Instance

```
class PokemonTrainerPicture extends React.Component {
  constructor(props) {
    super(props);
    this.imageRef = React.createRef();
  }

  render() {
    const { imageSrc } = this.props;
    return (
      <img
        className='pokemon-trainer--picture'
        ref={ this.imageRef }
        src={ imageSrc }
      />
...
```

Instance

Is what you refer to as **this** in the component class you write. It is useful for storing local state and reacting to the lifecycle events.