

## INFORMACIÓN IMPORTANTE

- El agua es esencial para eliminar las toxinas de su cuerpo y debe tomarse con generosidad diariamente.
- Evite comer una comida pesada 4 horas antes de comenzar el paso #1. Se recomienda una comida ligera 2 horas antes de comenzar el paso #1.
- Evite el alcohol, líquidos ácidos (vinagre, jugo de pickle, etc.), alimentos salados, medicamentos no prescritos y grandes cantidades de vitaminas.
- Para obtener mejores resultados, beba Ultimate Blend de 4 a 5 horas después de haberse despertado.
- Ultimate Blend es efectivo por un período de hasta 5 horas.

## INSTRUCCIONES PARA BEBER

Debemos tomar agua a lo largo del día, pero no en exceso. En un tiempo de 2 ½ a 3 horas complete cómodamente los pasos 1 al 6.

- Tome de 16 a 24 oz. de agua, 1 hora antes de beber Ultimate Blend.
- Llene hasta la mitad este recipiente.
- Vuelva a colocar la tapa y agite hasta que el polvo esté completamente disuelto.
- Agregue agua al borde de la botella y beba rápidamente todo el contenido.
- 15 minutos después de haber bebido Ultimate Blend, llene el recipiente con agua y bábelo.
- Usted DEBE orinar por lo menos 3 veces para eliminar las toxinas de su cuerpo.



# Ultimate Blend™ ORIGINAL THE DETOX DRINK MIX

NATURAL CHERRY FLAVOR  
Net wt. 2.0 oz. makes 16 fluid oz.



## IMPORTANT INFORMATION

- Water is essential in expelling toxins from your body and should be liberally consumed on a daily basis.
- Avoid eating a heavy meal 4 hours before beginning step #1. A light meal 2 hours before beginning step #1 is advised.
- Avoid alcohol, acidic liquids (vinegar, pickle juice, etc.) salty foods, unprescribed medications and large amounts of vitamins.
- For best results drink Ultimate Blend after you have been awake 4 to 5 hours.
- Ultimate Blend is effective for up to 5 hours.

## DRINKING INSTRUCTIONS

Water should be consumed throughout the day, but not to excess. Allow 2 ½ to 3 hours to comfortably complete steps 1 through 6.

1. Drink 16 to 24 oz. of water 1 hour before drinking Ultimate Blend.
2. Fill this container 1/2 full with water.
3. Replace cap and shake until powder is "completely" dissolved.
4. Add water to the lip of the bottle and "quickly" drink the entire contents.
5. 15 minutes after drinking Ultimate Blend, refill container with water and drink.
6. You MUST urinate at least 3 times to eliminate toxins from your body.

## INGREDIENTS:

Fructose,  
Pectin, Citric Acid, Creatine, Flavoring,  
Pantothenic Acid, Vitamin B-6, Riboflavin and Thiamine.

Visit [zydot.com](http://zydot.com) for info on MONEY BACK GUARANTEE requirements and other Zydott products.

## Nutrition Facts

1 serving per container  
Serving size 16 fluid oz (473g)

Amount per serving  
**Calories 210**

% Daily Value\*

Total Fat 0g	0%
Cholesterol 0mg	0%
Sodium 38mg	2%
Total Carbohydrate 54g	16%
Dietary Fiber 7g	27%
Total Sugars 44g	
Includes 44g Added Sugars	88%

**Protein 0g**

Vitamin D 0mg	0%	Calcium 14g	0%
Iron 0mg	0%	Potassium 12mg	0%
Pantothenic Acid 12mg	120%	B-6 4mg	165%
Riboflavin 4mg	235%	Thiamine 2mg	125%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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