# **Internal Consulting Skills - ThoughtWorks**

## **Program Objectives and Timetable**

At the end of the two days you should:

- Understand the overall consulting process and when to use different consulting modes
- Understand how to build productive client-consultant working relationships
- Be able to apply a number of techniques to influence and manage difficult clients
- Be familiar with techniques to manage expectations and say 'no' professionally
- Know how to apply consulting tools collaboratively to get greater ownership of outcomes
- Be able to structure the feedback of recommendations to get greater buy-in
- Know how to more effectively initiate and gain commitment to a change process
- Have improved your skills and confidence in operating as a consultant

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#### **Internal Consulting Skills**

#### **Program Timetable**

#### **DAY ONE**

8.30 am Welcome, Course Briefing

- Introduction and Objectives
- Springfield Stores Case Study Introduction to the case study process Preparation in syndicate groups

10.15 - 10.30 **Coffee** 

- CASE STUDY PART ONE Initial client meetings
   Establishing the client relationship
- Managing Initial Client Meetings
- What is consultancy?
   Expert vs Collaborative consulting

12.30 - 1.15 **Lunch** 

- What is consultancy? (Continued)
   When to use a Collaborative consulting style
- CASE STUDY PART TWO
   Information gathering meetings
   Developing the client engagement and building productive working relationships
   How to handle difficult clients

3.15 - 3.30 **Coffee** 

- Data Gathering case study simulation
   One-to-one case study meetings
   Techniques for building rapport and dealing with difficult people
- Your Personal Consulting Style results
   Benchmarking your personal consulting style
   Personal Development Workbook and personal action planning

5.30 pm **Close** 

Continued overleaf...

### **DAY TWO**

8.30 am Welcome back

- Review of Consulting Techniques
   Recap and consolidation of consulting modes and techniques and when to use them
   Developing your personal style 10 Steps to develop your "EQ"
- CASE STUDY PART THREE PRESENTING RECOMMENDATIONS (preparation)
   Analysis of results and action planning
   Using tools and models to analyse findings and present a business case
   (planning and preparation in syndicate groups)

10.00 - 10.15 **Coffee** 

CASE STUDY PART THREE - PRESENTING RECOMMENDATIONS
 Presenting findings and recommendations
 (simulated meeting)

1.00 - 1.45 **Lunch** 

Guidelines for presenting findings and recommendations
 Discussion of learning points
 How to handle difficult or unexpected situations
 Responding flexibly to new information
 Spotting the buying signals - an interruption or a sign of engagement?
 How to pre-empt difficult issues
 How to reinforce buy-in and gain commitment to action

3.00 - 3.15 **Coffee** 

- Initiating Change (Sealed Air Corporation Case Study)
   Overcoming inertia and gaining commitment
   Using the 5-Stage Model to initiate change and build momentum
- Action planning Personal action planning

5.30 pm **Close**