**Name: Pau D’arco, Tabebuia, Serratifolia, Yellow Lapacho, Yellow Poiu, Yellow Ipe, Purple Ipe, Trumpet Tree.**

**Parts Used: Bark, Heartwood.**

**Tea as compress: chronic skin infections,**

**Decoction. ½ cup 2-4 times daily.**

**Duration of use: one litter daily for as long as 6 weeks.**

**Uses: candida, yeast, leukemia, colds, flu, psoriasis, dermatitis, syphilis, gonorrhea, urinary tract infections, ulcers, lupus, cancer, heart disease, liver disease, eczema, hepatitis, boils, high blood pressure.**

**Actions/properties: Analgesic, antioxidant, antiparasitic, antimicrobial, antiviral,anti-inflamatory, antibacterial, antifungal, astringent, laxative, natural antibiotic properties, anti-parasitic (against various parasites). One of the most well-known benefits of Pau D’arco tea is its ability to fight cancer. A study conducted by the Dana-Farber cancer institute in Boston found Beta-lapachone a major compound in Pau D’arco tea, is a potential compound to be tincture extract.**

**Pau D’arco tea detoxifies the body by removing harmful toxic substances. These toxins include heavy metals, pesticides, preservatives and even residue from chemotherapy.**

**Constituents: tannins or catechins. Cooling.**

**Tincture: (use for 3 months) 1 part of bark powder with 4 parts 90 proof alcohol.**

**Capsules: As a dietary supplement take 2 capsules twice daily with food or water.**

**Harvest: the bark harvest is carried out once or twice per year, the tree itself can live to be 700 years old.**

**Taste: very mild, woody flavor.**

**Combines: Echinacea- Devil’s claw.**

**Side-Effects:**

**Don’t use it in case of taking these meds: ASPIRIN, WARFARIN (COUMADIN), CLOPIDOGREL (PLAVIX), DALTEPARIN, ENOXAPARIN. It may decrease blood clotting speed. Stop taking it 2 to 3 weeks prior to surgery.**

**Pregnancy and lactation: In studies on pregnant rats, it led to birth defects and death of the babies. If you are pregnant, may become pregnant, or are breast-feeding, do not use Pau D’arco.**

**Source:**

**Herballegacy.com- raintreeforest- naturaldatabase-rjwhelan- pau d’arco.org- draxe.com**