



# MINDFULNESS

## MATTERS

**MARCH 27th, 2024**

**5:00-7:00 PM**

**Chemical and Biological  
Engineering Building (CHBE) - 101**

**DE-STRESS WITH US!**

**Dr. Ishan Shivanand**

Food & refreshments will be provided.



**RSVP!**

Reframe your  
mindset & build  
a positive  
outlook

Manage high-  
pressure  
situations &  
anxiety

Learn how to  
become  
mentally  
resilient!



# Last time:

Finding forces from acceleration (written in polar coordinates)

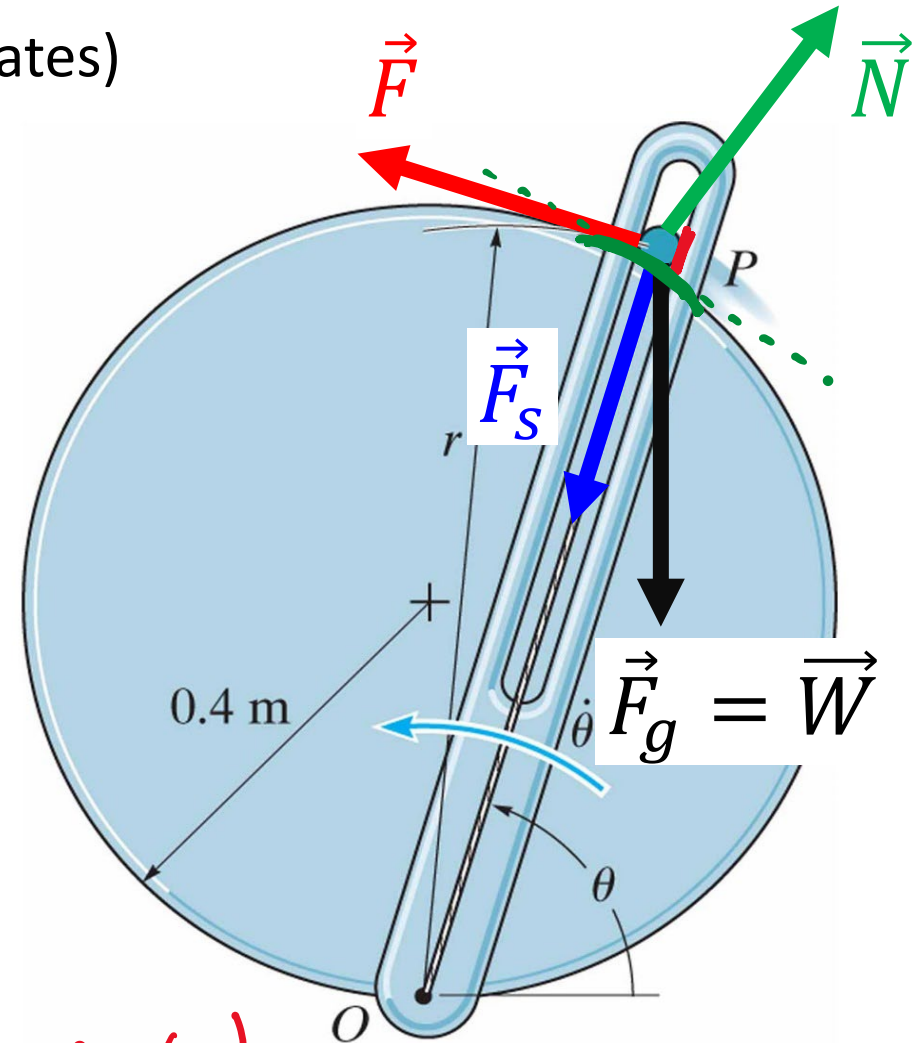
- Acceleration -- in polar coordinates
- Forces in convenient coordinates
- Translate forces into polar coordinates
- Apply 2<sup>nd</sup> Newton's law

$$a_r = -3704 \frac{\text{m}}{\text{s}^2} \quad a_\theta = 15.18 \frac{\text{m}}{\text{s}^2} \quad (\text{polar})$$

$$\vec{F}_s = -F_s \vec{u}_r \quad (\text{polar}) \quad \vec{F}_g = -mg \vec{j} \quad (\text{cart})$$

$$\vec{F} = F \vec{u}_\theta \quad (\text{polar}) \quad \vec{N} = -N \vec{u}_n \quad (n, t)$$

$$a: \vec{u}_r, \vec{u}_\theta \quad (\text{polar})$$

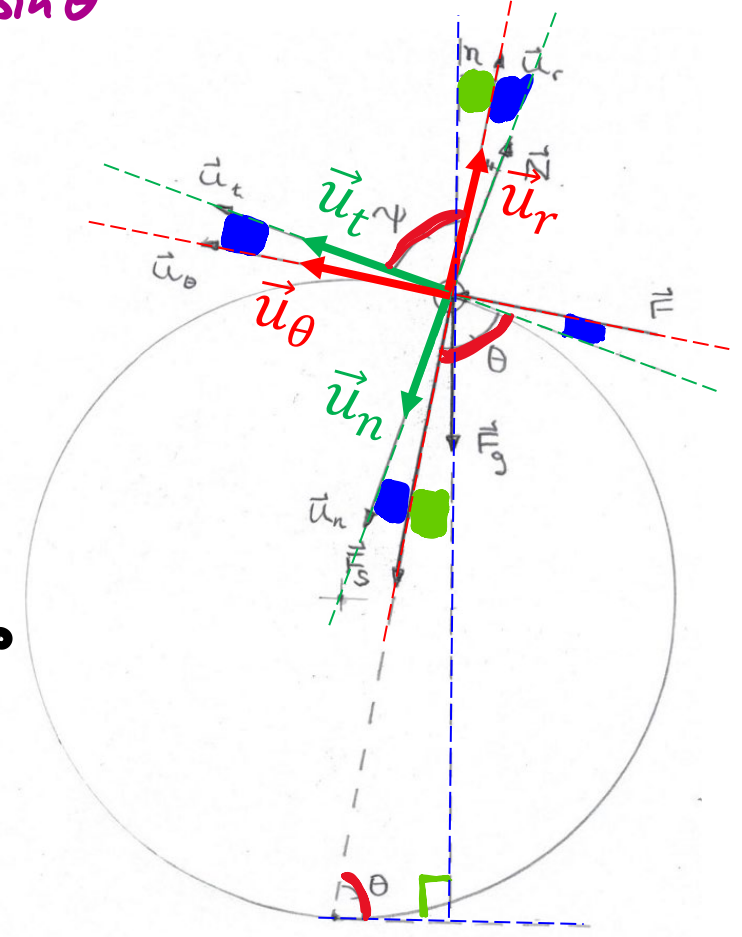


**W10-2.** The slotted guide moves the 150 g particle  $P$  around the 0.4 m radius circular disk. **Motion is in the vertical plane.** Attached to  $P$  is an elastic cord extending from  $O$ . The cord has stiffness 30 N/m and unstretched length 0.25 m. Friction may be neglected. Determine the force of the guide on  $P$  and the normal force of the disk on  $P$  when  $\theta = 70^\circ$ ,  $\dot{\theta} = 5 \text{ rad/s}$ , and  $\ddot{\theta} = 2 \text{ rad/s}^2$ .

$$r(\theta) = 2R \sin \theta$$

3. Reduce to the same coordinate system:  $\vec{u}_n$  and  $\vec{j}$  to  $(\vec{u}_r, \vec{u}_\theta)$ -components

- For projections, we need to know angles.  $\tan \psi = \frac{r}{dr/d\theta}$
- Let us highlight the three coordinate systems: (n,t) & polar & z-axis
- $\psi$  (angle between  $\vec{u}_r$  and  $\vec{u}_t$ ) =  $\theta$  (vertical angles) =  $70^\circ$
- $\eta$  (angle between  $\vec{u}_r$  and  $\vec{j}$ ) =  $90^\circ - \theta$  (vertical right triangle) =  $20^\circ$
- $\beta$  (angle between  $\vec{u}_t$  and  $\vec{u}_\theta$ ) =  $90^\circ - \psi$  (from  $90^\circ$  between  $\vec{u}_\theta$  and  $\vec{u}_r$ ) =  $20^\circ$
- We get:
  - $\psi = \theta = 70^\circ$
  - $\eta = \beta = 20^\circ$



**W10-2.** The slotted guide moves the 150 g particle  $P$  around the 0.4 m radius circular disk. **Motion is in the vertical plane.** Attached to  $P$  is an elastic cord extending from  $O$ . The cord has stiffness 30 N/m and unstretched length 0.25 m. Friction may be neglected. Determine the force of the guide on  $P$  and the normal force of the disk on  $P$  when  $\theta = 70^\circ$ ,  $\dot{\theta} = 5 \text{ rad/s}$ , and  $\ddot{\theta} = 2 \text{ rad/s}^2$ .

3. Reduce to the same coordinate system:  $\vec{u}_n$  and  $\vec{j}$  to  $(\vec{u}_r, \vec{u}_\theta)$ -components

- $\vec{N} = -N \vec{u}_n$

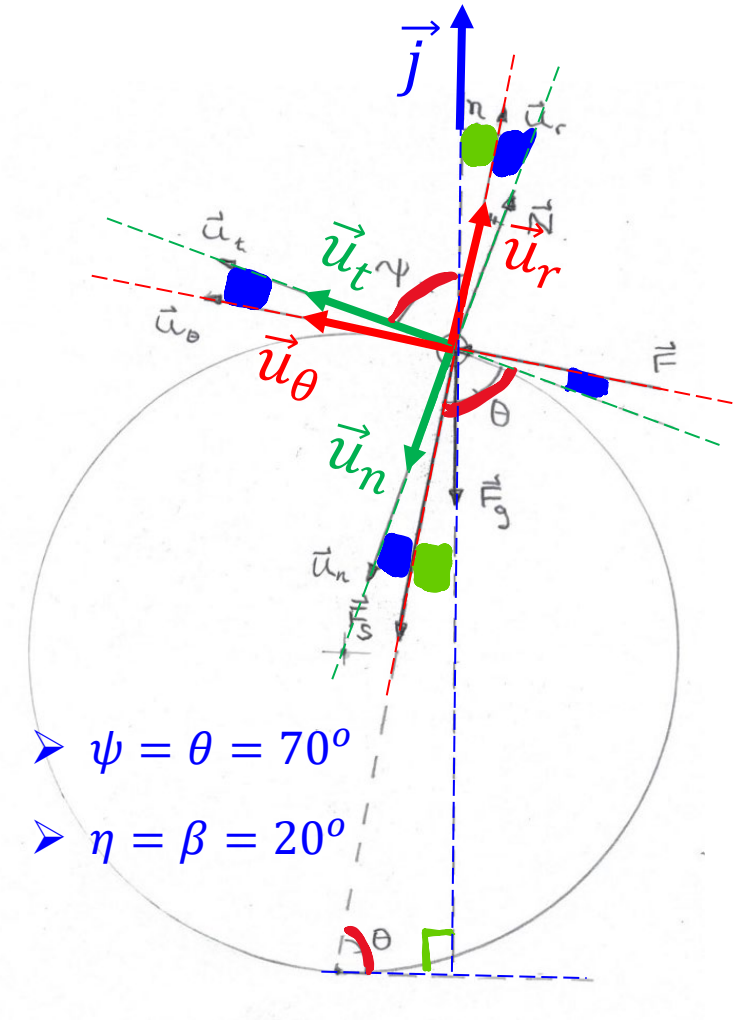
$$\vec{u}_n = -\cos 20^\circ \vec{u}_r + \sin 20^\circ \vec{u}_\theta$$

$$\vec{N} = N \cos 20^\circ \vec{u}_r - N \sin 20^\circ \vec{u}_\theta$$

- $\vec{F}_g = -mg \vec{j}$

$$\vec{j} = \cos 20^\circ \vec{u}_r + \sin 20^\circ \vec{u}_\theta$$

$$\vec{F}_g = -\cos 20^\circ \vec{u}_r - \sin 20^\circ \vec{u}_\theta$$



**W10-2.** The slotted guide moves the 150 g particle  $P$  around the 0.4 m radius circular disk. **Motion is in the vertical plane.** Attached to  $P$  is an elastic cord extending from  $O$ . The cord has stiffness 30 N/m and unstretched length 0.25 m. Friction may be neglected. Determine the force of the guide on  $P$  and the normal force of the disk on  $P$  when  $\theta = 70^\circ$ ,  $\dot{\theta} = 5 \text{ rad/s}$ , and  $\ddot{\theta} = 2 \text{ rad/s}^2$ .

$$|\vec{F}_s| = k \Delta x = 30 (r(\theta) - r_0) = 15.05 \text{ N}$$

4. Apply 2<sup>nd</sup> Newton's law:

$$\vec{F} + \vec{N} + \vec{F}_s + \vec{F}_g = m \vec{a}$$

$$\vec{F} = F \vec{u}_\theta;$$

$$\vec{N} = N \cos 20^\circ \vec{u}_r - N \sin 20^\circ \vec{u}_\theta;$$

$$\vec{F}_s = -\boxed{k(r - r_0)} \vec{u}_r;$$

$$\vec{W} = \vec{F}_g = -mg \cos 20^\circ \vec{u}_r - mg \sin 20^\circ \vec{u}_\theta$$

$$a_r = -37.04 \frac{m}{s^2},$$

$$a_\theta = 15.184 \frac{m}{s^2}$$

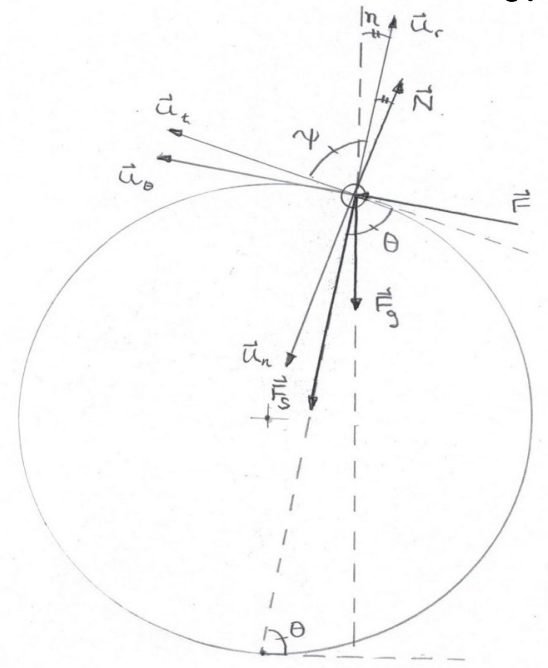
$$r(\theta) = 2R \sin \theta \Rightarrow r(70^\circ) = 2 \cdot 0.4 \cdot \sin(70^\circ)$$

$$r: 0 + \boxed{N} \cos 20^\circ - 15.05 - mg \cos 20^\circ = (0.150)(-37.04) \quad \swarrow a_r$$

$$\theta: F - N \sin 20^\circ + 0 - mg \sin 20^\circ = (0.150)(15.184) \quad \nwarrow a_\theta$$

$$r: \boxed{N = 11.6 \text{ N}}$$

$$\boxed{F = 6.74 \text{ N}}$$

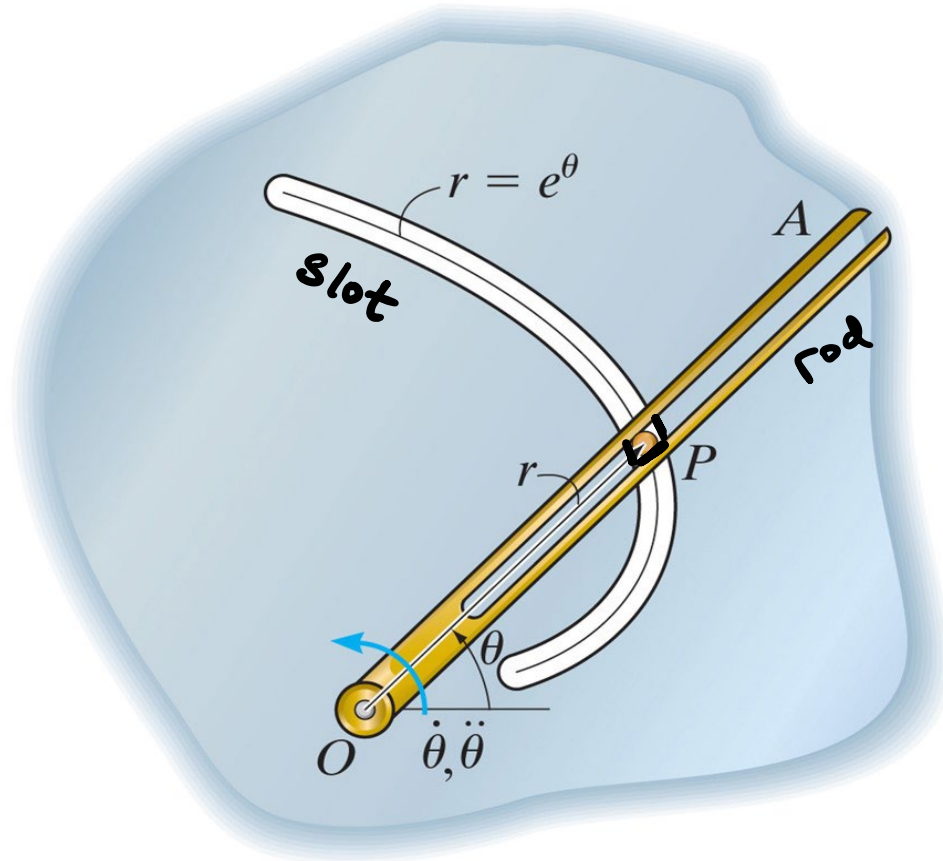




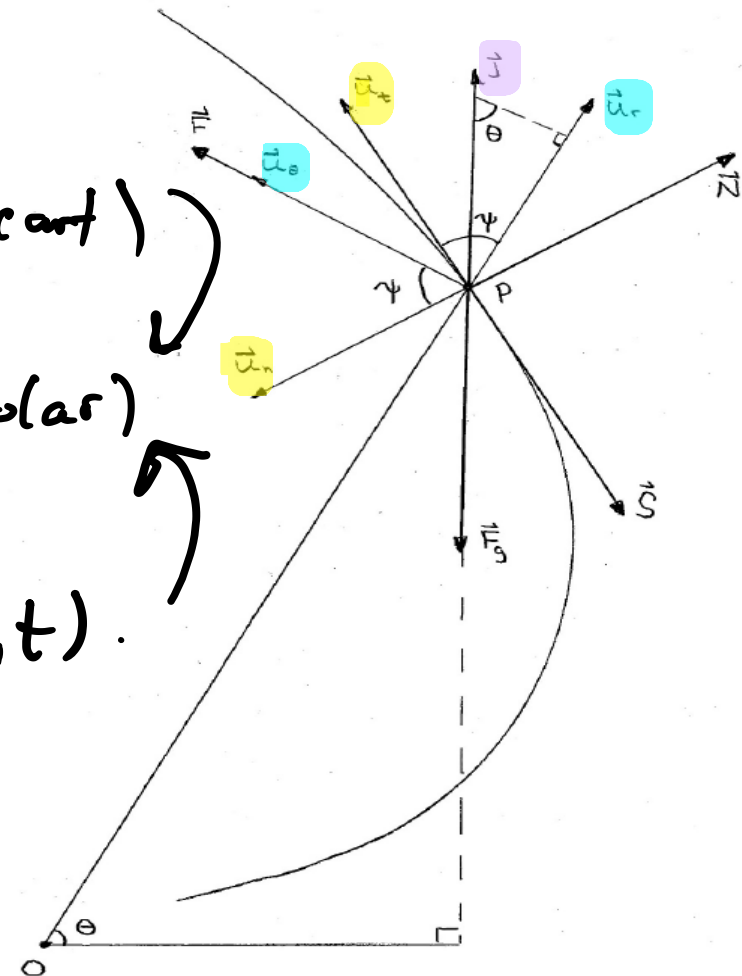
**W10-3.** The forked rod  $OA$  moves the 1.6 kg particle  $P$  around the curved slot whose shape is given by  $r = 0.6 e^\theta$  m where  $\theta$  is in radians. Motion is in the vertical plane. A force  $\vec{S}$  acts on the particle in the direction opposite to its velocity. The magnitude of  $\vec{S}$  is 8.4 N. Determine the force that the rod exerts on the particle and the force of the slot on the particle when  $\theta = 50^\circ$ ,  $\dot{\theta} = 1.3$  rad/s, and  $\ddot{\theta} = 1.4$  rad/s<sup>2</sup>.

$\vec{r}, \ddot{\vec{r}}$

- include / ignore gravity force?



$\vec{r}$   $\uparrow \downarrow$   $\vec{j}$  (cart)  
 $\vec{r}$   $\uparrow \uparrow$   $\vec{u}_\theta$  (polar)  
 $\vec{n}$   $\uparrow \downarrow$   $\vec{u}_n$   
 $\vec{S}$   $\uparrow \downarrow$   $\vec{u}_t$  (n, t).  
 $\vec{a}$  (polar)



**W10-3.** The forked rod  $OA$  moves the 1.6 kg particle  $P$  around the curved slot whose shape is given by  $r = 0.6 e^{\theta}$  m where  $\theta$  is in radians. Motion is in the vertical plane. A force  $\vec{S}$  acts on the particle in the direction opposite to its velocity. The magnitude of  $\vec{S}$  is 8.4 N. Determine the force that the rod exerts on the particle and the force of the slot on the particle when  $\theta = 50^\circ$ ,  $\dot{\theta} = 1.3$  rad/s, and  $\ddot{\theta} = 1.4$  rad/s<sup>2</sup>.

1. Find acceleration in polar coordinates:

We are interested in the moment when:

$$\bullet \theta = \frac{50\pi}{180}; \quad \dot{\theta} = 1.3 \frac{\text{rad}}{\text{s}}; \quad \ddot{\theta} = 1.4 \frac{\text{rad}}{\text{s}^2}$$

$$r = 0.6 e^{\theta} \xrightarrow{\text{@ } \theta = \dots} 1.436 \text{ m}$$

$$\dot{r} = 0.6 e^{\theta} \cdot \dot{\theta} \xrightarrow{\text{@ } \theta = \dots \quad \dot{\theta} = \dots} 1.867 \frac{\text{m}}{\text{s}}$$

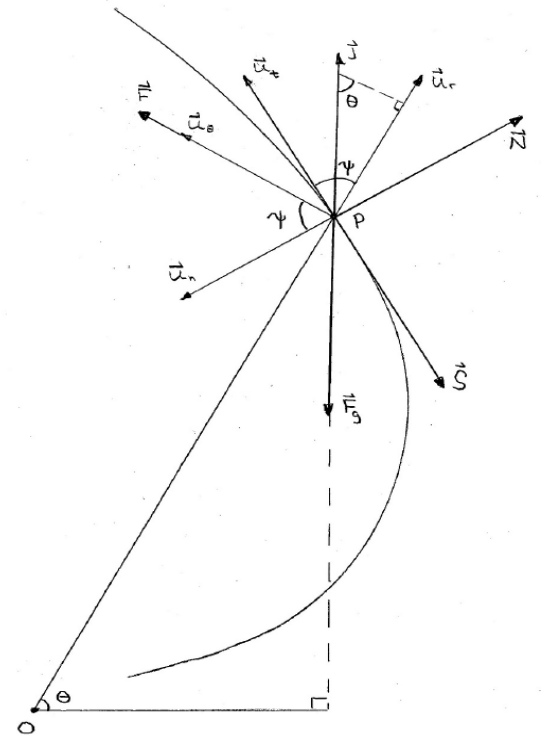
$$\ddot{r} = 0.6 \frac{d}{dt} (e^{\theta} \dot{\theta}) = 0.6 [e^{\theta} \cdot \dot{\theta}^2 + e^{\theta} \ddot{\theta}] \xrightarrow{\theta = \dots \quad \dot{\theta} = \dots \quad \ddot{\theta} = \dots} 4.437 \frac{\text{m}}{\text{s}^2}$$

$$a_r = 2.010 \frac{\text{m}}{\text{s}^2}$$

$$a_{\theta} = 6.864 \frac{\text{m}}{\text{s}^2}$$

**SIG. FIGS. !!!!**

$$a_r = \ddot{r} - r\dot{\theta}^2, \quad a_{\theta} = r\ddot{\theta} + 2\dot{r}\dot{\theta}$$

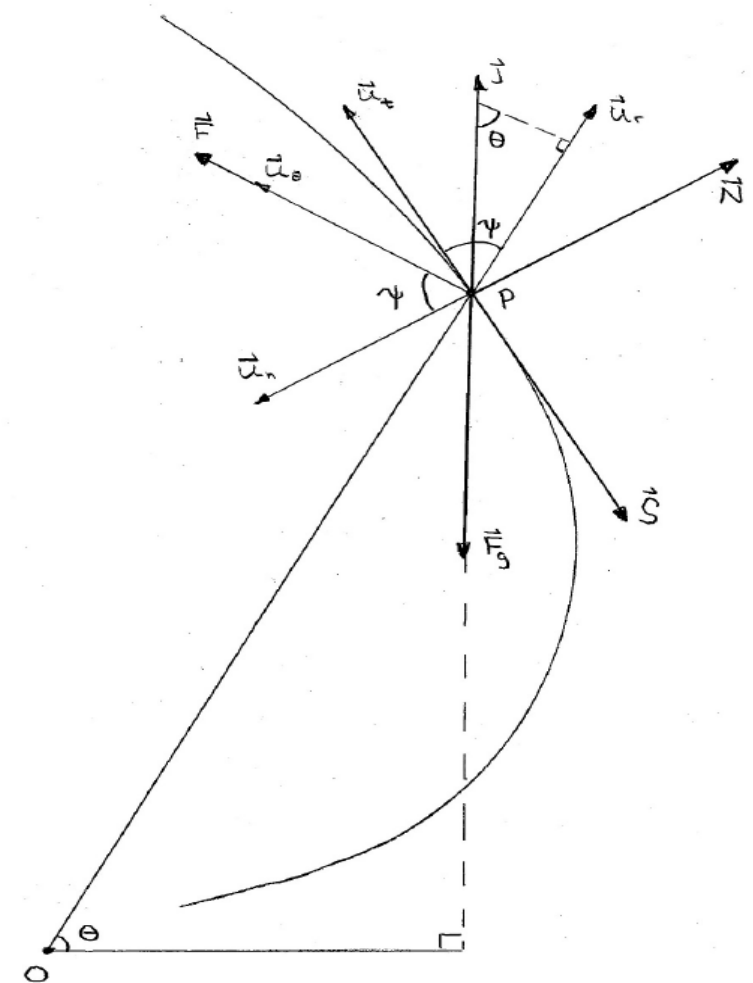


**W10-3.** The forked rod  $OA$  moves the  $1.6 \text{ kg}$  particle  $P$  around the curved slot whose shape is given by  $r = 0.6 e^{\theta} \text{ m}$  where  $\theta$  is in radians. Motion is in the vertical plane. A force  $\vec{S}$  acts on the particle in the direction opposite to its velocity. The magnitude of  $\vec{S}$  is  $8.4 \text{ N}$ . Determine the force that the rod exerts on the particle and the force of the slot on the particle when  $\theta = 50^\circ$ ,  $\dot{\theta} = 1.3 \text{ rad/s}$ , and  $\ddot{\theta} = 1.4 \text{ rad/s}^2$ .

2. Write down all the forces:

$$\begin{aligned}
 \vec{F} &= F \vec{u}_\theta \\
 \vec{N} &= -N \vec{u}_n \\
 \vec{S} &= -S \vec{u}_t, \quad S = 8.4 \text{ N} \\
 \vec{F}_g &= -mg \vec{j}, \quad mg = (1.6)(9.81) \\
 \vec{a} &= \text{polar}
 \end{aligned}$$

polar





**W10-3.** The forked rod  $OA$  moves the  $1.6 \text{ kg}$  particle  $P$  around the curved slot whose shape is given by  $r = 0.6 e^\theta \text{ m}$  where  $\theta$  is in radians. Motion is in the vertical plane. A force  $\vec{S}$  acts on the particle in the direction opposite to its velocity. The magnitude of  $\vec{S}$  is  $8.4 \text{ N}$ . Determine the force that the rod exerts on the particle and the force of the slot on the particle when  $\theta = 50^\circ$ ,  $\dot{\theta} = 1.3 \text{ rad/s}$ , and  $\ddot{\theta} = 1.4 \text{ rad/s}^2$ .

### 3. Translate between coordinate systems:

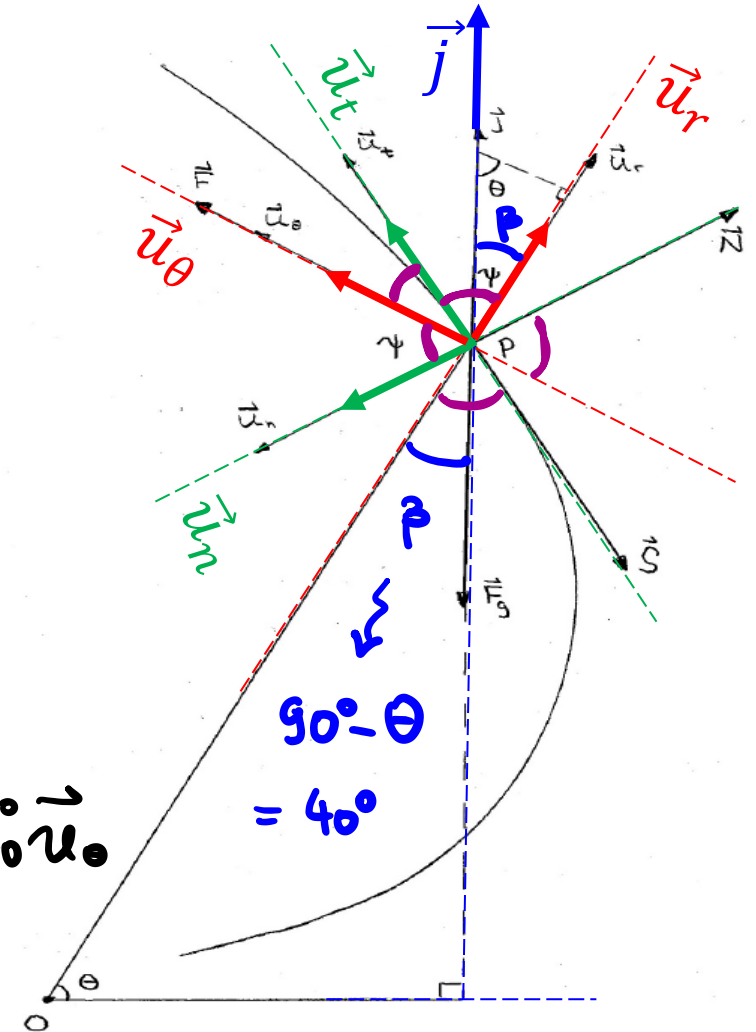
$$\vec{F} = F\vec{u}_\theta; \quad \vec{N} = -N\vec{u}_n; \quad \vec{S} = -S\vec{u}_t; \quad \vec{W} = \vec{F}_g = -mg \vec{j}$$

$$\tan \psi = \frac{r}{dr/d\theta} = \frac{0.6 e^\theta}{0.6 e^\theta} = 1 \quad \boxed{\psi = 45^\circ}$$

$$\vec{u}_t = \frac{\vec{u}_r}{\sqrt{2}} + \frac{\vec{u}_\theta}{\sqrt{2}} \rightarrow \vec{S} = -\frac{S}{\sqrt{2}} \vec{u}_r - \frac{S}{\sqrt{2}} \vec{u}_\theta$$

$$\vec{u}_n = -\frac{\vec{u}_r}{\sqrt{2}} + \frac{\vec{u}_\theta}{\sqrt{2}} \rightarrow \vec{N} = +\frac{N}{\sqrt{2}} \vec{u}_r - \frac{N}{\sqrt{2}} \vec{u}_\theta$$

$$\vec{j} = \cos 40^\circ \vec{u}_r + \sin 40^\circ \vec{u}_\theta \rightarrow -mg \cos 40^\circ \vec{u}_r - mg \sin 40^\circ \vec{u}_\theta$$



**W10-3.** The forked rod  $OA$  moves the 1.6 kg particle  $P$  around the curved slot whose shape is given by  $r = 0.6 e^{\theta}$  m where  $\theta$  is in radians. Motion is in the vertical plane. A force  $\vec{S}$  acts on the particle in the direction opposite to its velocity. The magnitude of  $\vec{S}$  is 8.4 N. Determine the force that the rod exerts on the particle and the force of the slot on the particle when  $\theta = 50^\circ$ ,  $\dot{\theta} = 1.3$  rad/s, and  $\ddot{\theta} = 1.4$  rad/s<sup>2</sup>.

4. Apply 2<sup>nd</sup> Newton's law:  $\vec{F} = F\vec{u}_\theta$ ;  $\vec{N} = \frac{N}{\sqrt{2}}\vec{u}_r - \frac{N}{\sqrt{2}}\vec{u}_\theta$   $\eta = 90^\circ - \theta$

$$\vec{S} = -\frac{S}{\sqrt{2}}\vec{u}_r - \frac{S}{\sqrt{2}}\vec{u}_\theta; \quad \vec{W} = \vec{F}_g = -mg \cos 40^\circ \vec{u}_r - mg \sin 40^\circ \vec{u}_\theta$$

$$\vec{F} + \vec{N} + \vec{S} + m\vec{g} = m\vec{a} \quad a_r = 2.010 \frac{m}{s^2}, \quad a_\theta = 6.864 \frac{m}{s^2}$$

$$r: 0 + \frac{N}{\sqrt{2}} - \frac{S}{\sqrt{2}} - mg \cos 40^\circ = (1.6)(2.010)$$

$$\theta: F - \frac{N}{\sqrt{2}} - \frac{S}{\sqrt{2}} - mg \sin 40^\circ = (1.6)(6.864)$$

$$\boxed{N = 30.0 \text{ N}}$$

$$\boxed{F = 48.2 \text{ N}}$$

