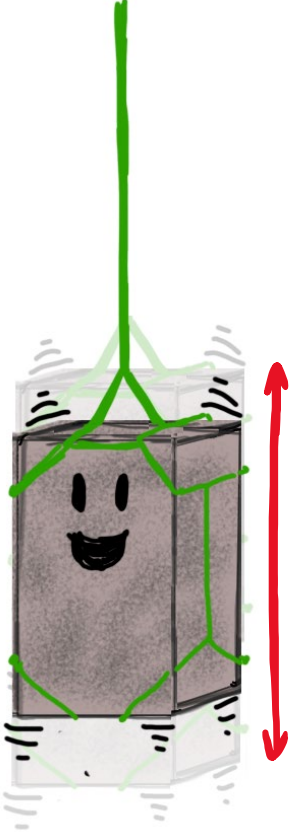


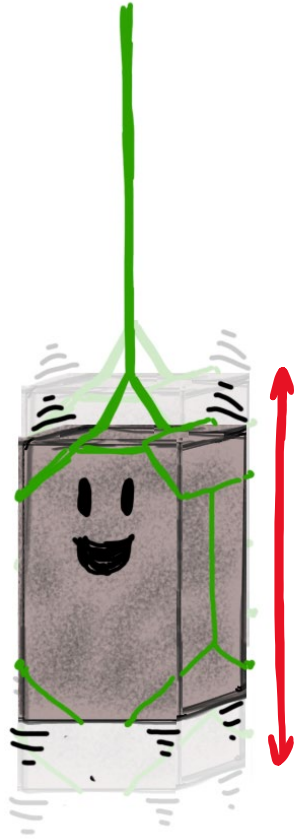
# PHYSICS 157 PART II

## Oscillations & Waves



Oscillations And the Tacoma Narrows Bridge Collapse

Details: <https://www.youtube.com/watch?v=mXTSnZgrfxM>



Lecture 26.

Restoring force.

Simple Harmonic Motion.

# Last Time

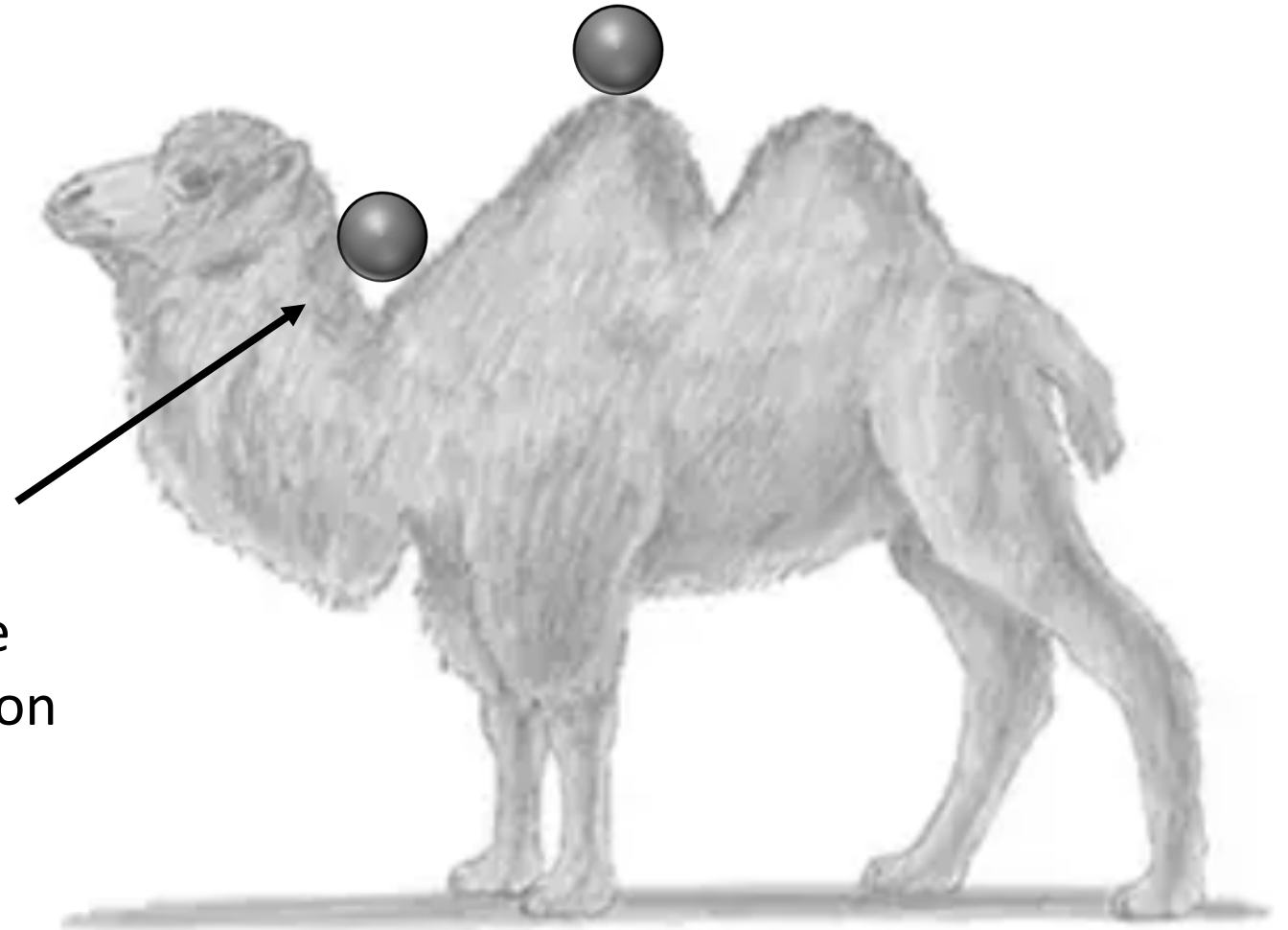
- In general, equilibrium occurs when forces (and torques) on each part of the system add to zero

- Unstable equilibrium

- Small deflection => force carries the object away from equilibrium position

- Stable equilibrium

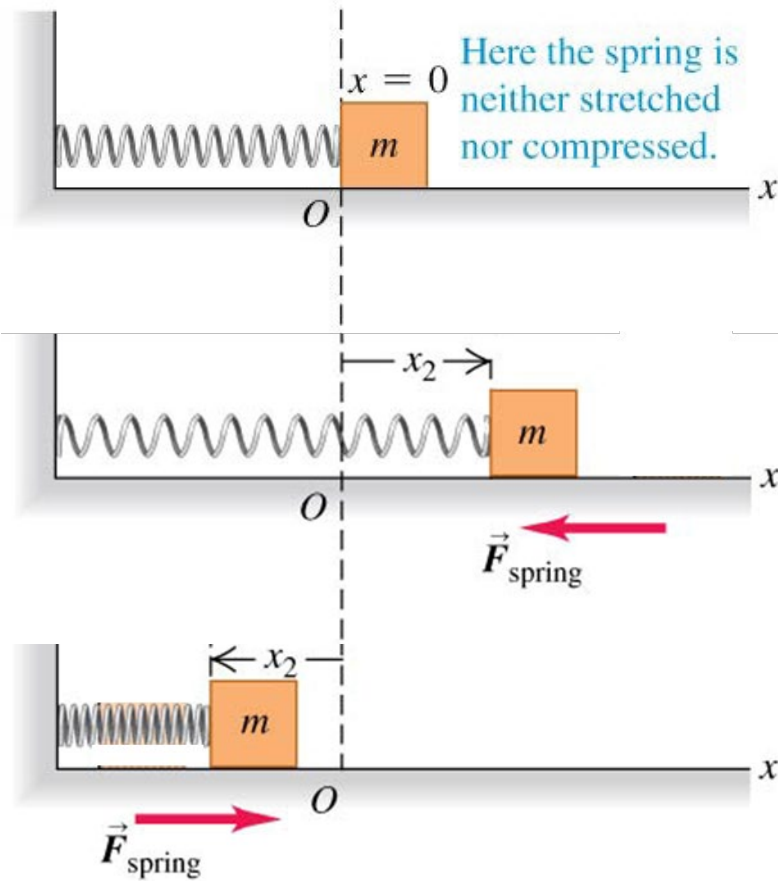
- Small deflection => force carries the object back to its equilibrium position
- Restoring force



# Restoring Forces

- For a **stable equilibrium** configuration, a **displacement in one direction leads to a net force in the OTHER direction**

- Example:



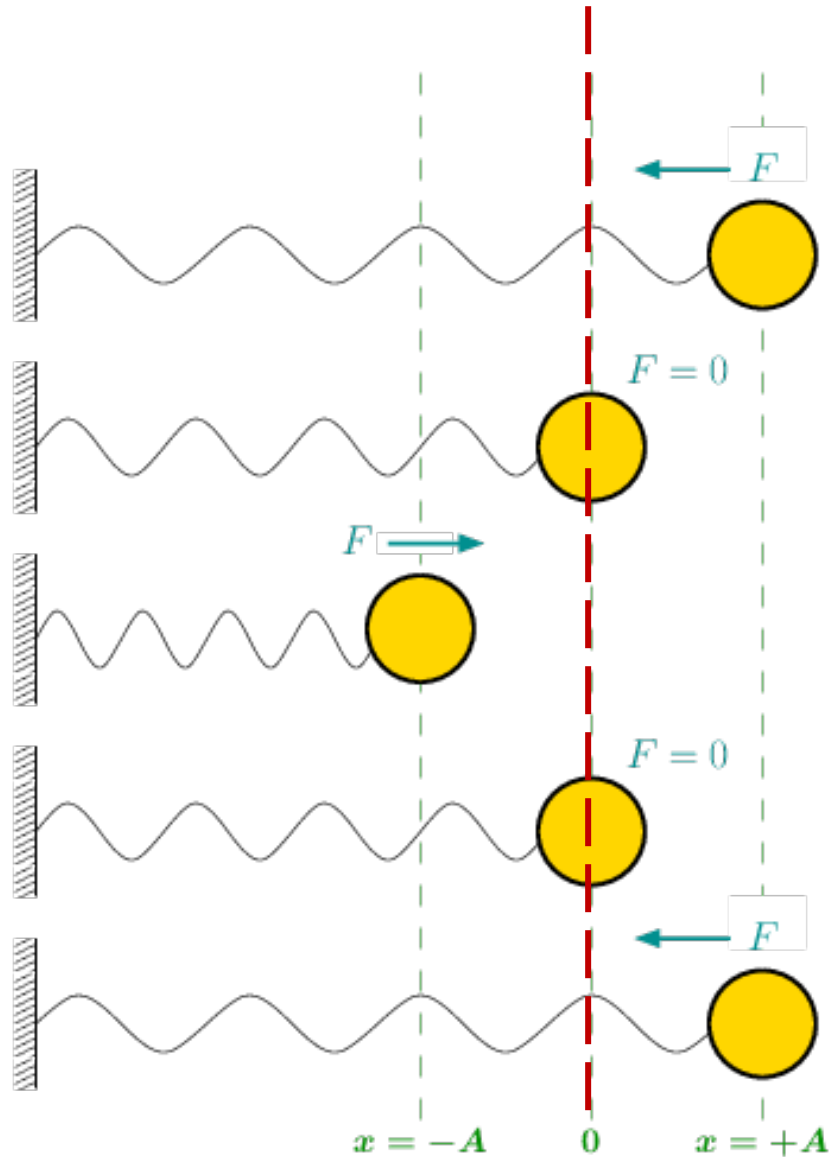
Equilibrium: the spring is neither stretched nor compressed

Stretched:  $\Delta x > 0$ ,  $F_{\text{spring}} < 0$

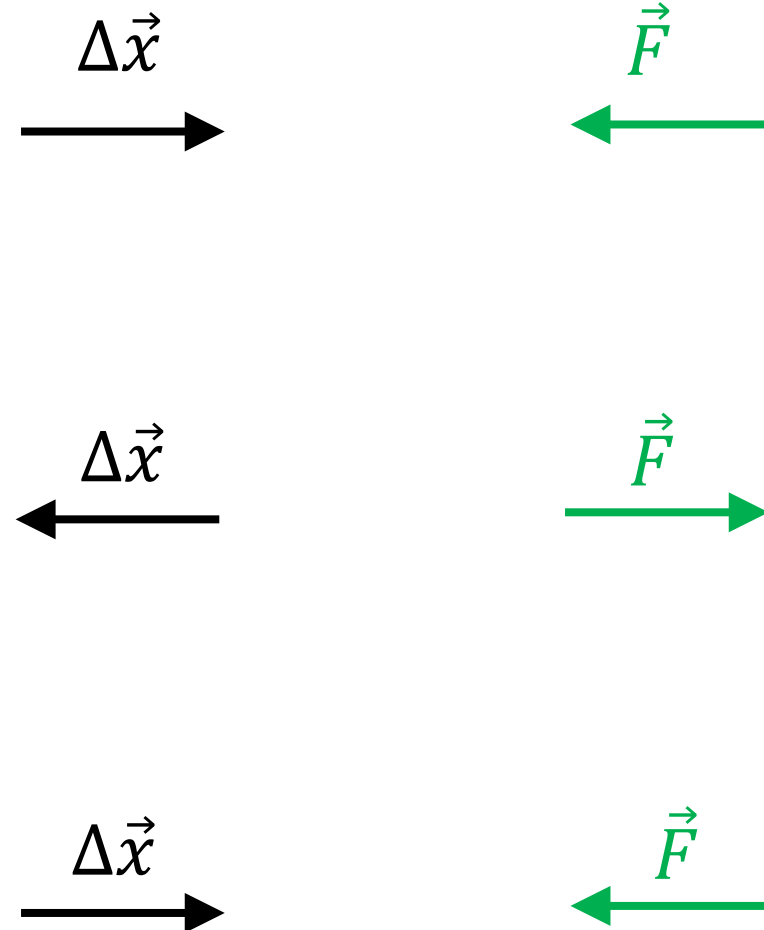
Compressed:  $\Delta x < 0$ ,  $F_{\text{spring}} > 0$

# Oscillations

$$x = 0$$



- Restoring forces result in periodic motion



...and the cycle repeats over and over again

# Periodic Motion

- **Periodic motion** is any type of motion that repeats itself

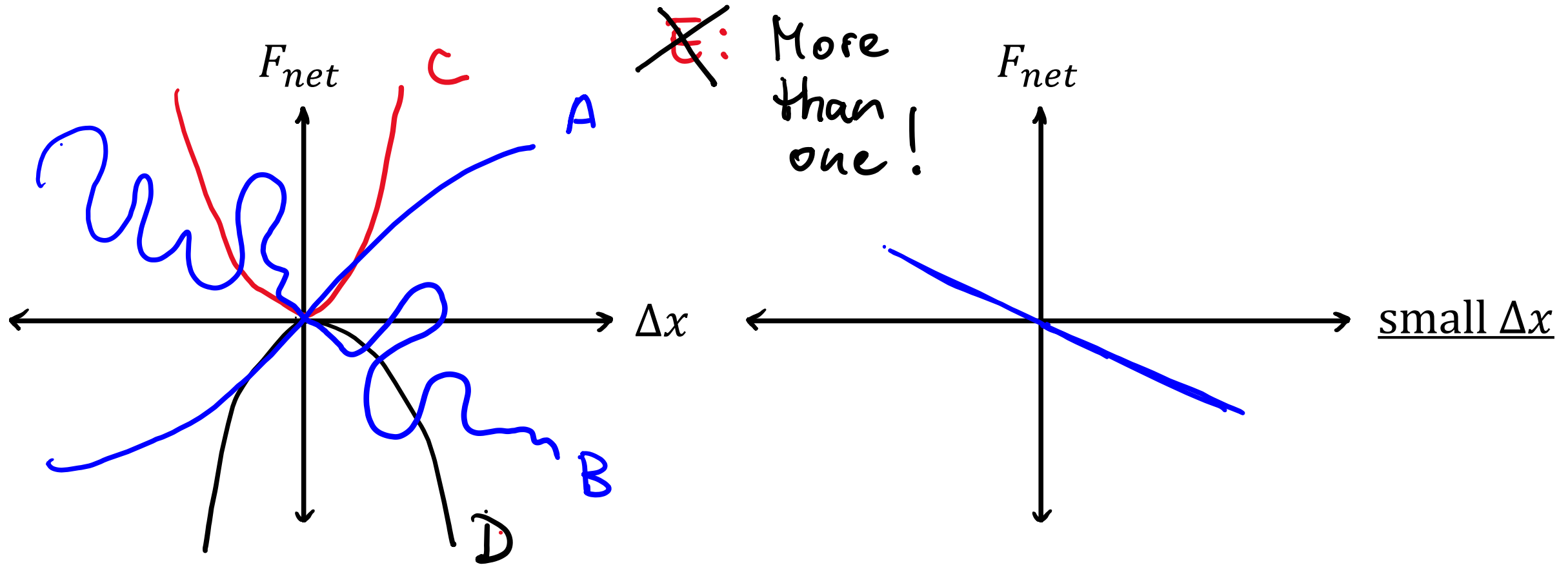
- heartbeat
- violin string
- pendulum/swing
- mass on a spring
- rocking chair
- buoy bobbing in the water
- car stuck in muddy ditch
- $e^-$  carrying current (AC)
- atoms trapped in a magneto-optical trap
- ions trapped in a Penning trap
- vibrations of molecules in a solid
- atomic clocks<sup>†</sup>

- We will concentrate on a particular subset of periodic motion, called **simple harmonic motion (SHM)**
- SHM comes up again and again in Nature (1<sup>st</sup> yr undergrad, 2<sup>nd</sup> yr physics, 3<sup>rd</sup> and 4<sup>th</sup> yr; every grad school course; research, ...)

<sup>†</sup>The frequency of the valence  $e^-$  of  $^{133}\text{Cs}$  *defines* the second

## Almost everything is a spring!

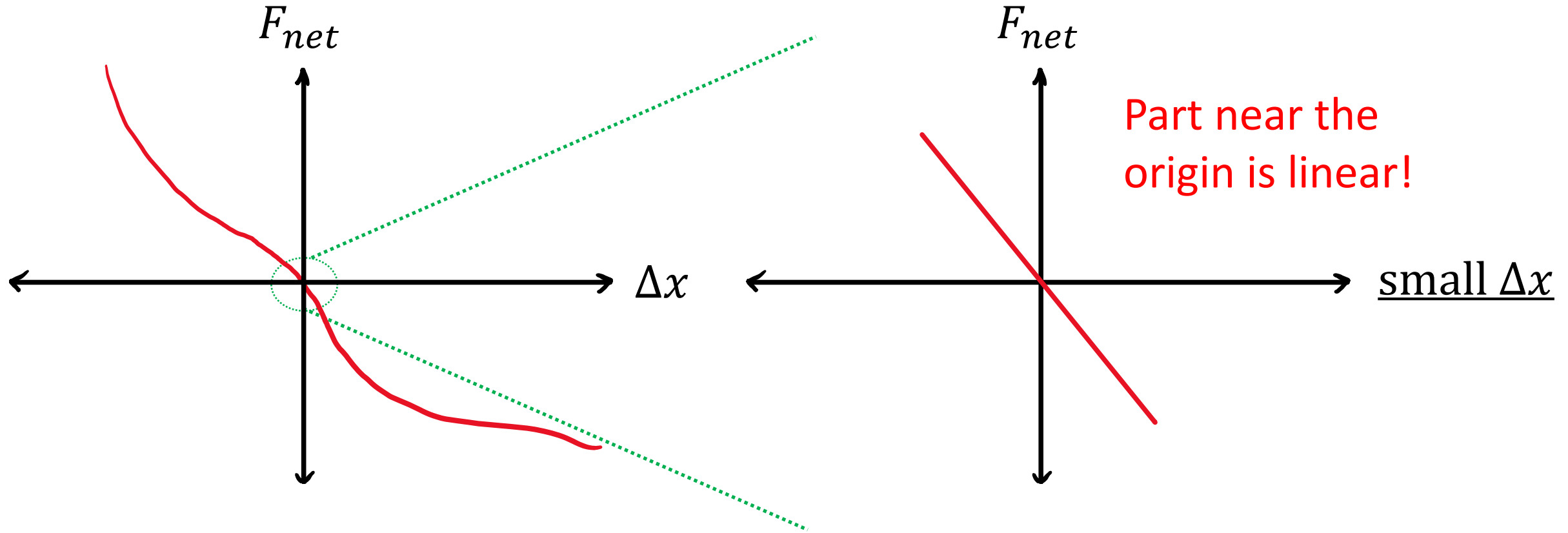
Q: For an object in a stable equilibrium configuration, draw some possible graphs of the net force on this object as a function of the displacement  $\Delta x$ .



Q: What does your graph look like if you zoom into the region of small  $\Delta x$ ? Can you write down an equation that describes  $F$  vs  $\Delta x$  in this region?

## Almost everything is a spring!

Q: For an object in a stable equilibrium configuration, draw some possible graphs of the net force on this object as a function of the displacement  $\Delta x$ .

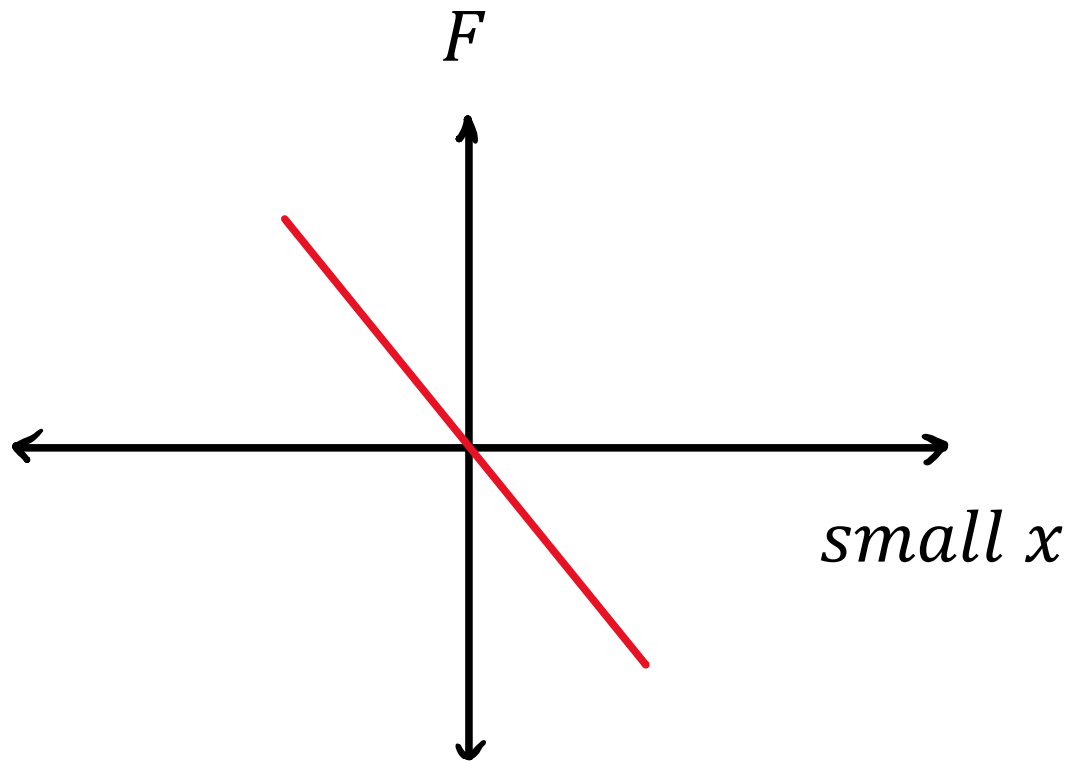


Q: What does your graph look like if you zoom into the region of small  $\Delta x$ ? Can you write down an equation that describes  $F$  vs  $\Delta x$  in this region?



# Hooke's Law

- Applies to almost any system perturbed a small amount from stable equilibrium



$$F = -kx$$

- $F$  is the **restoring force**
  - $x$  is the **displacement** from the equilibrium position
  - “**−**” captures the restoring character of the force
- Exact for an “ideal” spring

# Oscillations with Hooke's Law

Hook's law

Newton's 2nd law

- $F = -kx$  and  $F = ma$

gives  $-kx = ma$ .

- Now:  $a = \frac{d^2x}{dt^2}$ . Then:

$$\frac{k}{m} = \omega^2$$

$$\omega = \sqrt{\frac{k}{m}}$$

$a = -\omega^2 x$   
(later)

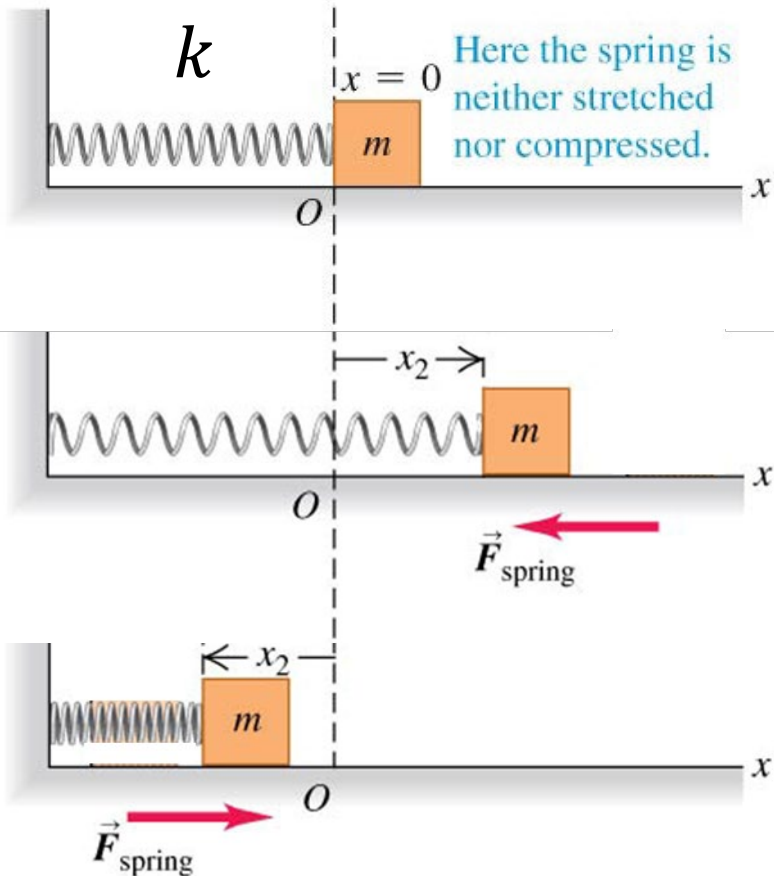
$$\frac{d^2x}{dt^2} = -\frac{k}{m}x \equiv -\omega^2 x$$

where  $\omega = \sqrt{k/m}$ .

Math: most general function with this property is:

$$x(t) = A \cos(\omega t + \phi)$$

*(Note: In the original image, 'const' is written above A, ω, and φ with arrows pointing to them.)*



This function describes motion of a particle driven by Hook's restoring force

# Simple Harmonic Motion

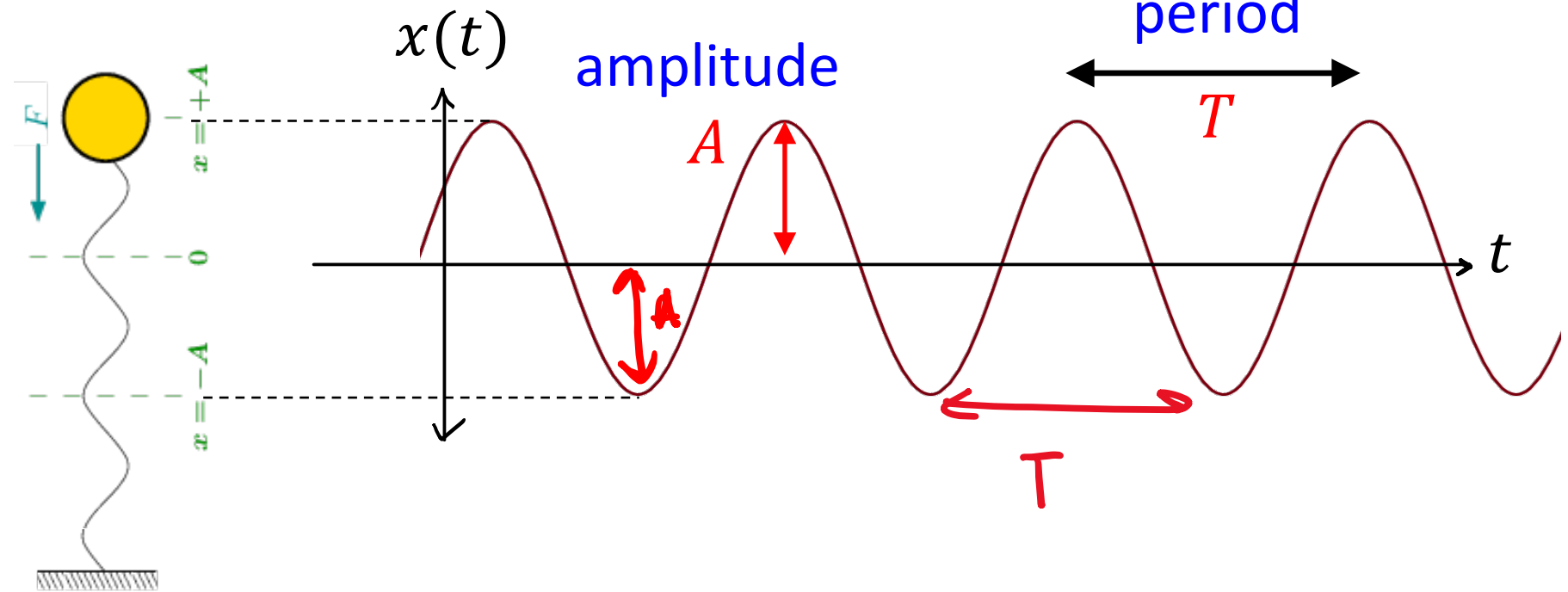
$$x(t) = A \cos(\omega t + \phi)$$

SHM: motion described by this harmonic function

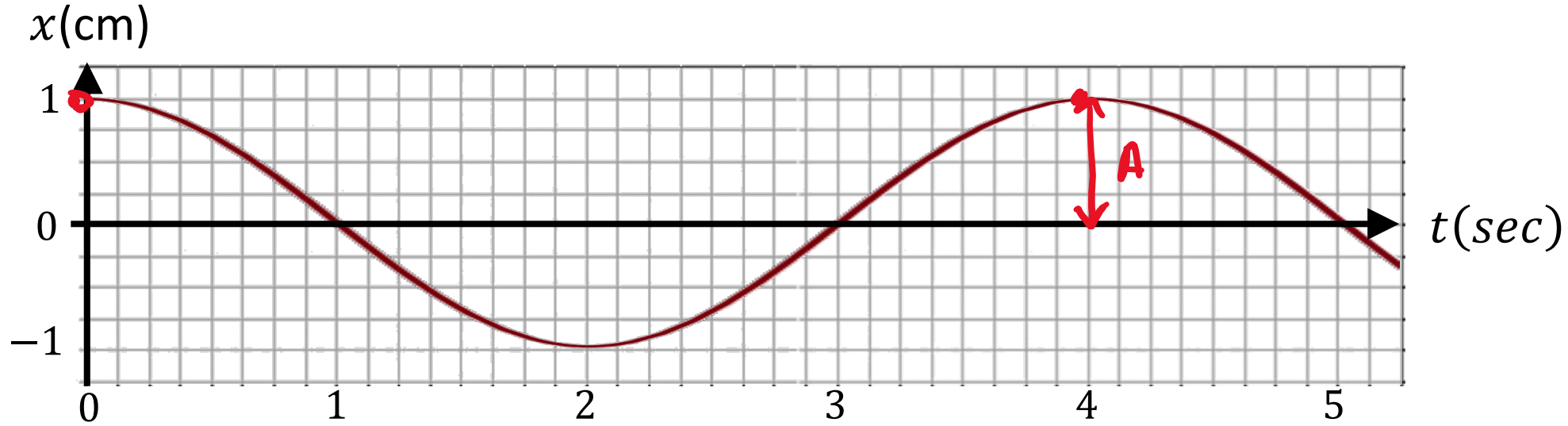
- $A$  = amplitude ✓
- $\omega$  = angular frequency
- $\phi$  = phase ?

~~~~~ $\tau$ ?

↪ full cycle time



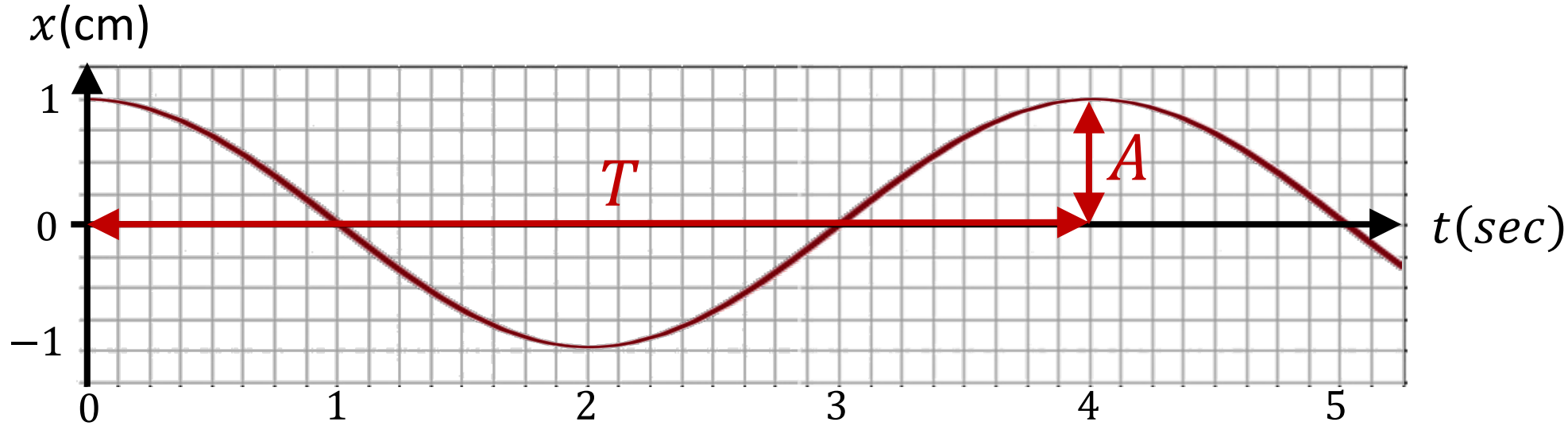
Q: A plot of displacement (in cm) as a function of time (in s) is shown below. What are the period and amplitude of this simple harmonic motion?



- A.  $T = 1 \text{ s}, A = 2 \text{ cm}$
- B.  $T = 2 \text{ s}, A = 2 \text{ cm}$
- C.  $T = 4 \text{ s}, A = 2 \text{ cm}$
- D.  $T = 2 \text{ s}, A = 1 \text{ cm}$
- E.  $T = 4 \text{ s}, A = 1 \text{ cm}$



Q: A plot of displacement (in cm) as a function of time (in s) is shown below. What are the period and amplitude of this simple harmonic motion?



- A.  $T = 1 \text{ s}, A = 2 \text{ cm}$
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- D.  $T = 2 \text{ s}, A = 1 \text{ cm}$
- E.  $T = 4 \text{ s}, A = 1 \text{ cm}$  ✓

$$x(t) = A \cos(\omega t + \phi)$$

$$A = 1 \text{ cm}$$

$$T = 4 \text{ s}$$

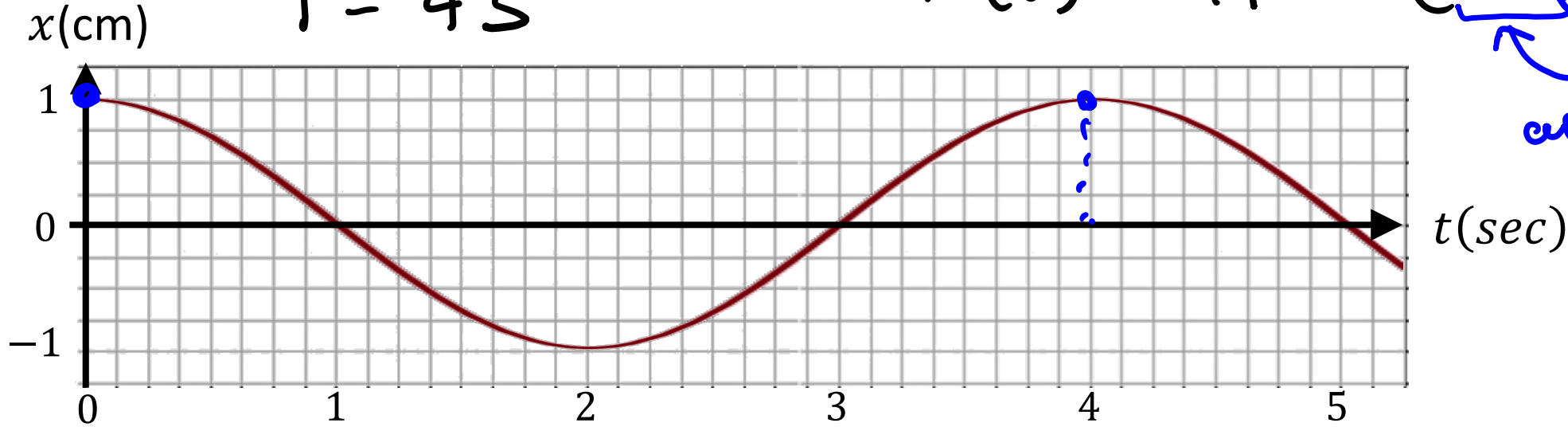
Q: A plot of displacement (in cm) as a function of time (in s) is shown below.  
Which function below describes this motion?



$$T = 4 \text{ s}$$

$$x(t) = A \cos(\omega t)$$

argument



A.  $x(t) = \cos(t)$

B.  $x(t) = \cos(4t)$

C.  $x(t) = \cos(2\pi t)$

D.  $x(t) = \cos(\pi t)$

☒ E.  $x(t) = \cos(\pi/2 t)$

1)  $t=0: x(t) = A \cdot \cos(0) = A$

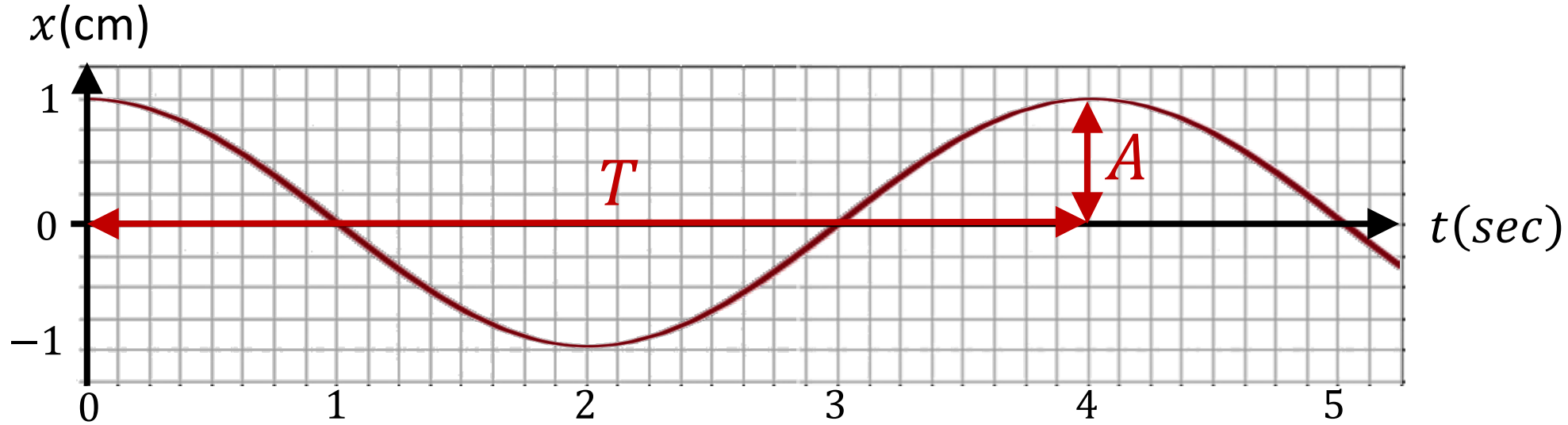
2) argument  $= 2\pi$  @  $t=4\text{s}$

$$\omega t \big|_{t=4\text{s}} = 2\pi$$

$$\omega T = 2\pi$$



Q: A plot of displacement (in cm) as a function of time (in s) is shown below. Which function below describes this motion?



- A.  $x(t) = \cos(t)$
- B.  $x(t) = \cos(4t)$
- C.  $x(t) = \cos(2\pi t)$
- D.  $x(t) = \cos(\pi t)$
- E.  $x(t) = \cos(\pi/2 t)$  ✓

- Period of cos is  $2\pi$
- Graph is  $\cos(\omega t)$ : when  $t = 4$  s, graph goes back to 1 for the first time, so must have  $\omega t = 2\pi$  at  $t = 4$  s

$$\omega = \frac{2\pi}{4 \text{ s}} = \frac{\pi}{2} \text{ s}^{-1}$$

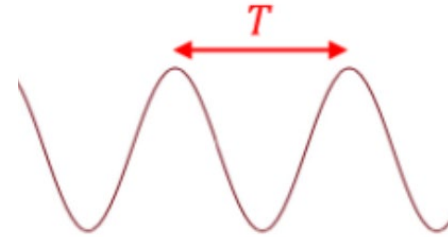
## Period ( $T$ ), frequency ( $f$ ), angular frequency ( $\omega$ )

$$x(t) = A \cos(\omega t + \phi)$$

- Period  $T$ : time from max  $\rightarrow$  max (full cycle)

- $T = \frac{2\pi}{\omega}$ , since cos repeats every  $2\pi$

- Units: **seconds**



- $A$  = amplitude
- ? ➤  $\omega$  = angular frequency
- $\phi$  = phase

- Frequency,  $f$ : number of cycles per second

- $f = \frac{1}{T}$

- Units: **Hertz** ( $1 \text{ Hz} = 1 \text{ s}^{-1}$ )

$$f = \frac{1}{T} \Leftrightarrow T = \frac{1}{f}$$

- Angular frequency,  $\omega$ :

- $\omega = \sqrt{k/m}$ , for a mass on a spring

- Units: **rad/s**

- Meaning: time rate change of the **phase**.

$$\omega = 2\pi f = \frac{2\pi}{T}$$





Q: Which of the following would increase the oscillation frequency of a mass on an ideal spring:

$f$

$\rightarrow \frac{\omega}{2\pi}$

$$\omega = \sqrt{\frac{k}{m}}$$

- A. Increasing the mass
- B. Increasing the spring constant
- C. Increasing the initial displacement
- D. Both A and C
- E. Both B and C




Q: Which of the following would increase the oscillation frequency of a mass on an ideal spring:

$$f = \frac{\omega}{2\pi}$$

$$\omega = \sqrt{\frac{k}{m}} \text{ doesn't depend on displacement or amplitude}$$

$$\omega \uparrow \text{ if } k \uparrow$$

- A. Increasing the mass
- B. Increasing the spring constant 
- C. Increasing the initial displacement
- D. Both A and C
- E. Both B and C



Q: You attach a 0.100 kg glider to a spring and start it oscillating. The elapsed time from when it first moves through the equilibrium point to the second time it moves through that point is 0.5 s. What is the spring constant?

$$\frac{2\pi}{T} = \omega = \sqrt{\frac{k}{m}}$$

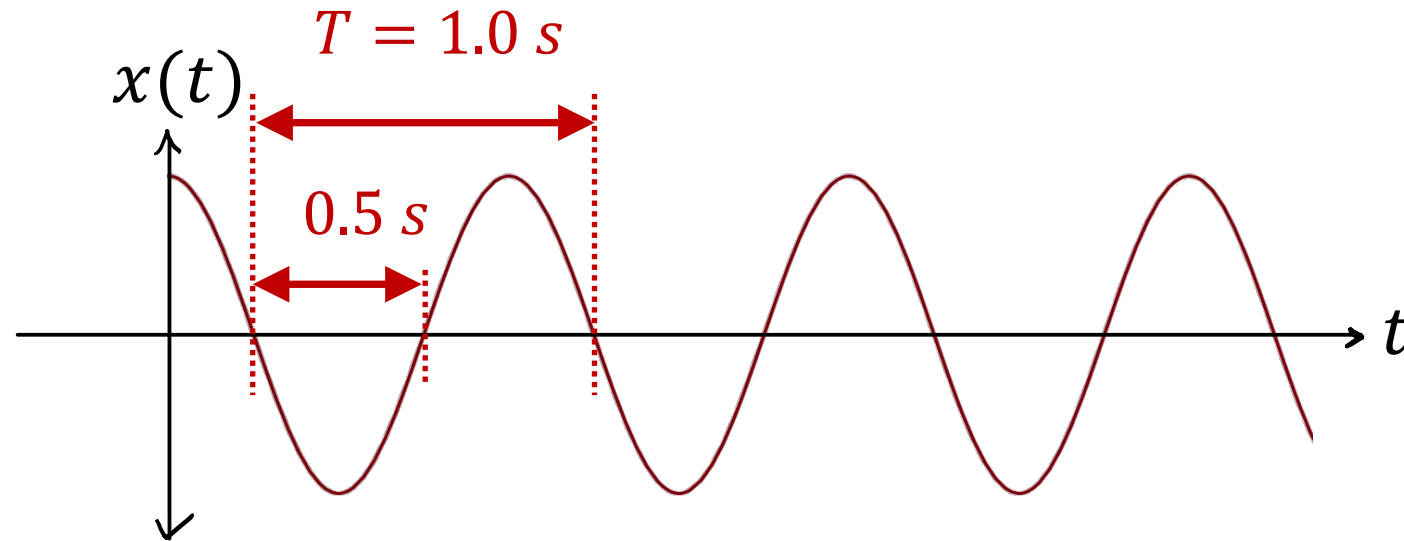
SHM

system parameters

- A. 1 N/m
- B. 2 N/m
- C. 4 N/m
- D. 8 N/m
- E. 16 N/m



Q: You attach a 0.100 kg glider to a spring and start it oscillating. The elapsed time from when it first moves through the equilibrium point to the second time it moves through that point is 0.5 s. What is the spring constant?



- A. 1 N/m
- B. 2 N/m
- C. 4 N/m
- D. 8 N/m
- E. 16 N/m



- We have:  $T = 1 \text{ sec} \Rightarrow \omega = \frac{2\pi}{T} = 6.28 \text{ s}^{-1}$
- Using  $\omega = \sqrt{k/m}$ , we have:

$$k = m\omega^2 = 0.1 \cdot (6.28)^2 = 4 \frac{\text{N}}{\text{m}}$$

Q: What a bicycle wheel and a mass on a spring have in common?

Q: What a bicycle wheel and a mass on a spring have in common?

- If we project circular motion under constant speed onto one direction, we find that it follows SHM!

