

Contact Information-

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Hello! My name is Pranika Keerti and, I'm currently a freshman at Emerald High School. After getting to know about the value of a person's health through my Contemporary Health Class, and learning different health skills on how to help others and myself. I came to learn, that a person's mental health is what impacts them the most, as it also affects other compounds of health such as financial, social, and physical health. Thus, I hope to expand my love for raising awareness about health through, pursuing a field in psychology. I plan to further expand my knowledge on this field by taking classes related such as Ap Psychology/ Human Anatomy, while participating in more extra activities related to spreading awareness about health.

Some of my accomplishments from high school is joining a club that promotes teens about physical and mental health disorders and participating in meetups to spread awareness on the importance of mental health for teenagers. Through taking part in activities like and getting to experience health class, I have learned how that not many people know about the importance of taking care of your health. I want to be able to reach out to people of all different ages, and help spread awareness/ skills on how to better improve your health!

A few of the characteristics that I possess, relating to this career include being helpful, supportive, talkative, authoritative and a natural leader. I hope that with these skills, I get to thrive in the psychology field. Thank you for taking the time to get to know more about me and my interests.