKU: GYM-COM-149



BEAUTY BELL RACK

SKU: GYM-COM-150



MULTIPURPOSE 1

MULTIPURPOSE MACHINE - Product Specifications

Product Name: MULTIPURPOSE 1

Category: Strength

Subcategory: CABLE LOADED Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MULTIPURPOSE 2

MULTIPURPOSE MACHINE - Product Specifications

Product Name: MULTIPURPOSE 2

Category: Strength

Subcategory: CABLE LOADED Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MULTIPURPOSE 3

MULTIPURPOSE MACHINE - Product Specifications

Product Name: MULTIPURPOSE 3

Category: Strength

Subcategory: CABLE LOADED Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



MULTIPURPOSE 4

MULTIPURPOSE MACHINE - Product Specifications

Product Name: MULTIPURPOSE 4

Category: Strength

Subcategory: CABLE LOADED Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Erector Spine, Trapezius, Latissimus Dorsi, Rear Deltoids & Biceps

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



BACK EXTENSION
SKU: GYM-COM-155



POWER BENCH
SKU: GYM-COM-156



UTILITY BENCH
SKU: GYM-COM-157



GLUTE HAM DEVELOPER
SKU: GYM-COM-158



POWER BENCH
ADJUSTABLE
SKU: GYM-COM-159



OLYMPIC DECLINE BENCH
SKU: GYM-COM-160



SUPER BENCH
SKU: GYM-COM-161



WORK BENCH
SKU: GYM-COM-162



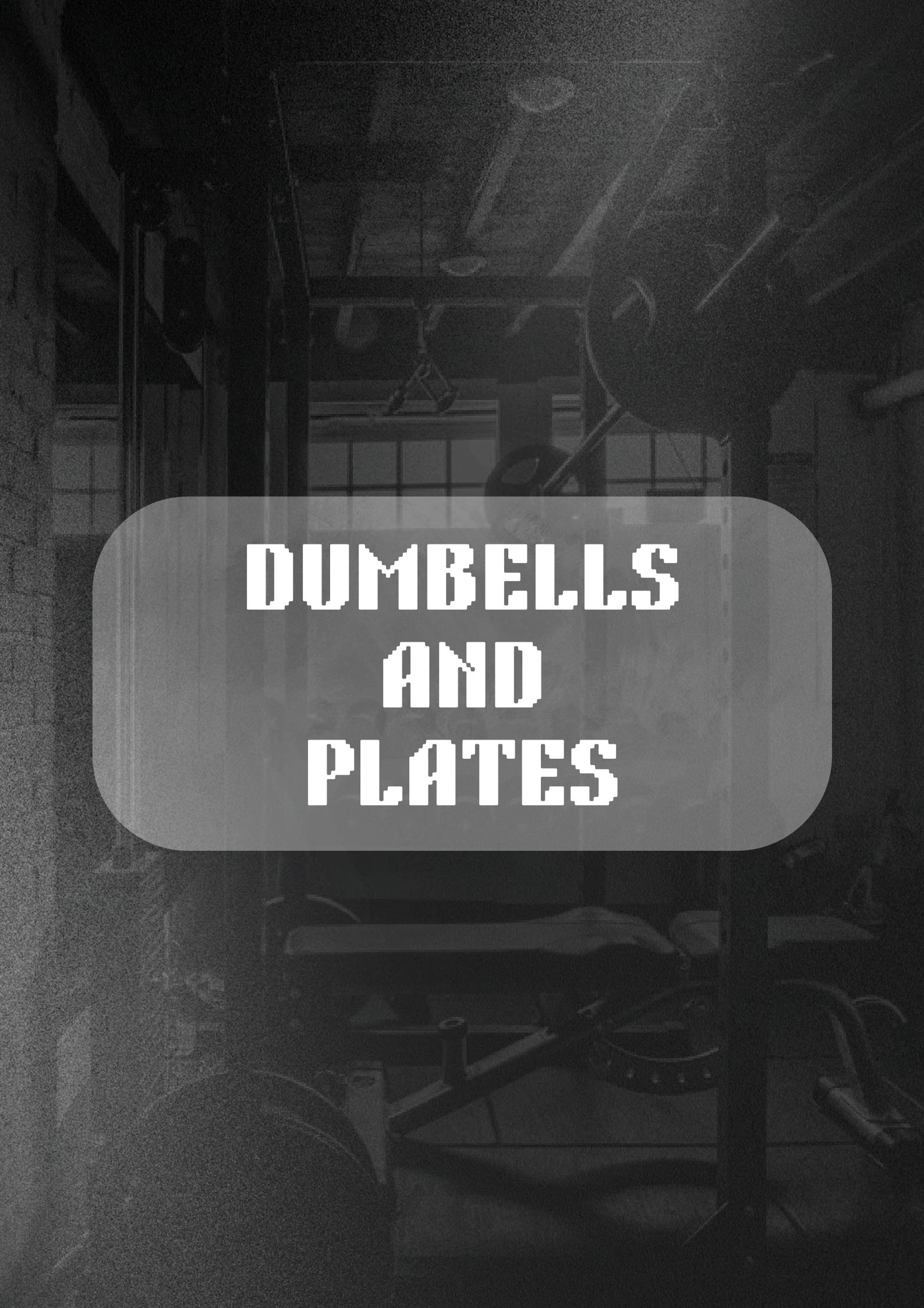
POWER BENCH
ADJUSTABLE
SKU: GYM-COM-163



ABDOMINAL BOARD
ADJUSTABLE
SKU: GYM-COM-164



OLYMPIC FLAT BENCH
SKU: GYM-COM-165



A dark, grainy photograph of a gym interior. In the background, a person is working out on a machine. The foreground is dominated by a large, semi-transparent white oval containing the text.

**DUMBBELLS
AND
PLATES**

true
iron



WEIGHTED PLATES V1

SKU: GYM-COM-166



WEIGHTED PLATES V2

SKU: GYM-COM-167



WEIGHTED PLATES V3

SKU: GYM-COM-168



DUMBBELL V1

SKU: GYM-COM-169

true
iron



DUMBBELL V2

SKU: GYM-COM-170



GYM FAN M1

High-Performance Industrial Gym Fan – Product Specifications

Product Name: TurboCool GYM AIR 360

Category: Utilities

Subcategory: Fans

Display: N/A (Manual Control Panel)

Features: Adjustable 3-speed control, 360° rotation, wall/stand mount options, low noise operation, durable metal blades

Dimensions (L×W×H): 28 × 12 × 30 inches

Target Use: Ventilation, Air Circulation, Temperature Control, Enhanced Workout Com

Motor & Technical Specifications

Motor Type: Heavy-duty copper-wound AC motor

Continuous Duty HP: 1/3 HP

Peak Duty HP: 1/2 HP

Speed Range: 900 – 1450 RPM (3 levels)

Incline Range: Manual tilt adjustment (0° – 90°)

Drive System: Direct drive

Cooling System: Integrated motor cooling vent

Power Supply: 220V-240V, 50-60Hz AC



GYM FAN M2

High-Performance Industrial Gym Fan – Product Specifications

Product Name: TurboCool GYM AIR 360

Category: Utilities

Subcategory: Fans

Display: N/A (Manual Control Panel)

Features: Adjustable 3-speed control, 360° rotation, wall/stand mount options, low noise operation, durable metal blades

Dimensions (L×W×H): 28 × 12 × 30 inches

Target Use: Ventilation, Air Circulation, Temperature Control, Enhanced Workout Com

Motor & Technical Specifications

Motor Type: Heavy-duty copper-wound AC motor

Continuous Duty HP: 1/3 HP

Peak Duty HP: 1/2 HP

Speed Range: 900 – 1450 RPM (3 levels)

Incline Range: Manual tilt adjustment (0° – 90°)

Drive System: Direct drive

Cooling System: Integrated motor cooling vent

Power Supply: 220V-240V, 50-60Hz AC



A dark, grainy photograph of a factory interior. In the background, there are large pipes, scaffolding, and industrial structures. In the foreground, a person's hand is visible, reaching towards a piece of machinery. The overall atmosphere is gritty and industrial.

UNIQUE MACHINES



HYPÉR LAT PULL DOWN

Plate Loaded Back Machine - Product Specifications

Product Name: ISOLATERAL HIGH ROW

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: Latissimus Dorsi, Rhomboids, Trapezius, Posterior Deltoids

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



ABDOMINAL MACHINE

ABDOMINAL MACHINE- Product Specifications

Product Name: ABDOMINAL MACHINE

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: Independent lever arms, chest pad support, adjustable seat

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: ABDOMEN

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



GLUTE HAM DEVELOPER

GLUTE HAM DEVELOPER - Product Specifications

Product Name: GLUTE HAM DEVELOPER

Category: Strength

Subcategory: Plate Loaded Machines

Display: Not applicable

Features: FANTASTIC ADJUSTMENTS

Dimensions (L×W×H): 65 × 50 × 60 inches

Target Muscles: GLUTES

Technical Specifications

Resistance Type: Manual plate-loaded system

Adjustment Options: Seat height adjustable

Drive System: Lever and cam system with plate loading pins

Frame Construction: Solid steel frame with textured powder-coated finish

Power Supply: Not required



SQUAT BENCH



BODY BUILDING TANK



FLIP TYRE



HIP THRUST



DEADLIFT



ROPE MASTER



SISSY SQUAT



ISOLATERAL STANDING RAISE



ISOLATERAL STANDING CHEST FLY

Terms and Conditions:

1. GST 18% extra. Full payment in advance. Transportation charges apply.
2. Orders cannot be canceled or refunded once placed.
3. Delivery period for imported equipments is 15 days or depends on stock availability
4. Delivery period for indian stations is 6-10 weeks or extra
5. Prices valid for 10 days. One-year warranty for manufacturing defects.
6. Shipping timelines provided at payment; Courier delays not our responsibility.
7. No returns or refunds except in exceptional cases (customer bears return shipping).
8. Use equipment safely; we are not liable for misuse.
9. Your data is private and not shared with third parties.
10. Content is for personal use only; no copying or redistribution allowed.
11. Use stabilizers with cardio machines to maintain warranty.
12. Product info is indicative and may change without notice.
13. Governed by Indian law; disputes resolved in Indian courts.
14. For queries, contact us via WhatsApp.

For other terms and conditions visit our website at www.trueiron.shop/terms



ADDRESS

CHENNAI:

18, NSE BOSE NAGAR, PUTHAPEDU, PORUR,
CHENNAI -600116

DELHI:

30, LOHA MARKET MAIN ROAD, NEAR
DCP OFFICE, NEW SILAMPUR PHASE III,
NEW SEELAMPUR, SHAHDARA,
DELHI - 110053

PHONE: 6385706756