

# Chapter 1

## Literature Review and Methodological Foundations

### 1.1 Paired-comparison and Dynamic Rating Models

This chapter grounds our hybrid modeling + RL design in rigorous prior work.

#### 1.1.1 Bradley–Terry / Thurstone Foundations

Let each team  $i$  have latent skill  $\theta_i$ . The Bradley–Terry model gives

$$P(i \text{ beats } j) = \frac{\exp(\theta_i)}{\exp(\theta_i) + \exp(\theta_j)} = \text{logit}^{-1}(\theta_i - \theta_j).$$

While elegant, this static model cannot capture temporal dynamics or strength drift.

#### 1.1.2 Harville’s Linear Mixed Models for NFL

Harville (1980) models score margin  $Y_{ij}$  as

$$Y_{ij} = \alpha_i - \alpha_j + \delta \text{HFA}_{ij} + \mathbf{x}_{ij}^\top \beta + \varepsilon_{ij}, \quad \varepsilon_{ij} \sim N(0, \sigma^2),$$

with  $\alpha$  as random effects and shrinkage (BLUP) estimation. (?) This approach is interpretable and computationally efficient, but lacks temporal adaptability.

#### 1.1.3 Glickman–Stern State-Space Model

Glickman & Stern (1998) model latent strengths  $\theta_{i,t}$  evolving via

$$\theta_{i,t} = \gamma \theta_{i,t-1} + \eta_{i,t}, \quad \eta_{i,t} \sim N(0, \tau^2),$$

and margins:

$$Y_{ij,t} = (\theta_{i,t} - \theta_{j,t}) + \delta \text{HFA}_{ij,t} + \varepsilon_{ij,t}, \quad \varepsilon_{ij,t} \sim N(0, \sigma^2).$$

They link spread to win probability via the normal approximation  $P(\text{win}) = \Phi(p/\sigma)$ . (??) Strengths: credible intervals, smooth drift, extensions for covariates. Weaknesses: Gaussian residuals may misfit extreme margins, MCMC scaling, linear covariate assumptions.

**Stochastic Volatility Extensions.** Some works allow  $\sigma_t$  to vary via

$$\log \sigma_t = \phi \log \sigma_{t-1} + \zeta_t,$$

which captures heteroskedasticity across games or seasons.

## 1.2 Score / Margin Distributions

### 1.2.1 Independent Poisson + Dixon-Coles Adjustment

Model goals/scores as independent Poissons with rates  $\lambda, \mu$ . Dixon & Coles (1997) introduce an adjustment  $\tau(x, y; \rho)$  to correct low-score dependence:

$$P(X = x, Y = y) \propto \tau(x, y; \rho) \text{Poisson}(x; \lambda) \text{Poisson}(y; \mu).$$

This improves fit in tightly contested, low-score games. (?)

### 1.2.2 Bivariate Poisson via Shared Component

Karlis & Ntzoufras model

$$X = U + Z, Y = V + Z,$$

with  $U, V, Z$  independent Poissons. The shared  $Z$  introduces positive covariance:  $\text{Cov}(X, Y) = \mathbb{E}[Z]$ . (?) This structure better captures correlated scoring (e.g. fast score pace, momentum).

### 1.2.3 Dynamic Bivariate Poisson Models

Koopman, Lit & Lucas (2015) evolve scoring intensities over time in a state-space framework, using simulation-based filtering to handle the non-Gaussian likelihood. (?) This allows adaptation of attack/defense parameters mid-season.

### 1.2.4 Skellam Margins and Key-Number Reweighting

For margins  $D = X - Y$ , where  $X, Y$  are Poisson,  $D$  follows a Skellam distribution:

$$P(D = d) = e^{-(\lambda + \mu)} \left( \frac{\lambda}{\mu} \right)^{d/2} I_{|d|}(2\sqrt{\lambda\mu}).$$

In the NFL, margins concentrate on key numbers (3,6,7,10). We reweight the Skellam/Poisson PMF to match empirical key-number frequencies before feeding into teaser/middle simulations (see Chapter ??).

## 1.3 Calibration, Scoring & Uncertainty

### 1.3.1 Scoring Rules

We evaluate models by:

- **Brier score:**  $\frac{1}{N} \sum (p_i - y_i)^2$
- **Log-loss:**  $-\frac{1}{N} \sum [y_i \log p_i + (1 - y_i) \log(1 - p_i)]$
- **Reliability diagrams, ECE:** partition probabilities into bins and check empirical frequency

### 1.3.2 Uncertainty Quantification

Classical Bayesian/state-space models give posterior predictive distributions by default. For ML models, we will estimate predictive intervals via:

- Bootstrapping over training subsets
- Quantile regression layers
- Ensemble variance

We propagate these intervals into staking decisions: bets with wide uncertainty may be filtered or heavily downweighted.

## 1.4 Machine Learning Models in NFL Prediction

### 1.4.1 Feature Sets and Interactions

Key feature families include:

- Efficiency metrics: EPA/play, success rate (offense, defense, by down/distance)
- Play-calling: PROE (pass rate over expected), pace (sec/play), pass vs run splits
- Trench indicators: pressure allowed/created, stuff rate, line yards proxies
- Roster & injuries: QB status, adjusted games lost (AGL), starters out
- Environmental: weather (wind, rain, temp), turf/grass, altitude
- Market microstructure: implied probability, hold, line-move delta, cross-book spreads (CBV)

We use ML (e.g. gradient boosting, neural nets) to capture nonlinear interactions among these features, stacking with classical model outputs as base features.

## 1.4.2 Regularization, Calibration & Robustness

We guard against overfitting via:

- Time-based cross-validation (rolling windows)
- Strong regularization (ridge, lasso, elastic net)
- Probability calibration (Platt scaling, isotonic regression) on held-out data
- Ensemble bootstraps and variance reduction

## 1.5 Reinforcement Learning for Betting

### 1.5.1 MDP Formulation for Betting

We treat each potential bet (pre-game or intra-game) as a step in an MDP:

$s_t = (\text{model predictions, market state, bankroll, time}), \quad a_t \in \{\text{no bet, stake bucket}\}, \quad r_t = \text{PnL (or utility)}$

Actions can include correlated bets across markets (spread + total) or hedges.

### 1.5.2 RL Algorithms and Offline Training

We experiment with:

- **DQN / Q-learning**: discretized stake buckets, value iteration + experience replay
- **PPO / Actor–Critic**: continuous or stochastic stake policies, clipped updates, entropy regularization
- **Uncertainty-aware gating**: suppress stakes when posterior CI is wide (e.g. if variance too high)

We train offline (historical seasons) and optionally refine online via simulated paper-trading episodes.

## 1.6 Betting Market Theory & Microstructure

### 1.6.1 Economics of Wagering Markets

Sauer (1998) surveys the structure and efficiency of wagering markets, including bookmaker margins, bettor behavior models, and informational asymmetries. (?) Levitt (2004) argues bookmakers sometimes exploit bettor biases (e.g. overbetting favorites) rather than purely balancing books. (?)

## 1.6.2 Market as Signal and Benchmark

We treat the market (closing lines) as both:

- A performance benchmark: our models must outperform or capture CLV (closing line value) edge
- A feature: cross-book spreads, line velocity, implied vs model delta, push rules

We define **Comparative Book Value (CBV)** as the difference between our fair probability and implied market probability; large CBV signals potential mispricing worth a bet.

## 1.7 Design Synthesis and Implications

Table ?? (placeholder) will compare model families on uncertainty, scalability, interpretability, and deployment fit.

From the literature, our design principles are:

1. Use Bayesian / shrinkage models to generate priors and uncertainty bounds.
2. Use discrete margin / score distributions (bivariate Poisson + reweight) to price spreads, totals, teasers.
3. Use ML meta-models to absorb nonlinear interactions among features.
4. Use RL to convert edges into action sequences under risk constraints.
5. Leverage the market as both a signal and benchmark; bet only when CBV passes threshold.

## 1.8 Canonical Works Integrated

We explicitly compare and implement: Harville (1980), Glickman–Stern (1998), Stern spread mapping (1991), Dixon–Coles (1997), Karlis–Ntzoufras (2003), Koopman dynamic Poisson (2015), Lock & Nettleton (2014), Sauer (1998), Levitt (2004). Implementation, ablation, and critique will occur in Chapter ??.

Insert Table ??.

Add figure: empirical vs model margin PMF reweighted at key integers (3,6,7,10).

Add paper-by-paper annotated reading list.