Institutional Distinctiveness

1. "A sound mind in a sound body" (Sports).

"Being a Technical institution, one area of thrust is to promote awareness and benefits of sports"

The chief object of sports is, of course, bodily exercise. "A sound mind in a sound body" is a well-known saying. To keep healthy, one must take an active interest in sports. Thus ACEM serve sports as an essential distinctive practice in student schedule because Sports ensure good health and build a fine physique.

The Value of Sports benefits not only the body but also the mind. Almost every game requires a certain degree of skill to play. Skill is a mental quality which ACEM enhance in their upcoming Technocrats. Sports develop and encourage the spirit of healthy competition. The, competitive instinct is natural in man and demands outlets. Sports have wide scope for the competitive instinct.

In ACEM, Matches and tournaments and contests are held to put to test the skill, toughness, stamina and endurance of values of participants. To boost up their confidence ACEM awards the students by Medals, Trophies, and certificates as an incentive to achieve excellence and a high standard of performance in their respective fields. The healthy spirit of rivalry and competition constantly leads to improvement in the performance.

Purpose:

There are several other considerations which entail sports to an important place in life. It is usually by taking part in sports that we cultivate what is called the spirit of showmanship. This spirit of sportsmanship is an excellent quality in a man and consists of fair play, sense of discipline, capacity for team work and cooperation and confidence in oneself that enabled one to accept a defeat

cheerfully. A sportsman playing on the field is not expected outplays foul. He must cooperate and finally, if his team suffers a defeat he must not lose self-confidence but must shake hands with his adversaries cheerfully. When a sportsman has acquired these qualities on the playground, he will naturally exhibit them in the wider sphere of life. If he has truly imbibed the lessons taught to him by sports, he will be very honest and fair in his dealings with other people. He will never see his enemies below belt. He will always obey his superiors. He will never feel heartbroken on account of the disappointments. If he shows these qualities in his general conduct, he has learnt how live truly. His life is successful and he will be admired everywhere.

2. "Reuse of Paper".

Objectives:

- 1. To Reduce and promote reuse of papers.
- 2. Reduce time of Filling and record keeping.

The Context:

The Paperless Campus initiative is designed to reduce and remove existing paper documents stored within each department's physical repository. Organizations and individuals realize the damage done to the environment and are focusing on changes to make the environment better by means of minimum use of papers for documentation purpose.

The Practice:

There are several ways to contribute towards environmental betterment and a few significant contributions are quoted below:

- Car Pooling
- Usage of CFL lamps
- E-Statements/E-Bills

• Paperless Office – On an average an employee uses 10,000 sheets of paper every year. Organizations can start transforming towards a paperless office to conserve paper.

To promote maximum utilization of e resources for record generation and storage in the institute

- 2. Electronic solutions like mailing have been emphasized.
- 3. All the study materials and notes are provided to the students by Google group
- 4. Notices and circulars are circulated among faculty members through whatapp.
- 5. Printouts are taken on already printed papers, by using the other blank side to make optimum use of papers.

Evidence of Success:

- 1. Activity reports, records have been prepared on one sided papers.
- 2. It has been observed that paper issued to the faculty members have reduced.
- 3. Now a days our faculties uses digital technology especially elder people, admin staff uses Gmail, whatapp to communicate other.
- 4. Records reveal that average usage of papers previously was around 30 rims in three months, but after using paperless institute, it was only 10 rims were used in three months.
- 5. One tree makes 17 rims of A-4 papers. According to that, we are saving minimum 120 rims in one year.

Problems encountered and resources required:

Due to old habit of using good paper for printing of every document the task was difficult, but convey & motivation of staff about the cause has made them aware of e-resource for communication.

Training and guidance is provided for utilizations of e-resource.