

On the other hand: chirality and the peptide backbone

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ABSTRACT

Proteins and peptides comprise a class of biomolecules that display diverse conformations, which is the reason for their diverse functionality. These conformations are afforded in large part due to a protein's backbone, whose twists and contortions allow for a protein to fold into particular conformations. The Ramachandran plot describes a backbone as a function of its dominant degrees of freedom – the backbone dihedral angles ϕ and ψ (Ramachandran *et al.*, 1963). Since its introduction in the 1960's Ramachandran plots have been a crucial tool to characterize protein backbone features. However, so far, the exact nature of the twist of a backbone, as a function of ϕ and ψ has not been completely described for both *cis* and *trans* backbones. In these lines, this short paper provides 1) a simple metric (χ) for backbone chirality, 2) rules of thumb as to how to interpret chirality within a Ramachandran plot, and 3) a complete characterization of the way a backbone twists in all regions of the Ramachandran plot for both *cis* and *trans* backbones; this fills in the 'dead space' within the Ramachandran plot, which are regions that are not commonly accessed by proteins. Given the recent discussion on intrinsic disorder, whose locations on the Ramachandran plot are well characterized, and new peptide mimics that are not bound by traditional peptide rules, these results aim to serve as a guide for understanding new types of peptide and peptidomimetic structures. Finally, we provide Python scripts that replicate the results within the paper as a Github repository.

INTRODUCTION

Proteins and peptides are a class of biomolecules that are unparalleled in their functionality (Berg *et al.*, 2010). They are able to display diverse functions because of the diverse conformations that they display. When attempting to characterize a protein's conformation, it is useful to recognize that proteins are linear polymers: beads on a chain, where beads are amino acids, otherwise called residues (Fig. 1a). These polymers may be distinguished into two regions: the backbone (dark bonds in Fig. 1a) and residue-specific sidechains that 'decorate' the backbone (the 'R's in Fig. 1a). Therefore, a protein's conformation is highly dependent on the manner in which a backbone curves in space. For any protein, its collection or ensemble of conformations¹ define possible molecular functionality. In short, understanding how a backbone behaves is of great importance to the field of biochemistry, since understanding the structure of a protein goes a long way towards understanding how proteins function.

Ramachandran *et al.* (1963) recognized that the twist of a protein or peptide backbone is dependent on the dihedral angles ϕ and ψ (Fig. 1a)². Any peptide built with uniform twist or backbone parameters (say, $\phi = X^\circ$ and $\psi = Y^\circ$) will result in a regular structure; some regular structures are energetically stable (or metastable) and are called secondary structures (Fig. 1b). These secondary structures pack together with the help of loops, which are also twisted (Berg *et al.*, 2010). Today, two-dimensional (ϕ, ψ) plots are called Ramachandran plots, and have been used as a guide for understanding a peptide backbone's general conformational state or 'twistedness' at a glance (Ho *et al.*, 2003; Berg *et al.*, 2010; Alberts *et al.*, 2002; Subramanian, 2001; Laskowski *et al.*, 1993; Hooft *et al.*, 1997; Laskowski, 2003).

So far, our understanding of the Ramachandran plot has been limited to the secondary structures and loops displayed by proteins (Berman *et al.*, 2000; Alberts *et al.*, 2002). Structural biologists are aware

¹These conformations can be specific folds in globular proteins or larger structural ensembles in intrinsically disordered proteins; Mannige (2014).

²Another degree of freedom – the amide dihedral angle (ω) – that is predominantly *trans* in peptides (i.e., $\omega = 180^\circ$), but which can also occupy *cis* conformations ($\omega = 0^\circ$). The Ramachandran plot requires a presumption that the backbone is either *cis* or *trans*.

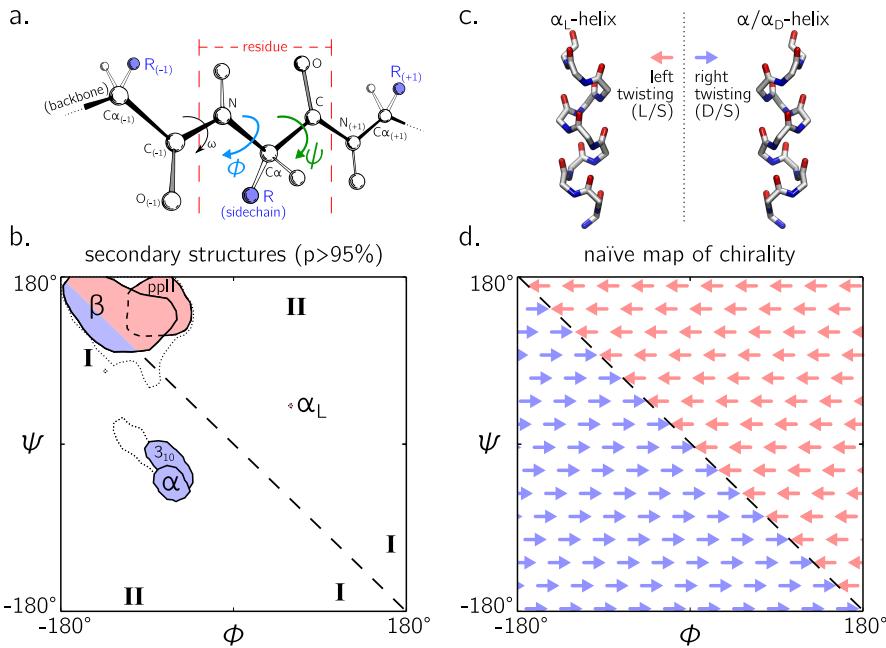


Figure 1. A peptide is composed of a linear chain of residues (a). Each peptide is structurally distinguished into backbone atoms (connected by dark shaded bonds in a) and sidechain motifs that stick out of each residue's α -carbon (R). The structures available to a peptide are mainly due to the dihedral angles ϕ and ψ (and in smaller part, ω). For example, repeating a value for ϕ and ψ for every residue within a peptide – i.e., selecting a point on the Ramachandran plot (b) – results in regular (secondary) structures that then combine to form most globular proteins in the protein databank (Berman *et al.*, 2000). The twist of each perfectly regular secondary structure possesses a distinct chirality: left-handed, or right-handed (examples shown in c); rarely, peptides may be non-chiral or flat (e.g., when $\phi = \psi = \pi$). As evidenced in (c) the -ve diagonal within the Ramachandran plot (dashed line) divides right-handed peptides from left-handed peptides, which leads to the naïve picture of handedness (d). Zacharias and Knapp (2013) showed that this picture is over simplistic, however an in-depth characterization of the backbone in all regions was not performed, and will be done here for both *cis* ($\omega = 0$) and *trans* backbones ($\omega = \pi$).

that the negatively sloping diagonal (dashed line in Fig. 1b; henceforth denoted as the ‘-ve diagonal’) demarcates a change in backbone chirality. For example, the position of the idealized left- and right-handed α -helices (Fig. 1c) – respectively denoted as α_L and α in Fig. 1b – are on opposite sides of the the -ve diagonal³. Additionally, the the β -strand exists predominantly on the right of the -ve diagonal, and their backbones are predominantly left-handed [see, e.g., discussions within Quiocho *et al.* (1977) and Shaw and Muirhead (1977)⁴]. Indeed, all regular/ordered motifs within proteins that lie to the right (or top) of the -ve diagonal are left-handed in backbone twist; as a corollary, all ordered backbones to the left (or under) the -ve diagonal are right handed in nature (primarily, the α -, π - and 3_{10} -helix; Fig. 1b; π -helices are not shown due to low frequency in the protein databank). Naïvely, these observations lead to the hypothesis that the -ve diagonal of the Ramachandran plot separates the left handed backbones from the right handed backbones (Fig. 1d). While even Pauling and colleagues were cognizant of this general trend in peptide secondary structure [see, e.g., notes on what is now known as the α -sheet; Pauling *et al.* (1951); Pauling and Corey (1951b,a)], the picture in Fig. 1d is an often assumed one by protein structural biologists, even though its incorrectness is evident in at least one earlier report (Zacharias and Knapp, 2013).

³Note that left- and right-handed backbone twists are respectively associated with the L and D chiralities within the Fisher Projection system and S and R chiralities within the Cahn–Ingold–Prelog system (Cross and Klyne, 2013).

⁴Note that a different metric for handedness in β sheets exists today that addresses the handedness of a particular hydrogen bonding network and not the handedness of the participating peptide's backbone. See, e.g., Schulz *et al.* (1974) and Chothia *et al.* (1977).

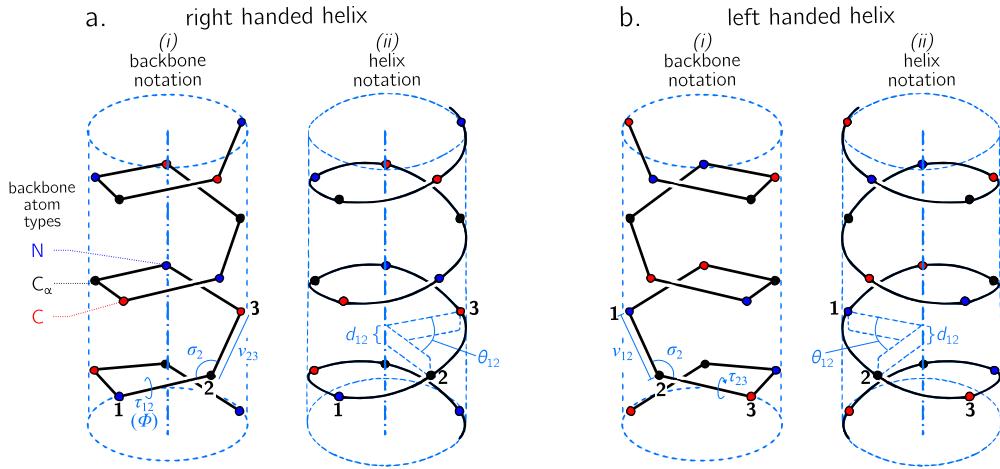


Figure 2. Internal coordinate (i) and helical coordinate (ii) representations of right-handed (a) and left-handed (b) regular backbones. Internal coordinates are a function of bond lengths (e.g., v_{12}), angles (σ_2), and dihedral angles (τ_{12}), while helical coordinates are a function of displacement along the helical axis (d_{12}), angular displacement in the plane perpendicular to the helical axis (θ_{12}) and shortest distance of an atom from the helical axis (ρ ; not shown). Representations are derived from Fig. 1 in (Shimanouchi and Mizushima, 1955).

While ‘twist’ chirality in regular protein secondary structures is well understood, peptide mimics – especially peptoids (Sun and Zuckermann, 2013) – display new secondary structures that fall out of the regions regularly occupied by proteins. Peptoids are distinguished from peptides by the position of each sidechain on the backbone [sidechains are attached to the backbone nitrogen atom rather than the α -carbon; Sun and Zuckermann (2013)]. Certain peptoids display secondary structures in regions of the Ramachandran plot that are not well characterized (Sun and Zuckermann, 2013; Goodman *et al.*, 2007; Culf and Ouellette, 2010; Beke *et al.*, 2006; Pohl *et al.*, 2012; Zuckermann and Kodadek, 2009; Sun and Zuckermann, 2013). For example, a ‘higher-order’ peptoid secondary structure – the Σ -strand (Mannige *et al.*, 2015; Robertson *et al.*, 2016) – samples regions of the Ramachandran plot (‘I’ in Fig. 1d) that are not permitted within natural proteins (this is because of the lack of backbone hydrogen bond donors in peptoids). Another secondary structure – the ω -strand (Gorske *et al.*, 2016) – samples similarly ‘historically uncharted’ regions of the Ramachandran plot (‘II’ in Fig. 1d). Importantly, handedness plays a crucial part in explaining these new motifs: as one goes along the backbones of these secondary structures, alternating residues occupy equal but opposite backbone twists [for this reason, the σ sheet is relatively linear, albeit meandering; Mannige *et al.* (2015); Mannige *et al.* (2016)].

In light of these new secondary structures, and in anticipation of the discovery of additional (higher-order) secondary structures, we chose to perform a detailed study into how regular backbones twist in each region of the Ramachandran plot. This question builds on a previous report that discussed handedness in all-*trans*-backbones (Zacharias and Knapp, 2013), and would complete our understanding of a very basic component of biochemistry (handedness and twist of a backbone). An additional aim is to completely dispel the naïve view in Fig. 1d.

DERIVING MEASURES FOR BACKBONE HANDEDNESS

Numerous metrics for molecular chirality and handedness have so far been discussed (Harris *et al.*, 1999). For example, metrics for chirality have been introduced that focus on vector orientations (Kwiecińska and Cieplak, 2005; Gruziel *et al.*, 2013), optical activity (Osipov *et al.*, 1995), and molecular shape (Ferrarini and Nordio, 1998). However, we will focus on a simpler metric for chirality associated with an idealized helix within which all atoms of the backbone sit (Shimanouchi and Mizushima, 1955; Miyazawa, 1961; Zacharias and Knapp, 2013). We do this because any *regular* backbone can be associated with a specific

helix⁵, and, as we will discuss below, helices have handedness baked into the equations. We will first introduce the use of helical coordinates (and how peptides may be treated in such contexts), after which we will show how some parameters within the helical coordinate system (namely d and θ) may be combined to describe a physically unambiguous meaning of handedness of a backbone's twist.

Describing a regular backbone as a helix.

Interest in how a backbone may be represented as a helix emerged shortly after the first secondary structures were introduced (Pauling *et al.*, 1951; Pauling and Corey, 1951b,a). Shimanouchi and Mizushima (1955) had derived a set of equations that fit a platonic helix to the atoms within a *regularly arranged* backbone. Here, a ‘regular’ backbone indicates that each tunable parameter within a unit or ‘residue’ – say a particular dihedral angle – remains the same for all residues. Fig. 2 describes an arbitrary peptide backbone that may be represented either using internal coordinates (*i*) or helical coordinates (*ii*).

Internal coordinates are associated with (stereo)chemical terms: bond lengths (v_{ij}) between adjacent atoms i and j , bond angles (σ_i) between the two backbone bonds adjacent to atom i , and dihedral or torsion angles (τ_{ij}), which are associated with the bond $i - j$ and the atoms preceding and succeeding these atoms. Helical coordinates (Fig. 2(*ii*)) are described using measures of vertical displacement (d ; this is related to the pitch of a platonic helix), angular displacement (θ) and the radius of the helix (ρ ; not shown in Fig. 2)⁶. Given that there are three atoms associated with a residue (Fig. 1a), d and θ , which are per-residue values, are described in terms of distances (d_{hk}) and angles (θ_{hk}) between adjacent atoms, where $(h, k) \in \{(N_i, C_{\alpha,i}), (C_{\alpha,i}, C_i), (N_i, C_{i+1})\}$. Here, N, C _{α} , and C are the backbone nitrogen, α -carbon, and carbonyl carbon atoms (Fig. 1a), and the index i (and $i + 1$) indicates residue position.

The notation used by Shimanouchi and Mizushima (1955) were in terms of matrices, which were then simplified by Miyazawa (1961) into trigonometric terms⁷. In particular, Miyazawa (1961) noted that the total residue-residue vertical displacement (d) and angular displacement (θ) may be retrieved using the following two equations.

$$\begin{aligned} \cos\left(\frac{\theta}{2}\right) = & \cos\left(\frac{+\phi + \psi + \omega}{2}\right) \sin\left(\frac{\sigma_n}{2}\right) \sin\left(\frac{\sigma_\alpha}{2}\right) \sin\left(\frac{\sigma_c}{2}\right) \\ & - \cos\left(\frac{+\phi - \psi + \omega}{2}\right) \sin\left(\frac{\sigma_n}{2}\right) \cos\left(\frac{\sigma_\alpha}{2}\right) \cos\left(\frac{\sigma_c}{2}\right) \\ & - \cos\left(\frac{+\phi + \psi - \omega}{2}\right) \cos\left(\frac{\sigma_n}{2}\right) \sin\left(\frac{\sigma_\alpha}{2}\right) \cos\left(\frac{\sigma_c}{2}\right) \\ & - \cos\left(\frac{-\phi + \psi + \omega}{2}\right) \cos\left(\frac{\sigma_n}{2}\right) \cos\left(\frac{\sigma_\alpha}{2}\right) \sin\left(\frac{\sigma_c}{2}\right) \end{aligned} \quad (1)$$

$$\begin{aligned} d \sin\left(\frac{\theta}{2}\right) = & (+v_{n,\alpha} + v_{\alpha,c} + v_{c,n}) \sin\left(\frac{+\phi + \psi + \omega}{2}\right) \sin\left(\frac{\sigma_n}{2}\right) \sin\left(\frac{\sigma_\alpha}{2}\right) \sin\left(\frac{\sigma_c}{2}\right) \\ & - (+v_{n,\alpha} - v_{\alpha,c} + v_{c,n}) \sin\left(\frac{+\phi - \psi + \omega}{2}\right) \sin\left(\frac{\sigma_n}{2}\right) \cos\left(\frac{\sigma_\alpha}{2}\right) \cos\left(\frac{\sigma_c}{2}\right) \\ & - (+v_{n,\alpha} + v_{\alpha,c} - v_{c,n}) \sin\left(\frac{+\phi + \psi - \omega}{2}\right) \cos\left(\frac{\sigma_n}{2}\right) \sin\left(\frac{\sigma_\alpha}{2}\right) \cos\left(\frac{\sigma_c}{2}\right) \\ & - (-v_{n,\alpha} + v_{\alpha,c} + v_{c,n}) \sin\left(\frac{-\phi + \psi + \omega}{2}\right) \cos\left(\frac{\sigma_n}{2}\right) \cos\left(\frac{\sigma_\alpha}{2}\right) \sin\left(\frac{\sigma_c}{2}\right) \end{aligned} \quad (2)$$

Here, subscripts ‘n’, ‘ α ’, and ‘c’ respectively refer to the backbone nitrogen, α -carbon and carbonyl carbon atoms; v_{ij} refers to the distance between adjacent atoms i and j ; σ_i refers to the angle between the

⁵Indeed, the word ‘helix’ has a broader meaning that comes from the Greek word ἑλίξ that means ‘twisted, curved’; Liddell *et al.* (1894).

⁶Miyazawa (1961) also reported a helix parameter related to θ and d – the radius (ρ) of the helix (Eqn. 38 in that report) – which will not be discussed here, as its meaning with regards to handedness is redundant.

⁷Interestingly, the formalisms described by Miyazawa (1961) and Shimanouchi and Mizushima (1955) apply to repeating linear polymers of arbitrary complexity; therefore, these formalisms can be applied to even novel protein mimics that do not conserve the number of atoms within the backbone (Kandakov and Ginzburg, 2013), such as β -peptides.

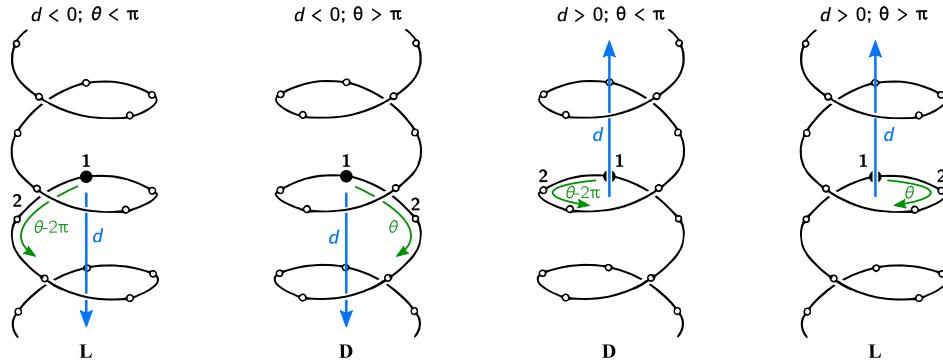


Figure 3. The handedness of a helix is a function of angular displacement perpendicular to the helical axis (θ ; green curved arrows) and linear displacement along the helical axis d (blue, vertical arrows). Here, the left- and right-handed twists are respectively referred to as **L** and **D** (shown at the bottom), as per the Fisher Projection system (Cross and Klyne, 2013).

adjacent bonds that have i as the common atom. Finally, ϕ , ψ , and ω represent the traditional symbols for backbone dihedral angles, which may be otherwise denoted as $\tau_{n,\alpha}$, $\tau_{\alpha,c}$, and $\tau_{c,n(+1)}$, respectively. Given that backbone bond lengths and angles are generally less tunable when compared to dihedral angles, we can keep them fixed. Using revised values for the bond angles and lengths⁸, we arrive at equations for θ and d that are purely a function of the backbone dihedral angles. In particular, Miyazawa (1961) set $\omega = \pi$ and used preset values for bond angles and lengths to arrive at a simpler equation for *trans* backbones. An updated version of this equation was reported by Zacharias and Knapp (2013) follows.

$$\cos\left(\frac{\theta}{2}\right) = -0.8235 \sin\left(\frac{\phi + \psi}{2}\right) + 0.0222 \sin\left(\frac{\phi - \psi}{2}\right), \quad (3)$$

$$d \sin\left(\frac{\theta}{2}\right) = 2.9986 \cos\left(\frac{\phi + \psi}{2}\right) - 0.6575 \cos\left(\frac{\phi - \psi}{2}\right). \quad (4)$$

This equation is especially relevant to peptides as they occur predominantly in *trans* conformations ($\omega = \pi$). However, given the prevalence of *cis* backbones in peptide mimics such as peptoids (Mirjaniyan *et al.*, 2014; Gorske *et al.*, 2016), for completeness, we report the corresponding relationships for a *cis* backbone ($\omega = 0$) below.

$$\cos\left(\frac{\theta}{2}\right) = 0.4052 \cos\left(\frac{\phi + \psi}{2}\right) - 0.4932 \cos\left(\frac{\phi - \psi}{2}\right), \quad (5)$$

$$d \sin\left(\frac{\theta}{2}\right) = 2.3093 \sin\left(\frac{\phi + \psi}{2}\right) + 0.0028 \sin\left(\frac{\phi - \psi}{2}\right). \quad (6)$$

An equation for backbone handedness.

The helical parameters d and θ host a wealth of information. For example, $d = 0$ indicates all atoms of a particular type (e.g., all α -carbons) are in the same plane. For any fixed value of d , the backbone is least curved when $\theta = \pi$; similarly, for any fixed value of θ , the backbone is most tightly wound when θ assumes the value of $d = 0$. Zacharias and Knapp (2013) observed that θ and d are also instrumental in describing backbone handedness. We describe this relationship first by words and pictures (Fig. 3), and then in equation form.

The relationship between d , θ and handedness is shown in Fig. 3. While θ indicates the extent to which a backbone is curved, the handedness of a backbone is dependent on both θ and d , because the sign of d provides a frame of reference for interpreting θ . In particular, if d is positive, then $\theta < \pi$ indicates

⁸Values used here are also used by Zacharias and Knapp (2013). These values are:
 $v_{n,\alpha} = 1.459\text{\AA}$, $v_{\alpha,c} = 1.525\text{\AA}$, $v_{c,n(+1)} = 1.336\text{\AA}$, $\sigma_\alpha = 111.0$, $\sigma_c = 117.2^\circ$, and $\sigma_n = 121.7^\circ$.
For reference, Miyazawa (1961) originally used the following values:
 $v_{n,\alpha} = 1.470\text{\AA}$, $v_{\alpha,c} = 1.530\text{\AA}$, $v_{c,n(+1)} = 1.320\text{\AA}$, $\sigma_\alpha = 110.0$, $\sigma_c = 114.0$, and $\sigma_n = 123.0$.

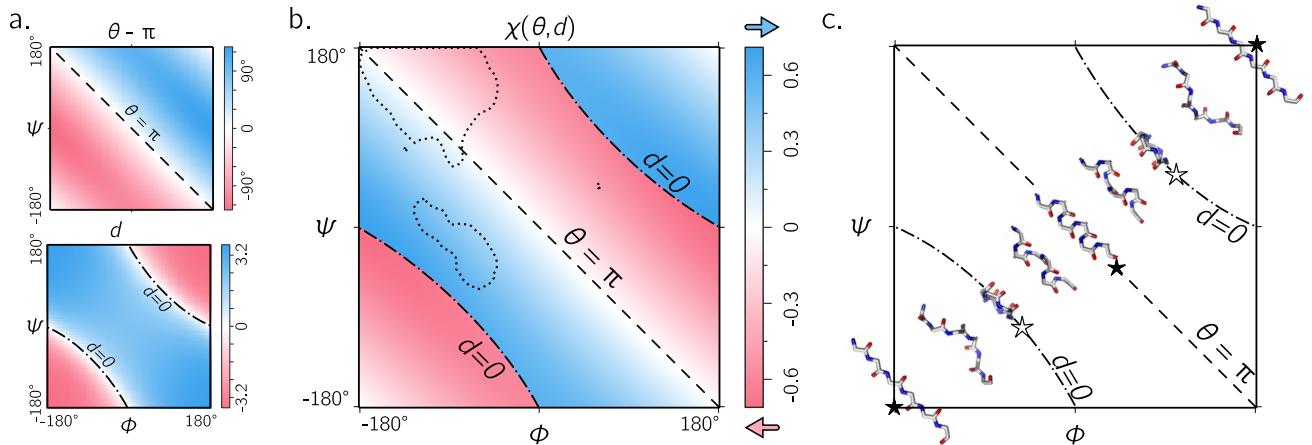


Figure 4. The chirality of an ordered *trans* peptide within the Ramachandran plot. Panel (a) displays the relationship between backbone parameters (ϕ, ψ) and the associated helix parameters of curvature $\theta - \pi$ (top; Eqn. 1) and pitch d (bottom; Eqn. 2). The boundaries, $\theta = \pi$ (‘--’), and $d = 0$ (‘- - -’), correspond to backbones that are equally flat, but which are respectively optimally extended and curved (see discussion in text). As shown in Fig. 3, the handedness of a helix is a function of these two variables (χ ; Eqn. 7). Panel (b) is a map of backbone chirality (χ) as a function of ϕ and ψ . This map shows that the naïve expectation of handedness in a Ramachandran plot (Fig. 1d) is inaccurate. Interestingly, our naïve expectations (Fig. 1d) would be upheld if we were only to have sampled regions of the Ramachandran plot dominated by known proteins (a; regions enclosed by ‘....’). An example of the behavior of one ‘slice’ of (b) is shown in (c). Each snapshot represents a peptide backbone that is either in a distinct region of handedness or at a boundary.

right handedness, while $\theta > \pi$ indicates a left-handed helix. However, if d is negative, then the manner in which the helix is ‘built’ reverses (Fig. 3), and $\theta > \pi$ indicates left-handedness, while $\sin(\theta) < \pi$ indicates right-handedness.

Given these relationships, we provide the following, simple, metric for backbone handedness that depends on the sign of d and the value of θ :

$$\chi = \frac{d}{|d|} \frac{\pi - \theta}{\pi} \quad (7)$$

Here, $\chi \in \{-1, \dots, 1\}$ is negative (or positive) when the overall twist of the backbone is left (or right) handed⁹.

DISCUSSION

Relevance of θ and d .

The helical parameters d and θ respectively refer to a displacement along the helical axis and an angular displacement in a plane perpendicular to the helical axis (Fig. 3). Fig. 4a describes the behavior of d and $\theta - \pi$ as a function of ϕ and ψ (assuming an all-*trans* backbone; $\omega = 0$). As discussed previously, both d and θ are structurally important: $d = 0$ codes for backbones that are both flat and optimally extended (for a fixed *theta*), while $\theta = \pi$ codes for backbones that are both flat and optimally collapsed or curved (for a fixed d); these ideas are further discussed below in context of *trans* backbones.

Two possible definitions of backbone ‘flatness’ are possible: flatness at a residue level and flatness at the atomic level. In the former, all atoms of the same type are coplanar (examples of atom types are backbone nitrogen, carbonyl carbon, α -carbon, or even sidechain β -carbon). In the latter, *all* atoms within the backbone are coplanar. We choose the former definition as the relevant definition of flatness, as we are only concerned about the residue-by-residue behavior of the peptide.

Given basic combination guidelines (Fig. 3), θ and d combine into χ (Eqn. 7) to define the handedness of a backbone. In absence of handedness, when $\chi = 0$, we have an achiral or flat backbone.

⁹A similar but not identical outcome could be obtained if we use the equation $\chi' = \frac{d}{|d|} \sin(\theta)$.

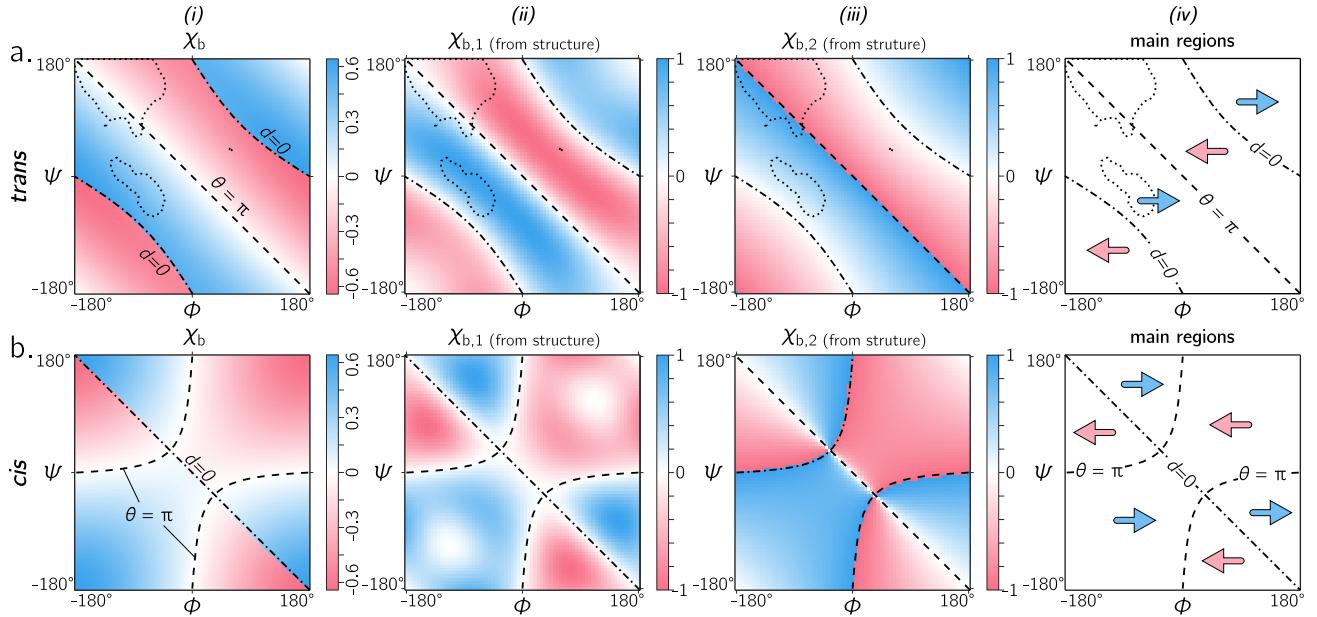


Figure 5. Panels (a) and (b) describe the handedness of backbones twists whose amide dihedral angles are *trans* ($\omega = \pi$) and *cis* ($\omega = 0$), respectively. Column (i) describes handedness calculated using χ (Eqn. 7), which does not require structures to be computationally generated. Columns (ii) and (iii) respectively show vector-based estimates of backbone handedness – χ_1 (Eqn. 8) and χ_2 (Eqn. 9) – which are calculated from computationally generated peptides (see Methods). Regions of left- and right-handedness are identical for all measures of handedness (i–iii). This general map of how handedness is distributed within the Ramachandran plot is shown in (iv). As in Fig. 4, ‘–’ and ‘–·–’ respectively correspond to $\theta = \pi$ and $d = 0$.

Handedness within *trans* backbones.

Fig. 4b is a complete description of the chirality of an all-*trans* peptide backbone. It describes the behavior of backbone handedness as a measure of ϕ and ψ , while Fig. 4c describes some structures at relevant regions within the Ramachandran plot. When $d = 0$ (‘ \star ’), then each residue is at the same ‘altitude’, i.e., the helix is perfectly flat and curved. Note that any path on the Ramachandran plot that transitions from negative to positive d will encounter an infinitesimal region in its path that is $d = 0$: it therefore does not appear white as would be expected for a region where $\chi = 0$, but as a sharp transition from one handedness to the other. When $\theta = \pi$, then the backbone is also flat (see ‘ \star ’ in Fig. 4c); however, these backbones are also linear (i.e., each atom type is *colinear*). In short: Within the Ramachandran plot, $d = 0$ (‘–·–’) and $\chi = \pi$ (‘–’–) code for *flat* backbones that are respectively either optimally collapsed (at a given θ) or optimally extended (at a given d). We later show how these simple rules may be combined to make conjectures about novel secondary and tertiary structures.

Fig. 5a shows that the equation for χ match other metrics for handedness and chirality (Kwiecińska and Cieplak, 2005; Gruziel *et al.*, 2013). In particular, Fig. 5a displays the Ramachandran plot colored by χ (i) next to estimates calculated using χ_1 ((ii); Eqn. 8) and χ_2 ((iii); Eqn. 9). Each panel describes identical regions of left and right handedness, which is shown as a cartoon in (iv). However, given that χ_1 and χ_2 are estimates, their exact values differ from the primary metric for handedness (χ) provided here.

Handedness within *cis* backbones.

In the same vein as Fig. 5a, Fig. 5b displays χ , χ_1 and χ_2 as a function of ϕ and ψ for all-*cis* backbones. To our recollection, this is the first complete description of chirality of an all-*cis* backbone ($\omega = 0$). Interestingly, the boundaries for $d = 0$ and $\theta = \pi$ switch in *cis* backbones, with the -ve diagonal and curved boundaries being caused by d and θ , respectively. Additionally, Fig. 5a reiterates the idea that *cis* peptides are a complete different animal, compared to *trans* peptides: the regions of left- and right-handedness are differ. Additionally, points on the *cis* map ($\phi = \pm 36^\circ$, $\psi = \mp 36^\circ$) exist where $d = 0$ and $\theta = \pi$. An example of a six-residue peptide is shown:

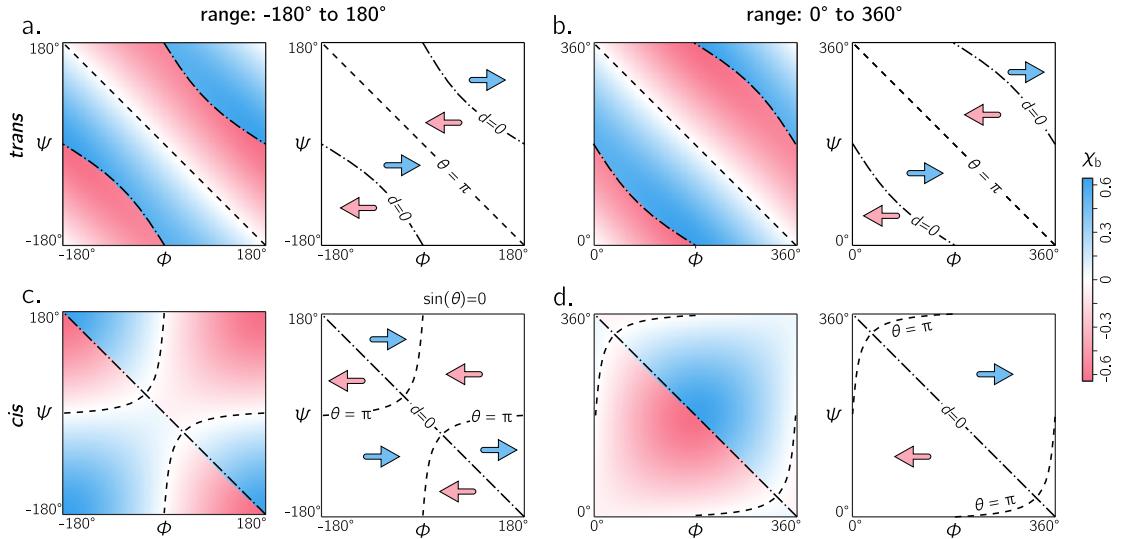
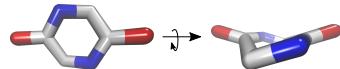


Figure 6. Each panel describes handedness data (right) and boundaries (left). Both frames of references $[-\pi, \dots, \pi]$ and $[0, \dots, 2\pi]$ yield similar trends for *trans* backbones (a,b); however, for *cis* backbones, the latter frame of reference (d) appears to more neatly apportion the handedness of the backbone rather than the traditional frame of reference (c). As in Figs. 4 and 5, ‘–’ and ‘–·–’ respectively correspond to $\theta = \pi$ and $d = 0$.



This is almost a contradiction, because $d = 0$ indicates the most curved backbone at a fixed θ , and $\theta = \pi$ indicates the most linear backbone at a fixed d . Of course, this structure would never be possible, since many atoms overlap. However, such a structure (one with $d = 0$ and $\theta = \pi$) is not possible in *trans* peptides, even in theory, because the boundaries associated with $d = 0$ and $\theta = \pi$ will never intersect (Fig. 5a).

[-pi,pi] or [0,2pi]: which frame of reference to use?

In structural biology, ϕ and ψ within the Ramachandran plot has been historically set to range between the values $[-\pi, \pi]$ radians [see, e.g., textbooks by Berg *et al.* (2010) and Alberts *et al.* (2002)]. However, Ramachandran *et al.* (1963) had originally used the range of $[0, 2\pi]$. Today, the range $[-\pi, \pi]$ is used predominantly by many structural biologists (Laskowski *et al.*, 1993; Laskowski, 2003; Zacharias and Knapp, 2013), while others have turned to $[0, 2\pi]$ as the norm (Némethy *et al.*, 1966; Voelz *et al.*, 2011).

Given the periodicity of the Ramachandran plot, these differences do not make any difference scientifically; however the value of the Ramachandran plot is undeniably relative to its boundaries: it is a map of important features of proteins and their relatives in context to the various regions, quadrants, and diagonals in the map. The ramachandran plot’s value lies in being able to convey large amounts of information in easy to read logo- or picto-grams. For that reason, switching the map from one range to another means that two norms and two types of scientists will not be able to converse as seamlessly. Therefore, the following question must arise: which range is able to convey more information with the least amount of work? Fig. 6 shows the behavior of a *trans* backbone (a,b) *cis* backbone (c,d) in the two frames of reference. From (a) and (b) it is evident that general trends in the map for *trans* backbones remain the same in both frames of reference: the negative diagonal ($\sigma = \pi$) locally separates right from left handed regions, while the curved line ($d = 0$) – which also separates handedness – also appears to be in generally the same regions (albeit inverted in curvature). The *cis* backbones, however, look dramatically different in the two frames of reference: the diagonal appears meaningfully separates handedness when the plot ranges from 0 to 2π (d), while the range $[-\pi, \pi]$ separates handedness in a more complicated manner (c). For this reason, purely when looking at handedness, and especially in the case of *cis* backbones, the range 0 to 2π appears to be more meaningful.

CONCLUSIONS

1. The handedness of both *cis* and *trans* backbones are shown as a function of ϕ and ψ .
 2. Our naïve expectations of handedness is too simple in *trans* backbones and completely wrong in *cis* backbones: Each Ramachandran plot contains at least four regions of left- (red) and right-handed (blue) regions (not two), irrespective of the state of the amide dihedral angle. While this was tested for all integer values, the following are some examples ($\phi, \psi \in [-\pi, \dots, \pi]$):
- The figure consists of five square Ramachandran plots arranged horizontally. Each plot shows a grid of curved lines representing the allowed regions for dihedral angles ϕ and ψ . The regions are color-coded: red for left-handed (L) and blue for right-handed (D). The plots are labeled with their respective ω values: $\omega = -180^\circ$, $\omega = -135^\circ$, $\omega = -90^\circ$, $\omega = -45^\circ$, and $\omega = 0^\circ$. As ω increases from -180° to 0° , the number of distinct regions increases from two to four.
3. Interestingly, the reason for the naïve view makes sense when considering only *trans* peptides: the -ve diagonal ('--' in Figs. 4a and 5a) separates *D* and *L* twists if we consider only the regions dominantly occupied by structured proteins ('....' in Figs. 4a and 5a).
 4. $d = 0$ codes for backbones that are flat and optimally extended (for a fixed θ).
 5. $\theta = \pi$ codes for backbones that are flat and optimally collapsed or curved (for a fixed d).
 6. Ramachandran plots have traditionally been shown in the range $[-\pi, \pi]$, however, Fig. 6 indicates that the alternative range $[0, 2\pi]$ – may be more meaningful when considering basic structural properties, especially when considering the *cis* backbone.

METHODS

All methods and materials required to produce this manuscript are freely available at https://github.com/ranjanmannige/backbone_chirality.git. The manuscript itself may be recreated by running ‘python compileme.py’ within the subdirectory `manuscript/` (this command uses PDFLatex; however any other flavor of latex may be used instead).

Other measures of handedness – calculating handedness from generated structures.

In addition to Eqn. 7, two estimates for handedness were used to validate Eqn. 7 (χ), which are shown for *trans* and *cis* backbones in Fig. 5.

The first metric, previously used as a measure of helix twist handedness (Kwiecińska and Cieplak, 2005), is the following.

$$\chi_1 = \frac{1}{N} \sum_{i=2}^{N-2} \frac{(\mathbf{v}_{i-1} \times \mathbf{v}_i) \cdot \mathbf{v}_{i+1}}{v_{i-1} v_i v_{i+1}}. \quad (8)$$

Here, N is the peptide length, and the average peptide backbone handedness χ has range $[-1, 1]$. Values deviating from 0 are more chiral (or ‘twisted’ or ‘handed’), and left handed twists are negative while right handed twists are positive. Only α -carbon atom positions are used for the calculation. Each α -carbon belonging to residue $i \in \{1, 2, \dots, N\}$ has position \mathbf{N}_i . Vector $\mathbf{v}_k \equiv \mathbf{N}_{k+1} - \mathbf{N}_k$. The scalar component of the vector \mathbf{v}_i is denoted as v_i . Each scalar in the denominator within the summand (e.g. v_i) indicates the distance between neighboring alpha carbons, which is $\sim 3\text{\AA}$ and $\sim 3.85\text{\AA}$ for backbones whose amide dihedral angles respectively are *cis* ($\omega \approx 0$) and *trans* ($\omega \approx \pi$). If we know that the backbone amide is either all-*cis* or all-*trans*, then the denominator can be simplified to v_i^3 .

The second measure for handedness, used by Gruziel *et al.* (2013), is

$$\chi_2 = \frac{1}{\pi N} \sum_{i=2}^{N-2} \arctan2(\mathbf{v}_i \mathbf{v}_{i-1} \cdot \mathbf{v}_i \times \mathbf{v}_{i+1}, \mathbf{v}_{i-1} \times \mathbf{v}_i \cdot \mathbf{v}_i \times \mathbf{v}_{i+1}). \quad (9)$$

Here, χ_2 is known as χ in Gruziel *et al.* (2013), absent the normalization by π used here to set the range from -1 to 1 in stead of $-\pi$ to π .

Generating regular peptides.

While Eqn. 7 is purely analytical and does not need structures to be computationally generated, Eqns. 8 and 9 do. In order to use these equations, peptides (poly-glycines) of arbitrary length were generated using the Python-based PeptideBuilder library (Matthew *et al.*, 2013)¹⁰. Analysis was performed using BioPython (Cock *et al.*, 2009) and Numerical Python (Van Der Walt *et al.*, 2011). Ramachandran plots that describe chirality (e.g., Fig. 4a) were generated using a grid spacing of $\phi, \psi \in \{-180, -178, \dots, 178, 180\}$.

Protein secondary structure statistics.

Secondary structure statistics were obtained from Mannige *et al.* (2016). Given that this is previously reported, we have not provided code for this procedure within the Github repository. As per Mannige *et al.* (2016), α -helices, 3_{10} -helices and β -sheets were identified using the DSSP algorithm (Zhao *et al.*, 2005; Kabsch and Sander, 1983; Joosten *et al.*, 2011) and sourced from protein structures within the 40% non-redundant database provided by the Structural Classification of Proteins or SCOP (Release 2.03; Fox *et al.* (2014)). The polyproline II helix statistics were obtained from segments within 16,535 proteins annotated by PolyprOnline (Chebrel *et al.*, 2014) to contain three or more residues of the secondary structure.

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¹⁰As we are dealing with regular peptides, peptide length must only be greater than 4 residues.

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