

POST OPERATIVE INSTRUCTIONS AFTER OVARIAN PRP

To take soft diet on the day of ovarian PRP

To resume normal diet after one day of ovarian PRP

Please strike out whichever is not applicable

Check Applicable	Medication	Dosage	Route	Times	Timings	When to Start	How Many Days
	Tab Doxycycline	100 mg	Oral	Twice daily	After meals	immediately	Three days
	Tab Taxim O	200mg	oral	Twice daily	After meals	immediately	Three day
	Tab Ceftum	500 mg	oral	Twice daily	After meals	immediately	Three days
	Cap Pantoprazole	40 mg	Oral	Once daily	Befoer meals	Immediately	If gastritis
	Tab Estrabet	2mg	Oral	daily	After meals	immediately	Twenty eight days
	Tab Ecosprin	75 mg	Oral	Once daily	After meals	Tomorrow	Twenty eight days
	Tab Meprate	10 mg	Oral	Twice daily	After meals	immediately	Twenty eight days
	Cap Lycopene/ Biophil-L	4000 mcg	Oral	Once daily	After meals	immediately	Twenty eight days
	Bio Large / L Arginine sachet		oral	Once /twice daily	After meals	Immediately	Twenty eight days
	Cap Vit D3	60000 IU	oral	weekly	After meals	immediately	Twenty eight days
	Tab Calcium	500 mg	oral	Once daily	After meals	immediately	Twenty eight days
	Cap Biophil Vita		oral	Once daily	After meals	immediately	Twenty eight days
	Cap Biophil Q		oral	Once daily	After meals	immediately	Twenty eight days
	Cap Biophil DHEA 75		oral	Once daily	After meals	immediately	Twenty eight days
	Cap Biophil O3		Oral	Once daily	After meals	immediately	Twenty eight days
	Cap Evion	400 mg	Oral	Once daily	After meals	immediately	Twenty eight days

Continue thyroid /antihypertensive/ diabetes medications as have been taking previously

To report in emergency of the hospital immediately if patient has abdominal pain/vaginal bleeding/ fever /excessive cough /giddiness /vomiting

For appointment call on <u>9560733352</u> (Delhi) / <u>9870108418</u> (Noida) / <u>8766344624</u> (Gurgaon)