<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8" />

<meta http-equiv="X-UA-Compatible" content="IE=edge" />

<meta name="viewport" content="width=device-width, initial-scale=1.0" />

<link

rel="stylesheet"

href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/5.15.0/css/all.min.css"

integrity="sha512-BnbUDfEUfV0Slx6TunuB042k9tuKe3xrD6q4mg5Ed72LTgzDIcLPxg6yI2gcMFRyomt+yJJxE+zJwNmxki6/RA=="

crossorigin="anonymous"

referrerpolicy="no-referrer"

/>

<title>Fitness Club</title>

<link rel="stylesheet" href="css/style.css" />

</head>

<body>

<header>

<nav>

<!-- left side menu -->

<div class="left-side-menu">

<div class="logo">

<a href="#">

<img src="https://www.bing.com/th?id=OIP.4XYBlPnU7CgLdLmD6LRlbAHaEo&w=158&h=106&c=8&rs=1&qlt=90&o=6&pid=3.1&rm=2" alt="logo" />

</a>

</div>

<div class="sub-menu">

<a href="#">

<li>Home</li>

</a>

<a href="#section-two">

<li>About Us</li>

</a>

<a href="#section-third">

<li>Goals</li>

</a>

<a href="#section-five">

<li>Tips</li>

</a>

</div>

</div>

<!-- right side menu -->

<div class="right-side-menu">

<div class="sub-menu">

<a href="Signin.html">

<li>Log In</li>

</a>

<button>Sign Up</button>

</div>

</div>

</nav>

</header>

<!-- ----------------------------- our hero section start,

Plz susbsribe to Thapa Technical. It means a world to me.

---------------------------------------------------------------------- -->

<section class="main-hero-section">

<!-- left side code -->

<div class="hero-left-side">

<h1>Healthy living simplified</h1>

<p>

Take control of your goals. Track calories, breakdown

ingredients.Congratulations on taking a forward step to get in shape

and feel great.

</p>

<div class="button-group">

</div>

</div>

<!-- right side code -->

<div class="hero-right-side">

<img src="images/logo.png" alt="heropageImg" />

</div>

</section>

<!-- ----------------------------- our 2nd section start

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---------------------------------------------------------------------- -->

<section class="common-section" id="section-two">

<!-- left side of section 2 -->

<div class="left-side">

<figure>

<img src="https://th.bing.com/th/id/OIP.ClCI8fdtDSbhEnOzyn1R9gHaHa?pid=ImgDet&rs=1" alt="section2" />

</figure>

</div>

<!-- right side of section 2 -->

<div class="right-side">

<h2>Your Daily Healthy App</h2>

<p>

It is one of the best health app and It also helps you to be fit.

</p>

<div class="button-group">

<button class="common-button">get started</button>

<button class="common-button-normal">how its work?</button>

</div>

</div>

</section>

<!-- ----------------------------- our 3rd section start

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---------------------------------------------------------------------- -->

<section class="section-third" id="section-third">

<h2>The Tools For Your Goals</h2>

<p>

Complete Goals.....

</p>

<div class="section-third-task">

<div class="task-1">

<img src="https://www.bing.com/th?id=OIP.vJx3DfiCXeR-sLmEZBUXRQHaHa&w=96&h=95&c=8&rs=1&qlt=90&o=6&pid=3.1&rm=2" alt="icon1" />

<a href="t.html" style="text-decoration: none;">

<h3>Learn & Improve</h3>

</a>

<p>

Want to improve yourself in field of Fitness

</p>

</div>

<div class="task-2">

<img src="https://www.bing.com/th?id=OIP.16xnOQzwlN8ktyD\_l87A8wHaEc&w=153&h=95&c=8&rs=1&qlt=90&o=6&pid=3.1&rm=2" alt="icon1" />

<a href="#section-eight" style="text-decoration: none;">

<h3>Time Management</h3>

</a>

<p>

Don't you know How to manage time, Here see our daily exercise plan

</p>

</div>

<div class="task-3">

<img src="https://www.bing.com/th?id=OIP.p2m-fDECUUKTdXmWRkgyewHaFF&w=152&h=105&c=8&rs=1&qlt=90&o=6&pid=3.1&rm=2" alt="icon1" />

<h3>Stay Motivated🙂</h3>

</a>

<p>

Keep motivated yourself

</p>

</div>

</div>

</section>

<!-- ----------------------------- our 4th section start

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---------------------------------------------------------------------- -->

<section class="common-section" id="section-four">

<!-- right side of section 2 -->

<div class="right-side">

<h2>Create Your Own Fitness Journey</h2>

<p>

Go on a fitness journey with our website. Start from today don't delay

</p>

<div class="button-group">

<button class="common-button">get started</button>

<button class="common-button-normal">how its work?</button>

</div>

</div>

<!-- left side of section 2 -->

<div class="left-side">

<img src="images/logo.png" alt="section2" />

</div>

</section>

<!-- ----------------------------- our 5th section start

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---------------------------------------------------------------------- -->

<section class="common-section" id="section-five">

<!-- left side of section 2 -->

<div class="left-side">

<img src="images/2.png" height="20%" width="100%" alt="section5" />

</div>

<!-- right side of section 2 -->

<div class="right-side">

<h2>We Will Take Care Of Your Fitness Goals</h2>

<div class="fitness-goals">

<div class="rule1">

<h3>

<i class="fas fa-heart"></i> We will take care of your fitness

goals

</h3>

<p>

We will give you a daily goal and you have to complete it

</p>

</div>

<div class="rule2">

<h3>

<i class="fas fa-heart"></i> Track your daily habits with water

</h3>

<p>

We will track how many exercises you do in a day and also give you a message to drink water

</p>

</div>

<div class="rule3">

<h3><i class="fas fa-heart"></i> Track your weight and BMI</h3>

<p>

You can check your weight that decresed by exercise and you can also measure your BMI by our website

</p>

</div>

</div>

</div>

</section>

<!-- ----------------------------- our 6th section start

---------------------------------------------------------------------- -->

<footer>

<div class="logo-div">

<img src="https://www.bing.com/th?id=OIP.4XYBlPnU7CgLdLmD6LRlbAHaEo&w=158&h=106&c=8&rs=1&qlt=90&o=6&pid=3.1&rm=2" alt="logo" />

<p>@2021 FitnessClub2021</p>

</div>

<div class="footer-menu">

<div class="footer-div-2">

<h4>Thanks for</h4>

<a href="#section-eight"><li>Time Management</li></a>

<a href="#"><li>Tips</li></a>

</div>

<div class="footer-div-3">

<h4>Visiting</h4>

<a href="#section-third"><li>Goals</li></a>

<a href="#"><li>About us</li></a>

</div>

<div class="footer-div-4">

<h4>Our</h4>

<a href="#"><li>Services</li></a>

<a href="#"><li>Go to top</li></a>

</div>

<div class="footer-div-5">

<h4>Website</h4>

<a href="section-third"><li>Learn & improve</li></a>

<a href="#"><li>We’ll love to help you</li></a>

</div>

</div>

</footer>

<!-- ----------------------------- our 7th section social media start

---------------------------------------------------------------------- -->

<div class="icon-bar">

<a href="#" class="telegram" target="\_thapa">

click here to visit <i class="fab fa-telegram-plane"></i>

</a>

<a

href="#"

class="instagram"

target="\_thapa"

>

click here to visit <i class="fab fa-instagram"></i>

</a>

<a href="#" class="linkedin" target="\_thapa">

click here to visit <i class="fab fa-linkedin"></i>

</a>

<a

href="https://www.youtube.com/channel/UCwfaAHy4zQUb2APNOGXUCCA"

class="youtube"

target="\_thapa"

>

click here to visit <i class="fab fa-youtube-square"></i>

</a>

</div>

</body>

</html>