

Assignment Name: Problem Statement
Group Name: Tinder Development Team

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Who is experiencing the problem: Those who lack motivation towards exercise and/or would like to keep up with other friend's fitness.

What is the Problem: People lack the motivation to work out.

Where does the problem present itself: The problem presents itself when someone lacks the motivation to work out.

Why does it matter: Physical fitness brings a better quality of life, improved mental health, and increased sleep.

Statement: Many people today experience a lack of motivation towards exercise so to keep up the motivation we created a app that encourages physical activity bringing a better quality of life.

