



# Media Literacy Pledge

*My mind, eyes, hands, and heart depend on information to function well*

**To you I pledge the following e-Devi:**

## **I will always**

- 💠 Click wisely!
- 💠 Think before sharing
- 💠 Disclose sources
- 💠 Protect privacy (especially of children)
- 💠 Reconsider tagging places and people
- 💠 Respect people's right to opinions
- 💠 Choose dialogue over hate!
- 💠 Avoid trolling
- 💠 Uncheck camera & microphone options unless necessary

## **Blink \*look 20 feet away\* for 20 seconds**

### **Begin e-asana**

- 💠 Side to Side
- 💠 Look Up
- 💠 Look Down
- 💠 Roll shoulders once clockwise and once anti-clockwise
- 💠 Take a deep breath
- 💠 Snap twice
- 💠 Blink thrice
- 💠 Smile
- &
- 💠 Bow to e-Devi!

